

YouGov Survey: Sick Days



Sample 1000 U.S. Adult Citizens
 Conducted October 4 - 6, 2022
 Margin of Error ±3.6%

1. Generally speaking, should U.S. businesses be required to provide paid time off to employees who are physically unwell?

Yes 62%
 No 17%
 Not sure 21%

2. Generally speaking, should U.S. businesses be required to provide paid time off to employees who are mentally unwell?

Yes 54%
 No 21%
 Not sure 25%

3. Would you support or oppose U.S. businesses allowing their employees to use sick days for the following reasons?

	Strongly support	Somewhat support	Somewhat oppose	Strongly oppose	Not sure
Being sick with the common cold	43%	30%	14%	5%	8%
Being sick with coronavirus	70%	17%	5%	2%	6%
Being sick with the flu	68%	19%	5%	3%	6%
Having a severe menstrual period	43%	29%	11%	8%	10%
Going to a doctor's appointment	55%	26%	8%	4%	7%
Going to a dentist appointment	48%	30%	8%	6%	8%
Feeling mentally overwhelmed	37%	30%	14%	9%	10%
Having a mental health crisis	56%	23%	7%	5%	9%
Caring for a sick family member	49%	31%	9%	3%	8%
Going on a vacation	24%	20%	15%	30%	12%
Having surgery	78%	11%	3%	3%	6%
Getting a vaccine	37%	24%	14%	14%	11%
Going to a funeral	50%	25%	10%	7%	8%
Going to a therapy appointment	45%	28%	12%	7%	8%
Feeling physically exhausted	33%	31%	17%	9%	9%
Going to a job interview	13%	16%	16%	40%	16%

4. Which of the following comes closest to your opinion?

People should only be allowed to use the sick days provided to them if they are actually sick 37%
 People should be allowed to use all of the sick days provided to them, regardless of whether they are actually sick 48%
 Not sure 14%

5. Have you ever used a sick day when you were not physically sick?

Yes	39%
No	48%
Not sure	8%
Prefer not to say	5%

6. How significant of an impact does your mental health have on your physical health?

Very significant	43%
Somewhat significant	32%
Not very significant	10%
Not at all significant	5%
Not sure	10%

7. How significant of an impact does your physical health have on your mental health?

Very significant	42%
Somewhat significant	33%
Not very significant	12%
Not at all significant	4%
Not sure	9%

8. Would you approve or disapprove of the following groups of students being permitted to take excused mental health days off of school just as they would be allowed to take sick days off for physical illness?

	Strongly approve	Somewhat approve	Somewhat disapprove	Strongly disapprove	Not sure
Elementary school students	34%	26%	14%	12%	14%
Middle school students	32%	30%	14%	11%	12%
High school students	38%	28%	13%	10%	12%
College students	40%	28%	10%	11%	11%

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Interviewing Dates	October 4 - 6, 2022
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
Weighting	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.191 to 6.574, with a mean of 1 and a standard deviation of 0.588.
Number of respondents	1000
Margin of error	± 3.6% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	54 questions not reported.