

Daily Survey: Responses to Noises



Sample 1000 U.S. Adult Citizens
 Conducted October 4 - 6, 2022
 Margin of Error ±3.6%

1. How sensitive are you to the noises or sounds that other people make around you?

Very sensitive	17%
Somewhat sensitive	41%
Not very sensitive	25%
Not at all sensitive	10%
Not sure	5%
Prefer not to say	2%

2. Are there any human-made sounds that you dislike or hate hearing?

Yes	67%
No	20%
Not sure	13%

3. How irritating would you find it if someone was making the following sound near you?

	Very irritating	Somewhat irritating	Not very irritating	Not irritating at all	Not sure
Chewing with their mouth closed	7%	11%	25%	52%	6%
Chewing with their mouth open	46%	30%	15%	4%	5%
Slurping	28%	36%	22%	8%	6%
Smacking their gum	36%	32%	17%	9%	5%
Heavy breathing	17%	31%	31%	15%	6%
Sniffing	12%	28%	38%	16%	5%
Grinding their teeth	24%	31%	23%	14%	7%
Clicking their tongue	20%	34%	26%	13%	7%
Tapping their hand or fingernails	16%	33%	32%	13%	6%
Snoring	31%	36%	19%	7%	6%
Burping or belching	28%	30%	26%	10%	6%
Farting	34%	30%	21%	10%	6%
Scratching on a chalkboard	54%	25%	12%	5%	5%
Clearing their throat	10%	23%	37%	25%	5%
Talking loudly	35%	39%	15%	6%	5%
Coughing	11%	29%	35%	21%	4%
Cracking their knuckles	14%	21%	35%	25%	5%
Clicking or tapping a pen	16%	33%	31%	14%	5%
Sneezing	7%	16%	34%	37%	5%

4. Which of these sounds is the most irritating to you?

Chewing with their mouth closed	0%
Chewing with their mouth open	14%
Slurping	2%
Smacking their gum	4%
Heavy breathing	2%
Sniffing	1%
Grinding their teeth	3%
Clicking their tongue	0%
Tapping their hand or fingernails	2%
Snoring	9%
Burping or belching	4%
Farting	13%
Scratching on a chalkboard	26%
Clearing their throat	1%
Talking loudly	11%
Coughing	2%
Cracking their knuckles	2%
Clicking or tapping a pen	1%
Sneezing	1%

5. How much have you heard about a condition called misophonia?

A lot	7%
A little	20%
Nothing at all	73%

6. Misophonia is a condition where people have an intense, negative, emotional reaction to certain sounds or visual cues. Do you know anyone who has this condition?

Yes, me	10%
Yes, a family member	8%
Yes, a close friend	5%
Yes, an acquaintance	5%
No	57%
Prefer not to say	1%
Not sure	19%

7. Of the people you know with this condition, what sound(s) do they have a strong, negative reaction to? Select all that apply.

Asked of people who say they have a family member, close friend, and/or an acquaintance who has an intense negative, emotional reaction to certain sounds or visual cues

Chewing with their mouth closed	24%
Chewing with their mouth open	47%
Slurping	33%

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Smacking their gum	37%
Heavy breathing	30%
Sniffing	15%
Grinding their teeth	25%
Clicking their tongue	20%
Tapping their hand or fingernails	29%
Snoring	24%
Burping or belching	14%
Farting	20%
Scratching on a chalkboard	39%
Clearing their throat	20%
Talking loudly	31%
Coughing	20%
Cracking their knuckles	16%
Clicking or tapping a pen	21%
Sneezing	12%
Other	10%
Not sure	3%
Prefer not to say	3%

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Interviewing Dates	October 4 - 6, 2022
Target population	U.S. Citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
Weighting	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.191 to 6.574, with a mean of one and a standard deviation of 0.588.
Number of respondents	1000
Margin of error	± 3.6% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	55 questions not reported.