YouGov

Sample   1000 Adult Interviews
Conducted   February 22 - 24, 2016
Margin of Error   ±4.1%

1. What would you say is the ideal age?

mean 34
median 32

2. What would you say is the ideal age in terms of physical health?

mean 30
median 26

3. What would you say is the ideal age in terms of wisdom?

mean 51
median 50

4. If you could go back to being a child for a week, would you do it?

Yes 50%
No 38%
Not sure 12%

5. If you could go back to being a child for a week in exchange for dying a year sooner, would you do it?

Yes 22%
No 64%
Not sure 14%

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Interviewing Dates	February 22 - 24, 2016
Target population	U.S. adults, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by age, gender, race, education, and region) was selected from the 2010 American Community Study. Voter registration was imputed from the November 2010 Current Population Survey Registration and Voting Supplement. Religion, minor party identification, and non-placement on an ideology scale, were imputed from the 2008 Pew Religion in American Life Survey.
Weighting	The sample was weighted using propensity scores based on age, gender, race, education, voter registration, and non-placement on an ideology scale. The weights range from 0.019 to 4.198, with a mean of one and a standard deviation of 0.886.
Number of respondents	1000
Margin of error	$\pm$ 4.1% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	20 questions not reported.