

Daily Survey: Ex-Relationships



Sample 1000 U.S. Adult Citizens
 Conducted September 9 - 12, 2022
 Margin of Error ±3.3%

1. Do you personally have at least one living ex — someone whom you were once in a long-term romantic relationship with but no longer are?

Yes, I do	59%
No, I don't	33%
Don't know	5%
Prefer not to say	4%

2. Are you still friends with any of your exes?

Asked of people with at least one living ex-partner

I am friends with all of them	17%
I am friends with some, but not others	37%
I am not friends with any of them	44%
Prefer not to say	2%

3. Generally speaking, do you think you would be comfortable or uncomfortable with a partner of yours being...?

	Very comfortable	Somewhat comfortable	Somewhat uncomfortable	Very uncomfortable	Not sure	Prefer not to say
Best friends with their ex	10%	13%	21%	38%	13%	5%
Friends with their ex	17%	24%	22%	18%	12%	7%
On good terms with their ex	27%	31%	12%	11%	13%	6%
On speaking terms with their ex	27%	28%	14%	11%	13%	7%
Not on speaking terms with their ex	32%	20%	14%	11%	17%	6%
Enemies with their ex	15%	17%	19%	21%	21%	7%

4. Generally speaking, at the end of a relationship in which neither person significantly wronged the other, would you prefer to remain friends with your ex if...?

	I would prefer to remain friends	I would prefer not to remain friends	Not sure	Prefer not to say
You ended the relationship	37%	29%	28%	6%
Your ex ended the relationship	31%	34%	30%	5%

5. Generally speaking, which of the following things would you be likely to do immediately after a romantic relationship ends? Select all that apply.

Delete my ex's contact in my phone	23%
Delete all photos from social media that include both my ex and me	25%
Get rid of any presents my ex has given me over the course of the relationship	11%
Update my relationship status on social media	25%
Have a "rebound" – a brief, physical fling with someone else	11%
Start online dating	11%
Unfollow my ex on social media	25%
Return possessions of theirs you have	44%
Change my account passwords that they may have access to	45%
None of the above	15%
Not sure	12%

6. Generally speaking, when a relationship ends, which of the following things would you want your friends and family to do? Select all that apply.

Delete my ex's contact in their phone	18%
Delete all photos of my ex from social media	14%
Get rid of any presents my ex has given them over the course of the relationship	8%
Not speak to my ex	21%
Unfollow my ex on social media	17%
Return possessions of my ex they have	19%
None of the above	33%
Not sure	22%

7. How do you think you would act if you ran into the ex of a close friend or family member with whom they'd had a recent hostile break-up? Would you be most likely to...?

Be friendly	22%
Be civil, but not friendly	56%
Be unfriendly	6%
Not sure	16%

8. How do you think you would want your friends and family to act if they saw an ex of yours with whom you'd had a recent hostile break-up?

Be friendly	22%
Be civil, but not friendly	55%
Be unfriendly	7%
Not sure	16%

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Interviewing Dates	September 9 - 12, 2022
Target population	U.S. Citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2018 American Community Study. Voter registration was imputed from the November 2018 Current Population Survey Registration and Voting Supplement.
Weighting	The sample was weighted based on gender, age, race, education, news interest, and 2020 Presidential vote (or non-vote). The weights range from 0.318 to 3.412, with a mean of one and a standard deviation of 0.342.
Number of respondents	1000
Margin of error	± 3.3% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	59 questions not reported.