

# Daily Survey: Birth Control

Sample 1000 U.S. Adult Citizens

Conducted May 9 - 12, 2022

Margin of Error ±3.8%

## 1. Do you or your partner(s) ever use any methods of birth control?

*Asked of those who indicated that they are sexually active*

Yes, we do	39%
No, we do not	57%
Not sure	2%
Prefer not to say	2%

## 2. Is it possible that you and your partner(s) could currently get pregnant without birth control?

*Asked of those who indicated that they are sexually active*

Yes	37%
No	55%
Not sure	7%
Prefer not to say	1%

## 3. Are you or your partner(s) currently trying to become pregnant?

*Asked of those who indicated that they are sexually active*

Yes	10%
No	89%
Prefer not to say	1%

## 4. Which of the following contraceptives have you or your partner(s) used as birth control in the past year? Please select all that apply.

*Asked of those who indicated that they are sexually active and using birth control*

Condom	46%
Birth control pill	45%
Hormonal intrauterine device (IUD)	12%
Non-hormonal intrauterine device (IUD)	6%
Female sterilization (tubal ligation)	4%
Male sterilization (vasectomy)	11%
Morning-after pill	3%
Contraceptive injection	6%
Vaginal ring	2%
Contraceptive patch	4%
Contraceptive implant	4%
Sponge	2%
Diaphragm	2%
Cervical cap	2%
Hormonal intrauterine system (IUS)	0%
Spermicide	3%
Pull-out method / the withdrawal method	14%
Calendar method/Fertility awareness method (abstaining from sex during ovulation)	7%

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Abstinence from penetrative sex .....	2%
Other .....	0%
None of these .....	4%
Not sure .....	0%
Prefer not to say .....	4%

**5. You indicated that you do not use hormonal contraception. Would you consider taking hormonal contraception at any point?**

*Asked of women who don't use hormonal birth control*

Yes .....	18%
No .....	64%
Not sure .....	14%
Prefer not to say .....	4%

**6. If it was readily available for men, would you consider using hormonal contraception (such as a pill, or an implant)?**

*Asked of sexually active men with female partners*

Yes .....	33%
No .....	46%
Not sure .....	19%
Prefer not to say .....	1%

**7. What are the reasons why you would not consider using a hormonal contraception? Select all that apply.**

*Asked of sexually active people who don't use hormonal birth control and who say they would not consider doing so*

I am / my partner is unable to get pregnant .....	37%
I am in a same-sex relationship .....	4%
I am concerned about the side effects .....	19%
I am uncomfortable with ingesting or injecting hormones .....	17%
I or my partner use a form of non-hormonal contraception and see this as a sufficient form of contraception .....	6%
I am trying to get pregnant .....	4%
I don't feel it is my responsibility to take contraception - I leave this to my sexual partner/s .....	2%
Hormonal contraception violates my belief system/religion .....	3%
Hormonal contraception is too expensive .....	2%
Other .....	18%
None of the above .....	13%
Not sure .....	5%
Prefer not to say .....	1%

**8. If it were readily available, would you want your male partner(s) to consider using hormonal contraception?**

*Asked of sexually active women with male partners*

Yes .....	20%
No .....	47%
Not sure .....	32%
Prefer not to say .....	2%

**9. Who first initiated discussions about birth control, you or your partner?**

*Asked of those who are in a relationship and use birth control*

Me .....	42%
My partner .....	16%
We've never discussed birth control .....	25%
Not sure .....	17%

**10. Who chose the type of birth control that you currently use, you or your partner?**

*Asked of those who are in a relationship and use birth control*

Me .....	52%
My partner .....	23%
We chose together .....	25%

**11. Who pays for the birth control, you or your partner?**

*Asked of those who are in a relationship and use birth control*

Me .....	28%
My partner .....	14%
We both pay some .....	29%
It is free .....	25%
Not sure .....	5%

**12. Have you or your partner ever struggled to afford birth control?**

Yes .....	20%
No .....	75%
Not sure .....	5%

13. In the past, where have you gotten information about birth control? Select all that apply.

Parents .....	22%
Other family members .....	11%
Friends .....	28%
Partner or spouse .....	13%
Doctor or health care provider .....	51%
Religious leader .....	3%
Therapist or counselor .....	3%
Online search .....	19%
Television .....	11%
Social media .....	8%
Sex education classes .....	19%
Other .....	3%
None of the above .....	18%

14. Who, if anyone, would you feel comfortable talking with about birth control? Select all that apply.

Parents .....	25%
Other family members .....	28%
Friends .....	46%
Partner or spouse .....	51%
Doctor or health care provider .....	63%
Religious leader .....	10%
Therapist or counselor .....	21%
Other .....	2%
None of the above .....	16%

15. Thinking about your own experience with birth control, would you say it has...

*Asked of people who say they use birth control*

	Yes, it has	No, it hasn't	Not applicable
Given you or your partner the ability to avoid becoming pregnant	79%	10%	11%
Given you the ability to work towards educational or professional goals	56%	14%	30%
Given you the ability to manage health conditions	60%	17%	24%

16. To the best of your knowledge, how effective are the following methods of birth control at preventing pregnancy?

	Very effective	Somewhat effective	Not very effective	Not effective at all	Not sure
Condoms	32%	49%	7%	3%	10%
Birth control pill	54%	27%	5%	2%	11%
Intrauterine device	40%	29%	5%	2%	23%
Pull-out method / the withdrawal method	5%	16%	39%	28%	11%
Abstinence from penetrative sex	61%	14%	7%	5%	13%

17. Has a male sexual partner ever refused to use a condom when you have asked them to?

*Asked of women who are sexually active*

Yes, they have	14%
No, they have not	64%
I have never asked them to	18%
I have never had a male partner	1%
Prefer not to say	3%

18. Have you or has anyone close to you stopped taking the birth control pill because they thought the pill could be harmful to their health?

Yes	28%
No	51%
Not sure	21%

19. Would you say that birth control pills are...?

Very safe	27%
Somewhat safe	39%
Somewhat unsafe	13%
Very unsafe	4%
Not sure	17%

20. Would you say that intrauterine devices (IUDs) are...?

Very safe	20%
Somewhat safe	33%
Somewhat unsafe	16%
Very unsafe	5%
Not sure	27%

21. Do you think that birth control is morally acceptable or morally unacceptable?

Morally acceptable	78%
Morally unacceptable	7%
Not sure	15%

22. Right now, Catholics are forbidden by the Church from using artificial birth control. Would you like to see the Catholic Church allow Catholics to use birth control or would you oppose that?

*Asked of Catholics*

Support allowing birth control	67%
Oppose allowing birth control	14%
Not sure	19%

23. Do you think that birth control should be legal or illegal?

Legal	82%
Illegal	6%
Not sure	12%

24. Should it be legal or illegal for teenagers under the age of 18 to be prescribed birth control without parental approval?

Legal	46%
Illegal	31%
Not sure	23%

25. Should birth control pills be able to be prescribed over the counter, or should a doctor's prescription be required?

Doctor's prescription	43%
Over the counter	40%
Not sure	18%

26. Should birth control prescription medications be allowed to be sent by mail?

Yes	67%
No	17%
Not sure	16%

27. Should private health insurance plans be required to cover the cost of birth control?

Yes	65%
No	18%
Not sure	17%

28. Should government health insurance programs for low-income people, like Medicaid, cover the cost of birth control?

Yes .....	75%
No .....	12%
Not sure .....	13%

29. Do you think that the following organizations should be required to provide their employees with health care plans that cover the cost birth control, if doing so would be in violation of their leadership's religious beliefs?

	Yes, should have to provide	No, should not have to provide	Not sure
Require Employers Cover Birth Control – Publicly traded corporations	54%	21%	24%
Require Employers Cover Birth Control – Privately owned small businesses	43%	31%	26%

30. Do you think that the following organizations should be required to provide their employees with health care plans that cover the cost birth control, if doing so would be in violation of their organization's religious affiliation?

	Yes, should have to provide	No, should not have to provide	Not sure
Require Employers Cover Birth Control – Religiously affiliated hospitals	45%	31%	24%
Require Employers Cover Birth Control – Religiously affiliated colleges and universities	44%	32%	24%
Require Employers Cover Birth Control – Churches and other places of worship	36%	40%	24%

31. Do you support or oppose expanding access to birth control for people who cannot afford it?

Strongly support .....	53%
Somewhat support .....	21%
Somewhat oppose .....	8%
Strongly oppose .....	5%
Not sure .....	14%

32. How concerned are you, if at all, that women may not be able to access the full range of birth control methods in the future because of changes in the political landscape?

Very concerned .....	37%
Somewhat concerned .....	20%
Not very concerned .....	13%
Not at all concerned .....	16%
Not sure .....	15%

33. Which of the following do you think is the better way to reduce the number of unintended pregnancies?

Emphasizing safe sexual practices and birth control	69%
Emphasizing abstinence	18%
Not sure	13%

34. Do you think that making birth control more widely available increases or decreases the number of abortions in this country?

Increases	7%
Decreases	61%
Has no effect	15%
Not sure	17%

35. How often do you think women use abortion as their primary means of birth control?

Very often	8%
Somewhat often	22%
Not very often	25%
Not at all often	16%
Never	8%
Not sure	22%

36. In a relationship between a man and a woman, who should take the most responsibility for birth control – the man, the woman, or should they share it equally?

The man	5%
The woman	13%
Share it equally	74%
Not sure	8%

37. In relationships between between a man and a woman, who do you think usually takes the most responsibility for birth control?

The man	6%
The woman	62%
Share it equally	20%
Not sure	12%

38. How much have you heard about emergency contraceptive pills, sometimes called morning-after pills or Plan B?

A lot	33%
A little	56%
Nothing	11%



39. Do you support or oppose allowing women 18 and over to get emergency contraception, also known as the morning-after pill or Plan B, without a doctor's prescription?

Support	60%
Oppose	20%
Not sure	21%

40. Do you support or oppose allowing people under 18 to get emergency contraception, also known as the morning-after pill or Plan B, without a doctor's prescription?

Support	47%
Oppose	30%
Not sure	23%

41. Would you say that emergency contraception, also known as the morning-after pill or Plan B, is... ?

Very safe	18%
Somewhat safe	31%
Somewhat unsafe	11%
Very unsafe	5%
Not sure	34%

42. Have you ever used emergency contraception, also known as the morning-after pill or Plan B?

*Asked of women*

Yes	10%
No	80%
Prefer not to say	10%

43. To the best of your knowledge, are the following statements true or false?

	True	False	Not sure
Using two condoms provides extra protection	29%	46%	25%
Abstinence is the only 100% effective method of birth control	69%	19%	12%
Being on the birth-control pill can make it difficult to get pregnant later in life	19%	42%	38%
If you've had an STD/STI before, you can still get the same one again	69%	6%	25%
Hormonal birth control protects against STDs/STIs	7%	71%	23%
Most sexually active people get an HPV infection at some point	25%	38%	37%
If a woman who is menstruating has sex with a man, she can't get pregnant	14%	62%	24%
The morning-after pill (also known as Plan B) can be used as a contraceptive pill regularly	11%	50%	40%
You cannot get STDs/STIs from oral sex	6%	78%	17%
Making birth control more accessible reduce abortions	67%	12%	20%
Birth control pills will give you cancer	9%	50%	41%
Birth control pills cause weight gain	38%	20%	42%

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The morning after pill (also known as Plan B) is a form of abortion	36%	41%	23%
A woman can't get pregnant if she doesn't have an orgasm	6%	83%	12%
For the birth control pill to be effective, you need to take it at the exact same time each day	38%	29%	33%

<b>Interviewing Dates</b>	May 9 - 12, 2022
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2018 American Community Study. Voter registration was imputed from the November 2018 Current Population Survey Registration and Voting Supplement.
<b>Weighting</b>	The sample was weighted based on gender, age, race, education, news interest, and 2020 Presidential vote (or non-vote). The weights range from 0.2 to 6.501, with a mean of one and a standard deviation of 0.684.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.8% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	66 questions not reported.