

1. School Time | Retrospective

Thinking back to when you were in school, did you:

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Wish that your school day started earlier in the morning	6%	9%	4%	8%	10%	5%	4%	6%	7%	13%	2%
Think that you started school at about the right time	46%	45%	46%	35%	35%	48%	64%	45%	59%	41%	26%
Wish that your school day started later in the morning	38%	34%	42%	50%	44%	38%	19%	39%	27%	37%	49%
Not sure	10%	12%	8%	6%	11%	9%	14%	10%	6%	9%	22%
Totals (Unweighted N)	100% (998)	100% (488)	100% (510)	100% (172)	100% (251)	100% (394)	100% (181)	100% (694)	100% (130)	100% (113)	100% (61)

	Party ID (3 category)			Family Income (3 category)				Census Region				
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Wish that your school day started earlier in the morning	6%	6%	5%	9%	5%	5%	11%	10%	9%	6%	7%	3%
Think that you started school at about the right time	46%	49%	40%	50%	49%	44%	42%	39%	43%	47%	44%	49%
Wish that your school day started later in the morning	38%	36%	42%	35%	38%	37%	45%	37%	35%	39%	41%	35%
Not sure	10%	9%	13%	6%	8%	14%	3%	15%	13%	8%	7%	13%
Totals (Unweighted N)	100% (998)	100% (358)	100% (380)	100% (260)	100% (462)	100% (280)	100% (121)	100% (135)	100% (204)	100% (214)	100% (377)	100% (203)

2. School Time | Elementary School

At what time do you think elementary school students should start school in the morning?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Before 7 AM	1%	1%	0%	0%	1%	1%	—	1%	1%	1%	—
7 AM to before 7:30 AM	5%	7%	4%	9%	8%	4%	1%	6%	5%	6%	—
7:30 AM to before 8 AM	11%	12%	10%	10%	9%	15%	9%	10%	12%	15%	13%
8 AM to before 8:30 AM	35%	35%	35%	31%	26%	37%	45%	34%	39%	33%	36%
8:30 AM to before 9 AM	20%	22%	18%	19%	22%	18%	23%	20%	20%	23%	17%
9 AM to before 9:30 AM	16%	10%	23%	19%	14%	16%	15%	17%	12%	14%	23%
9:30 AM to before 10 AM	4%	6%	3%	7%	8%	2%	2%	5%	3%	3%	3%
10 AM or later	3%	2%	4%	1%	8%	1%	1%	3%	4%	3%	2%
Not sure	4%	7%	2%	3%	3%	6%	3%	5%	3%	1%	5%
Totals (Unweighted N)	100% (1,000)	100% (488)	100% (512)	100% (172)	100% (251)	100% (395)	100% (182)	100% (695)	100% (130)	100% (114)	100% (61)

	Party ID (3 category)			Family Income (3 category)				Census Region				
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Before 7 AM	1%	0%	0%	1%	0%	2%	0%	—	1%	0%	1%	0%
7 AM to before 7:30 AM	5%	4%	6%	7%	5%	5%	6%	8%	6%	5%	7%	2%
7:30 AM to before 8 AM	11%	14%	11%	8%	12%	10%	15%	8%	14%	9%	12%	10%
8 AM to before 8:30 AM	35%	32%	35%	39%	35%	37%	32%	32%	30%	37%	38%	32%
8:30 AM to before 9 AM	20%	22%	19%	19%	18%	23%	23%	17%	22%	22%	18%	21%
9 AM to before 9:30 AM	16%	17%	18%	14%	18%	12%	15%	20%	17%	18%	14%	18%
9:30 AM to before 10 AM	4%	5%	4%	5%	5%	5%	7%	1%	4%	4%	6%	3%
10 AM or later	3%	4%	1%	4%	3%	1%	—	6%	3%	4%	1%	5%
Not sure	4%	2%	6%	4%	3%	5%	1%	7%	3%	2%	4%	8%
Totals (Unweighted N)	100% (1,000)	100% (360)	100% (380)	100% (260)	100% (464)	100% (280)	100% (121)	100% (135)	100% (205)	100% (214)	100% (378)	100% (203)

3. School Time | High School

At what time do you think high school school students should start school in the morning?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Before 7 AM	2%	2%	1%	1%	3%	2%	1%	1%	2%	4%	1%
7 AM to before 7:30 AM	10%	11%	9%	8%	13%	13%	3%	10%	13%	8%	5%
7:30 AM to before 8 AM	15%	15%	15%	13%	15%	14%	19%	13%	20%	21%	10%
8 AM to before 8:30 AM	34%	34%	33%	35%	26%	31%	46%	35%	25%	29%	45%
8:30 AM to before 9 AM	12%	12%	12%	13%	5%	15%	14%	14%	9%	9%	9%
9 AM to before 9:30 AM	15%	13%	17%	19%	19%	13%	11%	15%	12%	22%	11%
9:30 AM to before 10 AM	4%	3%	6%	4%	9%	3%	1%	4%	4%	3%	9%
10 AM or later	4%	3%	5%	4%	6%	4%	1%	3%	9%	4%	6%
Not sure	4%	6%	2%	4%	3%	5%	4%	4%	6%	1%	4%
Totals (Unweighted N)	100% (992)	100% (485)	100% (507)	100% (171)	100% (251)	100% (390)	100% (180)	100% (690)	100% (128)	100% (113)	100% (61)

	Party ID (3 category)				Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Before 7 AM	2%	2%	1%	3%	3%	1%	0%	1%	1%	4%	1%	1%
7 AM to before 7:30 AM	10%	8%	10%	12%	10%	8%	6%	13%	14%	12%	10%	4%
7:30 AM to before 8 AM	15%	20%	13%	12%	15%	16%	10%	17%	18%	14%	16%	12%
8 AM to before 8:30 AM	34%	27%	36%	38%	32%	40%	39%	23%	25%	33%	35%	39%
8:30 AM to before 9 AM	12%	12%	13%	11%	12%	13%	15%	8%	12%	12%	12%	12%
9 AM to before 9:30 AM	15%	17%	15%	14%	15%	12%	17%	19%	19%	13%	14%	16%
9:30 AM to before 10 AM	4%	5%	4%	5%	6%	2%	6%	3%	2%	5%	4%	6%
10 AM or later	4%	7%	2%	3%	4%	1%	5%	9%	6%	6%	3%	2%
Not sure	4%	2%	6%	3%	4%	5%	1%	6%	4%	2%	3%	7%
Totals (Unweighted N)	100% (992)	100% (355)	100% (378)	100% (259)	100% (461)	100% (278)	100% (118)	100% (135)	100% (203)	100% (212)	100% (374)	100% (203)

4. School Time | Children Start Time

Thinking about what time your children start school each day, do you:

Asked of parents of children under 18

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Wish they started earlier in the morning	11%	22%	6%	2%	16%	10%	—	13%	8%	5%	15%
Think they start at about the right time	43%	42%	44%	38%	47%	42%	—	39%	55%	49%	49%
Wish they started later in the morning	26%	25%	27%	23%	20%	37%	70%	28%	21%	21%	35%
This doesn't apply to me	15%	9%	18%	28%	12%	9%	30%	17%	3%	22%	1%
Not sure	5%	2%	6%	8%	5%	1%	—	4%	13%	3%	—
Totals (Unweighted N)	100% (276)	100% (94)	100% (182)	100% (52)	100% (138)	100% (84)	100% (2)	100% (175)	100% (38)	100% (47)	100% (16)

	Party ID (3 category)			Family Income (3 category)				Census Region				
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Wish they started earlier in the morning	11%	12%	11%	11%	11%	5%	25%	14%	18%	18%	5%	6%
Think they start at about the right time	43%	51%	36%	46%	45%	44%	35%	44%	48%	29%	49%	48%
Wish they started later in the morning	26%	23%	30%	24%	23%	30%	25%	37%	27%	21%	29%	28%
This doesn't apply to me	15%	12%	13%	19%	17%	13%	15%	1%	7%	17%	15%	18%
Not sure	5%	2%	10%	0%	4%	8%	1%	4%	—	15%	2%	—
Totals (Unweighted N)	100% (276)	100% (94)	100% (105)	100% (77)	100% (134)	100% (81)	100% (45)	100% (16)	100% (56)	100% (68)	100% (105)	100% (47)

5. School Time | Enough Sleep

Do you think your children usually get enough sleep, or not?

Asked of parents of children under 18

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
They do	57%	55%	59%	53%	64%	48%	70%	52%	74%	70%	50%
They don't	31%	31%	30%	25%	28%	40%	—	34%	11%	22%	49%
Not sure	12%	14%	11%	22%	8%	12%	30%	14%	15%	9%	1%
Totals (Unweighted N)	100% (277)	100% (94)	100% (183)	100% (53)	100% (138)	100% (84)	100% (2)	100% (175)	100% (38)	100% (48)	100% (16)

	Party ID (3 category)			Family Income (3 category)				Census Region				
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
They do	57%	67%	50%	58%	59%	46%	71%	69%	57%	57%	53%	68%
They don't	31%	22%	32%	37%	30%	36%	25%	21%	32%	27%	35%	23%
Not sure	12%	11%	18%	5%	11%	18%	4%	10%	10%	16%	12%	9%
Totals (Unweighted N)	100% (277)	100% (94)	100% (105)	100% (78)	100% (135)	100% (81)	100% (45)	100% (16)	100% (56)	100% (68)	100% (106)	100% (47)

Interviewing Dates	August 8 - 11, 2016
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, voter registration, political ideology, party identification, geographic region, and voter registration) was selected from the 2014 American Community Study. Voter registration and party identification were imputed from the November 2014 Current Population Survey Registration and Voting Supplement.
Weighting	The sample was weighted using propensity scores based on gender, age, race, education, political ideology, geographic region and voter registration. The weights range from 0.104 to 6.262, with a mean of one and a standard deviation of 1.067.
Number of respondents	1000
Margin of error	± 4.5% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	20 questions not reported.