

# Daily Survey: Attachment Style

Sample 1000 U.S. Adult Citizens  
 Conducted May 5 - 8, 2023  
 Margin of Error ±3.8%

## 1. Are you currently in a romantic relationship with someone?

Yes .....62%  
 No .....38%

## 2. In your family, are you...?

The oldest sibling .....31%  
 A middle sibling .....33%  
 The youngest sibling .....25%  
 An only child .....11%

## 3. In general, how happy or unhappy would you say you are?

Very happy .....28%  
 Somewhat happy .....37%  
 Neither happy nor unhappy .....22%  
 Somewhat unhappy .....9%  
 Very unhappy .....4%

## 4. Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following? Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.

	Strongly agree	Some-what agree	Slightly agree	Neither agree nor disagree	Slightly disagree	Some-what disagree	Strongly disagree
I find it relatively easy to get close to others.	10%	19%	19%	23%	13%	9%	8%
I'm not very comfortable having to depend on other people.	22%	20%	19%	21%	9%	5%	4%
I'm comfortable having others depend on me.	16%	20%	20%	21%	11%	7%	5%
I rarely worry about being abandoned by others.	21%	15%	14%	20%	13%	8%	9%
I don't like people getting too close to me.	8%	14%	18%	25%	14%	12%	10%
I'm somewhat uncomfortable being too close to others.	7%	12%	18%	24%	14%	13%	11%
I find it difficult to trust others completely.	19%	19%	21%	17%	9%	9%	6%

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I'm nervous whenever anyone gets too close to me.	8%	11%	19%	26%	11%	12%	14%
Others often want me to be more intimate than I feel comfortable being.	6%	9%	15%	33%	12%	10%	14%
Others often are reluctant to get as close as I would like.	6%	9%	16%	36%	12%	9%	12%
I often worry that my partner(s) don't really love me.	7%	10%	14%	26%	8%	9%	25%
I rarely worry about my partner(s) leaving me.	23%	15%	12%	25%	10%	6%	8%
I often want to merge completely with others, and this desire sometimes scares them away.	4%	8%	12%	28%	11%	11%	26%
I'm confident others would never hurt me by suddenly ending our relationship.	13%	13%	13%	26%	13%	11%	11%
I usually want more closeness and intimacy than others do.	8%	11%	16%	28%	15%	10%	12%
The thought of being left by others rarely enters my mind.	19%	16%	15%	22%	10%	10%	8%
I'm confident that my partner(s) love me just as much as I love them.	29%	14%	13%	25%	8%	6%	4%

5. Attachment styles refer to the way people form emotional bonds with others, particularly in the context of close relationships. If you had to choose, which of the following do you think best describes your attachment style?

Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships. ....	38%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance. ....	14%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others. ....	19%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy. ....	14%
Not sure .....	15%

6. If you had to choose, which of the following do you think best describes the attachment style of your current romantic partner?

- Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships. .... 33%
- Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance. .... 7%
- Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others. .... 10%
- Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy. .... 6%
- Not sure ..... 6%
- Not applicable ..... 38%

7. If you had to choose, which of the following do you think best describes the attachment style of your mother? If you have never had a mother, select "Not applicable."

- Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships. .... 38%
- Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance. .... 12%
- Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others. .... 16%
- Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy. .... 12%
- Not sure ..... 16%
- Not applicable ..... 6%

8. If you had to choose, which of the following do you think best describes the attachment style of your father? If you have never had a father, select "Not applicable."

- Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships. .... 34%
- Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance. .... 9%
- Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others. .... 21%
- Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy. .... 10%
- Not sure ..... 16%
- Not applicable ..... 10%

## 9. How would you describe your primary caregiver's parenting style while you were growing up?

Balanced: My caregiver was caring, listened to me, and set clear rules. They allowed me to make choices but also expected me to follow certain guidelines. ....	40%
Strict: My caregiver expected me to follow rules without questioning them. They were firm in their discipline and often punished me if I didn't obey. ....	25%
Lenient: My caregiver was kind and understanding, but didn't set many rules. They let me make decisions on my own, without much guidance. ....	15%
Uninvolved: My caregiver didn't show much interest in my needs or emotions. They rarely set rules or provided guidance, and seemed disconnected from my life. ....	11%
Not sure .....	9%

## 10. How often do you feel that you lack companionship?

Always .....	8%
Often .....	17%
Some of the time .....	29%
Hardly ever .....	26%
Never .....	20%

## 11. On average, how much time do you spend on social media per day?

None .....	9%
Less than 1 hour .....	25%
1 - 2 hours .....	25%
3 - 4 hours .....	21%
5 - 6 hours .....	9%
7 - 8 hours .....	3%
9 - 10 hours .....	2%
11 - 12 hours .....	0%
More than 12 hours .....	2%
Not sure .....	2%

## 12. Which of the following social networks are you currently a member of? Select all that apply.

Facebook .....	66%
Twitter .....	29%
TikTok .....	22%
Instagram .....	39%
Reddit .....	13%
Parler .....	4%
Truth Social .....	6%
LinkedIn .....	20%
WhatsApp .....	19%
Snapchat .....	16%
Nextdoor .....	12%
Twitch .....	7%
None of the above .....	10%

13. Overall, do you think that social media has more of a positive or negative effect on your own mental health?

Very positive	12%
Somewhat positive	17%
Neither positive nor negative	35%
Somewhat negative	18%
Very negative	8%
I've never used social media	4%
Not sure	7%

14. Did you have any traumatic experiences during your childhood?

Yes	39%
No	44%
Not sure	12%
Prefer not to say	5%

15. Have you experienced any significant financial difficulties in the past five years?

Yes	39%
No	54%
Not sure	3%
Prefer not to say	4%

## Daily Survey: Attachment Style



<b>Interviewing Dates</b>	May 5 - 8, 2023
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.107 to 6.505, with a mean of one and a standard deviation of 0.694.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.8% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	59 questions not reported.

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 1. Currently in a Relationship

Are you currently in a romantic relationship with someone?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	62%	65%	59%	66%	71%	58%	55%	63%	50%	69%	60%
No	38%	35%	41%	34%	29%	42%	45%	37%	50%	31%	40%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(997)	(449)	(548)	(210)	(249)	(272)	(266)	(714)	(96)	(145)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	62%	59%	60%	68%	59%	66%	51%	62%	84%	66%	59%	62%	60%
No	38%	41%	40%	32%	41%	34%	49%	38%	16%	34%	41%	38%	40%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(997)	(336)	(370)	(291)	(373)	(341)	(363)	(309)	(229)	(176)	(218)	(374)	(229)

# Daily Survey: Attachment Style

May 5 - 8, 2023 - 1000 US Adult Citizens



## 2. Birth Order

In your family, are you...?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
The oldest sibling	31%	33%	29%	28%	27%	33%	35%	32%	29%	33%	20%
A middle sibling	33%	37%	30%	38%	36%	28%	33%	30%	48%	41%	24%
The youngest sibling	25%	20%	30%	24%	20%	31%	23%	26%	18%	21%	39%
An only child	11%	10%	11%	11%	17%	7%	8%	12%	5%	4%	17%
Totals	100%	100%	100%	101%	100%	99%	99%	100%	100%	99%	100%
Unweighted N	(994)	(448)	(546)	(210)	(248)	(271)	(265)	(712)	(95)	(145)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
The oldest sibling	31%	27%	33%	33%	33%	32%	31%	30%	30%	31%	34%	30%	31%
A middle sibling	33%	40%	32%	27%	33%	28%	32%	35%	35%	34%	32%	36%	29%
The youngest sibling	25%	23%	25%	28%	23%	28%	28%	24%	20%	22%	27%	24%	29%
An only child	11%	10%	11%	12%	11%	12%	9%	11%	15%	13%	8%	10%	11%
Totals	100%	100%	101%	100%	100%	100%	100%	100%	100%	100%	101%	100%	100%
Unweighted N	(994)	(337)	(370)	(287)	(374)	(338)	(362)	(309)	(230)	(176)	(217)	(372)	(229)



# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 3. Self-Rated Happiness

In general, how happy or unhappy would you say you are?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very happy	28%	31%	25%	23%	29%	26%	35%	29%	27%	23%	28%
Somewhat happy	37%	36%	37%	39%	31%	39%	37%	39%	28%	34%	29%
Neither happy nor unhappy	22%	20%	23%	23%	24%	22%	19%	19%	29%	25%	28%
Somewhat unhappy	9%	9%	10%	10%	11%	9%	7%	8%	11%	9%	13%
Very unhappy	4%	4%	5%	6%	6%	4%	2%	4%	4%	8%	3%
Totals	100%	100%	100%	101%	101%	100%	100%	99%	99%	99%	101%
Unweighted N	(994)	(450)	(544)	(210)	(247)	(272)	(265)	(714)	(94)	(145)	(41)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very happy	28%	25%	24%	36%	24%	37%	20%	32%	33%	21%	28%	31%	29%
Somewhat happy	37%	42%	33%	36%	41%	35%	34%	46%	34%	38%	30%	37%	40%
Neither happy nor unhappy	22%	18%	28%	18%	19%	18%	29%	14%	20%	31%	24%	18%	20%
Somewhat unhappy	9%	11%	10%	6%	10%	6%	11%	6%	10%	8%	14%	10%	5%
Very unhappy	4%	4%	5%	4%	6%	3%	6%	2%	4%	3%	4%	4%	7%
Totals	100%	100%	100%	100%	100%	99%	100%	100%	101%	101%	100%	100%	101%
Unweighted N	(994)	(336)	(370)	(288)	(373)	(339)	(362)	(308)	(230)	(175)	(218)	(373)	(228)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4A. Adult Attachment Questionnaire — I find it relatively easy to get close to others.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	10%	10%	9%	10%	6%	10%	12%	9%	16%	9%	6%
Somewhat agree	19%	19%	19%	22%	15%	16%	23%	19%	19%	18%	21%
Slightly agree	19%	20%	18%	20%	22%	18%	18%	20%	14%	17%	23%
Neither agree nor disagree	23%	22%	24%	20%	27%	22%	20%	21%	24%	28%	30%
Slightly disagree	13%	12%	13%	8%	14%	13%	14%	14%	13%	8%	8%
Somewhat disagree	9%	10%	9%	10%	10%	11%	6%	11%	2%	14%	2%
Strongly disagree	8%	8%	8%	9%	5%	10%	6%	7%	12%	6%	11%
Totals	101%	101%	100%	99%	99%	100%	99%	101%	100%	100%	101%
Unweighted N	(997)	(450)	(547)	(210)	(249)	(272)	(266)	(714)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	10%	9%	10%	10%	10%	11%	11%	7%	11%	7%	12%	10%	8%
Somewhat agree	19%	20%	15%	23%	17%	22%	15%	24%	16%	19%	15%	17%	25%
Slightly agree	19%	23%	13%	23%	19%	20%	15%	26%	21%	20%	19%	20%	19%
Neither agree nor disagree	23%	20%	29%	17%	22%	18%	27%	15%	23%	29%	21%	22%	20%
Slightly disagree	13%	13%	13%	11%	14%	11%	12%	15%	11%	12%	9%	15%	12%
Somewhat disagree	9%	10%	9%	10%	11%	10%	11%	7%	11%	8%	12%	9%	9%
Strongly disagree	8%	6%	11%	6%	7%	8%	9%	6%	8%	5%	12%	7%	9%
Totals	101%	101%	100%	100%	100%	100%	100%	100%	101%	100%	100%	100%	102%
Unweighted N	(997)	(337)	(370)	(290)	(374)	(341)	(363)	(309)	(230)	(177)	(218)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4B. Adult Attachment Questionnaire — I'm not very comfortable having to depend on other people.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	22%	23%	21%	20%	11%	33%	20%	22%	30%	19%	14%
Somewhat agree	20%	19%	20%	17%	22%	18%	22%	22%	17%	16%	11%
Slightly agree	19%	18%	19%	18%	18%	16%	25%	20%	16%	15%	22%
Neither agree nor disagree	21%	21%	21%	25%	31%	17%	12%	18%	22%	28%	30%
Slightly disagree	9%	8%	10%	13%	10%	7%	7%	7%	4%	18%	20%
Somewhat disagree	5%	7%	4%	5%	5%	5%	6%	6%	5%	2%	2%
Strongly disagree	4%	4%	4%	3%	3%	3%	8%	5%	6%	2%	1%
Totals	100%	100%	99%	101%	100%	99%	100%	100%	100%	100%	100%
Unweighted N	(996)	(450)	(546)	(209)	(249)	(272)	(266)	(714)	(96)	(144)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	22%	19%	25%	22%	21%	25%	25%	22%	16%	22%	24%	22%	20%
Somewhat agree	20%	22%	15%	22%	22%	24%	20%	20%	20%	19%	20%	22%	16%
Slightly agree	19%	22%	15%	19%	21%	16%	19%	21%	16%	15%	19%	18%	22%
Neither agree nor disagree	21%	20%	27%	14%	18%	17%	20%	15%	27%	27%	17%	23%	17%
Slightly disagree	9%	7%	9%	12%	8%	8%	8%	12%	10%	8%	9%	6%	15%
Somewhat disagree	5%	5%	6%	5%	6%	6%	3%	6%	8%	4%	8%	4%	6%
Strongly disagree	4%	4%	3%	6%	5%	5%	4%	5%	4%	5%	3%	4%	5%
Totals	100%	99%	100%	100%	101%	101%	99%	101%	101%	100%	100%	99%	101%
Unweighted N	(996)	(337)	(369)	(290)	(374)	(341)	(362)	(309)	(230)	(177)	(218)	(372)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4C. Adult Attachment Questionnaire — I'm comfortable having others depend on me.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	16%	19%	13%	14%	13%	18%	18%	17%	15%	12%	14%
Somewhat agree	20%	19%	21%	20%	20%	18%	24%	22%	16%	13%	22%
Slightly agree	20%	19%	22%	21%	21%	19%	21%	21%	24%	20%	6%
Neither agree nor disagree	21%	22%	21%	21%	26%	19%	20%	19%	23%	28%	22%
Slightly disagree	11%	11%	11%	13%	12%	11%	10%	10%	12%	9%	21%
Somewhat disagree	7%	6%	7%	7%	5%	10%	4%	7%	3%	8%	10%
Strongly disagree	5%	4%	5%	4%	5%	6%	3%	3%	7%	10%	5%
Totals	100%	100%	100%	100%	102%	101%	100%	99%	100%	100%	100%
Unweighted N	(996)	(449)	(547)	(209)	(249)	(272)	(266)	(713)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	16%	12%	18%	18%	15%	22%	12%	16%	22%	14%	16%	16%	17%
Somewhat agree	20%	20%	17%	25%	22%	26%	17%	21%	25%	22%	22%	18%	21%
Slightly agree	20%	27%	17%	18%	23%	17%	20%	26%	14%	21%	16%	22%	22%
Neither agree nor disagree	21%	16%	29%	17%	17%	19%	26%	15%	17%	23%	19%	24%	18%
Slightly disagree	11%	14%	10%	10%	13%	9%	13%	10%	14%	13%	13%	10%	11%
Somewhat disagree	7%	8%	4%	8%	5%	5%	8%	6%	6%	4%	9%	7%	6%
Strongly disagree	5%	4%	5%	5%	5%	3%	5%	7%	2%	3%	5%	5%	5%
Totals	100%	101%	100%	101%	100%	101%	101%	101%	100%	100%	100%	102%	100%
Unweighted N	(996)	(336)	(370)	(290)	(373)	(341)	(363)	(309)	(229)	(177)	(218)	(373)	(228)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4D. Adult Attachment Questionnaire — I rarely worry about being abandoned by others.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	21%	23%	19%	10%	14%	26%	31%	21%	29%	12%	23%
Somewhat agree	15%	17%	13%	18%	14%	14%	15%	17%	17%	10%	6%
Slightly agree	14%	13%	15%	18%	13%	12%	14%	14%	11%	23%	2%
Neither agree nor disagree	20%	21%	19%	20%	33%	15%	14%	19%	21%	23%	23%
Slightly disagree	13%	10%	16%	17%	10%	12%	14%	13%	7%	11%	25%
Somewhat disagree	8%	8%	9%	9%	7%	11%	5%	7%	7%	13%	13%
Strongly disagree	9%	8%	9%	8%	8%	11%	7%	9%	9%	8%	7%
Totals	100%	100%	100%	100%	99%	101%	100%	100%	101%	100%	99%
Unweighted N	(997)	(450)	(547)	(210)	(249)	(272)	(266)	(714)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	21%	18%	21%	25%	22%	26%	19%	24%	20%	21%	22%	21%	19%
Somewhat agree	15%	17%	12%	16%	18%	18%	13%	16%	21%	13%	16%	16%	13%
Slightly agree	14%	17%	11%	14%	12%	11%	12%	17%	12%	14%	12%	16%	13%
Neither agree nor disagree	20%	17%	27%	15%	16%	17%	23%	18%	18%	26%	15%	20%	21%
Slightly disagree	13%	14%	12%	14%	14%	12%	14%	11%	14%	13%	13%	13%	14%
Somewhat disagree	8%	11%	8%	6%	11%	4%	10%	7%	8%	4%	9%	6%	14%
Strongly disagree	9%	6%	10%	10%	7%	12%	10%	7%	7%	8%	13%	8%	6%
Totals	100%	100%	101%	100%	100%	100%	101%	100%	100%	99%	100%	100%	100%
Unweighted N	(997)	(337)	(370)	(290)	(374)	(341)	(363)	(309)	(230)	(177)	(218)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4E. Adult Attachment Questionnaire — I don't like people getting too close to me.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	8%	11%	6%	12%	7%	8%	5%	6%	15%	9%	16%
Somewhat agree	14%	16%	11%	15%	13%	17%	9%	13%	14%	25%	2%
Slightly agree	18%	18%	18%	19%	16%	18%	19%	19%	13%	20%	12%
Neither agree nor disagree	25%	24%	25%	23%	29%	23%	24%	25%	26%	26%	18%
Slightly disagree	14%	10%	17%	14%	14%	13%	13%	13%	10%	8%	31%
Somewhat disagree	12%	13%	11%	10%	14%	11%	14%	14%	10%	8%	10%
Strongly disagree	10%	7%	12%	6%	6%	10%	16%	10%	13%	3%	11%
Totals	101%	99%	100%	99%	99%	100%	100%	100%	101%	99%	100%
Unweighted N	(995)	(449)	(546)	(210)	(249)	(270)	(266)	(713)	(95)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	8%	6%	11%	7%	9%	5%	11%	8%	6%	4%	8%	9%	10%
Somewhat agree	14%	14%	15%	12%	15%	14%	12%	14%	16%	8%	12%	15%	17%
Slightly agree	18%	21%	16%	18%	18%	16%	21%	17%	15%	16%	19%	18%	19%
Neither agree nor disagree	25%	20%	30%	23%	21%	26%	27%	19%	23%	27%	29%	26%	16%
Slightly disagree	14%	17%	11%	14%	14%	15%	12%	17%	13%	19%	12%	11%	16%
Somewhat disagree	12%	13%	10%	14%	13%	13%	10%	13%	16%	13%	11%	12%	12%
Strongly disagree	10%	9%	9%	12%	11%	11%	7%	12%	11%	14%	10%	8%	9%
Totals	101%	100%	102%	100%	101%	100%	100%	100%	100%	101%	101%	99%	99%
Unweighted N	(995)	(337)	(369)	(289)	(374)	(341)	(361)	(309)	(230)	(177)	(216)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4F. Adult Attachment Questionnaire — I'm somewhat uncomfortable being too close to others.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	7%	9%	6%	13%	6%	7%	4%	6%	12%	9%	11%
Somewhat agree	12%	11%	13%	16%	11%	13%	7%	12%	16%	11%	5%
Slightly agree	18%	19%	18%	18%	21%	18%	16%	19%	9%	22%	19%
Neither agree nor disagree	24%	24%	24%	22%	27%	24%	22%	23%	28%	26%	24%
Slightly disagree	14%	15%	13%	12%	18%	12%	13%	15%	10%	9%	16%
Somewhat disagree	13%	13%	14%	13%	12%	12%	17%	14%	9%	10%	17%
Strongly disagree	11%	10%	13%	6%	5%	12%	21%	10%	16%	12%	7%
Totals	99%	101%	101%	100%	100%	98%	100%	99%	100%	99%	99%
Unweighted N	(995)	(448)	(547)	(209)	(249)	(271)	(266)	(713)	(96)	(144)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	7%	7%	8%	8%	6%	8%	9%	5%	9%	3%	8%	7%	11%
Somewhat agree	12%	14%	12%	10%	13%	10%	12%	12%	10%	10%	9%	14%	13%
Slightly agree	18%	20%	16%	20%	18%	18%	21%	22%	11%	20%	21%	15%	20%
Neither agree nor disagree	24%	20%	30%	21%	19%	23%	25%	19%	24%	24%	22%	28%	19%
Slightly disagree	14%	18%	12%	11%	19%	11%	10%	16%	19%	18%	12%	14%	13%
Somewhat disagree	13%	12%	12%	17%	14%	16%	11%	14%	17%	15%	14%	11%	16%
Strongly disagree	11%	9%	11%	14%	11%	15%	11%	10%	10%	10%	15%	11%	9%
Totals	99%	100%	101%	101%	100%	101%	99%	98%	100%	100%	101%	100%	101%
Unweighted N	(995)	(337)	(369)	(289)	(373)	(341)	(363)	(309)	(228)	(176)	(217)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4G. Adult Attachment Questionnaire — I find it difficult to trust others completely.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	19%	18%	19%	21%	13%	26%	11%	15%	28%	27%	17%
Somewhat agree	19%	18%	21%	22%	18%	20%	18%	21%	18%	17%	7%
Slightly agree	21%	19%	22%	21%	15%	23%	23%	20%	19%	22%	22%
Neither agree nor disagree	17%	19%	16%	20%	25%	12%	15%	17%	18%	16%	28%
Slightly disagree	9%	9%	9%	5%	15%	6%	10%	10%	6%	6%	12%
Somewhat disagree	9%	11%	7%	6%	11%	8%	12%	11%	2%	8%	8%
Strongly disagree	6%	5%	7%	4%	4%	5%	11%	5%	9%	5%	6%
Totals	100%	99%	101%	99%	101%	100%	100%	99%	100%	101%	100%
Unweighted N	(996)	(450)	(546)	(210)	(248)	(272)	(266)	(713)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	19%	12%	24%	18%	18%	19%	24%	13%	16%	14%	20%	19%	20%
Somewhat agree	19%	23%	16%	20%	22%	19%	21%	20%	15%	18%	20%	20%	19%
Slightly agree	21%	29%	15%	19%	22%	18%	24%	18%	20%	19%	19%	18%	27%
Neither agree nor disagree	17%	13%	25%	13%	15%	13%	16%	16%	18%	22%	17%	20%	10%
Slightly disagree	9%	8%	8%	11%	7%	12%	5%	14%	11%	10%	6%	7%	14%
Somewhat disagree	9%	10%	6%	12%	10%	11%	6%	11%	15%	11%	10%	9%	7%
Strongly disagree	6%	6%	5%	6%	6%	8%	4%	8%	5%	5%	7%	7%	4%
Totals	100%	101%	99%	99%	100%	100%	100%	100%	100%	99%	99%	100%	101%
Unweighted N	(996)	(337)	(370)	(289)	(374)	(340)	(362)	(309)	(230)	(177)	(217)	(373)	(229)



# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4H. Adult Attachment Questionnaire — I'm nervous whenever anyone gets too close to me.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	8%	9%	6%	11%	8%	7%	3%	5%	12%	11%	12%
Somewhat agree	11%	12%	10%	14%	9%	13%	8%	11%	15%	12%	4%
Slightly agree	19%	16%	21%	23%	21%	17%	15%	20%	14%	20%	16%
Neither agree nor disagree	26%	28%	24%	23%	28%	29%	22%	25%	21%	33%	24%
Slightly disagree	11%	11%	11%	11%	12%	10%	10%	12%	10%	6%	10%
Somewhat disagree	12%	11%	13%	10%	15%	12%	13%	15%	9%	9%	4%
Strongly disagree	14%	12%	16%	8%	7%	13%	30%	12%	19%	9%	29%
Totals	101%	99%	101%	100%	100%	101%	101%	100%	100%	100%	99%
Unweighted N	(991)	(446)	(545)	(210)	(248)	(269)	(264)	(709)	(95)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	8%	5%	7%	11%	8%	6%	8%	7%	10%	2%	6%	8%	13%
Somewhat agree	11%	14%	11%	8%	12%	7%	11%	11%	10%	7%	8%	13%	13%
Slightly agree	19%	22%	17%	17%	19%	17%	23%	19%	12%	15%	18%	18%	22%
Neither agree nor disagree	26%	22%	32%	22%	21%	26%	28%	23%	19%	26%	27%	27%	21%
Slightly disagree	11%	14%	10%	9%	14%	9%	9%	10%	16%	17%	12%	9%	9%
Somewhat disagree	12%	11%	12%	14%	12%	16%	7%	15%	18%	17%	13%	12%	10%
Strongly disagree	14%	13%	12%	19%	15%	18%	13%	14%	15%	17%	16%	13%	12%
Totals	101%	101%	101%	100%	101%	99%	99%	99%	100%	101%	100%	100%	100%
Unweighted N	(991)	(334)	(368)	(289)	(371)	(340)	(358)	(309)	(229)	(176)	(215)	(373)	(227)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4I. Adult Attachment Questionnaire — Others often want me to be more intimate than I feel comfortable being.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	6%	7%	6%	11%	7%	5%	3%	5%	10%	7%	14%
Somewhat agree	9%	8%	11%	13%	10%	8%	7%	11%	7%	9%	4%
Slightly agree	15%	15%	16%	13%	18%	17%	13%	15%	17%	22%	9%
Neither agree nor disagree	33%	34%	33%	32%	31%	34%	37%	34%	28%	27%	43%
Slightly disagree	12%	12%	11%	16%	13%	10%	9%	12%	10%	14%	10%
Somewhat disagree	10%	10%	9%	5%	12%	11%	10%	11%	10%	4%	10%
Strongly disagree	14%	14%	14%	10%	9%	16%	21%	13%	18%	18%	10%
Totals	99%	100%	100%	100%	100%	101%	100%	101%	100%	101%	100%
Unweighted N	(996)	(450)	(546)	(210)	(248)	(272)	(266)	(713)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	6%	5%	5%	10%	6%	7%	6%	6%	9%	2%	10%	6%	6%
Somewhat agree	9%	11%	8%	9%	11%	10%	7%	12%	10%	9%	7%	9%	12%
Slightly agree	15%	18%	12%	17%	16%	14%	17%	16%	14%	15%	14%	15%	17%
Neither agree nor disagree	33%	30%	40%	28%	31%	36%	35%	28%	30%	40%	32%	33%	31%
Slightly disagree	12%	13%	10%	13%	12%	9%	10%	13%	12%	8%	12%	14%	10%
Somewhat disagree	10%	11%	9%	9%	11%	8%	10%	10%	11%	12%	11%	9%	8%
Strongly disagree	14%	12%	16%	15%	15%	15%	14%	14%	13%	13%	15%	14%	15%
Totals	99%	100%	100%	101%	102%	99%	99%	99%	99%	99%	101%	100%	99%
Unweighted N	(996)	(337)	(369)	(290)	(374)	(341)	(363)	(309)	(229)	(177)	(217)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4J. Adult Attachment Questionnaire — Others often are reluctant to get as close as I would like.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	6%	8%	3%	8%	7%	6%	1%	5%	12%	4%	8%
Somewhat agree	9%	11%	7%	17%	8%	7%	6%	9%	10%	10%	5%
Slightly agree	16%	17%	15%	23%	17%	12%	13%	15%	15%	20%	14%
Neither agree nor disagree	36%	35%	36%	27%	36%	36%	43%	35%	31%	36%	46%
Slightly disagree	12%	11%	14%	13%	15%	10%	14%	13%	8%	16%	11%
Somewhat disagree	9%	8%	11%	4%	10%	11%	10%	11%	6%	6%	2%
Strongly disagree	12%	10%	14%	8%	7%	17%	13%	11%	18%	9%	14%
Totals	100%	100%	100%	100%	100%	99%	100%	99%	100%	101%	100%
Unweighted N	(996)	(449)	(547)	(209)	(249)	(272)	(266)	(713)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	6%	4%	5%	7%	6%	4%	7%	4%	7%	3%	8%	5%	6%
Somewhat agree	9%	12%	6%	9%	8%	7%	7%	11%	8%	7%	9%	9%	11%
Slightly agree	16%	22%	14%	12%	19%	12%	15%	20%	16%	18%	15%	14%	19%
Neither agree nor disagree	36%	27%	42%	38%	33%	39%	39%	30%	34%	35%	33%	37%	36%
Slightly disagree	12%	14%	13%	11%	12%	14%	13%	12%	14%	17%	10%	12%	12%
Somewhat disagree	9%	9%	8%	11%	10%	11%	9%	10%	11%	11%	11%	10%	5%
Strongly disagree	12%	13%	11%	12%	13%	12%	11%	13%	11%	8%	15%	13%	11%
Totals	100%	101%	99%	100%	101%	99%	101%	100%	101%	99%	101%	100%	100%
Unweighted N	(996)	(336)	(370)	(290)	(374)	(341)	(362)	(309)	(230)	(177)	(218)	(372)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4K. Adult Attachment Questionnaire — I often worry that my partner(s) don't really love me.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	7%	8%	7%	10%	7%	8%	3%	6%	14%	10%	5%
Somewhat agree	10%	11%	9%	14%	10%	10%	5%	10%	10%	13%	6%
Slightly agree	14%	15%	14%	19%	17%	14%	7%	14%	13%	18%	11%
Neither agree nor disagree	26%	26%	26%	28%	27%	21%	29%	22%	29%	27%	49%
Slightly disagree	8%	9%	8%	8%	14%	6%	6%	10%	6%	8%	2%
Somewhat disagree	9%	8%	11%	10%	12%	10%	5%	11%	4%	7%	7%
Strongly disagree	25%	23%	27%	10%	12%	31%	45%	27%	23%	18%	21%
Totals	99%	100%	102%	99%	99%	100%	100%	100%	99%	101%	101%
Unweighted N	(995)	(448)	(547)	(209)	(249)	(272)	(265)	(712)	(96)	(145)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	7%	5%	9%	7%	8%	6%	8%	7%	7%	4%	7%	8%	9%
Somewhat agree	10%	11%	9%	11%	11%	8%	10%	13%	9%	8%	9%	10%	13%
Slightly agree	14%	21%	10%	12%	13%	10%	17%	15%	10%	11%	11%	15%	18%
Neither agree nor disagree	26%	25%	31%	19%	26%	23%	29%	19%	25%	30%	23%	26%	25%
Slightly disagree	8%	9%	8%	8%	6%	9%	6%	9%	11%	9%	9%	7%	9%
Somewhat disagree	9%	9%	9%	11%	11%	12%	6%	11%	13%	11%	13%	9%	6%
Strongly disagree	25%	20%	24%	33%	24%	33%	24%	25%	24%	26%	27%	26%	21%
Totals	99%	100%	100%	101%	99%	101%	100%	99%	99%	99%	99%	101%	101%
Unweighted N	(995)	(336)	(369)	(290)	(374)	(340)	(362)	(308)	(230)	(177)	(217)	(373)	(228)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4L. Adult Attachment Questionnaire — I rarely worry about my partner(s) leaving me.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	23%	23%	23%	10%	13%	26%	41%	26%	23%	11%	16%
Somewhat agree	15%	18%	13%	19%	18%	14%	10%	15%	19%	20%	0%
Slightly agree	12%	11%	14%	24%	16%	7%	6%	11%	10%	16%	22%
Neither agree nor disagree	25%	24%	26%	23%	28%	25%	22%	22%	24%	30%	44%
Slightly disagree	10%	11%	10%	10%	11%	11%	8%	10%	12%	11%	7%
Somewhat disagree	6%	6%	7%	8%	8%	7%	3%	7%	3%	6%	2%
Strongly disagree	8%	8%	9%	6%	5%	11%	9%	8%	10%	5%	9%
Totals	99%	101%	102%	100%	99%	101%	99%	99%	101%	99%	100%
Unweighted N	(993)	(448)	(545)	(209)	(247)	(271)	(266)	(713)	(93)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	23%	18%	23%	29%	23%	33%	21%	25%	22%	21%	25%	26%	19%
Somewhat agree	15%	17%	13%	15%	15%	15%	11%	19%	20%	14%	17%	15%	15%
Slightly agree	12%	18%	6%	13%	13%	8%	10%	14%	14%	16%	10%	11%	14%
Neither agree nor disagree	25%	22%	32%	18%	25%	22%	29%	20%	19%	25%	23%	26%	25%
Slightly disagree	10%	11%	11%	8%	9%	9%	12%	7%	12%	13%	6%	10%	12%
Somewhat disagree	6%	6%	5%	8%	7%	4%	7%	6%	6%	5%	8%	5%	7%
Strongly disagree	8%	8%	9%	8%	8%	9%	9%	9%	6%	7%	12%	7%	8%
Totals	99%	100%	99%	99%	100%	100%	99%	100%	99%	101%	101%	100%	100%
Unweighted N	(993)	(335)	(368)	(290)	(372)	(341)	(361)	(308)	(229)	(175)	(216)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4M. Adult Attachment Questionnaire — I often want to merge completely with others, and this desire sometimes scares them away.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	4%	7%	2%	9%	4%	4%	1%	3%	8%	6%	4%
Somewhat agree	8%	10%	6%	14%	11%	4%	2%	6%	11%	12%	4%
Slightly agree	12%	14%	11%	19%	16%	9%	7%	12%	5%	17%	18%
Neither agree nor disagree	28%	29%	26%	23%	32%	25%	31%	29%	25%	29%	20%
Slightly disagree	11%	9%	12%	13%	10%	11%	10%	11%	7%	9%	12%
Somewhat disagree	11%	10%	12%	6%	14%	11%	13%	13%	9%	9%	1%
Strongly disagree	26%	22%	31%	16%	13%	36%	36%	25%	35%	16%	41%
Totals	100%	101%	100%	100%	100%	100%	100%	99%	100%	98%	100%
Unweighted N	(994)	(447)	(547)	(210)	(248)	(270)	(266)	(712)	(95)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	4%	4%	3%	7%	4%	3%	4%	5%	5%	0%	2%	6%	8%
Somewhat agree	8%	11%	5%	7%	9%	7%	6%	8%	12%	5%	6%	9%	9%
Slightly agree	12%	17%	10%	10%	12%	9%	12%	13%	14%	16%	14%	8%	15%
Neither agree nor disagree	28%	21%	36%	24%	24%	30%	27%	25%	26%	32%	28%	28%	23%
Slightly disagree	11%	11%	10%	11%	8%	10%	12%	10%	8%	8%	10%	12%	11%
Somewhat disagree	11%	11%	11%	12%	14%	13%	11%	12%	13%	11%	10%	13%	9%
Strongly disagree	26%	26%	26%	27%	28%	29%	27%	26%	23%	26%	30%	25%	26%
Totals	100%	101%	101%	98%	99%	101%	99%	99%	101%	98%	100%	101%	101%
Unweighted N	(994)	(337)	(368)	(289)	(374)	(340)	(361)	(308)	(230)	(177)	(215)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4N. Adult Attachment Questionnaire — I'm confident others would never hurt me by suddenly ending our relationship.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	13%	13%	13%	7%	11%	15%	19%	14%	17%	6%	13%
Somewhat agree	13%	15%	10%	15%	12%	10%	16%	14%	13%	12%	2%
Slightly agree	13%	13%	13%	20%	18%	8%	7%	14%	5%	15%	14%
Neither agree nor disagree	26%	28%	25%	25%	27%	27%	27%	23%	32%	31%	38%
Slightly disagree	13%	13%	13%	15%	15%	11%	12%	13%	13%	16%	5%
Somewhat disagree	11%	9%	12%	11%	10%	11%	10%	10%	9%	10%	18%
Strongly disagree	11%	9%	13%	7%	7%	18%	9%	11%	10%	11%	11%
Totals	100%	100%	99%	100%	100%	100%	100%	99%	99%	101%	101%
Unweighted N	(996)	(450)	(546)	(210)	(249)	(272)	(265)	(713)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	13%	10%	14%	17%	13%	16%	10%	15%	17%	16%	15%	14%	9%
Somewhat agree	13%	13%	10%	17%	16%	16%	9%	17%	15%	9%	9%	13%	18%
Slightly agree	13%	22%	7%	11%	16%	8%	10%	14%	18%	17%	11%	10%	16%
Neither agree nor disagree	26%	20%	36%	22%	24%	23%	29%	20%	27%	30%	25%	29%	21%
Slightly disagree	13%	14%	12%	14%	8%	12%	14%	15%	9%	10%	13%	15%	13%
Somewhat disagree	11%	10%	9%	13%	11%	12%	11%	11%	8%	9%	13%	9%	11%
Strongly disagree	11%	12%	13%	8%	12%	12%	17%	7%	6%	9%	14%	9%	12%
Totals	100%	101%	101%	102%	100%	99%	100%	99%	100%	100%	100%	99%	100%
Unweighted N	(996)	(337)	(370)	(289)	(374)	(340)	(363)	(308)	(230)	(176)	(218)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 40. Adult Attachment Questionnaire — I usually want more closeness and intimacy than others do.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	8%	11%	5%	12%	9%	8%	4%	6%	14%	12%	9%
Somewhat agree	11%	12%	10%	19%	12%	7%	8%	11%	12%	16%	4%
Slightly agree	16%	14%	17%	21%	16%	14%	13%	16%	12%	17%	16%
Neither agree nor disagree	28%	29%	28%	23%	32%	28%	31%	28%	27%	29%	38%
Slightly disagree	15%	15%	14%	12%	15%	15%	17%	15%	15%	14%	11%
Somewhat disagree	10%	9%	11%	6%	12%	10%	13%	12%	6%	3%	12%
Strongly disagree	12%	9%	14%	7%	4%	19%	15%	12%	15%	9%	10%
Totals	100%	99%	99%	100%	100%	101%	101%	100%	101%	100%	100%
Unweighted N	(994)	(449)	(545)	(210)	(248)	(271)	(265)	(713)	(94)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	8%	5%	8%	12%	7%	8%	10%	7%	8%	5%	7%	10%	8%
Somewhat agree	11%	12%	11%	10%	12%	12%	9%	15%	10%	12%	9%	9%	15%
Slightly agree	16%	19%	13%	15%	16%	13%	16%	19%	13%	14%	18%	13%	20%
Neither agree nor disagree	28%	27%	35%	21%	28%	27%	30%	23%	28%	36%	27%	29%	23%
Slightly disagree	15%	17%	12%	15%	15%	16%	13%	17%	16%	11%	12%	17%	16%
Somewhat disagree	10%	8%	11%	11%	10%	10%	10%	9%	12%	14%	14%	9%	6%
Strongly disagree	12%	11%	11%	14%	12%	14%	12%	10%	13%	8%	14%	12%	12%
Totals	100%	99%	101%	98%	100%	100%	100%	100%	100%	100%	101%	99%	100%
Unweighted N	(994)	(336)	(369)	(289)	(373)	(340)	(362)	(307)	(230)	(175)	(217)	(373)	(229)



# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4P. Adult Attachment Questionnaire — The thought of being left by others rarely enters my mind.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	19%	22%	16%	11%	10%	22%	30%	18%	30%	9%	21%
Somewhat agree	16%	17%	15%	17%	17%	13%	16%	16%	20%	13%	10%
Slightly agree	15%	16%	15%	18%	17%	14%	13%	17%	13%	18%	3%
Neither agree nor disagree	22%	22%	22%	19%	25%	23%	21%	20%	19%	31%	36%
Slightly disagree	10%	10%	11%	9%	14%	10%	9%	12%	4%	11%	6%
Somewhat disagree	10%	7%	12%	16%	8%	9%	6%	10%	5%	6%	21%
Strongly disagree	8%	7%	9%	10%	8%	9%	5%	8%	8%	12%	3%
Totals	100%	101%	100%	100%	99%	100%	100%	101%	99%	100%	100%
Unweighted N	(990)	(448)	(542)	(209)	(247)	(271)	(263)	(710)	(96)	(142)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	19%	14%	20%	21%	20%	26%	18%	18%	18%	21%	22%	19%	13%
Somewhat agree	16%	17%	13%	18%	15%	16%	14%	19%	16%	15%	15%	14%	19%
Slightly agree	15%	20%	12%	15%	15%	12%	16%	18%	12%	14%	10%	17%	18%
Neither agree nor disagree	22%	17%	29%	19%	17%	21%	25%	18%	18%	29%	18%	22%	22%
Slightly disagree	10%	12%	10%	9%	15%	8%	9%	9%	16%	4%	14%	10%	13%
Somewhat disagree	10%	13%	7%	10%	9%	9%	10%	11%	10%	13%	11%	9%	7%
Strongly disagree	8%	7%	10%	7%	9%	8%	9%	6%	9%	4%	9%	9%	8%
Totals	100%	100%	101%	99%	100%	100%	101%	99%	99%	100%	99%	100%	100%
Unweighted N	(990)	(336)	(369)	(285)	(373)	(336)	(362)	(306)	(227)	(176)	(217)	(372)	(225)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 4Q. Adult Attachment Questionnaire — I'm confident that my partner(s) love me just as much as I love them.

Please indicate how you typically feel toward romantic partners in general. Keep in mind that there are no right or wrong answers. Do you agree or disagree with the following?

*Based on Simpson, J. A., Rholes, S. W., & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. Journal of Personality and Social Psychology, 71, 899-914.*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	29%	29%	28%	23%	19%	31%	42%	30%	24%	26%	26%
Somewhat agree	14%	15%	13%	16%	17%	12%	13%	16%	10%	12%	6%
Slightly agree	13%	12%	15%	26%	15%	8%	7%	11%	22%	16%	19%
Neither agree nor disagree	25%	25%	25%	22%	30%	26%	22%	24%	31%	26%	30%
Slightly disagree	8%	9%	8%	6%	8%	10%	8%	8%	6%	8%	11%
Somewhat disagree	6%	6%	6%	5%	6%	8%	3%	7%	3%	7%	4%
Strongly disagree	4%	3%	5%	3%	5%	5%	5%	4%	5%	6%	4%
Totals	99%	99%	100%	101%	100%	100%	100%	100%	101%	101%	100%
Unweighted N	(995)	(450)	(545)	(210)	(249)	(271)	(265)	(712)	(96)	(145)	(42)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	29%	22%	29%	36%	31%	35%	25%	30%	31%	27%	27%	30%	29%
Somewhat agree	14%	16%	10%	17%	15%	14%	11%	18%	15%	12%	17%	14%	14%
Slightly agree	13%	22%	9%	9%	15%	8%	12%	17%	14%	19%	8%	14%	14%
Neither agree nor disagree	25%	24%	32%	18%	26%	19%	30%	19%	21%	27%	25%	23%	27%
Slightly disagree	8%	7%	8%	9%	5%	10%	11%	7%	8%	4%	10%	10%	7%
Somewhat disagree	6%	4%	7%	7%	3%	9%	7%	5%	7%	7%	7%	6%	5%
Strongly disagree	4%	4%	5%	4%	5%	5%	5%	5%	4%	4%	5%	4%	4%
Totals	99%	99%	100%	100%	100%	100%	101%	101%	100%	100%	99%	101%	100%
Unweighted N	(995)	(336)	(370)	(289)	(373)	(340)	(361)	(309)	(230)	(177)	(218)	(372)	(228)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 5. Self-Reported Attachment Style

Attachment styles refer to the way people form emotional bonds with others, particularly in the context of close relationships. If you had to choose, which of the following do you think best describes your attachment style?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	38%	38%	38%	32%	40%	35%	48%	43%	27%	24%	40%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	14%	13%	14%	27%	17%	9%	4%	12%	13%	24%	11%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	19%	22%	16%	17%	19%	21%	19%	18%	25%	20%	14%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	14%	11%	17%	12%	15%	17%	11%	14%	15%	13%	15%
Not sure	15%	15%	14%	11%	10%	18%	18%	12%	20%	19%	20%
Totals	100%	99%	99%	99%	101%	100%	100%	99%	100%	100%	100%
Unweighted N	(993)	(448)	(545)	(209)	(248)	(271)	(265)	(711)	(95)	(145)	(42)

**Daily Survey: Attachment Style**  
**May 5 - 8, 2023 - 1000 US Adult Citizens**



	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	38%	34%	34%	49%	37%	45%	27%	47%	52%	46%	38%	36%	37%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	14%	17%	13%	12%	14%	10%	14%	14%	11%	12%	13%	12%	19%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	19%	24%	19%	13%	21%	16%	22%	18%	19%	16%	20%	22%	16%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	14%	14%	15%	14%	18%	15%	16%	14%	13%	12%	15%	15%	15%
Not sure	15%	11%	20%	12%	11%	14%	21%	8%	4%	14%	14%	16%	14%
Totals	100%	100%	101%	100%	101%	100%	100%	101%	99%	100%	100%	101%	101%
Unweighted N	(993)	(336)	(369)	(288)	(372)	(340)	(362)	(307)	(230)	(176)	(217)	(371)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 6. Partner Attachment Style

If you had to choose, which of the following do you think best describes the attachment style of your current romantic partner?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	33%	33%	32%	28%	34%	32%	37%	35%	23%	24%	40%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	7%	9%	6%	11%	10%	6%	2%	7%	5%	13%	2%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	10%	11%	9%	11%	14%	7%	8%	8%	9%	14%	16%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	6%	7%	6%	11%	7%	5%	4%	7%	6%	9%	2%
Not sure	6%	6%	6%	5%	6%	7%	5%	5%	7%	9%	0%
Not applicable	38%	35%	41%	34%	29%	42%	45%	37%	50%	31%	40%
Totals	100%	101%	100%	100%	100%	99%	101%	99%	100%	100%	100%
Unweighted N	(994)	(449)	(545)	(210)	(246)	(272)	(266)	(713)	(94)	(145)	(42)

# Daily Survey: Attachment Style

May 5 - 8, 2023 - 1000 US Adult Citizens



	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	33%	32%	30%	38%	32%	38%	23%	33%	50%	42%	31%	32%	28%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	7%	8%	7%	7%	7%	7%	7%	7%	9%	4%	6%	8%	9%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	10%	8%	9%	13%	9%	9%	8%	11%	13%	12%	7%	9%	12%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	6%	7%	7%	6%	8%	6%	6%	7%	7%	6%	7%	5%	8%
Not sure	6%	3%	8%	6%	3%	7%	7%	3%	5%	2%	7%	8%	3%
Not applicable	38%	41%	40%	32%	42%	34%	49%	38%	16%	34%	41%	38%	40%
Totals	100%	99%	101%	102%	101%	101%	100%	99%	100%	100%	99%	100%	100%
Unweighted N	(994)	(335)	(370)	(289)	(372)	(340)	(363)	(308)	(229)	(174)	(218)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 7. Mother Attachment Style

If you had to choose, which of the following do you think best describes the attachment style of your mother? If you have never had a mother, select "Not applicable."

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	38%	40%	36%	34%	38%	39%	41%	42%	29%	28%	37%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	12%	10%	13%	17%	13%	9%	8%	11%	14%	16%	8%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	16%	17%	15%	20%	21%	14%	12%	14%	18%	21%	27%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	12%	13%	10%	10%	14%	12%	11%	13%	11%	12%	3%
Not sure	16%	15%	18%	15%	11%	18%	21%	16%	16%	16%	24%
Not applicable	6%	5%	8%	5%	3%	8%	8%	5%	13%	7%	2%
Totals	100%	100%	100%	101%	100%	100%	101%	101%	101%	100%	101%
Unweighted N	(993)	(449)	(544)	(209)	(246)	(272)	(266)	(713)	(94)	(144)	(42)

**Daily Survey: Attachment Style**  
**May 5 - 8, 2023 - 1000 US Adult Citizens**



	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	38%	36%	36%	44%	37%	43%	31%	42%	47%	49%	39%	38%	29%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	12%	12%	13%	10%	12%	10%	12%	13%	10%	9%	11%	10%	17%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	16%	21%	13%	15%	16%	14%	15%	18%	18%	14%	11%	15%	24%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	12%	13%	10%	12%	14%	10%	12%	10%	13%	8%	13%	12%	12%
Not sure	16%	13%	21%	14%	15%	17%	20%	14%	8%	17%	20%	17%	11%
Not applicable	6%	5%	8%	5%	5%	6%	9%	2%	4%	3%	6%	7%	7%
Totals	100%	100%	101%	100%	99%	100%	99%	99%	100%	100%	100%	99%	100%
Unweighted N	(993)	(336)	(370)	(287)	(373)	(339)	(363)	(308)	(228)	(174)	(218)	(372)	(229)



# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 8. Father Attachment Style

If you had to choose, which of the following do you think best describes the attachment style of your father? If you have never had a father, select "Not applicable."

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	34%	33%	34%	30%	35%	34%	36%	35%	26%	28%	45%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	9%	10%	7%	16%	12%	5%	2%	8%	4%	14%	15%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	21%	20%	22%	23%	18%	21%	22%	21%	19%	22%	18%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	10%	13%	8%	12%	16%	7%	7%	10%	13%	12%	5%
Not sure	16%	14%	18%	14%	13%	19%	18%	15%	26%	13%	14%
Not applicable	10%	10%	11%	5%	6%	13%	16%	11%	12%	11%	3%
Totals	100%	100%	100%	100%	100%	99%	101%	100%	100%	100%	100%
Unweighted N	(991)	(449)	(542)	(209)	(244)	(272)	(266)	(713)	(94)	(142)	(42)

**Daily Survey: Attachment Style**  
**May 5 - 8, 2023 - 1000 US Adult Citizens**



	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Secure attachment: Comfortable with emotional closeness, able to trust and rely on others, and effectively communicates needs in relationships.	34%	29%	30%	44%	30%	41%	29%	35%	46%	38%	38%	30%	34%
Anxious attachment: Desires close connections but may worry about abandonment or rejection, sometimes leading to clinginess or seeking reassurance.	9%	11%	7%	8%	9%	5%	7%	11%	10%	9%	10%	6%	11%
Avoidant attachment: Tends to prioritize independence and self-reliance, often avoiding deep emotional connections or intimacy with others.	21%	24%	22%	15%	19%	20%	22%	21%	18%	20%	16%	24%	21%
Disorganized attachment: Experiences mixed feelings about closeness, finds it difficult to trust others, and may have inconsistent patterns of seeking and avoiding intimacy.	10%	14%	7%	10%	15%	7%	7%	14%	10%	6%	7%	12%	13%
Not sure	16%	11%	24%	12%	17%	15%	22%	10%	9%	19%	20%	16%	11%
Not applicable	10%	10%	10%	11%	10%	12%	13%	8%	7%	7%	9%	12%	10%
<b>Totals</b>	<b>100%</b>	<b>99%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>99%</b>	<b>100%</b>	<b>99%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>
Unweighted N	(991)	(333)	(369)	(289)	(372)	(338)	(361)	(307)	(229)	(175)	(218)	(369)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 9. Caregiver Style

How would you describe your primary caregiver's parenting style while you were growing up?

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Balanced: My caregiver was caring, listened to me, and set clear rules. They allowed me to make choices but also expected me to follow certain guidelines.	40%	40%	39%	36%	38%	39%	45%	41%	37%	33%	42%
Strict: My caregiver expected me to follow rules without questioning them. They were firm in their discipline and often punished me if I didn't obey.	25%	23%	26%	22%	19%	29%	26%	25%	30%	27%	9%
Lenient: My caregiver was kind and understanding, but didn't set many rules. They let me make decisions on my own, without much guidance.	15%	15%	15%	20%	20%	10%	13%	15%	9%	16%	25%
Uninvolved: My caregiver didn't show much interest in my needs or emotions. They rarely set rules or provided guidance, and seemed disconnected from my life.	11%	13%	10%	9%	16%	12%	7%	12%	9%	7%	14%
Not sure	9%	10%	9%	12%	8%	9%	9%	7%	14%	17%	11%
Totals	100%	101%	99%	99%	101%	99%	100%	100%	99%	100%	101%
Unweighted N	(995)	(450)	(545)	(210)	(247)	(272)	(266)	(714)	(94)	(145)	(42)

**Daily Survey: Attachment Style**  
**May 5 - 8, 2023 - 1000 US Adult Citizens**



	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Balanced: My caregiver was caring, listened to me, and set clear rules. They allowed me to make choices but also expected me to follow certain guidelines.	40%	38%	40%	40%	37%	42%	37%	44%	37%	42%	41%	38%	39%
Strict: My caregiver expected me to follow rules without questioning them. They were firm in their discipline and often punished me if I didn't obey.	25%	25%	22%	27%	27%	26%	24%	29%	22%	26%	20%	27%	23%
Lenient: My caregiver was kind and understanding, but didn't set many rules. They let me make decisions on my own, without much guidance.	15%	17%	13%	16%	16%	15%	14%	12%	26%	16%	14%	14%	18%
Uninvolved: My caregiver didn't show much interest in my needs or emotions. They rarely set rules or provided guidance, and seemed disconnected from my life.	11%	15%	10%	9%	12%	9%	13%	10%	13%	9%	12%	11%	13%
Not sure	9%	5%	15%	7%	7%	8%	13%	5%	3%	6%	13%	10%	7%
Totals	100%	100%	100%	99%	99%	100%	101%	100%	101%	99%	100%	100%	100%
Unweighted N	(995)	(336)	(370)	(289)	(373)	(340)	(363)	(308)	(230)	(175)	(218)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 10. Lack of Companionship

How often do you feel that you lack companionship?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	8%	7%	8%	10%	7%	10%	3%	5%	18%	8%	8%
Often	17%	16%	18%	23%	16%	17%	13%	15%	18%	23%	21%
Some of the time	29%	29%	29%	31%	35%	27%	26%	31%	28%	23%	26%
Hardly ever	26%	25%	28%	25%	29%	24%	28%	29%	18%	28%	14%
Never	20%	22%	17%	13%	13%	22%	31%	19%	17%	18%	31%
Totals	100%	99%	100%	102%	100%	100%	101%	99%	99%	100%	100%
Unweighted N	(993)	(449)	(544)	(210)	(246)	(272)	(265)	(712)	(94)	(145)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	8%	8%	9%	6%	11%	6%	8%	7%	6%	6%	9%	8%	7%
Often	17%	19%	17%	14%	18%	15%	18%	17%	15%	19%	17%	16%	17%
Some of the time	29%	31%	31%	25%	30%	27%	34%	22%	32%	31%	28%	29%	29%
Hardly ever	26%	29%	21%	30%	26%	24%	22%	34%	27%	27%	23%	26%	30%
Never	20%	13%	22%	25%	16%	27%	18%	20%	20%	17%	23%	22%	17%
Totals	100%	100%	100%	100%	101%	99%	100%	100%	100%	100%	100%	101%	100%
Unweighted N	(993)	(336)	(370)	(287)	(373)	(339)	(361)	(308)	(230)	(175)	(216)	(373)	(229)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



### 11. Time Spent on Social Media

On average, how much time do you spend on social media per day?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
None	9%	8%	11%	4%	4%	12%	18%	9%	12%	9%	11%
Less than 1 hour	25%	25%	26%	9%	20%	34%	34%	27%	24%	18%	30%
1 - 2 hours	25%	26%	23%	22%	23%	24%	30%	26%	16%	24%	26%
3 - 4 hours	21%	21%	22%	25%	32%	17%	13%	22%	23%	20%	14%
5 - 6 hours	9%	9%	9%	19%	9%	7%	4%	9%	7%	15%	3%
7 - 8 hours	3%	3%	3%	9%	2%	1%	1%	2%	5%	3%	5%
9 - 10 hours	2%	3%	2%	4%	4%	1%	1%	1%	5%	7%	0%
11 - 12 hours	0%	0%	1%	0%	1%	0%	0%	0%	1%	0%	0%
More than 12 hours	2%	2%	2%	6%	2%	1%	0%	2%	4%	1%	5%
Not sure	2%	2%	2%	2%	3%	3%	1%	2%	4%	2%	6%
Totals	98%	99%	101%	100%	100%	100%	102%	100%	101%	99%	100%
Unweighted N	(995)	(450)	(545)	(210)	(247)	(272)	(266)	(715)	(94)	(144)	(42)

**Daily Survey: Attachment Style**  
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	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
None	9%	9%	12%	7%	11%	9%	11%	11%	6%	8%	12%	8%	11%
Less than 1 hour	25%	21%	26%	30%	21%	31%	25%	31%	17%	28%	22%	28%	22%
1 - 2 hours	25%	24%	26%	24%	24%	27%	25%	23%	23%	22%	26%	25%	24%
3 - 4 hours	21%	25%	17%	22%	24%	18%	19%	19%	34%	22%	20%	21%	22%
5 - 6 hours	9%	15%	5%	8%	11%	6%	10%	8%	10%	9%	9%	9%	10%
7 - 8 hours	3%	3%	3%	3%	4%	2%	2%	2%	4%	3%	4%	2%	4%
9 - 10 hours	2%	1%	3%	2%	2%	3%	2%	4%	1%	1%	1%	2%	4%
11 - 12 hours	0%	1%	0%	0%	0%	0%	0%	0%	0%	1%	0%	0%	1%
More than 12 hours	2%	1%	4%	2%	1%	1%	4%	1%	0%	5%	1%	2%	1%
Not sure	2%	1%	4%	2%	1%	2%	2%	0%	3%	1%	3%	3%	0%
Totals	98%	101%	100%	100%	99%	99%	100%	99%	98%	100%	98%	100%	99%
Unweighted N	(995)	(336)	(369)	(290)	(373)	(340)	(362)	(308)	(230)	(175)	(218)	(374)	(228)

# Daily Survey: Attachment Style

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## 12. Social Media Use

Which of the following social networks are you currently a member of? Select all that apply.

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Facebook	66%	59%	72%	60%	57%	69%	76%	70%	59%	52%	66%
Twitter	29%	31%	28%	37%	37%	26%	18%	29%	29%	34%	22%
TikTok	22%	20%	25%	39%	28%	19%	6%	20%	26%	35%	18%
Instagram	39%	32%	46%	55%	41%	38%	25%	35%	43%	56%	43%
Reddit	13%	13%	14%	23%	16%	11%	5%	12%	7%	18%	27%
Parler	4%	5%	3%	4%	6%	4%	2%	4%	2%	6%	0%
Truth Social	6%	8%	5%	5%	7%	8%	5%	7%	5%	6%	6%
LinkedIn	20%	17%	23%	17%	20%	22%	21%	21%	12%	17%	31%
WhatsApp	19%	19%	18%	40%	19%	14%	6%	13%	23%	32%	37%
Snapchat	16%	13%	20%	31%	20%	13%	3%	14%	16%	27%	13%
Nextdoor	12%	8%	16%	4%	9%	17%	16%	14%	9%	8%	9%
Twitch	7%	8%	6%	14%	12%	3%	1%	7%	5%	13%	6%
None of the above	10%	11%	9%	4%	3%	13%	18%	8%	16%	10%	11%
Unweighted N	(1,000)	(450)	(550)	(210)	(252)	(272)	(266)	(715)	(98)	(145)	(42)



**Daily Survey: Attachment Style**  
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	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Facebook	66%	66%	58%	76%	71%	74%	72%	61%	64%	65%	65%	70%	59%
Twitter	29%	36%	25%	28%	34%	26%	24%	31%	36%	29%	27%	31%	29%
TikTok	22%	23%	24%	20%	25%	15%	23%	18%	31%	22%	22%	25%	19%
Instagram	39%	46%	38%	34%	52%	33%	39%	36%	47%	47%	37%	35%	43%
Reddit	13%	17%	13%	10%	19%	8%	10%	12%	24%	10%	12%	13%	17%
Parler	4%	2%	3%	7%	1%	5%	3%	6%	4%	3%	6%	3%	5%
Truth Social	6%	4%	6%	10%	3%	10%	3%	11%	8%	6%	8%	7%	4%
LinkedIn	20%	26%	16%	19%	27%	18%	13%	25%	27%	24%	18%	17%	24%
WhatsApp	19%	25%	17%	14%	21%	11%	18%	17%	24%	24%	14%	16%	24%
Snapchat	16%	18%	13%	18%	17%	11%	14%	18%	20%	13%	20%	15%	17%
Nextdoor	12%	13%	10%	15%	18%	11%	10%	15%	14%	11%	15%	9%	17%
Twitch	7%	9%	6%	6%	6%	4%	4%	11%	9%	7%	4%	9%	6%
None of the above	10%	10%	13%	5%	9%	9%	12%	8%	4%	10%	10%	10%	10%
Unweighted N	(1,000)	(339)	(370)	(291)	(375)	(342)	(363)	(311)	(230)	(179)	(218)	(374)	(229)

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**13. Social Media Effect on Mental Health**

Overall, do you think that social media has more of a positive or negative effect on your own mental health?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very positive	12%	13%	10%	25%	16%	7%	2%	9%	22%	13%	15%
Somewhat positive	17%	18%	16%	22%	21%	14%	13%	18%	12%	20%	9%
Neither positive nor negative	35%	33%	38%	24%	33%	35%	48%	36%	37%	27%	34%
Somewhat negative	18%	16%	20%	14%	20%	21%	15%	20%	6%	19%	13%
Very negative	8%	9%	7%	7%	4%	11%	8%	7%	7%	9%	16%
I've never used social media	4%	4%	4%	1%	1%	3%	10%	4%	8%	4%	0%
Not sure	7%	7%	6%	7%	4%	10%	4%	5%	7%	8%	13%
Totals	101%	100%	101%	100%	99%	101%	100%	99%	99%	100%	100%
Unweighted N	(993)	(450)	(543)	(210)	(245)	(272)	(266)	(714)	(94)	(143)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very positive	12%	14%	8%	13%	10%	9%	8%	14%	16%	20%	4%	9%	15%
Somewhat positive	17%	26%	12%	14%	21%	12%	16%	22%	16%	16%	15%	20%	15%
Neither positive nor negative	35%	28%	40%	37%	34%	36%	40%	30%	31%	36%	43%	35%	28%
Somewhat negative	18%	16%	18%	20%	19%	23%	15%	18%	22%	14%	20%	18%	18%
Very negative	8%	6%	9%	9%	6%	11%	10%	7%	6%	5%	9%	8%	10%
I've never used social media	4%	3%	5%	3%	6%	4%	3%	5%	4%	4%	3%	4%	5%
Not sure	7%	7%	8%	4%	5%	4%	8%	4%	4%	5%	6%	6%	8%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Totals	101%	100%	100%	100%	101%	99%	100%	100%	99%	100%	100%	100%	99%
Unweighted N	(993)	(335)	(370)	(288)	(372)	(340)	(363)	(306)	(230)	(174)	(218)	(372)	(229)

# Daily Survey: Attachment Style

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## 14. Childhood Trauma

Did you have any traumatic experiences during your childhood?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	39%	35%	43%	25%	36%	49%	41%	42%	34%	30%	36%
No	44%	46%	42%	50%	53%	36%	41%	44%	50%	43%	36%
Not sure	12%	14%	9%	19%	7%	9%	13%	10%	10%	16%	24%
Prefer not to say	5%	5%	6%	6%	3%	6%	5%	4%	6%	11%	4%
Totals	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%	100%
Unweighted N	(992)	(449)	(543)	(208)	(246)	(272)	(266)	(712)	(94)	(144)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	39%	36%	40%	40%	44%	40%	45%	39%	34%	33%	45%	39%	37%
No	44%	47%	40%	47%	41%	49%	36%	48%	56%	46%	41%	44%	45%
Not sure	12%	12%	14%	8%	12%	7%	13%	10%	7%	16%	9%	11%	11%
Prefer not to say	5%	5%	5%	6%	4%	3%	6%	3%	3%	5%	5%	5%	6%
Totals	100%	100%	99%	101%	101%	99%	100%	100%	100%	100%	100%	99%	99%
Unweighted N	(992)	(335)	(369)	(288)	(372)	(340)	(363)	(306)	(229)	(174)	(217)	(372)	(229)

# Daily Survey: Attachment Style

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### 15. Financial Difficulties

Have you experienced any significant financial difficulties in the past five years?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	39%	36%	41%	33%	45%	46%	26%	39%	42%	42%	28%
No	54%	57%	52%	57%	49%	46%	69%	57%	44%	47%	62%
Not sure	3%	3%	4%	7%	2%	3%	2%	2%	8%	6%	0%
Prefer not to say	4%	4%	4%	3%	4%	4%	3%	2%	6%	6%	10%
Totals	100%	100%	101%	100%	100%	99%	100%	100%	100%	101%	100%
Unweighted N	(989)	(448)	(541)	(206)	(245)	(272)	(266)	(713)	(94)	(140)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	39%	42%	37%	37%	36%	37%	50%	40%	23%	34%	35%	46%	34%
No	54%	54%	52%	58%	59%	58%	43%	55%	73%	60%	59%	45%	61%
Not sure	3%	2%	6%	2%	2%	2%	5%	2%	2%	4%	3%	4%	2%
Prefer not to say	4%	3%	6%	2%	4%	3%	2%	3%	1%	2%	4%	5%	3%
Totals	100%	101%	101%	99%	101%	100%	100%	100%	99%	100%	101%	100%	100%
Unweighted N	(989)	(335)	(367)	(287)	(372)	(340)	(361)	(307)	(227)	(173)	(216)	(372)	(228)

# Daily Survey: Attachment Style

## May 5 - 8, 2023 - 1000 US Adult Citizens



<b>Interviewing Dates</b>	May 5 - 8, 2023
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.107 to 6.505, with a mean of one and a standard deviation of 0.694.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.8% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	59 questions not reported.