

# YouGov Survey: Dreams



Sample 1000 U.S. Adult Citizens  
 Conducted October 13 - 16, 2022  
 Margin of Error ±3.5%

## 1. After you wake up, how often do you remember dreams that you had?

Always	6%
Usually	19%
Sometimes	44%
Rarely	24%
Never	5%
Not sure	3%

## 2. How often are the dreams you remember after waking up nightmares, rather than good or neutral dreams?

Always	4%
Usually	14%
Sometimes	31%
Rarely	35%
Never	7%
Not sure	5%
I don't remember dreams	5%

## 3. Have you ever had a dream about the following that you can remember?

	Yes, multiple times	Yes, once	No	Not sure	Prefer not to say
Showing up to school unprepared for an exam	19%	15%	55%	9%	2%
Being naked in public	11%	12%	67%	8%	2%
Your teeth falling out	15%	12%	64%	7%	2%
Experiencing a natural disaster	17%	16%	52%	14%	2%
Being trapped somewhere	26%	19%	39%	14%	1%
Being chased by someone or something	43%	24%	19%	13%	2%
Falling or floating	46%	15%	29%	9%	2%
Critters such as spiders or snakes	20%	19%	48%	10%	3%
Trying to scream but being unable to	30%	19%	38%	12%	2%
Losing or forgetting something	34%	16%	35%	14%	2%
Being late to something	32%	18%	35%	12%	3%
Being attacked by someone or something	37%	19%	30%	11%	2%
Military service or war	10%	11%	68%	9%	2%
A house or building collapsing	8%	10%	67%	13%	2%
Suffocating or drowning	16%	13%	57%	12%	2%

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Deceased family members	42%	17%	30%	8%	2%
Memories from childhood	43%	16%	25%	12%	3%
Current or past jobs	38%	19%	31%	10%	2%
Former relationships	41%	21%	31%	6%	1%
Traumatic life events	27%	18%	36%	15%	3%
Losing control of a car or crashing	17%	14%	57%	10%	2%
Becoming successful or wealthy	15%	14%	55%	14%	2%
The death of a loved one	25%	22%	39%	12%	2%
Monsters	21%	13%	51%	11%	3%
Being in nature	34%	13%	33%	18%	3%
A house you've lived in or been to	45%	18%	26%	10%	2%
A sexual experience	43%	14%	31%	9%	3%

#### 4. How often do you dream about events occurring in... ?

	Always	Usually	Some-times	Rarely	Never	Not sure
The past	8%	20%	43%	14%	6%	9%
The present	6%	18%	44%	17%	6%	9%
The future	5%	10%	28%	22%	21%	15%

#### 5. Have you ever made a life decision that was influenced by something you experienced in a dream?

Yes	23%
No	61%
Not sure	16%

#### 6. Have you ever had a dream that accurately predicted something that later occurred in your life?

Yes	38%
No	43%
Not sure	19%

#### 7. Have you ever had a dream in which you had a deep knowledge of a subject you normally don't know anything about?

Yes	30%
No	49%
Not sure	21%

#### 8. Have you ever died in one of your dreams?

Yes	22%
No	61%
Not sure	17%

9. Have you ever written down or documented your dreams in some way?

Yes .....	26%
No .....	68%
Not sure .....	6%

10. Have you ever talked to a therapist or other mental health professional about your dreams?

Yes .....	14%
No .....	77%
Not sure .....	6%
Prefer not to say .....	4%

11. Deja vu is when something seems familiar but you don't remember seeing or experiencing it before. Have you ever experienced deja vu?

Yes .....	71%
No .....	18%
Not sure .....	11%

12. Some people think they experience deja vu as a result of dreams they have but don't remember. Have you ever had deja vu that you thought was the result of a dream you'd had?

*Asked of people who have ever experienced deja vu*

Yes .....	47%
No .....	28%
Not sure .....	25%

13. Have you ever experienced sleep paralysis, in which you are unable to move or speak just after falling asleep or waking up?

Yes .....	33%
No .....	54%
Not sure .....	12%

14. When you are falling sleep or waking up, how often do you experience sleep paralysis?

*Asked of people who have experienced sleep paralysis*

Always .....	3%
Usually .....	8%
Sometimes .....	28%
Rarely .....	55%
Never .....	4%
Not sure .....	2%

15. When you've had sleep paralysis, have you ever experienced any of the following symptoms? Select all that apply.

*Asked of people who have experienced sleep paralysis*

Hallucinations .....	13%
Imagined sounds or voices .....	16%
Feelings of fear, panic, or dread .....	52%
Numbness .....	24%
Pressure on your chest or difficulty breathing .....	29%
Feeling an intruding presence .....	33%
Seeing a dark figure in the room .....	26%
Inability to speak .....	58%
Inability to move .....	70%
Other symptoms .....	3%
None of the above .....	3%

<b>Interviewing Dates</b>	October 13 - 16, 2022
<b>Target population</b>	U.S. citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.183 to 6.501, with a mean of 1 and a standard deviation of 0.506.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.5% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	60 questions not reported.

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**1. Remember Dreams**

After you wake up, how often do you remember dreams that you had?

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	6%	8%	4%	14%	7%	4%	0%	4%	13%	*	*
Usually	19%	17%	20%	19%	22%	17%	17%	19%	23%	*	*
Sometimes	44%	40%	47%	42%	35%	48%	48%	46%	42%	*	*
Rarely	24%	26%	22%	16%	22%	26%	30%	26%	13%	*	*
Never	5%	5%	4%	5%	6%	4%	4%	4%	3%	*	*
Not sure	3%	3%	2%	5%	8%	0%	0%	1%	6%	*	*
Totals	101%	99%	99%	101%	100%	99%	99%	100%	100%	*	*
Unweighted N	(998)	(451)	(547)	(192)	(229)	(345)	(232)	(714)	(139)	(72)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	6%	9%	4%	6%	8%	5%	5%	7%	6%	5%	6%	6%	7%
Usually	19%	17%	19%	21%	20%	20%	17%	21%	21%	19%	19%	20%	16%
Sometimes	44%	46%	41%	45%	42%	45%	48%	42%	38%	41%	44%	46%	42%
Rarely	24%	22%	26%	23%	24%	26%	24%	23%	25%	27%	24%	21%	26%
Never	5%	5%	6%	4%	4%	3%	6%	3%	6%	6%	4%	3%	7%
Not sure	3%	3%	4%	2%	2%	1%	1%	4%	4%	1%	3%	4%	2%
Totals	101%	102%	100%	101%	100%	100%	101%	100%	100%	99%	100%	100%	100%
Unweighted N	(998)	(346)	(392)	(260)	(368)	(335)	(431)	(283)	(169)	(185)	(200)	(389)	(224)

**2. Types of Dreams Usually Had**

How often are the dreams you remember after waking up nightmares, rather than good or neutral dreams?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	4%	4%	5%	9%	5%	2%	1%	3%	6%	*	*
Usually	14%	13%	14%	20%	18%	10%	9%	16%	12%	*	*
Sometimes	31%	28%	33%	34%	33%	35%	20%	31%	35%	*	*
Rarely	35%	38%	33%	23%	25%	41%	50%	37%	25%	*	*
Never	7%	7%	7%	4%	5%	6%	12%	6%	10%	*	*
Not sure	5%	5%	4%	6%	9%	1%	3%	3%	9%	*	*
I don't remember dreams	5%	5%	4%	5%	6%	4%	4%	4%	3%	*	*
Totals	101%	100%	100%	101%	101%	99%	99%	100%	100%	*	*
Unweighted N	(998)	(451)	(547)	(192)	(228)	(346)	(232)	(713)	(139)	(73)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	4%	6%	2%	6%	5%	4%	5%	4%	5%	8%	3%	3%	4%
Usually	14%	16%	11%	14%	15%	10%	14%	13%	17%	17%	10%	15%	13%
Sometimes	31%	27%	37%	27%	29%	28%	33%	29%	26%	25%	33%	31%	34%
Rarely	35%	33%	31%	42%	37%	44%	34%	37%	37%	32%	42%	35%	33%
Never	7%	8%	7%	6%	7%	7%	6%	8%	5%	7%	5%	8%	6%
Not sure	5%	5%	6%	2%	3%	2%	3%	6%	4%	5%	3%	5%	4%
I don't remember dreams	5%	5%	6%	4%	4%	3%	6%	3%	6%	6%	4%	3%	7%
Totals	101%	100%	100%	101%	100%	98%	101%	100%	100%	100%	100%	100%	101%
Unweighted N	(998)	(345)	(393)	(260)	(367)	(335)	(432)	(283)	(168)	(184)	(200)	(390)	(224)

**3A. Recurring Dreams — Showing up to school unprepared for an exam**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	19%	16%	23%	*	21%	15%	23%	22%	*	*	*
Yes, once	15%	19%	10%	*	24%	7%	7%	13%	*	*	*
No	55%	56%	54%	*	35%	69%	63%	55%	*	*	*
Not sure	9%	8%	11%	*	15%	9%	6%	9%	*	*	*
Prefer not to say	2%	2%	2%	*	5%	0%	0%	1%	*	*	*
Totals	100%	101%	100%	*	100%	100%	99%	100%	*	*	*
Unweighted N	(554)	(258)	(296)	(99)	(126)	(196)	(133)	(407)	(77)	(38)	(32)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	19%	24%	14%	20%	30%	20%	16%	21%	*	15%	25%	18%	20%
Yes, once	15%	16%	14%	13%	16%	12%	13%	15%	*	17%	8%	12%	23%
No	55%	47%	58%	61%	45%	64%	59%	54%	*	57%	57%	58%	46%
Not sure	9%	12%	10%	5%	9%	4%	10%	9%	*	8%	8%	10%	10%
Prefer not to say	2%	1%	3%	1%	0%	0%	2%	1%	*	3%	2%	1%	1%
Totals	100%	100%	99%	100%	100%	100%	100%	100%	*	100%	100%	99%	100%
Unweighted N	(554)	(195)	(210)	(149)	(209)	(183)	(240)	(150)	(96)	(106)	(110)	(211)	(127)

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**3B. Recurring Dreams — Being naked in public**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	11%	12%	11%	13%	10%	12%	11%	13%	*	*	*
Yes, once	12%	16%	8%	10%	17%	7%	13%	10%	*	*	*
No	67%	65%	70%	62%	59%	75%	71%	66%	*	*	*
Not sure	8%	5%	10%	11%	9%	7%	5%	8%	*	*	*
Prefer not to say	2%	2%	2%	5%	4%	0%	0%	2%	*	*	*
Totals	100%	100%	101%	101%	99%	101%	100%	99%	*	*	*
Unweighted N	(538)	(246)	(292)	(109)	(132)	(171)	(126)	(374)	(82)	(43)	(39)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	11%	9%	10%	15%	13%	15%	11%	14%	*	*	12%	9%	13%
Yes, once	12%	10%	10%	15%	13%	9%	11%	11%	*	*	10%	14%	13%
No	67%	72%	66%	62%	66%	72%	71%	65%	*	*	70%	65%	65%
Not sure	8%	7%	9%	7%	8%	4%	7%	9%	*	*	7%	10%	7%
Prefer not to say	2%	1%	4%	1%	1%	1%	1%	1%	*	*	2%	1%	3%
Totals	100%	99%	99%	100%	101%	101%	101%	100%	*	*	101%	99%	101%
Unweighted N	(538)	(184)	(205)	(149)	(204)	(170)	(234)	(157)	(87)	(96)	(126)	(203)	(113)



**3C. Recurring Dreams — Your teeth falling out**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	15%	11%	18%	17%	18%	17%	3%	14%	*	*	*
Yes, once	12%	14%	11%	20%	18%	5%	7%	12%	*	*	*
No	64%	66%	62%	50%	50%	70%	88%	66%	*	*	*
Not sure	7%	8%	7%	9%	11%	7%	2%	7%	*	*	*
Prefer not to say	2%	1%	2%	4%	3%	0%	0%	1%	*	*	*
Totals	100%	100%	100%	100%	100%	99%	100%	100%	*	*	*
Unweighted N	(544)	(245)	(299)	(105)	(133)	(187)	(119)	(393)	(70)	(38)	(43)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	15%	14%	16%	13%	17%	13%	13%	19%	*	22%	15%	10%	17%
Yes, once	12%	15%	12%	9%	12%	8%	11%	13%	*	8%	17%	14%	8%
No	64%	65%	59%	70%	66%	72%	66%	65%	*	64%	62%	64%	66%
Not sure	7%	6%	9%	7%	4%	6%	9%	3%	*	3%	4%	11%	8%
Prefer not to say	2%	0%	4%	1%	1%	0%	1%	1%	*	3%	2%	2%	1%
Totals	100%	100%	100%	100%	100%	99%	100%	101%	*	100%	100%	101%	100%
Unweighted N	(544)	(185)	(226)	(133)	(199)	(182)	(241)	(150)	(87)	(104)	(113)	(217)	(110)

**3D. Recurring Dreams — Experiencing a natural disaster**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	17%	15%	19%	20%	25%	12%	13%	17%	*	*	*
Yes, once	16%	17%	15%	22%	18%	13%	13%	16%	*	*	*
No	52%	51%	52%	38%	43%	58%	63%	52%	*	*	*
Not sure	14%	15%	13%	17%	11%	16%	10%	14%	*	*	*
Prefer not to say	2%	2%	1%	4%	3%	0%	0%	1%	*	*	*
Totals	101%	100%	100%	101%	100%	99%	99%	100%	*	*	*
Unweighted N	(535)	(234)	(301)	(103)	(112)	(188)	(132)	(387)	(73)	(34)	(41)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	17%	18%	17%	15%	17%	18%	17%	17%	*	17%	21%	18%	10%
Yes, once	16%	17%	16%	14%	17%	13%	16%	14%	*	11%	16%	16%	21%
No	52%	52%	47%	56%	52%	54%	52%	56%	*	59%	46%	53%	48%
Not sure	14%	13%	16%	13%	13%	14%	13%	12%	*	10%	16%	12%	19%
Prefer not to say	2%	0%	3%	2%	1%	0%	1%	0%	*	3%	1%	1%	2%
Totals	101%	100%	99%	100%	100%	99%	99%	99%	*	100%	100%	100%	100%
Unweighted N	(535)	(176)	(205)	(154)	(189)	(188)	(244)	(142)	(89)	(104)	(100)	(216)	(115)

**3E. Recurring Dreams — Being trapped somewhere**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	26%	24%	28%	30%	28%	23%	26%	28%	*	*	*
Yes, once	19%	20%	19%	22%	27%	17%	12%	20%	*	*	*
No	39%	41%	37%	32%	25%	47%	48%	39%	*	*	*
Not sure	14%	13%	15%	11%	20%	12%	14%	13%	*	*	*
Prefer not to say	1%	1%	1%	6%	0%	0%	0%	1%	*	*	*
Totals	99%	99%	100%	101%	100%	99%	100%	101%	*	*	*
Unweighted N	(563)	(262)	(301)	(115)	(120)	(196)	(132)	(410)	(81)	(33)	(39)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	26%	25%	31%	21%	28%	26%	23%	28%	*	31%	31%	22%	25%
Yes, once	19%	20%	18%	20%	24%	17%	16%	22%	*	21%	19%	20%	18%
No	39%	39%	33%	47%	33%	45%	45%	36%	*	36%	32%	45%	38%
Not sure	14%	14%	16%	12%	15%	12%	15%	12%	*	13%	16%	12%	17%
Prefer not to say	1%	2%	2%	0%	1%	0%	0%	2%	*	0%	2%	1%	1%
Totals	99%	100%	100%	100%	101%	100%	99%	100%	*	101%	100%	100%	99%
Unweighted N	(563)	(195)	(222)	(146)	(213)	(192)	(244)	(163)	(94)	(110)	(116)	(215)	(122)

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**3F. Recurring Dreams — Being chased by someone or something**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	43%	39%	46%	45%	36%	49%	38%	44%	*	*	*
Yes, once	24%	30%	19%	23%	27%	26%	19%	24%	*	*	*
No	19%	18%	19%	14%	18%	16%	27%	18%	*	*	*
Not sure	13%	10%	15%	12%	15%	9%	16%	12%	*	*	*
Prefer not to say	2%	3%	1%	5%	4%	0%	0%	2%	*	*	*
Totals	101%	100%	100%	99%	100%	100%	100%	100%	*	*	*
Unweighted N	(566)	(258)	(308)	(104)	(126)	(199)	(137)	(413)	(69)	(42)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	43%	46%	42%	39%	46%	44%	44%	43%	*	42%	42%	45%	40%
Yes, once	24%	23%	22%	29%	25%	27%	22%	26%	*	23%	24%	26%	22%
No	19%	21%	16%	20%	16%	20%	18%	21%	*	23%	17%	19%	17%
Not sure	13%	10%	15%	11%	13%	9%	14%	9%	*	11%	15%	7%	21%
Prefer not to say	2%	0%	5%	1%	0%	0%	1%	0%	*	2%	2%	3%	0%
Totals	101%	100%	100%	100%	100%	100%	99%	99%	*	101%	100%	100%	100%
Unweighted N	(566)	(184)	(230)	(152)	(195)	(199)	(244)	(168)	(84)	(100)	(109)	(231)	(126)

**3G. Recurring Dreams — Falling or floating**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	46%	43%	48%	*	45%	52%	47%	47%	*	*	*
Yes, once	15%	16%	14%	*	20%	12%	11%	13%	*	*	*
No	29%	31%	26%	*	23%	27%	36%	30%	*	*	*
Not sure	9%	8%	9%	*	7%	8%	6%	9%	*	*	*
Prefer not to say	2%	1%	2%	*	4%	0%	0%	1%	*	*	*
Totals	101%	99%	99%	*	99%	99%	100%	100%	*	*	*
Unweighted N	(530)	(239)	(291)	(90)	(119)	(192)	(129)	(376)	(74)	(41)	(39)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	46%	38%	53%	47%	49%	49%	46%	49%	*	*	54%	46%	43%
Yes, once	15%	16%	17%	13%	16%	14%	17%	14%	*	*	13%	18%	17%
No	29%	35%	19%	33%	28%	30%	26%	29%	*	*	23%	26%	28%
Not sure	9%	9%	9%	8%	7%	6%	10%	6%	*	*	9%	8%	10%
Prefer not to say	2%	2%	2%	0%	0%	0%	1%	2%	*	*	2%	2%	1%
Totals	101%	100%	100%	101%	100%	99%	100%	100%	*	*	101%	100%	99%
Unweighted N	(530)	(192)	(201)	(137)	(198)	(180)	(239)	(150)	(87)	(88)	(100)	(200)	(142)

**3H. Recurring Dreams — Critters such as spiders or snakes**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	20%	18%	22%	*	22%	25%	7%	18%	*	*	*
Yes, once	19%	22%	16%	*	26%	17%	12%	19%	*	*	*
No	48%	48%	47%	*	39%	46%	69%	50%	*	*	*
Not sure	10%	8%	11%	*	6%	10%	12%	12%	*	*	*
Prefer not to say	3%	4%	3%	*	6%	1%	0%	2%	*	*	*
Totals	100%	100%	99%	*	99%	99%	100%	101%	*	*	*
Unweighted N	(518)	(220)	(298)	(99)	(115)	(175)	(129)	(369)	(76)	(39)	(34)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	20%	24%	20%	15%	20%	13%	21%	20%	*	*	18%	23%	20%
Yes, once	19%	18%	19%	20%	20%	17%	17%	19%	*	*	14%	22%	20%
No	48%	47%	45%	53%	50%	60%	45%	52%	*	*	49%	42%	50%
Not sure	10%	8%	11%	10%	9%	9%	14%	6%	*	*	16%	9%	10%
Prefer not to say	3%	2%	5%	2%	2%	0%	3%	3%	*	*	4%	4%	0%
Totals	100%	99%	100%	100%	101%	99%	100%	100%	*	*	101%	100%	100%
Unweighted N	(518)	(184)	(204)	(130)	(196)	(174)	(227)	(146)	(85)	(98)	(105)	(197)	(118)

**3I. Recurring Dreams — Trying to scream but being unable to**  
 Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	30%	23%	36%	27%	32%	34%	25%	31%	*	*	*
Yes, once	19%	21%	17%	25%	23%	11%	18%	15%	*	*	*
No	38%	44%	32%	32%	27%	44%	46%	40%	*	*	*
Not sure	12%	11%	13%	12%	15%	11%	11%	13%	*	*	*
Prefer not to say	2%	2%	2%	4%	3%	0%	0%	1%	*	*	*
Totals	101%	101%	100%	100%	100%	100%	100%	100%	*	*	*
Unweighted N	(534)	(231)	(303)	(107)	(124)	(174)	(129)	(383)	(75)	(37)	(39)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	30%	30%	31%	26%	32%	30%	27%	31%	*	38%	30%	24%	33%
Yes, once	19%	21%	17%	20%	22%	10%	20%	13%	*	10%	22%	26%	11%
No	38%	38%	32%	46%	37%	49%	37%	46%	*	32%	32%	42%	39%
Not sure	12%	10%	16%	8%	8%	11%	15%	8%	*	15%	13%	7%	16%
Prefer not to say	2%	1%	4%	0%	1%	0%	1%	2%	*	4%	3%	1%	1%
Totals	101%	100%	100%	100%	100%	100%	100%	100%	*	99%	100%	100%	100%
Unweighted N	(534)	(180)	(220)	(134)	(191)	(175)	(223)	(153)	(90)	(101)	(103)	(204)	(126)

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**3J. Recurring Dreams — Losing or forgetting something**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	34%	29%	38%	37%	26%	37%	34%	37%	*	*	*
Yes, once	16%	16%	15%	24%	21%	9%	12%	13%	*	*	*
No	35%	37%	32%	28%	27%	39%	43%	36%	*	*	*
Not sure	14%	14%	13%	8%	19%	15%	11%	12%	*	*	*
Prefer not to say	2%	4%	1%	3%	7%	0%	0%	2%	*	*	*
Totals	101%	100%	99%	100%	100%	100%	100%	100%	*	*	*
Unweighted N	(566)	(258)	(308)	(109)	(127)	(197)	(133)	(400)	(79)	(37)	(50)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	34%	32%	35%	34%	39%	34%	36%	32%	38%	28%	42%	28%	40%
Yes, once	16%	17%	13%	18%	16%	16%	14%	16%	23%	15%	14%	17%	16%
No	35%	35%	35%	34%	32%	36%	37%	34%	27%	42%	28%	40%	26%
Not sure	14%	15%	14%	12%	13%	14%	12%	17%	6%	13%	14%	11%	18%
Prefer not to say	2%	1%	4%	2%	0%	1%	1%	1%	6%	2%	2%	4%	0%
Totals	101%	100%	101%	100%	100%	101%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(566)	(189)	(233)	(144)	(209)	(191)	(241)	(153)	(105)	(108)	(111)	(214)	(133)



**3K. Recurring Dreams — Being late to something**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	32%	31%	34%	27%	31%	35%	36%	35%	*	*	*
Yes, once	18%	19%	17%	19%	21%	17%	15%	15%	*	*	*
No	35%	36%	34%	30%	31%	37%	43%	35%	*	*	*
Not sure	12%	11%	13%	17%	13%	11%	6%	13%	*	*	*
Prefer not to say	3%	4%	3%	7%	5%	0%	0%	2%	*	*	*
Totals	100%	101%	101%	100%	101%	100%	100%	100%	*	*	*
Unweighted N	(550)	(258)	(292)	(118)	(128)	(185)	(119)	(394)	(74)	(41)	(41)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	32%	31%	33%	33%	40%	39%	25%	37%	*	*	36%	25%	44%
Yes, once	18%	18%	16%	21%	22%	17%	17%	19%	*	*	15%	25%	12%
No	35%	36%	32%	38%	28%	37%	41%	34%	*	*	40%	34%	28%
Not sure	12%	14%	13%	7%	10%	6%	14%	8%	*	*	7%	12%	16%
Prefer not to say	3%	1%	6%	1%	1%	0%	1%	2%	*	*	2%	4%	1%
Totals	100%	100%	100%	100%	101%	99%	98%	100%	*	*	100%	100%	101%
Unweighted N	(550)	(179)	(235)	(136)	(197)	(186)	(233)	(157)	(94)	(96)	(111)	(214)	(129)

**3L. Recurring Dreams — Being attacked by someone or something**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	37%	34%	40%	43%	42%	36%	28%	39%	*	*	*
Yes, once	19%	24%	16%	25%	21%	18%	14%	16%	*	*	*
No	30%	28%	32%	17%	21%	33%	49%	32%	*	*	*
Not sure	11%	13%	10%	11%	12%	13%	8%	11%	*	*	*
Prefer not to say	2%	2%	2%	4%	4%	0%	1%	2%	*	*	*
Totals	99%	101%	100%	100%	100%	100%	100%	100%	*	*	*
Unweighted N	(534)	(243)	(291)	(106)	(126)	(172)	(130)	(394)	(64)	(37)	(39)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	37%	41%	36%	36%	38%	39%	32%	44%	*	42%	35%	35%	41%
Yes, once	19%	16%	22%	20%	20%	18%	15%	23%	*	15%	23%	21%	16%
No	30%	32%	25%	34%	35%	31%	37%	22%	*	33%	28%	33%	24%
Not sure	11%	9%	14%	10%	6%	12%	16%	9%	*	8%	12%	9%	17%
Prefer not to say	2%	3%	3%	1%	1%	0%	1%	2%	*	2%	2%	2%	2%
Totals	99%	101%	100%	101%	100%	100%	101%	100%	*	100%	100%	100%	100%
Unweighted N	(534)	(185)	(204)	(145)	(192)	(190)	(229)	(148)	(94)	(106)	(104)	(210)	(114)

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**3M. Recurring Dreams — Military service or war**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	10%	14%	7%	*	10%	10%	10%	12%	*	*	*
Yes, once	11%	12%	11%	*	17%	6%	5%	11%	*	*	*
No	68%	61%	75%	*	61%	75%	82%	68%	*	*	*
Not sure	9%	11%	6%	*	9%	10%	2%	8%	*	*	*
Prefer not to say	2%	2%	1%	*	3%	0%	1%	1%	*	*	*
Totals	100%	100%	100%	*	100%	101%	100%	100%	*	*	*
Unweighted N	(538)	(247)	(291)	(97)	(121)	(195)	(125)	(392)	(69)	(40)	(37)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	10%	8%	10%	13%	10%	15%	9%	10%	*	*	14%	9%	8%
Yes, once	11%	8%	16%	9%	9%	11%	11%	13%	*	*	9%	14%	12%
No	68%	74%	61%	70%	72%	66%	71%	69%	*	*	72%	65%	67%
Not sure	9%	8%	11%	6%	9%	7%	9%	6%	*	*	5%	9%	12%
Prefer not to say	2%	1%	1%	3%	0%	1%	1%	1%	*	*	0%	3%	0%
Totals	100%	99%	99%	101%	100%	100%	101%	99%	*	*	100%	100%	99%
Unweighted N	(538)	(188)	(203)	(147)	(203)	(184)	(240)	(143)	(94)	(87)	(114)	(223)	(114)

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**3N. Recurring Dreams — A house or building collapsing**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	8%	6%	11%	16%	8%	6%	3%	7%	*	*	*
Yes, once	10%	13%	7%	17%	18%	5%	4%	9%	*	*	*
No	67%	69%	65%	49%	57%	73%	86%	68%	*	*	*
Not sure	13%	9%	17%	14%	13%	16%	7%	14%	*	*	*
Prefer not to say	2%	3%	1%	5%	4%	0%	0%	2%	*	*	*
Totals	100%	100%	101%	101%	100%	100%	100%	100%	*	*	*
Unweighted N	(556)	(266)	(290)	(102)	(133)	(196)	(125)	(404)	(72)	(41)	(39)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	8%	9%	7%	8%	9%	7%	8%	9%	9%	12%	10%	6%	6%
Yes, once	10%	14%	11%	5%	13%	7%	8%	11%	17%	12%	6%	10%	12%
No	67%	65%	63%	74%	66%	74%	68%	69%	62%	62%	68%	69%	66%
Not sure	13%	12%	16%	10%	12%	10%	15%	10%	10%	10%	14%	13%	14%
Prefer not to say	2%	0%	3%	3%	0%	2%	1%	1%	2%	4%	2%	2%	2%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(556)	(191)	(222)	(143)	(202)	(195)	(247)	(149)	(103)	(104)	(107)	(210)	(135)

**30. Recurring Dreams — Suffocating or drowning**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	16%	13%	18%	16%	23%	16%	8%	15%	*	*	*
Yes, once	13%	15%	12%	19%	23%	8%	6%	12%	*	*	*
No	57%	58%	57%	45%	38%	62%	79%	61%	*	*	*
Not sure	12%	12%	11%	13%	15%	13%	6%	11%	*	*	*
Prefer not to say	2%	2%	2%	7%	1%	0%	1%	1%	*	*	*
Totals	100%	100%	100%	100%	100%	99%	100%	100%	*	*	*
Unweighted N	(537)	(227)	(310)	(110)	(109)	(181)	(137)	(371)	(84)	(44)	(38)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	16%	19%	11%	18%	16%	17%	17%	15%	*	16%	18%	14%	14%
Yes, once	13%	14%	15%	10%	12%	11%	11%	13%	*	14%	16%	12%	11%
No	57%	58%	53%	63%	61%	63%	57%	59%	*	62%	50%	58%	59%
Not sure	12%	9%	16%	8%	10%	8%	13%	11%	*	6%	13%	12%	15%
Prefer not to say	2%	0%	5%	1%	2%	1%	2%	1%	*	2%	2%	3%	0%
Totals	100%	100%	100%	100%	101%	100%	100%	99%	*	100%	99%	99%	99%
Unweighted N	(537)	(188)	(217)	(132)	(206)	(179)	(231)	(156)	(92)	(107)	(109)	(203)	(118)

**3P. Recurring Dreams — Deceased family members**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	42%	37%	48%	23%	31%	50%	62%	44%	*	*	*
Yes, once	17%	19%	16%	21%	23%	15%	11%	16%	*	*	*
No	30%	33%	27%	36%	33%	27%	25%	32%	*	*	*
Not sure	8%	9%	8%	15%	10%	7%	2%	7%	*	*	*
Prefer not to say	2%	3%	1%	6%	4%	0%	0%	2%	*	*	*
Totals	99%	101%	100%	101%	101%	99%	100%	101%	*	*	*
Unweighted N	(558)	(260)	(298)	(103)	(133)	(191)	(131)	(406)	(75)	(36)	(41)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	42%	41%	40%	48%	44%	49%	45%	47%	35%	*	44%	44%	40%
Yes, once	17%	18%	17%	16%	18%	14%	15%	17%	26%	*	15%	19%	14%
No	30%	32%	27%	31%	31%	32%	31%	24%	36%	*	32%	27%	32%
Not sure	8%	7%	12%	5%	7%	5%	7%	9%	3%	*	8%	8%	13%
Prefer not to say	2%	2%	3%	1%	0%	0%	2%	2%	0%	*	1%	2%	1%
Totals	99%	100%	99%	101%	100%	100%	100%	99%	100%	*	100%	100%	100%
Unweighted N	(558)	(204)	(211)	(143)	(209)	(184)	(230)	(160)	(101)	(97)	(120)	(208)	(133)

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**3Q. Recurring Dreams — Memories from childhood**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	43%	42%	45%	*	40%	46%	49%	47%	*	*	*
Yes, once	16%	19%	14%	*	22%	13%	11%	15%	*	*	*
No	25%	24%	26%	*	21%	28%	29%	23%	*	*	*
Not sure	12%	11%	13%	*	10%	12%	10%	13%	*	*	*
Prefer not to say	3%	4%	2%	*	7%	1%	0%	2%	*	*	*
Totals	99%	100%	100%	*	100%	100%	99%	100%	*	*	*
Unweighted N	(558)	(260)	(298)	(98)	(125)	(192)	(143)	(412)	(74)	(43)	(29)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	43%	43%	43%	44%	48%	46%	41%	49%	44%	*	46%	46%	39%
Yes, once	16%	17%	14%	18%	16%	12%	17%	13%	18%	*	16%	18%	17%
No	25%	30%	23%	22%	23%	27%	27%	24%	29%	*	21%	23%	30%
Not sure	12%	9%	15%	12%	11%	13%	13%	9%	8%	*	15%	11%	12%
Prefer not to say	3%	1%	4%	4%	2%	2%	2%	4%	1%	*	3%	3%	2%
Totals	99%	100%	99%	100%	100%	100%	100%	99%	100%	*	101%	101%	100%
Unweighted N	(558)	(203)	(220)	(135)	(213)	(186)	(234)	(158)	(103)	(99)	(112)	(222)	(125)

**3R. Recurring Dreams — Current or past jobs**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	38%	37%	39%	21%	32%	47%	49%	42%	*	*	*
Yes, once	19%	19%	20%	23%	23%	16%	16%	17%	*	*	*
No	31%	34%	28%	37%	26%	33%	26%	30%	*	*	*
Not sure	10%	8%	11%	16%	13%	4%	9%	10%	*	*	*
Prefer not to say	2%	2%	2%	3%	6%	0%	0%	1%	*	*	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	*	*	*
Unweighted N	(497)	(215)	(282)	(101)	(112)	(181)	(103)	(350)	(74)	(39)	(34)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	38%	31%	40%	43%	43%	45%	34%	44%	*	*	42%	38%	37%
Yes, once	19%	22%	16%	20%	18%	19%	17%	18%	*	*	21%	20%	19%
No	31%	29%	34%	30%	28%	28%	34%	27%	*	*	26%	31%	30%
Not sure	10%	15%	7%	6%	9%	6%	14%	8%	*	*	9%	9%	13%
Prefer not to say	2%	2%	2%	1%	1%	2%	1%	3%	*	*	2%	2%	1%
Totals	100%	99%	99%	100%	99%	100%	100%	100%	*	*	100%	100%	100%
Unweighted N	(497)	(178)	(188)	(131)	(172)	(167)	(222)	(143)	(79)	(87)	(107)	(193)	(110)



**3S. Recurring Dreams — Former relationships**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	41%	40%	42%	*	40%	46%	41%	44%	*	*	*
Yes, once	21%	19%	23%	*	21%	19%	14%	17%	*	*	*
No	31%	34%	27%	*	29%	28%	39%	30%	*	*	*
Not sure	6%	6%	7%	*	7%	7%	6%	7%	*	*	*
Prefer not to say	1%	1%	2%	*	3%	1%	0%	2%	*	*	*
Totals	100%	100%	101%	*	100%	101%	100%	100%	*	*	*
Unweighted N	(545)	(262)	(283)	(91)	(128)	(201)	(125)	(384)	(85)	(34)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	41%	41%	40%	41%	40%	41%	43%	41%	*	38%	46%	46%	31%
Yes, once	21%	21%	18%	24%	23%	23%	22%	22%	*	18%	23%	18%	26%
No	31%	33%	32%	25%	32%	28%	29%	31%	*	32%	22%	29%	40%
Not sure	6%	4%	7%	9%	5%	8%	6%	5%	*	9%	8%	7%	3%
Prefer not to say	1%	0%	3%	1%	0%	0%	1%	1%	*	4%	1%	1%	0%
Totals	100%	99%	100%	100%	100%	100%	101%	100%	*	101%	100%	101%	100%
Unweighted N	(545)	(194)	(214)	(137)	(208)	(181)	(232)	(167)	(90)	(105)	(105)	(204)	(131)

**3T. Recurring Dreams — Traumatic life events**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	27%	22%	33%	*	21%	32%	23%	29%	*	*	*
Yes, once	18%	19%	17%	*	32%	12%	14%	15%	*	*	*
No	36%	40%	32%	*	24%	39%	46%	37%	*	*	*
Not sure	15%	15%	15%	*	17%	15%	17%	15%	*	*	*
Prefer not to say	3%	4%	3%	*	6%	2%	0%	3%	*	*	*
Totals	99%	100%	100%	*	100%	100%	100%	99%	*	*	*
Unweighted N	(554)	(252)	(302)	(99)	(129)	(204)	(122)	(390)	(78)	(40)	(46)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	27%	27%	29%	25%	28%	28%	31%	26%	*	*	27%	29%	26%
Yes, once	18%	19%	15%	22%	23%	17%	15%	23%	*	*	15%	18%	18%
No	36%	36%	37%	36%	36%	36%	37%	36%	*	*	36%	35%	40%
Not sure	15%	17%	13%	15%	12%	18%	15%	13%	*	*	19%	14%	16%
Prefer not to say	3%	1%	7%	1%	1%	1%	2%	2%	*	*	3%	4%	0%
Totals	99%	100%	101%	99%	100%	100%	100%	100%	*	*	100%	100%	100%
Unweighted N	(554)	(189)	(211)	(154)	(208)	(190)	(245)	(159)	(85)	(93)	(125)	(207)	(129)

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**3U. Recurring Dreams — Losing control of a car or crashing**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	17%	17%	16%	*	22%	16%	9%	17%	*	*	*
Yes, once	14%	15%	14%	*	9%	15%	8%	16%	*	*	*
No	57%	55%	59%	*	49%	60%	75%	55%	*	*	*
Not sure	10%	9%	10%	*	15%	8%	8%	10%	*	*	*
Prefer not to say	2%	3%	2%	*	5%	1%	0%	1%	*	*	*
Totals	100%	99%	101%	*	100%	100%	100%	99%	*	*	*
Unweighted N	(565)	(242)	(323)	(95)	(142)	(207)	(121)	(412)	(74)	(36)	(43)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	17%	17%	18%	14%	18%	15%	15%	18%	*	16%	23%	11%	18%
Yes, once	14%	14%	15%	13%	12%	12%	16%	14%	*	13%	16%	15%	13%
No	57%	57%	52%	64%	57%	65%	59%	56%	*	52%	53%	60%	59%
Not sure	10%	10%	11%	7%	12%	8%	9%	10%	*	13%	8%	10%	9%
Prefer not to say	2%	1%	4%	1%	0%	1%	1%	2%	*	6%	0%	4%	0%
Totals	100%	99%	100%	99%	99%	101%	100%	100%	*	100%	100%	100%	99%
Unweighted N	(565)	(198)	(224)	(143)	(215)	(186)	(237)	(168)	(98)	(107)	(124)	(205)	(129)

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**3V. Recurring Dreams — Becoming successful or wealthy**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	15%	17%	13%	*	13%	15%	9%	15%	*	*	*
Yes, once	14%	15%	13%	*	22%	8%	15%	13%	*	*	*
No	55%	53%	57%	*	44%	64%	65%	59%	*	*	*
Not sure	14%	14%	14%	*	16%	12%	11%	12%	*	*	*
Prefer not to say	2%	1%	3%	*	5%	0%	0%	0%	*	*	*
Totals	100%	100%	100%	*	100%	99%	100%	99%	*	*	*
Unweighted N	(522)	(228)	(294)	(88)	(123)	(186)	(125)	(375)	(66)	(41)	(40)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	15%	17%	13%	14%	20%	14%	16%	14%	*	*	*	14%	16%
Yes, once	14%	15%	15%	12%	15%	12%	12%	15%	*	*	*	15%	13%
No	55%	52%	53%	61%	52%	63%	57%	56%	*	*	*	56%	48%
Not sure	14%	13%	15%	12%	12%	10%	14%	13%	*	*	*	12%	22%
Prefer not to say	2%	2%	3%	1%	1%	1%	1%	3%	*	*	*	2%	1%
Totals	100%	99%	99%	100%	100%	100%	100%	101%	*	*	*	99%	100%
Unweighted N	(522)	(179)	(202)	(141)	(190)	(179)	(219)	(152)	(96)	(95)	(97)	(221)	(109)

**3W. Recurring Dreams — The death of a loved one**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	25%	20%	29%	19%	31%	25%	23%	25%	*	*	*
Yes, once	22%	17%	26%	29%	16%	22%	20%	22%	*	*	*
No	39%	46%	33%	31%	36%	39%	51%	38%	*	*	*
Not sure	12%	14%	10%	16%	14%	13%	5%	13%	*	*	*
Prefer not to say	2%	3%	2%	5%	3%	1%	1%	2%	*	*	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	*	*	*
Unweighted N	(539)	(255)	(284)	(106)	(117)	(189)	(127)	(392)	(72)	(40)	(35)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	25%	23%	27%	23%	21%	25%	25%	23%	*	24%	*	24%	20%
Yes, once	22%	22%	18%	26%	24%	22%	22%	24%	*	15%	*	26%	22%
No	39%	42%	37%	39%	44%	43%	36%	42%	*	50%	*	38%	40%
Not sure	12%	10%	16%	10%	10%	10%	14%	10%	*	6%	*	9%	18%
Prefer not to say	2%	2%	3%	1%	2%	0%	2%	1%	*	4%	*	2%	1%
Totals	100%	99%	101%	99%	101%	100%	99%	100%	*	99%	*	99%	101%
Unweighted N	(539)	(179)	(210)	(150)	(187)	(190)	(246)	(161)	(86)	(102)	(99)	(217)	(121)

**3X. Recurring Dreams — Monsters**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	21%	23%	19%	27%	28%	22%	7%	21%	*	*	*
Yes, once	13%	14%	12%	18%	9%	14%	12%	13%	*	*	*
No	51%	50%	53%	31%	47%	53%	74%	52%	*	*	*
Not sure	11%	11%	12%	18%	10%	11%	6%	10%	*	*	*
Prefer not to say	3%	2%	4%	6%	7%	1%	1%	3%	*	*	*
Totals	99%	100%	100%	100%	101%	101%	100%	99%	*	*	*
Unweighted N	(529)	(250)	(279)	(108)	(121)	(170)	(130)	(379)	(77)	(35)	(38)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	21%	19%	23%	21%	20%	15%	25%	16%	*	*	25%	21%	18%
Yes, once	13%	15%	12%	13%	15%	10%	14%	11%	*	*	10%	15%	14%
No	51%	51%	50%	54%	53%	62%	46%	61%	*	*	53%	50%	49%
Not sure	11%	14%	9%	12%	10%	11%	12%	10%	*	*	8%	11%	19%
Prefer not to say	3%	1%	6%	1%	1%	2%	3%	2%	*	*	4%	4%	0%
Totals	99%	100%	100%	101%	99%	100%	100%	100%	*	*	100%	101%	100%
Unweighted N	(529)	(178)	(213)	(138)	(189)	(177)	(224)	(150)	(87)	(98)	(116)	(208)	(107)

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**3Y. Recurring Dreams — Being in nature**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	34%	35%	33%	35%	31%	36%	33%	36%	*	*	*
Yes, once	13%	12%	13%	16%	13%	11%	12%	13%	*	*	*
No	33%	32%	33%	29%	28%	34%	40%	30%	*	*	*
Not sure	18%	18%	19%	15%	24%	18%	16%	19%	*	*	*
Prefer not to say	3%	3%	3%	5%	4%	2%	0%	2%	*	*	*
Totals	101%	100%	101%	100%	100%	101%	101%	100%	*	*	*
Unweighted N	(514)	(235)	(279)	(100)	(125)	(173)	(116)	(373)	(64)	(35)	(42)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	34%	27%	41%	33%	32%	41%	33%	35%	*	33%	38%	33%	32%
Yes, once	13%	11%	11%	17%	12%	15%	11%	16%	*	14%	13%	12%	12%
No	33%	42%	24%	33%	34%	29%	38%	25%	*	34%	34%	30%	37%
Not sure	18%	18%	21%	15%	20%	16%	16%	20%	*	14%	12%	23%	19%
Prefer not to say	3%	2%	4%	1%	1%	0%	2%	3%	*	5%	2%	3%	1%
Totals	101%	100%	101%	99%	99%	101%	100%	99%	*	100%	99%	101%	101%
Unweighted N	(514)	(193)	(197)	(124)	(199)	(162)	(224)	(145)	(80)	(102)	(106)	(199)	(107)

**3Z. Recurring Dreams — A house you’ve lived in or been to**  
 Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	45%	40%	49%	43%	33%	49%	52%	49%	*	*	*
Yes, once	18%	19%	17%	24%	23%	15%	12%	16%	*	*	*
No	26%	29%	23%	22%	29%	26%	26%	24%	*	*	*
Not sure	10%	10%	10%	6%	13%	10%	10%	9%	*	*	*
Prefer not to say	2%	2%	2%	4%	3%	0%	0%	1%	*	*	*
Totals	101%	100%	101%	99%	101%	100%	100%	99%	*	*	*
Unweighted N	(556)	(239)	(317)	(109)	(121)	(205)	(121)	(395)	(70)	(46)	(45)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	45%	41%	47%	45%	49%	46%	51%	42%	*	38%	53%	45%	42%
Yes, once	18%	15%	17%	22%	17%	19%	11%	24%	*	20%	13%	19%	18%
No	26%	32%	20%	27%	25%	27%	29%	22%	*	27%	26%	24%	28%
Not sure	10%	10%	13%	6%	9%	7%	9%	10%	*	12%	8%	10%	10%
Prefer not to say	2%	2%	3%	0%	0%	0%	0%	3%	*	3%	0%	2%	2%
Totals	101%	100%	100%	100%	100%	99%	100%	101%	*	100%	100%	100%	100%
Unweighted N	(556)	(190)	(217)	(149)	(198)	(193)	(228)	(166)	(93)	(107)	(106)	(210)	(133)



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**3AA. Recurring Dreams — A sexual experience**

Have you ever had a dream about the following that you can remember?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, multiple times	43%	49%	37%	36%	37%	55%	40%	48%	*	*	*
Yes, once	14%	15%	14%	24%	13%	7%	16%	10%	*	*	*
No	31%	26%	36%	25%	35%	29%	32%	32%	*	*	*
Not sure	9%	8%	11%	11%	10%	6%	10%	8%	*	*	*
Prefer not to say	3%	3%	3%	4%	4%	3%	1%	2%	*	*	*
Totals	100%	101%	101%	100%	99%	100%	99%	100%	*	*	*
Unweighted N	(508)	(240)	(268)	(104)	(115)	(167)	(122)	(359)	(67)	(39)	(43)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, multiple times	43%	39%	47%	42%	48%	48%	42%	44%	*	41%	*	40%	40%
Yes, once	14%	18%	13%	12%	17%	10%	19%	12%	*	17%	*	14%	18%
No	31%	31%	27%	35%	26%	33%	27%	30%	*	26%	*	34%	32%
Not sure	9%	11%	8%	9%	8%	8%	9%	11%	*	9%	*	9%	8%
Prefer not to say	3%	2%	4%	2%	0%	1%	3%	2%	*	7%	*	3%	2%
Totals	100%	101%	99%	100%	99%	100%	100%	99%	*	100%	*	100%	100%
Unweighted N	(508)	(170)	(210)	(128)	(189)	(173)	(201)	(164)	(82)	(108)	(86)	(201)	(113)

**4A. When Dreams Occur — The past**

How often do you dream about events occurring in... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	8%	8%	8%	9%	8%	8%	7%	7%	11%	*	*
Usually	20%	21%	18%	23%	18%	20%	17%	22%	14%	*	*
Sometimes	43%	41%	46%	40%	45%	41%	49%	42%	44%	*	*
Rarely	14%	16%	12%	12%	16%	15%	12%	14%	13%	*	*
Never	6%	5%	7%	6%	6%	7%	5%	5%	7%	*	*
Not sure	9%	8%	10%	10%	7%	10%	9%	9%	11%	*	*
Totals	100%	99%	101%	100%	100%	101%	99%	99%	100%	*	*
Unweighted N	(983)	(444)	(539)	(189)	(224)	(342)	(228)	(705)	(134)	(71)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	8%	9%	5%	9%	6%	10%	8%	8%	9%	12%	6%	7%	7%
Usually	20%	25%	14%	21%	23%	16%	19%	25%	18%	20%	17%	19%	23%
Sometimes	43%	40%	47%	43%	44%	43%	42%	46%	37%	34%	53%	44%	40%
Rarely	14%	12%	15%	16%	13%	17%	15%	10%	21%	14%	10%	18%	12%
Never	6%	7%	7%	4%	7%	6%	8%	5%	5%	10%	5%	4%	8%
Not sure	9%	7%	12%	7%	8%	8%	8%	6%	10%	11%	9%	8%	10%
Totals	100%	100%	100%	100%	101%	100%	100%	100%	100%	101%	100%	100%	100%
Unweighted N	(983)	(340)	(388)	(255)	(362)	(331)	(425)	(280)	(166)	(183)	(198)	(383)	(219)

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**4B. When Dreams Occur — The present**

How often do you dream about events occurring in... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	6%	7%	5%	11%	6%	6%	3%	5%	10%	*	*
Usually	18%	16%	20%	22%	18%	15%	18%	18%	19%	*	*
Sometimes	44%	43%	44%	39%	42%	48%	42%	46%	39%	*	*
Rarely	17%	20%	15%	13%	17%	16%	22%	18%	12%	*	*
Never	6%	7%	6%	5%	6%	8%	6%	4%	7%	*	*
Not sure	9%	7%	10%	10%	10%	7%	10%	9%	13%	*	*
Totals	100%	100%	100%	100%	99%	100%	101%	100%	100%	*	*
Unweighted N	(983)	(442)	(541)	(189)	(222)	(343)	(229)	(705)	(134)	(71)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	6%	9%	4%	6%	9%	6%	7%	7%	5%	6%	5%	4%	11%
Usually	18%	18%	16%	20%	20%	19%	15%	23%	19%	22%	18%	16%	19%
Sometimes	44%	42%	45%	43%	45%	45%	44%	45%	39%	41%	45%	45%	41%
Rarely	17%	17%	16%	18%	14%	20%	17%	15%	21%	14%	17%	20%	15%
Never	6%	7%	6%	6%	6%	4%	8%	4%	7%	9%	4%	8%	4%
Not sure	9%	6%	13%	7%	6%	7%	8%	6%	8%	9%	12%	7%	10%
Totals	100%	99%	100%	100%	100%	101%	99%	100%	99%	101%	101%	100%	100%
Unweighted N	(983)	(341)	(387)	(255)	(360)	(333)	(423)	(280)	(168)	(184)	(198)	(383)	(218)

**4C. When Dreams Occur — The future**

How often do you dream about events occurring in... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	5%	6%	3%	10%	6%	3%	1%	3%	7%	*	*
Usually	10%	13%	7%	16%	12%	9%	2%	9%	19%	*	*
Sometimes	28%	26%	29%	31%	34%	24%	22%	28%	26%	*	*
Rarely	22%	22%	22%	16%	22%	21%	29%	25%	18%	*	*
Never	21%	22%	20%	12%	11%	27%	31%	19%	17%	*	*
Not sure	15%	11%	19%	15%	15%	17%	15%	16%	14%	*	*
Totals	101%	100%	100%	100%	100%	101%	100%	100%	101%	*	*
Unweighted N	(980)	(442)	(538)	(188)	(224)	(341)	(227)	(702)	(134)	(71)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	5%	5%	4%	5%	5%	4%	6%	3%	5%	6%	2%	4%	7%
Usually	10%	12%	9%	8%	12%	6%	8%	14%	8%	12%	10%	10%	8%
Sometimes	28%	26%	30%	26%	27%	27%	28%	26%	31%	19%	31%	28%	30%
Rarely	22%	21%	21%	24%	24%	24%	24%	22%	22%	24%	21%	23%	19%
Never	21%	22%	18%	23%	19%	23%	20%	22%	21%	24%	20%	22%	16%
Not sure	15%	14%	18%	13%	12%	15%	14%	13%	12%	14%	16%	13%	19%
Totals	101%	100%	100%	99%	99%	99%	100%	100%	99%	99%	100%	100%	99%
Unweighted N	(980)	(337)	(388)	(255)	(359)	(331)	(422)	(280)	(166)	(184)	(197)	(381)	(218)

**5. Ever Made Life Decision Based on Dream**

Have you ever made a life decision that was influenced by something you experienced in a dream?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	23%	24%	22%	32%	34%	17%	11%	22%	27%	*	*
No	61%	58%	64%	43%	47%	71%	78%	65%	55%	*	*
Not sure	16%	19%	14%	25%	19%	12%	11%	14%	18%	*	*
Totals	100%	101%	100%	100%	100%	100%	100%	101%	100%	*	*
Unweighted N	(989)	(445)	(544)	(188)	(227)	(343)	(231)	(711)	(137)	(69)	(72)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	23%	23%	22%	24%	24%	22%	23%	18%	32%	29%	21%	23%	20%
No	61%	62%	57%	64%	61%	67%	60%	65%	58%	62%	63%	60%	59%
Not sure	16%	15%	21%	12%	15%	11%	17%	17%	10%	8%	16%	17%	21%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%	100%	100%
Unweighted N	(989)	(342)	(389)	(258)	(363)	(333)	(429)	(281)	(168)	(184)	(199)	(383)	(223)

**6. Dream Ever Predicted Future**

Have you ever had a dream that accurately predicted something that later occurred in your life?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	38%	36%	41%	43%	43%	42%	24%	38%	43%	*	*
No	43%	42%	43%	32%	38%	44%	55%	45%	40%	*	*
Not sure	19%	22%	16%	25%	19%	13%	21%	17%	17%	*	*
Totals	100%	100%	100%	100%	100%	99%	100%	100%	100%	*	*
Unweighted N	(987)	(445)	(542)	(189)	(225)	(343)	(230)	(706)	(138)	(71)	(72)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	38%	36%	41%	39%	40%	40%	40%	34%	43%	40%	37%	38%	40%
No	43%	46%	37%	46%	42%	46%	42%	46%	42%	44%	43%	47%	34%
Not sure	19%	19%	22%	15%	18%	13%	18%	19%	15%	16%	20%	15%	26%
Totals	100%	101%	100%	100%	100%	99%	100%	99%	100%	100%	100%	100%	100%
Unweighted N	(987)	(344)	(387)	(256)	(365)	(330)	(426)	(281)	(168)	(182)	(199)	(384)	(222)

**7. Ever Had Additional Knowledge in Dreams**

Have you ever had a dream in which you had a deep knowledge of a subject you normally don't know anything about?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	30%	31%	29%	37%	39%	25%	20%	29%	29%	*	*
No	49%	46%	52%	35%	42%	56%	60%	51%	49%	*	*
Not sure	21%	23%	20%	28%	19%	19%	21%	20%	23%	*	*
Totals	100%	100%	101%	100%	100%	100%	101%	100%	101%	*	*
Unweighted N	(985)	(444)	(541)	(188)	(223)	(342)	(232)	(708)	(135)	(70)	(72)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	30%	29%	30%	30%	31%	29%	29%	28%	35%	27%	32%	29%	32%
No	49%	52%	43%	54%	50%	53%	48%	53%	49%	54%	47%	51%	42%
Not sure	21%	19%	27%	16%	19%	18%	23%	18%	16%	20%	21%	20%	25%
Totals	100%	100%	100%	100%	100%	100%	100%	99%	100%	101%	100%	100%	99%
Unweighted N	(985)	(344)	(386)	(255)	(365)	(330)	(426)	(281)	(167)	(182)	(199)	(384)	(220)

**8. Ever Died in Dreams**

Have you ever died in one of your dreams?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	22%	24%	20%	35%	33%	14%	10%	23%	16%	*	*
No	61%	57%	65%	38%	49%	69%	83%	64%	66%	*	*
Not sure	17%	20%	15%	27%	18%	17%	7%	14%	19%	*	*
Totals	100%	101%	100%	100%	100%	100%	100%	101%	101%	*	*
Unweighted N	(992)	(448)	(544)	(189)	(229)	(343)	(231)	(710)	(137)	(72)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	22%	22%	23%	20%	21%	18%	21%	20%	30%	25%	28%	19%	19%
No	61%	57%	57%	70%	65%	72%	62%	62%	61%	60%	59%	67%	53%
Not sure	17%	21%	20%	9%	13%	10%	17%	18%	9%	15%	13%	14%	28%
Totals	100%	100%	100%	99%	99%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(992)	(345)	(389)	(258)	(366)	(333)	(429)	(282)	(169)	(184)	(199)	(385)	(224)



**9. Ever Documented Dreams**

Have you ever written down or documented your dreams in some way?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	26%	24%	28%	33%	29%	24%	19%	26%	20%	*	*
No	68%	69%	66%	50%	63%	73%	81%	70%	66%	*	*
Not sure	6%	7%	6%	17%	8%	2%	0%	4%	14%	*	*
Totals	100%	100%	100%	100%	100%	99%	100%	100%	100%	*	*
Unweighted N	(986)	(446)	(540)	(189)	(225)	(341)	(231)	(708)	(136)	(69)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	26%	31%	24%	22%	29%	23%	26%	23%	33%	24%	28%	25%	26%
No	68%	61%	68%	76%	65%	75%	68%	69%	63%	69%	69%	69%	65%
Not sure	6%	8%	8%	2%	6%	2%	6%	8%	5%	7%	3%	6%	10%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	101%	100%	100%	100%	101%
Unweighted N	(986)	(343)	(387)	(256)	(362)	(333)	(426)	(279)	(169)	(183)	(198)	(383)	(222)

**10. Ever Talked to Professional About Dreams**

Have you ever talked to a therapist or other mental health professional about your dreams?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	14%	14%	14%	14%	20%	11%	12%	16%	12%	*	*
No	77%	76%	78%	63%	65%	87%	88%	79%	71%	*	*
Not sure	6%	6%	5%	12%	11%	1%	0%	4%	9%	*	*
Prefer not to say	4%	4%	3%	10%	4%	1%	0%	1%	8%	*	*
Totals	101%	100%	100%	99%	100%	100%	100%	100%	100%	*	*
Unweighted N	(992)	(448)	(544)	(189)	(228)	(343)	(232)	(711)	(137)	(71)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	14%	17%	11%	14%	22%	9%	13%	12%	23%	13%	13%	15%	15%
No	77%	71%	77%	84%	71%	88%	78%	77%	72%	78%	82%	77%	71%
Not sure	6%	7%	8%	0%	3%	1%	6%	6%	5%	5%	2%	6%	8%
Prefer not to say	4%	4%	4%	1%	4%	1%	3%	6%	0%	5%	2%	3%	5%
Totals	101%	99%	100%	99%	100%	99%	100%	101%	100%	101%	99%	101%	99%
Unweighted N	(992)	(344)	(389)	(259)	(366)	(334)	(429)	(282)	(169)	(184)	(200)	(385)	(223)

**11. Ever Had Deja Vu**

Deja vu is when something seems familiar but you don't remember seeing or experiencing it before. Have you ever experienced deja vu?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	71%	67%	75%	59%	66%	83%	72%	76%	55%	*	*
No	18%	20%	16%	26%	24%	11%	15%	15%	30%	*	*
Not sure	11%	13%	9%	16%	11%	6%	13%	8%	14%	*	*
Totals	100%	100%	100%	101%	101%	100%	100%	99%	99%	*	*
Unweighted N	(991)	(447)	(544)	(188)	(229)	(342)	(232)	(711)	(137)	(70)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	71%	67%	73%	74%	73%	78%	70%	71%	80%	73%	76%	69%	68%
No	18%	23%	15%	16%	19%	14%	20%	18%	14%	17%	14%	20%	19%
Not sure	11%	10%	12%	10%	8%	8%	10%	11%	6%	9%	9%	10%	13%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	99%	99%	99%	100%
Unweighted N	(991)	(345)	(387)	(259)	(365)	(334)	(428)	(283)	(168)	(184)	(200)	(383)	(224)

**12. Ever Had Deja Vu From Dream**

Some people think they experience deja vu as a result of dreams they have but don't remember. Have you ever had deja vu that you thought was the result of a dream you'd had?

*Asked of people who have ever experienced deja vu*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	47%	47%	47%	65%	60%	46%	22%	46%	*	*	*
No	28%	28%	28%	22%	16%	29%	41%	27%	*	*	*
Not sure	25%	26%	25%	13%	24%	26%	36%	27%	*	*	*
Totals	100%	101%	100%	100%	100%	101%	99%	100%	*	*	*
Unweighted N	(726)	(310)	(416)	(115)	(159)	(279)	(173)	(551)	(80)	(44)	(51)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	47%	46%	48%	46%	44%	41%	51%	40%	48%	46%	50%	47%	44%
No	28%	30%	23%	31%	30%	31%	26%	29%	33%	28%	20%	29%	33%
Not sure	25%	24%	29%	23%	26%	28%	23%	30%	19%	26%	29%	24%	24%
Totals	100%	100%	100%	100%	100%	100%	100%	99%	100%	100%	99%	100%	101%
Unweighted N	(726)	(243)	(289)	(194)	(271)	(262)	(309)	(206)	(135)	(139)	(153)	(268)	(166)

**13. Ever Experienced Sleep Paralysis**

Have you ever experienced sleep paralysis, in which you are unable to move or speak just after falling asleep or waking up?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	33%	33%	34%	30%	44%	36%	21%	31%	43%	*	*
No	54%	54%	55%	48%	43%	54%	73%	59%	40%	*	*
Not sure	12%	14%	12%	22%	13%	10%	6%	10%	17%	*	*
Totals	99%	101%	101%	100%	100%	100%	100%	100%	100%	*	*
Unweighted N	(990)	(447)	(543)	(186)	(229)	(343)	(232)	(710)	(136)	(71)	(73)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	33%	31%	38%	29%	35%	30%	31%	29%	47%	31%	36%	35%	29%
No	54%	56%	45%	64%	56%	61%	58%	54%	48%	56%	55%	54%	53%
Not sure	12%	12%	17%	7%	9%	9%	11%	17%	5%	13%	9%	11%	18%
Totals	99%	99%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(990)	(343)	(388)	(259)	(365)	(333)	(426)	(283)	(169)	(184)	(200)	(383)	(223)

**14. Frequency of Sleep Paralysis**

When you are falling sleep or waking up, how often do you experience sleep paralysis?

*Asked of people who have experienced sleep paralysis*

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Always	3%	2%	4%	*	2%	1%	*	1%	*	*	*
Usually	8%	12%	4%	*	15%	4%	*	9%	*	*	*
Sometimes	28%	28%	28%	*	34%	31%	*	25%	*	*	*
Rarely	55%	47%	62%	*	45%	56%	*	58%	*	*	*
Never	4%	8%	1%	*	3%	7%	*	5%	*	*	*
Not sure	2%	2%	1%	*	0%	2%	*	3%	*	*	*
Totals	100%	99%	100%	*	99%	101%	*	101%	*	*	*
Unweighted N	(344)	(143)	(201)	(58)	(102)	(129)	(55)	(229)	(62)	(25)	(28)

	Party ID			2020 Vote		Family Income (3 category)			Census Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Always	3%	4%	3%	*	4%	1%	4%	*	*	*	*	3%	*
Usually	8%	7%	10%	*	7%	5%	5%	*	*	*	*	10%	*
Sometimes	28%	33%	30%	*	33%	24%	27%	*	*	*	*	23%	*
Rarely	55%	50%	52%	*	52%	62%	57%	*	*	*	*	61%	*
Never	4%	4%	4%	*	4%	6%	5%	*	*	*	*	3%	*
Not sure	2%	3%	1%	*	1%	2%	2%	*	*	*	*	1%	*
Totals	100%	101%	100%	*	101%	100%	100%	*	*	*	*	101%	*
Unweighted N	(344)	(122)	(142)	(80)	(132)	(104)	(148)	(86)	(72)	(55)	(75)	(143)	(71)

**15. Experiences During Sleep Paralysis**

When you've had sleep paralysis, have you ever experienced any of the following symptoms? Select all that apply.

*Asked of people who have experienced sleep paralysis*

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Hallucinations	13%	11%	16%	*	18%	6%	*	11%	*	*	*
Imagined sounds or voices	16%	17%	15%	*	16%	16%	*	16%	*	*	*
Feelings of fear, panic, or dread	52%	46%	57%	*	47%	54%	*	54%	*	*	*
Numbness	24%	24%	23%	*	33%	20%	*	26%	*	*	*
Pressure on your chest or difficulty breathing	29%	28%	30%	*	31%	25%	*	31%	*	*	*
Feeling an intruding presence	33%	29%	36%	*	30%	34%	*	35%	*	*	*
Seeing a dark figure in the room	26%	22%	29%	*	27%	21%	*	24%	*	*	*
Inability to speak	58%	50%	66%	*	52%	62%	*	58%	*	*	*
Inability to move	70%	59%	80%	*	50%	81%	*	71%	*	*	*
Other symptoms	3%	2%	4%	*	1%	2%	*	4%	*	*	*
None of the above	3%	4%	2%	*	1%	5%	*	3%	*	*	*
Unweighted N	(344)	(143)	(201)	(58)	(102)	(129)	(55)	(229)	(62)	(25)	(28)

	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Hallucinations	13%	8%	19%	*	10%	15%	10%	*	*	*	*	9%	*
Imagined sounds or voices	16%	12%	18%	*	13%	22%	17%	*	*	*	*	16%	*

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	Total	Party ID			2020 Vote		Family Income (3 category)			Census Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Feelings of fear, panic, or dread	52%	46%	59%	*	49%	48%	56%	*	*	*	*	50%	*
Numbness	24%	20%	26%	*	22%	22%	24%	*	*	*	*	26%	*
Pressure on your chest or difficulty breathing	29%	28%	29%	*	26%	30%	35%	*	*	*	*	25%	*
Feeling an intruding presence	33%	31%	34%	*	29%	30%	36%	*	*	*	*	26%	*
Seeing a dark figure in the room	26%	29%	28%	*	25%	22%	29%	*	*	*	*	19%	*
Inability to speak	58%	60%	57%	*	59%	63%	63%	*	*	*	*	49%	*
Inability to move	70%	67%	69%	*	65%	81%	76%	*	*	*	*	65%	*
Other symptoms	3%	4%	3%	*	4%	4%	5%	*	*	*	*	3%	*
None of the above	3%	6%	1%	*	4%	1%	4%	*	*	*	*	4%	*
Unweighted N	(344)	(122)	(142)	(80)	(132)	(104)	(148)	(86)	(72)	(55)	(75)	(143)	(71)



# YouGov Survey: Dreams

October 13 - 16, 2022 - 1000 U.S. adult citizens



<b>Interviewing Dates</b>	October 13 - 16, 2022
<b>Target population</b>	U.S. citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.183 to 6.501, with a mean of 1 and a standard deviation of 0.506.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.5% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	60 questions not reported.