

# YouGov Survey: 988 Suicide and Crisis Lifeline



Sample 1000 U.S. Adult Citizens  
Conducted June 26 - 29, 2023  
Margin of Error ±3.7%

1. The number to reach local emergency services such as police, fire, and ambulance is 911. Have you ever contacted 911 for any reason?

Yes	56%
No	40%
Prefer not to say	3%

2. When you've contacted 911, how satisfied have you been with the response you received?

*Asked of people who have contacted 911*

Very satisfied	61%
Somewhat satisfied	29%
Not very satisfied	5%
Not at all satisfied	2%
Not sure	2%

3. Have you ever contacted a hotline for people who are suicidal or experiencing a mental health crisis, for any reason?

Yes	8%
No	89%
Prefer not to say	3%

4. How much have you heard about 988, the number of the Suicide and Crisis Lifeline?

A lot	7%
A little	38%
Nothing at all	55%

5. Have you ever contacted 988 — the Suicide and Crisis Lifeline — for any reason?

Yes	4%
No	93%
Prefer not to say	3%

6. If you or someone you knew was suicidal or experiencing a mental health crisis, how likely would you be to contact the 988 Suicide and Crisis Lifeline?

Very likely	38%
Somewhat likely	29%
Not very likely	11%
Not at all likely	8%
Not sure	14%

7. How effective do you think 988 Suicide and Crisis Lifeline is at helping people who are suicidal or experiencing a mental health crisis?

Very effective	18%
Somewhat effective	30%
Not very effective	8%
Not at all effective	2%
Not sure	42%

8. If a 988 responder believes there is an imminent risk that a person who has contacted 988 will harm themselves, which, if any, of the following actions should be taken?

The person should be connected to a crisis counselor	58%
The person should be referred to local mental health resources	44%
Police should be sent	35%
The person should be sent to jail	2%
The person should be forced to go to the hospital	24%
Something else	4%
Nothing	2%
Not sure	12%

9. Which, if any, of the following are concerns you might have about contacting the 988 Suicide and Crisis Lifeline in the event that you or someone you knew were suicidal or experiencing a mental health crisis?

Law enforcement would be sent	33%
The person in crisis would be sent to jail	25%
The person in crisis would be forced to go to the hospital	29%
The person in crisis would be charged for services they couldn't afford	35%
The 988 responders wouldn't be able to handle the issue	32%
The communication would not remain private and others could find out	27%
Other concern	3%
I wouldn't have any concerns	14%
Not sure	15%

10. In general, would you say your mental health is... ?

Excellent	23%
Very good	27%
Good	24%
Fair	16%
Poor	5%
Very poor	2%
Prefer not to say	2%

11. In the past month, have you experienced a significant amount of the following, which has interfered with your daily activities?

	Yes	No	Prefer not to say
Anxiety	39%	58%	4%
Stress	53%	44%	2%
Depression	28%	69%	4%

12. Do you generally agree or disagree with the following?

	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree	Not sure
People today spend too much time dwelling on their problems	20%	37%	19%	13%	11%
Seeking therapy is a sign of weakness	5%	8%	14%	70%	4%
Mental health issues are just as serious as physical health issues	69%	19%	6%	3%	3%
Most things in life work out for the best	19%	46%	17%	7%	11%

<b>Interviewing Dates</b>	June 26 - 29, 2023
<b>Target population</b>	U.S. citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov’s opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent’s most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.063 to 4.657, with a mean of 1 and a standard deviation of 0.667.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.7% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	61 questions not reported.

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## 1. Ever Contacted 911

The number to reach local emergency services such as police, fire, and ambulance is 911. Have you ever contacted 911 for any reason?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	56%	51%	61%	43%	56%	65%	55%	58%	52%	56%	*
No	40%	45%	36%	51%	38%	32%	44%	40%	42%	40%	*
Prefer not to say	3%	4%	3%	6%	5%	2%	1%	2%	7%	4%	*
Totals	99%	100%	100%	100%	99%	99%	100%	100%	101%	100%	*
Unweighted N	(999)	(454)	(545)	(203)	(210)	(376)	(210)	(654)	(149)	(136)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	56%	60%	54%	56%	59%	61%	60%	58%	53%	57%	50%	56%	62%
No	40%	38%	43%	40%	37%	37%	36%	39%	45%	39%	46%	41%	36%
Prefer not to say	3%	3%	4%	4%	3%	2%	4%	3%	2%	4%	4%	3%	2%
Totals	99%	101%	101%	100%	99%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(999)	(340)	(397)	(262)	(384)	(306)	(432)	(265)	(198)	(171)	(221)	(382)	(225)

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## 2. Satisfaction With 911

When you've contacted 911, how satisfied have you been with the response you received?

*Asked of people who have contacted 911*

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very satisfied	61%	59%	63%	*	54%	64%	85%	65%	*	*	*
Somewhat satisfied	29%	28%	30%	*	30%	29%	15%	28%	*	*	*
Not very satisfied	5%	7%	4%	*	8%	4%	0%	4%	*	*	*
Not at all satisfied	2%	2%	2%	*	3%	2%	0%	1%	*	*	*
Not sure	2%	4%	1%	*	4%	1%	1%	2%	*	*	*
Totals	99%	100%	100%	*	99%	100%	101%	100%	*	*	*
Unweighted N	(578)	(235)	(343)	(89)	(125)	(245)	(119)	(393)	(83)	(71)	(31)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very satisfied	61%	50%	65%	70%	62%	73%	59%	68%	59%	58%	73%	63%	53%
Somewhat satisfied	29%	39%	24%	23%	28%	20%	28%	25%	34%	30%	21%	30%	31%
Not very satisfied	5%	6%	5%	5%	7%	4%	6%	6%	4%	3%	3%	5%	9%
Not at all satisfied	2%	2%	3%	1%	2%	2%	2%	1%	2%	5%	1%	1%	3%
Not sure	2%	3%	3%	0%	1%	1%	4%	0%	1%	4%	2%	1%	5%
Totals	99%	100%	100%	99%	100%	100%	99%	100%	100%	100%	100%	100%	101%
Unweighted N	(578)	(205)	(224)	(149)	(237)	(184)	(262)	(156)	(111)	(101)	(121)	(215)	(141)

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### 3. Ever Contacted Hotline

Have you ever contacted a hotline for people who are suicidal or experiencing a mental health crisis, for any reason?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	8%	9%	8%	12%	13%	5%	5%	6%	11%	18%	*
No	89%	89%	89%	83%	83%	94%	94%	92%	85%	79%	*
Prefer not to say	3%	2%	3%	5%	4%	1%	1%	2%	4%	4%	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	101%	*
Unweighted N	(1,000)	(455)	(545)	(204)	(210)	(376)	(210)	(654)	(150)	(136)	(60)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	8%	13%	7%	5%	10%	5%	9%	11%	7%	8%	7%	8%	11%
No	89%	84%	90%	93%	87%	93%	88%	87%	91%	89%	90%	89%	87%
Prefer not to say	3%	2%	4%	2%	3%	2%	3%	2%	2%	3%	3%	2%	3%
Totals	100%	99%	101%	100%	100%	100%	100%	100%	100%	100%	100%	99%	101%
Unweighted N	(1,000)	(341)	(397)	(262)	(385)	(306)	(432)	(265)	(199)	(172)	(221)	(382)	(225)

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## 4. Familiarity with 988

How much have you heard about 988, the number of the Suicide and Crisis Lifeline?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
A lot	7%	8%	6%	13%	13%	1%	2%	6%	8%	11%	*
A little	38%	35%	41%	50%	40%	33%	30%	39%	34%	29%	*
Nothing at all	55%	58%	53%	37%	47%	65%	68%	55%	58%	60%	*
Totals	100%	101%	100%	100%	100%	99%	100%	100%	100%	100%	*
Unweighted N	(996)	(454)	(542)	(204)	(210)	(374)	(208)	(650)	(150)	(136)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A lot	7%	11%	4%	6%	7%	6%	4%	9%	10%	9%	5%	6%	8%
A little	38%	46%	35%	32%	47%	31%	31%	37%	52%	32%	42%	37%	39%
Nothing at all	55%	43%	61%	62%	45%	64%	65%	55%	38%	58%	53%	57%	53%
Totals	100%	100%	100%	100%	99%	101%	100%	101%	100%	99%	100%	100%	100%
Unweighted N	(996)	(339)	(396)	(261)	(383)	(305)	(428)	(265)	(199)	(172)	(219)	(380)	(225)

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## 5. Ever Contacted 988

Have you ever contacted 988 — the Suicide and Crisis Lifeline — for any reason?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	4%	6%	3%	7%	9%	2%	0%	3%	6%	11%	*
No	93%	92%	94%	88%	87%	96%	100%	95%	88%	86%	*
Prefer not to say	3%	3%	2%	4%	5%	2%	0%	2%	6%	3%	*
Totals	100%	101%	99%	99%	101%	100%	100%	100%	100%	100%	*
Unweighted N	(996)	(453)	(543)	(203)	(209)	(374)	(210)	(652)	(148)	(136)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	4%	7%	3%	3%	4%	3%	4%	6%	6%	7%	1%	5%	5%
No	93%	92%	92%	96%	94%	96%	94%	92%	92%	90%	96%	94%	91%
Prefer not to say	3%	1%	4%	1%	2%	1%	3%	2%	2%	3%	3%	2%	4%
Totals	100%	100%	99%	100%	100%	100%	101%	100%	100%	100%	100%	101%	100%
Unweighted N	(996)	(340)	(396)	(260)	(384)	(305)	(431)	(262)	(199)	(169)	(221)	(381)	(225)



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## 6. Likelihood of Contacting 988

If you or someone you knew was suicidal or experiencing a mental health crisis, how likely would you be to contact the 988 Suicide and Crisis Lifeline?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very likely	38%	35%	40%	29%	42%	33%	49%	34%	52%	39%	*
Somewhat likely	29%	26%	32%	34%	24%	30%	28%	33%	11%	28%	*
Not very likely	11%	14%	9%	18%	11%	12%	5%	12%	6%	10%	*
Not at all likely	8%	9%	7%	7%	11%	8%	5%	7%	13%	10%	*
Not sure	14%	16%	12%	13%	12%	17%	14%	13%	18%	12%	*
Totals	100%	100%	100%	101%	100%	100%	101%	99%	100%	99%	*
Unweighted N	(998)	(453)	(545)	(203)	(210)	(376)	(209)	(653)	(150)	(135)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very likely	38%	43%	32%	40%	44%	39%	38%	40%	39%	47%	31%	41%	32%
Somewhat likely	29%	32%	30%	25%	31%	28%	27%	29%	36%	22%	29%	30%	34%
Not very likely	11%	8%	15%	9%	10%	8%	10%	11%	14%	9%	12%	11%	12%
Not at all likely	8%	3%	10%	9%	5%	10%	11%	5%	6%	8%	10%	7%	7%
Not sure	14%	14%	13%	17%	11%	15%	14%	15%	5%	15%	19%	11%	15%
Totals	100%	100%	100%	100%	101%	100%	100%	100%	100%	101%	101%	100%	100%
Unweighted N	(998)	(340)	(397)	(261)	(385)	(305)	(432)	(263)	(199)	(172)	(221)	(382)	(223)

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## 7. Effectiveness of 988

How effective do you think 988 Suicide and Crisis Lifeline is at helping people who are suicidal or experiencing a mental health crisis?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very effective	18%	18%	18%	17%	26%	15%	13%	16%	26%	21%	*
Somewhat effective	30%	29%	30%	35%	35%	25%	25%	31%	17%	39%	*
Not very effective	8%	10%	7%	16%	6%	7%	4%	7%	6%	7%	*
Not at all effective	2%	2%	3%	2%	4%	4%	0%	2%	4%	4%	*
Not sure	42%	41%	43%	30%	29%	49%	58%	43%	47%	30%	*
Totals	100%	100%	101%	100%	100%	100%	100%	99%	100%	101%	*
Unweighted N	(997)	(454)	(543)	(203)	(210)	(374)	(210)	(652)	(150)	(135)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very effective	18%	23%	13%	18%	19%	16%	19%	19%	16%	17%	16%	18%	19%
Somewhat effective	30%	29%	29%	32%	31%	28%	29%	29%	36%	30%	27%	31%	29%
Not very effective	8%	6%	9%	9%	6%	7%	6%	9%	10%	5%	8%	10%	9%
Not at all effective	2%	1%	5%	1%	1%	3%	4%	1%	3%	5%	2%	3%	1%
Not sure	42%	41%	45%	40%	44%	46%	42%	43%	36%	43%	47%	38%	43%
Totals	100%	100%	101%	100%	101%	100%	100%	101%	101%	100%	100%	100%	101%
Unweighted N	(997)	(339)	(396)	(262)	(384)	(305)	(431)	(264)	(199)	(172)	(221)	(381)	(223)

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## 8. Responses to 988 Contact

If a 988 responder believes there is an imminent risk that a person who has contacted 988 will harm themselves, which, if any, of the following actions should be taken?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
The person should be connected to a crisis counselor	58%	57%	59%	58%	56%	60%	56%	59%	58%	48%	*
The person should be referred to local mental health resources	44%	43%	44%	52%	49%	43%	30%	43%	47%	44%	*
Police should be sent	35%	31%	38%	24%	35%	35%	44%	36%	31%	39%	*
The person should be sent to jail	2%	4%	0%	4%	4%	0%	0%	2%	1%	2%	*
The person should be forced to go to the hospital	24%	21%	27%	23%	31%	24%	17%	24%	27%	27%	*
Something else	4%	3%	5%	4%	4%	5%	3%	4%	1%	6%	*
Nothing	2%	1%	2%	2%	2%	2%	0%	1%	3%	0%	*
Not sure	12%	14%	9%	15%	9%	10%	14%	11%	15%	15%	*
Unweighted N	(1,000)	(455)	(545)	(204)	(210)	(376)	(210)	(654)	(150)	(136)	(60)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
The person should be connected to a crisis counselor	58%	65%	54%	54%	66%	59%	55%	60%	62%	63%	50%	58%	60%
The person should be referred to local mental health resources	44%	52%	42%	36%	52%	39%	45%	37%	48%	46%	41%	43%	46%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Police should be sent	35%	32%	30%	44%	28%	48%	33%	40%	38%	27%	45%	36%	29%
The person should be sent to jail	2%	2%	2%	1%	2%	1%	1%	1%	7%	2%	2%	3%	1%
The person should be forced to go to the hospital	24%	28%	21%	23%	24%	20%	25%	22%	28%	22%	22%	26%	22%
Something else	4%	6%	4%	3%	7%	3%	5%	3%	5%	3%	4%	5%	5%
Nothing	2%	2%	2%	1%	1%	1%	3%	1%	1%	2%	0%	2%	2%
Not sure	12%	6%	18%	10%	5%	12%	12%	10%	7%	10%	17%	9%	12%
Unweighted N	(1,000)	(341)	(397)	(262)	(385)	(306)	(432)	(265)	(199)	(172)	(221)	(382)	(225)

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## 9. Concerns About 988

Which, if any, of the following are concerns you might have about contacting the 988 Suicide and Crisis Lifeline in the event that you or someone you knew were suicidal or experiencing a mental health crisis?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Law enforcement would be sent	33%	37%	29%	35%	39%	30%	27%	32%	31%	35%	*
The person in crisis would be sent to jail	25%	24%	25%	31%	30%	22%	16%	25%	20%	29%	*
The person in crisis would be forced to go to the hospital	29%	31%	27%	38%	31%	23%	27%	28%	24%	27%	*
The person in crisis would be charged for services they couldn't afford	35%	32%	37%	42%	36%	34%	26%	36%	27%	32%	*
The 988 responders wouldn't be able to handle the issue	32%	28%	36%	35%	31%	32%	30%	32%	30%	28%	*
The communication would not remain private and others could find out	27%	26%	27%	32%	26%	25%	24%	28%	23%	17%	*
Other concern	3%	3%	2%	2%	1%	4%	3%	3%	2%	2%	*
I wouldn't have any concerns	14%	15%	14%	10%	12%	15%	20%	16%	11%	14%	*
Not sure	15%	16%	13%	18%	12%	15%	15%	12%	24%	20%	*
Unweighted N	(1,000)	(455)	(545)	(204)	(210)	(376)	(210)	(654)	(150)	(136)	(60)

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	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Law enforcement would be sent	33%	39%	37%	20%	42%	22%	34%	26%	35%	34%	24%	38%	31%
The person in crisis would be sent to jail	25%	30%	29%	12%	30%	14%	29%	21%	22%	26%	21%	27%	25%
The person in crisis would be forced to go to the hospital	29%	32%	31%	23%	34%	24%	34%	24%	27%	32%	17%	35%	28%
The person in crisis would be charged for services they couldn't afford	35%	39%	36%	27%	39%	28%	34%	32%	38%	31%	32%	34%	41%
The 988 responders wouldn't be able to handle the issue	32%	38%	32%	25%	35%	28%	33%	27%	39%	31%	25%	36%	32%
The communication would not remain private and others could find out	27%	29%	25%	26%	28%	28%	25%	20%	38%	32%	21%	30%	22%
Other concern	3%	4%	2%	2%	3%	2%	2%	2%	6%	3%	4%	2%	2%
I wouldn't have any concerns	14%	10%	13%	21%	11%	17%	13%	20%	12%	17%	15%	12%	15%
Not sure	15%	10%	19%	14%	10%	17%	14%	12%	6%	14%	23%	9%	16%
Unweighted N	(1,000)	(341)	(397)	(262)	(385)	(306)	(432)	(265)	(199)	(172)	(221)	(382)	(225)

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## 10. Self-Rated Mental Health

In general, would you say your mental health is... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Excellent	23%	28%	19%	17%	14%	23%	39%	23%	28%	24%	*
Very good	27%	26%	27%	14%	23%	31%	36%	28%	27%	18%	*
Good	24%	22%	26%	27%	29%	24%	17%	24%	24%	30%	*
Fair	16%	15%	17%	24%	19%	15%	5%	15%	14%	15%	*
Poor	5%	4%	6%	7%	8%	3%	2%	5%	3%	6%	*
Very poor	2%	3%	2%	4%	5%	1%	0%	2%	2%	1%	*
Prefer not to say	2%	2%	3%	6%	2%	2%	0%	2%	2%	6%	*
Totals	99%	100%	100%	99%	100%	99%	99%	99%	100%	100%	*
Unweighted N	(999)	(454)	(545)	(203)	(210)	(376)	(210)	(654)	(150)	(135)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Excellent	23%	23%	19%	31%	18%	33%	18%	27%	26%	21%	25%	26%	20%
Very good	27%	23%	25%	33%	31%	32%	24%	31%	35%	33%	27%	26%	23%
Good	24%	25%	26%	22%	24%	20%	25%	25%	23%	20%	23%	24%	30%
Fair	16%	20%	18%	7%	17%	8%	19%	14%	10%	18%	14%	15%	16%
Poor	5%	7%	4%	4%	6%	3%	7%	2%	4%	4%	6%	5%	5%
Very poor	2%	1%	5%	1%	1%	2%	4%	2%	1%	2%	2%	3%	2%
Prefer not to say	2%	1%	4%	2%	1%	2%	3%	1%	1%	2%	2%	2%	4%
Totals	99%	100%	101%	100%	98%	100%	100%	102%	100%	100%	99%	101%	100%
Unweighted N	(999)	(340)	(397)	(262)	(385)	(306)	(432)	(264)	(199)	(172)	(221)	(382)	(224)

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## 11A. Stress, Anxiety, or Depression in Past Month — Anxiety

In the past month, have you experienced a significant amount of the following, which has interfered with your daily activities?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	39%	35%	42%	51%	51%	34%	19%	36%	35%	50%	*
No	58%	62%	54%	43%	45%	62%	79%	61%	56%	46%	*
Prefer not to say	4%	4%	3%	5%	4%	4%	1%	2%	9%	4%	*
Totals	101%	101%	99%	99%	100%	100%	99%	99%	100%	100%	*
Unweighted N	(995)	(453)	(542)	(201)	(210)	(376)	(208)	(652)	(149)	(134)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	39%	45%	41%	27%	40%	27%	46%	35%	27%	37%	32%	36%	49%
No	58%	52%	54%	71%	56%	70%	50%	64%	70%	59%	65%	60%	47%
Prefer not to say	4%	3%	4%	3%	4%	2%	4%	1%	3%	4%	4%	4%	3%
Totals	101%	100%	99%	101%	100%	99%	100%	100%	100%	100%	101%	100%	99%
Unweighted N	(995)	(339)	(395)	(261)	(384)	(305)	(430)	(263)	(199)	(172)	(219)	(381)	(223)



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## 11B. Stress, Anxiety, or Depression in Past Month — Stress

In the past month, have you experienced a significant amount of the following, which has interfered with your daily activities?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	53%	49%	57%	72%	67%	48%	28%	49%	55%	69%	*
No	44%	47%	41%	23%	30%	50%	71%	49%	40%	29%	*
Prefer not to say	2%	3%	2%	5%	3%	2%	1%	2%	5%	2%	*
Totals	99%	99%	100%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(996)	(452)	(544)	(201)	(210)	(376)	(209)	(653)	(149)	(134)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	53%	59%	56%	43%	51%	44%	60%	44%	47%	55%	48%	51%	61%
No	44%	39%	42%	54%	47%	54%	38%	55%	51%	42%	48%	47%	38%
Prefer not to say	2%	2%	3%	3%	2%	3%	2%	1%	2%	3%	4%	2%	1%
Totals	99%	100%	101%	100%	100%	101%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(996)	(338)	(396)	(262)	(384)	(306)	(431)	(263)	(198)	(172)	(220)	(381)	(223)

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## 11C. Stress, Anxiety, or Depression in Past Month — Depression

In the past month, have you experienced a significant amount of the following, which has interfered with your daily activities?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	28%	28%	28%	39%	41%	20%	14%	26%	23%	35%	*
No	69%	68%	69%	57%	55%	75%	84%	71%	69%	62%	*
Prefer not to say	4%	5%	3%	5%	4%	5%	2%	3%	8%	3%	*
Totals	101%	101%	100%	101%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(995)	(452)	(543)	(201)	(209)	(376)	(209)	(653)	(149)	(133)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	28%	32%	31%	18%	28%	18%	35%	21%	19%	31%	19%	26%	36%
No	69%	65%	66%	78%	67%	78%	62%	77%	78%	63%	76%	71%	62%
Prefer not to say	4%	4%	3%	4%	5%	3%	3%	2%	3%	5%	5%	3%	2%
Totals	101%	101%	100%	100%	100%	99%	100%	100%	100%	99%	100%	100%	100%
Unweighted N	(995)	(338)	(395)	(262)	(383)	(306)	(431)	(263)	(198)	(172)	(220)	(380)	(223)

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**12A. Agree or Disagree Mental Health Statements — People today spend too much time dwelling on their problems**  
 Do you generally agree or disagree with the following?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	20%	23%	17%	22%	24%	18%	15%	18%	23%	18%	*
Somewhat agree	37%	35%	39%	35%	29%	38%	46%	41%	23%	40%	*
Somewhat disagree	19%	19%	20%	22%	23%	20%	13%	19%	20%	18%	*
Strongly disagree	13%	11%	14%	11%	13%	13%	14%	13%	17%	9%	*
Not sure	11%	12%	10%	9%	12%	11%	13%	9%	17%	15%	*
Totals	100%	100%	100%	99%	101%	100%	101%	100%	100%	100%	*
Unweighted N	(993)	(450)	(543)	(203)	(209)	(373)	(208)	(651)	(148)	(134)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	20%	14%	20%	25%	13%	26%	21%	22%	16%	19%	13%	23%	20%
Somewhat agree	37%	28%	38%	46%	28%	50%	31%	46%	39%	38%	38%	33%	42%
Somewhat disagree	19%	29%	18%	10%	25%	12%	19%	13%	26%	14%	25%	22%	14%
Strongly disagree	13%	17%	11%	10%	22%	4%	15%	11%	13%	16%	11%	14%	10%
Not sure	11%	11%	13%	9%	12%	9%	14%	8%	6%	14%	13%	8%	13%
Totals	100%	99%	100%	100%	100%	101%	100%	100%	100%	101%	100%	100%	99%
Unweighted N	(993)	(337)	(396)	(260)	(382)	(304)	(429)	(261)	(199)	(172)	(220)	(377)	(224)

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## 12B. Agree or Disagree Mental Health Statements — Seeking therapy is a sign of weakness

Do you generally agree or disagree with the following?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	5%	4%	5%	10%	5%	3%	1%	4%	10%	4%	*
Somewhat agree	8%	9%	6%	13%	9%	7%	2%	8%	5%	12%	*
Somewhat disagree	14%	17%	11%	14%	13%	13%	15%	14%	13%	13%	*
Strongly disagree	70%	63%	76%	58%	68%	74%	77%	71%	69%	65%	*
Not sure	4%	7%	2%	5%	6%	3%	4%	4%	3%	5%	*
Totals	101%	100%	100%	100%	101%	100%	99%	101%	100%	99%	*
Unweighted N	(989)	(449)	(540)	(203)	(208)	(371)	(207)	(646)	(148)	(135)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	5%	9%	2%	4%	4%	4%	6%	7%	1%	4%	6%	3%	7%
Somewhat agree	8%	5%	7%	12%	6%	10%	7%	8%	12%	9%	3%	11%	6%
Somewhat disagree	14%	11%	14%	18%	6%	22%	13%	14%	15%	13%	16%	10%	18%
Strongly disagree	70%	74%	71%	62%	82%	61%	70%	67%	71%	70%	71%	73%	63%
Not sure	4%	1%	6%	5%	2%	5%	5%	4%	1%	3%	5%	4%	5%
Totals	101%	100%	100%	101%	100%	102%	101%	100%	100%	99%	101%	101%	99%
Unweighted N	(989)	(337)	(395)	(257)	(381)	(301)	(427)	(261)	(197)	(170)	(220)	(376)	(223)

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## 12C. Agree or Disagree Mental Health Statements — Mental health issues are just as serious as physical health issues

Do you generally agree or disagree with the following?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	69%	62%	75%	58%	69%	70%	77%	68%	70%	68%	*
Somewhat agree	19%	24%	15%	25%	17%	20%	16%	22%	17%	14%	*
Somewhat disagree	6%	7%	4%	10%	6%	4%	3%	6%	4%	8%	*
Strongly disagree	3%	3%	3%	2%	3%	5%	1%	3%	6%	3%	*
Not sure	3%	5%	3%	5%	5%	2%	2%	2%	4%	6%	*
Totals	100%	101%	100%	100%	100%	101%	99%	101%	101%	99%	*
Unweighted N	(992)	(450)	(542)	(203)	(209)	(374)	(206)	(648)	(149)	(135)	(60)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	69%	79%	66%	60%	81%	61%	72%	63%	69%	74%	68%	69%	65%
Somewhat agree	19%	14%	21%	23%	12%	26%	18%	23%	19%	15%	23%	19%	20%
Somewhat disagree	6%	3%	6%	8%	3%	6%	4%	7%	8%	4%	2%	6%	9%
Strongly disagree	3%	2%	2%	5%	2%	3%	4%	2%	2%	5%	3%	3%	1%
Not sure	3%	1%	5%	4%	1%	4%	2%	4%	2%	2%	3%	3%	5%
Totals	100%	99%	100%	100%	99%	100%	100%	99%	100%	100%	99%	100%	100%
Unweighted N	(992)	(339)	(396)	(257)	(384)	(302)	(429)	(260)	(199)	(170)	(221)	(378)	(223)

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## 12D. Agree or Disagree Mental Health Statements — Most things in life work out for the best

Do you generally agree or disagree with the following?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly agree	19%	18%	21%	23%	21%	14%	20%	17%	28%	26%	*
Somewhat agree	46%	46%	47%	46%	37%	51%	51%	49%	39%	40%	*
Somewhat disagree	17%	18%	15%	14%	17%	18%	16%	18%	17%	12%	*
Strongly disagree	7%	8%	7%	7%	14%	5%	3%	8%	3%	7%	*
Not sure	11%	10%	11%	10%	10%	12%	9%	9%	12%	15%	*
Totals	100%	100%	101%	100%	99%	100%	99%	101%	99%	100%	*
Unweighted N	(991)	(453)	(538)	(203)	(208)	(374)	(206)	(649)	(148)	(135)	(59)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly agree	19%	19%	18%	21%	15%	21%	21%	19%	17%	19%	17%	19%	21%
Somewhat agree	46%	45%	43%	54%	44%	56%	42%	53%	51%	42%	48%	48%	45%
Somewhat disagree	17%	16%	18%	14%	20%	13%	16%	14%	18%	16%	17%	18%	14%
Strongly disagree	7%	8%	10%	3%	10%	1%	11%	5%	5%	8%	6%	7%	9%
Not sure	11%	12%	11%	9%	12%	9%	9%	9%	8%	14%	12%	8%	11%
Totals	100%	100%	100%	101%	101%	100%	99%	100%	99%	99%	100%	100%	100%
Unweighted N	(991)	(337)	(397)	(257)	(382)	(301)	(429)	(262)	(197)	(169)	(221)	(377)	(224)

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<b>Interviewing Dates</b>	June 26 - 29, 2023
<b>Target population</b>	U.S. citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.063 to 4.657, with a mean of 1 and a standard deviation of 0.667.
<b>Number of respondents</b>	1000
<b>Margin of error</b>	± 3.7% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	61 questions not reported.