

YouGov Survey Results

Sample Size: 1825 GB Adults
Fieldwork: 4th - 5th February 2019

	Gender		Age				Social Grade		Region					
	Total	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland
Weighted Sample	1825	883	942	201	768	434	422	1040	785	219	610	394	445	157
Unweighted Sample	1825	817	1008	199	765	450	411	1085	740	204	635	393	433	160
	%	%	%	%	%	%	%	%	%	%	%	%	%	%

If you needed to, do you feel like you have someone you can open up to about any big worries or personal issues you might have?

Yes I do	72	66	77	73	72	71	70	73	70	75	73	71	71	67
No I do not	21	26	17	12	19	23	26	20	22	18	21	20	22	24
Don't know	7	8	7	15	8	6	4	7	8	8	6	9	7	10

Which, if any, of the following do you feel you can open up to in such a way? Please select all that apply

[Shown only to those who said they have someone they can open up to about any big worries or personal issues; n = 1448]

A friend	54	47	61	66	54	50	54	56	52	69	54	46	55	54
Parent/parents	35	36	35	59	53	20	2	37	33	42	35	34	35	28
Other family member(s)	32	36	30	13	32	39	37	34	31	28	35	32	32	32
Brother(s) and/or sister(s)	29	26	31	34	30	30	20	29	28	28	28	31	29	23
My child /children	17	11	23	1	8	24	39	16	20	18	18	13	21	18
Some other type of person	15	16	13	17	16	12	13	17	12	16	16	15	12	14
A health or mental health professional, e.g. a therapist or doctor	13	13	13	22	14	9	9	13	13	15	13	14	10	16
Someone I work with	11	8	13	10	16	10	1	11	11	13	12	10	11	8
Religious leader, e.g. your Priest, Vicar, Rabbi, Imam etc	4	4	4	3	4	3	5	4	4	2	5	3	4	4
A teacher or lecturer	1	1	1	9	0	0	0	2	1	2	1	1	1	2
Don't know	6	7	5	9	7	4	2	4	8	4	6	5	6	7

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Sample Size: 1825 GB Adults
Fieldwork: 4th - 5th February 2019

	Age and Gender								
	Total	Male 18-24	Male 25-49	Male 50-64	Male 65+	Female 18-24	Female 25-49	Female 50-64	Female 65+
Weighted Sample	1825	100	380	212	192	100	389	223	230
Unweighted Sample	1825	77	344	217	179	122	421	233	232
	%	%	%	%	%	%	%	%	%

If you needed to, do you feel like you have someone you can open up to about any big worries or personal issues you might have?

Yes I do	72	71	65	66	65	74	79	76	74
No I do not	21	13	26	28	30	12	13	18	23
Don't know	7	15	9	6	5	14	8	7	3

Which, if any, of the following do you feel you can open up to in such a way? Please select all that apply

[Shown only to those who said they have someone they can open up to about any big worries or personal issues; n = 1448]

A friend	54	75	46	40	38	57	61	59	65
Parent/parents	35	66	49	22	2	51	57	19	2
Other family member(s)	32	18	32	46	42	7	32	33	33
Brother(s) and/or sister(s)	29	34	28	27	16	34	32	32	24
My child /children	17	0	2	19	25	1	12	29	49
Some other type of person	15	11	16	15	21	23	16	10	7
A health or mental health professional, e.g. a therapist or doctor	13	29	13	9	7	15	16	9	11
Someone I work with	11	11	12	9	0	10	20	12	2
Religious leader, e.g. your Priest, Vicar, Rabbi, Imam etc	4	2	5	3	3	4	4	2	7
A teacher or lecturer	1	11	0	0	0	6	1	0	0
Don't know	6	7	10	5	3	12	5	4	2