

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Sector		In the NHS how would you describe your occupational group? Hover over each for more detail.									
	NHS (Public sector)	Private Sector	Allied Health Professionals / Healthcare Scientists / Scientific and	Medical and Dental	Ambulance	Public Health / Health Improvement	Commissioning managers / support staff	Registered Nurses and Midwives	Nursing or Healthcare Assistants	Social Care	Wider Healthcare Team (inc. admin & clerical HR)	Other General Management
	A	B	C	D	E	F	G	H	I	J	K	L

What impact, if any, has working during the pandemic had on your overall...

## Mental health?

Unweighted base	1020	790	230	176	63	19	8	10	208	70	6	202	16
<b>Base</b>	<b>1020</b>	<b>790</b>	<b>230</b>	<b>174</b>	<b>61</b>	<b>22</b>	<b>8</b>	<b>8</b>	<b>218</b>	<b>55</b>	<b>6</b>	<b>212</b>	<b>14</b>
Very positive impact	1%	1%	1%	1%	-	-	-	-	1%	-	-	3%	-
Fairly positive impact	5%	5%	2%	6%	3%	-	-	10%	4%	7%	17%	5%	13%
No impact	24%	21%	34%	11%	33%	26%	50%	20%	21%	19%	-	23%	38%
Fairly negative impact	51%	52%	48%	57%	51%	47%	25%	60%	51%	50%	67%	52%	25%
Very negative impact	17%	19%	13%	22%	10%	26%	25%	-	21%	23%	17%	14%	25%
Don't know	1%	1%	1%	2%	2%	-	-	10%	0%	1%	-	1%	-
Prefer not to say	1%	1%	1%	1%	2%	-	-	-	1%	-	-	1%	-

## Physical health?

Unweighted base	1020	790	230	176	63	19	8	10	208	70	6	202	16
<b>Base</b>	<b>1020</b>	<b>790</b>	<b>230</b>	<b>174</b>	<b>61</b>	<b>22</b>	<b>8</b>	<b>8</b>	<b>218</b>	<b>55</b>	<b>6</b>	<b>212</b>	<b>14</b>
Very positive impact	1%	1%	2%	1%	-	-	-	-	2%	-	-	1%	-
Fairly positive impact	6%	6%	6%	10%	6%	-	25%	-	2%	6%	33%	6%	6%
No impact	46%	44%	53%	39%	44%	53%	25%	60%	47%	40%	33%	48%	50%
Fairly negative impact	36%	37%	33%	38%	43%	32%	25%	20%	40%	41%	17%	31%	31%
Very negative impact	8%	9%	5%	9%	5%	16%	25%	20%	7%	10%	17%	10%	6%
Don't know	2%	2%	1%	2%	-	-	-	-	1%	3%	-	4%	6%
Prefer not to say	1%	1%	0%	1%	2%	-	-	-	1%	-	-	1%	-

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Total	Organisation type 1								Role		Tenure in current organisation		
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	M	N	O	P	Q	R	S	T	U	V	W	X	Y

What impact, if any, has working during the pandemic had on your overall...

## Mental health?

Unweighted base	1020	12	472	55	88	68	51	108	178	824	196	331	372	316
<b>Base</b>	1020	12	470	55	88	68	51	108	180	821	199	330	372	318
Very positive impact	1%	-	1%	-	1%	3%	2%	3%	1%	1%	3%	1%	1%	2%
		**		*	*	*	*							
Fairly positive impact	5%	17%	6%	2%	4%	4%	4%	4%	4%	5%	4%	6%	4%	4%
		**		*	*	*	*							
No impact	24%	17%	21%	33%	30%	15%	32%	21%	29%	23%	29%	18%	24%	30%
		**		N.Q.*	N.Q.*	*	Q*		N.Q.					W
Fairly negative impact	51%	33%	51%	49%	49%	61%	45%	48%	52%	51%	48%	56%	50%	46%
		**		*	*	*	*					Y		
Very negative impact	17%	33%	20%	13%	15%	15%	16%	19%	14%	18%	14%	17%	18%	17%
		**		*	*	*	*							
Don't know	1%	-	1%	-	-	1%	2%	4%	1%	1%	1%	1%	2%	0%
		**		*	*	*	*						Y	
Prefer not to say	1%	-	1%	4%	-	2%	-	2%	-	1%	1%	1%	1%	1%
		**		T*	*	*	*							

## Physical health?

Unweighted base	1020	12	472	55	88	68	51	108	178	824	196	331	372	316
<b>Base</b>	1020	12	470	55	88	68	51	108	180	821	199	330	372	318
Very positive impact	1%	-	1%	-	1%	-	6%	3%	1%	1%	-	1%	1%	1%
		**		*	*	*	N.Q.T*	N						
Fairly positive impact	6%	17%	7%	11%	5%	9%	4%	3%	8%	6%	8%	6%	8%	5%
		**		S*	*	*	*							
No impact	46%	17%	43%	55%	50%	47%	47%	44%	50%	45%	50%	44%	46%	49%
		**		*	*	*	*							
Fairly negative impact	36%	50%	39%	27%	30%	38%	34%	37%	33%	38%	28%	38%	35%	34%
		**		*	*	*	*			V				
Very negative impact	8%	17%	9%	4%	15%	3%	9%	5%	7%	8%	9%	9%	7%	8%
		**		*	O.Q.S*	*	*							
Don't know	2%	-	2%	2%	-	1%	-	6%	1%	1%	5%	2%	2%	2%
		**		*	*	*	*	N.P.T			U			
Prefer not to say	1%	-	1%	2%	-	2%	-	2%	-	1%	1%	1%	1%	1%
		**		*	*	*	*							

# YouGov Survey Results

Sample size: 1,020 healthcare workers

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Total	Gender		Region							
	Male	Female	North	Midlands	East	London	South	Wales	Scotland	Northern Ireland
	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI

What impact, if any, has working during the pandemic had on your overall...

## Mental health?

Unweighted base	1020	285	735	276	159	74	85	244	56	104	22
<b>Base</b>	1020	285	735	277	158	75	84	244	56	105	22
Very positive impact	1%	1%	2%	1%	2%	-	-	2%	2%	-	-
Fairly positive impact	5%	4%	5%	4%	2%	5%	7%	6%	2%	5%	5%
No impact	24%	33%	20%	23%	24%	30%	16%	26%	21%	26%	18%
Fairly negative impact	51%	43%	54%	47%	55%	46%	53%	52%	54%	52%	45%
Very negative impact	17%	18%	17%	20%	16%	18%	22%	13%	16%	15%	32%
Don't know	1%	1%	1%	2%	1%	1%	1%	0%	2%	1%	-
Prefer not to say	1%	1%	1%	1%	1%	-	1%	0%	4%	1%	-

## Physical health?

Unweighted base	1020	285	735	276	159	74	85	244	56	104	22
<b>Base</b>	1020	285	735	277	158	75	84	244	56	105	22
Very positive impact	1%	1%	1%	1%	1%	-	-	2%	4%	1%	-
Fairly positive impact	6%	9%	5%	7%	2%	6%	5%	8%	9%	7%	14%
No impact	46%	47%	46%	43%	45%	46%	36%	48%	51%	56%	50%
Fairly negative impact	36%	34%	37%	37%	40%	41%	43%	35%	26%	27%	27%
Very negative impact	8%	7%	8%	9%	10%	5%	13%	5%	6%	8%	9%
Don't know	2%	2%	2%	3%	2%	1%	2%	2%	2%	1%	-
Prefer not to say	1%	1%	1%	1%	1%	-	1%	0%	4%	1%	-

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Total	Age			
	18 to 34	35 to 44	45 to 54	55 +
	AJ	AK	AL	AM

What impact, if any, has working during the pandemic had on your overall...

## Mental health?

	1020	140	222	291	367
Unweighted base	1020	140	222	291	367
<b>Base</b>	<b>1020</b>	<b>138</b>	<b>221</b>	<b>293</b>	<b>367</b>
Very positive impact	1%	1%	-	1%	3%
					AK
Fairly positive impact	5%	8%	3%	4%	5%
		AK			
No impact	24%	10%	16%	27%	31%
				AJ.AK	AJ.AK
Fairly negative impact	51%	54%	58%	48%	47%
			AL.AM		
Very negative impact	17%	23%	20%	18%	13%
		AM	AM		
Don't know	1%	3%	1%	1%	1%
Prefer not to say	1%	1%	1%	0%	1%

## Physical health?

	1020	140	222	291	367
Unweighted base	1020	140	222	291	367
<b>Base</b>	<b>1020</b>	<b>138</b>	<b>221</b>	<b>293</b>	<b>367</b>
Very positive impact	1%	1%	-	0%	3%
					AK.AL
Fairly positive impact	6%	7%	6%	6%	7%
No impact	46%	37%	43%	48%	50%
				AJ	AJ
Fairly negative impact	36%	43%	40%	35%	31%
		AM	AM		
Very negative impact	8%	9%	8%	11%	6%
				AM	
Don't know	2%	3%	2%	1%	2%
Prefer not to say	1%	1%	1%	0%	1%

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Overall how mentally tired did you feel yesterday?

Unweighted base	1020	790	230	176	63	19	8	10	208	70	6	202	16
Base	1020	790	230	174	61	22	8	8	218	55	6	212	14
0 - Not at all	3%	3%	4%	2%	5%	-	-	-	5%	3%	-	3%	-
1	3%	2%	3%	2%	8%	-	-	-	2%	3%	-	2%	-
2	5%	4%	7%	2%	3%	16%	-	-	4%	1%	-	4%	-
3	7%	6%	10%	6%	3%	5%	-	20%	5%	6%	-	6%	13%
4	3%	3%	3%	1%	2%	-	13%	-	2%	4%	-	3%	-
5	9%	9%	10%	9%	6%	-	13%	20%	9%	4%	17%	10%	6%
6	11%	11%	11%	14%	13%	5%	13%	-	8%	11%	-	13%	19%
7	21%	22%	17%	24%	25%	37%	25%	20%	22%	14%	50%	20%	25%
8	20%	21%	18%	18%	24%	16%	25%	30%	24%	24%	33%	18%	19%
9	9%	10%	5%	10%	10%	16%	-	-	8%	14%	-	10%	6%
10 - Completely	9%	8%	9%	9%	2%	5%	13%	10%	11%	13%	-	6%	13%
Don't know	1%	1%	0%	2%	-	-	-	-	1%	1%	-	2%	-

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	M	N	O	P	Q	R	S	T	U	V	W	X	Y

Overall how mentally tired did you feel yesterday?

Unweighted base	1020	12	472	55	88	68	51	108	178	824	196	331	372	316
Base	1020	12	470	55	88	68	51	108	180	821	199	330	372	318
0 - Not at all	3%	-	3%	2%	1%	4%	6%	4%	5%	3%	4%	3%	3%	4%
		**		*	*	*	*							
1	3%	-	2%	7%	7%	2%	2%	1%	2%	3%	2%	2%	2%	4%
		**		N.S.T*	N.S.T*	*	*							X
2	5%	8%	3%	9%	2%	3%	6%	4%	8%	4%	5%	2%	5%	6%
		**		N*	*	*	*		N				W	W
3	7%	8%	7%	7%	7%	4%	6%	6%	9%	5%	14%	8%	8%	5%
		**		*	*	*	*		U					
4	3%	8%	2%	2%	2%	3%	2%	5%	3%	3%	3%	2%	3%	4%
		**		*	*	*	*							
5	9%	8%	9%	15%	8%	5%	4%	6%	13%	9%	10%	9%	10%	8%
		**		*	*	*	*							
6	11%	-	11%	13%	11%	13%	10%	11%	10%	11%	11%	13%	8%	13%
		**		*	*	*	*							X
7	21%	33%	20%	15%	23%	23%	18%	29%	21%	21%	20%	19%	24%	19%
		**		*	*	*	*	N.O						
8	20%	17%	23%	20%	16%	19%	27%	18%	16%	21%	18%	22%	19%	20%
		**		*	*	*	*							
9	9%	8%	9%	6%	14%	11%	-	8%	8%	9%	7%	9%	8%	10%
		**	R	*	R*	R*	*	R	R					
10 - Completely	9%	8%	9%	5%	9%	9%	17%	8%	6%	9%	7%	9%	10%	6%
		**		*	*	*	T*							
Don't know	1%	-	2%	-	-	3%	2%	1%	-	1%	-	2%	1%	1%
		**		*	*	T*	*							

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Total	Gender		Region							
	Male	Female	North	Midlands	East	London	South	Wales	Scotland	Northern Ireland
	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI

Overall how mentally tired did you feel yesterday?

Unweighted base	1020	285	735	276	159	74	85	244	56	104	22
Base	1020	285	735	277	158	75	84	244	56	105	22
0 - Not at all	3%	5%	3%	3%	4%	3%	2%	4%	2%	6%	-
1	3%	3%	2%	2%	2%	6%	5%	2%	2%	1%	4%
2	5%	5%	4%	3%	4%	5%	4%	6%	-	9%	-
3	7%	7%	7%	9%	4%	3%	5%	8%	7%	8%	9%
4	3%	2%	3%	2%	2%	4%	1%	3%	5%	2%	9%
5	9%	13%	7%	10%	6%	7%	6%	12%	7%	10%	9%
6	11%	11%	11%	10%	12%	8%	8%	13%	13%	14%	5%
7	21%	19%	22%	18%	21%	24%	26%	20%	25%	21%	27%
8	20%	23%	19%	22%	21%	19%	23%	18%	20%	20%	9%
9	9%	6%	10%	10%	9%	9%	8%	7%	12%	4%	14%
10 - Completely	9%	5%	10%	9%	13%	12%	9%	6%	6%	3%	14%
Don't know	1%	1%	1%	2%	2%	1%	2%	-	2%	1%	-

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Total	Age			
	18 to 34	35 to 44	45 to 54	55 +
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Overall how mentally tired did you feel yesterday?

	Total	18 to 34	35 to 44	45 to 54	55 +
Unweighted base	1020	140	222	291	367
<b>Base</b>	1020	138	221	293	367
0 - Not at all	3%	3%	1%	3%	6%
					AK
1	3%	1%	2%	2%	4%
2	5%	1%	4%	5%	6%
				AJ	AJ
3	7%	7%	6%	7%	7%
4	3%	3%	3%	3%	3%
5	9%	7%	7%	11%	9%
6	11%	11%	12%	9%	13%
7	21%	19%	21%	22%	22%
8	20%	26%	21%	22%	16%
		AM		AM	
9	9%	12%	12%	7%	7%
			AL,AM		
10 - Completely	9%	10%	10%	9%	7%
Don't know	1%	1%	2%	1%	1%



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1	3%	3%	3%	2%	8%	-	-	-	3%	1%	-	3%	-
2	5%	5%	7%	5%	5%	11%	13%	10%	4%	3%	-	6%	13%
3	6%	5%	8%	5%	5%	5%	-	10%	4%	3%	-	7%	6%
4	5%	4%	5%	5%	5%	5%	-	-	4%	4%	-	5%	-
5	13%	13%	13%	13%	16%	11%	13%	-	13%	4%	33%	13%	13%
6	13%	14%	10%	14%	10%	16%	13%	30%	13%	11%	33%	14%	19%
7	19%	19%	18%	23%	16%	5%	13%	20%	18%	19%	17%	18%	31%
8	17%	17%	19%	13%	21%	26%	13%	20%	18%	20%	17%	17%	13%
9	9%	10%	6%	11%	11%	16%	25%	-	10%	17%	-	7%	-
10 - Completely	7%	7%	7%	6%	2%	-	13%	10%	7%	13%	-	7%	6%
Don't know	1%	1%	-	1%	-	-	-	-	1%	1%	-	1%	-

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1	3%	-	3%	4%	4%	2%	2%	3%	2%	3%	2%	2%	2%	3%
2	5%	8%	4%	7%	6%	5%	2%	6%	8%	5%	8%	3%	5%	8%
3	6%	-	5%	11%	3%	6%	6%	4%	8%	5%	8%	6%	7%	4%
4	5%	8%	5%	5%	5%	1%	-	7%	5%	5%	5%	4%	4%	6%
5	13%	17%	13%	13%	14%	6%	6%	13%	15%	13%	14%	11%	14%	13%
6	13%	25%	13%	7%	11%	18%	12%	15%	14%	12%	16%	13%	13%	13%
7	19%	8%	17%	20%	20%	25%	26%	20%	16%	19%	18%	21%	19%	16%
8	17%	17%	17%	22%	16%	22%	22%	15%	16%	18%	15%	19%	16%	18%
9	9%	8%	11%	7%	13%	4%	4%	8%	6%	9%	7%	8%	9%	9%
10 - Completely	7%	8%	8%	2%	7%	4%	15%	5%	5%	7%	4%	8%	7%	5%
Don't know	1%	-	1%	-	-	3%	-	2%	-	1%	-	1%	0%	0%

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Total	Gender		Region							
	Male	Female	North	Midlands	East	London	South	Wales	Scotland	Northern Ireland
	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI

Overall how physically tired did you feel yesterday?

Unweighted base	1020	285	735	276	159	74	85	244	56	104	22
<b>Base</b>	<b>1020</b>	<b>285</b>	<b>735</b>	<b>277</b>	<b>158</b>	<b>75</b>	<b>84</b>	<b>244</b>	<b>56</b>	<b>105</b>	<b>22</b>
0 - Not at all	3%	5%	3%	3%	3%	5%	2%	4%	2%	5%	-
						*	*		*		**
1	3%	3%	3%	3%	3%	5%	3%	2%	2%	1%	4%
						*	*		*		**
2	5%	6%	5%	5%	6%	1%	4%	6%	5%	10%	4%
						*	*		*	AD	**
3	6%	6%	5%	5%	4%	3%	5%	8%	5%	8%	5%
						*	*		*		**
4	5%	4%	5%	4%	5%	4%	4%	5%	3%	5%	5%
						*	*		*		**
5	13%	17%	11%	11%	10%	14%	13%	13%	18%	15%	14%
		AA				*	*		*		**
6	13%	12%	14%	15%	9%	9%	9%	15%	9%	17%	18%
						*	*		*	AC	**
7	19%	17%	19%	16%	25%	18%	20%	19%	20%	16%	14%
					AB	*	*		*		**
8	17%	18%	17%	17%	17%	20%	19%	17%	15%	16%	22%
						*	*		*		**
9	9%	7%	10%	11%	8%	11%	13%	6%	14%	6%	5%
						*	*		AF*		**
10 - Completely	7%	3%	8%	8%	9%	8%	8%	4%	5%	1%	9%
			Z	AH	AF.AH	AH*	AH*		*		**
Don't know	1%	0%	1%	0%	2%	-	2%	-	2%	-	-
					AF	*	AF*		AF*		**

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Age			
	18 to 34	35 to 44	45 to 54	55 +
	AJ	AK	AL	AM

Overall how physically tired did you feel yesterday?

	1020	140	222	291	367
Unweighted base	1020	138	221	293	367
<b>Base</b>	1020	138	221	293	367
0 - Not at all	3%	2%	2%	3%	5%
					AK
1	3%	1%	2%	3%	4%
2	5%	4%	4%	6%	7%
3	6%	4%	6%	4%	7%
4	5%	4%	3%	6%	4%
5	13%	15%	10%	13%	13%
6	13%	23%	10%	13%	11%
		AK.AL.AM			
7	19%	19%	21%	19%	16%
8	17%	11%	23%	17%	17%
			AJ		
9	9%	7%	10%	9%	9%
10 - Completely	7%	11%	6%	6%	6%
		AM			
Don't know	1%	1%	1%	1%	1%

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Sector		In the NHS how would you describe your occupational group? Hover over each for more detail.									
	NHS (Public sector)	Private Sector	Allied Health Professionals / Healthcare Scientists / Scientific and	Medical and Dental	Ambulance	Public Health / Health Improvement	Commissioning managers / support staff	Registered Nurses and Midwives	Nursing or Healthcare Assistants	Social Care	Wider Healthcare Team (inc. admin & clerical HR)	Other General Management
	A	B	C	D	E	F	G	H	I	J	K	L

Thinking about how often you work, how recovered do you feel by the next time you go to work?

Unweighted base	1020	790	230	176	63	19	8	10	208	70	6	202	16
<b>Base</b>	1020	790	230	174	61	22	8	8	218	55	6	212	14
Fully recovered	16%	15%	21%	13%	16%	5%	13%	10%	14%	11%	-	19%	13%
			A	*	*	**	**	**	*	*	**	*	**
Partially recovered	47%	47%	44%	48%	59%	58%	38%	40%	49%	37%	33%	47%	38%
				J*	*	**	**	**	*	*	**	*	**
Only slightly recovered	25%	26%	21%	30%	17%	21%	38%	30%	25%	37%	33%	23%	31%
				*	*	**	**	**		D,H,K*	**	*	**
Not recovered at all	10%	10%	11%	9%	3%	16%	-	10%	12%	13%	33%	9%	13%
				*	*	**	**	**	*	D*	**	*	**
Don't know	2%	2%	2%	1%	5%	-	13%	10%	1%	1%	-	1%	6%
				*	*	**	**	**	*	*	**	*	**

You said your mental health has been negatively impacted by working during the pandemic. How long do you think it will take for your mental health to recover from this?

Unweighted base	695	555	140	138	38	14	4	6	150	51	5	133	8
<b>Base</b>	695	555	140	137	37	16	4	5	157	40	5	139	7
My mental health has already recovered	3%	2%	6%	1%	5%	7%	-	-	3%	2%	-	2%	-
			A	*	*	**	**	**	*	*	**	*	**
0-3 months	12%	12%	13%	12%	21%	-	-	17%	11%	10%	20%	14%	-
				*	*	**	**	**	*	*	**	*	**
4-6 months	12%	12%	13%	11%	18%	-	25%	33%	13%	4%	40%	11%	25%
				J*	*	**	**	**	*	*	**	*	**
7-9 months	4%	4%	5%	6%	5%	-	-	17%	3%	2%	-	5%	-
				*	*	**	**	**	*	*	**	*	**
10-12 months	9%	9%	9%	8%	-	36%	-	17%	11%	6%	-	8%	-
				*	*	**	**	**	D	*	**	*	**
1-2 years	7%	8%	5%	11%	8%	21%	-	-	9%	14%	20%	2%	-
				K	K*	**	**	**	K	K*	**	*	**
3-4 years	1%	1%	2%	1%	-	7%	-	17%	1%	-	-	1%	13%
				*	*	**	**	**	*	*	**	*	**
5 years or more	0%	1%	-	1%	-	-	-	-	-	-	-	1%	-
				*	*	**	**	**	*	*	**	*	**
N/A - I don't think my mental health will ever fully recover	7%	6%	12%	5%	3%	7%	-	-	5%	14%	-	8%	13%
			A	*	*	**	**	**	*	C,H*	**	*	**
Don't know	42%	44%	35%	44%	39%	21%	75%	-	43%	49%	20%	50%	50%
				*	*	**	**	**	*	*	**	*	**
Prefer not to say	0%	0%	1%	1%	-	-	-	-	1%	-	-	-	-
				*	*	**	**	**	*	*	**	*	**

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Organisation type 1								Role		Tenure in current organisation		
	Other occupational group	NHS hospital	Private hospital/ clinic	GP surgery/ health centre	Mental health trust / service	Care home	Community services / Local Authority	Other	Patient facing	Non- Patient facing	Up to 5 years	5-15 years	More than 15 years
	M	N	O	P	Q	R	S	T	U	V	W	X	Y

Thinking about how often you work, how recovered do you feel by the next time you go to work?

Unweighted base	1020	12	472	55	88	68	51	108	178	824	196	331	372	316
<b>Base</b>	1020	12	470	55	88	68	51	108	180	821	199	330	372	318
Fully recovered	16%	25% **	14%	33% N.P.Q.S.T*	16% *	14% *	18% *	15%	18%	14%	24% U	13%	18%	18%
Partially recovered	47%	25% **	45%	38% *	45% *	55% *	43% *	47%	51%	47%	44%	47%	45%	48%
Only slightly recovered	25%	33% **	29% T	16% *	29% T*	19% *	29% *	24%	18%	26% V	19%	25%	27%	23%
Not recovered at all	10%	17% **	10%	11% *	9% *	10% *	10% *	12%	10%	10%	10%	12%	9%	10%
Don't know	2%	- **	2%	2% *	1% *	2% *	- *	2%	3%	2%	2%	2%	2%	2%

You said your mental health has been negatively impacted by working during the pandemic. How long do you think it will take for your mental health to recover from this?

Unweighted base	695	8	334	34	56	51	31	73	116	573	122	240	255	199
<b>Base</b>	695	8	332	34	57	51	31	73	118	571	124	239	254	201
My mental health has already recovered	3%	- **	2%	9% N.P*	- *	8% N.P*	7% *	4% *	4%	3%	3%	3%	4%	3%
0-3 months	12%	- **	13%	12% *	16% *	12% *	10% *	8% *	12%	12%	11%	16%	11%	10%
4-6 months	12%	- **	12%	15% *	7% *	12% *	10% *	15% *	10%	11%	15%	12%	12%	11%
7-9 months	4%	- **	5%	12% P.T*	- *	2% *	6% *	6% *	3%	4%	6%	5%	4%	5%
10-12 months	9%	38% **	6%	12% *	11% *	16% N*	3% *	11% *	11%	9%	7%	9%	10%	8%
1-2 years	7%	- **	5%	3% *	10% *	12% *	6% *	6% *	12% N	8%	4%	7%	7%	9%
3-4 years	1%	- **	1%	3% *	2% *	- *	- *	1% *	3%	1%	2%	1%	1%	3%
5 years or more	0%	- **	1%	- *	- *	2% *	- *	- *	-	0%	1%	1%	-	1%
N/A - I don't think my mental health will ever fully recover	7%	13% **	7%	9% *	5% *	2% *	16% Q*	11% *	8%	8%	6%	9%	8%	6%
Don't know	42%	50% **	48% O.T	26% *	48% O*	35% *	39% *	37% *	35%	42%	44%	38%	44%	46%
Prefer not to say	0%	- **	1%	- *	- *	- *	3% *	- *	-	0%	1%	0%	0%	0%

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Gender		Region								
	Male	Female	North	Midlands	East	London	South	Wales	Scotland	Northern Ireland	
	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI	

Thinking about how often you work, how recovered do you feel by the next time you go to work?

Unweighted base	1020	285	735	276	159	74	85	244	56	104	22
<b>Base</b>	1020	285	735	277	158	75	84	244	56	105	22
Fully recovered	16%	18%	16%	16%	14%	19%	14%	18%	16%	18%	9%
Partially recovered	47%	49%	46%	48%	45%	44%	45%	47%	44%	49%	46%
Only slightly recovered	25%	23%	26%	23%	28%	23%	28%	25%	29%	26%	13%
Not recovered at all	10%	7%	11%	12%	12%	12%	10%	7%	7%	6%	32%
Don't know	2%	2%	2%	1%	2%	1%	3%	2%	4%	1%	-

You said your mental health has been negatively impacted by working during the pandemic. How long do you think it will take for your mental health to recover from this?

Unweighted base	695	173	522	186	112	47	64	160	39	70	17
<b>Base</b>	695	173	522	186	111	48	63	160	39	70	17
My mental health has already recovered	3%	6%	2%	3%	5%	-	4%	1%	3%	6%	-
0-3 months	12%	14%	11%	16%	5%	10%	12%	16%	11%	9%	6%
4-6 months	12%	8%	13%	9%	12%	11%	20%	13%	18%	6%	23%
7-9 months	4%	5%	4%	2%	3%	13%	9%	3%	10%	6%	-
10-12 months	9%	12%	8%	9%	5%	13%	9%	13%	8%	3%	12%
1-2 years	7%	6%	8%	9%	11%	6%	3%	7%	3%	4%	12%
3-4 years	1%	2%	1%	1%	1%	4%	2%	2%	-	-	-
5 years or more	0%	1%	0%	1%	-	-	-	-	-	1%	6%
N/A - I don't think my mental health will ever fully recover	7%	6%	8%	8%	10%	17%	7%	4%	10%	1%	6%
Don't know	42%	40%	43%	42%	49%	25%	33%	40%	38%	63%	35%
Prefer not to say	0%	-	1%	1%	1%	-	-	-	-	1%	-

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Age			
	18 to 34	35 to 44	45 to 54	55 +
	AJ	AK	AL	AM

Thinking about how often you work, how recovered do you feel by the next time you go to work?

	Total	18 to 34	35 to 44	45 to 54	55 +
Unweighted base	1020	140	222	291	367
<b>Base</b>	1020	138	221	293	367
Fully recovered	16%	10%	12%	14%	23%
					AJ,AK,AL
Partially recovered	47%	48%	45%	47%	47%
Only slightly recovered	25%	27%	29%	27%	21%
			AM		
Not recovered at all	10%	15%	13%	11%	6%
		AM	AM	AM	
Don't know	2%	1%	2%	2%	2%

You said your mental health has been negatively impacted by working during the pandemic. How long do you think it will take for your mental health to recover from this?

	Total	18 to 34	35 to 44	45 to 54	55 +
Unweighted base	695	108	174	193	220
<b>Base</b>	695	106	174	195	219
My mental health has already recovered	3%	3%	3%	4%	3%
0-3 months	12%	10%	11%	10%	16%
4-6 months	12%	10%	15%	7%	14%
			AL		AL
7-9 months	4%	6%	4%	6%	3%
10-12 months	9%	9%	7%	8%	11%
1-2 years	7%	8%	9%	8%	5%
3-4 years	1%	2%	1%	2%	2%
5 years or more	0%	2%	1%	-	-
		AM			
N/A - I don't think my mental health will ever fully recover	7%	12%	6%	9%	5%
		AM			
Don't know	42%	38%	44%	45%	41%
Prefer not to say	0%	-	-	1%	0%



# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Sector		In the NHS how would you describe your occupational group? Hover over each for more detail.									
	NHS (Public sector)	Private Sector	Allied Health Professionals / Healthcare Scientists / Scientific and	Medical and Dental	Ambulance	Public Health / Health Improvement	Commissioning managers / support staff	Registered Nurses and Midwives	Nursing or Healthcare Assistants	Social Care	Wider Healthcare Team (inc. admin & clerical HR)	Other General Management
	A	B	C	D	E	F	G	H	I	J	K	L

You previously said your mental health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your mental health?

Unweighted base	695	555	140	138	38	14	4	6	150	51	5	133	8
<b>Base</b>	695	555	140	137	37	16	4	5	157	40	5	139	7
Very well supported	13%	14%	10%	13%	5% *	7% **	- **	17% **	15%	18% *	20% **	17%	- **
Somewhat well supported	41%	44% B	31%	50% K	63% H,I,K*	43% **	50% **	17% **	43%	37% *	60% **	36%	63% **
Somewhat poorly supported	27%	26%	29%	26%	18% *	43% **	25% **	33% **	26%	20% *	- **	29%	25% **
Very poorly supported	12%	10% A	20% A	7%	5% *	- **	25% **	17% **	11%	20% C,D*	- **	11%	- **
Don't know	7%	6% A	11% A	4%	8% *	7% **	- **	17% **	5%	6% *	20% **	6%	13% **

You previously said your physical health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your physical health?

Unweighted base	448	361	87	82	30	9	4	4	98	36	2	82	6
<b>Base</b>	447	360	87	81	29	10	4	3	103	29	2	86	5
Very well supported	9%	8%	14% *	6% *	3% **	- **	- **	25% **	9% *	6% *	- **	10% *	- **
Somewhat well supported	30%	29%	31% *	28% *	30% **	22% **	25% **	25% **	34% *	28% *	50% **	28% *	50% **
Somewhat poorly supported	31%	32%	27% *	39% *	20% **	33% **	50% **	- **	29% *	36% *	50% **	33% *	17% **
Very poorly supported	19%	18%	21% *	13% *	23% **	33% **	25% **	25% **	16% *	19% *	- **	18% *	33% **
Don't know	12%	13%	8% *	13% *	23% **	11% **	- **	25% **	12% *	11% *	- **	11% *	- **

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Organisation type 1								Role		Tenure in current organisation		
	Other occupational group	NHS hospital	Private hospital/ clinic	GP surgery/ health centre	Mental health trust / service	Care home	Community services / Local Authority	Other	Patient facing	Non- Patient facing	Up to 5 years	5-15 years	More than 15 years
	M	N	O	P	Q	R	S	T	U	V	W	X	Y

You previously said your mental health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your mental health?

Unweighted base	695	8	334	34	56	51	31	73	116	573	122	240	255	199
<b>Base</b>	695	8	332	34	57	51	31	73	118	571	124	239	254	201
Very well supported	13%	13% **	14% T	21% R.S.T*	16% *	29% N.R.S.T*	3% *	7% *	7%	13%	15%	14%	13%	13%
Somewhat well supported	41%	25% **	42%	30% *	39% *	44% *	39% *	45% *	39%	42%	36%	40%	39%	45%
Somewhat poorly supported	27%	25% **	27% Q	21% *	27% *	14% *	25% *	29% *	33% Q	26%	29%	24%	30%	26%
Very poorly supported	12%	38% **	12%	15% *	11% *	6% *	29% N.P.Q.T*	14% *	12%	12%	13%	15% X	9%	13%
Don't know	7%	- **	5%	15% N*	7% *	7% *	3% *	6% *	9%	7%	6%	7%	9%	3%
													Y	

You previously said your physical health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your physical health?

Unweighted base	448	8	225	17	39	28	22	46	71	376	72	154	158	135
<b>Base</b>	447	8	223	17	39	28	22	45	72	374	73	154	158	135
Very well supported	9%	13% **	7%	18% **	13% *	18% **	14% **	7% *	6% *	10%	4% *	8%	8%	11%
Somewhat well supported	30%	- **	30%	35% **	20% *	29% **	23% **	30% *	34% *	29%	32% *	31%	26%	33%
Somewhat poorly supported	31%	25% **	33%	18% **	21% *	36% **	31% **	30% *	31% *	32%	27% *	27%	33%	32%
Very poorly supported	19%	38% **	18%	23% **	20% *	11% **	28% **	22% *	17% *	19%	18% *	21%	18%	17%
Don't know	12%	25% **	12%	6% **	26% N*	6% **	5% **	11% *	12% *	11%	19% U*	14%	15%	7%
													Y	

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Gender		Region							
	Male	Female	North	Midlands	East	London	South	Wales	Scotland	Northern Ireland
	Z	AA	AB	AC	AD	AE	AF	AG	AH	AI

You previously said your mental health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your mental health?

Unweighted base	695	173	522	186	112	47	64	160	39	70	17
<b>Base</b>	695	173	522	186	111	48	63	160	39	70	17
Very well supported	13%	12%	14%	13%	15%	15%	14%	15%	10%	10%	-
						*	*		*	*	**
Somewhat well supported	41%	47%	39%	37%	43%	32%	31%	49%	38%	47%	46%
						*	*	AB.AD.AE	*	*	**
Somewhat poorly supported	27%	23%	28%	31%	26%	27%	33%	21%	37%	19%	18%
			AF.AH			*	*		AF.AH*	*	**
Very poorly supported	12%	11%	13%	10%	11%	19%	17%	10%	12%	15%	24%
						*	*		*	*	**
Don't know	7%	7%	6%	8%	6%	6%	5%	6%	3%	9%	12%
						*	*		*	*	**

You previously said your physical health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your physical health?

Unweighted base	448	116	332	127	79	34	48	98	18	36	8
<b>Base</b>	447	116	331	128	79	34	47	98	18	36	8
Very well supported	9%	9%	9%	9%	9%	12%	2%	10%	-	14%	-
						*	*	*	**	AE*	**
Somewhat well supported	30%	30%	30%	31%	27%	24%	17%	38%	33%	28%	36%
					*	*	*	AE*	**	*	**
Somewhat poorly supported	31%	26%	33%	31%	35%	38%	44%	21%	52%	16%	13%
				AF.AH*	AF.AH*	AF.AH*		*	**	*	**
Very poorly supported	19%	18%	19%	16%	14%	20%	31%	19%	10%	22%	38%
					*	*	AB.AC*	*	**	*	**
Don't know	12%	18%	10%	13%	15%	5%	6%	12%	5%	20%	13%
		AA			*	*	*	*	**	*	**

# YouGov Survey Results

Sample size: 1,020 healthcare workers

Fieldwork: 22nd - 31st January 2021



Total	Age			
	18 to 34	35 to 44	45 to 54	55 +
	AJ	AK	AL	AM

You previously said your mental health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your mental health?

Unweighted base	695	108	174	193	220
<b>Base</b>	695	106	174	195	219
Very well supported	13%	8%	13%	16%	14%
Somewhat well supported	41%	45%	44%	40%	38%
Somewhat poorly supported	27%	30%	27%	23%	28%
Very poorly supported	12%	13%	9%	15%	12%
Don't know	7%	5%	7%	6%	8%

You previously said your physical health has been negatively impacted since the coronavirus pandemic began. How well or poorly do you feel your workplace is supporting your physical health?

Unweighted base	448	73	108	131	136
<b>Base</b>	447	72	107	133	136
Very well supported	9%	3%	8%	5%	16%
Somewhat well supported	30%	25%	28%	34%	30%
Somewhat poorly supported	31%	33%	31%	31%	29%
Very poorly supported	19%	18%	23%	18%	16%
Don't know	12%	22%	10%	11%	9%