

Sample Size: 1570 adults in GB who consented to

answer the questions

Fieldwork: 14th - 15th December 2022														
		Ge	ender		Ą	ge		Social	Grade			Region		
	Total		Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland
Weighted Sample	1562	747	815	153	646	391	371	888	674	185	532	328	379	136
Unweighted Sample	1570		898	118	652	411	389	956	614	154	565	328	392	131
	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Have you ever been bullied?														
Please select all that apply.				•				•		i				
No, I have never been bullied	32	31	33	28	26	29	46	31	33	32	33	33	28	37
Yes, I was bullied as a child	59	62	57	60	67	61	44	60	58	55	59	58	64	56
Yes, I was bullied as an adult	21	19	22	13	22	24	18	21	20	21	18	22	23	22
Don't know	2	2	3	9	2	2	2	2	2	5	2	2	2	1
You said you were bullied as a child, how often were you bullied?														
[Asked to those who were bullied as a child; n=941]														
Once or twice	17	15	19	22	16	16	19	19	15	19	19	15	17	14
Several times	38	40	36	38	40	35	39	38	38	26	40	40	38	42
Many times	42	42	43	34	42	47	40	42	43	53	39	41	43	43
Don't know	2	3	2	6	2	2	3	2	3	2	3	4	2	1
You said you have been bullied as an adult, how often have you been bullied? [Asked to those who have been bullied as an adult; n=320]														
Once or twice	28	22	32	22	29	28	25	26	29	10	31	35	24	36
Several times	47	51	45	50	41	51	54	47	48	70	43	39	51	39
Many times	23	23	23	15	27	21	21	26	20	14	24	24	25	25
Don't know	2	4	0	13	3	0	0	1	3	6	3	2	0	0



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%

You said you were bullied as a child. Who were you bullied by?

Select all that apply.

[Asked to those who were bullied as a child; n=941]

Classmate	87	86	87	91	87	90	79	88	85	87	88	83	88	86	
Friend	15	12	18	18	21	7	9	16	14	17	17	14	13	13	
Teacher	13	14	13	9	13	14	15	14	12	15	10	16	15	13	
Parent	12	9	14	12	11	14	10	13	11	7	12	11	12	17	
Sibling	11	9	13	15	12	9	8	11	10	10	9	10	14	10	
Other family member	5	3	6	8	5	3	4	6	3	10	3	2	7	3	
Boyfriend or girlfriend	4	3	6	5	4	6	2	4	4	4	4	1	7	1	
Other	11	15	7	0	12	10	16	10	13	14	8	13	12	12	
Don't know	1	0	1	0	1	1	1	0	1	1	0	1	0	0	

You said you have been bullied as an adult. Who have you been bullied by?

Select all that apply.

[Asked to those who have been bullied as an adult; n=320]

Boss/manager	56	56	56	36	50	69	57	64	45	52	50	56	61	64
Colleague (excluding boss or manager)	47	43	49	14	58	39	44	45	49	42	48	50	38	68
Spouse/partner	20	14	24	10	19	19	26	16	25	12	19	20	21	29
Friend	11	9	12	13	16	10	1	10	12	5	13	6	14	12
Other family member	9	8	9	18	11	4	8	9	7	14	10	5	10	0
Parent	8	8	7	23	9	7	3	8	7	7	5	9	11	3
Teacher/lecturer	6	6	6	22	6	6	1	4	9	6	4	8	5	11
Sibling	6	8	5	18	8	3	4	9	2	4	4	3	13	4
Classmate	5	6	5	27	6	4	0	5	6	4	3	5	9	3
Other	9	11	7	0	13	5	8	9	9	14	7	10	6	11
Don't know	2	3	1	13	2	0	0	0	4	0	3	4	0	0



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%
ou said you were bullied as a child, did that bullying ake place														
Asked to those who were bullied as a child; n=941]		_		-				_						
Online only (e.g. on social media platforms, gaming platforms, internet forums or messaging services)	0	0	0	1	0	0	0	0	0	0	0	0	0	0
In person only	92	92	92	56	93	99	99	90	95	86	93	93	91	96
Both online and in person	7	8	7	41	7	0	1	9	4	14	6	6	8	4
Don't know/can't recall	1	0	1	2	0	1	1	1	1	0	0	1	1	0
ou said you were bullied as an adult, did that oullying take place														
Asked to those who have been bullied as an adult; =320]							i	ī	ī					
Online only (e.g. on social media platforms, gaming platforms, internet forums or messaging services)	1	3	0	0	2	0	1	1	1	2	1	1	1	3
In person only	79	72	84	37	72	88	93		83	60	78	85	81	82
Both online and in person Don't know/can't recall	18 2	21 4	15 1	50 13	22 3	12 0	6 0	22 1	12 4	32 6	18 3	10 4	18 0	15 0
Don't know/can't recail	2	4	ı	13	3	U	U	'	4	O	3	4	U	U
for the following question, if you were bullied more than once, please think about the worst occasion. Thinking about the bullying you were subjected to as a hild, was it?														
Asked to those who were bullied as a child either only inline, or only in person; n=878]														
Not at all severe	7	6	8	3	6	7	10	7	6	7	8	5	8	6
Not very severe	39	39	39	49	41	33	40	42	35	35	43	37	37	40
TOTAL NOT SEVERE	46	45	47	52	47	40	50	49	41	42	51	42	45	46
Quite severe	36	35	36	31	34	43	32	34	38	32	34	38	39	36
Very severe	13	15	12	16	16	12	9	14	13	16	12	13	13	16
TOTAL SEVERE  Don't know/can't recall	49 5	<b>50</b>	<b>48</b> 5	<b>47</b>	<b>50</b>	<b>55</b>	<b>41</b> 9	<b>48</b> 2	<b>51</b>	<b>48</b> 10	<b>46</b> 3	<b>51</b> 6	<b>52</b>	<b>52</b>



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%

For the following question, if you were bullied more than once, please think about the worst occasion. Thinking about the bullying you were subjected to as an adult, was it...?

[Asked to those who have been bullied as an adult either only online, or only in person; n=263]

Not at all severe	3	4	2	0	2	3	3	1	5	0	3	4	4	0
Not very severe	25	25	24	48	24	23	25	27	22	31	32	16	23	26
TOTAL NOT SEVERE	28	29	26	48	26	26	28	28	27	31	35	20	27	26
Quite severe	51	44	55	26	46	55	54	48	54	34	48	62	48	55
Very severe	20	23	17	26	23	18	14	22	16	25	15	15	26	19
TOTAL SEVERE	71	67	72	52	69	73	68	70	70	59	63	77	74	74
Don't know/can't recall	2	3	1	0	3	0	4	2	2	11	2	2	0	0

Keeping in mind the worst instance of bullying you have been subjected to IN PERSON as a child, was

it...?

[Asked to those who were bullied as a child both online and in person; n=58]

Not at all severe	1	0	3	2	0	0	0	2	0	6	0	0	0	0
Not very severe	28	26	30	22	33	0	100	27	31	16	42	32	17	56
TOTAL NOT SEVERE	29	26	33	24	33	0	100	29	31	22	42	32	17	56
Quite severe	55	71	37	73	32	0	0	60	40	64	58	31	60	44
Very severe	13	3	25	2	29	0	0	11	20	13	0	23	23	0
TOTAL SEVERE	68	74	62	75	61	0	0	71	60	77	58	54	83	44
Don't know/can't recall	2	0	5	0	5	0	0	0	9	0	0	14	0	0



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Keeping in mind the worst instance of bullying you have been subjected to ONLINE as a child, was it...?

[Asked to those who were bullied as a child both online and in person; n=58]

Not at all severe	1	0	3	2	0	0	0	2	0	6	0	0	0	0
Not very severe	46	53	39	39	53	0	100	47	42	38	35	55	56	44
TOTAL NOT SEVERE	47	53	42	41	53	0	100	49	42	44	35	55	56	44
Quite severe	41	41	41	48	32	0	0	40	44	34	65	16	36	56
Very severe	9	6	13	10	9	0	0	11	5	21	0	15	8	0
TOTAL SEVERE	50	47	54	58	41	0	0	51	49	55	65	31	44	56
Don't know/can't recall	2	0	5	0	5	0	0	0	9	0	0	14	0	0

Keeping in mind the worst instance of bullying you have been subjected to IN PERSON as an adult, was

it...?

[Asked to those who were bullied as an adult both online and in person; n=53]

Not at all severe	8	12	3	9	11	0	0	11	0	7	0	0	23	0
Not very severe	15	16	13	0	16	22	22	14	17	6	20	27	14	0
TOTAL NOT SEVERE	23	28	16	9	27	22	22	25	17	13	20	27	37	0
Quite severe	44	39	51	59	41	36	62	47	39	29	49	36	49	68
Very severe	32	33	31	31	31	42	16	28	44	58	30	38	14	19
TOTAL SEVERE	76	72	82	90	72	78	78	75	83	87	79	74	63	87
Don't know/can't recall	1	0	2	0	2	0	0	1	0	0	0	0	0	13



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Keeping in mind the worst instance of bullying you have been subjected to ONLINE as an adult, was it...?

[Asked to those who were bullied as an adult both online and in person; n=53]

	Not at all severe 8	3	12	3	9	11	0	0	11	0	7	0	0	23	0
1	Not very severe 32	2	34	31	31	36	26	22	27	47	37	33	27	36	13
TOTAL	NOT SEVERE 40	0	46	34	40	47	26	22	38	47	44	33	27	59	13
	Quite severe 48	8	37	59	59	44	44	62	53	33	28	67	48	31	87
	Very severe 1'	1	17	4	0	6	29	16	9	15	28	0	15	10	0
T/	OTAL SEVERE 59	9	54	63	59	50	73	78	62	48	56	67	63	41	87
Don't k	now/can't recall 1		0	3	0	3	0	0	0	5	0	0	11	0	0

To what extent, if at all, do you think the bullying you experienced as a child impacted your life?

[Asked to those who were bullied as a child; n=941]

L,	pronounce are a more summed as a simular to trip														
	A great deal	20	18	22	21	23	20	9	19	20	22	16	23	21	19
	A fair amount	37	36	38	44	38	34	34	38	35	33	35	36	41	35
	TOTAL A GREAT DEAL / FAIR AMOUNT	57	54	60	65	61	54	43	57	55	55	51	59	62	54
	Not very much	31	31	31	29	28	32	39	33	28	33	35	31	24	32
	Not at all	10	13	7	4	9	11	15	9	12	9	11	7	11	12
	TOTAL NOT VERY MUCH / NONE AT ALL	41	44	38	33	37	43	54	42	40	42	46	38	35	44
	Don't know	2	2	3	2	2	3	3	1	4	3	2	4	2	2

To what extent, if at all, do you think the bullying you experienced as an adult impacted your life?

[Asked to those who have been bullied as an adult; n=320]

A great deal	35	29	39	54	34	32	35	33	37	31	34	30	42	32
A fair amount	39	39	40	28	37	48	35	41	37	41	34	49	37	41
TOTAL A GREAT DEAL / FAIR AMOUNT	74	68	79	82	71	80	70	74	74	72	68	79	79	73
Not very much	20	24	17	0	22	17	25	21	19	23	20	17	18	27
Not at all	4	4	4	5	4	2	5	4	3	5	9	1	1	0
TOTAL NOT VERY MUCH / NONE AT ALL	24	28	21	5	26	19	30	25	22	28	29	18	19	27
Don't know	2	3	1	13	2	0	0	0	4	0	3	4	1	0



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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	
You said you were bullied as a child.															
Were you ever physically attacked by your bully?															
[Asked to those who were bullied as a child; n=941]															
Never	38	27	48	49	37	34	36	38	36	32	41	37	36	35	
Once or twice	33	36	30	28	34	32	36	34	33	32	34	29	35	32	
Several times	14	18	10	14	12	17	15	15	13	18	13	15	14	11	
Many times	11	14	8	6	13	13	8	10	13	10	8	13	10	22	
Prefer not to say	1	0	1	0	0	2	2	1	1	2	1	1	1	0	
Don't know/can't recall	3	4	3	4	4	3	3	3	4	6	3	5	3	0	
You said you have been bullied as an adult.															
Were you ever physically attacked by your bully?															
[Asked to those who have been bullied as an adult;															
n=320]															
Never	76	77	76	54	72	87	77	81	70	73	78	76	76	77	
Once or twice	10	10	11	17	10	7	14	8	14	0	14	9	11	14	
Several times	5	6	4	15	5	2	4	5	4	16	3	4	2	3	
Many times	6	3	8	0	7	4	5	5	7	5	2	5	10	7	
Prefer not to say	1	1	1	0	1	0	0	1	0	0	0	1	1	0	
Don't know/can't recall	3	5	1	13	4	0	0	0	6	7	3	4	0	0	