Pension savers

UK18 Sample: 11th - 14th November 2022



	Ger	nder			Social Grade				
Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

For the following question if you do not have any pensions or savings plans for retirement, please choose the Not applicable option. Thinking specifically about your pensions, and/ or the money you are saving for your retirement.. Which, if any, of the following types of pensions and/ or investments do you have? (Please select all that apply.)

un that apply.										
Unweighted base	2055	954	1101	189	315	382	314	855	1232	823
Base: All UK Adults	2055	997	1058	228	320	380	306	821	1171	884
Occupational Defined contributions pension (e.g. workplace pension you and your employer pay into it and you have a pot of money to use in your retirement)	37%	36%	38%	19%	47%	48%	44%	31%	42%	31%
Non-contributory occupational pension (e.g. workplace pension that just your employer pays into for you and you have a pot of money to use in your retirement)	5%	6%	4%	1%	6%	4%	6%	6%	6%	4%
Defined benefit occupational pension based on final salary (e.g. you and your employer pay into it while you are working for them and they give you a regular income when you reach retirement based on your final salary)	14%	17%	11%	4%	4%	9%	13%	23%	18%	8%
Defined benefit occupational pension not based on final salary (e.g. you and your employer pay into it while you are working for them and they give you a regular income when you reach retirement based on some other criteria other than the final salary)	6%	6%	5%	2%	4%	7%	7%	6%	7%	4%
Pension that my employer contributes to – not sure of type	8%	7%	9%	6%	14%	11%	9%	4%	10%	6%
Standard personal pension or Stakeholder pension (e.g. you set up yourself and pay into separately from work)	7%	8%	6%	2%	3%	6%	11%	8%	7%	7%
Self Invested Personal Pension (SIPP) (e.g. you set this up yourself and manage where the money is invested)	5%	7%	3%	2%	3%	4%	5%	8%	7%	3%
Other pension and/ or investment	8%	10%	7%	2%	4%	5%	6%	14%	8%	8%
Don't know . Can't recall	9%	10%	9%	16%	11%	9%	9%	7%	8%	11%
Not applicable- I don't have any pension or savings plans for retirement	25%	24%	27%	53%	19%	16%	20%	26%	17%	36%

Pension savers

UK18 Sample: 11th - 14th November 2022



	Ger	nder			Social Grade				
Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

Which THREE, if any, of the following are the most important features that a pension product should have / come with? (Please select up to 3 options)

Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Low charges	25%	31%	19%	16%	19%	25%	25%	28%	26%	23%
Rate of return on your money invested	40%	42%	37%	26%	38%	40%	43%	40%	42%	35%
An online portal to view/manage your pension	25%	26%	24%	26%	38%	27%	28%	17%	25%	24%
An app to view/manage your pension	9%	8%	10%	12%	15%	12%	9%	6%	9%	9%
Retirement planning tools/calculators	15%	14%	16%	16%	17%	15%	24%	11%	16%	13%
Wide range of investment choices	10%	13%	7%	11%	11%	10%	10%	9%	11%	7%
It's run by a well known/trusted company	37%	38%	36%	26%	28%	30%	39%	45%	37%	37%
A range of ways to take your money when you retire	25%	22%	28%	16%	23%	21%	27%	30%	25%	26%
Guidance around what to do at retirement	18%	18%	18%	20%	22%	19%	18%	15%	19%	15%
Regular communications about the pension	18%	17%	19%	21%	14%	16%	17%	21%	17%	21%
Good customer support when you need help	24%	19%	29%	21%	19%	19%	16%	32%	22%	29%
None of these	1%	1%	1%	1%	-	0%	0%	2%	1%	1%
Don't know	12%	11%	13%	15%	13%	15%	11%	10%	11%	15%

Pension savers

UK18 Sample: 11th - 14th November 2022



	Ger	nder			Social Grade				
Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

In general, to what extent, do you agree or disagree with the following statements? (Please select the option that best applies)

I'd prefer to be with a pension company that uses its profits to make things easier and fairer for its members, and not to reward shareholders

Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Strongly agree	47%	45%	49%	37%	48%	46%	50%	47%	48%	45%
Tend to agree	38%	38%	38%	39%	37%	38%	35%	40%	37%	41%
Tend to disagree	6%	8%	4%	14%	6%	7%	4%	4%	6%	5%
Strongly disagree	1%	1%	1%	1%	1%	-	1%	1%	1%	1%
Don't know	8%	8%	9%	9%	8%	10%	9%	7%	8%	8%
Net: Agree	85%	84%	87%	76%	85%	83%	86%	88%	85%	86%
Net: Disagree	6%	9%	4%	16%	7%	7%	5%	5%	7%	6%

I'm more likely to trust a pension company that has been operating a long time to look after my pension savings

Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Strongly agree	29%	27%	31%	38%	31%	27%	29%	29%	29%	30%
Tend to agree	53%	55%	51%	44%	48%	48%	52%	60%	54%	52%
Tend to disagree	6%	7%	6%	10%	12%	8%	5%	3%	7%	6%
Strongly disagree	2%	2%	1%	5%	1%	4%	1%	1%	2%	2%
Don't know	10%	9%	10%	4%	9%	13%	13%	7%	9%	11%
Net: Agree	82%	82%	83%	82%	78%	75%	81%	89%	83%	82%
Net: Disagree	8%	9%	7%	14%	13%	12%	6%	4%	8%	7%

Pension savers

YouGov		Ger	nder	Age					Social Grade	
	Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE
I would be proud to be a member of a pension company that puts the needs of its members first and not shareholders										
Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Strongly agree	48%	47%	48%	29%	50%	46%	53%	48%	47%	48%
Tend to agree	38%	39%	38%	42%	33%	41%	34%	40%	38%	38%
Tend to disagree	3%	4%	3%	13%	4%	3%	2%	2%	3%	4%
Strongly disagree	1%	2%	1%	5%	1%	1%	1%	1%	1%	1%
Don't know	9%	9%	10%	11%	12%	9%	11%	8%	10%	9%
Net: Agree	86%	86%	86%	71%	83%	87%	87%	88%	86%	87%
Net: Disagree	5%	6%	4%	18%	5%	4%	2%	4%	4%	5%
I trust pension companies in general to look after my pension savings										
Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Strongly agree	11%	10%	11%	15%	12%	13%	10%	9%	10%	12%
Tend to agree	49%	51%	47%	44%	48%	45%	50%	52%	50%	47%
Tend to disagree	20%	21%	20%	29%	20%	24%	15%	19%	21%	18%
Strongly disagree	4%	5%	4%	1%	5%	4%	7%	4%	4%	5%
Don't know	16%	13%	18%	10%	15%	14%	18%	16%	15%	17%
Net: Agree	60%	61%	59%	60%	61%	58%	60%	61%	60%	60%
Net: Disagree	25%	26%	23%	30%	24%	28%	22%	23%	25%	23%

Pension savers

YouGov		Ge	nder			Age			Social Grade	
	Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE
I'm more likely to invest in a pension company that invests responsibly on issues such as climate change										
Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Strongly agree	23%	23%	22%	31%	29%	23%	21%	20%	24%	21%
Tend to agree	38%	36%	41%	36%	37%	39%	41%	38%	38%	39%
Tend to disagree	15%	17%	13%	17%	13%	14%	13%	16%	14%	15%
Strongly disagree	6%	9%	4%	4%	6%	6%	5%	7%	6%	6%
Don't know	18%	16%	20%	13%	15%	18%	20%	19%	17%	19%
Net: Agree	61%	59%	64%	66%	66%	62%	62%	58%	62%	60%
Net: Disagree	21%	26%	16%	21%	19%	20%	18%	23%	21%	21%
I'd prefer to be with a pension company that provides guidance and simple straightforward ways to take your money when you retire that don't require you to be a financial expert responsibly on issues such as climate change										
Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Strongly agree	45%	39%	52%	39%	50%	46%	51%	41%	45%	46%
Tend to agree	43%	47%	39%	41%	38%	38%	38%	49%	43%	43%
Tend to disagree	3%	4%	3%	9%	3%	4%	3%	2%	3%	3%
Strongly disagree	1%	2%	1%	4%	2%	2%	0%	1%	2%	1%
Don't know	7%	8%	6%	7%	8%	10%	7%	6%	8%	7%
Net: Agree	88%	86%	90%	80%	88%	84%	90%	91%	88%	89%
Net: Disagree	5%	6%	3%	13%	5%	7%	3%	3%	5%	4%

Pension savers

UK18 Sample: 11th - 14th November 2022



	Ger	nder			Social Grade				
Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

Thinking about the recent increase in the cost of living...Which, if any, of the following have you done within the last 6 months as a result of your own or your household's financial situation?(Please select all that apply)

арріу)										
Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Reduced my pension contributions	2%	2%	2%	5%	4%	4%	2%	0%	3%	1%
Increased my pension contributions	5%	7%	3%	12%	11%	7%	5%	1%	6%	3%
Stopped my pension contributions	2%	3%	2%	12%	3%	3%	1%	1%	3%	2%
Cancelled a credit card or store card	6%	6%	5%	6%	5%	9%	5%	4%	6%	5%
Put money in a savings account	37%	34%	40%	35%	47%	41%	32%	32%	39%	33%
Reviewed my direct debits/ standing orders and cancelled ones I wasn't making full use of	33%	31%	34%	33%	38%	40%	37%	25%	35%	29%
Shopped around when renewing insurance quotes	38%	38%	38%	26%	36%	36%	37%	41%	39%	36%
Used a credit card/ overdraft/ savings etc. to pay for everyday items	23%	21%	24%	27%	34%	29%	23%	14%	23%	23%
Put off/delayed retiring	2%	2%	2%	1%	1%	1%	1%	3%	2%	1%
Increased the number of hours I'm working (current or additional job)	9%	6%	11%	20%	14%	12%	11%	3%	8%	11%
Returned to work after retiring	1%	1%	1%	-	-	-	-	2%	1%	1%
Ate out less often	39%	34%	45%	28%	50%	43%	49%	31%	40%	38%
Cut back on holiday spend	21%	19%	23%	12%	26%	21%	24%	18%	21%	19%
Gone out less often (e.g. to pubs/bars, cinema, etc)	39%	35%	43%	30%	50%	43%	46%	31%	39%	38%
Bought cheaper brands or own label products	44%	35%	52%	35%	46%	49%	50%	39%	42%	47%
Other changes	4%	3%	4%	3%	3%	2%	2%	5%	4%	3%
Don't know / Can't recall	1%	2%	0%	4%	1%	2%	1%	0%	1%	1%
Not applicable - I haven't made any changes as a result of my or my household's financial situation	14%	17%	12%	14%	10%	8%	13%	19%	14%	15%

Pension savers

UK18 Sample: 11th - 14th November 2022



	Ger	nder			Social Grade				
Total	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

Still thinking about the recent increase in the cost of living...Which, if any, of the following would you consider doing in the next year as a result of your own or your household's financial situation?(Please select all that apply)

apply)										
Unweighted base	1370	652	718	62	220	287	224	577	933	437
Base: All UK Adults who have pension and/ or investment for retirement	1345	659	685	72	221	284	216	551	873	472
Reduce my pension contributions	4%	5%	4%	10%	8%	6%	5%	0%	4%	5%
Increase my pension contributions	7%	8%	5%	16%	10%	8%	7%	4%	8%	5%
Stop my pension contributions	4%	5%	3%	9%	7%	8%	3%	1%	4%	4%
Cancel a credit card or store card	10%	11%	9%	17%	13%	12%	12%	6%	10%	10%
Put money in a savings account	35%	32%	38%	33%	45%	40%	30%	30%	38%	30%
Review my direct debits/ standing orders and cancel ones I wasn't making full use of	39%	37%	41%	32%	43%	44%	41%	35%	41%	36%
Shop around when renewing insurance quotes	49%	48%	50%	35%	44%	49%	51%	51%	50%	47%
Use a credit card/ overdraft/ savings etc. to pay for everyday items	16%	16%	16%	24%	24%	19%	16%	10%	15%	17%
Put off/delay retiring	5%	5%	4%	6%	1%	2%	6%	6%	4%	5%
Increase the number of hours I'm working (current or additional job)	13%	10%	16%	27%	23%	18%	15%	5%	13%	13%
Return to work after retiring	2%	2%	2%	2%	-	1%	2%	3%	2%	2%
Eat out less often	47%	41%	52%	34%	63%	55%	51%	37%	49%	44%
Cut back on holiday spend	35%	31%	39%	25%	47%	40%	42%	27%	37%	33%
Go out less often (e.g. to pubs/bars, cinema, etc)	46%	41%	51%	39%	61%	52%	48%	36%	46%	45%
Buy cheaper brands or own label products	50%	43%	57%	40%	57%	54%	52%	45%	49%	52%
None of these	8%	11%	5%	3%	3%	3%	7%	13%	7%	10%
Don't know	5%	7%	4%	4%	6%	7%	9%	3%	5%	6%

Cell Contents (Column Percentages)

Pension savers

UK18 Sample: 11th - 14th November 2022



				Working Status			
Total	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other

For the following question if you do not have any pensions or savings plans for retirement, please choose the Not applicable option. Thinking specifically about your pensions, and/ or the money you are saving for your retirement.. Which, if any, of the following types of pensions and/ or investments do you have? (Please select all that apply.)

Unweighted base	2055	877	281	1158	97	547	73	180
Base: All UK Adults	2055	884	287	1171	111	510	77	186
Occupational Defined contributions pension (e.g. workplace pension you and your employer pay into it and you have a pot of money to use in your retirement)	37%	53%	39%	50%	11%	27%	12%	13%
Non-contributory occupational pension (e.g. workplace pension that just your employer pays into for you and you have a pot of money to use in your retirement)	5%	6%	5%	5%	1%	6%	1%	3%
Defined benefit occupational pension based on final salary (e.g. you and your employer pay into it while you are working for them and they give you a regular income when you reach retirement based on your final salary)	14%	12%	12%	12%	3%	26%	-	3%
Defined benefit occupational pension not based on final salary (e.g. you and your employer pay into it while you are working for them and they give you a regular income when you reach retirement based on some other criteria other than the final salary)	6%	8%	5%	7%	1%	6%	3%	2%
Pension that my employer contributes to – not sure of type	8%	13%	10%	12%	3%	3%	2%	3%
Standard personal pension or Stakeholder pension (e.g. you set up yourself and pay into separately from work)	7%	7%	9%	7%	1%	8%	2%	6%
Self Invested Personal Pension (SIPP) (e.g. you set this up yourself and manage where the money is invested)	5%	6%	4%	5%	1%	7%	-	3%
Other pension and/ or investment	8%	6%	6%	6%	2%	15%	9%	4%
Don't know . Can't recall	9%	9%	13%	10%	10%	5%	18%	14%
Not applicable- I don't have any pension or savings plans for retirement	25%	9%	24%	13%	72%	28%	59%	56%

Pension savers

UK18 Sample: 11th - 14th November 2022



				Working Status				
Total	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other	

Which THREE, if any, of the following are the most important features that a pension product should have / come with? (Please select up to 3 options)

Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Low charges	25%	24%	16%	22%	23%	30%	15%	32%
Rate of return on your money invested	40%	40%	38%	40%	37%	40%	39%	36%
An online portal to view/manage your pension	25%	30%	26%	29%	22%	15%	13%	15%
An app to view/manage your pension	9%	13%	9%	12%	5%	4%	5%	2%
Retirement planning tools/calculators	15%	18%	16%	18%	14%	9%	19%	10%
Wide range of investment choices	10%	10%	7%	9%	13%	10%	17%	16%
It's run by a well known/trusted company	37%	34%	33%	34%	14%	45%	32%	47%
A range of ways to take your money when you retire	25%	23%	29%	24%	33%	31%	28%	19%
Guidance around what to do at retirement	18%	19%	16%	19%	4%	15%	17%	16%
Regular communications about the pension	18%	17%	19%	18%	-	21%	17%	15%
Good customer support when you need help	24%	19%	30%	21%	9%	33%	18%	20%
None of these	1%	1%	1%	1%	-	2%	5%	-
Don't know	12%	11%	14%	12%	27%	10%	11%	20%

Pension savers

UK18 Sample: 11th - 14th November 2022



				Working Status			
Total	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other

In general, to what extent, do you agree or disagree with the following statements? (Please select the option that best applies)

I'd prefer to be with a pension company that uses its profits to make things easier and fairer for its members, and not to reward shareholders

Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Strongly agree	47%	48%	51%	49%	45%	43%	44%	47%
Tend to agree	38%	37%	34%	37%	23%	42%	56%	38%
Tend to disagree	6%	5%	9%	6%	23%	4%	-	9%
Strongly disagree	1%	1%	2%	1%	5%	1%	-	-
Don't know	8%	9%	5%	8%	5%	9%	-	5%
Net: Agree	85%	85%	85%	85%	68%	86%	100%	85%
Not: Disagrap	60/-	60/-	100/	70/	200/	E0/_		00/

I'm more likely to trust a pension company that has been operating a long time to look after my pension savings

Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Strongly agree	29%	30%	23%	29%	15%	31%	28%	32%
Tend to agree	53%	51%	57%	52%	54%	57%	67%	46%
Tend to disagree	6%	6%	10%	7%	14%	4%	-	9%
Strongly disagree	2%	2%	2%	2%	9%	1%	5%	-
Don't know	10%	11%	8%	10%	9%	8%	-	13%
Net: Agree	82%	81%	80%	81%	69%	88%	95%	78%
Net: Disagree	8%	8%	12%	9%	22%	4%	5%	9%

Pension savers

YouGov		Working Status								
	Total	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other		
I would be proud to be a member of a pension company that puts the needs of its members first and not shareholders										
Unweighted base	1370	728	180	908	21	368	18	55		
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55		
Strongly agree	48%	48%	48%	48%	36%	47%	45%	51%		
Tend to agree	38%	38%	39%	38%	32%	40%	38%	33%		
Tend to disagree	3%	3%	4%	3%	14%	2%	6%	4%		
Strongly disagree	1%	1%	3%	1%	5%	1%	-	6%		
Don't know	9%	10%	6%	10%	13%	9%	11%	6%		
Net: Agree	86%	86%	87%	86%	68%	87%	84%	84%		
Net: Disagree	5%	4%	7%	4%	19%	3%	6%	9%		
I trust pension companies in general to look after my pension savings										
Unweighted base	1370	728	180	908	21	368	18	55		
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55		
Strongly agree	11%	11%	10%	11%	18%	9%	7%	15%		
Tend to agree	49%	47%	50%	47%	37%	56%	50%	41%		
Tend to disagree	20%	22%	20%	21%	32%	17%	29%	14%		
Strongly disagree	4%	5%	4%	5%	-	4%	-	6%		
Don't know	16%	16%	17%	16%	14%	14%	15%	24%		
Net: Agree	60%	58%	60%	58%	54%	66%	56%	56%		
Net: Disagree	25%	27%	24%	26%	32%	21%	29%	19%		

Pension savers

YouGov					Working Status	•		
	Total	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other
I'm more likely to invest in a pension company that invests responsibly on issues such as climate change								
Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Strongly agree	23%	25%	23%	24%	41%	19%	-	22%
Tend to agree	38%	38%	42%	38%	41%	38%	46%	37%
Tend to disagree	15%	15%	13%	15%	9%	16%	5%	10%
Strongly disagree	6%	5%	7%	6%	5%	7%	16%	9%
Don't know	18%	17%	16%	17%	5%	20%	33%	22%
Net: Agree	61%	63%	64%	63%	82%	57%	46%	59%
Net: Disagree	21%	21%	20%	20%	14%	23%	21%	19%
I'd prefer to be with a pension company that provides guidance and simple straightforward ways to take your money when you retire that don't require you to be a financial expert responsibly on issues such as climate change								
Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Strongly agree	45%	46%	48%	47%	40%	41%	39%	52%
Tend to agree	43%	40%	41%	41%	42%	49%	56%	35%
Tend to disagree	3%	4%	3%	4%	5%	2%	5%	4%
Strongly disagree	1%	1%	2%	1%	9%	1%	-	3%
Don't know	7%	8%	6%	8%	4%	6%	-	5%
Net: Agree	88%	87%	90%	87%	82%	90%	95%	87%
Net: Disagree	5%	5%	4%	5%	13%	3%	5%	8%

Pension savers

UK18 Sample: 11th - 14th November 2022



				Working Status			
Total	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other

Thinking about the recent increase in the cost of living...Which, if any, of the following have you done within the last 6 months as a result of your own or your household's financial situation?(Please select all that apply)

~PP-3/								
Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Reduced my pension contributions	2%	3%	4%	3%	5%	-	-	-
Increased my pension contributions	5%	8%	3%	7%	13%	1%	-	2%
Stopped my pension contributions	2%	2%	3%	2%	19%	1%	11%	10%
Cancelled a credit card or store card	6%	6%	6%	6%	14%	5%	-	7%
Put money in a savings account	37%	41%	39%	40%	22%	31%	28%	21%
Reviewed my direct debits/ standing orders and cancelled ones I wasn't making full use of	33%	35%	37%	36%	32%	24%	29%	37%
Shopped around when renewing insurance quotes	38%	37%	40%	38%	14%	41%	17%	41%
Used a credit card/ overdraft/ savings etc. to pay for everyday items	23%	26%	22%	25%	18%	16%	22%	23%
Put off/delayed retiring	2%	2%	3%	2%	-	0%	-	5%
Increased the number of hours I'm working (current or additional job)	9%	12%	15%	12%	18%	0%	-	3%
Returned to work after retiring	1%	0%	3%	1%	-	2%	-	-
Ate out less often	39%	43%	48%	44%	36%	28%	38%	33%
Cut back on holiday spend	21%	21%	25%	22%	4%	17%	33%	18%
Gone out less often (e.g. to pubs/bars, cinema, etc)	39%	43%	46%	43%	31%	27%	43%	38%
Bought cheaper brands or own label products	44%	44%	50%	45%	31%	37%	51%	60%
Other changes	4%	3%	3%	3%	-	5%	-	6%
Don't know / Can't recall	1%	2%	-	1%	9%	0%	-	-
Not applicable - I haven't made any changes as a result of my or my household's financial situation	14%	12%	10%	11%	13%	22%	11%	15%

Pension savers

UK18 Sample: 11th - 14th November 2022



Total Working full time Working part time WORKERS (NET) Full time Retired Unemployed Other

Still thinking about the recent increase in the cost of living...Which, if any, of the following would you consider doing in the next year as a result of your own or your household's financial situation?(Please select all that apply)

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Unweighted base	1370	728	180	908	21	368	18	55
Base: All UK Adults who have pension and/ or investment for retirement	1345	728	182	910	20	343	18	55
Reduce my pension contributions	4%	5%	5%	5%	10%	0%	-	8%
Increase my pension contributions	7%	9%	8%	9%	9%	1%	5%	-
Stop my pension contributions	4%	5%	5%	5%	9%	-	18%	10%
Cancel a credit card or store card	10%	12%	12%	12%	19%	5%	11%	8%
Put money in a savings account	35%	41%	31%	39%	18%	28%	40%	15%
Review my direct debits/ standing orders and cancel ones I wasn't making full use of	39%	42%	39%	41%	60%	32%	35%	42%
Shop around when renewing insurance quotes	49%	49%	49%	49%	41%	50%	35%	45%
Use a credit card/ overdraft/ savings etc. to pay for everyday items	16%	17%	17%	17%	18%	11%	17%	16%
Put off/delay retiring	5%	6%	7%	6%	5%	0%	5%	5%
Increase the number of hours I'm working (current or additional job)	13%	16%	25%	18%	27%	0%	11%	15%
Return to work after retiring	2%	1%	2%	1%	-	4%	-	9%
Eat out less often	47%	52%	53%	52%	46%	34%	26%	44%
Cut back on holiday spend	35%	38%	42%	39%	45%	27%	27%	31%
Go out less often (e.g. to pubs/bars, cinema, etc)	46%	51%	49%	50%	45%	34%	38%	49%
Buy cheaper brands or own label products	50%	51%	50%	51%	50%	46%	57%	60%
None of these	8%	5%	3%	5%	9%	16%	6%	9%
Don't know	5%	6%	4%	6%	4%	3%	10%	6%

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