

YouGov Survey Results

Sample Size: 1690 adults in GB
Fieldwork: 14th - 15th February 2022



Weighted Sample
Unweighted Sample

	Vote in 2019 GE			EU Ref 2016		Gender		Age				Social Grade		Region				
Total	Con	Lab	Lib Dem	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland
1690	573	419	152	627	669	821	869	184	705	407	394	963	727	203	568	367	407	145
1690	578	420	147	658	672	754	936	149	682	429	430	997	693	175	586	376	414	139
%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Assuming you do not have an illness like food poisoning or a tummy bug that would affect your ability to eat, what food is the best thing to eat when you are feeling unwell?

TOTAL SOUP	30	30	30	32	32	30	29	32	23	27	38	31	30	31	37	27	27	32	35
Soup	22	21	23	23	23	21	21	22	21	18	29	22	21	23	27	21	21	20	25
Toast and bread, crackers	21	21	25	25	25	19	15	27	18	24	20	19	22	20	17	24	21	21	17
Chicken soup	6	6	5	6	5	7	6	6	1	7	5	6	6	5	6	4	5	9	7
Sweet foods: puddings, chocolate, ice cream	4	3	3	7	4	4	3	4	2	4	4	3	4	3	2	5	4	3	2
Eggs and dairy products: cheese, milk, yoghurt	4	3	5	2	4	4	3	4	0	3	5	5	4	3	4	3	3	5	4
Fruit and vegetables	4	4	6	5	4	5	4	5	4	6	3	2	5	4	5	6	3	4	3
Rice	3	2	3	5	3	2	3	2	2	3	2	3	2	3	7	2	2	2	3
Tomato soup	2	2	1	2	1	2	1	2	0	2	2	1	1	2	2	2	1	1	1
Porridge or cereal	2	3	1	1	2	2	2	2	3	1	2	4	2	2	2	2	2	2	3
Nothing, just liquids, just water	2	3	2	1	2	2	3	2	1	2	1	4	2	2	0	3	3	2	2
Other named soup	1	0	1	1	2	0	1	1	0	1	1	2	1	1	3	1	1	1	1
Potato-based foods: chips, mash, baked potato	1	1	2	1	1	1	1	1	1	2	1	1	1	2	0	1	1	1	2
Meat and fish	1	1	2	2	2	2	2	1	0	1	1	3	2	1	2	1	2	2	1
Bland/plain/easily digestible food	1	1	0	1	1	1	1	0	0	0	0	2	1	0	0	1	0	1	1
Nothing special, whatever you feel like, depends on the illness	1	2	2	0	1	2	1	2	0	1	2	1	2	1	2	2	1	1	1
Pasta and noodles	1	2	1	3	2	1	2	1	2	2	1	1	1	1	3	1	2	1	0
Junk food and comfort food, pizza	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Other	3	3	3	3	3	3	4	2	3	3	4	2	3	2	4	2	2	5	3
N/A	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0
Don't know	26	25	20	16	21	26	32	21	41	25	23	25	22	31	23	26	28	25	31