Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Which one of the following best applies to you? If you are doing more than one of these, please tick the main one.									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
I am at school/college/university	54%	55%	52%	53%	61% AM	48%	49%	55% BC	49%
I am employed	34%	32%	36%	35% AN	27%	37%	38%	33%	37%
I am in training/apprenticeship	2%	2%	2%	2%	1%	4%	2%	2%	3%
I am not currently in education, training or employment	10%	10%	9%	10%	10%	12%	11%	10%	12%
For how long have you been not in education, training or employment?									
Unweighted base	237	94	143	191	*28*	*26*	*25*	186	51
Base: All NEET	218	117	101	174	*28*	*19*	*27*	171	47
Less than six months	43%	41% *	45%	43%	*51%* **	*39%* **	*47%* **	42%	44% *
Between 6 and 12 months	24%	26% *	22%	26%	*11%* **	*24%* **	*17%* **	25%	20% *
Between 12 and 24 months	10%	10% *	11%	11%	*10%* **	*11%* **	*8%* **	11%	9% *
More than 24 months	23%	24% *	22%	19%	*28%* **	*26%* **	*28%* **	22%	27% *

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Which one of the following best applies to you? If you are doing more than one of these, please tick the main one.										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
I am at school/college/university	54%	*63%*	37%	54%	44%	100%	-	-	-	60%
		**	*	BE	BE	BI.BJ.BK.BL		*		BI.BJ.BK
I am employed	34%	*19%*	37%	35%	32%	-	100%	-	-	38%
		**	*				BH.BJ.BK.BL	*		BH.BJ.BK
I am in training/apprenticeship	2%	*5%*	5%	2%	5%	-	-	100%	-	2%
		**	*		BF			BH.BI.BK.BL*		BH.BI.BK
I am not currently in education, training or employment	10%	*12%*	22%	9%	19%	-	-	-	100%	-
		**	BF*		BF			*	BH.BI.BJ.BL	
For how long have you been not in education, training or employment?										
Unweighted base	237	*7*	*24*	186	*31*	-	-	-	237	-
Base: All NEET	218	*5*	*21*	171	*25*	-	-	-	218	-
Less than six months	43%	*36%*	*39%*	47%	*38%*	-	-	-	43%	-
		**	**		**	**	**	**		**
Between 6 and 12 months	24%	*13%*	*35%*	25%	*31%*	-	-	-	24%	-
		**	**		**	**	**	**		**
Between 12 and 24 months	10%	-	*11%*	10%	*9%*	-	-	-	10%	-
		**	**		**	**	**	**		**
More than 24 months	23%	*52%*	*15%*	18%	*22%*	-	-	-	23%	-
		**	**		**	**	**	**		**

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
And how many GCSEs, graded A to C (or Scottish Standards levels 1 or 2, or the new GCSE grading of 4 to 9), do you have?									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
None	2%	2%	2%	1%	4% AM	4% BB	4% BB	1%	4% BB
Less than 5	4%	4%	5%	4%	8% AM	14% BB	12% BB	2%	13% BB
5 or more	88%	88%	88%	90% AN	81%	72%	77%	91% AZ.BA.BC	75%
Don't know	3%	2%	3%	3%	2%	4%	5% BB	2%	5% BB
Haven't taken GCSEs yet	3%	3%	2%	2%	5% AM	5%	2%	3%	3% BA
When you were at school did you ever receive free school meals?									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Yes, throughout my time at school	7%	7%	8%	7%	9%	100% BA.BB.BC	-	-	40% BA.BB
Yes some of the time	11%	10%	12%	10%	16% AM	-	100% AZ.BB.BC	-	60% AZ.BB
No, I never received free school meals	82%	83%	80%	83% AN	75%	-	-	100% AZ.BA.BC	-

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
And how many GCSEs, graded A to C (or Scottish Standards levels 1 or 2, or the new GCSE grading of 4 to 9), do you have?										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
None	2%	*100%*	-	-	29%	2%	1%	4%	2%	2%
		**	*		BE.BF			*		BI
Less than 5	4%	-	100%	-	71%	3%	5%	11%	9%	4%
		**	BF.BG*		BF			BH.BL*	BH.BI.BL	
5 or more	88%	-	-	100%	-	88%	91%	78%	79%	89%
		**	*	BE.BG		BJ.BK	BJ.BK.BL	*		BJ.BK
Don't know	3%	-	-	-	-	3%	3%	1%	5%	3%
		**	*					*	BL	
Haven't taken GCSEs yet	3%	-	-	-	-	4%	0%	7%	5%	3%
		**	*			BI.BL		BI*	BI	BI
When you were at school did you ever receive free school meals?										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Yes, throughout my time at school	7%	*19%*	24%	6%	22%	7%	8%	13%	9%	7%
		**	BF*		BF			*		
Yes some of the time	11%	*25%*	31%	10%	29%	10%	12%	10%	13%	11%
		**	BF*		BF			*		
No, I never received free school meals	82%	*56%*	45%	84%	48%	83%	80%	77%	79%	82%
		**	*	BE.BG				*		

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
How often would you say you feel...									
Stressed									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	17%	12%	23% A	17%	16%	24% BB	19%	16%	21%
Often	45%	40%	49% A	45%	41%	41%	42%	45%	42%
Sometimes	34%	42% B	26%	35%	34%	30%	36%	34%	34%
Never	4%	6% B	2%	3%	8% AM	5%	3%	4%	4%
Net: always/ often	62%	52%	72% A	62%	57%	65%	61%	62%	63%
Net: sometimes/ never	38%	48% B	28%	38%	43%	35%	39%	38%	37%
Net: ever	96%	94%	98% A	97% AN	92%	95%	97%	96%	96%
Anxious									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	17%	11%	23% A	17%	14%	22%	20%	16%	21%
Often	39%	35%	44% A	41%	34%	39%	38%	40%	38%
Sometimes	37%	43% B	30%	36%	38%	33%	38%	37%	36%
Never	7%	10% B	3%	6%	14% AM	7%	4%	7%	5%
Net: always/ often	56%	47%	67% A	58% AN	48%	61%	58%	56%	59%
Net: sometimes/ never	44%	53% B	33%	42%	52% AM	39%	42%	44%	41%
Net: ever	93%	90%	97% A	94% AN	86%	94%	96%	93%	95%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
How often would you say you feel...										
Stressed										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	17%	*5%* **	18% *	17%	14%	20% BI.BL	12%	18% *	18% BI	17% BI
Often	45%	*50%* **	41% *	45%	44%	45%	43%	44% *	45%	45%
Sometimes	34%	*35%* **	39% *	35%	38%	31%	41% BH.BK.BL	36% *	30%	35% BH
Never	4%	*10%* **	2% *	4%	5% BE	4%	4%	2% *	7% BL	4%
Net: always/ often	62%	*55%* **	59% *	62%	58%	66% BI.BL	55%	62% *	63%	62% BI
Net: sometimes/ never	38%	*45%* **	41% *	38%	42%	34%	45% BH.BL	38% *	37%	38% BH
Net: ever	96%	*90%* **	98% BG*	96%	95%	96%	96%	98% *	93%	96% BK
Anxious										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	17%	*9%* **	20% *	17%	17%	18%	15%	16% *	22% BI	16%
Often	39%	*31%* **	38% *	40%	36%	39%	39%	36% *	42%	39%
Sometimes	37%	*48%* **	35% *	37%	39%	36%	40% BK	41% *	29%	38% BK
Never	7%	*11%* **	7% *	7%	8%	7%	7%	7% *	7%	7%
Net: always/ often	56%	*40%* **	58% *	56%	53%	57%	54%	52% *	64% BI.BL	56%
Net: sometimes/ never	44%	*60%* **	42% *	44%	47%	43%	46% BK	48% *	36%	44% BK
Net: ever	93%	*89%* **	93% *	93%	92%	93%	93%	93% *	93%	93%

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Happy									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	6%	7% B	4%	4%	11% AM	8%	5%	5%	6%
Often	53%	52%	54%	54%	48%	47%	46%	55% BA.BC	46%
Sometimes	39%	38%	39%	39%	38%	40%	47% BB	37%	44% BB
Never	3%	3%	3%	2%	3%	5%	2%	3%	4%
Net: always/ often	59%	59%	58%	58%	60%	55%	50%	60% BA.BC	52%
Net: sometimes/ never	41%	41%	42%	42%	40%	45%	50% BB	40%	48% BB
Net: ever	97%	97%	97%	98%	98%	95%	98%	97%	96%
Down or depressed									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	9%	7%	12% A	9%	9%	18% BB	13% BB	8%	15% BB
Often	32%	27%	37% A	32%	32%	33%	29%	32%	30%
Sometimes	48%	51% B	46%	49%	45%	38%	53% AZ.BC	49% AZ	47% AZ
Never	11%	15% B	6%	10%	15% AM	11%	5%	11% BA	8% BA
Net: always/ often	41%	34%	48% A	41%	40%	51% BB	41%	40%	45%
Net: sometimes/ never	59%	66% B	52%	59%	60%	49%	59%	60% AZ	55%
Net: ever	89%	85%	94% A	90% AN	85%	89%	95% BB.BC	89%	92%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Happy										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	6%	*8%*	16%	5%	14%	5%	6%	5%	4%	6%
		**	BF*		BF			*		
Often	53%	*63%*	34%	55%	42%	54%	57%	64%	35%	55%
		**	*	BE.BG	BE	BK	BK	BK*		BK
Sometimes	39%	*27%*	44%	38%	39%	39%	35%	26%	53%	37%
		**	*					*	BH.BI.BJ.BL	
Never	3%	*1%*	6%	2%	5%	2%	2%	5%	8%	2%
		**	BF*					*	BH.BI.BL	
Net: always/ often	59%	*72%*	50%	59%	56%	59%	63%	69%	39%	61%
		**	*		BE	BK	BK	BK*		BK
Net: sometimes/ never	41%	*28%*	50%	41%	44%	41%	37%	31%	61%	39%
		**	BG*					*	BH.BI.BJ.BL	
Net: ever	97%	*99%*	94%	98%	95%	98%	98%	95%	92%	98%
		**	*	BE		BK	BK	*		BK
Down or depressed										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	9%	*2%*	15%	9%	12%	9%	7%	13%	14%	9%
		**	*					*	BI.BL	BI
Often	32%	*40%*	38%	31%	39%	31%	30%	23%	45%	31%
		**	*					*	BH.BI.BJ.BL	
Sometimes	48%	*43%*	34%	50%	37%	48%	53%	52%	34%	50%
		**	*	BE.BG		BK	BH.BK.BL	BK*		BK
Never	11%	*15%*	12%	10%	13%	12%	10%	11%	7%	11%
		**	*			BK		*		
Net: always/ often	41%	*42%*	54%	40%	50%	40%	37%	37%	59%	39%
		**	BF*		BF			*	BH.BI.BJ.BL	
Net: sometimes/ never	59%	*58%*	46%	60%	50%	60%	63%	63%	41%	61%
		**	*	BE.BG		BK	BK	BK*		BK
Net: ever	89%	*85%*	88%	90%	87%	88%	90%	89%	93%	89%
		**	*					*	BH	

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Angry (like losing my temper)									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	3%	4%	3%	3%	5%	8% BB	5% BB	2%	7% BB
Often	18%	16%	21% A	17%	22%	27% BB	20%	17%	23% BB
Sometimes	59%	58%	61%	60%	56%	51%	60%	60% AZ	56%
Never	19%	23% B	15%	19%	17%	14%	15%	20% BC	15%
Net: always/ often	22%	19%	24% A	20%	27% AM	35% BA.BB	25%	20%	29% BA.BB
Net: sometimes/ never	78%	81% B	76%	80% AN	73%	65%	75% AZ.BC	80% AZ.BC	71%
Net: ever	81%	77%	85% A	81%	83%	86%	85%	80%	85% BB
Sad (like crying)									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	4%	2%	6% A	4%	7% AM	6%	6%	4%	6%
Often	26%	15%	37% A	25%	25%	33% BB	28%	24%	30% BB
Sometimes	55%	56%	55%	57% AN	48%	50%	54%	56%	52%
Never	15%	27% B	2%	14%	20% AM	11%	12%	16%	12%
Net: always/ often	30%	17%	43% A	29%	33%	39% BB	34%	28%	36% BB
Net: sometimes/ never	70%	83% B	57%	71%	67%	61%	66%	72% AZ.BC	64%
Net: ever	85%	73%	98% A	86% AN	80%	89%	88%	84%	88%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Angry (like losing my temper)										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	3%	*9%* **	12% BF*	3%	11% BF	4%	3%	6% *	2%	3%
Often	18%	*19%* **	18% *	18%	18%	18%	17%	21% *	22%	18%
Sometimes	59%	*62%* **	43% *	61% BE.BG	49%	59%	61%	61% *	55%	60%
Never	19%	*11%* **	27% *	18%	22%	19%	20%	12% *	20%	19%
Net: always/ often	22%	*28%* **	30% *	21%	29%	22%	20%	27% *	25%	21%
Net: sometimes/ never	78%	*72%* **	70% *	79%	71%	78%	80%	73% *	75%	79%
Net: ever	81%	*89%* **	73% *	82%	78%	81%	80%	88% *	80%	81%
Sad (like crying)										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	4%	*9%* **	7% *	4%	8%	5%	3%	5% *	5%	4%
Often	26%	*34%* **	34% *	25%	34% BF	26%	22%	35% *	32% BI.BL	25%
Sometimes	55%	*41%* **	42% *	57% BE.BG	42%	53%	60% BH.BJ.BK.BL	43% *	51%	56%
Never	15%	*16%* **	16% *	15%	16%	16%	14%	17% *	12%	15%
Net: always/ often	30%	*43%* **	42% BF*	29%	42% BF	31%	26%	40% *	37% BI.BL	29% BI
Net: sometimes/ never	70%	*57%* **	58% *	71% BE.BG	58%	70%	74% BK.BL	60% *	63%	71% BK
Net: ever	85%	*84%* **	84% *	85%	84%	84%	86%	83% *	88%	85%

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Excited									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	3%	4%	3%	3%	6% AM	6% BB	7% BB	3%	7% BB
Often	36%	37%	34%	36%	33%	29%	34%	37%	32%
Sometimes	56%	53%	59% A	56%	57%	61%	53%	56%	56%
Never	5%	6% B	3%	5%	4%	5%	6%	5%	5%
Net: always/ often	39%	41%	37%	39%	38%	35%	41%	39%	38%
Net: sometimes/ never	61%	59%	63%	61%	62%	65%	59%	61%	62%
Net: ever	95%	94%	97% A	95%	96%	95%	94%	95%	95%
Isolated									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	8%	8%	8%	8%	9%	16% BB	10%	7%	13% BB
Often	27%	26%	27%	27%	29%	33%	30%	26%	31% BB
Sometimes	44%	42%	48% A	45%	39%	36%	45%	45%	41%
Never	21%	24% B	17%	20%	23%	14%	15%	22% AZ.BA.BC	15%
Net: always/ often	35%	34%	35%	34%	38%	50% BB	40% BB	33%	44% BB
Net: sometimes/ never	65%	66%	65%	66%	62%	50%	60%	67% AZ.BA.BC	56%
Net: ever	79%	76%	83% A	80%	77%	86% BB	85% BB	78%	85% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Excited										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	3%	*2%*	8%	3%	6%	3%	4%	-	3%	3%
		**	BF*		BF			*		
Often	36%	*57%*	33%	36%	40%	36%	38%	47%	23%	37%
		**	*		BE	BK	BK	BK*		BK
Sometimes	56%	*39%*	53%	57%	49%	56%	55%	46%	64%	55%
		**	*					*	BI.BJ.BL	
Never	5%	*3%*	6%	4%	5%	5%	3%	7%	10%	4%
		**	*					*	BH.BI.BL	
Net: always/ often	39%	*58%*	41%	39%	46%	40%	41%	47%	27%	40%
		**	*			BK	BK	BK*		BK
Net: sometimes/ never	61%	*42%*	59%	61%	54%	60%	59%	53%	73%	60%
		**	*					*	BH.BI.BJ.BL	
Net: ever	95%	*97%*	94%	96%	95%	96%	97%	93%	90%	96%
		**	*			BK	BK	*		BK
Isolated										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	8%	*8%*	17%	8%	15%	8%	6%	9%	13%	8%
		**	BF*		BF			*	BI.BL	BI
Often	27%	*34%*	38%	26%	37%	27%	24%	14%	36%	26%
		**	BF*		BF			*	BH.BI.BJ.BL	
Sometimes	44%	*40%*	25%	46%	29%	45%	47%	50%	33%	46%
		**	*	BE.BG		BK	BK	BK*		BK
Never	21%	*18%*	20%	21%	19%	20%	23%	26%	18%	21%
		**	*					*		
Net: always/ often	35%	*42%*	55%	33%	52%	36%	30%	24%	49%	33%
		**	BF*		BF	BI.BL		*	BH.BI.BJ.BL	BI
Net: sometimes/ never	65%	*58%*	45%	67%	48%	64%	70%	76%	51%	67%
		**	*	BE.BG		BK	BH.BK.BL	BK*		BH.BK
Net: ever	79%	*82%*	80%	79%	81%	80%	77%	74%	82%	79%
		**	*					*		

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Secure									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	12%	14% B	9%	12%	12%	14%	10%	12%	12%
Often	40%	43% B	37%	41%	35%	27%	38%	41% AZ.BC	33%
Sometimes	38%	34%	42% A	36%	42%	36%	41%	37%	39%
Never	11%	9%	13% A	11%	10%	23% BA.BB.BC	12%	10%	16% BA.BB
Net: always/ often	52%	57% B	46%	53%	48%	42%	47%	53% AZ.BC	45%
Net: sometimes/ never	48%	43%	54% A	47%	52%	58% BB	53%	47%	55% BB
Net: ever	89%	91% B	87%	89%	90%	77%	88% AZ.BC	90% AZ.BC	84% AZ
Ashamed									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	3%	2%	4% A	3%	4%	10% BA.BB.BC	3%	3%	6% BA.BB
Often	17%	15%	19% A	17%	19%	19%	20%	16%	20%
Sometimes	48%	48%	47%	48%	45%	43%	50%	48%	47%
Never	32%	35% B	29%	32%	32%	28%	27%	33% BC	27%
Net: always/ often	20%	17%	24% A	20%	23%	29% BB	23%	19%	25% BB
Net: sometimes/ never	80%	83% B	76%	80%	77%	71%	77%	81% AZ.BC	75%
Net: ever	68%	65%	71% A	68%	68%	72%	73%	67%	73% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Secure										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	12%	*17%* **	13% *	12%	14%	12% BK	14% BK	14% BK*	4%	12% BK
Often	40%	*31%* **	35% *	41%	34%	40% BK	44% BK	45% BK*	22%	42% BK
Sometimes	38%	*44%* **	36% *	37%	38%	39%	34%	31% *	46% BI.BL	37%
Never	11%	*7%* **	16% *	10%	13%	9%	8%	11% *	28% BH.BI.BJ.BL	9%
Net: always/ often	52%	*49%* **	48% *	52%	48%	52% BK	58% BH.BK.BL	58% BK*	26%	54% BK
Net: sometimes/ never	48%	*51%* **	52% *	48%	52%	48% BI	42%	42% *	74% BH.BI.BJ.BL	46% BI
Net: ever	89%	*93%* **	84% *	90%	87%	91% BK	92% BK	89% BK*	72%	91% BK
Ashamed										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	3%	*2%* **	6% *	3%	4%	4% BI	1%	6% BI*	6% BI.BL	3% BI
Often	17%	*20%* **	23% *	17%	23%	18% BI.BL	14%	8% *	27% BH.BI.BJ.BL	16% BI
Sometimes	48%	*35%* **	35% *	49% BE.BG	35%	48% BK	51% BK	52% *	37%	49% BK
Never	32%	*43%* **	36% *	32%	38%	31%	34%	34% *	30%	32%
Net: always/ often	20%	*22%* **	29% BF*	19%	27%	21% BI.BL	15%	14% *	33% BH.BI.BJ.BL	19% BI
Net: sometimes/ never	80%	*78%* **	71% *	81% BE	73%	79% BK	85% BH.BK.BL	86% BK*	67%	81% BH.BK
Net: ever	68%	*57%* **	64% *	68%	62%	69%	66%	66% *	70%	68%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Rejected									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	4%	4%	4%	4%	4%	14% BA.BB.BC	5%	3%	8% BA.BB
Often	18%	18%	19%	17%	24% AM	26% BB	23% BB	17%	24% BB
Sometimes	50%	47%	53% A	51% AN	43%	39%	47%	51% AZ.BC	43%
Never	28%	31% B	24%	28%	29%	21%	26%	29%	24%
Net: always/ often	22%	22%	23%	21%	28% AM	40% BA.BB.BC	28% BB	20%	33% BA.BB
Net: sometimes/ never	78%	78%	77%	79% AN	72%	60%	72% AZ.BC	80% AZ.BA.BC	67% AZ
Net: ever	72%	69%	76% A	72%	71%	79%	74%	71%	76%
Loved									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	27%	24%	29% A	27%	23%	24%	25%	27%	24%
Often	36%	35%	37%	37% AN	30%	31%	32%	37%	32%
Sometimes	32%	34%	29%	31%	40% AM	38%	38% BB	30%	38% BB
Never	6%	7%	5%	5%	7%	8%	5%	6%	6%
Net: always/ often	63%	60%	66% A	64% AN	53%	55%	57%	64% AZ.BC	56%
Net: sometimes/ never	37%	40% B	34%	36%	47% AM	45% BB	43%	36%	44% BB
Net: ever	94%	93%	95%	95%	93%	92%	95%	94%	94%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Rejected										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	4%	*2%*	8%	4%	6%	4%	3%	4%	7%	4%
		**	*					*	BI	
Often	18%	*38%*	28%	17%	31%	19%	13%	26%	29%	17%
		**	BF*		BF	BI.BL		BI*	BH.BI.BL	BI
Sometimes	50%	*38%*	42%	51%	41%	50%	52%	38%	42%	51%
		**	*	BG			BK	*		BK
Never	28%	*22%*	22%	28%	22%	26%	31%	32%	22%	28%
		**	*				BH.BK.BL	*		
Net: always/ often	22%	*40%*	36%	21%	37%	24%	16%	30%	36%	21%
		**	BF*		BF	BI.BL		BI*	BH.BI.BL	BI
Net: sometimes/ never	78%	*60%*	64%	79%	63%	76%	84%	70%	64%	79%
		**	*	BE.BG		BK	BH.BJ.BK.BL	*		BH.BK
Net: ever	72%	*78%*	78%	72%	78%	74%	69%	68%	78%	72%
		**	*			BI		*	BI	BI
Loved										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	27%	*35%*	25%	27%	28%	26%	31%	33%	16%	28%
		**	*			BK	BH.BK.BL	BK*		BH.BK
Often	36%	*39%*	33%	37%	35%	36%	38%	26%	32%	37%
		**	*					*		
Sometimes	32%	*14%*	31%	32%	26%	33%	27%	36%	38%	31%
		**	*			BI		*	BI.BL	BI
Never	6%	*11%*	11%	5%	11%	6%	3%	6%	13%	5%
		**	BF*		BF	BI		*	BH.BI.BL	BI
Net: always/ often	63%	*75%*	58%	63%	63%	61%	69%	59%	49%	64%
		**	*			BK	BH.BK.BL	*		BH.BK
Net: sometimes/ never	37%	*25%*	42%	37%	37%	39%	31%	41%	51%	36%
		**	*			BI.BL		*	BH.BI.BL	BI
Net: ever	94%	*89%*	89%	95%	89%	94%	97%	94%	87%	95%
		**	*	BE.BG		BK	BH.BK.BL	*		BK

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Lost									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	9%	7%	11% A	8%	11%	21% BB	14% BB	7%	16% BB
Often	25%	22%	27% A	25%	23%	27%	24%	24%	25%
Sometimes	44%	42%	46%	44%	44%	37%	46%	45%	42%
Never	22%	29% B	15%	22%	23%	15%	17%	24% AZ.BC	17%
Net: always/ often	33%	29%	38% A	34%	33%	48% BB	37%	32%	41% BB
Net: sometimes/ never	67%	71% B	62%	66%	67%	52%	63%	68% AZ.BC	59%
Net: ever	78%	71%	85% A	78%	77%	85% BB	83%	76%	83% BB
Lonely									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	9%	8%	10%	9%	7%	19% BB	13% BB	8%	16% BB
Often	30%	27%	33% A	31%	30%	39% BB	30%	29%	33%
Sometimes	45%	45%	46%	45%	45%	30%	43% AZ.BC	47% AZ.BC	38% AZ
Never	15%	20% B	10%	15%	18%	12%	14%	16%	13%
Net: always/ often	39%	35%	43% A	40%	37%	58% BA.BB.BC	43%	37%	49% BA.BB
Net: sometimes/ never	61%	65% B	57%	60%	63%	42%	57% AZ.BC	63% AZ.BC	51% AZ
Net: ever	85%	80%	90% A	85%	82%	88%	86%	84%	87%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Lost										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	9%	*1%*	21%	8%	15%	8%	7%	4%	20%	8%
		**	BF.BG*		BF			*	BH.BI.BJ.BL	
Often	25%	*48%*	26%	24%	33%	24%	23%	22%	33%	24%
		**	*		BE			*	BH.BI.BL	
Sometimes	44%	*25%*	26%	46%	26%	47%	44%	50%	33%	46%
		**	*	BE.BG		BK	BK	BK*		BK
Never	22%	*26%*	27%	22%	27%	21%	26%	24%	14%	23%
		**	*			BK	BH.BK.BL	*		BH.BK
Net: always/ often	33%	*49%*	47%	33%	48%	32%	30%	26%	53%	31%
		**	BF*		BF			*	BH.BI.BJ.BL	
Net: sometimes/ never	67%	*51%*	53%	67%	52%	68%	70%	74%	47%	69%
		**	*	BE.BG		BK	BK	BK*		BK
Net: ever	78%	*74%*	73%	78%	73%	79%	74%	76%	86%	77%
		**	*			BI.BL		*	BH.BI.BL	BI
Lonely										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	9%	*7%*	18%	9%	15%	9%	7%	9%	16%	9%
		**	BF*		BF			*	BH.BI.BL	
Often	30%	*36%*	34%	29%	34%	31%	25%	22%	42%	29%
		**	*			BI.BL		*	BH.BI.BJ.BL	BI
Sometimes	45%	*33%*	32%	47%	32%	45%	50%	55%	27%	48%
		**	*	BE.BG		BK	BK	BK*		BK
Never	15%	*24%*	16%	15%	18%	14%	17%	14%	16%	15%
		**	*				BL	*		
Net: always/ often	39%	*43%*	52%	38%	49%	41%	32%	31%	57%	37%
		**	BF*		BF	BI.BL		*	BH.BI.BJ.BL	BI
Net: sometimes/ never	61%	*57%*	48%	62%	51%	59%	68%	69%	43%	63%
		**	*	BE.BG		BK	BH.BK.BL	BK*		BH.BK
Net: ever	85%	*76%*	84%	85%	82%	86%	83%	86%	84%	85%
		**	*					*		BI

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Disappointed									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	5%	4%	5%	4%	5%	10% BB	5%	4%	7% BB
Often	27%	26%	28%	27%	30%	35% BB	28%	27%	31%
Sometimes	60%	60%	60%	61% AN	51%	44%	60% AZ.BC	61% AZ.BC	54% AZ
Never	8%	10% B	7%	7%	14% AM	10%	6%	8%	8%
Net: always/ often	32%	31%	34%	32%	35%	45% BA.BB.BC	33%	31%	38% BA.BB
Net: sometimes/ never	68%	69%	66%	68%	65%	55%	67% AZ.BC	69% AZ.BC	62% AZ
Net: ever	92%	90%	93% A	93% AN	86%	90%	94%	92%	92%
Optimistic (like positive)									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	8%	9% B	6%	7%	14% AM	11%	11% BB	7%	11% BB
Often	40%	42%	38%	41%	36%	33%	34%	41% BA.BC	34%
Sometimes	47%	43%	51% A	47%	44%	46%	47%	47%	47%
Never	6%	6%	5%	5%	5%	9%	8%	5%	8% BB
Net: always/ often	47%	51% B	44%	48%	51%	44%	45%	48%	45%
Net: sometimes/ never	53%	49%	56% A	52%	49%	56%	55%	52%	55%
Net: ever	94%	94%	95%	95%	95%	91%	92%	95% BC	92%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Disappointed										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	5%	*10%*	9%	4%	9%	5%	3%	7%	9%	4%
		**	*		BF			*	BH.BI.BL	BI
Often	27%	*27%*	27%	27%	27%	27%	23%	21%	41%	26%
		**	*					*	BH.BI.BJ.BL	
Sometimes	60%	*56%*	50%	61%	52%	59%	65%	68%	41%	62%
		**	*			BK	BH.BK.BL	BK*		BH.BK
Never	8%	*7%*	14%	7%	12%	8%	8%	5%	9%	8%
		**	BF*					*		
Net: always/ often	32%	*37%*	36%	31%	36%	32%	26%	27%	50%	30%
		**	*			BI.BL		*	BH.BI.BJ.BL	BI
Net: sometimes/ never	68%	*63%*	64%	69%	64%	68%	74%	73%	50%	70%
		**	*			BK	BH.BK.BL	BK*		BH.BK
Net: ever	92%	*93%*	86%	93%	88%	92%	92%	95%	91%	92%
		**	*	BE				*		
Optimistic (like positive)										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	8%	*14%*	12%	7%	13%	8%	8%	11%	4%	8%
		**	*		BF			*		
Often	40%	*42%*	36%	41%	38%	40%	46%	37%	22%	42%
		**	*			BK	BH.BK.BL	*		BK
Sometimes	47%	*33%*	43%	47%	40%	48%	42%	47%	57%	46%
		**	*			BI		*	BH.BI.BL	BI
Never	6%	*11%*	9%	5%	9%	5%	4%	6%	16%	5%
		**	*					*	BH.BI.BL	
Net: always/ often	47%	*56%*	49%	48%	51%	48%	54%	47%	27%	50%
		**	*			BK	BH.BK.BL	BK*		BK
Net: sometimes/ never	53%	*44%*	51%	52%	49%	52%	46%	53%	73%	50%
		**	*			BI		*	BH.BI.BJ.BL	BI
Net: ever	94%	*89%*	91%	95%	91%	95%	96%	94%	84%	95%
		**	*			BK	BK	*		BK

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Hopeless

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Always	6%	5%	7%	5%	7%	11% BB	6%	5%	8%
Often	23%	18%	27% A	22%	25%	30% BB	24%	22%	26%
Sometimes	46%	44%	47%	47%	40%	42%	48%	45%	46%
Never	26%	33% B	19%	26%	27%	17%	22%	27% AZ.BC	20%
Net: always/ often	29%	23%	34% A	28%	32%	41% BA.BB.BC	30%	27%	35% BA.BB
Net: sometimes/ never	71%	77% B	66%	72%	68%	59%	70% AZ.BC	73% AZ.BC	65% AZ
Net: ever	74%	67%	81% A	74%	73%	83% BB	78%	73%	80% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Hopeless

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Always	6%	*4%*	17%	5%	14%	6%	3%	5%	14%	5%
		**	BF*		BF	BI.BL		*	BH.BI.BL	BI
Often	23%	*30%*	25%	22%	26%	22%	20%	27%	31%	22%
		**	*					*	BH.BI.BL	
Sometimes	46%	*39%*	36%	46%	37%	46%	48%	40%	38%	46%
		**	*				BK	*		BK
Never	26%	*27%*	22%	26%	23%	26%	29%	28%	17%	27%
		**	*			BK	BK	*		BK
Net: always/ often	29%	*34%*	42%	27%	40%	29%	23%	32%	45%	27%
		**	BF*		BF	BI		*	BH.BI.BL	BI
Net: sometimes/ never	71%	*66%*	58%	73%	60%	71%	77%	68%	55%	73%
		**	*	BE.BG		BK	BH.BK.BL	*		BK
Net: ever	74%	*73%*	78%	74%	77%	74%	71%	72%	83%	73%
		**	*					*	BH.BI.BL	

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
On the scale below, please indicate how happy or unhappy you feel about each of the following areas.									
My work/employment (or education or training)									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	10%	10%	9%	10%	10%	10%	12%	9%	11%
Mostly happy	23%	24%	23%	24%	19%	17%	20%	24% BC	19%
Fairly happy	29%	28%	30%	30%	26%	19%	22%	31% AZ.BA.BC	21%
Neither happy nor unhappy	13%	13%	13%	13%	17%	13%	18%	13%	16%
Fairly unhappy	11%	11%	11%	10%	13%	17% BB	17% BB	9%	17% BB
Mostly unhappy	6%	6%	6%	6%	5%	6%	3%	6%	5%
Very unhappy	5%	5%	5%	5%	7%	9% BB	6%	4%	7% BB
Don't know	3%	3%	4%	3%	4%	8% BB	3%	3%	5% BA
Net: Happy	62%	62%	62%	63% AN	55%	46%	54%	65% AZ.BA.BC	51%
Net: Unhappy	21%	21%	22%	21%	25%	33% BB	26% BB	20%	29% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
On the scale below, please indicate how happy or unhappy you feel about each of the following areas.										
My work/employment (or education or training)										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	10%	*18%*	4%	10%	8%	11%	11%	4%	1%	11%
		**	*		BE	BK	BK	*		BK
Mostly happy	23%	*22%*	21%	24%	21%	26%	25%	28%	3%	26%
		**	*			BK	BK	BK*		BK
Fairly happy	29%	*15%*	20%	30%	18%	31%	30%	39%	10%	31%
		**	*	BG		BK	BK	BK*		BK
Neither happy nor unhappy	13%	*18%*	20%	13%	19%	12%	13%	11%	19%	13%
		**	*					*	BH.BL	
Fairly unhappy	11%	*11%*	20%	10%	17%	10%	11%	8%	11%	11%
		**	BF*		BF			*		
Mostly unhappy	6%	*5%*	6%	6%	5%	4%	6%	6%	14%	5%
		**	*					*	BH.BI.BL	
Very unhappy	5%	*8%*	3%	5%	4%	2%	3%	2%	26%	3%
		**	*					*	BH.BI.BJ.BL	
Don't know	3%	*3%*	7%	3%	6%	3%	1%	2%	17%	2%
		**	BF*		BF	BI.BL		*	BH.BI.BJ.BL	BI
Net: Happy	62%	*55%*	45%	64%	48%	68%	66%	71%	13%	67%
		**	*	BE.BG		BK	BK	BK*		BK
Net: Unhappy	21%	*24%*	28%	21%	27%	17%	20%	16%	51%	18%
		**	*					*	BH.BI.BJ.BL	

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

My home/accommodation

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	23%	23%	23%	24%	20%	13%	19%	24% AZ.BC	17%
Mostly happy	30%	29%	31%	31%	24%	30%	26%	30%	28%
Fairly happy	25%	26%	24%	25%	26%	19%	20%	26% BC	20%
Neither happy nor unhappy	9%	10%	8%	9%	11%	16% BB	14% BB	8%	15% BB
Fairly unhappy	6%	5%	8% A	6%	6%	12% BB	7%	6%	9% BB
Mostly unhappy	3%	3%	2%	2%	4%	2%	4%	3%	3%
Very unhappy	3%	3%	3%	2%	6% AM	5% BB	8% BB	2%	7% BB
Don't know	1%	1%	1%	1%	2%	3%	1%	1%	2%
Net: Happy	78%	78%	77%	80% AN	71%	62%	65%	81% AZ.BA.BC	64%
Net: Unhappy	12%	11%	13%	11%	16% AM	19% BB	19% BB	10%	19% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My home/accommodation										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	23%	*26%*	18%	23%	20%	25%	23%	27%	11%	24%
		**	*			BK	BK	BK*		BK
Mostly happy	30%	*31%*	18%	30%	22%	32%	27%	30%	24%	30%
		**	*	BE		BI.BK		*		BI
Fairly happy	25%	*20%*	29%	25%	26%	24%	27%	27%	26%	25%
		**	*					*		
Neither happy nor unhappy	9%	*3%*	11%	10%	9%	8%	10%	5%	14%	9%
		**	*				BL	*	BH.BL	
Fairly unhappy	6%	*6%*	8%	6%	8%	5%	7%	4%	10%	6%
		**	*					*	BH	
Mostly unhappy	3%	*6%*	4%	3%	5%	2%	3%	3%	4%	3%
		**	*					*		
Very unhappy	3%	*5%*	11%	2%	9%	2%	2%	4%	5%	2%
		**	BF*		BF			*	BH.BI.BL	
Don't know	1%	*2%*	-	1%	1%	1%	0%	-	5%	1%
		**	*					*	BH.BI.BL	
Net: Happy	78%	*77%*	66%	78%	69%	81%	77%	85%	61%	79%
		**	*	BE.BG		BK	BK	BK*		BI.BK
Net: Unhappy	12%	*18%*	23%	11%	22%	10%	12%	10%	19%	11%
		**	BF*		BF			*	BH.BI.BL	

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Prince's Trust: Youth Index 2021

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
My local community and the area I live in									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	9%	9%	8%	9%	7%	6%	8%	9%	7%
Mostly happy	25%	24%	26%	25%	21%	19%	25%	25%	23%
Fairly happy	30%	30%	29%	30%	33%	25%	24%	31% BA.BC	24%
Neither happy nor unhappy	19%	19%	20%	20%	17%	18%	20%	19%	19%
Fairly unhappy	8%	10%	7%	8%	10%	17% BB	10%	8%	12% BB
Mostly unhappy	3%	3%	4%	3%	4%	6% BB	6% BB	3%	6% BB
Very unhappy	3%	2%	3%	2%	4%	4%	4%	2%	4%
Don't know	3%	3%	3%	2%	4%	4%	3%	3%	3%
Net: Happy	64%	64%	63%	65%	61%	51%	57%	66% AZ.BA.BC	55%
Net: Unhappy	14%	15%	14%	13%	18%	27% BB	20% BB	12%	23% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My local community and the area I live in										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	9%	*9%* **	5% *	9%	6%	10% BK	9% BK	4% *	2%	9% BK
Mostly happy	25%	*10%* **	22% *	26%	18%	28% BK	25% BK	21% *	11%	27% BK
Fairly happy	30%	*30%* **	22% *	30%	24%	29%	31%	34% *	26%	30%
Neither happy nor unhappy	19%	*17%* **	25% *	19%	23%	18%	19%	19% *	30% BH.BI.BL	18%
Fairly unhappy	8%	*13%* **	8% *	8%	9%	7%	9%	13% *	11%	8%
Mostly unhappy	3%	*8%* **	7% BF*	3%	8% BF	3%	3%	6% *	4%	3%
Very unhappy	3%	*6%* **	8% BF*	2%	8% BF	3%	2%	4% *	6% BH.BI.BL	2%
Don't know	3%	*8%* **	2% *	2%	4%	2%	1%	- *	10% BH.BI.BJ.BL	2%
Net: Happy	64%	*49%* **	50% *	65% BE.BG	49%	67% BK	66% BK	58% BK*	39%	66% BK
Net: Unhappy	14%	*26%* **	24% BF*	13%	24% BF	13%	14%	23% *	20% BH.BI.BL	14%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Relationships with my family

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	24%	25%	24%	26% AN	16%	16%	17%	26% AZ.BA.BC	16%
Mostly happy	30%	29%	30%	30%	27%	23%	25%	31% BC	24%
Fairly happy	24%	25%	24%	25%	23%	26%	26%	24%	26%
Neither happy nor unhappy	9%	9%	9%	9%	11%	10%	11%	9%	11%
Fairly unhappy	6%	6%	6%	5%	8%	9%	8%	5%	9% BB
Mostly unhappy	3%	2%	4%	2%	9% AM	4%	6% BB	3%	5% BB
Very unhappy	2%	2%	3%	2%	4% AM	7% BB	5% BB	1%	6% BB
Don't know	2%	2%	2%	1%	3%	5% BB	1%	2%	3% BA
Net: Happy	78%	78%	78%	80% AN	66%	65%	68%	81% AZ.BA.BC	66%
Net: Unhappy	11%	10%	12%	9%	21% AM	20% BB	19% BB	9%	20% BB

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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Relationships with my family

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	24%	*17%* **	15% *	25% BG	16%	24% BK	28% BK.BL	23% *	13%	25% BK
Mostly happy	30%	*31%* **	20% *	31%	23%	32% BK	29% BK	34% *	20%	31% BK
Fairly happy	24%	*24%* **	32% *	24%	30%	23%	25%	25% *	27%	24%
Neither happy nor unhappy	9%	*12%* **	10% *	9%	11%	9%	9%	7% *	14% BH.BI.BL	9%
Fairly unhappy	6%	*6%* **	10% *	5%	9%	6%	5%	2% *	9%	5%
Mostly unhappy	3%	- **	6% *	3%	4%	3%	2%	8% BI.BL*	7% BH.BI.BL	3%
Very unhappy	2%	*8%* **	6% BF*	2%	7% BF	2%	2%	1% *	5% BI.BL	2%
Don't know	2%	*2%* **	- *	1%	1%	2% BI.BL	1%	- *	5% BH.BI.BL	1% BI
Net: Happy	78%	*71%* **	68% *	79% BE.BG	69%	79% BK	82% BK	82% BK*	60%	80% BK
Net: Unhappy	11%	*14%* **	22% BF*	11%	20% BF	11%	9%	11% *	21% BH.BI.BL	10%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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Relationships with my friends

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	16%	17%	16%	17%	12%	14%	18%	16%	16%
Mostly happy	29%	29%	30%	30%	26%	15%	27% AZ.BC	31% AZ.BC	22% AZ
Fairly happy	28%	26%	30%	28%	30%	21%	30%	29%	26%
Neither happy nor unhappy	10%	11%	9%	9%	15% AM	21% BA.BB.BC	7%	9%	13% BA
Fairly unhappy	9%	9%	8%	9%	9%	15% BA.BB.BC	7%	8%	10% BA
Mostly unhappy	3%	2%	3%	3%	3%	5%	4%	2%	4% BB
Very unhappy	2%	2%	2%	2%	3%	4%	3%	2%	3%
Don't know	3%	3%	2%	2%	2%	6% BB	4%	2%	5% BB
Net: Happy	74%	73%	76%	75% AN	68%	50%	74% AZ.BC	76% AZ.BC	65% AZ
Net: Unhappy	13%	14%	13%	13%	15%	23% BA.BB	14%	12%	18% BA.BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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Relationships with my friends

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	16%	*20%*	16%	17%	17%	17%	18%	16%	10%	17%
		**	*			BK	BK	*		BK
Mostly happy	29%	*31%*	21%	30%	24%	32%	28%	29%	20%	30%
		**	*			BK	BK	*		BK
Fairly happy	28%	*6%*	30%	29%	23%	29%	29%	29%	26%	29%
		**	BG*					*		
Neither happy nor unhappy	10%	*14%*	12%	9%	13%	8%	12%	13%	16%	9%
		**	*				BH.BL	*	BH.BL	BH
Fairly unhappy	9%	*11%*	5%	9%	7%	9%	9%	10%	9%	9%
		**	*					*		
Mostly unhappy	3%	*6%*	6%	2%	6%	2%	2%	3%	7%	2%
		**	*		BF			*	BH.BI.BL	
Very unhappy	2%	*5%*	8%	2%	7%	2%	2%	-	4%	2%
		**	BF*		BF			*		
Don't know	3%	*6%*	2%	2%	3%	2%	1%	-	9%	2%
		**	*					*	BH.BI.BL	BI
Net: Happy	74%	*58%*	67%	76%	64%	77%	74%	74%	55%	76%
		**	*	BG		BK	BK	BK*		BK
Net: Unhappy	13%	*22%*	19%	13%	20%	13%	13%	13%	20%	13%
		**	*		BF			*	BH.BI.BL	

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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The amount of money I have

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	8%	10% B	6%	9%	8%	7%	5%	9% BA	6%
Mostly happy	16%	17%	14%	16%	13%	14%	10%	17% BA.BC	11%
Fairly happy	26%	24%	27%	26%	24%	15%	29% AZ.BC	26% AZ	23% AZ
Neither happy nor unhappy	16%	17%	14%	15%	16%	14%	16%	16%	15%
Fairly unhappy	15%	12%	18% A	15%	12%	14%	16%	15%	15%
Mostly unhappy	9%	8%	10%	8%	13% AM	12%	10%	9%	11%
Very unhappy	9%	9%	9%	8%	11%	21% BA.BB	12% BB	7%	16% BA.BB
Don't know	2%	2%	2%	1%	3% AM	4%	2%	2%	3%
Net: Happy	50%	52%	47%	51%	45%	35%	43%	52% AZ.BA.BC	40%
Net: Unhappy	33%	29%	37% A	32%	36%	47% BB	39% BB	31%	42% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

The amount of money I have

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	8%	*10%* **	8% *	8%	8%	9% BK	8% BK	9% BK*	2%	9% BK
Mostly happy	16%	*18%* **	5% *	16% BE.BG	9% BE	16% BK	18% BK	19% BK*	6%	17% BK
Fairly happy	26%	*21%* **	29% *	26%	27%	26% BK	29% BK	30% BK*	15%	27% BK
Neither happy nor unhappy	16%	*21%* **	16% *	15%	18%	16%	14%	12% *	19%	15%
Fairly unhappy	15%	*11%* **	15% *	15%	14%	14%	17%	12% *	16%	15%
Mostly unhappy	9%	*7%* **	10% *	9%	9%	9%	7%	10% *	16% BH.BI.BL	8%
Very unhappy	9%	*12%* **	16% BF*	8%	15% BF	8%	6%	6% *	21% BH.BI.BJ.BL	8%
Don't know	2%	*1%* **	- *	1%	0%	2%	1%	2% *	6% BH.BI.BL	1% BI
Net: Happy	50%	*48%* **	42% *	51%	44%	51% BK	55% BK	57% BK*	24%	52% BK
Net: Unhappy	33%	*30%* **	42% *	33%	38%	31%	30%	28% *	52% BH.BI.BJ.BL	31%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
The qualifications and training I've received to date									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	20%	21%	20%	22% AN	15%	16%	14%	21% BA.BC	15%
Mostly happy	31%	31%	31%	32%	30%	23%	31%	32% AZ	28%
Fairly happy	26%	24%	27%	25%	26%	20%	27%	26%	25%
Neither happy nor unhappy	11%	12%	10%	10%	11%	14%	12%	10%	13%
Fairly unhappy	6%	6%	7%	6%	9%	6%	7%	6%	7%
Mostly unhappy	2%	2%	2%	2%	2%	4% BB	4% BB	1%	4% BB
Very unhappy	2%	2%	2%	1%	3% AM	7% BB	3% BB	1%	5% BB
Don't know	3%	3%	2%	2%	4%	9% BA.BB.BC	3%	2%	5% BA.BB
Net: Happy	77%	76%	78%	79% AN	71%	60%	72% AZ.BC	79% AZ.BA.BC	67% AZ
Net: Unhappy	10%	9%	10%	9%	13% AM	17% BB	13% BB	9%	15% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The qualifications and training I've received to date										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	20%	*14%*	12%	21%	13%	21%	22%	15%	9%	21%
		**	*	BG		BK	BK	*		BK
Mostly happy	31%	*11%*	25%	33%	21%	33%	31%	28%	24%	32%
		**	*	BG		BK		*		BK
Fairly happy	26%	*23%*	19%	26%	20%	25%	27%	36%	24%	26%
		**	*					*		
Neither happy nor unhappy	11%	*23%*	21%	10%	21%	10%	10%	9%	16%	10%
		**	BF*		BF			*	BH.BI.BL	
Fairly unhappy	6%	*8%*	4%	6%	5%	6%	6%	10%	9%	6%
		**	*					*		
Mostly unhappy	2%	-	10%	1%	7%	1%	2%	-	6%	1%
		**	BF*		BF			*	BH.BI.BL	
Very unhappy	2%	*11%*	5%	1%	7%	1%	1%	2%	3%	1%
		**	BF*		BF			*	BH.BL	
Don't know	3%	*9%*	5%	1%	6%	2%	1%	-	9%	2%
		**	BF*		BF			*	BH.BI.BL	
Net: Happy	77%	*49%*	55%	80%	53%	79%	80%	79%	57%	79%
		**	*	BE.BG		BK	BK	BK*		BK
Net: Unhappy	10%	*19%*	19%	9%	19%	8%	9%	13%	18%	9%
		**	BF*		BF			*	BH.BI.BL	

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

My physical health

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	8%	9%	8%	9%	9%	8%	6%	9%	7%
Mostly happy	22%	25% B	19%	23%	21%	17%	18%	23% BC	18%
Fairly happy	26%	24%	27%	26%	25%	27%	26%	26%	26%
Neither happy nor unhappy	14%	14%	14%	14%	14%	15%	14%	14%	14%
Fairly unhappy	18%	17%	18%	18%	17%	14%	22%	17%	19%
Mostly unhappy	6%	6%	7%	5%	8%	5%	5%	6%	5%
Very unhappy	4%	3%	5%	4%	5%	9% BB	6%	3%	7% BB
Don't know	2%	2%	1%	1%	2%	4% BB	2%	1%	3% BB
Net: Happy	57%	58%	55%	58%	54%	52%	50%	58% BC	51%
Net: Unhappy	28%	26%	30% A	27%	29%	29%	34%	27%	32%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

My physical health

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	8%	*21%* **	9% *	8%	12%	9% BK	9%	4% *	4%	9% BK
Mostly happy	22%	*11%* **	22% *	23%	19%	21%	25% BK	30% *	18%	23%
Fairly happy	26%	*8%* **	26% BG*	26%	21%	27% BK	27% BK	24% *	15%	27% BK
Neither happy nor unhappy	14%	*13%* **	17% *	14%	16%	14%	14%	10% *	15%	14%
Fairly unhappy	18%	*23%* **	11% *	18%	15%	17%	17%	19% *	22%	17%
Mostly unhappy	6%	*16%* **	5% *	6%	8% BE	5%	5%	7% *	13% BH.BI.BL	5%
Very unhappy	4%	- **	10% BF*	4%	7%	5% BI.BL	2%	4% *	7% BI	4% BI
Don't know	2%	*7%* **	0% *	1%	2% BE	1%	1%	1% *	5% BH.BI.BL	1%
Net: Happy	57%	*40%* **	56% *	57%	52%	57% BK	61% BK	59% BK*	37%	59% BK
Net: Unhappy	28%	*39%* **	27% *	28%	30%	27%	25%	31% *	42% BH.BI.BL	26%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
My mental health (e.g. feeling depressed, stressed or regularly in a bad mood)									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very happy	5%	7% B	3%	5%	5%	3%	3%	6%	3%
Mostly happy	16%	20% B	13%	16%	17%	8%	17% AZ.BC	17% AZ	13% AZ
Fairly happy	21%	22%	19%	21%	20%	20%	20%	21%	20%
Neither happy nor unhappy	15%	16%	15%	14%	21% AM	17%	16%	15%	16%
Fairly unhappy	18%	15%	21% A	19%	13%	15%	18%	18%	17%
Mostly unhappy	13%	10%	15% A	13% AN	8%	14%	11%	13%	12%
Very unhappy	11%	9%	12% A	10%	14%	19% BB	14%	10%	16% BB
Don't know	2%	2%	2%	1%	2%	4% BB	3%	1%	3% BB
Net: Happy	42%	49% B	35%	43%	42%	31%	40%	44% AZ.BC	36%
Net: Unhappy	41%	34%	48% A	42%	35%	48%	42%	40%	44%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My mental health (e.g. feeling depressed, stressed or regularly in a bad mood)										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very happy	5%	*4%* **	3% *	5%	3%	5% BK	6% BK	- *	2%	6% BK
Mostly happy	16%	*12%* **	16% *	17%	15%	16% BK	19% BK	16% *	6%	17% BK
Fairly happy	21%	*32%* **	20% *	21%	24%	22% BK	22% BK	19% *	14%	22% BK
Neither happy nor unhappy	15%	*21%* **	13% *	15%	15%	16%	15%	19% *	13%	15%
Fairly unhappy	18%	*8%* **	18% *	18%	15%	17%	18%	27% *	19%	18%
Mostly unhappy	13%	*9%* **	9% *	13%	9%	11%	12%	13% *	20% BH.BI.BL	12%
Very unhappy	11%	*12%* **	21% BF*	10%	18% BF	12% BI.BL	7%	7% *	20% BH.BI.BJ.BL	10% BI
Don't know	2%	*2%* **	- *	1%	1%	2%	1%	- *	6% BH.BI.BL	1%
Net: Happy	42%	*48%* **	40% *	43%	42%	43% BK	47% BK	35% *	22%	44% BK
Net: Unhappy	41%	*29%* **	48% *	41%	42%	39%	37%	46% *	59% BH.BI.BL	39%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Now thinking about your FUTURE. On the scale below, please indicate how confident or unconfident you feel about your future in each of the following areas:									
Work/employment									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	9%	9%	8%	9%	11%	11%	7%	9%	8%
Mostly confident	20%	22%	19%	21%	17%	20%	20%	21%	20%
Fairly confident	29%	28%	29%	28%	35% AM	20%	34% AZ.BC	29%	29% AZ
Neither confident nor unconfident	15%	14%	16%	15%	17%	23% BA.BB.BC	11%	15%	15% BA
Fairly unconfident	14%	13%	15%	15% AN	8%	11%	14%	15%	13%
Mostly unconfident	5%	5%	5%	5%	4%	4%	5%	5%	5%
Very unconfident	4%	5%	4%	4%	3%	6%	6%	4%	6%
Don't know	4%	3%	5%	3%	6% AM	6%	4%	4%	5%
Net: Confident	58%	60%	56%	58%	62%	51%	61%	58%	57%
Net: Unconfident	23%	23%	23%	25% AN	15%	21%	25%	23%	23%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Now thinking about your FUTURE. On the scale below, please indicate how confident or unconfident you feel about your future in each of the following areas:										
Work/employment										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	9%	*7%* **	16% BF*	9%	13%	7%	12% BH.BK.BL	8% *	5%	9% BH.BK
Mostly confident	20%	*17%* **	21% *	21%	20%	19% BK	26% BH.BK.BL	31% BK*	5%	22% BH.BK
Fairly confident	29%	*14%* **	19% *	29% BG	18%	28%	31% BK	29% *	22%	29%
Neither confident nor unconfident	15%	*16%* **	12% *	15%	13%	16%	13%	14% *	16%	15%
Fairly unconfident	14%	*18%* **	16% *	15%	16%	15%	12%	12% *	18% BI	14% BI
Mostly unconfident	5%	*7%* **	8% *	5%	8%	6% BI.BL	2%	3% *	9% BI.BL	4% BI
Very unconfident	4%	*10%* **	8% *	4%	8% BF	4% BI.BL	1%	- *	13% BH.BI.BJ.BL	3% BI
Don't know	4%	*12%* **	1% *	3%	4% BE	4% BI	2%	3% *	12% BH.BI.BL	3% BI
Net: Confident	58%	*37%* **	56% *	59%	50%	55% BK	70% BH.BK.BL	69% BK*	32%	61% BH.BK
Net: Unconfident	23%	*35%* **	31% *	23%	32% BF	26% BI.BL	15%	15% *	40% BH.BI.BJ.BL	21% BI

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

My home/accommodation

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	13%	12%	14%	13%	12%	12%	10%	13%	11%
Mostly confident	26%	26%	25%	26%	24%	16%	23%	27% AZ.BC	20%
Fairly confident	31%	30%	32%	31%	29%	27%	38% AZ.BB.BC	30%	34% AZ
Neither confident nor unconfident	14%	15%	13%	13%	13%	20% BB	14%	13%	16%
Fairly unconfident	8%	9%	8%	9%	8%	8%	5%	9%	6%
Mostly unconfident	3%	3%	3%	2%	5% AM	5%	2%	3%	3% BA
Very unconfident	3%	2%	3%	2%	4%	6% BB	4%	2%	5% BB
Don't know	3%	3%	4%	3%	4%	6%	3%	3%	4%
Net: Confident	69%	68%	71%	70%	66%	55%	72% AZ.BC	70% AZ	65% AZ
Net: Unconfident	14%	14%	13%	13%	17%	19%	11%	13%	14% BA

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My home/accommodation										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	13%	*22%* **	15% *	13%	17%	13% BK	15% BK	16% BK*	5%	14% BK
Mostly confident	26%	*8%* **	20% *	27% BG	16%	26% BK	29% BK	29% BK*	15%	27% BK
Fairly confident	31%	*28%* **	28% *	31%	28%	31%	30%	32% *	31%	31%
Neither confident nor unconfident	14%	*22%* **	19% *	14%	20%	13%	13%	14% *	20% BH.BI.BL	13%
Fairly unconfident	8%	*13%* **	6% *	8%	8%	9%	8%	3% *	9%	8%
Mostly unconfident	3%	- **	2% *	3%	2%	3%	2%	4% *	5% BI	2%
Very unconfident	3%	*1%* **	10% BF*	2%	7% BF	2%	2%	2% *	5% BH.BI.BL	2%
Don't know	3%	*6%* **	- *	3%	2% BE	3%	2%	- *	10% BH.BI.BJ.BL	3%
Net: Confident	69%	*58%* **	63% *	70%	61%	70% BK	74% BK	77% BK*	51%	71% BK
Net: Unconfident	14%	*15%* **	18% *	13%	17%	14%	11%	9% *	19% BI.BL	13%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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My local community and the area I live in

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	8%	8%	8%	8%	9%	7%	10%	8%	9%
Mostly confident	22%	24%	20%	22%	22%	16%	23%	23%	20%
Fairly confident	29%	28%	30%	29%	29%	22%	30%	30%	27%
Neither confident nor unconfident	22%	22%	22%	22%	20%	29% BA.BC	18%	22%	22% BA
Fairly unconfident	8%	10% B	7%	8%	7%	9%	9%	8%	9%
Mostly unconfident	3%	2%	3%	2%	3%	3%	2%	2%	3%
Very unconfident	3%	3%	3%	3%	4%	7% BB	4%	2%	5% BB
Don't know	5%	4%	7% A	5%	6%	7%	5%	5%	6%
Net: Confident	59%	60%	58%	59%	61%	45%	62% AZ.BC	60% AZ	55% AZ
Net: Unconfident	14%	14%	13%	14%	14%	19%	15%	13%	17%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My local community and the area I live in										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	8%	*8%*	12%	8%	11%	8%	9%	8%	2%	9%
		**	*			BK	BK	*		BK
Mostly confident	22%	*20%*	18%	23%	19%	22%	26%	10%	9%	23%
		**	*			BK	BJ.BK.BL	*		BJ.BK
Fairly confident	29%	*35%*	20%	29%	25%	30%	31%	32%	20%	30%
		**	*			BK	BK	*		BK
Neither confident nor unconfident	22%	*6%*	23%	22%	18%	21%	19%	34%	31%	21%
		**	BG*					BI.BL*	BH.BI.BL	
Fairly unconfident	8%	*13%*	10%	8%	11%	8%	8%	9%	13%	8%
		**	*					*	BH.BI.BL	
Mostly unconfident	3%	*5%*	9%	2%	8%	2%	2%	5%	6%	2%
		**	BF*		BF			*	BH.BI.BL	
Very unconfident	3%	*4%*	7%	3%	6%	3%	2%	2%	5%	3%
		**	BF*		BF			*	BI.BL	
Don't know	5%	*8%*	1%	5%	3%	6%	3%	-	14%	4%
		**	*		BE	BI.BL		*	BH.BI.BJ.BL	BI
Net: Confident	59%	*64%*	51%	60%	54%	60%	66%	50%	31%	62%
		**	*			BK	BH.BJ.BK.BL	BK*		BK
Net: Unconfident	14%	*22%*	25%	13%	25%	12%	12%	16%	25%	12%
		**	BF*		BF			*	BH.BI.BL	

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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Relationships with my family

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	27%	26%	29%	29% AN	17%	24%	24%	28%	24%
Mostly confident	28%	29%	26%	29%	23%	17%	24%	29% AZ.BC	22%
Fairly confident	22%	23%	22%	22%	25%	21%	23%	22%	22%
Neither confident nor unconfident	10%	11%	9%	9%	14% AM	19% BA.BB.BC	9%	10%	13% BA
Fairly unconfident	6%	5%	6%	5%	8%	6%	8%	5%	7%
Mostly unconfident	2%	1%	3% A	2%	4% AM	4% BB	4% BB	1%	4% BB
Very unconfident	2%	3%	2%	2%	5% AM	4%	6% BB	2%	5% BB
Don't know	3%	2%	3%	2%	3%	5%	3%	3%	4%
Net: Confident	77%	78%	77%	80% AN	65%	62%	71%	79% AZ.BA.BC	67%
Net: Unconfident	10%	9%	11%	9%	18% AM	14% BB	17% BB	8%	16% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Relationships with my family										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	27%	*22%*	18%	28%	19%	27%	31%	37%	15%	29%
		**	*	BG		BK	BK	BK*		BK
Mostly confident	28%	*36%*	20%	29%	24%	30%	28%	24%	17%	29%
		**	*			BK	BK	*		BK
Fairly confident	22%	*28%*	28%	22%	28%	22%	23%	14%	25%	22%
		**	*					*		
Neither confident nor unconfident	10%	*8%*	12%	10%	11%	10%	9%	14%	16%	10%
		**	*					*	BH.BI.BL	
Fairly unconfident	6%	*2%*	8%	6%	6%	5%	5%	6%	10%	5%
		**	*					*	BH.BI.BL	
Mostly unconfident	2%	-	7%	2%	5%	2%	1%	-	3%	2%
		**	BF*		BF			*		
Very unconfident	2%	-	4%	2%	3%	3%	1%	4%	5%	2%
		**	*					*	BI.BL	BI
Don't know	3%	*4%*	2%	2%	3%	3%	1%	2%	9%	2%
		**	*			BI		*	BH.BI.BL	BI
Net: Confident	77%	*85%*	66%	78%	72%	78%	82%	75%	57%	79%
		**	*	BE		BK	BK	BK*		BK
Net: Unconfident	10%	*2%*	20%	10%	14%	9%	8%	9%	18%	9%
		**	BF.BG*					*	BH.BI.BL	

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Relationships with my friends

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	15%	14%	16%	15%	12%	14%	17%	14%	16%
Mostly confident	30%	32% B	27%	30%	29%	19%	29% AZ.BC	31% AZ	25% AZ
Fairly confident	26%	25%	27%	26%	25%	20%	25%	27%	23%
Neither confident nor unconfident	13%	14%	12%	12%	16%	18% BA.BC	9%	13%	12% BA
Fairly unconfident	8%	8%	9%	8%	10%	12%	10%	8%	11%
Mostly unconfident	3%	3%	2%	3%	3%	5%	2%	3%	3% BA
Very unconfident	3%	2%	3%	3%	2%	5% BB	4%	2%	5% BB
Don't know	3%	4%	3%	3%	3%	7% BB	4%	3%	5%
Net: Confident	70%	70%	70%	72%	66%	53%	72% AZ.BC	71% AZ.BC	64% AZ
Net: Unconfident	14%	13%	14%	13%	15%	22% BB	15%	13%	18% BB

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Relationships with my friends										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	15%	*20%* **	13% *	15%	15%	14%	17% BK	20% *	11%	15%
Mostly confident	30%	*13%* **	29% *	30%	24%	30% BK	32% BK	25% *	19%	31% BK
Fairly confident	26%	*32%* **	27% *	26%	29%	27%	24%	23% *	26%	26%
Neither confident nor unconfident	13%	*14%* **	14% *	13%	14%	11%	15% BH.BL	20% *	12%	13% BH
Fairly unconfident	8%	*5%* **	9% *	8%	8%	9% BI	6%	7% *	10%	8% BI
Mostly unconfident	3%	*7%* **	3% *	3%	4%	3%	2%	- *	6% BI.BL	3%
Very unconfident	3%	- **	5% *	3%	4%	3% BI	1%	3% *	5% BI.BL	2% BI
Don't know	3%	*10%* **	0% *	3%	3% BE	3% BI	2%	2% *	11% BH.BI.BL	3% BI
Net: Confident	70%	*64%* **	69% *	71%	68%	71% BK	74% BK	68% *	56%	72% BK
Net: Unconfident	14%	*12%* **	16% *	13%	15%	15% BI.BL	9%	10% *	21% BI.BL	13% BI

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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The amount of money I have

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	7%	8%	6%	7%	7%	6%	7%	7%	7%
Mostly confident	20%	22% B	17%	21%	18%	19% BA.BC	11%	21% BA.BC	14% BA
Fairly confident	29%	29%	29%	29%	29%	24%	28%	30%	27%
Neither confident nor unconfident	18%	17%	18%	17%	17%	19%	20%	17%	20%
Fairly unconfident	14%	13%	16%	15%	12%	10%	17%	14%	14%
Mostly unconfident	4%	3%	5%	4%	5%	7% BB	5%	4%	6%
Very unconfident	5%	5%	5%	4%	6%	10% BB	8% BB	4%	9% BB
Don't know	3%	3%	4%	3%	5% AM	4%	4%	3%	4%
Net: Confident	56%	60% B	52%	57%	54%	49%	47%	58% BA.BC	48%
Net: Unconfident	23%	21%	25% A	23%	24%	28%	29% BB	22%	29% BB

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The amount of money I have										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	7%	*12%* **	9% *	7%	10%	7%	8%	5% *	4%	7%
Mostly confident	20%	*15%* **	19% *	20%	18%	18% BK	26% BH.BK.BL	36% BH.BK.BL*	6%	21% BH.BK
Fairly confident	29%	*17%* **	25% *	30%	23%	28%	32% BK	31% *	23%	30%
Neither confident nor unconfident	18%	*24%* **	15% *	17%	17%	20% BI.BL	14%	8% *	19%	17% BI
Fairly unconfident	14%	*5%* **	15% *	15%	12%	15%	12%	16% *	20% BI.BL	14%
Mostly unconfident	4%	*4%* **	11% BF*	4%	9% BF	4%	4%	- *	8% BH.BI.BL	4%
Very unconfident	5%	*17%* **	7% *	4%	9% BF	5% BI	3%	6% *	9% BI.BL	4% BI
Don't know	3%	*6%* **	- *	3%	2% BE	3% BI	2%	- *	10% BH.BI.BJ.BL	3% BI
Net: Confident	56%	*44%* **	53% *	57%	50%	54% BK	65% BH.BK.BL	71% BH.BK*	34%	59% BH.BK
Net: Unconfident	23%	*27%* **	32% *	23%	31%	23% BI	19%	21% *	37% BH.BI.BL	22% BI

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
My qualifications and training									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	15%	15%	15%	15%	14%	12%	14%	15%	13%
Mostly confident	27%	28%	26%	28%	25%	17%	21%	29% AZ.BA.BC	19%
Fairly confident	29%	28%	31%	29%	30%	23%	35% AZ.BC	29%	30% AZ
Neither confident nor unconfident	13%	13%	14%	13%	15%	24% BA.BB.BC	13%	12%	17% BA.BB
Fairly unconfident	9%	9%	9%	9%	7%	13%	10%	9%	11%
Mostly unconfident	2%	2%	2%	2%	3%	4%	3%	2%	3% BB
Very unconfident	1%	1%	1%	1%	2%	3%	2%	1%	2%
Don't know	3%	3%	4%	3%	4%	5%	2%	3%	3%
Net: Confident	71%	71%	71%	73%	69%	52%	70% AZ.BC	73% AZ.BC	63% AZ
Net: Unconfident	12%	13%	11%	12%	12%	19% BB	15%	11%	17% BB

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My qualifications and training										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	15%	*22%*	12%	15%	15%	15%	19%	11%	6%	16%
		**	*			BK	BH.BK.BL	*		BK
Mostly confident	27%	*6%*	22%	28%	17%	27%	30%	28%	15%	28%
		**	*	BG		BK	BK	*		BK
Fairly confident	29%	*27%*	23%	30%	24%	33%	25%	42%	22%	30%
		**	*			BI.BK.BL		BI.BK*		BI.BK
Neither confident nor unconfident	13%	*11%*	23%	13%	19%	11%	14%	14%	21%	12%
		**	BF*					*	BH.BI.BL	
Fairly unconfident	9%	*24%*	14%	8%	17%	9%	8%	3%	15%	8%
		**	*		BF			*	BH.BI.BL	
Mostly unconfident	2%	*1%*	3%	2%	2%	2%	2%	-	5%	2%
		**	*					*	BH.BI.BL	
Very unconfident	1%	*2%*	2%	1%	2%	1%	1%	2%	4%	1%
		**	*					*	BI.BL	BI
Don't know	3%	*6%*	2%	2%	3%	2%	2%	-	14%	2%
		**	*					*	BH.BI.BJ.BL	
Net: Confident	71%	*56%*	57%	73%	57%	75%	74%	81%	43%	75%
		**	*	BE.BG		BK	BK	BK*		BK
Net: Unconfident	12%	*28%*	19%	12%	21%	12%	10%	5%	23%	11%
		**	*		BF			*	BH.BI.BJ.BL	

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
My physical health									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	10%	11% B	8%	10%	12%	6%	9%	10%	7%
Mostly confident	25%	27%	24%	26%	23%	18%	21%	27% AZ.BC	20%
Fairly confident	29%	28%	31%	29%	32%	29%	31%	29%	30%
Neither confident nor unconfident	14%	16%	13%	14%	13%	14%	16%	14%	15%
Fairly unconfident	12%	12%	13%	13%	10%	14%	15%	12%	15%
Mostly unconfident	3%	3%	4%	3%	4%	6%	3%	3%	4%
Very unconfident	3%	3%	3%	3%	3%	8% BA.BB	3%	2%	5% BA.BB
Don't know	3%	2%	4%	2%	3%	4%	3%	3%	3%
Net: Confident	64%	66%	63%	65%	67%	53%	61%	66% AZ.BC	58%
Net: Unconfident	18%	17%	20%	18%	17%	29% BB	21%	17%	24% BB

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My physical health										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	10%	*16%* **	6% *	10%	8%	11%	9%	9% *	6%	10%
Mostly confident	25%	*8%* **	23% *	26%	19%	26% BK	27% BK	17% *	17%	26% BK
Fairly confident	29%	*39%* **	25% *	30%	29%	28%	32%	35% *	26%	30%
Neither confident nor unconfident	14%	*11%* **	19% *	14%	16%	14%	15%	17% *	17%	14%
Fairly unconfident	12%	*20%* **	10% *	12%	13%	13%	11%	17% *	16%	12%
Mostly unconfident	3%	*2%* **	5% *	3%	4%	4%	2%	1% *	3%	3%
Very unconfident	3%	- **	12% BF*	2%	8% BF	2%	2%	5% *	7% BH.BI.BL	2%
Don't know	3%	*4%* **	0% *	2%	2%	2%	2%	- *	8% BH.BI.BL	2%
Net: Confident	64%	*62%* **	54% *	66% BE.BG	56%	65% BK	68% BK	61% *	49%	66% BK
Net: Unconfident	18%	*22%* **	27% BF*	18%	26% BF	19%	15%	22% *	26% BH.BI.BL	17% BI

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
My mental health									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Very confident	8%	10% B	6%	7%	11% AM	8%	8%	8%	8%
Mostly confident	19%	23% B	15%	20%	18%	13%	14%	20% AZ.BA.BC	13%
Fairly confident	26%	25%	27%	25%	29%	17%	28% AZ.BC	26% AZ	23% AZ
Neither confident nor unconfident	18%	17%	18%	18%	17%	23%	17%	18%	19%
Fairly unconfident	15%	13%	18% A	16% AN	10%	17%	17%	15%	17%
Mostly unconfident	6%	5%	7%	6%	3%	5%	8%	6%	7%
Very unconfident	5%	5%	6%	5%	7%	11% BB	6%	5%	8% BA.BB
Don't know	3%	2%	4%	3%	3%	6%	3%	3%	4%
Net: Confident	53%	57% B	48%	52%	59%	37%	50% AZ.BC	54% AZ.BC	45% AZ
Net: Unconfident	26%	23%	30% A	27% AN	20%	34% BB	30%	25%	32% BB

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My mental health										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Very confident	8%	*19%* **	12% *	7%	14% BF	8%	8%	8% *	5%	8%
Mostly confident	19%	*11%* **	16% *	20%	15%	19% BK	23% BK	15% *	8%	20% BK
Fairly confident	26%	*27%* **	19% *	26%	21%	25%	28%	26% *	23%	26%
Neither confident nor unconfident	18%	*16%* **	21% *	18%	20%	18%	17%	20% *	16%	18%
Fairly unconfident	15%	*11%* **	13% *	16%	12%	14%	15%	22% *	20% BH.BL	15%
Mostly unconfident	6%	*9%* **	6% *	6%	7%	7% BI	5%	3% *	7%	6% BI
Very unconfident	5%	- **	11% BF*	5%	8%	6% BI.BL	2%	5% *	11% BH.BI.BL	4% BI
Don't know	3%	*6%* **	2% *	2%	3%	3%	2%	1% *	10% BH.BI.BL	2%
Net: Confident	53%	*58%* **	48% *	53%	50%	52% BK	59% BH.BK.BL	50% *	35%	54% BH.BK
Net: Unconfident	26%	*21%* **	30% *	26%	27%	27% BI	22%	30% *	38% BH.BI.BL	25% BI

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Now thinking back on 2020 and into 2021...To what extent do you agree or disagree with each of the following statements?									
I am hopeful for a better year ahead									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	39%	41% B	36%	40% AN	33%	32%	39%	39%	37%
Slightly agree	39%	38%	40%	39%	41%	30%	37%	40% AZ.BC	34%
Neither agree nor disagree	12%	10%	13%	11%	15%	24% BA.BB.BC	14%	10%	18% BA.BB
Slightly disagree	7%	6%	8%	7%	8%	8%	7%	7%	7%
Strongly disagree	3%	4%	3%	3%	3%	6%	4%	3%	4%
Net: Agree	78%	80%	76%	79%	73%	63%	76% AZ.BC	80% AZ.BC	71% AZ
Net: Disagree	10%	10%	11%	10%	11%	14%	11%	10%	12%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Now thinking back on 2020 and into 2021...To what extent do you agree or disagree with each of the following statements?										
I am hopeful for a better year ahead										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	39%	*34%* **	26% *	40% BE.BG	28%	41% BK	40% BK	38% BK*	21%	41% BK
Slightly agree	39%	*38%* **	37% *	40%	37%	37%	42% BL	36% *	43%	39%
Neither agree nor disagree	12%	*14%* **	24% BF*	10%	21% BF	11%	11%	9% *	16% BL	11%
Slightly disagree	7%	*10%* **	7% *	7%	7%	7%	5%	9% *	11% BI.BL	7%
Strongly disagree	3%	*5%* **	6% *	3%	6%	4% BI	1%	9% BI.BL*	9% BH.BI.BL	3% BI
Net: Agree	78%	*71%* **	63% *	80% BE.BG	66%	78% BK	82% BK.BL	73% *	65%	80% BK
Net: Disagree	10%	*15%* **	13% *	10%	13%	11% BI	7%	18% BI*	19% BH.BI.BL	9% BI

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
To what extent do you agree or disagree with the following statements?									
I am more motivated than ever to work for a positive future									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	21%	21%	20%	20%	25%	23%	24%	20%	23%
Slightly agree	38%	35%	40% A	39%	32%	27%	37% BC	39% AZ.BC	33%
Neither agree nor disagree	25%	25%	25%	25%	28%	37% BA.BB.BC	23%	25%	29% BA
Slightly disagree	12%	13%	11%	12%	11%	9%	12%	12%	11%
Strongly disagree	4%	5% B	3%	4%	4%	4%	4%	4%	4%
Net: Agree	58%	57%	60%	59%	57%	49%	61% BC	59% AZ	56%
Net: Disagree	16%	18% B	14%	16%	15%	13%	16%	17%	15%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
To what extent do you agree or disagree with the following statements?										
I am more motivated than ever to work for a positive future										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	21%	*17%* **	22% *	21%	20%	23% BK	19%	14% *	14%	21% BK
Slightly agree	38%	*33%* **	34% *	38%	34%	37%	41% BK	36% *	30%	39% BK
Neither agree nor disagree	25%	*17%* **	39% BF.BG*	24%	33%	23%	26%	32% *	34% BH.BI.BL	24%
Slightly disagree	12%	*22%* **	3% *	12% BE	8% BE	12%	12%	17% *	12%	12%
Strongly disagree	4%	*11%* **	3% *	4%	5%	5% BI.BL	2%	2% *	11% BH.BI.BL	4% BI
Net: Agree	58%	*50%* **	55% *	59%	54%	60% BK	60% BK	50% *	44%	60% BK
Net: Disagree	16%	*32%* **	6% *	16% BE	13% BE	16%	14%	19% *	22% BI.BL	15%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
I want a better future for my generation									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	62%	61%	63%	63% AN	53%	51%	62% AZ.BC	63% AZ	57%
Slightly agree	26%	25%	26%	26%	29%	19%	27%	27%	23%
Neither agree nor disagree	10%	11%	9%	9%	13%	28% BA.BB.BC	9%	9%	17% BA.BB
Slightly disagree	1%	2%	1%	1%	4% AM	1%	1%	1%	1%
Strongly disagree	1%	1%	0%	0%	1%	2%	1%	1%	1%
Net: Agree	88%	86%	89% A	89% AN	82%	69%	89% AZ.BC	89% AZ.BC	81% AZ
Net: Disagree	2%	3% B	1%	1%	5% AM	3%	2%	2%	3%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
I want a better future for my generation										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	62%	*46%* **	46% *	64% BE.BG	46%	64%	60%	50% *	61%	62%
Slightly agree	26%	*19%* **	32% *	26%	28%	26%	28% BK	22% *	20%	27%
Neither agree nor disagree	10%	*31%* **	20% BF*	9%	23% BF	9%	10%	22% BH.BI.BL*	14% BH.BL	10%
Slightly disagree	1%	*3%* **	0% *	1%	1%	1%	2% BH.BL	6% BH.BK.BL*	1%	1% BH
Strongly disagree	1%	*1%* **	1% *	0%	1%	0%	1%	- *	4% BH.BI.BL	1%
Net: Agree	88%	*65%* **	78% *	90% BE.BG	74%	90% BJ.BK	87% BJ.BK	73% *	81%	88% BJ.BK
Net: Disagree	2%	*4%* **	1% *	2%	2%	1%	3% BH.BL	6% BH*	4% BH.BL	2% BH

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
I believe my generation can change our future for the better									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	37%	36%	39%	38%	32%	26%	39% AZ.BC	38% AZ	34% AZ
Slightly agree	37%	35%	40% A	37%	38%	36%	38%	37%	37%
Neither agree nor disagree	14%	15%	14%	14%	15%	23% BA.BB.BC	14%	14%	17% BA
Slightly disagree	8%	10% B	5%	7%	10%	9%	8%	7%	8%
Strongly disagree	4%	5% B	2%	4%	5%	6% BA	2%	4%	3% BA
Net: Agree	74%	70%	79% A	75%	71%	62%	77% AZ.BC	75% AZ	71% AZ
Net: Disagree	11%	15% B	8%	11%	15%	15%	9%	11%	12%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
I believe my generation can change our future for the better										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	37%	*26%* **	31% *	38%	30%	39%	36%	31% *	31%	38%
Slightly agree	37%	*32%* **	39% *	38%	37%	37%	40%	33% *	34%	38%
Neither agree nor disagree	14%	*21%* **	20% *	14%	20%	12%	14%	32% BH.BI.BL*	20% BH.BL	14%
Slightly disagree	8%	*15%* **	7% *	8%	9%	8%	6%	1% *	8%	7%
Strongly disagree	4%	*6%* **	3% *	4%	4%	4%	3%	3% *	7% BH.BI.BL	3%
Net: Agree	74%	*58%* **	70% *	75%	67%	76% BK	76% BK	64% *	65%	75% BK
Net: Disagree	11%	*21%* **	10% *	11%	13%	12%	10%	4% *	15% BI	11%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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I feel powerless to change my future

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	9%	10%	8%	9%	10%	7%	9%	9%	8%
Slightly agree	28%	25%	31% A	29%	25%	31%	30%	27%	30%
Neither agree nor disagree	22%	20%	24%	21%	23%	29%	20%	21%	24%
Slightly disagree	28%	28%	27%	29%	25%	20%	27%	28% AZ	24%
Strongly disagree	14%	17% B	10%	13%	17%	13%	14%	14%	14%
Net: Agree	37%	35%	39%	38%	35%	38%	39%	36%	39%
Net: Disagree	42%	45% B	38%	42%	42%	33%	41%	42% AZ	37%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
I feel powerless to change my future										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	9%	*10%* **	17% BF*	8%	15% BF	9%	7%	5% *	12%	8%
Slightly agree	28%	*21%* **	22% *	29%	22%	27%	27%	18% *	35% BJ.BL	27%
Neither agree nor disagree	22%	*34%* **	28% *	21%	30% BF	22%	20%	37% BH.BI.BK.BL*	20%	22%
Slightly disagree	28%	*7%* **	24% BG*	29% BG	19%	27%	31% BK	29% *	21%	28% BK
Strongly disagree	14%	*28%* **	9% *	13%	14% BE	14%	14%	11% *	12%	14%
Net: Agree	37%	*31%* **	39% *	37%	37%	37%	35%	23% *	47% BH.BI.BJ.BL	36%
Net: Disagree	42%	*34%* **	33% *	42%	33%	41% BK	45% BK	40% *	33%	42% BK

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
My opinions on issues don't matter									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	9%	11% B	6%	9%	8%	15% BB	11%	8%	13% BB
Slightly agree	22%	23%	22%	23%	21%	25%	23%	22%	24%
Neither agree nor disagree	20%	18%	22%	19%	25%	23%	22%	20%	22%
Slightly disagree	27%	26%	29%	28%	27%	22%	20%	29% BA.BC	21%
Strongly disagree	21%	22%	21%	22%	19%	15%	24%	22%	21%
Net: Agree	31%	34% B	28%	31%	28%	40% BB	34%	30%	36% BB
Net: Disagree	49%	48%	50%	49%	46%	37%	44%	51% AZ.BC	41%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
My opinions on issues don't matter										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	9%	*7%* **	15% BF*	9%	13%	9%	8%	12% *	11%	8%
Slightly agree	22%	*27%* **	27% *	22%	27%	21%	24%	22% *	24%	22%
Neither agree nor disagree	20%	*27%* **	32% BF*	19%	31% BF	19%	21%	31% *	22%	20%
Slightly disagree	27%	*9%* **	19% *	28% BG	16%	27%	31% BK	21% *	20%	28% BK
Strongly disagree	21%	*29%* **	6% *	22% BE.BG	13% BE	24% BI.BL	17%	13% *	22%	21% BI
Net: Agree	31%	*34%* **	42% BF*	31%	40% BF	29%	32%	34% *	35%	30%
Net: Disagree	49%	*39%* **	26% *	50% BE.BG	29%	51% BJ.BK	48%	34% *	42%	50%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
The political events of this year have made me want to fight for a better future									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	34%	34%	34%	35% AN	28%	33%	36%	34%	35%
Slightly agree	32%	30%	34% A	32%	31%	29%	32%	32%	30%
Neither agree nor disagree	24%	23%	24%	23%	27%	31% BA.BC	20%	23%	24% BA
Slightly disagree	7%	9% B	6%	7%	10%	5%	9%	7%	8%
Strongly disagree	3%	4% B	2%	3%	4%	3%	3%	3%	3%
Net: Agree	66%	64%	68% A	67% AN	59%	61%	68%	66%	65%
Net: Disagree	11%	14% B	7%	10%	14%	8%	12%	11%	11%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The political events of this year have made me want to fight for a better future										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	34%	*26%* **	21% *	35% BE.BG	23%	37% BI.BK.BL	31%	27% *	28%	35% BI
Slightly agree	32%	*17%* **	35% *	32%	30%	30%	36% BH.BK.BL	23% *	26%	33%
Neither agree nor disagree	24%	*39%* **	34% BF*	22%	35% BF	22%	23%	32% *	32% BH.BI.BL	23%
Slightly disagree	7%	*12%* **	10% *	7%	11%	7%	7%	18% BH.BI.BL*	8%	7%
Strongly disagree	3%	*5%* **	- *	3%	2% BE	3%	3%	- *	6% BH.BL	3%
Net: Agree	66%	*43%* **	56% *	68% BE.BG	53%	68% BJ.BK	67% BJ.BK	50% *	55%	67% BJ.BK
Net: Disagree	11%	*18%* **	10% *	10%	12%	10%	10%	18% *	13%	10%

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Prince's Trust: Youth Index 2021

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Which, if any, of the following political issues have you felt MOST motivated by in the last year?									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Black Lives Matter (BLM)	25%	15%	35% A	24%	33% AM	24%	28%	24%	26%
Climate change/ the environment	22%	23%	21%	24% AN	11%	12%	22% AZ.BC	23% AZ	18% AZ
Coronavirus	21%	22%	21%	22%	19%	25%	20%	21%	22%
Brexit / The EU	10%	16% B	4%	10%	8%	13%	8%	10%	10%
Other	4%	5% B	2%	4%	4%	3%	3%	4%	3%
Don't know	6%	6%	6%	5%	6%	9%	5%	6%	6%
Not applicable - I've not been motivated by anything in particular in the last year	12%	13%	11%	11%	18% AM	15%	14%	12%	14%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Which, if any, of the following political issues have you felt MOST motivated by in the last year?										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Black Lives Matter (BLM)	25%	*23%* **	25% *	25%	24%	26%	23%	19% *	22%	25%
Climate change/ the environment	22%	*11%* **	19% *	23%	17%	22%	22%	26% *	18%	22%
Coronavirus	21%	*28%* **	23% *	22%	24%	21%	22%	24% *	16%	22%
Brexit / The EU	10%	*10%* **	11% *	10%	11%	12% BJ	10% BJ	- *	7%	11% BJ
Other	4%	- **	4% *	3%	3%	4%	3%	3% *	8% BH.BI.BL	3%
Don't know	6%	*10%* **	5% *	6%	6%	5%	6%	13% BH*	8%	6%
Not applicable - I've not been motivated by anything in particular in the last year	12%	*19%* **	13% *	11%	15%	10%	13% BL	15% *	21% BH.BI.BL	11%

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Since the start of the COVID-19 pandemic (i.e. since March 2020), would you say each of the following has got better or worse?									
My mental health									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Much better	4%	4%	5%	4%	6%	3%	7%	4%	5%
A little better	13%	14%	12%	12%	20% AM	12%	15%	13%	14%
About the same	32%	38% B	27%	32%	34%	38%	31%	32%	34%
A little worse	32%	30%	34%	34% AN	26%	24%	29%	34% AZ.BC	27%
Much worse	18%	13%	23% A	18%	14%	24%	18%	17%	21%
Net: Better	17%	18%	16%	16%	26% AM	15%	22%	17%	19%
Net: Worse	50%	44%	57% A	52% AN	40%	47%	47%	51%	47%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Since the start of the COVID-19 pandemic (i.e. since March 2020), would you say each of the following has got better or worse?										
My mental health										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Much better	4%	*19%* **	9% BF*	4%	12% BF	4%	5%	3% *	5%	4%
A little better	13%	*25%* **	18% *	13%	20% BF	13%	12%	14% *	13%	13%
About the same	32%	*29%* **	30% *	33%	30%	33%	34%	33% *	28%	33%
A little worse	32%	*11%* **	21% *	34% BE.BG	18%	32%	35%	31% *	28%	33%
Much worse	18%	*15%* **	23% *	18%	20%	18%	15%	19% *	26% BH.BI.BL	17%
Net: Better	17%	*44%* **	27% BF*	16%	32% BF	17%	17%	17% *	18%	17%
Net: Worse	50%	*26%* **	44% *	51% BG	39%	50%	50%	50% *	53%	50%

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
To what extent do you agree or disagree with the following statements?									
I can't see an end to my unemployment									
Unweighted base	237	94	143	191	*28*	*26*	*25*	186	51
Base: All NEET	218	117	101	174	*28*	*19*	*27*	171	47
Strongly agree	21%	19% *	23%	23%	*16%* **	*7%* **	*15%* **	24%	11% *
Slightly agree	27%	29% *	25%	28%	*20%* **	*31%* **	*25%* **	27%	27% *
Neither agree nor disagree	17%	16% *	18%	16%	*20%* **	*34%* **	*20%* **	14%	26% *
Slightly disagree	13%	14% *	13%	15%	*6%* **	*8%* **	*22%* **	13%	16% *
Strongly disagree	8%	9% *	6%	8%	*10%* **	*9%* **	*6%* **	8%	7% *
Not applicable	14%	14% *	14%	10%	*27%* **	*11%* **	*13%* **	14%	12% *
Net: Agree	48%	48% *	48%	52%	*36%* **	*37%* **	*39%* **	51%	39% *
Net: Disagree	21%	22% *	19%	23%	*16%* **	*17%* **	*28%* **	20%	24% *

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
To what extent do you agree or disagree with the following statements?										
I can't see an end to my unemployment										
Unweighted base	237	7	24	186	31	-	-	-	237	-
Base: All NEET	218	5	21	171	25	-	-	-	218	-
Strongly agree	21%	- **	31% **	21%	25% **	- **	- **	- **	21%	- **
Slightly agree	27%	25% **	16% **	31%	18% **	- **	- **	- **	27%	- **
Neither agree nor disagree	17%	37% **	23% **	15%	26% **	- **	- **	- **	17%	- **
Slightly disagree	13%	- **	16% **	15%	13% **	- **	- **	- **	13%	- **
Strongly disagree	8%	- **	12% **	8%	10% **	- **	- **	- **	8%	- **
Not applicable	14%	38% **	1% **	11%	8% **	- **	- **	- **	14%	- **
Net: Agree	48%	25% **	47% **	52%	43% **	- **	- **	- **	48%	- **
Net: Disagree	21%	- **	29% **	23%	23% **	- **	- **	- **	21%	- **

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
The longer I'm unemployed, the worse I feel about myself									
Unweighted base	237	94	143	191	*28*	*26*	*25*	186	51
Base: All NEET	218	117	101	174	*28*	*19*	*27*	171	47
Strongly agree	43%	41% *	46%	46%	*23%* **	*39%* **	*34%* **	45%	36% *
Slightly agree	22%	22% *	21%	20%	*39%* **	*20%* **	*31%* **	21%	26% *
Neither agree nor disagree	14%	14% *	15%	15%	*10%* **	*26%* **	*8%* **	14%	15% *
Slightly disagree	7%	8% *	5%	7%	*1%* **	*4%* **	*6%* **	7%	5% *
Strongly disagree	4%	5% *	3%	3%	*12%* **	- **	*14%* **	3%	8% *
Not applicable	10%	10% *	10%	8%	*15%* **	*11%* **	*7%* **	11%	9% *
Net: Agree	65%	63% *	67%	67%	*62%* **	*59%* **	*65%* **	65%	62% *
Net: Disagree	11%	13% *	8%	10%	*13%* **	*4%* **	*20%* **	10%	14% *

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The longer I'm unemployed, the worse I feel about myself										
Unweighted base	237	7	24	186	31	-	-	-	237	-
Base: All NEET	218	5	21	171	25	-	-	-	218	-
Strongly agree	43%	- **	44% **	48%	36% **	- **	- **	- **	43%	- **
Slightly agree	22%	38% **	21% **	23%	24% **	- **	- **	- **	22%	- **
Neither agree nor disagree	14%	13% **	18% **	12%	17% **	- **	- **	- **	14%	- **
Slightly disagree	7%	11% **	8% **	7%	9% **	- **	- **	- **	7%	- **
Strongly disagree	4%	- **	8% **	2%	7% **	- **	- **	- **	4%	- **
Not applicable	10%	38% **	1% **	8%	8% **	- **	- **	- **	10%	- **
Net: Agree	65%	38% **	65% **	71%	60% **	- **	- **	- **	65%	- **
Net: Disagree	11%	11% **	17% **	9%	15% **	- **	- **	- **	11%	- **

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
The pandemic has made me rethink my career goals									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	12%	11%	13%	12%	12%	15%	15%	11%	15% BB
Slightly agree	26%	23%	29% A	26%	24%	26%	26%	26%	26%
Neither agree nor disagree	20%	21%	20%	19%	25%	25%	23%	20%	24%
Slightly disagree	15%	16%	13%	15%	12%	11%	11%	16% BC	11%
Strongly disagree	18%	21% B	15%	18%	18%	10%	17%	19% AZ.BC	14%
Not applicable	9%	9%	9%	9%	9%	13%	7%	9%	10%
Net: Agree	38%	33%	42% A	38%	36%	41%	42%	37%	41%
Net: Disagree	33%	37% B	28%	34%	30%	21%	28%	35% AZ.BC	25%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The pandemic has made me rethink my career goals										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	12%	*25%*	11%	12%	15%	11%	12%	12%	21%	11%
		**	*		BE			*	BH.BI.BL	
Slightly agree	26%	*5%*	24%	26%	19%	23%	29%	36%	24%	26%
		**	BG*				BH.BL	*		BH
Neither agree nor disagree	20%	*26%*	31%	20%	29%	19%	21%	15%	28%	20%
		**	BF*		BF			*	BH.BI.BL	
Slightly disagree	15%	*9%*	17%	15%	14%	16%	16%	6%	8%	15%
		**	*			BK	BK	*		BK
Strongly disagree	18%	*23%*	14%	19%	17%	20%	17%	23%	8%	19%
		**	*			BK	BK	BK*		BK
Not applicable	9%	*12%*	4%	9%	6%	11%	5%	8%	11%	9%
		**	*			BI.BL		*	BI	BI
Net: Agree	38%	*30%*	35%	38%	34%	34%	41%	48%	45%	37%
		**	*				BH.BL	*	BH.BL	BH
Net: Disagree	33%	*32%*	31%	34%	31%	36%	33%	29%	16%	35%
		**	*			BK	BK	*		BK

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
The pandemic has destroyed my career hopes									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	6%	7%	6%	7%	4%	12% BB	9%	6%	10% BB
Slightly agree	17%	16%	19%	17%	23% AM	21%	19%	17%	20%
Neither agree nor disagree	19%	18%	20%	20%	16%	23%	24%	18%	23% BB
Slightly disagree	17%	17%	18%	18%	17%	14%	14%	18%	14%
Strongly disagree	28%	31% B	24%	28%	29%	17%	24%	29% AZ.BC	21%
Not applicable	12%	11%	13%	11%	11%	13%	10%	12%	12%
Net: Agree	24%	23%	25%	23%	27%	33% BB	28%	22%	30% BB
Net: Disagree	45%	48% B	42%	46%	46%	31%	38%	47% AZ.BA.BC	35%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The pandemic has destroyed my career hopes										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	6%	*10%* **	15% BF*	6%	13% BF	5%	6%	6% *	13% BH.BI.BL	6%
Slightly agree	17%	*27%* **	16% *	17%	20%	18%	15%	13% *	26% BH.BI.BL	16%
Neither agree nor disagree	19%	*13%* **	34% BF.BG*	19%	28% BF	20%	18%	22% *	22%	19%
Slightly disagree	17%	*6%* **	10% *	18% BG	9%	17%	19%	22% *	14%	18%
Strongly disagree	28%	*26%* **	18% *	28%	20%	27% BK	33% BH.BK.BL	31% BK*	12%	29% BH.BK
Not applicable	12%	*18%* **	7% *	11%	10%	13% BI.BL	9%	7% *	13%	12% BI
Net: Agree	24%	*37%* **	31% *	23%	33% BF	23%	21%	18% *	39% BH.BI.BJ.BL	22%
Net: Disagree	45%	*32%* **	28% *	47% BE.BG	29%	44% BK	52% BH.BK.BL	53% BK*	26%	47% BH.BK

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Getting a new job feels impossible now because there's so much competition									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	29%	24%	34% A	30%	24%	31%	30%	29%	30%
Slightly agree	31%	29%	32%	30%	30%	25%	31%	31%	28%
Neither agree nor disagree	11%	13% B	10%	10%	18% AM	19% BB	13%	10%	15% BB
Slightly disagree	8%	10% B	5%	8%	9%	9%	8%	8%	9%
Strongly disagree	5%	7% B	4%	5%	7%	3%	4%	6%	4%
Not applicable	16%	16%	16%	16%	12%	13%	14%	16%	13%
Net: Agree	60%	54%	66% A	60%	54%	56%	61%	60%	59%
Net: Disagree	13%	17% B	9%	13%	16%	12%	12%	13%	12%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Getting a new job feels impossible now because there's so much competition										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	29%	*29%* **	27% *	30%	27%	27%	28%	21% *	43% BH.BI.BJ.BL	28%
Slightly agree	31%	*27%* **	27% *	31%	27%	32%	28%	36% *	28%	31%
Neither agree nor disagree	11%	*13%* **	20% BF*	11%	18% BF	11%	13%	8% *	9%	12%
Slightly disagree	8%	*3%* **	12% *	8%	9%	7%	10%	11% *	6%	8%
Strongly disagree	5%	*11%* **	6% *	5%	7%	4%	8% BH.BK.BL	1% *	3%	6% BH
Not applicable	16%	*17%* **	8% *	16%	11%	18% BI.BK	13%	23% *	11%	16% BI
Net: Agree	60%	*56%* **	54% *	61%	55%	60%	56%	57% *	71% BH.BI.BL	58%
Net: Disagree	13%	*14%* **	17% *	13%	16%	11%	18% BH.BK.BL	13% *	9%	14% BH

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
It's harder to ask for employment help when everyone needs it at the moment									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	20%	18%	23% A	21%	19%	18%	22%	20%	20%
Slightly agree	34%	32%	36%	34%	34%	26%	34%	34%	31%
Neither agree nor disagree	14%	15%	12%	13%	19% AM	28% BA.BB.BC	15%	12%	20% BA.BB
Slightly disagree	5%	6%	4%	6%	5%	5%	4%	5%	5%
Strongly disagree	4%	6% B	2%	4%	6%	5%	4%	4%	5%
Not applicable	23%	23%	22%	24% AN	17%	18%	21%	23%	20%
Net: Agree	54%	50%	58% A	54%	53%	44%	56% AZ.BC	55% AZ	51% AZ
Net: Disagree	9%	12% B	7%	9%	11%	10%	9%	9%	9%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
It's harder to ask for employment help when everyone needs it at the moment										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	20%	*26%* **	16% *	21%	19%	20%	19%	17% *	30% BH.BI.BL	19%
Slightly agree	34%	*22%* **	28% *	35%	26%	34%	34%	33% *	29%	34%
Neither agree nor disagree	14%	*11%* **	30% BF*	13%	24% BF	12%	14%	14% *	20% BH.BI.BL	13%
Slightly disagree	5%	*3%* **	9% *	5%	7%	4%	6%	12% BH*	4%	5%
Strongly disagree	4%	*8%* **	8% *	4%	8% BF	3%	6% BH.BK.BL	6% *	2%	4% BH
Not applicable	23%	*29%* **	10% *	23% BE	15% BE	26% BI.BK.BL	20%	18% *	14%	24% BI.BK
Net: Agree	54%	*49%* **	44% *	56% BE.BG	45%	54%	53%	50% *	60%	54%
Net: Disagree	9%	*11%* **	17% BF*	9%	15% BF	8%	12% BH.BK.BL	18% BH.BK*	6%	10% BH

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Thinking about training and skills...To what extent do you agree or disagree with the following statements?									
Re-training is pointless because there are no jobs anyway									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	6%	7%	5%	6%	4%	8%	6%	6%	7%
Slightly agree	18%	19%	16%	17%	19%	23%	19%	17%	21%
Neither agree nor disagree	16%	15%	18%	16%	18%	25% BB	18%	15%	21% BB
Slightly disagree	16%	16%	16%	16%	16%	10%	13%	17% AZ.BC	12%
Strongly disagree	18%	21% B	15%	18%	17%	18%	21%	18%	20%
Not applicable	26%	23%	30% A	26%	26%	18%	24%	27% AZ.BC	21%
Net: Agree	23%	25%	21%	24%	22%	31% BB	25%	23%	27%
Net: Disagree	34%	37% B	31%	34%	34%	27%	34%	35%	31%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Thinking about training and skills...To what extent do you agree or disagree with the following statements?										
Re-training is pointless because there are no jobs anyway										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	6%	*13%*	10%	6%	11%	5%	5%	3%	11%	5%
		**	*		BF			*	BH.BI.BL	
Slightly agree	18%	*9%*	30%	17%	24%	16%	18%	19%	24%	17%
		**	BF.BG*					*	BH.BL	
Neither agree nor disagree	16%	*22%*	26%	15%	25%	15%	16%	17%	25%	15%
		**	BF*		BF			*	BH.BI.BL	
Slightly disagree	16%	*4%*	12%	17%	10%	15%	19%	29%	10%	17%
		**	*				BH.BK.BL	BH.BK.BL*		BH.BK
Strongly disagree	18%	*26%*	12%	19%	16%	15%	25%	16%	13%	19%
		**	*				BH.BK.BL	*		BH.BK
Not applicable	26%	*27%*	10%	26%	15%	34%	17%	16%	18%	27%
		**	*	BE.BG	BE	BI.BJ.BK.BL		*		BI.BK
Net: Agree	23%	*22%*	39%	23%	34%	22%	23%	22%	35%	22%
		**	BF*		BF			*	BH.BI.BL	
Net: Disagree	34%	*30%*	24%	35%	26%	30%	44%	45%	23%	35%
		**	*				BH.BK.BL	BH.BK*		BH.BK

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Retraining for a new job is my only option right now									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	3%	3%	2%	3%	4%	5%	6% BB	2%	6% BB
Slightly agree	8%	7%	9%	7%	11% AM	14% BB	8%	7%	11% BB
Neither agree nor disagree	15%	15%	15%	14%	18%	25% BB	20% BB	13%	22% BB
Slightly disagree	12%	13%	11%	12%	11%	11%	12%	12%	12%
Strongly disagree	25%	28% B	22%	27% AN	19%	13%	21%	27% AZ.BC	17%
Not applicable	38%	34%	41% A	37%	36%	32%	33%	39%	33%
Net: Agree	11%	10%	11%	10%	16% AM	20% BB	14% BB	9%	16% BB
Net: Disagree	37%	41% B	33%	39% AN	30%	23%	33%	39% AZ.BC	29%

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Retraining for a new job is my only option right now										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	3%	*2%*	15%	2%	11%	3%	3%	-	6%	3%
		**	BF*		BF			*	BH.BI.BL	
Slightly agree	8%	*5%*	15%	7%	12%	6%	9%	3%	14%	7%
		**	BF*				BH.BL	*	BH.BI.BL	
Neither agree nor disagree	15%	*21%*	28%	14%	26%	14%	13%	14%	24%	14%
		**	BF*		BF			*	BH.BI.BL	
Slightly disagree	12%	*16%*	16%	12%	16%	9%	15%	24%	14%	12%
		**	*				BH.BL	BH.BL*		BH
Strongly disagree	25%	*24%*	6%	27%	11%	20%	35%	23%	19%	26%
		**	*	BE.BG	BE		BH.BK.BL	*		BH
Not applicable	38%	*33%*	20%	38%	24%	48%	25%	35%	23%	39%
		**	*	BE.BG		BI.BK.BL		*		BI.BK
Net: Agree	11%	*7%*	30%	10%	23%	8%	11%	3%	20%	9%
		**	BF.BG*		BF		BL	*	BH.BI.BJ.BL	
Net: Disagree	37%	*39%*	22%	39%	27%	29%	50%	48%	33%	38%
		**	*	BE.BG			BH.BK.BL	BH*		BH

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
I am scared that my skills and training are no longer useful									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	6%	7%	6%	6%	7%	10%	7%	6%	8%
Slightly agree	14%	13%	16% A	14%	14%	19%	15%	14%	17%
Neither agree nor disagree	16%	15%	18%	16%	18%	25% BB	21% BB	15%	23% BB
Slightly disagree	15%	18% B	12%	16%	13%	7%	13%	16% AZ.BC	10%
Strongly disagree	22%	24%	21%	23%	20%	21%	23%	22%	22%
Not applicable	26%	24%	27%	25%	27%	17%	21%	27% AZ.BC	19%
Net: Agree	21%	19%	22%	20%	21%	29% BB	22%	20%	25% BB
Net: Disagree	37%	42% B	33%	39%	34%	28%	35%	39% AZ.BC	32%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
I am scared that my skills and training are no longer useful										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	6%	*18%* **	13% BF*	6%	14% BF	6%	6%	4% *	11% BH.BI.BL	6%
Slightly agree	14%	*11%* **	19% *	14%	17%	13%	15% BJ	3% *	21% BH.BJ.BL	14% BJ
Neither agree nor disagree	16%	*19%* **	29% BF*	15%	26% BF	17%	14%	18% *	17%	16%
Slightly disagree	15%	*6%* **	19% *	16%	15%	12%	19% BH.BL	25% BH*	18% BH	15% BH
Strongly disagree	22%	*19%* **	12% *	23% BE.BG	14%	19%	30% BH.BK.BL	27% *	15%	23% BH.BK
Not applicable	26%	*27%* **	9% *	26% BE.BG	15% BE	33% BI.BK.BL	16%	24% *	19%	26% BI.BK
Net: Agree	21%	*29%* **	31% BF*	20%	31% BF	19%	21% BJ	7% *	32% BH.BI.BJ.BL	20% BJ
Net: Disagree	37%	*25%* **	30% *	39% BG	29%	31%	49% BH.BK.BL	52% BH.BK*	32%	38% BH

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
To what extent do you agree or disagree with the following statements about news and mental wellbeing?									
Constant news about the pandemic makes me feel anxious									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	23%	16%	30% A	25% AN	15%	21%	31% BB	22%	27%
Slightly agree	35%	32%	38% A	35%	34%	30%	27%	36% BA.BC	28%
Neither agree nor disagree	22%	24% B	19%	20%	28% AM	31% BB	26%	20%	28% BB
Slightly disagree	13%	16% B	9%	13%	12%	9%	12%	13%	10%
Strongly disagree	8%	12% B	4%	7%	11%	9%	6%	8%	7%

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Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
To what extent do you agree or disagree with the following statements about news and mental wellbeing?										
Constant news about the pandemic makes me feel anxious										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	23%	*16%* **	28% *	23%	25%	21%	25%	19% *	26%	23%
Slightly agree	35%	*33%* **	27% *	35%	29%	35%	35%	41% *	29%	35%
Neither agree nor disagree	22%	*30%* **	30% *	21%	30% BF	24% BI.BL	17%	24% *	25% BI	21% BI
Slightly disagree	13%	*12%* **	4% *	13% BE.BG	6%	12%	15% BH.BL	14% *	11%	13%
Strongly disagree	8%	*9%* **	11% *	8%	10%	8%	8%	2% *	10%	8%

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Sample size: 2,180 UK adults, aged 16 to 25

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
The political and economic events of 2020 have made my mental health worse									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	22%	19%	24% A	22% AN	15%	25%	22%	21%	23%
Slightly agree	33%	30%	35%	33%	30%	27%	35%	33%	32%
Neither agree nor disagree	26%	25%	27%	25%	32% AM	32%	31%	25%	32% BB
Slightly disagree	12%	15% B	9%	12%	12%	10%	7%	13% BA.BC	8%
Strongly disagree	8%	10% B	5%	7%	12% AM	6%	5%	8%	6%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
The political and economic events of 2020 have made my mental health worse										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	22%	*18%* **	24% *	22%	22%	19%	22%	18% *	32% BH.BI.BL	20%
Slightly agree	33%	*20%* **	34% *	33%	30%	33% BK	34% BK	37% *	25%	33% BK
Neither agree nor disagree	26%	*26%* **	30% *	26%	29%	27%	26%	30% *	24%	26%
Slightly disagree	12%	*17%* **	8% *	12%	11%	13%	10%	11% *	12%	12% BI
Strongly disagree	8%	*18%* **	4% *	8%	8% BE	8%	8%	4% *	7%	8%

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
I pay attention to the news more than I did a year ago									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	27%	24%	30% A	27%	27%	31%	27%	27%	28%
Slightly agree	32%	29%	35% A	32%	32%	23%	32%	33% AZ	28%
Neither agree nor disagree	21%	23% B	18%	20%	22%	28% BB	23%	20%	25% BB
Slightly disagree	13%	15% B	12%	14%	13%	11%	14%	14%	13%
Strongly disagree	7%	8% B	5%	7%	6%	8%	5%	7%	6%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
I pay attention to the news more than I did a year ago										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	27%	*20%*	30%	27%	27%	31%	22%	10%	24%	27%
		**	*			BI.BJ.BK.BL		*		BI.BJ
Slightly agree	32%	*26%*	36%	33%	33%	32%	33%	46%	23%	33%
		**	*			BK	BK	BK*		BK
Neither agree nor disagree	21%	*25%*	14%	20%	17%	20%	21%	26%	23%	20%
		**	*					*		
Slightly disagree	13%	*8%*	12%	14%	11%	11%	17%	8%	15%	13%
		**	*				BH.BL	*		BH
Strongly disagree	7%	*21%*	8%	6%	12%	6%	6%	10%	14%	6%
		**	*		BE.BF			*	BH.BI.BL	

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Thinking about mental health support over the last year…To what extent do you agree or disagree with the following statements?									
I need more support with my mental health since the pandemic began									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	15%	11%	20% A	16%	13%	19%	20% BB	14%	20% BB
Slightly agree	23%	21%	26% A	24%	20%	23%	24%	23%	24%
Neither agree nor disagree	24%	24%	24%	25%	23%	22%	24%	24%	23%
Slightly disagree	15%	18% B	12%	16%	15%	13%	10%	16% BA.BC	11%
Strongly disagree	13%	17% B	8%	13%	14%	9%	13%	13%	11%
Prefer not to say	9%	9%	9%	7%	15% AM	13%	10%	8%	11%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Thinking about mental health support over the last year…To what extent do you agree or disagree with the following statements?										
I need more support with my mental health since the pandemic began										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	15%	*27%* **	21% *	15%	22% BF	17% BI.BL	12%	15% *	19% BI	15% BI
Slightly agree	23%	*11%* **	25% *	24%	21%	23%	23%	27% *	26%	23%
Neither agree nor disagree	24%	*16%* **	23% *	24%	21%	23%	26%	21% *	22%	24%
Slightly disagree	15%	*20%* **	10% *	15%	13%	15%	16%	10% *	13%	15%
Strongly disagree	13%	*12%* **	13% *	13%	12%	13%	14% BK	15% *	8%	13% BK
Prefer not to say	9%	*14%* **	9% *	9%	10%	9%	9%	12% *	12%	9%

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
I don't know who to turn to when I need help									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
Strongly agree	12%	10%	14% A	12%	10%	17% BB	14%	11%	15% BB
Slightly agree	23%	21%	24%	24%	19%	22%	27%	22%	25%
Neither agree nor disagree	18%	18%	18%	18%	20%	24%	15%	18%	19% BA
Slightly disagree	22%	22%	21%	22%	20%	11%	19%	23% AZ.BC	16%
Strongly disagree	17%	19% B	14%	17%	16%	13%	15%	17%	14%
Prefer not to say	9%	9%	9%	7%	15% AM	14%	10%	8%	11%

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
I don't know who to turn to when I need help										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
Strongly agree	12%	*16%* **	13% *	11%	14%	13% BI	9%	12% *	14%	11% BI
Slightly agree	23%	*9%* **	28% BG*	23%	22%	23%	22%	17% *	26%	22%
Neither agree nor disagree	18%	*22%* **	30% BF*	17%	27% BF	17%	19%	24% *	19%	18%
Slightly disagree	22%	*14%* **	12% *	23% BE.BG	12%	22%	22%	25% *	20%	22%
Strongly disagree	17%	*24%* **	10% *	17%	14% BE	17% BK	19% BK	10% *	9%	17% BK
Prefer not to say	9%	*14%* **	9% *	9%	10%	9%	8%	12% *	12%	9%

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Which, if any, of the following have you personally experienced since the COVID-19 pandemic began (i.e. since March 2020)? (Please select all that apply)									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
I have experienced self-loathing (disliking yourself)	45%	37%	53% A	47% AN	34%	49%	48%	44%	48%
I struggle to keep a daily routine	43%	40%	47% A	46% AN	31%	44%	45%	43%	44%
I have experienced insomnia (have trouble sleeping)	40%	33%	47% A	41%	34%	38%	48% BB	39%	44%
I struggle to think clearly	37%	31%	44% A	39% AN	29%	40%	39%	37%	40%
I feel inferior to others	33%	28%	38% A	34%	29%	35%	32%	33%	33%
I feel unable to cope with life	26%	20%	32% A	27% AN	20%	33% BB	29%	25%	31% BB
I struggle to do basic day-to-day activities like shopping, eating properly	24%	18%	30% A	26% AN	15%	26%	26%	24%	26%
I have experienced panic attacks	22%	14%	31% A	24% AN	13%	25%	24%	22%	25%
I have had difficulty controlling my anger	21%	18%	24% A	21%	19%	28% BB	22%	20%	24%
None of these	18%	23% B	12%	18%	22%	12%	13%	19% AZ.BA.BC	12%
Prefer not to say	10%	11%	9%	9%	12%	16% BB	11%	9%	13% BB

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Which, if any, of the following have you personally experienced since the COVID-19 pandemic began (i.e. since March 2020)? (Please select all that apply)										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
I have experienced self-loathing (disliking yourself)	45%	*32%* **	36% *	45% BG	35%	47% BI	41%	39% *	52% BI	44%
I struggle to keep a daily routine	43%	*38%* **	43% *	44%	41%	46% BI.BL	36%	38% *	53% BI.BL	42% BI
I have experienced insomnia (have trouble sleeping)	40%	*37%* **	50% *	39%	46%	39%	38%	42% *	52% BH.BI.BL	39%
I struggle to think clearly	37%	*30%* **	34% *	38%	33%	38%	33%	40% *	48% BH.BI.BL	36%
I feel inferior to others	33%	*11%* **	27% *	35% BG	23%	34%	30%	22% *	45% BH.BI.BJ.BL	32%
I feel unable to cope with life	26%	*18%* **	29% *	26%	26%	26% BI	21%	28% *	40% BH.BI.BL	24% BI
I struggle to do basic day-to-day activities like shopping, eating properly	24%	*15%* **	30% *	24%	26%	25%	21%	21% *	35% BH.BI.BL	23%
I have experienced panic attacks	22%	*16%* **	24% *	22%	22%	23%	20%	23% *	28% BI.BL	22%
I have had difficulty controlling my anger	21%	*11%* **	18% *	21%	16%	20%	20%	24% *	25%	20%
None of these	18%	*15%* **	22% *	19%	20%	17% BK	22% BH.BK.BL	19% *	10%	19% BK
Prefer not to say	10%	*19%* **	5% *	10%	9%	10%	9%	16% *	13%	10%

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Fieldwork: 25th November - 8th December 2020

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	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Still thinking about since the COVID-19 pandemic began (i.e. since March 2020)…Which, if any, of the following apply to you? Please tick all that apply.									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base: All respondents	2180	1117	1063	1778	277	163	240	1777	403
I have had suicidal thoughts	21%	19%	23% A	22%	17%	35% BB	29% BB	19%	31% BB
I have self-harmed	10%	7%	13% A	10%	10%	18% BB	17% BB	9%	17% BB
Neither of these	61%	64% B	58%	62%	63%	37%	48%	65% AZ.BA.BC	43%
Prefer not to say	15%	15%	15%	13%	16%	23% BB	18%	14%	20% BB

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Still thinking about since the COVID-19 pandemic began (i.e. since March 2020)…Which, if any, of the following apply to you? Please tick all that apply.										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base: All respondents	2180	*39*	96	1921	134	1175	741	46	218	1962
I have had suicidal thoughts	21%	*7%* **	33% BF*	21%	25%	22%	18%	15% *	28% BI.BL	20% BI
I have self-harmed	10%	*8%* **	22% BF*	9%	18% BF	12% BI.BL	7%	3% *	14% BI	10% BI
Neither of these	61%	*54%* **	51% *	63% BE.BG	52%	59%	68% BH.BK.BL	64% *	52%	62% BH.BK
Prefer not to say	15%	*31%* **	12% *	14%	17%	16% BI	12%	21% *	17%	15% BI

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My work/employment (or education or training)-happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	67.08	67.35	66.80	67.53	64.55	61.27	65.17	67.84 AZ.BC	63.64
Std. dev	22.55	22.52	22.57	22.35	23.53	25.72	23.47	22.04	24.42

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My work/employment (or education or training)-happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	67.08	*67.07* **	62.56 *	67.42	63.91 *	70.25 BK	68.63 BK	68.77 BK*	40.29	69.60 BK
Std. dev	22.55	*26.38*	20.75	22.57	22.57	20.42	21.56	19.16	22.64	20.84

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My home/accommodation- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	76.45	76.52	76.36	77.27 AN	72.04	69.83	70.20	77.88 AZ.BA.BC	70.05
Std. dev	20.93	20.63	21.25	20.22	24.02	22.85	25.45	19.79	24.42

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My home/accommodation- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	76.45	*75.52*	67.28	76.89	69.62	78.29	75.74	78.55	68.13	77.33
		**	*	BE.BG		BI.BK	BK	BK*		BI.BK
Std. dev	20.93	*24.98*	26.51	20.51	26.26	20.30	20.75	21.20	22.88	20.52

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My local community and the area I live in- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	69.29	69.59	68.99	69.82	67.07	63.25	66.50	70.22 AZ.BA.BC	65.20
Std. dev	19.62	19.44	19.80	19.36	20.44	21.81	21.91	18.95	21.90

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My local community and the area I live in- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	69.29	*61.93*	62.21	69.95	62.13	70.66	69.89	64.31	60.22	70.21
		**	*	BE.BG	*	BK	BK	*		BK
Std. dev	19.62	*23.10*	23.34	19.20	23.18	19.62	19.01	20.19	19.27	19.42

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: Relationships with my family- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	77.07	77.53	76.60	78.36 AN	69.87	69.32	70.32	78.67 AZ.BA.BC	69.93
Std. dev	20.77	20.26	21.29	19.65	24.02	24.56	23.91	19.59	24.14

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: Relationships with my family- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	77.07	*72.47* **	68.50 *	77.79 BE.BG	69.63	77.57 BK	78.97 BK	77.26 BK*	67.50	78.10 BK
Std. dev	20.77	*23.95*	23.88	20.47	23.87	20.37	19.89	20.94	23.43	20.20

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: Relationships with my friends- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	74.15	74.16	74.14	74.66 AN	71.06	66.03	73.82 AZ.BC	74.91 AZ.BC	70.70 AZ
Std. dev	20.11	20.33	19.89	19.98	20.41	22.72	21.67	19.50	22.40

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: Relationships with my friends- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	74.15	*71.12* **	68.70 *	74.72 BE.BG	69.38	75.28 BK	74.41 BK	74.13 *	66.63	74.92 BK
Std. dev	20.11	*26.09*	24.89	19.63	25.15	19.69	19.77	18.89	22.47	19.70

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: The amount of money I have- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	60.25	62.02 B	58.41	61.11 AN	57.33	51.40	55.30	61.72 AZ.BA.BC	53.74
Std. dev	24.51	24.99	23.86	24.32	25.55	28.03	24.05	23.98	25.75

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: The amount of money I have- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	60.25	*60.80* **	54.11 *	60.74 BE	56.03	61.17 BK	62.71 BK	63.56 BK*	45.64	61.81 BK
Std. dev	24.51	*25.87*	25.61	24.31	25.77	24.51	23.26	23.98	24.16	24.03

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: The qualifications and training I've received to date-happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	76.81	76.93	76.68	77.69 AN	73.48	69.70	72.90	77.93 AZ.BA.BC	71.66
Std. dev	19.17	19.29	19.05	18.71	20.69	24.87	20.70	18.19	22.43

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: The qualifications and training I've received to date-happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	76.81	*64.67* **	66.63 *	77.85 BE.BG	66.08 *	78.12 BK	77.45 BK	74.12 *	67.54	77.77 BK
Std. dev	19.17	*25.53*	24.44	18.41	24.66	18.31	19.03	18.99	21.88	18.61

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My physical health- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	64.84	66.30 B	63.31	65.37	64.11	61.89	61.43	65.56 BA.BC	61.61
Std. dev	22.41	22.11	22.64	22.21	23.08	24.21	22.58	22.17	23.21

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My physical health- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	64.84	*62.97* **	63.36 *	65.09	63.25	65.03 BK	66.95 BK	64.46 *	56.36	65.74 BK
Std. dev	22.41	*26.69*	24.72	22.26	25.17	22.66	21.09	22.56	23.74	22.08

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My mental health (e.g. feeling depressed, stressed or regularly in a bad mood)- happiness									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	56.27	60.06 B	52.29	56.30	57.04	49.16	54.52	57.13 AZ.BC	52.38
Std. dev	24.77	24.69	24.22	24.71	25.16	24.95	24.73	24.65	24.93

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My mental health (e.g. feeling depressed, stressed or regularly in a bad mood)- happiness										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	56.27	*57.74* **	52.07 *	56.75	53.68	56.67 BK	59.28 BH.BK.BL	54.06 BK*	43.76	57.60 BK
Std. dev	24.77	*23.95*	26.59	24.54	25.91	25.03	23.87	21.18	23.43	24.54

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Index: Work/employment- confidence

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	66.05	66.49	65.59	65.77	68.61	65.58	65.19	66.21	65.35
Std. dev	21.79	22.26	21.27	22.00	20.36	22.93	22.13	21.64	22.42

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Index: Work/employment- confidence

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	66.05	*58.29* ** **	64.84 *	66.22	63.10 *	64.34 BK	71.93 BH.BK.BL	71.69 BH.BK*	52.62	67.41 BH.BK
Std. dev	21.79	*25.59*	26.37	21.54	26.22	21.89	19.11	18.06	23.77	21.11

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My home/accommodation- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	71.83	71.43	72.25	72.13	69.78	66.03	71.04 AZ.BC	72.45 AZ.BC	69.05
Std. dev	20.02	19.98	20.07	19.69	22.02	22.94	19.80	19.70	21.22

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My home/accommodation- confidence										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	71.83	*71.16* **	67.45 *	71.98	68.48	71.81 BK	73.88 BK.BL	74.81 BK*	63.60	72.67 BK
Std. dev	20.02	*20.69*	24.67	19.74	23.61	20.01	19.25	19.09	21.08	19.72

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My local community and the area I live in- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	68.48	68.64	68.32	68.48	68.87	63.23	69.03 AZ.BC	68.88 AZ	66.72 AZ
Std. dev	19.30	19.22	19.40	19.18	20.25	21.92	20.53	18.82	21.26

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My local community and the area I live in- confidence										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	68.48	*67.25*	63.49	68.80	64.52	69.16	70.53	64.53	57.62	69.58
		**	*	BE.BG	*	BK	BK	*		BK
Std. dev	19.30	*22.15*	24.53	18.86	23.88	19.18	18.52	18.46	19.65	18.93

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: Relationships with my family- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	78.17	77.97	78.39	79.36 AN	70.45	72.24	73.52	79.33 AZ.BA.BC	73.01
Std. dev	20.61	20.23	21.01	19.84	23.33	23.48	24.38	19.60	24.00

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: Relationships with my family- confidence										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	78.17	*81.35*	69.94	78.70	73.18	78.49	80.23	79.95	68.34	79.19
		**	*	BE.BG	BE	BK	BK	BK*		BK
Std. dev	20.61	*14.19*	23.62	20.42	21.93	20.54	19.10	22.11	23.30	20.05

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: Relationships with my friends- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	73.03	73.20	72.84	73.47	71.55	66.58	73.61 AZ.BC	73.51 AZ.BC	70.82 AZ
Std. dev	20.56	20.16	20.98	20.47	20.03	23.91	21.88	19.97	22.94

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: Relationships with my friends- confidence										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	73.03	*72.54* **	70.94 *	73.39	71.37	72.45 BK	75.52 BH.BK.BL	74.16 *	66.80	73.66 BH.BK
Std. dev	20.56	*20.89*	22.02	20.50	21.66	20.95	18.69	20.25	23.41	20.14

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: The amount of money I have- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	65.09	66.58 B	63.52	65.32	64.25	61.09	60.45	66.08 AZ.BA.BC	60.71
Std. dev	21.25	21.16	21.24	21.19	22.33	24.41	22.56	20.64	23.29

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: The amount of money I have- confidence										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	65.09	*59.70* **	61.95 *	65.14	61.33	64.48 BK	68.47 BH.BK.BL	69.07 BK*	55.14	66.11 BH.BK
Std. dev	21.25	*27.98*	24.40	20.96	25.35	21.32	19.96	21.00	22.20	20.88

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My qualifications and training- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	73.60	73.68	73.52	74.01	72.67	66.72	71.29	74.53 AZ.BA.BC	69.48
Std. dev	19.08	19.42	18.74	18.98	19.68	21.18	20.13	18.59	20.65

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Index: My qualifications and training- confidence										
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	73.60	*68.24*	68.43	74.02	68.38	73.95	75.72	74.62	63.05	74.63
		**	*	BE.BG	*	BK	BK.BL	BK*		BK
Std. dev	19.08	*23.25*	20.54	18.93	21.25	18.62	18.56	16.34	21.12	18.56

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My physical health- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	69.25	70.28 B	68.15	69.48	69.93	61.79	67.23 AZ.BC	70.20 AZ.BC	65.05 AZ
Std. dev	20.36	20.26	20.42	20.24	20.99	23.35	20.43	19.91	21.78

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Index: My physical health- confidence

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	69.25	*68.64* **	61.77 *	69.83 BE.BG	63.70	69.78 BK	70.46 BK	66.17 *	62.53	69.95 BK
Std. dev	20.36	*19.69*	24.65	20.06	23.49	20.52	19.10	20.80	22.51	20.00

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: My mental health- confidence									
Unweighted base	2180	794	1386	1802	254	184	250	1746	434
Base	2180	1117	1063	1778	277	163	240	1777	403
Mean	63.61	66.20 B	60.86	63.45	66.27	57.68	61.58	64.42 AZ.BC	60.03
Std. dev	22.34	22.40	21.95	22.10	23.18	24.74	22.69	21.98	23.57

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

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Index: My mental health- confidence

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2180	*38*	103	1926	141	1013	879	51	237	1943
Base	2180	*39*	96	1921	134	1175	741	46	218	1962
Mean	63.61	*68.76* ** **	61.69 *	63.70	63.67 *	63.05 BK	66.96 BH.BK.BL	62.79 *	54.69	64.53 BH.BK
Std. dev	22.34	*22.61*	25.89	22.04	25.13	22.82	20.51	21.56	23.53	22.01

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Index: Happy score									
Unweighted base	2160	786	1374	1791	250	180	248	1732	428
Base	2158	1106	1053	1767	272	158	238	1763	396
Mean	69.00	69.88 B	68.07	69.68 AN	66.17	62.21	65.43	70.09 AZ.BA.BC	64.15
Std. dev	14.36	14.43	14.23	13.88	16.27	15.73	16.00	13.75	15.95

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Index: Happy score

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2160	*37*	103	1915	140	1004	877	51	228	1932
Base	2158	*38*	96	1909	134	1164	740	46	209	1949
Mean	69.00	*65.88*	62.64	69.60	63.57	70.22	70.39	68.71	57.29	70.25
		**	*	BE.BG		BK	BK	BK*		BK
Std. dev	14.36	*15.85*	17.41	13.98	16.98	13.81	13.66	12.47	14.92	13.72

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Index: Confident score

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2143	783	1360	1776	249	179	245	1719	424
Base	2141	1101	1040	1752	271	157	235	1748	392
Mean	69.74	70.31	69.14	70.00	69.08	64.31	68.09 AZ.BC	70.45 AZ.BA.BC	66.58
Std. dev	14.99	15.05	14.90	14.77	16.30	17.07	15.75	14.57	16.38

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

Index: Confident score

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Unweighted base	2143	*36*	103	1901	139	997	873	51	222	1921
Base	2141	*37*	96	1895	133	1156	737	46	202	1938
Mean	69.74	*68.60* **	65.53 *	70.03 BE.BG	66.39	69.62 BK	72.49 BH.BK.BL	70.58 BK*	60.24	70.73 BH.BK
Std. dev	14.99	*14.52*	17.83	14.77	16.97	14.59	14.09	14.86	16.49	14.47

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

Yltotal. Overall score

	Total	Binary gender		Ethnicity		Free school meals			
		Male	Female	NET: White	NET: BAME	Throughout my time at school	Some of the time	Never	NET: received at all
		A	B	AM	AN	AZ	BA	BB	BC
Unweighted base	2160	786	1374	1791	250	180	248	1732	428
Base	2158	1106	1053	1767	272	158	238	1763	396
Mean	69.32	70.10 B	68.51	69.80 AN	67.49	63.18	66.71 AZ.BC	70.23 AZ.BA.BC	65.30
Std. dev	13.86	13.97	13.70	13.48	15.64	15.46	15.23	13.33	15.40

Cell Contents (, Statistical Test Results), Statistics (Column Percentages, Statistical Test Results), Statistics (Column Proportions, (95%): A/B, C/D/E/F/G

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Prince's Trust: Youth Index 2021

Sample size: 2,180 UK adults, aged 16 to 25

Fieldwork: 25th November - 8th December 2020

YouGov

	Total	GCSEs				Current employment status				
		None	Less than 5	5 or more	NET: less than 5 (inc. 0)	At school/ college/ university	Employed	In training/ apprenticeship	NEET	NET: EET
		BD	BE	BF	BG	BH	BI	BJ	BK	BL
Yltotal. Overall score										
Unweighted base	2160	*37*	103	1915	140	1004	877	51	228	1932
Base	2158	*38*	96	1909	134	1164	740	46	209	1949
Mean	69.32	*66.72*	64.10	69.79	64.85	69.90	71.40	69.69	58.69	70.46
		**	*	BE.BG		BK	BH.BK.BL	BK*		BK
Std. dev	13.86	*14.70*	16.61	13.58	16.08	13.29	13.25	12.93	14.67	13.28

Cell Contents (, ; H/I, J/K/L/M/N/O/P/Q/R/S/T/U/V, W/X/Y/Z/AA/AB/AC/AD/AE/AF/AG/AH/AI/AJ/AK/AL, AM/AN, AO/AP/AQ/AR/AS/AT/AU/AV/AW/AX/AY, AZ/BA/BB/BC, E

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