

YouGov - Phobias

Fieldwork: 19th - 20th January 2023

Total	Gender		Age					Social Grade		Region							
	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	England (NET)	Wales	Scotland
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q

For the following question by phobia we mean an overwhelming and debilitating fear of an object, place, situation, feeling or animal...Which, if any, of the following would you say you have a phobia of? (Please select all that apply)

Unweighted base	2132	1036	1096	158	315	404	317	938	1296	836	512	369	203	257	502	1843	105	184
Base: All GB Adults	2132	1034	1098	237	314	403	310	860	1215	917	510	352	201	288	492	1842	104	185
Clowns	3%	1%	5%	5%	4%	3%	1%	3%	3%	3%	4%	3%	1%	2%	5%	3%	4%	2%
			A	F	F	F		F							L.M.O		*	
Dogs	2%	2%	2%	1%	2%	2%	2%	2%	2%	2%	2%	2%	1%	5%	1%	2%	3%	1%
														J.K.L.N.O.Q		N	*	
Enclosed spaces	13%	10%	17%	16%	13%	13%	12%	13%	11%	16%	14%	12%	12%	14%	15%	14%	12%	12%
			A							H							*	
Flying	6%	5%	8%	8%	5%	4%	8%	7%	6%	7%	9%	6%	4%	7%	5%	7%	5%	3%
			A				E	E			L.N.O.Q						*	
Going to the dentist	10%	9%	12%	4%	12%	7%	12%	13%	9%	12%	9%	11%	9%	13%	10%	10%	8%	12%
					C.E		C.E	C.E		H							*	
Heights	23%	22%	24%	16%	23%	18%	29%	26%	21%	26%	22%	28%	22%	19%	24%	23%	25%	22%
							C.E	C.E		H		M.O					*	
Needles	6%	5%	6%	7%	9%	5%	7%	4%	5%	7%	5%	7%	5%	7%	6%	6%	8%	4%
					E.G					H							*	
Public speaking	15%	13%	17%	14%	18%	16%	16%	14%	14%	16%	17%	14%	17%	15%	14%	15%	14%	12%
			A														*	
Snakes	14%	11%	17%	9%	13%	11%	18%	17%	13%	16%	14%	15%	12%	15%	16%	15%	12%	12%
			A				C.E	C.E									*	
Spiders	21%	16%	26%	25%	27%	20%	23%	17%	19%	23%	20%	19%	24%	22%	23%	21%	22%	19%
			A	G	G		G			H						*		
None of these	38%	44%	32%	37%	31%	42%	37%	38%	42%	32%	40%	36%	41%	33%	36%	37%	37%	43%
		B			D		D		I							*		M
Don't know	3%	3%	3%	7%	4%	4%	2%	1%	2%	4%	1%	4%	3%	5%	2%	3%	8%	3%
			F.G	G	G				H			J.N	J	J.N.O	J		J.N.O*	J

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To what extent, if at all, would you say you are scared of each of the following? (Please select one option on each row)

Clowns																			
	Unweighted base	2063	1022	1041	149	302	392	314	906	1252	811	494	358	200	253	477	1782	100	181
Base: All GB Adults	2063	1021	1042	225	301	390	316	830	1174	889	491	341	198	283	467	1781	100	182	
Very scared	1%	1%	1%	3%	1%	1%	1%	1%	1%	1%	1%	-	1%	1%	1%	1%	1%	5%	0%
				E.G								J	J	J	J	J	J	J.K.L.M.N.O.Q*	
Somewhat scared	7%	4%	10%	14%	9%	8%	6%	3%	8%	5%	6%	7%	6%	6%	8%	7%	4%	8%	
			A	E.F.G	G	G	G	G	I									*	
Not really scared	20%	15%	25%	31%	25%	19%	15%	17%	20%	20%	23%	19%	21%	21%	18%	20%	14%	19%	
			A	E.F.G	F.G				P									*	
Not scared at all	70%	79%	62%	45%	63%	69%	77%	78%	71%	69%	69%	71%	72%	67%	71%	70%	76%	71%	
			B		C	C	C.D.E	C.D.E										*	
Don't know	2%	3%	2%	6%	2%	3%	1%	1%	1%	4%	2%	2%	1%	5%	2%	2%	2%	2%	
			D.F.G	D.F.G	G				H					J.K.L.N.O			*		
Dogs																			
	Unweighted base	2088	1016	1072	156	308	395	309	920	1267	821	503	361	200	244	497	1805	102	181
Base: All GB Adults	2088	1014	1074	233	307	394	311	843	1188	900	501	344	198	273	488	1803	102	183	
Very scared	1%	0%	1%	2%	0%	-	0%	1%	1%	1%	1%	-	-	1%	0%	1%	1%	3%	-
				E														J.K.M.N.O.Q*	
Somewhat scared	8%	6%	9%	9%	8%	9%	7%	7%	8%	7%	8%	9%	6%	9%	9%	8%	3%	3%	
			A						Q	Q	Q	Q	Q	Q	Q	Q	*		
Not really scared	23%	21%	24%	16%	24%	24%	22%	25%	24%	22%	23%	20%	22%	31%	21%	23%	14%	26%	
			A						C					J.K.N.O.P			*	P	
Not scared at all	67%	70%	65%	69%	66%	65%	70%	67%	67%	68%	67%	70%	70%	58%	68%	67%	78%	69%	
			B						M	M	M	M	M	M	M	M	M.O*	M	
Don't know	1%	2%	1%	4%	2%	2%	0%	1%	1%	2%	1%	1%	1%	3%	1%	1%	2%	2%	
			F.G	F.G	F.G				H								*		
Enclosed spaces																			
	Unweighted base	1857	938	919	133	275	352	281	816	1151	706	443	325	178	224	431	1601	92	164
Base: All GB Adults	1848	932	917	199	273	350	281	746	1078	770	440	308	176	249	421	1593	92	163	
Very scared	2%	1%	3%	7%	2%	1%	3%	1%	2%	2%	2%	3%	1%	2%	1%	2%	3%	1%	
			A	D.E.G			G					N					*		
Somewhat scared	20%	14%	27%	28%	24%	23%	19%	17%	21%	20%	19%	19%	24%	22%	19%	20%	25%	22%	
			A	F.G	G	G											*		
Not really scared	34%	30%	37%	36%	35%	35%	33%	32%	34%	32%	36%	36%	25%	33%	32%	33%	30%	37%	
			A						L	L	L	L	L	L	L	L	*	L	
Not scared at all	42%	52%	31%	21%	36%	38%	43%	50%	42%	42%	41%	39%	49%	37%	46%	42%	40%	37%	
			B		C	C	C	C.D.E.F					K.M.Q		M		*		
Don't know	3%	3%	2%	9%	3%	3%	2%	1%	1%	4%	2%	2%	2%	5%	2%	3%	2%	2%	
			B	D.E.F.G	G	G			H					N.O			*		

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<b>Flying</b>																		
Unweighted base	1996	986	1010	146	299	388	292	871	1222	774	464	346	194	240	475	1719	99	178
Base: All GB Adults	1996	985	1012	218	299	386	293	799	1147	850	463	330	192	268	465	1718	99	179
Very scared	2%	2%	3%	7%	3%	2%	2%	1%	2%	3%	2%	2%	2%	2%	2%	2%	6%	3%
				E.F.G	G					H							J.K.N.O*	
Somewhat scared	14%	10%	18%	16%	13%	16%	18%	12%	14%	15%	17%	15%	16%	8%	15%	15%	11%	12%
			A			G	G			M	M	M			M	M	*	
Not really scared	27%	22%	32%	22%	30%	27%	29%	27%	28%	25%	28%	24%	23%	33%	29%	28%	22%	25%
			A										K.L			*		
Not scared at all	54%	62%	45%	46%	49%	50%	51%	60%	55%	51%	52%	55%	55%	51%	52%	53%	56%	57%
			B					C.D.E.F								*		
Don't know	3%	4%	2%	9%	4%	4%	1%	1%	1%	6%	2%	3%	5%	2%	3%	4%	3%	3%
			D.E.F.G	F.G	F.G					H			J.N.O			*		
<b>Going to the dentist</b>																		
Unweighted base	1906	938	968	152	277	376	280	821	1177	729	460	331	184	223	449	1647	97	162
Base: All GB Adults	1910	938	971	228	276	374	280	752	1107	803	461	315	182	251	442	1650	97	162
Very scared	3%	2%	5%	8%	4%	3%	1%	2%	3%	3%	3%	2%	3%	4%	3%	3%	6%	4%
			A	E.F.G	F												*	
Somewhat scared	16%	12%	21%	11%	16%	19%	19%	16%	16%	17%	18%	21%	15%	16%	15%	17%	11%	11%
			A			C	C			Q	N.O.P.Q					Q	*	
Not really scared	28%	27%	29%	20%	29%	25%	30%	31%	29%	27%	29%	28%	28%	28%	30%	29%	21%	25%
							C	C.E								*		
Not scared at all	51%	57%	44%	55%	51%	51%	50%	49%	52%	49%	49%	47%	52%	49%	50%	49%	60%	60%
			B														K.O*	J.K.M.N.O
Don't know	2%	2%	1%	7%	1%	2%	0%	1%	1%	3%	1%	1%	2%	3%	2%	2%	2%	1%
			D.E.F.G	G						H						*		

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	Gender		Age					Social Grade		Region								
	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	England (NET)	Wales	Scotland	
<b>Heights</b>																		
Unweighted base	1627	800	827	135	242	330	227	693	1013	614	394	267	158	209	377	1405	79	143
Base: All GB Adults	1636	804	832	198	242	330	228	638	959	677	395	254	156	234	373	1412	78	146
Very scared	5%	3%	6%	A	8%	5%	4%	4%	4%	5%	4%	4%	5%	7%	3%	4%	7%	5%
				G														
Somewhat scared	32%	27%	38%	A	26%	32%	33%	37%	33%	32%	35%	34%	31%	35%	30%	33%	33%	29%
				A				C									*	
Not really scared	35%	35%	34%	34%	36%	35%	33%	35%	37%	32%	33%	30%	35%	34%	39%	35%	27%	38%
									I					K.O		*		
Not scared at all	27%	33%	21%	26%	26%	24%	26%	29%	26%	28%	28%	30%	29%	21%	26%	27%	30%	26%
									B			M				*		
Don't know	2%	2%	1%	6%	1%	3%	0%	0%	0%	3%	1%	2%	1%	1%	1%	3%	2%	2%
				B	D.F.G	G			H							*		
<b>Needles</b>																		
Unweighted base	2009	979	1030	146	287	384	295	897	1234	775	484	347	194	237	473	1735	97	177
Base: All GB Adults	2008	978	1029	219	287	383	296	822	1157	850	483	328	191	267	464	1733	97	178
Very scared	1%	1%	2%	2%	2%	2%	1%	0%	1%	1%	1%	0%	3%	1%	2%	1%	3%	0%
				G	G	G							K		K		K*	
Somewhat scared	12%	11%	12%	20%	18%	14%	9%	7%	12%	11%	11%	14%	9%	13%	11%	12%	10%	12%
				F.G	F.G	F.G											*	
Not really scared	30%	29%	30%	33%	30%	33%	29%	28%	32%	27%	30%	28%	29%	31%	30%	30%	33%	29%
									I								*	
Not scared at all	56%	57%	55%	38%	48%	49%	61%	64%	54%	58%	57%	55%	58%	53%	56%	56%	52%	56%
						C	C.D.E	C.D.E									*	
Don't know	2%	2%	1%	6%	2%	2%	1%	0%	1%	3%	1%	2%	1%	3%	1%	2%	2%	2%
				B	D.E.F.G	G			H							*		
<b>Public speaking</b>																		
Unweighted base	1810	899	911	133	261	338	265	813	1116	694	425	314	170	219	429	1557	90	163
Base: All GB Adults	1812	898	914	204	259	337	268	743	1046	766	424	302	166	245	421	1558	90	164
Very scared	8%	4%	11%	12%	11%	8%	6%	6%	6%	10%	10%	7%	8%	4%	8%	8%	9%	6%
			A	G	F.G					H	M.O				M		*	
Somewhat scared	31%	26%	37%	35%	34%	35%	32%	28%	31%	32%	29%	38%	33%	30%	28%	31%	30%	35%
			A			G						J.N.O				*		
Not really scared	32%	34%	30%	31%	36%	33%	30%	32%	33%	30%	32%	29%	32%	36%	34%	33%	30%	30%
																	*	
Not scared at all	26%	33%	20%	16%	18%	21%	30%	33%	29%	22%	26%	24%	26%	25%	29%	26%	28%	26%
							C.D.E	C.D.E	I								*	
Don't know	3%	3%	2%	6%	1%	3%	2%	3%	1%	5%	3%	2%	2%	5%	1%	3%	2%	4%
				D.F					H				N.O		N	*		N

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	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	England (NET)	Wales	Scotland	
<b>Snakes</b>																		
Unweighted base	1816	914	902	143	276	362	261	774	1117	699	435	314	177	216	420	1562	92	162
Base: All GB Adults	1824	918	906	215	274	360	262	713	1054	770	437	298	176	243	414	1569	92	163
Very scared	6%	4%	9%	10%	8%	7%	4%	5%	6%	7%	8%	7%	3%	8%	5%	6%	7%	4%
			A	F.G	F.G						L						*	
Somewhat scared	27%	24%	31%	26%	26%	32%	27%	30%	24%	24%	29%	29%	29%	28%	27%	22%	*	30%
			A					I								*		
Not really scared	35%	36%	34%	37%	35%	35%	31%	37%	35%	35%	38%	34%	33%	38%	32%	35%	36%	35%
																*		
Not scared at all	28%	32%	23%	20%	28%	28%	30%	29%	28%	28%	28%	26%	32%	21%	32%	28%	31%	26%
			B				C	C			M			M.O	M	*	*	
Don't know	4%	4%	3%	7%	3%	4%	3%	2%	2%	6%	3%	4%	3%	3%	3%	4%	4%	5%
			G						H							*	*	
<b>Spiders</b>																		
Unweighted base	1693	879	814	119	231	322	244	777	1051	642	412	300	155	201	388	1456	82	155
Base: All GB Adults	1685	871	814	178	231	321	245	711	981	704	410	285	152	225	380	1453	82	151
Very scared	3%	1%	5%	10%	4%	4%	1%	1%	2%	4%	3%	3%	1%	3%	3%	3%	5%	4%
			A	D.E.F.G	G	F.G				H							*	*
Somewhat scared	21%	14%	28%	22%	30%	26%	22%	14%	22%	18%	20%	23%	21%	19%	21%	21%	20%	17%
			A	G	G	G	G										*	*
Not really scared	37%	38%	36%	40%	37%	35%	39%	37%	38%	35%	35%	34%	39%	42%	36%	37%	37%	40%
																*	*	*
Not scared at all	38%	45%	30%	22%	27%	33%	37%	48%	37%	39%	41%	39%	37%	34%	38%	38%	35%	37%
			B			C	C.D	C.D.E.F								*	*	*
Don't know	2%	3%	1%	6%	3%	3%	0%	0%	1%	3%	2%	2%	2%	3%	1%	2%	3%	2%
			B	F.G	F.G	F.G			H							*	*	*

Cell Contents (Column Percentages, Statistical Test Results), Statistics (Column Proportions, (95%): A/B, C/D/E/F/G, H/I, J/K/L/M/N/O/P/Q, R/S/T/U/V/W/X/Y/Z/AA/AB/AC, AD/AE/AF/AG/AH/AI/AJ, AK/AL/AM/AN/AO, AP/AQ/AR/AS/AT/AU, AV/AW/AX/AY/AZ/BA/BB/BC, BD/BE/BF/BG/BH/BI/BJ/BK/BL/BLM, Minimum Base: 30 (\*\*), Small Base: 100 (\*\*))