

YouGov Survey Results

Sample: 3,719 GB adults

Fieldwork: 9th - 11th June 2021



Total	Gender		Age					Social Grade	
	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	1725	1994	259	538	729	593	1600	2275	1444
Base: All England Adults	3726	1804	1923	407	545	718	588	1469	2121	1606
Underweight	3%	4%	3%	10%	5%	3%	3%	2%	3%	4%
Normal	41%	41%	40%	59%	47%	40%	32%	37%	42%	39%
Overweight	40%	41%	39%	18%	33%	38%	47%	48%	41%	39%
Obese	9%	8%	10%	7%	9%	10%	10%	8%	9%	9%
Morbidly obese	3%	2%	3%	2%	2%	4%	4%	2%	2%	3%
Don't know	1%	2%	1%	2%	2%	2%	2%	1%	1%	2%
Prefer not to say	3%	2%	3%	3%	2%	3%	3%	2%	2%	3%

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Total	Region							
	North	Midlands	East	London	South	England (NET)	Wales	Scotland

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	1050	727	394	498	1050	3719	-	-
Base: All England Adults	3726	1031	712	390	582	1012	3726	-	-
Underweight	3%	3%	4%	4%	5%	3%	3%	-	-
Normal	41%	40%	39%	37%	43%	43%	41%	-	-
Overweight	40%	42%	40%	44%	37%	39%	40%	-	-
Obese	9%	9%	10%	9%	8%	9%	9%	-	-
Morbidly obese	3%	3%	2%	2%	3%	3%	3%	-	-
Don't know	1%	2%	1%	1%	1%	1%	1%	-	-
Prefer not to say	3%	2%	3%	3%	3%	2%	3%	-	-

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Total	Government Region											
	North East	North West	Yorkshire and the Humber	East Midlands	West Midlands	East of England	London	South East	South West	England (NET)	Wales	Scotland

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	184	459	407	362	365	394	498	641	409	3719	-	-
Base: All England Adults	3726	185	441	405	363	349	390	582	628	384	3726	-	-
Underweight	3%	3%	2%	3%	3%	5%	4%	5%	4%	1%	3%	-	-
Normal	41%	46%	40%	37%	43%	36%	37%	43%	45%	39%	41%	-	-
Overweight	40%	35%	40%	47%	38%	43%	44%	37%	36%	44%	40%	-	-
Obese	9%	10%	9%	9%	10%	9%	9%	8%	9%	9%	9%	-	-
Morbidly obese	3%	4%	4%	2%	2%	3%	2%	3%	2%	3%	3%	-	-
Don't know	1%	0%	2%	2%	1%	2%	1%	1%	1%	1%	1%	-	-
Prefer not to say	3%	2%	3%	0%	4%	3%	3%	3%	2%	3%	3%	-	-

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Total	Working Status							Marital Status				
	Working full time	Working part time	ALL WORKERS (NET)	Full time student	Retired	Unemployed	Not working/ Other	Married/ Civil Partnership	Living as married	Separated/ Divorced	Widowed	Never Married

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	1606	539	2145	118	1028	211	217	1756	473	346	144	989
Base: All England Adults	3726	1612	561	2174	177	907	243	224	1648	474	332	127	1133
Underweight	3%	3%	3%	3%	14%	2%	4%	3%	2%	3%	3%	1%	6%
Normal	41%	43%	44%	43%	56%	36%	38%	31%	39%	41%	38%	36%	45%
Overweight	40%	41%	35%	39%	19%	50%	36%	33%	45%	42%	39%	48%	32%
Obese	9%	9%	9%	9%	8%	7%	13%	16%	9%	9%	11%	7%	8%
Morbidly obese	3%	2%	3%	2%	1%	2%	5%	5%	2%	3%	4%	2%	3%
Don't know	1%	1%	3%	2%	1%	1%	0%	5%	1%	1%	1%	5%	2%
Prefer not to say	3%	2%	3%	2%	2%	2%	3%	7%	2%	1%	3%	1%	3%

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Total	Children in Household					
	0	1	2	3+	ALL WITH CHILDREN IN HOUSEHOLD (NET)	Refused

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	2769	438	338	102	878	72
Base: All England Adults	3726	2732	459	342	114	914	80
Underweight	3%	3%	3%	2%	5%	3%	7%
Normal	41%	40%	43%	46%	47%	45%	28%
Overweight	40%	42%	38%	38%	33%	38%	14%
Obese	9%	9%	10%	9%	9%	10%	10%
Morbidly obese	3%	3%	4%	2%	1%	3%	3%
Don't know	1%	1%	1%	1%	4%	1%	11%
Prefer not to say	3%	2%	0%	2%	1%	1%	27%

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Total	Parent/ Guardian							
	Parent/ guardian (any age)	Not parent/ guardian	4 years and under	5 to 11 years	12 to 16 years	17 to 18 years	18 years and under	Over 18 years

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	2105	1614	289	420	286	127	851	1374
Base: All England Adults	3726	2005	1722	290	420	294	125	850	1272
Underweight	3%	2%	5%	4%	2%	3%	1%	3%	2%
Normal	41%	37%	45%	47%	40%	42%	40%	41%	35%
Overweight	40%	45%	35%	31%	39%	40%	45%	39%	48%
Obese	9%	10%	8%	11%	12%	9%	9%	11%	9%
Morbidly obese	3%	3%	3%	3%	3%	3%	2%	3%	2%
Don't know	1%	1%	2%	2%	2%	2%	1%	2%	1%
Prefer not to say	3%	2%	3%	1%	2%	2%	1%	2%	3%

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Total	Gender & Age									
	18-24/ Male	18-24/ Female	25-34/ Male	25-34/ Female	35-44/ Male	35-44/ Female	45-54/ Male	45-54/ Female	55+/ Male	55+/ Female

The following question is about your body weight, we understand that this can be a sensitive topic and have provided you with a "Prefer not to say" option.
Which of the following would you say best describes your weight?

Unweighted base	3719	79	180	232	306	375	354	292	301	747	853
Base: All England Adults	3726	203	205	244	301	375	342	294	294	687	782
Underweight	3%	11%	9%	5%	4%	3%	2%	2%	3%	2%	2%
Normal	41%	58%	60%	45%	49%	40%	41%	35%	29%	39%	36%
Overweight	40%	18%	17%	34%	32%	40%	35%	47%	47%	49%	47%
Obese	9%	8%	6%	9%	9%	9%	12%	10%	10%	7%	10%
Morbidly obese	3%	1%	2%	1%	3%	3%	5%	3%	4%	1%	2%
Don't know	1%	1%	3%	4%	1%	2%	1%	1%	2%	1%	1%
Prefer not to say	3%	2%	3%	2%	2%	2%	4%	2%	4%	1%	3%