

YouGov Poll: Lent



Sample 4,571 US Adults
Margin of Error ±2.1%

1. Do you celebrate Easter?

1) Yes	71%
2) No	28%
3) Don't know	1%
Totals	100%
Unweighted N	4,571

2. Will you be giving up anything for Lent (February 17 - April 3) this year?

1) Yes	16%
2) No	70%
3) Don't know	13%
Totals	99%
Unweighted N	4,571

3. You indicated that you are giving up something for Lent this year. Which of the following items are you planning to give up that you normally engage in? Please select all that apply. (Asked to those who said they were giving something up for Lent)

1) Alcohol	17%
2) Caffeine	9%
3) Desserts or sweets	24%
4) Fast food or dining out	20%
5) Non-essential shopping	15%
6) Social media	14%
7) Soda	20%
8) Watching TV/streaming	11%
9) Gossiping	16%
10) Video games	8%
11) Other	31%
12) Don't know	5%
Unweighted N	683

4. Regardless of whether or not you are celebrating Lent, which of the following items would you have the MOST difficulty giving up for 40 days?

1) Alcohol	5%
2) Caffeine	17%

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3) Desserts or sweets	11%
4) Fast food or dining out	6%
5) Non-essential shopping	2%
6) Social media	9%
7) Soda	7%
8) Watching TV/streaming	25%
9) Gossiping	1%
10) Video games	5%
11) Don't know	9%
12) N/A - I already abstain from all of these	3%
Totals	100%
Unweighted N	4,571

This YouGov Direct Poll was conducted between February 16, 2021 at 12:10 p.m. EST to February 17, 2021 at 8:47 a.m. EST. Data were weighted according to age, gender, race, and education.