

YouGov Survey Results

Sample Size - 1166 UK Adults

Fieldwork 16th - 19th September 2016



Total	Gender		Age				
	Male	Female	18-24	25-34	35-44	45-54	55+

For the following question, by 'ready-made meal' we mean foods such as salads, sandwiches, microwave meals etc. By 'meal deal', we mean a combination of two food items and a drink which is offered at a discounted price when purchased together.

Thinking about when you eat lunch at work (i.e. on the premises)...

Which, if any, of the following describes the type of lunch you have MOST often? (If you do not eat lunch at work, please select the 'Not applicable' option)

	Unweighted base	1166	573	593	117	172	283	376	218
Base: All GB workers		1158	573	585	125	224	313	301	194
A meal prepared at home		55%	56%	55%	52%	59%	60%	51%	50%
An on-site meal (e.g. from the work canteen, catered meal, etc.)		6%	6%	6%	4%	6%	8%	5%	5%
A meal deal from a supermarket		6%	6%	6%	12%	7%	7%	4%	2%
A meal deal from a food chain (e.g. Greggs, Boots, etc.)		3%	4%	2%	9%	4%	2%	4%	1%
A meal deal from an independent café/ shop		2%	1%	2%	1%	5%	1%	1%	2%
A ready-made meal from a supermarket		3%	3%	4%	4%	4%	3%	4%	2%
A ready-made meal from a food chain (e.g. EAT, Pret A Manger, etc.)		2%	1%	2%	2%	3%	2%	1%	1%
A ready-made meal from an independent café/ shop		2%	2%	1%	4%	2%	1%	1%	1%
Other		6%	7%	5%	6%	3%	4%	9%	7%
Don't know		2%	2%	1%	2%	4%	1%	1%	1%
Not applicable - I do not eat lunch at work		14%	11%	17%	5%	4%	11%	19%	28%