YouGov / Channel Four Survey Results

Sample Size: 767
Fieldwork: 12th - 16th December 2008

		Gender		Age			Social Grade	
	Base	M	F	18-34	35-54	55 +	ABC1	C2DE
ALL Alzheimer carers	767	322	445	112	279	376	521	246

The following questions are about Alzheimer's disease. Some people may find the questions are of a sensitive nature and are difficult to answer. Because of this, we have included a "prefer not to say" option on some questions which you may select whenever you wish. Please remember that, as with all YouGov surveys, your answers will be completely confidential and will never be analysed individually.

You have been selected to take this survey as previously you have mentioned you are a carer for someone with Alzheimer's. (A 'carer' is someone, who, without payment, provides help and support to a partner, child, relative, friend or neighbour. You do not need to look after the person full time, or to live with them, in order to care for them. For example you may simply visit a relative regularly to help them with everyday tasks or may be balancing caring with work or other responsibilities.)

How old is/ was the person you have cared for?

Less than 40	1%	1%	0%	2%	0%	0%	1%	0%
40 to 49	0%	1%	-	1%	0%	-	-	1%
50 to 59	2%	2%	2%	4%	3%	1%	2%	2%
60 to 69	8%	9%	7%	13%	9%	6%	8%	7%
70 to 79	28%	25%	30%	31%	38%	20%	28%	28%
80 years or over	61%	63%	60%	49%	50%	73%	61%	62%

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Would you have liked to receive training in how to deal with suffering from Alzheimer's/ look after someone with Alzheimer's?								
Yes I would	66%	62%	69%	63%	67%	66%	69%	60%
No I would not	7%	7%	7%	4%	9%	6%	7%	8%
Not applicable - I wouldn't need it	9%	11%	7%	17%	6%	9%	8%	11%
Not applicable - I've all ready had some form of training	11%	11%	10%	5%	12%	11%	10%	12%
Don't know	8%	9%	7%	11%	7%	8%	7%	9%
When did the person you have cared for receive a formal diagnosis of Alzheimer's?								
Straight away after developing symptoms	3%	4%	2%	4%	3%	2%	2%	4%
Within a year of developing symptoms	17%	16%	17%	22%	17%	15%	16%	18%
1 to 2 years after developing symptoms	32%	33%	32%	35%	34%	31%	32%	33%
3 to 4 years after developing symptoms	19%	16%	21%	16%	20%	19%	21%	15%
4 to 6 years after developing symptoms	8%	7%	9%	8%	9%	8%	8%	9%
Other	3%	3%	3%	3%	2%	4%	3%	3%
Never officially received one	17%	19%	15%	10%	13%	21%	16%	17%
Prefer not to say	1%	1%	1%	2%	2%	-	1%	2%

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On average how many hours a day do/ did you spend caring for the person you have cared for?								
Less than 1 hour	25%	30%	21%	33%	24%	23%	27%	20%
1 to 4 hours	38%	34%	40%	38%	40%	36%	39%	35%
5 to 8 hours	11%	9%	12%	12%	9%	12%	10%	12%
9 to 12 hours	5%	6%	5%	3%	4%	7%	6%	5%
13 to 16 hours	2%	5%	1%	1%	2%	3%	2%	3%
17 to 23 hours	1%	1%	2%	2%	1%	1%	1%	2%
24 hours	9%	9%	9%	-	8%	13%	8%	12%
Prefer not to say	8%	7%	10%	13%	11%	5%	7%	11%
How often do/ did you have respite? (By respite we mean relief from the tasks associated with care giving)								
Often	33%	30%	35%	54%	35%	25%	32%	35%
Sometimes	20%	21%	19%	13%	17%	24%	21%	17%
Rarely	20%	20%	21%	11%	23%	22%	20%	22%
Never	21%	25%	18%	15%	17%	26%	21%	21%
Prefer not to say	6%	4%	7%	7%	8%	3%	6%	4%
How often have you felt threatened by the person you have cared for?								
Often	2%	2%	3%	4%	2%	2%	3%	2%
Sometimes	17%	13%	20%	12%	23%	14%	18%	14%
Rarely	19%	19%	18%	17%	18%	19%	18%	19%
Never	61%	65%	58%	67%	55%	64%	60%	63%
Prefer not to say	1%	1%	2%	1%	2%	1%	1%	1%

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Thinking about if you ever lost your temper with the person you have cared for/ your carer… Which if any of the following have you done? [Please tick all that apply if you have never lost your temper please tick the not applicable option]								
Hit them	1%	1%	0%	3%	-	1%	0%	1%
Shaken them	1%	1%	0%	1%	1%	0%	0%	1%
Verbally abused them	1%	2%	1%	1%	1%	2%	2%	1%
Shouted at them	26%	26%	25%	23%	21%	30%	26%	26%
None of these	27%	23%	31%	26%	31%	25%	27%	28%
Not applicable- I have never lost my temper	45%	48%	43%	49%	46%	43%	45%	44%
Prefer not to say	1%	1%	1%	-	1%	1%	1%	1%
When did you last have a holiday?								
Within the last year	63%	64%	62%	63%	59%	65%	66%	56%
Between 1 and 2 years ago	16%	14%	16%	20%	15%	14%	16%	15%
Between 3 and 5 years ago	12%	13%	11%	13%	12%	11%	11%	13%
Between 6 and 10 years ago	5%	5%	5%	2%	8%	4%	4%	7%
Over 10 years ago	5%	5%	5%	3%	6%	5%	3%	9%
Who of the following have you received help from? [Please tick all that apply]								
Family	80%	80%	81%	88%	79%	79%	80%	81%
Social services	49%	53%	47%	38%	51%	51%	51%	46%
Friends	28%	26%	30%	30%	26%	30%	31%	24%
Other	12%	13%	12%	12%	11%	13%	12%	12%
None I am completely alone	3%	4%	3%	-	3%	4%	3%	3%
Prefer not to say	2%	1%	2%	4%	2%	1%	2%	2%