

YouGov / Together UK Survey Results

Sample Size: 2000

Fieldwork: 15th - 17th February 2010

Total	Gender		Age					Social Grade		Region						
Base	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland

Which, if any, of the following apply to you? (Please tick all that apply)

	Unweighted Base	479	521	66	156	148	182	448	526	474	250	143	85	169	207	56	90
	All GB Adults split 1	465	522	88	161	168	193	377	527	461	255	162	91	133	209	51	85
I have felt mentally unable to cope at some point in my life	24%	20%	29%	22%	32%	24%	28%	20%	24%	25%	28%	28%	21%	24%	22%	17%	22%
I have felt depressed at some point in my life	55%	46%	64%	46%	66%	56%	56%	52%	55%	55%	61%	55%	53%	58%	51%	51%	50%
I have felt stressed at some point in my life	70%	64%	75%	71%	72%	73%	75%	65%	71%	69%	68%	72%	69%	73%	72%	68%	66%
I have felt anxious at some point in my life	59%	53%	65%	58%	66%	57%	61%	57%	61%	58%	58%	62%	56%	64%	56%	66%	59%
I have felt like I was 'cracking up' at some point in my life	32%	26%	37%	30%	39%	31%	41%	25%	30%	34%	37%	31%	34%	27%	32%	27%	26%
None of these	12%	16%	8%	10%	9%	12%	10%	15%	12%	12%	12%	13%	8%	11%	13%	11%	14%
Prefer not to say	2%	3%	2%	2%	3%	2%	3%	2%	2%	2%	3%	0%	1%	3%	1%	1%	6%

Have you ever had a time in your life where you've found it difficult to cope mentally (i.e. felt depressed, stressed out or anxious etc.)?

	Unweighted Base	485	515	109	187	147	170	387	561	439	233	143	98	157	237	49	83
	All GB Adults split 2	495	518	152	194	159	184	323	573	439	237	166	101	123	249	49	89
Yes, I have	62%	52%	71%	60%	56%	73%	66%	57%	61%	63%	65%	60%	65%	56%	61%	61%	63%
No, I have not	35%	45%	25%	35%	39%	25%	30%	39%	36%	33%	32%	37%	33%	41%	34%	30%	34%
Don't know/ prefer not to say	4%	3%	4%	4%	5%	2%	4%	4%	3%	4%	3%	3%	2%	3%	5%	9%	3%

YouGov / Together UK Survey Results

Sample Size: 2000

Fieldwork: 15th - 17th February 2010

Total	Working Status						Marital Status					Children in household			
Base	Working full time	Working part time	Full time student	Retired	Un-employed	Not working/ Other	Married/ Civil Partnership	Living as married	Separated/Divorced	Widowed	Never Married	0	1	2	3+

Which, if any, of the following apply to you? (Please tick all that apply)

	Unweighted Base	1000	447	137	41	239	37	99	553	115	109	29	178	688	128	109	54
	All GB Adults split 1	988	460	137	47	203	41	99	525	118	105	29	197	649	134	130	53
I have felt mentally unable to cope at some point in my life	24%	22%	30%	26%	19%	29%	36%	20%	28%	35%	25%	29%	25%	24%	23%	24%	
I have felt depressed at some point in my life	55%	54%	62%	52%	49%	58%	69%	51%	65%	65%	53%	57%	57%	51%	55%	55%	
I have felt stressed at some point in my life	70%	72%	75%	79%	61%	62%	72%	67%	75%	73%	63%	75%	72%	65%	75%	54%	
I have felt anxious at some point in my life	59%	59%	67%	56%	54%	64%	63%	57%	60%	65%	53%	63%	62%	53%	59%	50%	
I have felt like I was 'cracking up' at some point in my life	32%	32%	39%	29%	22%	43%	39%	27%	38%	40%	34%	37%	32%	32%	35%	30%	
None of these	12%	11%	13%	4%	18%	14%	7%	15%	8%	8%	20%	7%	12%	13%	5%	17%	
Prefer not to say	2%	2%	2%	-	2%	8%	2%	3%	1%	1%	-	3%	2%	3%	2%	4%	

Have you ever had a time in your life where you've found it difficult to cope mentally (i.e. felt depressed, stressed out or anxious etc.)?

	Unweighted Base	1000	476	141	69	202	26	86	506	113	81	21	262	685	149	97	37
	All GB Adults split 2	1012	502	141	87	166	26	89	479	116	74	19	306	673	169	102	38
Yes, I have	62%	62%	60%	64%	54%	65%	74%	60%	63%	78%	57%	60%	61%	62%	73%	57%	
No, I have not	35%	35%	36%	31%	42%	32%	20%	36%	34%	20%	31%	36%	36%	34%	21%	39%	
Don't know/ prefer not to say	4%	3%	3%	5%	4%	4%	6%	4%	3%	2%	12%	4%	3%	4%	6%	4%	

Total	Gender		Age					Social Grade		Region						
Base	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland

As a direct result of feeling this way, which, if any, of the following did you do because of this? (Please tick all that apply)

	Unweighted Base	1887	889	998	170	332	279	333	773	1029	858	458	267	176	310	417	98	161
	All GB Adults mentally unable to cope	1882	885	997	231	342	307	358	644	1036	846	462	306	185	242	431	94	162
Phoned in sick to work		16%	14%	18%	14%	20%	17%	16%	14%	17%	15%	15%	18%	16%	13%	15%	15%	22%
Cancelled plans to see friends/ made less of an effort to see friends		30%	22%	37%	35%	34%	38%	31%	23%	30%	30%	31%	33%	27%	33%	28%	24%	32%
Pretended I was busy when invited out somewhere		26%	20%	32%	30%	30%	30%	27%	21%	25%	28%	28%	28%	26%	24%	24%	27%	27%
Not answered my phone/ not returned calls from friends and family		25%	19%	31%	26%	30%	29%	32%	17%	24%	27%	27%	26%	21%	27%	23%	27%	26%
Not answered the door when somebody called round		17%	12%	21%	10%	17%	20%	22%	15%	16%	18%	20%	15%	13%	18%	16%	21%	14%
Distanced myself from/ had problems relating to my partner		19%	17%	22%	16%	25%	22%	21%	15%	18%	21%	21%	24%	20%	20%	14%	23%	17%
Wanted to go out of the house but felt too nervous to do so		14%	10%	18%	16%	14%	17%	13%	12%	13%	15%	15%	13%	14%	13%	14%	12%	14%
Drunk more alcohol than normal		21%	23%	19%	19%	26%	29%	21%	15%	21%	21%	21%	22%	16%	20%	22%	18%	25%
None of these		31%	35%	28%	28%	25%	28%	30%	38%	35%	27%	31%	30%	35%	32%	32%	30%	28%
Don't know/ can't recall		9%	10%	8%	10%	9%	8%	6%	11%	8%	10%	9%	10%	6%	9%	9%	9%	11%

All figures, unless otherwise stated, are from YouGov Plc.

Total	Working Status						Marital Status					Children in household			
Base	Working full time	Working part time	Full time student	Retired	Un-employed	Not working/ Other	Married/ Civil Partnership	Living as married	Separated/Divorced	Widowed	Never Married	0	1	2	3+

As a direct result of feeling this way, which, if any, of the following did you do because of this? (Please tick all that apply)

	Unweighted Base	1887	878	262	109	401	59	178	980	221	180	46	430	1293	262	200	83
All GB Adults mentally unable to cope		1882	912	261	133	334	61	181	927	224	170	42	489	1241	285	226	83
Phoned in sick to work	16%	16%	19%	17%	14%	12%	16%	11%	14%	19%	18%	18%	17%	17%	16%	14%	13%
Cancelled plans to see friends/ made less of an effort to see friends	30%	30%	30%	31%	44%	21%	21%	39%	26%	31%	34%	25%	37%	31%	28%	31%	29%
Pretended I was busy when invited out somewhere	26%	26%	25%	27%	40%	20%	19%	34%	22%	27%	33%	18%	33%	26%	22%	29%	31%
Not answered my phone/ not returned calls from friends and family	25%	25%	26%	23%	30%	16%	36%	35%	21%	27%	33%	20%	31%	26%	24%	24%	22%
Not answered the door when somebody called round	17%	17%	16%	18%	11%	15%	21%	27%	13%	16%	30%	21%	18%	17%	16%	16%	17%
Distanced myself from/ had problems relating to my partner	19%	19%	21%	18%	15%	14%	22%	24%	19%	30%	21%	10%	15%	18%	20%	25%	24%
Wanted to go out of the house but felt too nervous to do so	14%	14%	11%	15%	17%	14%	12%	27%	13%	9%	17%	12%	17%	15%	14%	11%	13%
Drunk more alcohol than normal	21%	21%	25%	16%	20%	13%	18%	21%	19%	26%	23%	22%	21%	20%	21%	26%	25%
None of these	31%	31%	31%	35%	19%	38%	20%	26%	35%	25%	28%	38%	26%	33%	32%	27%	19%
Don't know/ can't recall	9%	9%	8%	6%	14%	11%	13%	8%	9%	9%	9%	10%	10%	9%	10%	7%	10%

All figures, unless otherwise stated, are from YouGov Plc.