

Study Drugs - Internal

Sample Size: 963 GB Adults

4th August - 19th September 2018

Total	GCSEs									
	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	

Thinking generally about how you feel/ felt during exam season at school/ university... How stressed, if at all, do you typically get in the run-up to exams? (Please select the option that best applies)

	Unweighted base	804	51	51	202	259	64	40	78	47	12
Base: All GB adults who have taken educational exams within the last 2 years	963	54	58	268	335	69	42	75	50	13	
Very stressed	32%	23%	32%	32%	34%	36%	15%	25%	38%	37%	
Fairly stressed	45%	34%	39%	49%	47%	36%	51%	49%	41%	38%	
Not very stressed	18%	34%	20%	16%	16%	22%	32%	19%	13%	16%	
Not stressed at all	3%	4%	7%	2%	2%	4%	3%	6%	8%	9%	
Don't know	1%	5%	2%	1%	2%	2%	-	1%	-	-	

Still thinking generally about how you feel/ felt during "exam season" at school/ university... Would you say that you tend to consume more, less or the same amount of each of the following than you otherwise would during this period? (Please select one option on each column. If you have never consumed any of the following, please select the 'Not applicable' option)

	Unweighted base	804	51	51	202	259	64	40	78	47	12
Base: All GB adults who have taken educational exams within the last 2 years	963	54	58	268	335	69	42	75	50	13	
I consume a lot more	30%	40%	27%	30%	31%	28%	26%	24%	31%	34%	
I consume a little more	30%	14%	28%	30%	34%	31%	27%	30%	32%	8%	
I consume the same amount	25%	12%	31%	31%	23%	30%	24%	26%	17%	-	
I consume a little less	2%	10%	2%	2%	2%	-	3%	-	-	7%	
I consume a lot less	4%	2%	4%	3%	4%	3%	13%	4%	5%	29%	
Don't know	3%	12%	4%	1%	2%	2%	7%	6%	4%	-	
Not applicable - I've never consumed this	5%	11%	5%	3%	4%	6%	-	10%	10%	23%	

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A Levels										Bachelor's degree (e.g. BA, BSc etc.)									
1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall		1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	

Thinking generally about how you feel/ felt during exam season at school/ university... How stressed, if at all, do you typically get in the run-up to exams? (Please select the option that best applies)

Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
Very stressed	39%	27%	31%	37%	30%	30%	14%	35%	17%	34%	32%	29%	18%	39%	7%	5%	33%	36%
Fairly stressed	37%	50%	50%	41%	47%	41%	57%	35%	56%	48%	44%	49%	45%	36%	64%	36%	39%	53%
Not very stressed	14%	18%	16%	19%	17%	29%	23%	21%	28%	15%	20%	16%	21%	21%	21%	55%	22%	5%
Not stressed at all	5%	3%	2%	1%	2%	-	4%	7%	-	2%	4%	3%	12%	-	-	5%	4%	6%
Don't know	4%	1%	-	2%	3%	-	2%	2%	-	1%	0%	3%	4%	4%	7%	-	2%	-

Still thinking generally about how you feel/ felt during "exam season" at school/ university... Would you say that you tend to consume more, less or the same amount of each of the following than you otherwise would during this period? (Please select one option on each column. If you have never consumed any of the following, please select the 'Not applicable' option)

Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
I consume a lot more	33%	29%	30%	28%	43%	33%	16%	28%	51%	29%	33%	25%	38%	34%	15%	13%	30%	56%
I consume a little more	19%	31%	33%	40%	16%	38%	25%	26%	6%	33%	30%	36%	19%	28%	36%	19%	25%	23%
I consume the same amount	35%	24%	26%	24%	21%	17%	25%	24%	14%	26%	21%	24%	22%	12%	34%	27%	32%	-
I consume a little less	3%	4%	3%	-	-	-	4%	1%	11%	1%	2%	4%	-	7%	-	9%	2%	-
I consume a lot less	2%	6%	2%	5%	5%	7%	7%	5%	6%	3%	9%	3%	11%	9%	-	5%	2%	5%
Don't know	4%	4%	2%	2%	3%	3%	7%	5%	6%	3%	2%	3%	-	7%	-	8%	4%	5%
Not applicable - I've never consumed this	4%	1%	5%	1%	12%	3%	17%	10%	6%	4%	4%	4%	11%	3%	15%	19%	5%	11%

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Postgraduate degree (e.g. MA, MSc, PhD etc.)								All Academic studies within the last 2 years					Thinking generally about how you feel/ felt during exam season at school/ university...How stressed, if at all, do you typically get in the run-up to exams? (Please select the option that best applies)				
1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	GCSE's within the last two years	A Level's within the last two years	Bachelor's degree (e.g. BA, BSc etc.) within the last two years	Postgraduate degree (e.g. MA, MSc, PhD etc.) within the last two years	Very stressed	Fairly stressed	Not very stressed	Not stressed at all	Don't know

Thinking generally about how you feel/ felt during exam season at school/ university...How stressed, if at all, do you typically get in the run-up to exams? (Please select the option that best applies)

Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
Very stressed	27%	25%	14%	25%	-	-	30%	36%	25%	28%	32%	34%	27%	100%	-	-	-	-
Fairly stressed	45%	51%	52%	21%	34%	78%	29%	45%	50%	37%	44%	47%	47%	-	100%	-	-	-
Not very stressed	23%	18%	26%	45%	41%	-	41%	15%	22%	27%	17%	16%	22%	-	-	100%	-	-
Not stressed at all	2%	4%	-	9%	9%	22%	-	3%	-	6%	4%	3%	3%	-	-	-	100%	-
Don't know	2%	2%	9%	-	16%	-	-	1%	3%	3%	1%	2%	2%	-	-	-	-	100%

Still thinking generally about how you feel/ felt during "exam season" at school/ university... Would you say that you tend to consume more, less or the same amount of each of the following than you otherwise would during this period? (Please select one option on each column. If you have never consumed any of the following, please select the 'Not applicable' option)

Sugary snacks																		
	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
I consume a lot more	30%	23%	27%	61%	22%	41%	47%	30%	47%	33%	31%	31%	27%	43%	27%	15%	39%	6%
I consume a little more	36%	34%	26%	8%	-	34%	-	30%	26%	21%	26%	32%	35%	29%	36%	23%	6%	-
I consume the same amount	18%	32%	12%	13%	16%	-	-	29%	-	22%	29%	25%	23%	18%	25%	40%	32%	-
I consume a little less	2%	2%	6%	6%	11%	-	22%	2%	7%	6%	3%	1%	2%	1%	2%	4%	-	6%
I consume a lot less	4%	3%	15%	7%	9%	-	21%	4%	10%	3%	4%	5%	4%	2%	5%	6%	4%	11%
Don't know	2%	2%	5%	5%	17%	-	-	3%	10%	8%	4%	3%	2%	2%	2%	5%	11%	21%
Not applicable - I've never consumed this	9%	4%	8%	-	25%	25%	10%	4%	-	8%	3%	4%	7%	4%	3%	7%	8%	56%

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	Total	GCSEs								
		1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall
Caffeine										
Unweighted base	804	51	51	202	259	64	40	78	47	12
Base: All GB adults who have taken educational exams within the last 2 years	963	54	58	268	335	69	42	75	50	13
I consume a lot more	30%	23%	25%	29%	30%	38%	24%	25%	49%	15%
I consume a little more	22%	23%	26%	21%	22%	15%	30%	24%	10%	26%
I consume the same amount	30%	23%	25%	35%	27%	30%	29%	35%	26%	22%
I consume a little less	1%	7%	5%	1%	-	3%	-	1%	-	7%
I consume a lot less	4%	4%	3%	5%	4%	2%	6%	1%	2%	16%
Don't know	3%	14%	7%	1%	1%	2%	5%	5%	2%	-
Not applicable - I've never consumed this	11%	7%	9%	8%	16%	9%	6%	9%	11%	15%
Fast food										
Unweighted base	804	51	51	202	259	64	40	78	47	12
Base: All GB adults who have taken educational exams within the last 2 years	963	54	58	268	335	69	42	75	50	13
I consume a lot more	20%	28%	12%	18%	25%	13%	17%	11%	20%	15%
I consume a little more	24%	12%	23%	25%	24%	34%	24%	25%	19%	14%
I consume the same amount	37%	25%	41%	43%	34%	35%	31%	36%	41%	33%
I consume a little less	3%	10%	-	3%	1%	1%	-	3%	4%	7%
I consume a lot less	5%	11%	7%	3%	4%	3%	11%	9%	3%	-
Don't know	3%	7%	6%	2%	3%	2%	11%	5%	2%	-
Not applicable - I've never consumed this	8%	7%	12%	4%	9%	12%	6%	12%	9%	30%
Energy drinks										
Unweighted base	804	51	51	202	259	64	40	78	47	12
Base: All GB adults who have taken educational exams within the last 2 years	963	54	58	268	335	69	42	75	50	13
I consume a lot more	13%	16%	11%	11%	14%	14%	12%	11%	19%	8%
I consume a little more	12%	18%	15%	13%	14%	7%	6%	10%	5%	8%
I consume the same amount	26%	13%	16%	35%	25%	33%	29%	17%	23%	8%
I consume a little less	3%	6%	-	3%	2%	3%	-	1%	-	39%
I consume a lot less	7%	22%	16%	5%	5%	4%	12%	3%	7%	-
Don't know	4%	7%	6%	2%	3%	4%	5%	8%	2%	22%
Not applicable - I've never consumed this	35%	18%	36%	30%	38%	35%	37%	50%	44%	15%
Alcohol										
Unweighted base	804	51	51	202	259	64	40	78	47	12
Base: All GB adults who have taken educational exams within the last 2 years	963	54	58	268	335	69	42	75	50	13
I consume a lot more	7%	14%	16%	5%	6%	10%	-	10%	6%	16%
I consume a little more	8%	9%	7%	7%	9%	4%	11%	16%	4%	-
I consume the same amount	30%	19%	19%	36%	26%	35%	37%	35%	37%	-
I consume a little less	13%	5%	11%	13%	16%	10%	19%	6%	11%	7%
I consume a lot less	20%	11%	13%	24%	22%	15%	16%	13%	20%	33%
Don't know	4%	14%	4%	3%	2%	5%	7%	3%	4%	16%
Not applicable - I've never consumed this	18%	28%	30%	13%	19%	21%	11%	16%	18%	29%

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	A Levels									Bachelor's degree (e.g. BA, BSc etc.)								
	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall
Caffeine																		
Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
I consume a lot more	28%	27%	26%	41%	37%	33%	22%	30%	19%	31%	26%	38%	46%	31%	29%	5%	26%	24%
I consume a little more	22%	28%	22%	20%	11%	34%	25%	11%	29%	23%	24%	20%	14%	7%	29%	22%	21%	25%
I consume the same amount	27%	30%	32%	24%	27%	27%	30%	38%	-	28%	31%	24%	23%	28%	27%	32%	36%	21%
I consume a little less	2%	1%	0%	-	5%	-	2%	3%	17%	1%	2%	-	-	-	9%	1%	5%	
I consume a lot less	5%	4%	4%	4%	2%	4%	2%	4%	7%	3%	5%	3%	7%	8%	7%	9%	3%	-
Don't know	4%	4%	0%	2%	5%	-	10%	4%	12%	2%	1%	2%	2%	7%	7%	14%	3%	14%
Not applicable - I've never consumed this	11%	6%	16%	9%	13%	3%	9%	10%	17%	12%	11%	11%	8%	18%	-	9%	10%	11%
Fast food																		
Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
I consume a lot more	17%	19%	23%	22%	19%	16%	8%	19%	24%	21%	23%	21%	24%	17%	-	14%	15%	11%
I consume a little more	15%	23%	23%	32%	32%	25%	25%	25%	14%	25%	24%	27%	31%	24%	21%	16%	20%	31%
I consume the same amount	48%	42%	38%	33%	25%	36%	34%	32%	28%	38%	32%	33%	26%	36%	58%	38%	44%	14%
I consume a little less	4%	3%	2%	-	2%	-	3%	5%	17%	2%	1%	1%	-	7%	-	5%	5%	11%
I consume a lot less	1%	7%	4%	5%	-	10%	7%	7%	6%	4%	8%	6%	4%	4%	-	9%	3%	10%
Don't know	6%	2%	3%	2%	6%	6%	5%	4%	-	3%	4%	3%	4%	8%	7%	-	4%	5%
Not applicable - I've never consumed this	10%	4%	8%	7%	15%	7%	18%	8%	12%	7%	8%	9%	11%	3%	14%	17%	10%	18%
Energy drinks																		
Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
I consume a lot more	9%	12%	15%	16%	9%	13%	6%	13%	27%	14%	17%	14%	15%	13%	8%	-	10%	5%
I consume a little more	18%	14%	11%	12%	5%	12%	7%	12%	5%	12%	9%	15%	16%	12%	21%	19%	13%	-
I consume the same amount	27%	31%	32%	24%	28%	15%	11%	23%	-	27%	25%	23%	23%	24%	14%	22%	33%	20%
I consume a little less	4%	2%	2%	1%	6%	-	-	2%	37%	2%	4%	1%	2%	-	-	-	4%	10%
I consume a lot less	6%	9%	5%	6%	-	6%	8%	8%	12%	5%	9%	9%	7%	13%	7%	13%	6%	6%
Don't know	6%	4%	3%	2%	3%	3%	5%	5%	12%	3%	3%	5%	-	4%	-	8%	26%	8%
Not applicable - I've never consumed this	30%	28%	33%	39%	49%	41%	63%	37%	7%	39%	33%	34%	37%	34%	49%	46%	29%	34%
Alcohol																		
Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
I consume a lot more	9%	5%	7%	8%	7%	7%	4%	10%	14%	5%	11%	7%	15%	7%	22%	5%	6%	-
I consume a little more	7%	8%	5%	12%	12%	11%	11%	7%	20%	7%	8%	11%	9%	8%	36%	4%	7%	8%
I consume the same amount	28%	32%	27%	28%	33%	37%	47%	33%	-	31%	26%	25%	28%	21%	21%	52%	37%	15%
I consume a little less	17%	11%	17%	13%	14%	13%	7%	5%	6%	12%	13%	14%	16%	25%	-	13%	14%	-
I consume a lot less	13%	25%	21%	24%	14%	22%	6%	20%	8%	25%	20%	24%	16%	16%	7%	-	13%	5%
Don't know	5%	4%	2%	3%	3%	3%	3%	5%	23%	2%	4%	3%	3%	7%	-	4%	5%	15%
Not applicable - I've never consumed this	20%	15%	21%	13%	17%	6%	23%	20%	30%	18%	18%	16%	13%	16%	14%	22%	18%	57%

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4th August - 19th September 2018

	Postgraduate degree (e.g. MA, MSc, PhD etc.)							All Academic studies within the last 2 years					Thinking generally about how you feel/ felt during exam season at school/ university...How stressed, if at all, do you typically get in the run-up to exams? (Please select the option that best applies)					
	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	GCSE's within the last two years	A Level's within the last two years	Bachelor's degree (e.g. BA, BSc etc.) within the last two years	Postgraduate degree (e.g. MA, MSc, PhD etc.) within the last two years	Very stressed	Fairly stressed	Not very stressed	Not stressed at all	Don't know
Caffeine																		
Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
I consume a lot more	36%	35%	31%	19%	17%	25%	-	28%	34%	24%	28%	30%	35%	42%	30%	10%	26%	23%
I consume a little more	19%	21%	8%	67%	26%	-	40%	21%	41%	25%	25%	23%	19%	18%	23%	25%	21%	7%
I consume the same amount	25%	28%	25%	13%	-	22%	32%	33%	3%	24%	29%	29%	26%	25%	28%	44%	27%	-
I consume a little less	1%	1%	11%	-	9%	-	-	1%	3%	6%	2%	1%	1%	1%	1%	4%	-	-
I consume a lot less	4%	1%	7%	-	7%	20%	-	4%	4%	3%	5%	4%	3%	3%	5%	3%	9%	-
Don't know	3%	5%	-	-	26%	34%	9%	2%	10%	10%	4%	2%	4%	2%	2%	3%	8%	35%
Not applicable - I've never consumed this	13%	9%	19%	-	15%	-	19%	11%	4%	8%	8%	12%	12%	10%	11%	11%	10%	35%
Fast food																		
Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
I consume a lot more	17%	26%	23%	29%	23%	-	-	20%	15%	20%	18%	22%	20%	29%	19%	8%	14%	6%
I consume a little more	31%	34%	20%	24%	7%	34%	11%	21%	14%	18%	20%	24%	32%	26%	26%	20%	8%	7%
I consume the same amount	29%	27%	32%	20%	28%	44%	28%	42%	42%	33%	44%	36%	28%	30%	40%	43%	33%	18%
I consume a little less	0%	-	6%	-	25%	22%	-	3%	3%	5%	4%	2%	0%	2%	2%	4%	12%	-
I consume a lot less	5%	2%	6%	8%	8%	-	19%	5%	7%	9%	5%	5%	4%	3%	6%	6%	4%	6%
Don't know	5%	4%	-	-	-	-	12%	3%	7%	6%	4%	3%	5%	3%	3%	5%	8%	14%
Not applicable - I've never consumed this	13%	7%	13%	19%	8%	-	31%	6%	12%	10%	6%	7%	11%	7%	5%	13%	21%	50%
Energy drinks																		
Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
I consume a lot more	13%	12%	27%	24%	-	-	-	13%	18%	13%	11%	15%	13%	16%	14%	7%	14%	7%
I consume a little more	13%	16%	29%	20%	31%	-	11%	11%	3%	17%	16%	11%	14%	16%	10%	12%	-	18%
I consume the same amount	21%	34%	20%	-	23%	-	21%	28%	30%	15%	29%	26%	25%	21%	29%	29%	29%	13%
I consume a little less	2%	1%	-	5%	-	-	30%	2%	12%	3%	3%	2%	2%	2%	3%	2%	3%	-
I consume a lot less	5%	2%	5%	34%	36%	22%	19%	6%	4%	19%	8%	6%	4%	4%	7%	10%	14%	-
Don't know	4%	6%	-	9%	-	-	-	3%	10%	7%	5%	3%	5%	4%	2%	4%	18%	14%
Not applicable - I've never consumed this	42%	29%	19%	8%	10%	76%	20%	36%	22%	27%	29%	37%	38%	37%	35%	36%	22%	49%
Alcohol																		
Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
I consume a lot more	8%	15%	10%	5%	8%	-	31%	6%	8%	15%	7%	7%	10%	9%	6%	5%	19%	7%
I consume a little more	10%	9%	7%	25%	-	-	9%	7%	5%	8%	7%	7%	10%	8%	10%	6%	-	-
I consume the same amount	30%	22%	20%	10%	34%	34%	21%	33%	16%	19%	30%	29%	27%	29%	29%	38%	23%	7%
I consume a little less	12%	17%	21%	16%	8%	-	-	13%	4%	8%	13%	13%	14%	11%	15%	12%	6%	11%
I consume a lot less	16%	18%	14%	15%	-	44%	19%	21%	27%	12%	20%	23%	17%	20%	20%	19%	28%	6%
Don't know	4%	5%	-	-	18%	-	21%	3%	14%	9%	4%	3%	4%	4%	3%	1%	8%	26%
Not applicable - I've never consumed this	20%	15%	30%	27%	33%	22%	-	17%	24%	29%	17%	18%	18%	20%	17%	19%	16%	42%

Study Drugs - Internal

Sample Size: 963 GB Adults

4th August - 19th September 2018

Total	GCSEs								
	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall

For the following question, please remember that your answers will always be treated anonymously and will never be analysed individually. We have provided you with a "Prefer not to say" option if you would rather not share your experiences. Have you ever taken a prescription drug (e.g. Modafinil, Ritalin, Adderall etc.) to try and improve your focus during exam season, without a prescription?

	Unweighted base	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall
Base: All GB adults who have taken educational exams within the last 2 years	979	59	62	241	315	91	48	90	60	13
Yes, I have	1180	62	71	318	412	99	49	87	67	14
No, I have not	6%	17%	10%	5%	6%	5%	2%	3%	8%	29%
Don't know/ can't recall	88%	60%	80%	90%	90%	88%	96%	95%	89%	71%
Prefer not to say	3%	12%	3%	4%	2%	2%	-	-	5%	-
Refused	2%	10%	6%	1%	2%	5%	-	2%	-	-

As a reminder, please remember that your answers will always be treated anonymously and will never be analysed individually. We have provided you with a "Prefer not to say" option if you would rather not share your experiences...Still thinking about the use of prescription drugs (e.g. Modafinil, Ritalin, Adderall) to try and improve focus during exam season...As far as you are aware, how many of your close friends, if any, have taken prescription drugs to try and help them focus during exam study, without a prescription? (Please select the option that best applies)

	Unweighted base	1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall
Base: All GB adults who have taken educational exams within the last 2 years	804	51	51	202	259	64	40	78	47	12
All of them	963	54	58	268	335	69	42	75	50	13
Most of them	2%	10%	3%	-	1%	-	2%	4%	5%	-
Some of them	5%	10%	7%	4%	5%	3%	5%	-	5%	-
Around half of them	12%	18%	17%	10%	17%	7%	9%	3%	6%	22%
Less than half of them	4%	8%	9%	5%	3%	1%	7%	-	2%	8%
A few of them	9%	1%	8%	11%	9%	13%	6%	7%	15%	-
None of them	33%	26%	31%	36%	33%	33%	27%	36%	35%	32%
Don't know	24%	19%	19%	19%	21%	26%	38%	47%	31%	38%
Prefer not to say	2%	7%	2%	2%	2%	3%	-	-	-	-

Study Drugs - Internal

Sample Size: 963 GB Adults

4th August - 19th September 2018

A Levels										Bachelor's degree (e.g. BA, BSc etc.)									
1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall		1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	

For the following question, please remember that your answers will always be treated anonymously and will never be analysed individually. We have provided you with a "Prefer not to say" option if you would rather not share your experiences. Have you ever taken a prescription drug (e.g. Modafinil, Ritalin, Adderall etc.) to try and improve your focus during exam season, without a prescription?

Unweighted base	120	142	273	151	54	39	61	121	18	376	176	111	46	27	16	25	184	18
Base: All GB adults who have taken educational exams within the last 2 years	152	173	358	192	55	40	57	134	19	466	226	123	48	26	15	23	235	18
Yes, I have	9%	6%	7%	6%	7%	3%	4%	8%	4%	4%	9%	7%	8%	16%	6%	4%	7%	20%
No, I have not	81%	87%	89%	90%	89%	97%	94%	87%	84%	92%	85%	87%	78%	94%	96%	86%	70%	-
Don't know/ can't recall	4%	5%	3%	1%	4%	-	1%	3%	11%	3%	3%	2%	-	3%	-	-	5%	-
Prefer not to say	6%	2%	1%	3%	-	-	-	2%	-	1%	3%	3%	5%	3%	-	-	2%	10%
Refused	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

As a reminder, please remember that your answers will always be treated anonymously and will never be analysed individually. We have provided you with a "Prefer not to say" option if you would rather not share your experiences...Still thinking about the use of prescription drugs (e.g. Modafinil, Ritalin, Adderall) to try and improve focus during exam season...As far as you are aware, how many of your close friends, if any, have taken prescription drugs to try and help them focus during exam study, without a prescription? (Please select the option that best applies)

Unweighted base	92	121	230	117	42	33	54	100	15	312	139	95	34	25	14	22	147	16
Base: All GB adults who have taken educational exams within the last 2 years	114	151	295	152	42	35	51	108	15	384	179	105	34	23	13	21	187	17
All of them	4%	2%	1%	-	-	-	2%	5%	-	0%	2%	3%	-	4%	7%	9%	1%	16%
Most of them	4%	7%	2%	9%	5%	3%	2%	3%	5%	3%	11%	2%	3%	7%	7%	9%	2%	7%
Some of them	0%	16%	18%	12%	2%	6%	6%	7%	26%	13%	13%	19%	3%	9%	7%	9%	8%	16%
Around half of them	4%	7%	4%	1%	5%	5%	6%	3%	7%	4%	1%	7%	7%	-	-	-	8%	9%
Less than half of them	9%	8%	11%	7%	7%	8%	7%	12%	-	10%	7%	7%	18%	6%	-	5%	11%	-
A few of them	10%	8%	12%	11%	16%	4%	2%	6%	-	10%	9%	11%	15%	5%	15%	-	8%	-
None of them	31%	35%	34%	31%	24%	47%	28%	36%	45%	36%	32%	24%	19%	43%	43%	37%	36%	14%
Don't know	28%	17%	18%	26%	41%	27%	48%	27%	18%	22%	23%	25%	36%	22%	14%	32%	27%	26%
Prefer not to say	3%	2%	1%	3%	-	-	-	2%	-	1%	2%	3%	-	4%	7%	-	1%	11%

Study Drugs - Internal

Sample Size: 963 GB Adults

4th August - 19th September 2018

Postgraduate degree (e.g. MA, MSc, PhD etc.)										All Academic studies within the last 2 years				Thinking generally about how you feel/ felt during exam season at school/ university...How stressed, if at all, do you typically get in the run-up to exams? (Please select the option that best applies)				
1 year or less ago	Longer than 1 year, up to 2 years ago	Longer than 2 years, up to 5 years ago	Longer than 5 years, up to 10 years ago	Longer than 10 years, up to 15 years ago	Longer than 15 years, up to 20 years ago	Longer than 20 years ago	Never	Don't know/ can't recall	GCSE's within the last two years	A Level's within the last two years	Bachelor's degree (e.g. BA, BSc etc.) within the last two years	Postgraduate degree (e.g. MA, MSc, PhD etc.) within the last two years	Very stressed	Fairly stressed	Not very stressed	Not stressed at all	Don't know	

For the following question, please remember that your answers will always be treated anonymously and will never be analysed individually. We have provided you with a "Prefer not to say" option if you would rather not share your experiences. Have you ever taken a prescription drug (e.g. Modafinil, Ritalin, Adderall etc.) to try and improve your focus during exam season, without a prescription?

Unweighted base	201	93	16	17	12	6	9	596	29	121	262	552	294	265	347	147	24	12
Base: All GB adults who have taken educational exams within the last 2 years	238	97	19	20	12	6	11	743	33	134	325	692	336	303	432	176	30	12
Yes, I have	7%	4%	12%	14%	8%	15%	25%	6%	9%	14%	7%	6%	6%	11%	5%	5%	-	-
No, I have not	88%	89%	76%	74%	85%	56%	43%	90%	83%	71%	84%	89%	89%	88%	90%	90%	73%	21%
Don't know/ can't recall	3%	6%	-	11%	8%	-	-	3%	3%	8%	5%	3%	3%	1%	3%	3%	15%	24%
Prefer not to say	2%	2%	13%	-	-	29%	32%	1%	5%	8%	4%	2%	2%	1%	1%	2%	12%	55%
Refused	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

As a reminder, please remember that your answers will always be treated anonymously and will never be analysed individually. We have provided you with a "Prefer not to say" option if you would rather not share your experiences...Still thinking about the use of prescription drugs (e.g. Modafinil, Ritalin, Adderall) to try and improve focus during exam season...As far as you are aware, how many of your close friends, if any, have taken prescription drugs to try and help them focus during exam study, without a prescription? (Please select the option that best applies)

Unweighted base	160	81	14	14	12	4	8	487	24	102	213	451	241	266	352	148	25	13
Base: All GB adults who have taken educational exams within the last 2 years	189	85	16	17	12	5	10	604	25	112	265	562	275	304	438	177	30	13
All of them	2%	1%	6%	16%	9%	-	-	1%	-	7%	3%	1%	2%	2%	1%	1%	11%	-
Most of them	4%	2%	13%	13%	8%	20%	20%	4%	5%	9%	6%	6%	3%	5%	6%	2%	-	-
Some of them	11%	15%	29%	42%	18%	-	31%	10%	19%	17%	11%	13%	12%	13%	13%	10%	16%	-
Around half of them	2%	5%	14%	16%	15%	34%	-	3%	7%	9%	6%	3%	3%	4%	3%	6%	-	17%
Less than half of them	10%	9%	6%	-	-	-	-	10%	7%	5%	8%	9%	9%	8%	10%	8%	17%	-
A few of them	11%	12%	-	-	-	-	-	10%	-	3%	9%	10%	11%	10%	10%	10%	-	7%
None of them	30%	26%	24%	13%	32%	-	37%	31%	31%	29%	33%	35%	29%	32%	33%	30%	36%	13%
Don't know	28%	27%	8%	-	10%	25%	31%	24%	21%	19%	21%	22%	28%	26%	24%	23%	10%	28%
Prefer not to say	2%	2%	-	-	8%	22%	19%	1%	10%	4%	3%	1%	2%	1%	1%	2%	11%	35%