## Sex Education - Internal

GB Sample: 6th - 7th February 2019 Sample Size: 2010 Adults

| Total | Gender |        | Age   |       |       |       |     |  |  |  |
|-------|--------|--------|-------|-------|-------|-------|-----|--|--|--|
|       | Male   | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55+ |  |  |  |

Thinking about a woman's period...Which ONE, if any, of the following statements do you think BEST describes what occurs to the body during a period?

| Unweighted base   | 2010 | 927 | 1083 | 172 | 300 | 324 | 333 | 881 |
|---|------|-----|------|-----|-----|-----|-----|-----|
| 9   |      |     |      |     |     |     |     |     |
| Base: All GB adults   | 2010 | 975 | 1035 | 223 | 314 | 334 | 333 | 806 |
| Toxins are flushed out of the body                                | 2%   | 2%  | 2%   | 2%  | 3%  | 2%  | 2%  | 1%  |
| The lining of the uterus is shed                                  | 76%  | 65% | 86%  | 85% | 79% | 76% | 76% | 72% |
| Any sperm in the uterus is removed                                | 0%   | 0%  | 0%   | -   | 0%  | -   | 0%  | 0%  |
| Old blood in the uterus is removed and replenished with new blood | 10%  | 13% | 7%   | 7%  | 9%  | 9%  | 10% | 10% |
| None of these   | 4%   | 6%  | 2%   | 1%  | 3%  | 4%  | 3%  | 5%  |
| Don't know  | 9%   | 14% | 3%   | 4%  | 5%  | 9%  | 8%  | 11% |

Now thinking about pregnancy and the menstrual cycle...At which, if any, of the following times during the menstrual cycle is it possible for a woman to become pregnant? (Please select all that apply)

| Unweighted base                                  | 2010 | 927 | 1083 | 172 | 300 | 324 | 333 | 881 |
|--|------|-----|------|-----|-----|-----|-----|-----|
| Base: All GB adults                              | 2010 | 975 | 1035 | 223 | 314 | 334 | 333 | 806 |
| During her period                                | 28%  | 18% | 38%  | 34% | 33% | 33% | 29% | 23% |
| Just after her period (i.e. 1 to 2 days after)   | 45%  | 38% | 52%  | 46% | 51% | 55% | 44% | 40% |
| Just before her period (i.e. 1 to 2 days before) | 46%  | 37% | 54%  | 53% | 51% | 49% | 47% | 41% |
| None of these                                    | 13%  | 11% | 16%  | 9%  | 11% | 12% | 15% | 15% |
| Don't know                                       | 20%  | 29% | 11%  | 17% | 14% | 15% | 18% | 26% |
| Net: All   | 67%  | 60% | 73%  | 75% | 75% | 73% | 66% | 59% |

For the following question, by "hormonal contraception", we mean birth control methods that change the levels of hormones during a woman's menstrual cycle (e.g. the combined pill, contraceptive implant etc.). Which ONE, if any, of the following statements most accurately describes how hormonal contraception prevents pregnancy?

| Unweighted base  | 2010 | 927 | 1083 | 172 | 300 | 324 | 333 | 881 |
|--|------|-----|------|-----|-----|-----|-----|-----|
| Base: All GB adults  | 2010 | 975 | 1035 | 223 | 314 | 334 | 333 | 806 |
| Hormonal contraception aborts an embryo at an early stage              | 4%   | 5%  | 3%   | 3%  | 4%  | 5%  | 4%  | 4%  |
| Hormonal contraception prevents sperm from getting to the uterus       | 7%   | 5%  | 9%   | 9%  | 8%  | 8%  | 6%  | 6%  |
| Hormonal contraception prevents the release of an egg from the ovaries | 59%  | 50% | 67%  | 67% | 64% | 59% | 59% | 54% |
| None of these  | 5%   | 4%  | 5%   | 4%  | 6%  | 4%  | 6%  | 4%  |
| Don't know   | 26%  | 35% | 16%  | 16% | 18% | 24% | 24% | 32% |