

YouGov / Anna Freud Survey Results

Mental Health In Schools

Sample: 400 GB primary school teachers

Fieldwork: 10th-19th August 2017

Total	Gender		Age					Region						
	Male	Female	18-24	25-34	35-44	45-54	55+	North	Midlands	East	South (incl. London)	South (excl. London)	London	Wales

Mental health should be a compulsory topic of education within all primary schools

Unweighted base	400	93	307	5	69	94	121	111	97	55	35	139	102	37	22	48
Base: All GB primary school teachers	400	104	296	5	68	91	121	115	104	50	33	130	95	34	18	40
Strongly agree	29%	27%	30%	56%	33%	36%	29%	20%	33%	27%	20%	25%	22%	33%	27%	37%
Tend to agree	44%	41%	45%	-	49%	39%	46%	43%	41%	38%	39%	50%	49%	54%	37%	49%
Tend to disagree	19%	22%	18%	22%	14%	15%	19%	26%	23%	25%	32%	16%	19%	8%	22%	8%
Strongly disagree	3%	5%	2%	-	-	4%	2%	5%	1%	3%	3%	4%	4%	3%	4%	-
Don't know	5%	5%	5%	23%	4%	6%	4%	7%	2%	7%	6%	5%	6%	2%	10%	6%
Net: Agree	73%	68%	75%	56%	83%	76%	75%	63%	74%	65%	59%	75%	71%	87%	64%	86%
Net: Disagree	22%	28%	20%	22%	14%	19%	21%	30%	24%	28%	35%	20%	23%	11%	26%	8%

All primary school teachers should receive training to help them know what action to take when a pupil is experiencing mental health problems

Unweighted base	400	93	307	5	69	94	121	111	97	55	35	139	102	37	22	48
Base: All GB primary school teachers	400	104	296	5	68	91	121	115	104	50	33	130	95	34	18	40
Strongly agree	58%	52%	60%	100%	59%	59%	59%	55%	57%	66%	65%	59%	63%	50%	63%	53%
Tend to agree	34%	37%	33%	-	37%	37%	31%	35%	38%	33%	35%	32%	28%	45%	32%	38%
Tend to disagree	5%	9%	4%	-	3%	3%	7%	6%	2%	-	-	6%	8%	-	5%	2%
Strongly disagree	1%	2%	0%	-	-	-	1%	1%	-	2%	-	-	-	-	-	-
Don't know	2%	-	3%	-	1%	1%	3%	2%	2%	-	-	2%	1%	5%	-	6%
Net: Agree	93%	89%	94%	100%	96%	96%	90%	90%	95%	98%	100%	92%	91%	95%	95%	92%
Net: Disagree	6%	11%	4%	-	3%	3%	7%	8%	2%	2%	-	6%	8%	-	5%	2%

I feel that I have had the necessary training within my career as a teacher to feel confident about what action to take if/when a child is experiencing mental health problems

Unweighted base	400	93	307	5	69	94	121	111	97	55	35	139	102	37	22	48
Base: All GB primary school teachers	400	104	296	5	68	91	121	115	104	50	33	130	95	34	18	40
Strongly agree	10%	9%	10%	-	10%	7%	8%	14%	13%	7%	8%	10%	10%	8%	4%	10%
Tend to agree	34%	29%	35%	61%	34%	41%	30%	30%	37%	45%	43%	32%	28%	43%	19%	33%
Tend to disagree	38%	37%	38%	17%	35%	33%	45%	37%	41%	34%	35%	34%	36%	30%	40%	39%
Strongly disagree	17%	24%	15%	-	20%	18%	15%	18%	10%	12%	12%	21%	22%	19%	32%	16%
Don't know	2%	1%	2%	22%	1%	1%	2%	1%	-	2%	3%	3%	4%	-	4%	2%
Net: Agree	43%	38%	45%	61%	44%	48%	38%	44%	49%	52%	51%	42%	38%	51%	24%	43%
Net: Disagree	55%	61%	53%	17%	55%	51%	60%	55%	51%	46%	46%	55%	58%	49%	72%	55%

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	Male	Female	18-24	25-34	35-44	45-54	55+	North	Midlands	East	South (incl. London)	South (excl. London)	London	Wales

I feel confident that I know which organisations I can approach to help pupils who have a mental health problem

Unweighted base	400	93	307	5	69	94	121	111	97	55	35	139	102	37	22	48
Base: All GB primary school teachers	400	104	296	5	68	91	121	115	104	50	33	130	95	34	18	40
Strongly agree	12%	7%	13%	19%	9%	9%	11%	17%	15%	13%	6%	12%	14%	8%	9%	10%
Tend to agree	44%	36%	47%	58%	39%	45%	47%	42%	39%	51%	54%	48%	49%	46%	32%	45%
Tend to disagree	34%	46%	30%	23%	44%	41%	29%	29%	38%	23%	26%	31%	27%	41%	36%	34%
Strongly disagree	8%	11%	6%	-	8%	4%	10%	8%	4%	11%	12%	6%	8%	3%	18%	11%
Don't know	3%	-	3%	-	1%	1%	3%	4%	4%	2%	3%	2%	2%	3%	4%	-
Net: Agree	56%	43%	60%	77%	48%	54%	58%	59%	54%	64%	60%	63%	54%	41%	55%	
Net: Disagree	42%	57%	36%	23%	51%	45%	39%	37%	41%	35%	38%	38%	35%	44%	54%	45%

Thinking about the time that you spend teaching primary school children aged 9 to 11 in the classroom...

Approximately, how often, if at all, do you talk to your class about mental health as part of a planned lesson (rather than one-to-one with pupils)? (Please select the option that best applies)

Unweighted base	400	93	307	5	69	94	121	111	97	55	35	139	102	37	22	48
Base: All GB primary school teachers	400	104	296	5	68	91	121	115	104	50	33	130	95	34	18	40
More often than once every week	4%	2%	4%	-	3%	5%	4%	3%	3%	3%	-	5%	3%	11%	4%	4%
Once every week	9%	11%	9%	19%	7%	15%	6%	8%	10%	9%	9%	9%	8%	11%	5%	19%
Once every 2 to 3 weeks	7%	7%	7%	36%	6%	6%	9%	5%	6%	7%	6%	5%	7%	-	4%	10%
Once every month	8%	10%	7%	-	14%	9%	10%	1%	5%	12%	6%	7%	6%	8%	4%	8%
Once every 2 to 5 months	11%	16%	9%	-	4%	14%	12%	10%	11%	19%	20%	11%	11%	11%	-	8%
Once every 6 months	6%	7%	6%	22%	9%	9%	4%	5%	7%	3%	3%	8%	7%	11%	4%	10%
Once every 12 months	5%	3%	5%	-	5%	3%	3%	7%	4%	4%	-	5%	6%	3%	-	2%
Less often than once every 12 months	9%	12%	8%	-	3%	6%	12%	13%	7%	9%	12%	11%	14%	3%	13%	4%
Never	15%	17%	14%	-	13%	10%	13%	22%	22%	11%	14%	11%	11%	13%	23%	7%
Don't know/ can't recall	12%	11%	12%	23%	18%	11%	10%	10%	10%	6%	9%	12%	12%	14%	19%	21%
Not applicable - I never teach children aged 9 to 11	15%	5%	19%	-	20%	12%	16%	15%	14%	16%	22%	15%	15%	16%	22%	6%