

## YouGov / The Sun Survey Results

Sample Size: 3252 GB Adults  
Fieldwork: 3rd - 8th December 2014

	Westminster VI					2010 Vote			Gender		Age				Social Grade		Region				
Total	Con	Lab	Lib Dem	UKIP	Con	Lab	Lib Dem	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland	
<b>Weighted Sample</b>	<b>3252</b>	X	X	X	X	951	804	644	1577	1675	387	823	1112	930	1854	1398	416	1057	696	800	283
Unweighted Sample	3252	840	798	173	418	980	776	687	1581	1671	194	635	1328	1095	2219	1033	442	1033	644	747	386
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

### Has a doctor ever diagnosed you with depression or anxiety?

Yes, I have been diagnosed as having depression or anxiety	<b>29</b>	23	34	29	29	25	32	33	23	35	24	28	36	25	35	26	28	31	30	34
No, I have never been diagnosed as having depression or anxiety	<b>66</b>	76	63	66	68	72	64	62	73	60	64	67	60	71	60	65	68	66	65	64
Not sure	<b>5</b>	2	3	5	3	3	4	5	4	5	11	5	4	4	6	9	4	3	6	2

### Are you currently using, or have you ever been prescribed anti-depressant drugs (such as Prozac)?

Yes, I am currently taking anti-depressants	<b>9</b>	7	10	10	9	8	10	10	7	11	3	7	12	8	7	11	7	9	10	8	9
Yes, I have been prescribed anti-depressants in the past but am no longer taking them	<b>17</b>	13	20	17	16	16	19	18	14	20	13	18	21	14	15	20	14	15	20	19	19
No, I have never been prescribed anti-depressants	<b>71</b>	79	68	70	73	75	68	69	77	65	77	70	65	76	76	65	73	73	69	70	70
Not sure or can't remember	<b>3</b>	1	2	4	2	2	2	4	3	3	7	4	2	2	3	4	6	3	1	4	2

### When your doctor diagnosed you with depression or anxiety what treatments were offered to you?

[This question was only asked to respondents who have been diagnosed with depression or anxiety; n=970\*]

I was offered medication and other therapies, such as	<b>54</b>	57	51	59	53	58	50	54	57	52	58	60	52	49	55	52	61	56	59	45	52
I was only offered medication	<b>34</b>	30	39	32	38	33	38	32	30	36	14	29	39	37	33	35	28	33	29	42	34
I was only offered talking therapy or prescribed exercise, and was not offered medication	<b>6</b>	6	6	2	4	3	5	9	6	6	18	5	4	5	6	6	7	7	4	8	6
I was not offered any treatment	<b>4</b>	4	3	6	4	2	5	4	5	3	10	4	2	3	4	3	3	4	4	4	6
Can't remember	<b>2</b>	4	1	1	2	4	1	1	1	3	0	1	2	5	2	3	1	1	5	2	3

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**Would you have liked to have been given more choice between different therapies, or do you think your doctor gave you the right choice of different therapies?**

*[This question was only asked to respondents who have been diagnosed with depression or anxiety; n=970\*]*

Would have liked more choice - I felt there were therapies that would have helped me that my doctor didn't offer	<b>34</b>	30	36	34	31	29	29	37	37	32	46	42	34	21	36	32	37	33	34	33	31
Would not have wanted more choice - I felt my doctor gave me the appropriate choices that were best for my particular condition	<b>54</b>	59	55	45	58	60	59	50	50	56	42	41	58	64	52	55	54	52	54	54	58
Don't know	<b>12</b>	12	10	21	11	12	12	13	13	12	12	17	9	15	12	13	9	14	12	13	11

**If you were offered an alternative to medication, such as talking therapy, how long did you have to wait before receiving this treatment?**

*[This question was only asked to respondents who were offered alternatives to medication; n=570\*]*

Under two weeks	<b>13</b>	23	11	6	8	22	10	7	13	13	5	9	11	25	16	10	19	15	10	11	6
Up to a month	<b>22</b>	21	19	37	22	18	20	27	25	20	24	19	24	24	23	22	23	20	28	17	27
One to three months	<b>19</b>	19	18	13	16	21	17	25	15	21	8	17	21	24	17	21	16	15	26	17	21
Three to six months	<b>13</b>	8	17	16	11	8	21	14	13	13	16	17	13	7	13	13	8	13	13	17	10
Six months to a year	<b>8</b>	5	12	7	10	9	5	4	12	4	25	9	5	1	6	9	10	6	9	8	5
More than a year	<b>2</b>	2	3	0	4	2	4	1	2	2	0	4	3	0	2	2	1	3	2	1	3
Can't remember	<b>9</b>	9	5	8	15	7	8	9	9	9	7	5	11	9	9	8	8	10	5	12	7
Not applicable – I did not take up the offer of this therapy	<b>15</b>	11	16	13	14	14	15	13	11	17	16	21	13	10	14	16	14	17	7	16	22

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**If you were prescribed anti-depressants, what is the longest period of time you were taking them for?**

[This question was only asked to respondents who were offered medication; n=855\*]

Less than a year	<b>42</b>	45	39	35	47	46	39	39	42	43	52	41	44	37	44	40	41	38	46	42	52
Up to 18 months	<b>17</b>	18	17	23	13	16	17	18	15	18	8	23	15	17	18	16	20	12	17	23	11
Up to three years	<b>12</b>	14	13	24	9	15	13	7	17	10	13	11	11	15	13	12	8	14	8	14	17
Three to five years	<b>8</b>	5	9	2	10	5	10	11	9	7	17	8	7	6	8	8	11	11	7	6	4
Five to 10 years	<b>8</b>	5	9	7	10	4	8	13	7	8	4	6	7	10	7	8	7	9	8	7	6
More than 10 years	<b>8</b>	9	9	5	10	8	9	9	5	10	0	6	11	9	7	9	6	11	10	5	7
Can't remember	<b>4</b>	4	6	4	1	5	4	3	4	5	6	5	4	5	3	6	8	6	4	3	4

**Do you have any children, including adult children who no longer live with you?**

Yes, I do	<b>45</b>	48	43	43	54	53	48	44	40	49	3	24	48	76	42	49	30	46	49	47	46
No, I do not	<b>55</b>	52	57	57	46	47	52	56	60	51	97	76	52	24	58	51	70	54	51	53	54

**Have any of your children ever been diagnosed with depression or anxiety when under the age of sixteen?**

[This question was only asked to respondents who have children; n=1635\*]

Yes, they have	<b>8</b>	5	11	18	6	6	11	6	6	10	0	4	12	6	8	9	7	8	8	8	10
No, they have not	<b>90</b>	94	89	80	91	94	87	92	92	88	100	93	86	92	91	88	92	89	90	90	89
Can't remember	<b>1</b>	1	0	2	1	1	1	1	1	1	0	2	1	1	1	1	1	1	1	1	0
Would rather not say	<b>1</b>	0	0	0	1	0	1	1	1	1	0	1	2	1	0	2	0	2	1	2	1

**How old was your child when diagnosed with depression or anxiety?**

[This question was only asked to respondents who have children who have suffered from anxiety or depression under the age of sixteen; n=125\*]

Under the age of nine	<b>3</b>	0	2	20	0	0	7	2	9	0	0	29	2	0	6	0	4	0	0	11	0
Aged between nine and twelve	<b>10</b>	0	12	36	0	14	8	12	23	4	0	41	11	4	17	3	5	12	11	10	5
Aged between twelve and sixteen	<b>64</b>	78	63	37	84	53	71	63	55	68	0	29	72	59	58	70	84	71	70	45	61
Don't know	<b>23</b>	22	23	6	16	34	14	23	14	27	0	0	15	37	19	27	6	17	19	35	34

\*Any percentages calculated on bases fewer than 50 respondents do not represent a wide enough cross-section of the target population to be considered statistically reliable. These figures will be italicised.