

# YouGov / The Sun Survey Results

Sample Size: 1763 GB Adults  
Fieldwork: 30th November - 1st December 2014

	Westminster VI					2010 Vote			Gender		Age				Social Grade		Region				
Total	Con	Lab	Lib Dem	UKIP	Con	Lab	Lib Dem	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland	
<b>Weighted Sample</b>	<b>1763</b>	x	x	x	x	526	419	350	855	908	210	446	603	504	1005	758	226	573	377	434	153
<b>Unweighted Sample</b>	<b>1763</b>	452	452	108	228	536	433	366	834	929	141	355	704	563	1213	550	308	537	342	393	183
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

## Generally speaking, how often do you worry about things?

Every day	<b>32</b>	29	35	31	29	31	34	28	27	36	32	39	31	25	32	31	33	31	33	30	32
Every few days	<b>23</b>	22	27	23	23	20	29	22	21	25	27	26	22	20	23	23	23	20	23	25	26
Every week	<b>13</b>	11	13	10	14	12	12	11	13	12	12	13	14	12	14	12	13	12	12	16	10
Every month	<b>8</b>	8	9	12	6	7	9	9	7	9	8	7	6	11	8	8	8	10	7	6	10
Less than once a month	<b>13</b>	18	8	15	15	18	9	18	16	10	3	9	13	21	14	11	10	14	14	12	15
Never	<b>5</b>	6	4	3	6	5	3	5	7	2	5	3	5	6	4	5	5	5	5	5	3
Don't know	<b>7</b>	7	5	7	7	6	4	6	8	6	14	5	8	5	5	10	8	8	7	6	4

[The following questions were only asked to those who worry; n=1584]

## And thinking specifically about your health, which of the following comes closest to your view?

My worrying probably does have negative effects on my health	<b>50</b>	40	56	45	52	42	55	49	48	52	53	52	54	42	46	54	46	45	51	55	54
My worrying is unlikely to have negative effects on my health	<b>41</b>	51	37	49	41	50	35	45	43	39	31	39	36	51	46	33	47	44	37	38	39
Don't know	<b>10</b>	10	7	6	6	8	10	6	9	10	16	9	10	8	8	12	8	12	12	7	7

## Which, if any, of the following do you worry about the most? Please pick up to three.

Finances	<b>54</b>	46	57	38	59	49	53	50	52	56	55	65	56	41	50	60	53	54	51	57	56
Personal health	<b>41</b>	40	40	46	50	43	41	46	44	38	30	31	39	56	40	42	45	43	35	41	42
Health of loved ones	<b>41</b>	42	41	40	45	42	40	43	36	45	42	30	38	54	41	40	37	42	40	41	41
Children	<b>29</b>	27	29	31	30	28	36	27	23	35	6	30	35	32	30	29	21	32	28	31	31
Job security	<b>19</b>	16	22	12	10	16	22	18	22	16	27	28	21	4	20	18	20	14	23	20	20
Relationship	<b>17</b>	14	17	21	12	12	12	18	20	14	32	21	15	9	19	13	18	15	25	12	16
Death	<b>12</b>	12	15	9	12	11	12	11	10	13	20	10	10	13	11	13	12	12	13	12	12
Terror threat	<b>11</b>	12	8	11	20	14	11	8	10	11	10	8	7	17	9	13	12	10	9	15	5
None of these	<b>5</b>	6	3	8	6	6	3	7	6	4	3	7	5	5	6	4	7	6	4	3	9
Don't know	<b>2</b>	2	0	3	0	2	1	2	1	2	4	2	1	1	2	2	1	2	3	1	1

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Which, if any, of the following have you experienced as a result of worrying? Please tick all that apply.

Sleeplessness	<b>63</b>	57	63	61	63	59	65	66	56	70	61	65	68	57	61	67	62	67	59	62	67
Impatience and snappiness	<b>44</b>	39	48	36	41	39	42	42	42	45	49	53	46	30	42	46	46	43	44	45	40
Anxiety attacks	<b>26</b>	17	29	37	24	21	26	27	23	30	40	30	27	16	24	30	19	25	32	27	28
Nausea	<b>14</b>	8	16	17	13	10	12	13	11	16	24	18	14	5	12	16	12	15	11	16	9
None of these	<b>23</b>	29	19	23	28	30	19	22	28	18	19	18	18	33	25	20	23	22	24	22	22
Don't know	<b>2</b>	1	3	0	2	1	5	0	3	1	5	3	2	1	2	2	1	2	3	2	3

Do you generally worry more about things that are in or out of your control?

Tend to worry more about things that are in my control	<b>19</b>	25	17	22	12	21	20	20	21	17	19	16	20	20	21	16	22	18	19	17	22
Tend to worry more about things that are out of my control	<b>42</b>	41	43	43	51	43	39	43	41	43	35	45	40	45	43	41	39	38	42	49	44
Tend to worry about both equally	<b>33</b>	28	36	25	30	30	35	30	32	33	37	34	34	28	30	36	31	35	33	30	32
Don't know	<b>7</b>	5	5	10	7	6	6	7	7	6	8	5	6	7	6	8	8	9	6	4	3

In general, which, if any, of the following do you share your worries with? Please tick all that apply.

With your partner	<b>46</b>	48	49	48	42	48	45	50	44	47	41	46	45	49	49	42	37	49	46	48	41
Friends	<b>29</b>	29	33	30	26	25	31	33	22	35	38	28	29	27	32	26	31	30	27	31	25
Family	<b>25</b>	21	30	16	23	22	28	24	19	31	35	29	23	21	27	23	26	25	25	25	28
Doctor	<b>7</b>	5	10	9	7	6	8	10	9	6	8	5	9	8	8	7	6	6	9	9	7
Online	<b>2</b>	1	3	4	1	2	2	3	3	2	7	3	2	0	2	3	4	1	4	2	2
Other	<b>2</b>	2	1	1	3	2	2	2	1	2	0	2	2	2	2	2	1	2	3	1	1
None of these	<b>29</b>	31	25	19	31	31	27	26	34	24	23	31	30	28	27	32	37	27	28	26	34
Don't know	<b>2</b>	2	2	3	2	2	2	2	3	2	5	3	2	1	1	3	2	3	1	1	3

Generally speaking, do you worry more, less or about the same now than you did in the past?

I worry more now than I did in the past	<b>46</b>	39	52	36	57	42	53	42	42	50	41	50	50	40	43	51	47	45	50	45	45
I worry less now than I did in the past	<b>19</b>	23	17	22	16	21	18	21	21	18	18	16	15	28	20	18	19	18	21	19	18
I worry about the same amount as I did in the past	<b>31</b>	37	28	38	24	35	26	35	33	29	30	30	32	31	34	27	29	34	26	32	34
Don't know	<b>3</b>	2	3	4	3	3	2	2	4	3	11	4	3	1	3	4	5	3	3	3	3

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**Generally speaking, do you think you worry more, less or about the same as other people in your life (e.g. friends, family, colleagues).**

I worry more than other people in my life	<b>34</b>	31	36	39	25	30	37	30	30	37	38	45	33	22	35	33	31	33	33	36	37
I worry less now than other people in my life	<b>18</b>	22	18	15	17	21	19	18	23	13	16	18	18	19	21	14	22	14	22	17	19
I worry about the same amount as other people in my life	<b>34</b>	36	33	32	44	37	30	38	32	35	25	22	36	45	32	36	33	37	33	33	29
Don't know	<b>14</b>	12	14	14	13	12	14	14	14	14	20	14	13	14	13	17	15	15	13	14	15

**And have your family or friends ever noticed and commented on your worrying?**

Yes, many times	<b>18</b>	12	21	24	20	14	19	19	15	21	25	21	17	15	18	19	17	16	18	22	17
Yes, but only once or twice	<b>26</b>	24	30	26	19	22	32	28	26	27	36	24	28	24	26	27	24	28	26	26	28
<b>TOTAL YES</b>	<b>44</b>	<b>36</b>	<b>51</b>	<b>50</b>	<b>39</b>	<b>36</b>	<b>51</b>	<b>47</b>	<b>41</b>	<b>48</b>	<b>61</b>	<b>45</b>	<b>45</b>	<b>39</b>	<b>44</b>	<b>46</b>	<b>41</b>	<b>44</b>	<b>44</b>	<b>48</b>	<b>45</b>
No, none has noticed me worrying	<b>48</b>	59	43	39	55	58	44	45	52	44	30	46	49	55	50	45	52	48	48	45	50
Don't know	<b>8</b>	5	6	11	6	6	5	8	7	8	9	9	7	7	6	9	7	9	8	7	5

**Have you ever done anything to try and stop the amount you worry?**

Yes I have	<b>45</b>	42	43	54	49	40	44	52	42	48	49	43	46	44	46	44	46	42	46	47	47
No I haven't	<b>48</b>	53	51	40	42	53	48	41	52	44	39	50	47	49	49	46	48	47	49	47	47
Don't know	<b>7</b>	5	7	6	9	6	7	6	6	8	13	6	6	7	5	10	7	10	5	6	6

**Do you ever worry at all about Christmas?**

Yes	<b>31</b>	24	36	22	31	23	37	29	24	37	25	36	35	24	29	34	31	29	29	36	28
No	<b>62</b>	73	58	75	63	73	57	64	67	58	59	57	58	73	67	55	60	62	66	58	66
Not applicable – I do not celebrate Christmas	<b>4</b>	3	4	0	5	3	3	5	6	2	8	4	5	3	3	7	7	5	2	4	4
Don't know	<b>3</b>	1	3	3	1	1	4	2	2	3	7	3	2	1	2	4	2	4	2	2	2

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**Which of the following do you worry about the most during the Christmas period?**

[This question was only asked to respondents who worry about Christmas; n=483]

Finances	<b>50</b>	48	54	31	54	48	53	36	51	50	55	53	55	34	45	55	37	53	56	44	63
Christmas shopping	<b>19</b>	23	20	17	14	22	16	16	19	19	13	21	17	23	18	20	23	17	14	25	10
Family	<b>14</b>	16	9	24	19	14	15	21	11	16	17	10	11	24	16	12	14	16	17	12	12
Relationships	<b>5</b>	3	5	16	8	4	5	11	6	5	3	6	5	6	6	4	13	4	3	5	3
Weight	<b>4</b>	5	5	4	3	5	6	4	3	5	4	5	5	3	4	5	6	5	5	3	2
Looks	<b>1</b>	0	1	0	0	0	0	4	2	1	8	0	0	1	1	1	1	0	2	1	3
Other	<b>6</b>	5	6	7	3	7	5	8	8	5	0	5	6	8	9	2	5	5	3	9	7
Don't know	<b>0</b>	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0