

**YouGov Survey Results**  
**Sample Size: 4997 Scottish Adults**  
 Fieldwork: 24th March - 22nd April 2020

Total	Week				
	Week One - March 24th - 25th	Week Two - March 31st - April 2nd	Week Three - April 7th - 9th	Week Four - April 14th - 16th	Week Five - April 21st - 23rd

On a scale of 0-10, where 0 is 'not at all' and 10 is 'completely', overall, how happy did you feel yesterday?

Unweighted base  
 Base: All Scottish Adults  
 0 - Not at all

	4997	912	1039	1002	1002	1042
4997	912	1039	1002	1002	1042	
0 - Not at all	2%	4%	1%	1%	2%	1%
1	2%	4%	1%	1%	2%	2%
2	4%	8%	4%	3%	3%	3%
3	7%	10%	7%	8%	7%	5%
4	8%	8%	8%	8%	7%	7%
5	14%	15%	16%	15%	13%	12%
6	16%	16%	17%	14%	16%	15%
7	21%	17%	20%	22%	22%	21%
8	16%	10%	16%	18%	17%	20%
9	6%	4%	5%	6%	7%	7%
10 - Completely	5%	5%	5%	4%	5%	5%
Net: 0 to 4 (Low)	23%	34%	22%	21%	20%	19%
Net: 5 to 6 (Medium)	30%	31%	33%	28%	29%	27%
Net: 7 to 8 (High)	37%	27%	36%	40%	39%	41%
Net: 9 to 10 (Very high)	11%	9%	10%	10%	12%	12%

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On a scale of 0-10, where 0 is 'not at all' and 10 is 'completely', overall, how anxious did you feel yesterday?

	Unweighted base	912	1039	1002	1002	1042
<b>Base: All Scottish Adults</b>	4997	912	1039	1002	1002	1042
0 - Not at all	8%	4%	8%	8%	10%	10%
1	5%	3%	6%	6%	5%	6%
2	10%	6%	9%	11%	11%	13%
3	10%	7%	10%	10%	13%	11%
4	8%	7%	8%	8%	8%	9%
5	13%	12%	12%	11%	14%	14%
6	10%	9%	12%	11%	11%	10%
7	13%	16%	14%	14%	11%	10%
8	12%	17%	12%	12%	10%	10%
9	5%	10%	5%	5%	3%	3%
10 - Completely	5%	9%	4%	3%	6%	2%
Net: 0 to 1 (Very low)	13%	8%	14%	14%	14%	17%
Net: 2 to 3 (Low)	20%	13%	19%	22%	23%	24%
Net: 4 to 5 (Medium)	21%	19%	20%	19%	22%	23%
Net: 6 to 10 (High)	45%	60%	47%	45%	40%	36%

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Which, if any, of the following have you done in the last week (i.e. since the 14th April 2020)? (Please select all that apply)

	Unweighted base				
	4085	-	1039	1002	1002
	4085	-	1039	1002	1002
Done shopping for a neighbour, friend or family member	25%	-	26%	25%	25%
Collected a prescription for a neighbour, friend or family member	12%	-	13%	12%	12%
Taken a meal to a neighbour, friend or family member	7%	-	7%	6%	8%
Visited a neighbour, friend or family member in their home	3%	-	3%	2%	4%
Taken a walk with a neighbour, friend or family member not living in my household	2%	-	2%	1%	2%
Been to/ had a small gathering with people who do not live in my household	1%	-	0%	0%	0%
Been to/ had a large gathering with people who do not live in my household	0%	-	0%	0%	0%
Phoned or video called (e.g. Skype, FaceTime etc.) a neighbour, friend or family member	67%	-	69%	69%	65%
Signed up for volunteering through a community organisation	5%	-	6%	5%	4%
Signed up for volunteering through a charity or through the NHS	3%	-	4%	4%	4%
None of these	22%	-	19%	21%	23%
Don't know	1%	-	1%	1%	2%

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To what extent do you agree or disagree with the following statements about the current Coronavirus (Covid-19) pandemic?

I'm sure that things will start to get better soon

Unweighted base	4997	912	1039	1002	1002	1042
<b>Base: All Scottish Adults</b>	4997	912	1039	1002	1002	1042
Strongly agree	6%	6%	5%	7%	5%	7%
Tend to agree	28%	21%	29%	31%	30%	30%
Neither agree nor disagree	28%	26%	29%	29%	30%	27%
Tend to disagree	29%	36%	29%	28%	27%	27%
Strongly disagree	8%	10%	8%	5%	8%	9%
<b>Net: Agree</b>	<b>34%</b>	<b>27%</b>	<b>34%</b>	<b>38%</b>	<b>35%</b>	<b>37%</b>
<b>Net: Disagree</b>	<b>37%</b>	<b>46%</b>	<b>37%</b>	<b>33%</b>	<b>35%</b>	<b>36%</b>

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<b>I feel worried about the Coronavirus situation</b>						
Unweighted base	4997	912	1039	1002	1002	1042
<b>Base: All Scottish Adults</b>	4997	912	1039	1002	1002	1042
Strongly agree	31%	43%	26%	32%	29%	25%
Tend to agree	44%	36%	49%	45%	47%	44%
Neither agree nor disagree	15%	12%	14%	16%	14%	18%
Tend to disagree	7%	5%	7%	6%	7%	9%
Strongly disagree	3%	3%	4%	2%	3%	4%
<b>Net: Agree</b>	<b>75%</b>	<b>80%</b>	<b>75%</b>	<b>77%</b>	<b>76%</b>	<b>69%</b>
<b>Net: Disagree</b>	<b>10%</b>	<b>8%</b>	<b>11%</b>	<b>8%</b>	<b>10%</b>	<b>13%</b>

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<b>I believe that the best thing to do in the current situation is to follow the Government's advice</b>						
Unweighted base	4085	-	1039	1002	1002	1042
<b>Base: All Scottish Adults</b>	4085	-	1039	1002	1002	1042
Strongly agree	56%	-	56%	66%	57%	44%
Tend to agree	33%	-	33%	24%	32%	41%
Neither agree nor disagree	7%	-	6%	5%	6%	11%
Tend to disagree	3%	-	2%	2%	3%	3%
Strongly disagree	2%	-	2%	2%	1%	1%
<b>Net: Agree</b>	<b>88%</b>	<b>-</b>	<b>89%</b>	<b>91%</b>	<b>89%</b>	<b>85%</b>
<b>Net: Disagree</b>	<b>5%</b>	<b>-</b>	<b>5%</b>	<b>4%</b>	<b>5%</b>	<b>4%</b>

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<b>By staying at home we are all helping to save lives</b>						
Unweighted base	3046	-	-	1002	1002	1042
<b>Base: All Scottish Adults</b>	3046	-	-	1002	1002	1042
Strongly agree	68%	-	-	73%	67%	64%
Tend to agree	24%	-	-	20%	25%	26%
Neither agree nor disagree	5%	-	-	4%	5%	6%
Tend to disagree	2%	-	-	2%	2%	3%
Strongly disagree	2%	-	-	2%	2%	2%
<b>Net: Agree</b>	<b>91%</b>	<b>-</b>	<b>-</b>	<b>93%</b>	<b>92%</b>	<b>89%</b>
<b>Net: Disagree</b>	<b>4%</b>	<b>-</b>	<b>-</b>	<b>3%</b>	<b>3%</b>	<b>5%</b>

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<b>I trust the advice and guidance from the Scottish Government to stay at home, protect the NHS and save lives</b>						
Unweighted base	3046	-	-	1002	1002	1042
<b>Base: All Scottish Adults</b>	3046	-	-	1002	1002	1042
Strongly agree	42%	-	-	45%	43%	39%
Tend to agree	31%	-	-	28%	31%	32%
Neither agree nor disagree	10%	-	-	9%	9%	12%
Tend to disagree	7%	-	-	7%	7%	8%
Strongly disagree	10%	-	-	11%	10%	8%
<b>Net: Agree</b>	<b>73%</b>	<b>-</b>	<b>-</b>	<b>73%</b>	<b>74%</b>	<b>72%</b>
<b>Net: Disagree</b>	<b>17%</b>	<b>-</b>	<b>-</b>	<b>17%</b>	<b>17%</b>	<b>16%</b>

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The government has been telling people that they must stay at home... If you live in a household where no-one has Coronavirus or symptoms of Coronavirus, which, if any, of the following actions do you think it is acceptable to do? (Please select all that apply)

Unweighted base  
**Base: All Scottish Adults**

- Go food shopping when absolutely necessary
- Collect a prescription for a neighbour
- Go out for a walk with others from my household but stay at least 2 metres away from anyone else
- Drop shopping into a neighbour's kitchen
- Walk or exercise outside but no more than once a day
- Drive to the countryside for a walk with my family
- Walk or exercise outside more than once a day
- Phone or video call (e.g. Skype, Facetime etc.) a neighbour, friend or family member
- Take public transport to essential work
- None of these
- Don't know

3046	-	-	1002	1002	1042
3046	-	-	1002	1002	1042
88%	-	-	87%	89%	89%
63%	-	-	63%	62%	66%
67%	-	-	64%	67%	69%
15%	-	-	15%	15%	15%
80%	-	-	79%	80%	81%
6%	-	-	5%	4%	9%
11%	-	-	9%	11%	13%
86%	-	-	84%	85%	88%
44%	-	-	42%	41%	50%
2%	-	-	3%	1%	2%
2%	-	-	2%	2%	2%

Cell Contents (Column Percentages)