

YouGov / European Political Monthly Survey Results

Sample Size: 1039 adults in Spain
Fieldwork: 6th - 13th May 2026

Weighted Sample Unweighted Sample		Age (1)						Age (2)			Gender		Region							Past vote 2023			
	Total	18-24	25-34	35-44	45-54	55-64	65+	18-34	35-54	55+	Male	Female	North East	East	South	Madrid Metropolitan	North	North West	Centre	PP	PSOE	VOX	SUMAR
	1039	87	143	198	203	166	241	231	401	407	505	534	225	148	237	146	102	56	126	275	266	105	102
	1039	57	138	220	230	193	201	195	450	394	476	563	239	138	214	161	98	55	134	233	263	112	119
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

How often, if at all, do you see or hear information from EU institutions?

Every day	11	7	8	5	10	16	19	8	7	18	11	12	11	11	9	16	11	7	16	9	14	16	7
Several times a week	28	15	21	23	32	37	33	18	27	35	32	24	27	30	28	31	25	39	25	30	32	37	23
Once a week	10	8	14	13	10	6	10	11	11	9	11	10	11	10	14	9	10	7	6	10	12	5	14
Several times a month	16	19	19	20	14	18	11	19	17	14	15	17	14	16	16	19	15	12	21	18	16	12	27
Once a month	4	4	5	7	3	2	1	5	5	1	3	4	3	5	4	2	5	3	2	4	3	4	4
Less often than once a month	19	29	23	21	21	12	13	25	21	13	18	20	17	20	19	15	21	18	20	17	16	17	19
Don't know	11	17	11	11	10	8	12	14	11	11	10	13	16	8	10	9	14	14	9	13	7	10	7

Thinking about information from EU institutions, how clear and informative do you think it is?
Clear

A great deal	3	12	3	2	2	2	4	7	2	3	4	3	5	3	2	5	0	0	4	2	6	2	2
A fair amount	25	10	20	24	24	28	35	16	24	32	25	26	26	27	27	21	26	23	26	29	32	14	24
TOTAL A GREAT DEAL / A FAIR AMOUNT	28	22	23	26	26	30	39	23	26	35	29	29	31	30	29	26	26	23	30	31	38	16	26
Not very much	48	47	54	51	46	49	43	51	48	45	49	47	48	44	51	54	39	51	45	47	47	43	59
Not at all	14	6	13	15	18	16	11	10	17	13	14	14	12	14	11	15	19	19	13	12	9	32	9
TOTAL NOT VERY MUCH / NOT AT ALL	62	53	67	66	64	65	54	61	65	58	63	61	60	58	62	69	58	70	58	59	56	75	68
Don't know	10	25	10	9	11	5	7	16	10	7	8	12	9	12	9	5	16	8	12	10	7	9	7

Informative

A great deal	5	3	6	6	4	5	5	5	5	5	5	5	6	6	6	4	2	3	5	5	7	2	4
A fair amount	34	31	36	29	31	35	39	35	30	37	34	34	35	28	37	36	32	30	34	34	38	24	42
TOTAL A GREAT DEAL / A FAIR AMOUNT	39	34	42	35	35	40	44	40	35	42	39	39	41	34	43	40	34	33	39	39	45	26	46
Not very much	43	34	39	47	45	45	41	37	46	43	44	42	41	48	41	47	35	51	42	45	45	39	40
Not at all	8	7	8	9	10	8	8	8	10	8	9	8	9	7	7	9	14	7	9	6	4	25	4
TOTAL NOT VERY MUCH / NOT AT ALL	51	41	47	56	55	53	49	45	56	51	53	50	50	55	48	56	49	58	51	51	49	64	44
Don't know	10	25	10	8	11	7	7	16	10	7	8	11	10	11	9	5	17	9	11	11	6	9	9

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	1039	87	143	198	203	166	241	231	401	407	505	534	225	148	237	146	102	56	126	275	266	105	102
	1039	57	138	220	230	193	201	195	450	394	476	563	239	138	214	161	98	55	134	233	263	112	119
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Through which channels, if any, do you currently get information about EU policies or decisions that affect you? Select all that apply.

National TV news	54	29	44	47	54	68	65	38	51	66	51	57	46	60	56	60	51	61	51	59	57	42	67
Online news websites	30	25	27	24	31	33	33	26	28	33	31	28	32	31	29	36	23	33	22	28	31	27	37
Social media	29	39	40	34	26	26	18	40	30	21	28	29	28	30	35	24	15	32	31	17	33	39	35
Radio	26	9	22	18	27	35	34	17	22	34	29	23	26	28	22	26	26	32	29	27	29	34	27
YouTube / video creators	11	10	21	10	9	15	7	17	9	10	13	10	15	10	13	11	7	11	9	9	8	23	12
Print newspapers	11	2	9	11	9	12	15	6	10	14	13	9	12	9	10	11	10	18	11	12	11	7	11
From people I know	11	12	12	11	10	10	11	12	10	11	8	13	12	13	10	11	6	15	10	9	14	12	14
Podcasts	8	2	15	9	9	7	4	10	9	5	8	8	8	5	10	9	9	4	7	5	6	11	13
EU institutions' own websites/newsletters	7	3	8	8	5	9	6	6	6	7	6	7	8	5	7	8	6	6	4	7	7	4	8
I don't follow EU policy news	10	14	7	12	9	7	12	10	10	10	8	12	9	11	6	9	18	7	13	10	6	13	4
Don't know	3	8	7	3	4	2	0	8	3	1	4	3	5	2	3	1	4	1	5	2	3	4	2

Thinking about where you get most of your daily news, does it largely come from individual creators (e.g. YouTubers, Tiktokers, newsletter writers) or from mainstream media, or is it a balance of the two?

Almost all from creators	5	14	6	3	4	1	5	9	3	3	5	4	6	4	4	5	3	2	7	4	4	11	2
More from creators than mainstream	11	16	20	16	9	11	2	19	13	6	11	11	10	10	17	9	7	17	7	8	15	10	13
TOTAL FROM CREATORS	16	30	26	19	13	12	7	28	16	9	16	15	16	14	21	14	10	19	14	12	19	21	15
A balance of the two	16	25	24	21	14	11	9	25	18	10	17	16	14	20	14	20	12	9	19	16	14	17	13
More from mainstream than creators	21	19	15	22	28	18	19	17	25	19	19	22	25	25	16	23	21	21	12	22	19	23	21
Almost all from mainstream media	39	9	21	29	37	56	57	16	33	57	38	40	37	35	37	40	44	41	43	41	41	29	46
TOTAL FROM MAINSTREAM MEDIA	60	28	36	51	65	74	76	33	58	76	57	62	62	60	53	63	65	62	55	63	60	52	67
Don't know	9	17	13	9	7	4	7	14	8	6	10	7	8	6	11	4	12	11	12	8	7	11	5

To what extent, if at all, do you trust information from the following sources on EU policy issues?

EU institutions directly

Trust a great deal	10	18	10	7	13	7	9	13	10	8	10	10	12	8	10	13	7	8	8	7	13	5	13
Trust a fair amount	40	33	35	35	33	52	47	35	34	49	39	41	38	41	41	39	38	49	38	39	50	28	41
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	50	51	45	42	46	59	56	48	44	57	49	51	50	49	51	52	45	57	46	46	63	33	54
Do not trust very much	29	31	27	30	30	25	28	28	30	27	29	28	32	28	25	31	27	28	31	34	23	26	33
Do not trust at all	12	2	17	17	15	11	9	11	16	10	14	11	11	14	14	10	16	8	13	11	6	32	7
TOTAL DO NOT TRUST VERY MUCH / AT ALL	41	33	44	47	45	36	37	39	46	37	43	39	43	42	39	41	43	36	44	45	29	58	40
Don't know	9	15	12	10	9	5	7	13	10	6	7	11	8	10	10	7	12	8	10	9	9	8	5

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Weighted Sample	1039	87	143	198	203	166	241	231	401	407	505	534	225	148	237	146	102	56	126	275	266	105	102
Unweighted Sample	1039	57	138	220	230	193	201	195	450	394	476	563	239	138	214	161	98	55	134	233	263	112	119
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
National government																							
Trust a great deal	5	8	3	3	5	7	5	5	4	6	6	4	2	1	6	6	5	10	8	1	11	2	10
Trust a fair amount	28	35	31	23	25	27	31	32	24	29	28	28	30	32	29	24	29	18	26	13	46	7	44
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	33	43	34	26	30	34	36	37	28	35	34	32	32	33	35	30	34	28	34	14	57	9	54
Do not trust very much	32	33	36	39	32	28	24	35	36	26	29	34	42	30	27	34	22	32	30	36	27	13	36
Do not trust at all	30	10	20	28	32	34	38	16	30	37	32	27	20	32	32	34	34	35	28	48	10	73	7
TOTAL DO NOT TRUST VERY MUCH / AT ALL	62	43	56	67	64	62	62	51	66	63	61	61	62	62	59	68	56	67	58	84	37	86	43
Don't know	6	14	11	7	6	3	2	12	6	3	5	7	5	5	7	2	10	6	8	3	6	6	3
National public broadcaster																							
Trust a great deal	5	2	4	2	6	7	6	3	4	6	5	5	4	5	4	8	2	6	4	3	7	1	7
Trust a fair amount	38	26	28	36	40	39	47	27	38	44	37	38	43	35	36	32	38	41	39	34	52	20	44
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	43	28	32	38	46	46	53	30	42	50	42	43	47	40	40	40	40	47	43	37	59	21	51
Do not trust very much	34	50	39	36	31	34	27	43	33	30	34	34	38	35	32	36	29	27	35	36	30	30	35
Do not trust at all	18	7	20	19	19	16	19	15	19	18	19	17	12	20	20	21	18	23	15	23	6	43	11
TOTAL DO NOT TRUST VERY MUCH / AT ALL	52	57	59	55	50	50	46	58	52	48	53	51	50	55	52	57	47	50	50	59	36	73	46
Don't know	6	15	9	7	4	4	2	11	6	3	5	6	4	4	8	2	12	3	7	5	4	6	3
Commercial news organisations																							
Trust a great deal	2	1	1	2	3	1	1	1	3	1	2	1	1	2	3	2	1	0	0	1	3	2	1
Trust a fair amount	17	14	17	11	16	21	21	16	13	21	17	17	17	20	14	20	16	16	16	15	23	15	15
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	19	15	18	13	19	22	22	17	16	22	19	18	18	22	17	22	17	16	16	16	26	17	16
Do not trust very much	48	47	46	46	47	50	50	46	47	50	48	48	52	44	49	47	46	51	46	51	48	48	48
Do not trust at all	23	20	22	27	25	19	24	21	26	22	25	22	20	23	24	28	21	28	23	22	17	26	30
TOTAL DO NOT TRUST VERY MUCH / AT ALL	71	67	68	73	72	69	74	67	73	72	73	70	72	67	73	75	67	79	69	73	65	74	78
Don't know	10	18	15	13	9	9	5	16	11	6	9	12	10	11	10	4	16	5	15	11	10	9	5
Independent online creators / journalists																							
Trust a great deal	3	3	2	4	5	1	2	2	5	2	3	3	3	4	3	6	2	0	1	3	3	7	2
Trust a fair amount	24	19	26	22	22	27	26	23	22	27	25	23	23	27	25	25	21	22	22	22	27	34	22
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	27	22	28	26	27	28	28	25	27	29	28	26	26	31	28	31	23	22	23	25	30	41	24
Do not trust very much	43	51	37	44	42	45	42	42	43	43	41	45	45	36	42	45	37	52	48	47	45	28	41
Do not trust at all	22	12	21	20	26	23	25	18	23	24	24	21	22	25	21	23	27	23	20	20	19	27	30
TOTAL DO NOT TRUST VERY MUCH / AT ALL	65	63	58	64	68	68	67	60	66	67	65	66	67	61	63	68	64	75	68	67	64	55	71
Don't know	8	15	14	10	5	4	5	15	7	4	7	9	8	8	9	1	13	3	9	7	6	4	4
Academic or research institutions																							
Trust a great deal	13	13	15	7	15	17	12	14	11	14	17	10	15	14	12	12	11	14	13	9	14	10	23
Trust a fair amount	54	47	52	54	45	57	61	50	50	60	49	58	56	57	56	52	52	51	46	55	61	39	55
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	67	60	67	61	60	74	73	64	61	74	66	68	71	71	68	64	63	65	59	64	75	49	78
Do not trust very much	19	20	14	20	23	18	17	16	22	18	20	17	18	16	16	24	18	20	24	22	13	27	17
Do not trust at all	8	9	9	11	9	5	4	9	10	4	9	6	6	8	8	5	14	6	8	8	4	15	3
TOTAL DO NOT TRUST VERY MUCH / AT ALL	27	29	23	31	32	23	21	25	32	22	29	23	24	24	24	29	32	26	32	30	17	42	20
Don't know	7	10	10	9	7	2	5	10	8	4	4	9	6	5	9	6	5	9	9	7	7	9	3

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	1039	57	138	220	230	193	201	195	450	394	476	563	239	138	214	161	98	55	134	233	263	112	119
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

NGOs or civil society organisations

Trust a great deal	5	9	6	3	6	5	4	7	5	4	6	4	4	5	6	6	4	1	6	2	8	3	7
Trust a fair amount	33	38	28	29	29	40	37	32	29	38	31	36	36	37	32	27	32	42	33	24	46	12	48
TOTAL TRUST A GREAT DEAL / FAIR AMOUNT	38	47	34	32	35	45	41	39	34	42	37	40	40	42	38	33	36	43	39	26	54	15	55
Do not trust very much	32	33	35	33	33	30	31	35	33	31	32	33	39	30	31	35	26	26	32	40	28	26	28
Do not trust at all	18	2	17	20	20	20	20	11	20	20	22	14	12	20	20	21	22	26	15	23	7	49	8
TOTAL DO NOT TRUST VERY MUCH / AT ALL	50	35	52	53	53	50	51	46	53	51	54	47	51	50	51	56	48	52	47	63	35	75	36
Don't know	11	18	14	14	12	4	8	16	13	6	9	13	10	9	11	11	16	5	14	11	11	10	8

Thinking about how EU institutions talk about EU policy, which of the following comes closest to your view?

It is more important that EU institutions maximise their reach, even if this means using independent content creators and having less control of the message	31	29	40	37	31	33	21	36	34	26	36	27	28	38	32	35	21	35	30	35	28	43	32
It is more important that EU institutions have total control of the message, even if this means they don't use independent content creators to maximise reach	45	38	38	41	42	49	56	38	42	53	43	47	48	44	42	50	51	43	39	42	50	29	53
Don't know	24	33	22	22	26	19	23	26	24	21	21	26	24	18	26	16	28	22	31	23	21	28	15