

YouGov Survey Results

Sample Size: 1703 adults in GB
Fieldwork: 16th - 17th September 2021

	Vote in 2019 GE			EU Ref 2016		Gender		Age				Social Grade		Region					
	Total	Con	Lab	Lib Dem	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland
Weighted Sample	1703	577	422	153	632	674	828	875	186	710	410	397	971	732	204	572	370	410	146
Unweighted Sample	1703	599	416	153	705	684	776	927	108	707	411	477	998	705	159	605	372	410	157
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Have you ever been on an official workplace 'team building' exercise - i.e. one organised officially by your company, rather than an informal one like drinks with colleagues?

Yes I have	42	45	45	53	50	42	44	40	26	45	46	39	52	29	42	46	40	38	41
No I have not	55	53	49	47	48	56	53	56	63	50	52	61	45	67	54	51	56	58	54
Don't know	4	2	5	1	2	2	3	4	11	4	2	1	4	4	5	3	4	3	5

Thinking about times where you have been on an official workplace 'team building' exercise, please say whether you agree or disagree with the following statements:

[Answered by those who have been on an official workplace 'teambuilding' exercise; n= 750]

I felt that myself and my team could work together more effectively as a result of the exercise

Strongly agree	8	12	6	3	9	8	10	7	13	9	8	7	9	8	10	9	12	5	6
Somewhat agree	35	30	38	39	37	33	35	35	35	35	26	47	37	30	37	34	35	35	40
TOTAL AGREE	43	42	44	42	46	41	45	42	48	44	34	54	46	38	47	43	47	40	46
Somewhat disagree	29	29	33	28	32	29	26	32	27	31	30	25	29	29	37	27	26	35	20
Strongly disagree	20	24	18	23	19	24	21	20	6	19	30	16	19	24	12	22	20	21	25
TOTAL DISAGREE	49	53	51	51	51	53	47	52	33	50	60	41	48	53	49	49	46	56	45
Don't know	7	5	5	6	3	6	8	5	20	7	6	4	6	9	4	9	7	4	8

I preferred being on team building exercises to having to work

Strongly agree	11	10	12	13	10	11	13	9	26	16	5	5	13	8	11	10	12	11	17
Somewhat agree	29	28	27	18	29	29	26	32	25	34	26	23	30	26	33	27	30	29	28
TOTAL AGREE	40	38	39	31	39	40	39	41	51	50	31	28	43	34	44	37	42	40	45
Somewhat disagree	29	31	35	29	32	26	30	28	22	24	33	38	30	26	31	29	32	31	19
Strongly disagree	25	29	22	28	23	30	23	27	9	20	33	30	23	30	18	26	24	26	29
TOTAL DISAGREE	54	60	57	57	55	56	53	55	31	44	66	68	53	56	49	55	56	57	48
Don't know	6	3	5	12	5	4	8	3	18	6	3	4	4	10	7	9	2	3	7

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

I found the experience embarrassing or cringe-worthy

Strongly agree	25	30	24	20	23	30	24	26	31	24	30	20	23	30	17	27	22	25	34
Somewhat agree	35	36	35	33	35	37	32	38	26	36	36	36	35	35	24	37	32	38	41
TOTAL AGREE	60	66	59	53	58	67	56	64	57	60	66	56	58	65	41	64	54	63	75
Somewhat disagree	21	18	22	25	22	19	24	18	22	22	19	21	23	17	32	18	23	21	15
Strongly disagree	15	15	16	14	16	12	15	14	6	13	13	22	16	11	22	12	17	16	5
TOTAL DISAGREE	36	33	38	39	38	31	39	32	28	35	32	43	39	28	54	30	40	37	20
Don't know	4	1	4	7	4	2	5	4	15	6	1	1	3	7	4	6	6	1	5

What was the worst thing you ever had to do on a team building exercise?

[Answered by those who have been on an official workplace 'teambuilding' exercise; n= 750]

The worst thing I have ever had to do is...[see Tab 1]	36	38	37	38	37	40	32	40	13	35	42	36	36	35	28	39	37	33	38
I have never had to do anything bad on a team building exercise	44	45	44	32	41	44	44	43	44	41	42	51	44	43	48	39	46	47	44
Don't know	20	17	20	31	22	16	24	17	43	23	16	13	20	22	24	22	17	19	18

Regardless of whether you have been on one before, what emotions would you associate with the prospect of having to go on an official workplace 'team building' exercise?

Please select all that apply

Dread	40	39	44	43	43	43	32	49	28	43	47	35	39	42	34	38	44	42	45
Annoyance	28	30	30	35	29	30	30	26	27	28	31	26	30	25	27	29	26	29	32
Indifference	23	23	22	21	24	22	28	17	23	23	24	21	25	20	27	22	22	22	21
Approval	13	12	13	16	15	10	15	11	18	12	9	15	15	10	13	14	11	14	9
Excitement	12	11	14	11	13	9	12	11	11	16	8	8	14	8	15	12	12	10	10
Don't know	10	7	11	7	8	8	11	9	15	11	6	8	7	13	13	8	9	10	11
None of these	7	6	6	8	6	8	7	7	5	5	9	10	6	8	9	8	7	5	7