

**Internal  
Work E-mails**

GB Sample: 6th - 8th August 2018



Total	Gender		Age					Social Grade		North	Midlands
	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE		

profile\_work\_stat. Which of these applies to you?

Unweighted base	4125	1868	2257	343	588	702	704	1788	2539	1586	1011	675
<b>Base: All GB Adults</b>	<b>4125</b>	<b>2003</b>	<b>2122</b>	<b>463</b>	<b>612</b>	<b>723</b>	<b>673</b>	<b>1653</b>	<b>2351</b>	<b>1774</b>	<b>989</b>	<b>678</b>
Working full time (30 or more hours per week)	40%	48%	32%	30%	64%	63%	57%	16%	45%	32%	39%	36%
Working part time (8-29 hours a week)	14%	8%	19%	11%	12%	17%	20%	11%	12%	15%	14%	14%
Working part time (Less than 8 hours a week)	1%	1%	2%	1%	1%	2%	2%	1%	2%	1%	1%	2%
Full time student	5%	6%	5%	40%	4%	1%	0%	-	7%	3%	6%	4%
Retired	26%	25%	28%	0%	1%	0%	2%	64%	28%	24%	28%	29%
Unemployed	4%	5%	3%	8%	8%	4%	5%	1%	1%	8%	3%	5%
Not working	7%	5%	8%	6%	6%	10%	11%	5%	3%	12%	7%	8%
Other	3%	2%	3%	3%	4%	3%	3%	1%	2%	4%	2%	2%

AMWE\_Q1. For the following question, please think about your main job (i.e. the one you spend the most time at). Does your current main job require you to use (i.e. send or receive) emails for work purposes on a regular basis (i.e. more than once a week)?

Unweighted base	2227	1054	1173	140	460	575	553	499	1492	735	540	350
<b>Base: All GB workers</b>	<b>2257</b>	<b>1133</b>	<b>1124</b>	<b>196</b>	<b>473</b>	<b>591</b>	<b>528</b>	<b>469</b>	<b>1389</b>	<b>868</b>	<b>540</b>	<b>353</b>
Yes, it does	72%	73%	72%	66%	80%	75%	70%	66%	85%	52%	70%	72%
No, it doesn't	27%	27%	27%	33%	19%	24%	29%	33%	14%	47%	29%	26%
Don't know	1%	1%	1%	0%	1%	1%	1%	1%	1%	1%	1%	1%

AMWE\_Q2. For the following question, by 'holiday', we mean any entitled break, or annual leave taken from work for any length of time. In general, how often, if at all, do you check your work emails whilst on holiday from work? (Please select the option that best applies)

Unweighted base	1640	782	858	93	374	441	397	335	1271	369	391	258
<b>Base: All GB workers who use email for work purposes</b>	<b>1632</b>	<b>822</b>	<b>809</b>	<b>131</b>	<b>379</b>	<b>444</b>	<b>370</b>	<b>309</b>	<b>1182</b>	<b>450</b>	<b>379</b>	<b>255</b>
Very often	10%	12%	9%	12%	7%	11%	11%	12%	10%	10%	8%	11%
Often	15%	16%	13%	14%	14%	15%	16%	12%	14%	16%	13%	13%
Sometimes	19%	20%	17%	17%	18%	21%	18%	18%	19%	16%	14%	21%
Rarely	16%	14%	18%	13%	19%	16%	14%	17%	17%	13%	16%	15%
Never	40%	38%	42%	42%	42%	37%	40%	40%	38%	44%	49%	39%
Don't know	0%	0%	1%	2%	-	1%	0%	1%	0%	0%	0%	1%

AMWE\_Q3. Still thinking about your main job... Do you have a manager (i.e. someone you directly report to)?

Unweighted base	1640	782	858	93	374	441	397	335	1271	369	391	258
<b>Base: All GB workers who use email for work purposes</b>	<b>1632</b>	<b>822</b>	<b>809</b>	<b>131</b>	<b>379</b>	<b>444</b>	<b>370</b>	<b>309</b>	<b>1182</b>	<b>450</b>	<b>379</b>	<b>255</b>
Yes, I do	86%	85%	88%	93%	94%	93%	82%	70%	86%	87%	85%	87%
No, I don't	14%	15%	12%	7%	6%	7%	18%	30%	14%	13%	15%	13%

AMWE\_Q4. You previously told us you have a manager at your main job. Thinking about taking a holiday from your main job... In general, do you think your manager would or would not expect you to check your emails whilst on holiday from work?

Unweighted base	1413	659	754	87	352	410	328	236	1093	320	333	224
<b>Base: All GB workers who use email and have a manager</b>	<b>1409</b>	<b>695</b>	<b>714</b>	<b>121</b>	<b>355</b>	<b>412</b>	<b>305</b>	<b>216</b>	<b>1020</b>	<b>389</b>	<b>323</b>	<b>221</b>
Definitely would	5%	6%	4%	5%	5%	5%	6%	3%	5%	5%	4%	4%
Probably would	10%	10%	10%	9%	9%	13%	7%	11%	11%	9%	7%	10%
Probably wouldn't	26%	26%	25%	24%	29%	22%	27%	27%	27%	23%	19%	28%
Definitely wouldn't	56%	54%	58%	60%	54%	57%	57%	55%	56%	57%	67%	55%
Don't know	3%	3%	3%	2%	3%	3%	4%	4%	2%	6%	3%	4%

AMTP\_Q5. As a reminder, by 'holiday', we mean any entitled break, or annual leave taken from work for any length of time. If you felt you had the choice, would you prefer to completely "switch off" whilst on holiday (i.e. have no work-related thoughts, not have to check emails etc.), or stay on top of what was going on at work?

Unweighted base	1640	782	858	93	374	441	397	335	1271	369	391	258
<b>Base: All GB workers who use email and have a manager</b>	<b>1632</b>	<b>822</b>	<b>809</b>	<b>131</b>	<b>379</b>	<b>444</b>	<b>370</b>	<b>309</b>	<b>1182</b>	<b>450</b>	<b>379</b>	<b>255</b>
Completely "switch off"	80%	77%	83%	71%	80%	82%	81%	78%	80%	79%	84%	78%
Stay on top of what was going on	17%	21%	14%	24%	17%	15%	16%	19%	17%	17%	15%	19%
Don't know	3%	2%	4%	5%	3%	2%	3%	3%	2%	4%	1%	3%

Cell Contents (Column Percentages)

**Internal  
Work E-mails**

GB Sample: 6th - 8th August 2018



Total	Region									
	East	London	South	England (NET)	Wales	Scotland	North East	North West	Yorkshire and the Humber	East Midlands

profile\_work\_stat. Which of these applies to you?

Unweighted base	4125	390	474	986	3536	219	370	198	437	376	298	377
<b>Base: All GB Adults</b>	<b>4125</b>	<b>385</b>	<b>557</b>	<b>952</b>	<b>3562</b>	<b>205</b>	<b>358</b>	<b>192</b>	<b>431</b>	<b>366</b>	<b>305</b>	<b>373</b>
Working full time (30 or more hours per week)	40%	40%	46%	39%	40%	39%	39%	37%	41%	39%	39%	33%
Working part time (8-29 hours a week)	14%	17%	11%	13%	14%	17%	11%	10%	15%	15%	14%	14%
Working part time (Less than 8 hours a week)	1%	1%	1%	2%	1%	-	2%	1%	1%	2%	2%	2%
Full time student	5%	4%	7%	4%	5%	7%	6%	5%	5%	7%	1%	6%
Retired	26%	25%	19%	28%	26%	26%	28%	33%	28%	25%	28%	29%
Unemployed	4%	5%	4%	4%	4%	4%	5%	4%	3%	4%	5%	6%
Not working	7%	7%	9%	6%	7%	5%	6%	9%	6%	6%	8%	7%
Other	3%	2%	4%	3%	3%	2%	3%	1%	2%	2%	2%	2%

AMWE\_Q1. For the following question, please think about your main job (i.e. the one you spend the most time at). Does your current main job require you to use (i.e. send or receive) emails for work purposes on a regular basis (i.e. more than once a week)?

Unweighted base	2227	220	275	532	1917	121	189	93	241	206	164	186
<b>Base: All GB workers</b>	<b>2257</b>	<b>221</b>	<b>323</b>	<b>519</b>	<b>1957</b>	<b>115</b>	<b>186</b>	<b>92</b>	<b>243</b>	<b>205</b>	<b>167</b>	<b>186</b>
Yes, it does	72%	72%	83%	72%	73%	67%	66%	66%	69%	73%	73%	72%
No, it doesn't	27%	26%	17%	28%	26%	33%	32%	34%	29%	26%	24%	28%
Don't know	1%	2%	1%	1%	1%	-	2%	-	2%	0%	3%	-

AMWE\_Q2. For the following question, by 'holiday', we mean any entitled break, or annual leave taken from work for any length of time. In general, how often, if at all, do you check your work emails whilst on holiday from work? (Please select the option that best applies)

Unweighted base	1640	163	230	386	1428	82	130	63	173	155	124	134
<b>Base: All GB workers who use email for work purposes</b>	<b>1632</b>	<b>160</b>	<b>267</b>	<b>371</b>	<b>1432</b>	<b>77</b>	<b>123</b>	<b>61</b>	<b>167</b>	<b>151</b>	<b>122</b>	<b>133</b>
Very often	10%	9%	14%	10%	10%	11%	11%	5%	7%	11%	11%	11%
Often	15%	17%	17%	15%	15%	8%	14%	17%	13%	12%	12%	14%
Sometimes	19%	20%	17%	21%	18%	22%	22%	8%	17%	13%	21%	21%
Rarely	16%	14%	19%	17%	16%	13%	16%	20%	17%	12%	13%	17%
Never	40%	41%	32%	36%	40%	46%	37%	50%	46%	51%	42%	36%
Don't know	0%	-	1%	1%	1%	-	-	1%	-	-	2%	-

AMWE\_Q3. Still thinking about your main job... Do you have a manager (i.e. someone you directly report to)?

Unweighted base	1640	163	230	386	1428	82	130	63	173	155	124	134
<b>Base: All GB workers who use email for work purposes</b>	<b>1632</b>	<b>160</b>	<b>267</b>	<b>371</b>	<b>1432</b>	<b>77</b>	<b>123</b>	<b>61</b>	<b>167</b>	<b>151</b>	<b>122</b>	<b>133</b>
Yes, I do	86%	88%	86%	85%	86%	91%	89%	87%	84%	86%	85%	88%
No, I don't	14%	12%	14%	15%	14%	9%	11%	13%	16%	14%	15%	12%

AMWE\_Q4. You previously told us you have a manager at your main job. Thinking about taking a holiday from your main job... In general, do you think your manager would or would not expect you to check your emails whilst on holiday from work?

Unweighted base	1413	142	198	327	1224	74	115	55	146	132	107	117
<b>Base: All GB workers who use email and have a manager</b>	<b>1409</b>	<b>140</b>	<b>230</b>	<b>315</b>	<b>1229</b>	<b>70</b>	<b>110</b>	<b>53</b>	<b>141</b>	<b>130</b>	<b>103</b>	<b>118</b>
Definitely would	5%	6%	6%	6%	5%	4%	4%	3%	5%	3%	4%	4%
Probably would	10%	13%	14%	9%	10%	9%	12%	9%	7%	7%	12%	8%
Probably wouldn't	26%	24%	28%	29%	26%	24%	28%	13%	21%	20%	24%	30%
Definitely wouldn't	56%	54%	49%	54%	56%	54%	53%	75%	61%	69%	56%	54%
Don't know	3%	3%	3%	2%	3%	8%	3%	-	6%	1%	4%	4%

AMTP\_Q5. As a reminder, by 'holiday', we mean any entitled break, or annual leave taken from work for any length of time. If you felt you had the choice, would you prefer to completely "switch off" whilst on holiday (i.e. have no work-related thoughts, not have to check emails etc.), or stay on top of what was going on at work?

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<b>Base: All GB workers who use email and have a manager</b>	<b>1632</b>	<b>160</b>	<b>267</b>	<b>371</b>	<b>1432</b>	<b>77</b>	<b>123</b>	<b>61</b>	<b>167</b>	<b>151</b>	<b>122</b>	<b>133</b>
Completely "switch off"	80%	73%	75%	83%	80%	75%	84%	88%	82%	85%	76%	80%
Stay on top of what was going on	17%	23%	21%	14%	17%	22%	13%	9%	17%	15%	20%	18%
Don't know	3%	4%	4%	3%	3%	3%	3%	3%	1%	1%	4%	3%

Cell Contents (C)

**Internal  
Work E-mails**

GB Sample: 6th - 8th August 2018



Total	Government Region						
	East of England	London	South East	South West	England (NET)	Wales	Scotland

profile\_work\_stat. Which of these applies to you?

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<b>Base: All GB Adults</b>	<b>4125</b>	<b>385</b>	<b>557</b>	<b>534</b>	<b>418</b>	<b>3562</b>	<b>205</b>	<b>358</b>
Working full time (30 or more hours per week)	40%	40%	46%	44%	34%	40%	39%	39%
Working part time (8-29 hours a week)	14%	17%	11%	13%	13%	14%	17%	11%
Working part time (Less than 8 hours a week)	1%	1%	1%	1%	3%	1%	-	2%
Full time student	5%	4%	7%	4%	5%	5%	7%	6%
Retired	26%	25%	19%	26%	31%	26%	26%	28%
Unemployed	4%	5%	4%	4%	4%	4%	4%	5%
Not working	7%	7%	9%	6%	7%	7%	5%	6%
Other	3%	2%	4%	3%	3%	3%	2%	3%

AMWE\_Q1. For the following question, please think about your main job (i.e. the one you spend the most time at). Does your current main job require you to use (i.e. send or receive) emails for work purposes on a regular basis (i.e. more than once a week)?

Unweighted base	2227	220	275	320	212	1917	121	189
<b>Base: All GB workers</b>	<b>2257</b>	<b>221</b>	<b>323</b>	<b>310</b>	<b>209</b>	<b>1957</b>	<b>115</b>	<b>186</b>
Yes, it does	72%	72%	83%	74%	68%	73%	67%	66%
No, it doesn't	27%	26%	17%	26%	31%	26%	33%	32%
Don't know	1%	2%	1%	0%	1%	1%	-	2%

AMWE\_Q2. For the following question, by 'holiday', we mean any entitled break, or annual leave taken from work for any length of time. In general, how often, if at all, do you check your work emails whilst on holiday from work? (Please select the option that best applies)

Unweighted base	1640	163	230	238	148	1428	82	130
<b>Base: All GB workers who use email for work purposes</b>	<b>1632</b>	<b>160</b>	<b>267</b>	<b>228</b>	<b>143</b>	<b>1432</b>	<b>77</b>	<b>123</b>
Very often	10%	9%	14%	11%	9%	10%	11%	11%
Often	15%	17%	17%	16%	14%	15%	8%	14%
Sometimes	19%	20%	17%	18%	25%	18%	22%	22%
Rarely	16%	14%	19%	17%	16%	16%	13%	16%
Never	40%	41%	32%	38%	35%	40%	46%	37%
Don't know	0%	-	1%	1%	1%	1%	-	-

AMWE\_Q3. Still thinking about your main job... Do you have a manager (i.e. someone you directly report to)?

Unweighted base	1640	163	230	238	148	1428	82	130
<b>Base: All GB workers who use email for work purposes</b>	<b>1632</b>	<b>160</b>	<b>267</b>	<b>228</b>	<b>143</b>	<b>1432</b>	<b>77</b>	<b>123</b>
Yes, I do	86%	88%	86%	86%	84%	86%	91%	89%
No, I don't	14%	12%	14%	14%	16%	14%	9%	11%

AMWE\_Q4. You previously told us you have a manager at your main job. Thinking about taking a holiday from your main job... In general, do you think your manager would or would not expect you to check your emails whilst on holiday from work?

Unweighted base	1413	142	198	204	123	1224	74	115
<b>Base: All GB workers who use email and have a manager</b>	<b>1409</b>	<b>140</b>	<b>230</b>	<b>195</b>	<b>120</b>	<b>1229</b>	<b>70</b>	<b>110</b>
Definitely would	5%	6%	6%	7%	3%	5%	4%	4%
Probably would	10%	13%	14%	9%	10%	10%	9%	12%
Probably wouldn't	26%	24%	28%	29%	29%	26%	24%	28%
Definitely wouldn't	56%	54%	49%	52%	56%	56%	54%	53%
Don't know	3%	3%	3%	2%	2%	3%	8%	3%

AMTP\_Q5. As a reminder, by 'holiday', we mean any entitled break, or annual leave taken from work for any length of time. If you felt you had the choice, would you prefer to completely "switch off" whilst on holiday (i.e. have no work-related thoughts, not have to check emails etc.), or stay on top of what was going on at work?

Unweighted base	1640	163	230	238	148	1428	82	130
<b>Base: All GB workers who use email and have a manager</b>	<b>1632</b>	<b>160</b>	<b>267</b>	<b>228</b>	<b>143</b>	<b>1432</b>	<b>77</b>	<b>123</b>
Completely "switch off"	80%	73%	75%	81%	84%	80%	75%	84%
Stay on top of what was going on	17%	23%	21%	15%	14%	17%	22%	13%
Don't know	3%	4%	4%	4%	2%	3%	3%	3%

Cell Contents (Cc)