

YouGov Survey Results

Sample Size: 2139 Adults in GB
Fieldwork: 8th - 9th October 2024

	Vote in 2024 GE					EU Ref 2016		Gender		Age				Social Grade		Country			Region in England				
	Total	Con	Lab	Lib Dem	Reform UK	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	England	Wales	Scotland	North	Midlands	London	Rest of South	
Weighted Sample	2139	385	550	197	231	754	797	1035	1104	225	883	528	501	1219	920	1850	103	186	507	351	259	734	
Unweighted Sample	2139	326	589	238	317	829	835	946	1193	162	842	557	577	1308	831	1827	118	194	532	357	180	758	
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Daylight saving time is the practice of advancing clocks during summer months by one hour so that evening daylight lasts an hour longer. Do you think the UK should continue to implement daylight saving time each year or should it stop?

Should continue to implement daylight saving time	46	50	47	47	41	46	43	44	48	57	46	46	41	49	42	45	54	48	42	47	48	46
Should stop implementing daylight saving time	42	42	42	45	53	42	48	47	38	26	40	46	49	41	44	44	30	36	44	44	36	46
Don't know	12	8	11	8	6	11	9	8	15	16	14	7	10	10	14	11	16	16	13	10	16	8

If daylight saving time were to be abolished, a decision will have to be made on whether to stay permanently on "winter time" or "summer time". If you had to choose between these, which would you prefer?

Winter time - sunrise is earlier in the mornings (particularly in winter), but sunset is earlier in the evenings (particularly in summer)	25	25	27	25	23	26	24	28	22	27	27	24	22	25	24	25	27	26	24	26	26	24
Summer time - sunset is later in the evenings (particularly in summer), but sunrise is later in the mornings (particularly in winter)	59	62	59	61	64	60	61	58	60	56	58	61	60	61	57	60	62	53	60	59	61	59
Don't know	16	14	13	14	13	14	15	14	18	17	15	14	18	14	19	16	11	21	16	15	13	17

*Any percentages calculated on bases fewer than 100 respondents do not represent a wide enough cross-section of the target population to be considered statistically reliable. These figures should not be used.