

YouGov Survey Results

Sample Size: 3254 Adults in GB
Fieldwork: 25th - 29th March 2020

	Vote in 2019 GE			EU Ref 2016		Gender		Age				Social Grade		Region					
	Total	Con	Lab	Lib Dem	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland
Weighted Sample	3254	1103	807	293	1207	1289	1581	1673	355	1357	784	758	1855	1399	390	1093	706	784	280
Unweighted Sample	3254	1186	906	312	1411	1368	1431	1823	268	1379	806	801	1957	1297	330	1124	721	772	307
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Over the last seven days, which of the following activities have you done that you wouldn't usually do if it weren't for the COVID-19 (coronavirus) outbreak?

Worked from home

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	23	19	32	28	31	17	24	22	32	34	18	5	32	12	29	24	20	23	21
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	52	60	43	41	45	61	51	54	41	41	59	70	43	65	37	53	56	53	59
I usually do this anyway	16	14	19	26	18	14	17	15	14	18	15	14	19	12	21	16	16	15	13
Don't know	9	7	6	6	6	9	9	8	13	7	7	11	7	11	13	7	8	9	7

Taken part in a video call

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	29	27	37	39	36	25	25	33	35	33	25	23	34	23	36	30	26	28	25
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	42	48	35	28	36	49	46	38	23	35	51	54	37	48	29	42	42	46	47
I usually do this anyway	25	23	25	30	26	22	25	25	33	27	22	19	26	23	26	25	27	21	26
Don't know	5	2	3	3	2	3	5	4	10	5	2	4	3	6	9	3	5	5	3

Gone to a butchers/fishmongers

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	5	5	4	4	4	6	5	5	4	5	6	4	5	5	5	5	4	6	6
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	72	71	73	76	74	71	70	73	69	73	70	72	74	69	71	75	73	68	67
I usually do this anyway	17	18	17	17	18	17	18	16	12	15	20	18	16	18	12	14	18	20	22
Don't know	7	5	5	4	4	6	8	6	14	6	4	6	5	9	12	6	5	6	5

Gone grocery shopping at an independent/corner shop

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	18	20	19	16	18	20	15	20	12	21	19	14	18	18	23	17	21	16	12
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	44	46	39	50	44	44	45	42	49	39	41	53	45	42	33	48	39	45	48
I usually do this anyway	33	31	38	31	35	33	34	33	26	35	37	29	33	33	34	31	35	33	35
Don't know	5	4	4	3	3	4	6	5	13	5	3	4	4	7	10	4	5	5	4

Ordered takeaway to be delivered to your home

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	5	5	6	3	5	5	5	5	5	6	4	4	5	5	8	4	6	4	4
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	61	70	52	63	60	67	59	63	42	48	71	81	60	61	46	65	64	59	60
I usually do this anyway	28	21	38	30	31	23	29	28	41	40	21	11	31	26	36	26	25	30	30
Don't know	6	4	4	3	3	5	7	5	12	6	5	4	4	8	10	5	5	6	5

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Ordered groceries to be delivered to your home

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	10	11	9	10	11	10	9	10	4	10	8	16	10	9	12	9	9	11	10
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	63	63	64	59	62	63	65	61	63	60	66	64	63	62	54	61	66	65	69
I usually do this anyway	22	22	23	25	23	22	19	24	21	26	22	15	22	21	24	26	20	19	17
Don't know	6	4	5	5	4	5	7	5	12	5	5	5	4	8	10	5	6	5	4

Used something other than toilet paper to wipe yourself after going to the toilet

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	3	3	3	3	3	4	3	3	3	4	4	2	3	4	6	3	4	3	1
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	87	90	87	91	91	87	85	89	79	87	88	90	89	84	81	88	86	87	91
I usually do this anyway	5	4	6	4	3	5	6	3	6	5	4	4	4	6	4	5	5	5	4
Don't know	5	3	4	2	3	4	6	4	12	5	3	4	4	6	10	4	5	4	4

Played a board game

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	7	6	7	10	7	6	7	6	11	8	5	4	7	6	8	7	6	7	6
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	69	72	67	63	68	71	68	69	55	62	75	80	69	68	60	70	69	67	78
I usually do this anyway	18	16	20	22	20	16	17	19	21	23	15	9	18	18	19	17	19	18	13
Don't know	7	6	7	5	5	6	8	6	13	7	4	7	6	8	12	6	6	7	3

Played a video game

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	6	5	8	8	6	6	5	7	10	8	3	4	6	6	8	6	6	6	6
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	59	63	54	59	61	64	50	67	29	54	69	71	60	57	52	61	62	58	55
I usually do this anyway	30	27	33	29	29	26	39	20	52	33	24	19	29	31	30	29	27	31	35
Don't know	6	5	5	4	4	4	6	6	9	5	4	6	5	7	10	4	6	5	4

Done exercise at home

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	21	19	24	29	24	17	17	24	30	23	17	14	24	16	24	20	18	20	25
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	45	47	45	39	43	49	48	43	33	43	50	50	43	48	39	45	47	48	42
I usually do this anyway	29	30	28	31	31	30	30	29	25	29	29	33	30	29	26	31	30	28	31
Don't know	5	3	4	2	3	4	6	4	11	5	4	3	4	7	11	4	5	4	2

Paid attention to the news

I don't usually do this, but I HAVE done in the last seven days because of COVID-19	30	25	32	25	25	29	21	38	34	34	26	24	28	32	26	28	31	33	32
I don't usually do this, and I HAVEN'T done it in the last seven days because of COVID-19	6	5	4	4	4	7	8	5	6	6	5	6	5	7	6	5	7	6	6
I usually do this anyway	61	69	62	69	70	63	68	55	50	57	67	69	65	56	61	65	59	59	61
Don't know	3	1	2	2	2	1	4	2	11	3	1	1	2	4	7	2	3	2	1

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

You said that you usually work from home. What tips would you give to people who are now having to work from home because of the COVID-19 (coronavirus) outbreak?

[Asked only to those who said they usually work from home; n=465]

Take regular breaks	26	24	30	27	27	26	24	28	21	29	26	21	29	19	34	25	20	29	22
Have a routine	22	24	23	24	26	21	20	24	10	21	27	25	24	19	27	22	19	25	15
Work in a set place	14	10	13	24	19	10	12	16	13	16	12	11	16	8	10	19	8	14	18
Move around	11	7	15	10	12	9	7	14	12	11	14	6	11	10	19	7	8	15	7
Set work/home boundaries	9	8	11	10	12	8	7	11	9	10	9	5	10	6	9	10	9	5	9
Avoid distractions	9	13	5	10	8	12	7	12	4	12	8	7	9	10	3	12	11	9	6
Be organised/Make to-do lists/set goals/plan your day	8	6	8	8	9	9	4	12	7	7	6	13	8	7	7	8	11	5	5
Get dressed	8	8	6	15	12	5	5	11	4	11	8	5	9	7	13	9	7	3	11
Concentrate/focus/be disciplined	7	9	6	10	7	9	9	4	5	5	6	12	6	8	9	6	6	4	11
Maintain human contact	7	6	9	9	10	4	6	8	7	10	4	4	8	5	12	6	4	9	7
Enjoy/embrace it	5	5	5	3	3	6	6	3	0	4	5	9	5	3	3	3	5	9	5
Try to keep to work hours	5	6	4	8	6	5	5	5	1	4	7	7	6	2	6	8	2	3	5
Relax/don't put too much pressure on yourself	5	5	5	4	3	5	4	7	10	6	3	3	4	8	1	8	7	4	0
Act like you were at work	2	3	0	4	2	2	2	3	0	2	2	5	3	2	3	1	2	5	2
Shower/wash	2	3	2	0	2	2	1	2	0	3	1	1	2	1	3	2	1	1	0
Take proper lunch break	2	1	3	2	4	1	1	2	1	2	1	1	2	2	2	1	1	2	5
Hydrate	2	1	1	2	2	1	2	2	0	2	3	1	2	1	0	1	2	4	0
Make yourself comfortable	2	0	4	5	4	0	2	2	5	2	1	1	3	0	3	2	0	5	0
Find somewhere quiet	2	4	0	1	1	3	2	2	0	2	2	2	1	2	1	2	1	2	3
Be flexible	1	0	1	4	3	0	1	1	2	1	2	1	1	1	2	2	2	0	0
Have music/sound on	1	2	1	0	1	1	0	2	0	2	2	0	1	1	1	0	1	3	3
Other	17	21	16	15	18	15	20	14	8	19	18	13	17	16	11	14	21	18	27
No tips	4	2	3	3	2	3	6	2	17	2	3	4	2	10	6	6	3	2	0
Don't know	5	2	9	4	5	2	7	3	19	4	2	6	4	8	5	4	8	2	8