

YouGov / ITV Survey Results

Sample Size: 1726 adults in UK (16+)
Fieldwork: 29th - 30th November 2022

	Vote in 2019 GE				EU Ref 2016		Gender		Age				Social Grade		Region						
	Total	Con	Lab	Lib Dem	Remain	Leave	Male	Female	16-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland	Northern Ireland	
Weighted Sample	1726	528	397	140	585	618	839	887	223	696	414	394	984	742	204	561	366	407	143	45	
Unweighted Sample	1726	560	421	139	688	632	767	959	186	666	406	468	1036	690	177	568	380	398	154	49	
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Typically, how often, if at all, do you feel lonely?

All of the time	4	3	3	5	3	4	5	3	7	5	4	1	3	5	4	3	5	5	4	5
Often	13	12	16	5	11	12	12	15	19	14	12	10	13	14	15	12	15	14	13	13
Sometimes	32	29	36	31	32	29	30	34	42	36	29	25	33	31	31	34	33	31	32	22
Rarely	32	33	33	44	37	32	32	32	22	29	38	37	35	29	33	32	32	32	33	29
Never	15	22	9	15	14	21	17	13	3	11	16	27	14	15	15	17	13	13	15	24
Prefer not to say	3	1	3	0	2	1	4	3	7	5	1	0	2	5	3	2	3	5	4	5

Do you think there is, or is not a stigma around feeling lonely?

[Asked to those who ever feel lonely; n=1405]

There is	59	51	67	62	65	53	55	63	62	67	56	44	63	53	64	54	62	58	62	66
There is not	21	25	16	20	15	25	23	19	26	15	21	27	21	20	20	23	21	21	14	15
Don't know	21	23	16	18	19	22	22	19	12	18	23	29	16	27	16	23	18	21	23	19

Thinking about the last time you felt lonely, did you tell anyone how you were feeling?

Please tick all that apply.

[Asked to those who ever feel lonely; n=1405]

Yes, I spoke to my family	14	12	15	12	15	10	13	14	19	16	10	8	14	13	9	13	14	14	18	24
Yes, I spoke to a friend	12	11	14	9	12	9	9	14	23	11	8	9	13	9	13	13	12	9	13	5
Yes, I told my GP / healthcare provider	4	1	4	1	3	2	4	3	8	4	3	0	4	3	5	3	5	2	6	5
Yes, I spoke to a charity	0	1	0	0	0	0	1	0	0	1	0	0	0	1	0	0	0	0	2	0
Yes, I posted on social media	1	0	2	1	1	0	2	1	3	2	0	0	1	1	1	3	0	0	0	0
Yes, I spoke to someone else	4	3	6	3	3	3	4	5	7	5	3	3	5	3	4	5	3	5	6	3
No, I didn't tell anyone	64	66	61	66	63	69	67	61	50	62	69	70	61	67	64	63	63	66	60	60
Don't know / can't remember	10	11	9	10	11	11	10	9	4	10	11	12	9	10	10	9	11	9	12	9