

1. How would you describe your current overall health?

Excellent	11%
Very good	21%
Good	40%
Fair	22%
Poor	4%
Prefer not to say	1%

2. How would you describe your current body weight?

Obese	10%
Overweight	41%
Healthy weight	42%
Underweight	4%
Not sure	3%
Prefer not to say	1%

3. When it comes to physical health, do you think that doing the following. . . ?

	Is essential	Is helpful, but not essential	Doesn't make much of a difference	Is detrimental	Not sure
Drinking water regularly	82%	12%	2%	2%	2%
Avoiding smoking	78%	13%	4%	4%	2%
Having good mental health	77%	16%	3%	2%	2%
Listening to your body's needs	74%	16%	4%	2%	4%
Managing stress	73%	19%	3%	1%	3%
Eating fruits and vegetables regularly	72%	20%	4%	1%	3%
Avoiding nicotine	70%	17%	5%	2%	5%
Getting regular exercise	68%	24%	4%	1%	3%
Going to regular dental checkups	62%	27%	6%	1%	3%
Getting 7-9 hours of sleep per night	60%	31%	5%	2%	3%
Going to regular medical checkups	59%	30%	6%	3%	3%
Taking prescribed medicine	59%	23%	6%	5%	7%
Getting vaccinated	45%	28%	13%	8%	6%
Having surgery when recommended	46%	31%	6%	4%	14%
Avoiding alcohol consumption	39%	45%	8%	5%	3%
Avoiding processed foods	34%	49%	9%	4%	4%
Having the right balance of sex hormones	34%	31%	16%	2%	17%
Having strong social connections	33%	43%	16%	3%	5%
Having low body fat	32%	51%	9%	2%	7%
Eating no more calories than needed	31%	47%	10%	6%	6%
Avoiding sugar	28%	54%	12%	3%	3%

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Taking vitamins or supplements	26%	55%	13%	2%	3%
Having visible muscle tone	16%	48%	28%	3%	5%
Meditating	14%	48%	27%	3%	9%

4. How much pressure, if any, do you feel to conform to societal standards of body size or weight?

A great deal	12%
A fair amount	32%
Not much	32%
None at all	18%
Not sure	6%

5. How often do you compare your body size or weight to others'?

Almost always	8%
Usually	12%
Sometimes	33%
Rarely	28%
Never	17%
Not sure	2%

6. How serious of a problem do you think prejudice based on people's weight is today in the U.S.?

Very serious	23%
Somewhat serious	43%
Not too serious	15%
Not at all serious	7%
Not sure	12%

7. Have you personally ever faced prejudice in the following settings as a result of your weight? Select all that apply.

Dating	19%
Your family	18%
The health care system	16%
The job market	10%
Restaurants and stores	8%
The education system	5%
Public transportation	4%
None of the above	58%
Prefer not to say	6%

8. Which comes closer to your view about obesity?

It is a complex chronic disease	41%
It is the result of a lack of self-control	37%
Not sure	22%

9. How much of a role do you think the following plays in causing obesity?

	A very important role	A somewhat important role	A not very important role	No role	Not sure
Lifestyle choices	69%	24%	3%	0%	4%
The food industry	58%	29%	6%	3%	4%
Mental health issues	43%	39%	8%	3%	7%
Genetics	40%	44%	8%	2%	5%
Access to health care	39%	35%	13%	8%	5%
Economic circumstances	37%	36%	13%	6%	7%
Environmental factors	25%	40%	20%	7%	9%
Government policies	15%	27%	27%	19%	12%

10. Do you think there is an epidemic of obesity in the U.S.?

Yes	76%
No	11%
Not sure	13%

11. BMI, or Body Mass Index, is a measurement of a person's body fat that is based on their weight and height. How good or bad of a predictor of health outcomes do you think BMI is?

Very good	13%
Somewhat good	44%
Somewhat bad	16%
Very bad	6%
Not sure	20%

12. How closely linked do you think obesity is with health outcomes?

Very closely linked	46%
Somewhat closely linked	40%
Not very closely linked	4%
Not at all linked	1%
Not sure	9%

13. Which of these statements comes closer to your view?

Some obese people are perfectly healthy	32%
It's impossible to be both obese and perfectly healthy	49%
Not sure	18%

14. How closely linked do you think a person's weight is with how physically attractive they are perceived to be?

Very closely linked	36%
Somewhat closely linked	40%
Not very closely linked	9%
Not at all linked	4%
Not sure	12%

15. How accepting do you think society is of people who are obese?

Very accepting	4%
Somewhat accepting	26%
Somewhat unaccepting	37%
Very unaccepting	23%
Not sure	10%

16. How supportive do you think society is when people who are obese attempt to lose weight?

Very supportive	19%
Somewhat supportive	43%
Somewhat unsupportive	18%
Very unsupportive	7%
Not sure	13%

17. Do you think that for people who go on weight-reduction diets, those diets are...?

Are usually successful	13%
Result in only temporary weight loss	52%
Are usually not successful	17%
Not sure	18%

18. In your opinion, has our society...?

Gone too far in accepting people who are obese	20%
Been about right when it comes to accepting people who are obese	26%
Not gone far enough in accepting people who are obese	27%
Not sure	26%

19. How much have you heard about or read in the news recently about an antidiabetic and weight loss drug called semaglutide?

A lot	25%
A little	28%
Nothing at all	47%

20. Do you personally know anyone who has taken semaglutide for weight-loss purposes? Select all that apply.

Yes, me	8%
Yes, a family member	12%
Yes, a friend	13%
Yes, an acquaintance	8%
None of the above	69%
Prefer not to say	3%

21. Semaglutide causes people to lose weight by suppressing their appetite and by slowing the rate at which food empties out of the stomach. Possible side effects include nausea, diarrhea, vomiting, and constipation. If semaglutide were available to you, how interested would you be in taking it to lose weight?

Very interested	7%
Somewhat interested	13%
Not very interested	17%
Not at all interested	47%
Not sure	9%
Not asked - has already taken it	8%

22. How safe or unsafe do you think the weight-loss drug semaglutide is?

Very safe	6%
Somewhat safe	16%
Somewhat unsafe	13%
Very unsafe	6%
Not sure	11%
Not asked - has not heard of it	48%

23. How effective at helping people lose weight do you think the weight-loss drug semaglutide is?

Very effective	16%
Somewhat effective	22%
Not very effective	5%
Not at all effective	1%
Not sure	9%
Not asked - has not heard of it	47%

24. Do you think that the development of weight-loss drugs such as semaglutide is overall a good or a bad thing for society?

Good thing	28%
Neither good nor bad	27%
Bad thing	21%
Not sure	25%

25. For people who are obese and are using drugs such as semaglutide to lose weight, do you think that... ?

The benefits significantly outweigh the risks	10%
The benefits somewhat outweigh the risks	19%
The benefits and risks are balanced	17%
The risks somewhat outweigh the benefits	18%
The risks significantly outweigh the benefits	10%
Not sure	25%

26. Do you think that access to weight-loss drugs such as semaglutide should... ?

Be much more regulated	20%
Be somewhat more regulated	23%
Have no change in regulation	19%
Be somewhat less regulated	8%
Be much less regulated	5%
Not sure	24%

27. Should prescription weight-loss drugs be covered by private insurance?

Yes	65%
No	12%
Not sure	24%

28. Should prescription weight-loss drugs be covered by Medicaid?

Yes	60%
No	19%
Not sure	22%

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



Interviewing Dates	February 23 - March 1, 2026
Target population	U.S. citizens, aged 18 and over
Sampling method	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
Weighting	The sample was weighted according to gender, age, race, education, U.S. region, 2024 presidential vote, 2020 election turnout and presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. 2024 presidential vote, at time of weighting was estimated to be 48% Harris and 50% Trump. Baseline party identification is the respondent's most recent answer given around November 8, 2024, and is weighted to the estimated distribution at that time (31% Democratic, 33% Republican). The weights range from 0.052 to 6.152, with a mean of one and a standard deviation of 0.931.
Number of respondents	1,139
Margin of error	± 4 points (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	71 questions not reported.

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



1. Rating of Overall Health

How would you describe your current overall health?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Excellent	11%	12%	10%	19%	11%	9%	7%	9%	16%	14%	11%	11%
Very good	21%	19%	23%	24%	21%	18%	25%	21%	19%	23%	19%	26%
Good	40%	40%	39%	29%	42%	42%	46%	42%	38%	35%	38%	44%
Fair	22%	22%	22%	24%	21%	25%	18%	23%	22%	24%	26%	16%
Poor	4%	5%	4%	5%	3%	5%	4%	5%	3%	3%	6%	2%
Prefer not to say	1%	0%	1%	0%	2%	1%	0%	0%	1%	2%	1%	0%
Totals	99%	98%	99%	101%	100%	100%	100%	100%	99%	101%	101%	99%
Unweighted N	(1,138)	(549)	(589)	(238)	(278)	(342)	(280)	(759)	(128)	(165)	(731)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Excellent	11%	8%	12%	12%	11%	12%	11%	11%	13%	10%	7%	14%	11%
Very good	21%	22%	19%	25%	22%	24%	13%	21%	35%	27%	18%	22%	20%
Good	40%	40%	39%	41%	41%	41%	37%	42%	41%	39%	42%	39%	41%
Fair	22%	24%	24%	18%	20%	19%	30%	23%	9%	20%	26%	22%	22%
Poor	4%	5%	5%	3%	5%	3%	7%	2%	2%	3%	6%	3%	6%
Prefer not to say	1%	1%	1%	0%	1%	1%	1%	1%	0%	1%	0%	1%	1%
Totals	99%	100%	100%	99%	100%	100%	99%	100%	100%	100%	99%	101%	101%
Unweighted N	(1,138)	(349)	(493)	(296)	(454)	(394)	(419)	(325)	(261)	(198)	(233)	(418)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



2. Perception of Current Body

How would you describe your current body weight?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Obese	10%	10%	10%	5%	9%	15%	8%	12%	6%	9%	10%	10%
Overweight	41%	39%	43%	29%	37%	41%	58%	43%	32%	44%	40%	42%
Healthy weight	42%	45%	38%	51%	48%	38%	31%	40%	44%	38%	41%	42%
Underweight	4%	3%	4%	7%	2%	3%	2%	3%	7%	2%	4%	3%
Not sure	3%	3%	3%	6%	4%	2%	1%	2%	7%	5%	4%	2%
Prefer not to say	1%	0%	2%	3%	1%	1%	0%	1%	3%	1%	2%	0%
Totals	101%	100%	100%	101%	101%	100%	100%	101%	99%	99%	101%	99%
Unweighted N	(1,137)	(547)	(590)	(238)	(277)	(343)	(279)	(759)	(128)	(164)	(731)	(406)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Obese	10%	12%	8%	11%	12%	11%	12%	11%	9%	12%	12%	11%	5%
Overweight	41%	46%	36%	43%	45%	44%	41%	48%	31%	29%	45%	38%	50%
Healthy weight	42%	37%	45%	42%	37%	41%	37%	37%	56%	49%	37%	44%	36%
Underweight	4%	4%	5%	2%	3%	2%	5%	3%	2%	2%	4%	3%	5%
Not sure	3%	1%	5%	2%	2%	2%	4%	1%	2%	6%	2%	2%	3%
Prefer not to say	1%	1%	2%	0%	1%	0%	1%	0%	0%	3%	1%	1%	1%
Totals	101%	101%	101%	100%	100%	100%	100%	100%	100%	101%	101%	99%	100%
Unweighted N	(1,137)	(349)	(491)	(297)	(455)	(393)	(419)	(325)	(260)	(199)	(233)	(416)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3A. Health Behaviors — Drinking water regularly

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	82%	77%	86%	79%	79%	85%	84%	84%	73%	80%	79%	88%
Is helpful, but not essential	12%	15%	9%	12%	11%	13%	13%	12%	15%	12%	13%	11%
Doesn't make much of a difference	2%	3%	1%	2%	5%	0%	1%	1%	6%	3%	3%	1%
Is detrimental	2%	2%	2%	4%	2%	1%	1%	2%	4%	1%	3%	0%
Not sure	2%	2%	2%	4%	2%	1%	0%	1%	3%	4%	3%	0%
Totals	100%	99%	100%	101%	99%	100%	99%	100%	101%	100%	101%	100%
Unweighted N	(1,126)	(545)	(581)	(236)	(277)	(339)	(274)	(750)	(125)	(165)	(722)	(404)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	82%	86%	81%	80%	87%	81%	78%	86%	86%	79%	80%	83%	83%
Is helpful, but not essential	12%	9%	13%	14%	10%	14%	15%	9%	11%	15%	11%	12%	13%
Doesn't make much of a difference	2%	2%	2%	2%	1%	2%	2%	1%	1%	2%	5%	1%	1%
Is detrimental	2%	3%	1%	2%	2%	2%	2%	2%	1%	2%	1%	2%	2%
Not sure	2%	0%	3%	2%	0%	1%	2%	1%	0%	2%	2%	2%	2%
Totals	100%	100%	100%	100%	100%	100%	99%	99%	99%	100%	99%	100%	101%
Unweighted N	(1,126)	(344)	(490)	(292)	(450)	(389)	(412)	(322)	(259)	(197)	(228)	(414)	(287)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3B. Health Behaviors — Avoiding smoking

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	78%	76%	79%	66%	68%	84%	90%	79%	71%	70%	71%	89%
Is helpful, but not essential	13%	14%	12%	16%	17%	12%	6%	13%	14%	16%	16%	7%
Doesn't make much of a difference	4%	5%	2%	7%	4%	1%	3%	4%	2%	2%	4%	2%
Is detrimental	4%	2%	5%	5%	7%	2%	1%	2%	8%	7%	5%	1%
Not sure	2%	2%	2%	6%	4%	1%	0%	2%	5%	5%	4%	0%
Totals	101%	99%	100%	100%	100%	100%	100%	100%	100%	100%	100%	99%
Unweighted N	(1,131)	(545)	(586)	(237)	(275)	(340)	(279)	(755)	(127)	(163)	(726)	(405)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	78%	79%	74%	81%	82%	82%	75%	81%	81%	80%	75%	78%	79%
Is helpful, but not essential	13%	14%	14%	9%	11%	10%	14%	13%	11%	12%	15%	12%	12%
Doesn't make much of a difference	4%	1%	5%	4%	2%	4%	4%	4%	4%	2%	3%	4%	4%
Is detrimental	4%	5%	2%	4%	4%	3%	5%	2%	3%	2%	4%	4%	3%
Not sure	2%	0%	5%	1%	1%	1%	3%	0%	1%	4%	3%	2%	2%
Totals	101%	99%	100%	99%	100%	100%	101%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,131)	(347)	(490)	(294)	(454)	(390)	(413)	(325)	(261)	(197)	(231)	(417)	(286)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3C. Health Behaviors — Having good mental health

When it comes to physical health, do you think that doing the following . . . ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	77%	73%	80%	70%	76%	77%	85%	75%	79%	80%	74%	82%
Is helpful, but not essential	16%	19%	14%	18%	14%	18%	14%	19%	11%	10%	16%	17%
Doesn't make much of a difference	3%	3%	2%	3%	4%	3%	1%	2%	2%	4%	3%	1%
Is detrimental	2%	3%	2%	4%	4%	1%	1%	2%	4%	2%	3%	0%
Not sure	2%	2%	2%	5%	2%	1%	0%	2%	4%	4%	3%	0%
Totals	100%	100%	100%	100%	100%	100%	101%	100%	100%	100%	99%	100%
Unweighted N	(1,127)	(545)	(582)	(237)	(276)	(339)	(275)	(753)	(127)	(162)	(726)	(401)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	77%	81%	76%	75%	82%	76%	72%	78%	84%	78%	75%	76%	80%
Is helpful, but not essential	16%	12%	17%	19%	13%	20%	19%	18%	12%	18%	20%	15%	13%
Doesn't make much of a difference	3%	4%	3%	1%	2%	2%	3%	0%	2%	0%	1%	4%	4%
Is detrimental	2%	3%	1%	3%	2%	2%	4%	2%	1%	2%	1%	4%	1%
Not sure	2%	1%	3%	1%	1%	1%	2%	2%	0%	1%	3%	2%	2%
Totals	100%	101%	100%	99%	100%	101%	100%	100%	99%	99%	100%	101%	100%
Unweighted N	(1,127)	(344)	(489)	(294)	(449)	(391)	(413)	(325)	(257)	(194)	(232)	(416)	(285)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3D. Health Behaviors — Listening to your body’s needs

When it comes to physical health, do you think that doing the following . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	74%	69%	79%	70%	72%	74%	80%	74%	72%	74%	73%	75%
Is helpful, but not essential	16%	19%	13%	16%	13%	20%	16%	18%	13%	15%	14%	20%
Doesn't make much of a difference	4%	5%	2%	2%	6%	4%	2%	3%	4%	2%	4%	2%
Is detrimental	2%	3%	2%	4%	4%	0%	1%	2%	5%	2%	3%	0%
Not sure	4%	4%	4%	9%	5%	2%	1%	3%	7%	7%	5%	2%
Totals	100%	100%	100%	101%	100%	100%	100%	100%	101%	100%	99%	99%
Unweighted N	(1,128)	(546)	(582)	(237)	(278)	(338)	(275)	(752)	(126)	(164)	(724)	(404)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	74%	74%	75%	73%	79%	74%	71%	77%	77%	78%	73%	72%	75%
Is helpful, but not essential	16%	14%	15%	20%	14%	20%	15%	15%	17%	16%	16%	17%	15%
Doesn't make much of a difference	4%	4%	2%	5%	3%	3%	6%	2%	2%	2%	4%	3%	5%
Is detrimental	2%	3%	2%	1%	2%	2%	3%	3%	0%	2%	1%	3%	2%
Not sure	4%	5%	6%	1%	2%	1%	4%	4%	3%	3%	6%	4%	3%
Totals	100%	100%	100%	100%	100%	100%	99%	101%	99%	101%	100%	99%	100%
Unweighted N	(1,128)	(343)	(491)	(294)	(448)	(391)	(416)	(322)	(257)	(196)	(230)	(415)	(287)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3E. Health Behaviors — Managing stress

When it comes to physical health, do you think that doing the following... ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	73%	70%	76%	68%	74%	74%	77%	73%	74%	74%	72%	76%
Is helpful, but not essential	19%	22%	17%	18%	17%	22%	19%	22%	13%	13%	18%	21%
Doesn't make much of a difference	3%	4%	2%	4%	3%	2%	3%	2%	5%	3%	3%	2%
Is detrimental	1%	2%	1%	2%	3%	1%	1%	1%	3%	4%	2%	0%
Not sure	3%	3%	4%	8%	4%	1%	0%	2%	5%	6%	4%	1%
Totals	99%	101%	100%	100%	101%	100%	100%	100%	100%	100%	99%	100%
Unweighted N	(1,136)	(548)	(588)	(237)	(278)	(342)	(279)	(758)	(128)	(164)	(730)	(406)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	73%	74%	74%	72%	78%	72%	69%	76%	79%	68%	72%	74%	77%
Is helpful, but not essential	19%	21%	15%	23%	18%	24%	22%	18%	15%	24%	22%	18%	17%
Doesn't make much of a difference	3%	2%	4%	2%	2%	2%	4%	2%	1%	2%	3%	4%	1%
Is detrimental	1%	2%	2%	1%	2%	1%	2%	1%	2%	1%	0%	2%	1%
Not sure	3%	2%	6%	1%	1%	1%	3%	3%	2%	5%	3%	2%	4%
Totals	99%	101%	101%	99%	101%	100%	100%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,136)	(347)	(493)	(296)	(453)	(393)	(418)	(325)	(261)	(199)	(232)	(416)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3F. Health Behaviors — Eating fruits and vegetables regularly

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	72%	67%	76%	68%	65%	75%	77%	70%	72%	74%	67%	80%
Is helpful, but not essential	20%	21%	19%	20%	22%	20%	19%	23%	15%	18%	21%	18%
Doesn't make much of a difference	4%	7%	2%	3%	6%	4%	4%	4%	7%	1%	6%	2%
Is detrimental	1%	2%	1%	2%	3%	1%	0%	1%	1%	2%	2%	0%
Not sure	3%	3%	2%	6%	4%	1%	0%	2%	5%	5%	4%	0%
Totals	100%	100%	100%	99%	100%	101%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,133)	(546)	(587)	(236)	(278)	(341)	(278)	(756)	(127)	(164)	(726)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	72%	77%	71%	67%	78%	67%	66%	75%	72%	69%	66%	73%	76%
Is helpful, but not essential	20%	17%	20%	23%	18%	26%	20%	21%	23%	23%	25%	19%	16%
Doesn't make much of a difference	4%	4%	3%	6%	3%	4%	8%	1%	4%	5%	4%	3%	6%
Is detrimental	1%	1%	1%	2%	1%	2%	2%	1%	1%	3%	1%	2%	0%
Not sure	3%	1%	5%	2%	0%	1%	3%	2%	1%	1%	4%	3%	2%
Totals	100%	100%	100%	100%	100%	100%	99%	100%	101%	101%	100%	100%	100%
Unweighted N	(1,133)	(348)	(490)	(295)	(453)	(392)	(415)	(326)	(260)	(198)	(231)	(415)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3G. Health Behaviors — Avoiding nicotine

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	70%	65%	76%	61%	59%	74%	87%	72%	63%	65%	65%	79%
Is helpful, but not essential	17%	21%	14%	25%	19%	17%	9%	19%	17%	15%	19%	15%
Doesn't make much of a difference	5%	9%	1%	4%	9%	5%	2%	5%	6%	4%	6%	3%
Is detrimental	2%	2%	3%	2%	4%	1%	2%	2%	6%	3%	3%	1%
Not sure	5%	4%	6%	8%	8%	3%	0%	3%	8%	13%	6%	2%
Totals	99%	101%	100%	100%	99%	100%	100%	101%	100%	100%	99%	100%
Unweighted N	(1,127)	(545)	(582)	(234)	(276)	(342)	(275)	(751)	(128)	(162)	(721)	(406)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	70%	72%	66%	74%	77%	74%	65%	76%	75%	67%	67%	72%	74%
Is helpful, but not essential	17%	20%	19%	14%	16%	15%	20%	17%	16%	18%	19%	17%	17%
Doesn't make much of a difference	5%	3%	6%	7%	2%	7%	8%	3%	4%	6%	5%	5%	4%
Is detrimental	2%	2%	2%	3%	3%	2%	2%	2%	2%	3%	2%	3%	1%
Not sure	5%	3%	7%	3%	2%	2%	6%	3%	3%	5%	7%	3%	4%
Totals	99%	100%	100%	101%	100%	100%	101%	101%	100%	99%	100%	100%	100%
Unweighted N	(1,127)	(345)	(490)	(292)	(451)	(389)	(412)	(324)	(260)	(194)	(232)	(415)	(286)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3H. Health Behaviors — Getting regular exercise

When it comes to physical health, do you think that doing the following . . . ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	68%	66%	70%	61%	64%	76%	69%	68%	63%	68%	63%	78%
Is helpful, but not essential	24%	26%	23%	26%	26%	19%	29%	25%	26%	21%	27%	20%
Doesn't make much of a difference	4%	4%	3%	6%	5%	3%	2%	4%	5%	3%	5%	2%
Is detrimental	1%	1%	1%	1%	1%	1%	1%	1%	1%	3%	2%	0%
Not sure	3%	2%	3%	5%	4%	1%	0%	2%	5%	5%	4%	0%
Totals	100%	99%	100%	99%	100%	100%	101%	100%	100%	100%	101%	100%
Unweighted N	(1,124)	(546)	(578)	(237)	(275)	(338)	(274)	(750)	(126)	(162)	(722)	(402)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	68%	72%	67%	66%	72%	65%	64%	69%	78%	59%	67%	69%	74%
Is helpful, but not essential	24%	24%	23%	28%	23%	29%	26%	28%	17%	36%	24%	23%	19%
Doesn't make much of a difference	4%	2%	5%	4%	3%	3%	5%	1%	4%	2%	6%	3%	3%
Is detrimental	1%	1%	1%	2%	1%	2%	1%	2%	1%	1%	0%	2%	1%
Not sure	3%	1%	5%	1%	1%	1%	4%	1%	1%	1%	3%	3%	3%
Totals	100%	100%	101%	101%	100%	100%	100%	101%	101%	99%	100%	100%	100%
Unweighted N	(1,124)	(341)	(489)	(294)	(447)	(390)	(409)	(323)	(259)	(197)	(232)	(409)	(286)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3I. Health Behaviors — Going to regular dental checkups

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	62%	59%	65%	51%	54%	67%	74%	62%	61%	58%	57%	71%
Is helpful, but not essential	27%	30%	24%	30%	31%	26%	21%	27%	24%	30%	28%	25%
Doesn't make much of a difference	6%	7%	6%	11%	7%	5%	3%	6%	8%	7%	8%	4%
Is detrimental	1%	2%	1%	1%	3%	1%	1%	2%	2%	0%	2%	0%
Not sure	3%	4%	3%	7%	5%	1%	1%	3%	5%	5%	5%	0%
Totals	99%	102%	99%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,131)	(547)	(584)	(235)	(278)	(341)	(277)	(756)	(127)	(162)	(727)	(404)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	62%	67%	60%	59%	70%	57%	59%	60%	71%	67%	58%	63%	61%
Is helpful, but not essential	27%	25%	26%	30%	23%	31%	27%	31%	22%	27%	28%	24%	30%
Doesn't make much of a difference	6%	6%	6%	6%	5%	7%	8%	4%	4%	2%	8%	6%	7%
Is detrimental	1%	1%	1%	2%	1%	3%	1%	2%	1%	2%	2%	2%	0%
Not sure	3%	2%	6%	2%	0%	2%	4%	2%	1%	2%	4%	4%	2%
Totals	99%	101%	99%	99%	99%	100%	99%	99%	99%	100%	100%	99%	100%
Unweighted N	(1,131)	(345)	(492)	(294)	(451)	(391)	(414)	(325)	(259)	(196)	(233)	(413)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3J. Health Behaviors — Getting 7-9 hours of sleep per night

When it comes to physical health, do you think that doing the following . . . ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	60%	59%	61%	64%	63%	54%	62%	57%	66%	69%	58%	64%
Is helpful, but not essential	31%	28%	33%	24%	23%	39%	33%	34%	25%	21%	29%	34%
Doesn't make much of a difference	5%	7%	2%	4%	6%	5%	3%	5%	3%	3%	7%	2%
Is detrimental	2%	3%	1%	3%	2%	1%	1%	2%	1%	2%	3%	0%
Not sure	3%	3%	3%	5%	5%	1%	0%	2%	5%	5%	4%	0%
Totals	101%	100%	100%	100%	99%	100%	99%	100%	100%	100%	101%	100%
Unweighted N	(1,134)	(549)	(585)	(235)	(278)	(342)	(279)	(755)	(128)	(165)	(729)	(405)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	60%	66%	57%	58%	68%	55%	55%	66%	61%	60%	59%	62%	57%
Is helpful, but not essential	31%	25%	33%	34%	28%	38%	32%	29%	32%	31%	35%	28%	32%
Doesn't make much of a difference	5%	6%	5%	4%	3%	5%	6%	3%	6%	4%	3%	4%	8%
Is detrimental	2%	2%	1%	3%	1%	2%	3%	1%	1%	3%	0%	3%	1%
Not sure	3%	1%	4%	2%	0%	1%	4%	1%	0%	1%	3%	3%	2%
Totals	101%	100%	100%	101%	100%	101%	100%	100%	100%	99%	100%	100%	100%
Unweighted N	(1,134)	(348)	(491)	(295)	(454)	(391)	(417)	(325)	(260)	(197)	(231)	(417)	(289)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3K. Health Behaviors — Going to regular medical checkups

When it comes to physical health, do you think that doing the following . . . ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	59%	56%	62%	44%	50%	60%	84%	57%	68%	53%	57%	64%
Is helpful, but not essential	30%	33%	27%	38%	32%	32%	14%	31%	17%	34%	29%	31%
Doesn't make much of a difference	6%	5%	6%	11%	6%	4%	1%	6%	6%	4%	7%	3%
Is detrimental	3%	3%	2%	1%	7%	1%	1%	2%	4%	4%	4%	0%
Not sure	3%	3%	3%	5%	4%	3%	0%	3%	6%	5%	4%	2%
Totals	101%	100%	100%	99%	99%	100%	100%	99%	101%	100%	101%	100%
Unweighted N	(1,128)	(546)	(582)	(238)	(274)	(341)	(275)	(755)	(126)	(163)	(724)	(404)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	59%	67%	52%	61%	70%	59%	55%	63%	63%	60%	57%	56%	66%
Is helpful, but not essential	30%	25%	34%	27%	23%	30%	32%	27%	27%	33%	29%	31%	25%
Doesn't make much of a difference	6%	4%	7%	5%	5%	6%	6%	5%	5%	3%	8%	6%	3%
Is detrimental	3%	1%	2%	5%	2%	2%	3%	2%	3%	3%	1%	3%	3%
Not sure	3%	2%	5%	2%	1%	2%	4%	3%	2%	1%	5%	3%	3%
Totals	101%	99%	100%	100%	101%	99%	100%	100%	100%	100%	100%	99%	100%
Unweighted N	(1,128)	(345)	(489)	(294)	(450)	(390)	(413)	(322)	(260)	(195)	(232)	(417)	(284)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3L. Health Behaviors — Taking prescribed medicine

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	59%	56%	61%	48%	45%	61%	82%	63%	58%	46%	51%	72%
Is helpful, but not essential	23%	25%	21%	24%	29%	23%	16%	22%	20%	25%	25%	20%
Doesn't make much of a difference	6%	7%	5%	11%	9%	4%	1%	6%	9%	9%	8%	3%
Is detrimental	5%	6%	5%	5%	10%	6%	1%	5%	5%	9%	7%	2%
Not sure	7%	6%	7%	12%	8%	6%	1%	5%	9%	11%	8%	3%
Totals	100%	100%	99%	100%	101%	100%	101%	101%	101%	100%	99%	100%
Unweighted N	(1,129)	(546)	(583)	(237)	(278)	(340)	(274)	(751)	(127)	(165)	(726)	(403)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	59%	70%	50%	59%	72%	58%	57%	58%	61%	54%	58%	59%	63%
Is helpful, but not essential	23%	19%	25%	24%	19%	25%	22%	25%	23%	27%	23%	23%	21%
Doesn't make much of a difference	6%	3%	7%	7%	3%	6%	6%	7%	7%	8%	9%	4%	6%
Is detrimental	5%	3%	7%	6%	2%	6%	8%	3%	5%	6%	4%	7%	4%
Not sure	7%	4%	10%	3%	3%	5%	8%	6%	4%	6%	6%	7%	6%
Totals	100%	99%	99%	99%	99%	100%	101%	99%	100%	101%	100%	100%	100%
Unweighted N	(1,129)	(347)	(492)	(290)	(453)	(386)	(415)	(323)	(259)	(195)	(232)	(413)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3M. Health Behaviors — Getting vaccinated

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	45%	42%	49%	46%	41%	42%	55%	44%	41%	49%	38%	59%
Is helpful, but not essential	28%	31%	24%	23%	30%	28%	29%	30%	27%	25%	28%	27%
Doesn't make much of a difference	13%	15%	11%	14%	13%	14%	10%	14%	8%	14%	17%	6%
Is detrimental	8%	6%	10%	8%	10%	9%	4%	8%	12%	8%	9%	6%
Not sure	6%	6%	6%	10%	6%	7%	2%	5%	12%	4%	8%	2%
Totals	100%	100%	100%	101%	100%	100%	100%	101%	100%	100%	100%	100%
Unweighted N	(1,130)	(546)	(584)	(237)	(276)	(340)	(277)	(753)	(127)	(164)	(725)	(405)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	45%	68%	41%	30%	75%	27%	41%	50%	53%	47%	45%	43%	51%
Is helpful, but not essential	28%	19%	29%	34%	17%	36%	25%	31%	28%	26%	29%	27%	29%
Doesn't make much of a difference	13%	4%	12%	22%	3%	18%	16%	11%	9%	15%	9%	15%	11%
Is detrimental	8%	5%	9%	10%	2%	13%	10%	5%	8%	10%	10%	8%	4%
Not sure	6%	3%	9%	4%	2%	6%	9%	4%	2%	3%	7%	7%	5%
Totals	100%	99%	100%	100%	99%	100%	101%	101%	100%	101%	100%	100%	100%
Unweighted N	(1,130)	(347)	(490)	(293)	(453)	(388)	(415)	(325)	(258)	(198)	(230)	(415)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3N. Health Behaviors — Having surgery when recommended

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	46%	49%	43%	47%	37%	44%	58%	48%	46%	38%	44%	48%
Is helpful, but not essential	31%	31%	31%	28%	28%	37%	28%	32%	26%	31%	28%	36%
Doesn't make much of a difference	6%	5%	7%	8%	10%	3%	2%	4%	8%	13%	7%	3%
Is detrimental	4%	2%	5%	2%	9%	1%	2%	2%	8%	8%	5%	1%
Not sure	14%	13%	15%	15%	15%	15%	11%	14%	12%	11%	16%	12%
Totals	101%	100%	101%	100%	99%	100%	101%	100%	100%	101%	100%	100%
Unweighted N	(1,125)	(545)	(580)	(238)	(276)	(339)	(272)	(751)	(124)	(165)	(720)	(405)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	46%	56%	39%	45%	55%	43%	44%	48%	48%	49%	42%	45%	48%
Is helpful, but not essential	31%	27%	34%	31%	29%	37%	29%	33%	33%	32%	35%	29%	30%
Doesn't make much of a difference	6%	4%	6%	7%	4%	4%	8%	2%	4%	3%	6%	8%	3%
Is detrimental	4%	2%	5%	3%	3%	4%	4%	5%	1%	3%	3%	4%	3%
Not sure	14%	11%	17%	14%	10%	12%	15%	12%	13%	13%	14%	14%	16%
Totals	101%	100%	101%	100%	101%	100%	100%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,125)	(341)	(489)	(295)	(446)	(391)	(414)	(319)	(259)	(196)	(231)	(411)	(287)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



30. Health Behaviors — Avoiding alcohol consumption

When it comes to physical health, do you think that doing the following... ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	39%	37%	41%	46%	37%	34%	41%	36%	47%	40%	43%	32%
Is helpful, but not essential	45%	46%	45%	40%	41%	53%	44%	49%	35%	35%	40%	55%
Doesn't make much of a difference	8%	11%	6%	5%	9%	8%	10%	9%	5%	9%	7%	9%
Is detrimental	5%	4%	6%	3%	9%	3%	4%	3%	8%	10%	6%	2%
Not sure	3%	3%	3%	5%	4%	2%	1%	2%	5%	5%	4%	1%
Totals	100%	101%	101%	99%	100%	100%	100%	99%	100%	99%	100%	99%
Unweighted N	(1,128)	(545)	(583)	(236)	(277)	(340)	(275)	(754)	(124)	(165)	(725)	(403)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	39%	36%	38%	43%	34%	39%	41%	39%	32%	39%	41%	39%	37%
Is helpful, but not essential	45%	52%	46%	38%	53%	41%	43%	47%	54%	45%	44%	44%	50%
Doesn't make much of a difference	8%	6%	9%	9%	8%	12%	5%	10%	10%	7%	7%	9%	8%
Is detrimental	5%	4%	3%	8%	4%	6%	6%	3%	3%	5%	4%	5%	4%
Not sure	3%	2%	4%	2%	1%	2%	4%	2%	1%	3%	4%	3%	2%
Totals	100%	100%	100%	100%	100%	100%	99%	101%	100%	99%	100%	100%	101%
Unweighted N	(1,128)	(345)	(489)	(294)	(449)	(391)	(413)	(324)	(259)	(195)	(231)	(413)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3P. Health Behaviors — Avoiding processed foods

When it comes to physical health, do you think that doing the following . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	34%	32%	37%	29%	32%	38%	38%	32%	47%	36%	36%	32%
Is helpful, but not essential	49%	50%	48%	47%	47%	52%	50%	55%	27%	43%	44%	58%
Doesn't make much of a difference	9%	10%	8%	11%	10%	7%	9%	8%	13%	8%	10%	7%
Is detrimental	4%	4%	4%	5%	7%	1%	2%	3%	5%	8%	5%	1%
Not sure	4%	4%	4%	9%	4%	2%	1%	3%	7%	5%	4%	2%
Totals	100%	100%	101%	101%	100%	100%	100%	101%	99%	100%	99%	100%
Unweighted N	(1,128)	(546)	(582)	(236)	(277)	(339)	(276)	(753)	(125)	(165)	(726)	(402)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	34%	33%	34%	37%	35%	36%	34%	35%	36%	37%	30%	37%	33%
Is helpful, but not essential	49%	52%	45%	51%	52%	52%	46%	54%	51%	46%	51%	49%	49%
Doesn't make much of a difference	9%	10%	10%	7%	8%	8%	11%	6%	6%	8%	10%	8%	11%
Is detrimental	4%	2%	5%	4%	2%	2%	4%	2%	6%	5%	4%	2%	4%
Not sure	4%	4%	6%	1%	3%	1%	5%	2%	1%	3%	5%	4%	3%
Totals	100%	101%	100%	100%	100%	99%	100%	99%	100%	99%	100%	100%	100%
Unweighted N	(1,128)	(343)	(490)	(295)	(448)	(392)	(414)	(323)	(258)	(196)	(232)	(413)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3Q. Health Behaviors — Having the right balance of sex hormones

When it comes to physical health, do you think that doing the following . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	34%	33%	35%	31%	36%	36%	32%	32%	40%	42%	32%	37%
Is helpful, but not essential	31%	29%	33%	28%	30%	31%	35%	34%	29%	23%	29%	34%
Doesn't make much of a difference	16%	18%	14%	21%	14%	13%	18%	17%	8%	16%	18%	12%
Is detrimental	2%	2%	2%	1%	3%	3%	0%	2%	4%	2%	3%	0%
Not sure	17%	18%	17%	20%	17%	18%	15%	15%	20%	17%	18%	17%
Totals	100%	100%	101%	101%	100%	101%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,126)	(543)	(583)	(235)	(277)	(341)	(273)	(750)	(126)	(164)	(724)	(402)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	34%	30%	35%	36%	30%	40%	33%	36%	38%	38%	30%	33%	36%
Is helpful, but not essential	31%	34%	28%	32%	38%	32%	28%	33%	32%	35%	28%	30%	33%
Doesn't make much of a difference	16%	18%	14%	16%	13%	13%	17%	14%	15%	13%	22%	15%	13%
Is detrimental	2%	1%	2%	2%	2%	2%	3%	2%	1%	1%	1%	3%	1%
Not sure	17%	17%	20%	14%	17%	13%	20%	15%	14%	13%	19%	19%	16%
Totals	100%	100%	99%	100%	100%	100%	101%	100%	100%	100%	100%	100%	99%
Unweighted N	(1,126)	(347)	(489)	(290)	(451)	(388)	(414)	(323)	(256)	(194)	(231)	(412)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3R. Health Behaviors — Having strong social connections

When it comes to physical health, do you think that doing the following . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	33%	31%	34%	39%	41%	21%	33%	31%	37%	34%	28%	41%
Is helpful, but not essential	43%	43%	43%	41%	31%	50%	47%	45%	39%	36%	40%	48%
Doesn't make much of a difference	16%	18%	15%	11%	16%	24%	11%	16%	13%	18%	20%	9%
Is detrimental	3%	3%	3%	3%	5%	1%	4%	3%	2%	5%	4%	0%
Not sure	5%	5%	6%	6%	7%	5%	4%	4%	8%	7%	7%	2%
Totals	100%	100%	101%	100%	100%	101%	99%	99%	99%	100%	99%	100%
Unweighted N	(1,130)	(547)	(583)	(235)	(278)	(341)	(276)	(753)	(127)	(164)	(726)	(404)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	33%	37%	33%	28%	38%	31%	31%	25%	41%	36%	34%	28%	36%
Is helpful, but not essential	43%	43%	38%	49%	46%	49%	41%	50%	44%	45%	44%	44%	38%
Doesn't make much of a difference	16%	14%	19%	16%	11%	15%	20%	16%	9%	15%	16%	16%	18%
Is detrimental	3%	1%	3%	3%	1%	2%	3%	2%	3%	0%	0%	4%	4%
Not sure	5%	5%	7%	3%	3%	2%	5%	7%	3%	4%	6%	7%	3%
Totals	100%	100%	100%	99%	99%	99%	100%	100%	100%	100%	100%	99%	99%
Unweighted N	(1,130)	(346)	(490)	(294)	(452)	(389)	(413)	(324)	(261)	(198)	(230)	(413)	(289)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3S. Health Behaviors — Having low body fat

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	32%	32%	31%	27%	32%	33%	35%	31%	36%	35%	33%	29%
Is helpful, but not essential	51%	49%	52%	44%	49%	53%	57%	54%	44%	44%	45%	61%
Doesn't make much of a difference	9%	10%	7%	12%	11%	7%	5%	8%	8%	10%	10%	7%
Is detrimental	2%	1%	2%	1%	2%	2%	1%	1%	1%	4%	2%	0%
Not sure	7%	6%	7%	15%	6%	5%	2%	6%	10%	8%	9%	2%
Totals	101%	98%	99%	99%	100%	100%	100%	100%	99%	101%	99%	99%
Unweighted N	(1,124)	(545)	(579)	(238)	(273)	(340)	(273)	(753)	(125)	(162)	(724)	(400)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	32%	26%	31%	39%	27%	39%	33%	34%	29%	31%	26%	35%	32%
Is helpful, but not essential	51%	60%	46%	48%	58%	52%	45%	54%	58%	55%	59%	45%	51%
Doesn't make much of a difference	9%	8%	10%	8%	10%	5%	12%	8%	7%	9%	7%	10%	9%
Is detrimental	2%	1%	2%	2%	1%	1%	2%	0%	1%	2%	2%	2%	1%
Not sure	7%	6%	11%	3%	4%	2%	9%	4%	4%	3%	7%	8%	7%
Totals	101%	101%	100%	100%	100%	99%	101%	100%	99%	100%	101%	100%	100%
Unweighted N	(1,124)	(343)	(487)	(294)	(450)	(390)	(411)	(323)	(259)	(197)	(230)	(412)	(285)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3T. Health Behaviors — Eating no more calories than needed

When it comes to physical health, do you think that doing the following . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	31%	29%	33%	24%	28%	32%	39%	28%	39%	36%	29%	34%
Is helpful, but not essential	47%	47%	48%	49%	38%	51%	51%	52%	36%	34%	44%	53%
Doesn't make much of a difference	10%	13%	6%	12%	15%	7%	5%	9%	10%	7%	12%	6%
Is detrimental	6%	6%	5%	4%	8%	5%	5%	5%	8%	10%	7%	3%
Not sure	6%	5%	7%	10%	10%	4%	1%	5%	8%	12%	7%	4%
Totals	100%	100%	99%	99%	99%	99%	101%	99%	101%	99%	99%	100%
Unweighted N	(1,131)	(547)	(584)	(235)	(277)	(341)	(278)	(756)	(125)	(164)	(726)	(405)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	31%	28%	30%	35%	34%	31%	27%	37%	35%	32%	25%	31%	37%
Is helpful, but not essential	47%	53%	43%	48%	52%	52%	45%	48%	52%	47%	51%	46%	45%
Doesn't make much of a difference	10%	9%	12%	8%	5%	6%	14%	6%	7%	5%	11%	11%	9%
Is detrimental	6%	4%	7%	6%	4%	7%	5%	5%	4%	9%	6%	5%	4%
Not sure	6%	6%	9%	3%	4%	4%	9%	4%	3%	7%	6%	6%	6%
Totals	100%	100%	101%	100%	99%	100%	100%	100%	101%	100%	99%	99%	101%
Unweighted N	(1,131)	(344)	(491)	(296)	(451)	(393)	(414)	(324)	(260)	(197)	(231)	(416)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3U. Health Behaviors — Avoiding sugar

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	28%	26%	29%	31%	24%	28%	28%	25%	39%	31%	29%	25%
Is helpful, but not essential	54%	53%	55%	45%	51%	58%	59%	59%	39%	45%	48%	65%
Doesn't make much of a difference	12%	14%	10%	12%	15%	10%	10%	11%	12%	12%	13%	10%
Is detrimental	3%	4%	3%	6%	6%	1%	2%	3%	2%	9%	5%	1%
Not sure	3%	4%	3%	7%	3%	2%	1%	2%	8%	5%	5%	0%
Totals	100%	101%	100%	101%	99%	99%	100%	100%	100%	102%	100%	101%
Unweighted N	(1,132)	(545)	(587)	(238)	(276)	(342)	(276)	(755)	(128)	(163)	(725)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	28%	21%	30%	31%	22%	33%	28%	26%	30%	40%	21%	28%	26%
Is helpful, but not essential	54%	60%	50%	54%	64%	51%	52%	55%	58%	45%	56%	54%	57%
Doesn't make much of a difference	12%	12%	12%	11%	9%	12%	12%	13%	10%	9%	16%	10%	12%
Is detrimental	3%	3%	3%	4%	3%	2%	4%	2%	3%	4%	3%	4%	3%
Not sure	3%	3%	4%	1%	2%	1%	4%	3%	0%	3%	4%	4%	2%
Totals	100%	99%	99%	101%	100%	99%	100%	99%	101%	101%	100%	100%	100%
Unweighted N	(1,132)	(344)	(493)	(295)	(452)	(392)	(415)	(325)	(260)	(197)	(233)	(414)	(288)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3V. Health Behaviors — Taking vitamins or supplements

When it comes to physical health, do you think that doing the following... ?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	26%	24%	28%	24%	28%	23%	31%	23%	45%	32%	27%	24%
Is helpful, but not essential	55%	54%	56%	54%	48%	58%	61%	59%	39%	52%	54%	59%
Doesn't make much of a difference	13%	16%	10%	13%	15%	15%	7%	14%	7%	7%	12%	15%
Is detrimental	2%	2%	2%	2%	4%	1%	0%	1%	3%	5%	2%	1%
Not sure	3%	4%	3%	7%	4%	3%	0%	3%	6%	3%	4%	2%
Totals	99%	100%	99%	100%	99%	100%	99%	100%	100%	99%	99%	101%
Unweighted N	(1,131)	(547)	(584)	(238)	(277)	(341)	(275)	(752)	(128)	(165)	(728)	(403)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	26%	26%	21%	34%	29%	34%	26%	29%	25%	25%	24%	27%	27%
Is helpful, but not essential	55%	54%	56%	56%	52%	54%	53%	56%	57%	60%	56%	55%	52%
Doesn't make much of a difference	13%	15%	16%	8%	15%	10%	15%	11%	14%	11%	14%	11%	16%
Is detrimental	2%	3%	2%	1%	3%	1%	3%	1%	2%	2%	2%	2%	2%
Not sure	3%	2%	6%	1%	1%	1%	3%	3%	2%	3%	4%	4%	3%
Totals	99%	100%	101%	100%	100%	100%	100%	100%	100%	101%	100%	99%	100%
Unweighted N	(1,131)	(346)	(491)	(294)	(451)	(390)	(417)	(324)	(257)	(197)	(232)	(416)	(286)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3W. Health Behaviors — Having visible muscle tone

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	16%	16%	16%	17%	18%	14%	17%	13%	28%	23%	17%	15%
Is helpful, but not essential	48%	44%	52%	37%	44%	47%	65%	50%	40%	47%	43%	57%
Doesn't make much of a difference	28%	32%	25%	34%	27%	34%	15%	30%	21%	18%	29%	26%
Is detrimental	3%	3%	2%	1%	6%	2%	0%	2%	2%	5%	4%	1%
Not sure	5%	5%	6%	11%	6%	3%	2%	4%	9%	8%	7%	2%
Totals	100%	100%	101%	100%	101%	100%	99%	99%	100%	101%	100%	101%
Unweighted N	(1,129)	(546)	(583)	(238)	(278)	(338)	(275)	(754)	(127)	(164)	(727)	(402)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	16%	14%	19%	15%	15%	16%	16%	13%	18%	15%	15%	18%	14%
Is helpful, but not essential	48%	42%	47%	55%	49%	54%	43%	59%	47%	53%	47%	44%	53%
Doesn't make much of a difference	28%	34%	25%	25%	30%	25%	29%	24%	31%	24%	32%	27%	28%
Is detrimental	3%	4%	1%	3%	2%	2%	4%	2%	1%	5%	0%	4%	1%
Not sure	5%	5%	8%	2%	5%	3%	7%	3%	3%	3%	6%	7%	3%
Totals	100%	99%	100%	100%	101%	100%	99%	101%	100%	100%	100%	100%	99%
Unweighted N	(1,129)	(344)	(489)	(296)	(447)	(392)	(417)	(321)	(258)	(197)	(232)	(413)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



3X. Health Behaviors — Meditating

When it comes to physical health, do you think that doing the following . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Is essential	14%	10%	18%	17%	20%	8%	14%	10%	29%	18%	16%	11%
Is helpful, but not essential	48%	48%	47%	45%	42%	52%	49%	49%	44%	44%	42%	58%
Doesn't make much of a difference	27%	27%	26%	23%	24%	29%	29%	29%	14%	27%	26%	27%
Is detrimental	3%	3%	2%	2%	5%	1%	3%	3%	2%	5%	4%	0%
Not sure	9%	12%	6%	13%	9%	10%	4%	9%	11%	6%	12%	3%
Totals	101%	100%	99%	100%	100%	100%	99%	100%	100%	100%	100%	99%
Unweighted N	(1,135)	(548)	(587)	(236)	(278)	(342)	(279)	(759)	(126)	(164)	(729)	(406)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	14%	11%	15%	17%	12%	14%	16%	16%	11%	23%	10%	14%	13%
Is helpful, but not essential	48%	54%	48%	41%	55%	43%	45%	47%	52%	44%	53%	45%	49%
Doesn't make much of a difference	27%	23%	25%	33%	25%	34%	25%	31%	29%	26%	24%	26%	30%
Is detrimental	3%	2%	3%	2%	2%	2%	3%	2%	1%	4%	1%	3%	3%
Not sure	9%	10%	9%	8%	5%	7%	11%	4%	7%	3%	13%	12%	5%
Totals	101%	100%	100%	101%	99%	100%	100%	100%	100%	100%	101%	100%	100%
Unweighted N	(1,135)	(347)	(492)	(296)	(453)	(393)	(417)	(326)	(260)	(199)	(231)	(416)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



4. How Much Pressure to Conform

How much pressure, if any, do you feel to conform to societal standards of body size or weight?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A great deal	12%	11%	13%	17%	11%	13%	8%	12%	12%	18%	11%	14%
A fair amount	32%	29%	36%	37%	36%	29%	29%	33%	26%	36%	31%	36%
Not much	32%	33%	31%	25%	26%	34%	43%	34%	24%	26%	30%	35%
None at all	18%	21%	14%	12%	21%	18%	20%	18%	28%	8%	20%	14%
Not sure	6%	6%	6%	9%	7%	7%	1%	4%	10%	12%	8%	2%
Totals	100%	100%	100%	100%	101%	101%	101%	101%	100%	100%	100%	101%
Unweighted N	(1,139)	(549)	(590)	(238)	(278)	(343)	(280)	(760)	(128)	(165)	(732)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A great deal	12%	16%	12%	9%	17%	10%	15%	12%	11%	9%	7%	15%	14%
A fair amount	32%	38%	28%	34%	35%	27%	28%	34%	37%	37%	30%	31%	33%
Not much	32%	31%	28%	37%	33%	40%	29%	33%	39%	37%	40%	25%	33%
None at all	18%	13%	22%	16%	13%	20%	19%	19%	12%	15%	16%	20%	17%
Not sure	6%	3%	10%	4%	2%	3%	10%	2%	2%	2%	7%	9%	2%
Totals	100%	101%	100%	100%	100%	100%	101%	100%	101%	100%	100%	100%	99%
Unweighted N	(1,139)	(349)	(493)	(297)	(455)	(394)	(419)	(326)	(261)	(199)	(233)	(418)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



5. Comparing Body Size

How often do you compare your body size or weight to others'?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Almost always	8%	4%	12%	11%	8%	9%	5%	8%	9%	11%	8%	9%
Usually	12%	9%	14%	18%	9%	12%	7%	12%	9%	16%	11%	13%
Sometimes	33%	31%	35%	34%	32%	30%	38%	34%	25%	37%	30%	39%
Rarely	28%	31%	25%	20%	25%	33%	33%	29%	26%	23%	27%	30%
Never	17%	23%	11%	14%	22%	14%	18%	16%	26%	11%	21%	9%
Not sure	2%	2%	2%	4%	4%	2%	0%	2%	7%	2%	3%	1%
Totals	100%	100%	99%	101%	100%	100%	101%	101%	102%	100%	100%	101%
Unweighted N	(1,138)	(549)	(589)	(238)	(278)	(343)	(279)	(759)	(128)	(165)	(732)	(406)

	Party ID				2024 Vote		Family income			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Almost always	8%	14%	7%	4%	13%	5%	7%	9%	11%	9%	7%	7%	10%
Usually	12%	14%	11%	11%	15%	12%	12%	10%	14%	12%	10%	13%	11%
Sometimes	33%	34%	29%	38%	34%	34%	30%	36%	36%	35%	35%	31%	34%
Rarely	28%	23%	30%	31%	25%	31%	29%	30%	27%	27%	31%	26%	29%
Never	17%	14%	20%	16%	13%	17%	19%	14%	13%	15%	14%	20%	14%
Not sure	2%	2%	4%	1%	1%	2%	3%	1%	0%	1%	3%	3%	2%
Totals	100%	101%	101%	101%	101%	101%	100%	100%	101%	99%	100%	100%	100%
Unweighted N	(1,138)	(349)	(492)	(297)	(454)	(394)	(418)	(326)	(261)	(199)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



6. How Much Weight-Based Prejudice

How serious of a problem do you think prejudice based on people's weight is today in the U.S.?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very serious	23%	15%	31%	21%	23%	26%	22%	21%	35%	24%	23%	23%
Somewhat serious	43%	43%	44%	40%	41%	42%	51%	43%	44%	42%	42%	46%
Not too serious	15%	18%	13%	20%	13%	14%	15%	18%	3%	11%	14%	17%
Not at all serious	7%	10%	3%	5%	9%	9%	3%	6%	5%	6%	7%	6%
Not sure	12%	14%	9%	14%	15%	10%	9%	11%	13%	18%	13%	8%
Totals	100%	100%	100%	100%	101%	101%	100%	99%	100%	101%	99%	100%
Unweighted N	(1,138)	(549)	(589)	(238)	(277)	(343)	(280)	(760)	(127)	(165)	(731)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very serious	23%	31%	23%	15%	36%	14%	23%	27%	21%	30%	23%	20%	25%
Somewhat serious	43%	50%	39%	43%	47%	39%	47%	44%	41%	40%	44%	44%	44%
Not too serious	15%	7%	17%	21%	8%	26%	9%	18%	21%	14%	18%	15%	13%
Not at all serious	7%	5%	6%	9%	3%	10%	8%	3%	10%	4%	5%	7%	9%
Not sure	12%	7%	15%	12%	5%	12%	14%	7%	7%	13%	10%	14%	8%
Totals	100%	100%	100%	100%	99%	101%	101%	99%	100%	101%	100%	100%	99%
Unweighted N	(1,138)	(349)	(492)	(297)	(455)	(394)	(418)	(326)	(261)	(199)	(233)	(417)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



7. Personally Experienced Weight-Based Prejudice

Have you personally ever faced prejudice in the following settings as a result of your weight? Select all that apply.

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Dating	19%	16%	21%	25%	14%	22%	14%	19%	19%	15%	19%	19%
Your family	18%	15%	22%	28%	20%	16%	11%	16%	20%	21%	19%	18%
The health care system	16%	9%	22%	17%	19%	18%	8%	15%	23%	16%	15%	17%
The job market	10%	8%	11%	11%	10%	10%	8%	11%	10%	9%	9%	11%
Restaurants and stores	8%	4%	11%	8%	9%	6%	8%	7%	9%	9%	5%	11%
The education system	5%	3%	6%	6%	6%	5%	3%	5%	5%	9%	5%	5%
Public transportation	4%	2%	6%	4%	6%	3%	3%	3%	8%	6%	3%	6%
None of the above	58%	66%	51%	45%	56%	60%	72%	62%	50%	51%	56%	62%
Prefer not to say	6%	5%	7%	11%	9%	4%	0%	4%	10%	11%	8%	3%
Unweighted N	(1,139)	(549)	(590)	(238)	(278)	(343)	(280)	(760)	(128)	(165)	(732)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Dating	19%	24%	19%	15%	23%	12%	20%	18%	20%	20%	18%	17%	23%
Your family	18%	24%	18%	14%	20%	14%	19%	18%	19%	17%	22%	14%	24%
The health care system	16%	20%	18%	9%	25%	11%	17%	13%	12%	22%	20%	12%	14%
The job market	10%	11%	12%	5%	12%	7%	10%	8%	10%	9%	15%	6%	12%
Restaurants and stores	8%	12%	7%	4%	13%	6%	8%	9%	7%	11%	8%	5%	8%
The education system	5%	6%	6%	3%	7%	3%	5%	3%	6%	8%	3%	5%	5%
Public transportation	4%	6%	4%	2%	8%	2%	4%	6%	3%	7%	3%	4%	4%
None of the above	58%	54%	55%	67%	52%	71%	56%	63%	64%	58%	57%	62%	54%
Prefer not to say	6%	4%	8%	4%	5%	3%	6%	4%	3%	6%	5%	7%	4%
Unweighted N	(1,139)	(349)	(493)	(297)	(455)	(394)	(419)	(326)	(261)	(199)	(233)	(418)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



8. View on Obesity

Which comes closer to your view about obesity?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
It is a complex chronic disease	41%	36%	45%	41%	34%	43%	44%	43%	35%	35%	36%	50%
It is the result of a lack of self-control	37%	42%	33%	36%	40%	36%	36%	36%	35%	45%	38%	35%
Not sure	22%	22%	22%	23%	26%	21%	19%	21%	30%	20%	26%	15%
Totals	100%	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%
Unweighted N	(1,137)	(547)	(590)	(237)	(278)	(343)	(279)	(760)	(128)	(164)	(730)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
It is a complex chronic disease	41%	55%	39%	29%	59%	31%	42%	37%	46%	48%	39%	36%	45%
It is the result of a lack of self-control	37%	29%	31%	53%	23%	51%	33%	43%	39%	33%	36%	41%	35%
Not sure	22%	16%	30%	18%	18%	18%	24%	20%	15%	20%	25%	23%	20%
Totals	100%	100%	100%	100%	100%	100%	99%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,137)	(348)	(492)	(297)	(454)	(394)	(418)	(326)	(261)	(199)	(233)	(416)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9A. Causes of Obesity — Lifestyle choices

How much of a role do you think the following plays in causing obesity?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	69%	67%	71%	64%	62%	75%	72%	66%	70%	74%	67%	71%
A somewhat important role	24%	27%	22%	23%	27%	23%	24%	28%	15%	15%	23%	26%
A not very important role	3%	3%	4%	5%	5%	1%	3%	2%	7%	6%	4%	1%
No role	0%	1%	0%	1%	0%	0%	1%	0%	2%	0%	0%	1%
Not sure	4%	4%	4%	7%	6%	2%	0%	3%	6%	5%	5%	2%
Totals	100%	102%	101%	100%	100%	101%	100%	99%	100%	100%	99%	101%
Unweighted N	(1,137)	(548)	(589)	(237)	(278)	(342)	(280)	(758)	(128)	(165)	(730)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	69%	65%	66%	76%	64%	77%	64%	70%	77%	70%	63%	69%	72%
A somewhat important role	24%	31%	22%	20%	31%	20%	27%	25%	19%	24%	28%	22%	24%
A not very important role	3%	2%	5%	2%	2%	2%	5%	1%	2%	4%	3%	4%	2%
No role	0%	1%	1%	0%	1%	0%	0%	1%	0%	1%	0%	0%	0%
Not sure	4%	2%	5%	3%	1%	1%	4%	3%	1%	1%	5%	5%	2%
Totals	100%	101%	99%	101%	99%	100%	100%	100%	99%	100%	99%	100%	100%
Unweighted N	(1,137)	(349)	(492)	(296)	(454)	(393)	(418)	(325)	(261)	(198)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9B. Causes of Obesity — The food industry

How much of a role do you think the following plays in causing obesity?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	58%	56%	60%	58%	56%	60%	57%	55%	56%	73%	58%	58%
A somewhat important role	29%	30%	28%	29%	25%	32%	29%	32%	25%	17%	27%	33%
A not very important role	6%	7%	5%	3%	8%	5%	8%	7%	4%	5%	6%	5%
No role	3%	4%	3%	3%	6%	2%	3%	3%	8%	1%	3%	3%
Not sure	4%	4%	4%	6%	5%	1%	3%	3%	7%	4%	6%	0%
Totals	100%	101%	100%	99%	100%	100%	100%	100%	100%	100%	100%	99%
Unweighted N	(1,137)	(548)	(589)	(238)	(278)	(343)	(278)	(759)	(128)	(164)	(730)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	58%	67%	53%	57%	66%	55%	54%	61%	66%	63%	57%	52%	67%
A somewhat important role	29%	23%	33%	30%	24%	33%	31%	28%	28%	30%	29%	30%	26%
A not very important role	6%	6%	5%	7%	5%	7%	6%	8%	4%	5%	7%	7%	3%
No role	3%	3%	2%	5%	4%	4%	5%	2%	2%	1%	3%	6%	1%
Not sure	4%	1%	7%	1%	1%	2%	5%	1%	1%	1%	4%	5%	2%
Totals	100%	100%	100%	100%	100%	101%	101%	100%	101%	100%	100%	100%	99%
Unweighted N	(1,137)	(348)	(492)	(297)	(454)	(393)	(419)	(325)	(261)	(198)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9C. Causes of Obesity — Mental health issues

How much of a role do you think the following plays in causing obesity?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	43%	39%	47%	47%	46%	40%	41%	38%	51%	57%	43%	43%
A somewhat important role	39%	40%	37%	34%	32%	44%	45%	44%	22%	30%	37%	42%
A not very important role	8%	10%	7%	9%	10%	7%	7%	8%	13%	5%	7%	10%
No role	3%	3%	2%	3%	2%	3%	3%	3%	3%	4%	3%	2%
Not sure	7%	8%	7%	8%	10%	7%	4%	7%	11%	4%	9%	4%
Totals	100%	100%	100%	101%	100%	101%	100%	100%	100%	100%	99%	101%
Unweighted N	(1,137)	(548)	(589)	(237)	(278)	(343)	(279)	(758)	(128)	(165)	(730)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	43%	49%	39%	43%	51%	41%	40%	44%	47%	55%	39%	40%	44%
A somewhat important role	39%	38%	38%	41%	37%	41%	38%	40%	40%	30%	43%	37%	44%
A not very important role	8%	6%	10%	9%	5%	9%	9%	9%	7%	8%	7%	10%	6%
No role	3%	2%	4%	3%	2%	3%	4%	2%	2%	2%	4%	3%	2%
Not sure	7%	6%	10%	5%	5%	6%	9%	5%	4%	6%	8%	10%	3%
Totals	100%	101%	101%	101%	100%	100%	100%	100%	100%	101%	101%	100%	99%
Unweighted N	(1,137)	(349)	(492)	(296)	(455)	(393)	(419)	(325)	(260)	(199)	(233)	(418)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9D. Causes of Obesity — Genetics

How much of a role do you think the following plays in causing obesity?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	40%	35%	45%	43%	38%	40%	41%	38%	54%	48%	40%	41%
A somewhat important role	44%	45%	43%	37%	41%	44%	54%	45%	32%	41%	41%	49%
A not very important role	8%	11%	6%	10%	11%	9%	3%	11%	2%	4%	9%	8%
No role	2%	2%	2%	1%	2%	3%	2%	2%	3%	1%	2%	2%
Not sure	5%	6%	4%	9%	8%	4%	0%	4%	9%	5%	8%	1%
Totals	99%	99%	100%	100%	100%	100%	100%	100%	100%	99%	100%	101%
Unweighted N	(1,137)	(549)	(588)	(237)	(278)	(343)	(279)	(758)	(128)	(165)	(730)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	40%	49%	39%	35%	54%	38%	39%	39%	42%	43%	39%	40%	41%
A somewhat important role	44%	42%	42%	49%	40%	48%	42%	47%	45%	46%	43%	42%	46%
A not very important role	8%	6%	8%	11%	3%	9%	10%	10%	8%	4%	8%	11%	7%
No role	2%	1%	2%	2%	1%	3%	2%	3%	1%	2%	2%	2%	2%
Not sure	5%	2%	9%	3%	2%	3%	7%	2%	4%	4%	8%	5%	4%
Totals	99%	100%	100%	100%	100%	101%	100%	101%	100%	99%	100%	100%	100%
Unweighted N	(1,137)	(348)	(493)	(296)	(454)	(393)	(418)	(326)	(261)	(199)	(233)	(416)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9E. Causes of Obesity — Access to health care

How much of a role do you think the following plays in causing obesity?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	39%	34%	44%	41%	42%	36%	38%	35%	51%	50%	40%	37%
A somewhat important role	35%	36%	34%	31%	28%	38%	42%	37%	27%	28%	32%	41%
A not very important role	13%	14%	11%	13%	14%	11%	12%	14%	8%	10%	14%	10%
No role	8%	10%	6%	7%	7%	11%	4%	9%	8%	5%	6%	11%
Not sure	5%	6%	5%	7%	9%	3%	4%	5%	6%	7%	7%	2%
Totals	100%	100%	100%	99%	100%	99%	100%	100%	100%	100%	99%	101%
Unweighted N	(1,136)	(548)	(588)	(238)	(277)	(341)	(280)	(758)	(127)	(165)	(729)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	39%	57%	32%	32%	54%	29%	39%	43%	34%	44%	40%	38%	38%
A somewhat important role	35%	33%	33%	40%	34%	38%	33%	34%	40%	45%	31%	30%	42%
A not very important role	13%	6%	15%	15%	8%	17%	13%	14%	13%	5%	17%	14%	11%
No role	8%	3%	11%	9%	3%	12%	9%	7%	11%	2%	6%	12%	6%
Not sure	5%	2%	10%	4%	1%	3%	7%	2%	3%	4%	6%	7%	3%
Totals	100%	101%	101%	100%	100%	99%	101%	100%	101%	100%	100%	101%	100%
Unweighted N	(1,136)	(348)	(492)	(296)	(453)	(394)	(418)	(325)	(260)	(198)	(232)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9F. Causes of Obesity — Economic circumstances

How much of a role do you think the following plays in causing obesity?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	37%	32%	42%	40%	36%	36%	36%	35%	43%	44%	35%	42%
A somewhat important role	36%	39%	33%	30%	30%	43%	40%	39%	27%	31%	34%	41%
A not very important role	13%	15%	12%	11%	16%	12%	14%	14%	12%	13%	15%	11%
No role	6%	7%	5%	8%	9%	5%	4%	7%	7%	3%	7%	5%
Not sure	7%	7%	8%	11%	9%	4%	6%	6%	12%	9%	10%	2%
Totals	99%	100%	100%	100%	100%	100%	100%	101%	101%	100%	101%	101%
Unweighted N	(1,133)	(548)	(585)	(237)	(275)	(342)	(279)	(757)	(127)	(163)	(726)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	37%	55%	32%	26%	55%	22%	37%	37%	39%	45%	35%	35%	38%
A somewhat important role	36%	32%	38%	38%	35%	42%	34%	38%	37%	32%	35%	34%	44%
A not very important role	13%	5%	14%	20%	3%	21%	14%	15%	13%	14%	11%	15%	12%
No role	6%	4%	4%	11%	5%	10%	8%	4%	7%	4%	9%	7%	4%
Not sure	7%	4%	11%	5%	3%	4%	7%	6%	5%	6%	9%	9%	3%
Totals	99%	100%	99%	100%	101%	99%	100%	100%	101%	101%	99%	100%	101%
Unweighted N	(1,133)	(349)	(489)	(295)	(454)	(392)	(415)	(325)	(261)	(196)	(233)	(417)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9G. Causes of Obesity — Environmental factors

How much of a role do you think the following plays in causing obesity?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	25%	20%	30%	35%	26%	21%	19%	21%	28%	41%	23%	28%
A somewhat important role	40%	43%	38%	33%	37%	48%	39%	42%	37%	32%	38%	45%
A not very important role	20%	22%	18%	18%	15%	17%	30%	23%	13%	10%	20%	18%
No role	7%	7%	6%	5%	9%	7%	5%	7%	10%	5%	8%	4%
Not sure	9%	8%	9%	9%	13%	7%	7%	7%	12%	12%	11%	5%
Totals	101%	100%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,136)	(548)	(588)	(238)	(277)	(341)	(280)	(757)	(128)	(165)	(730)	(406)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	25%	31%	25%	18%	33%	18%	24%	28%	24%	30%	20%	23%	30%
A somewhat important role	40%	47%	38%	37%	47%	39%	37%	40%	46%	43%	46%	35%	41%
A not very important role	20%	12%	19%	28%	11%	26%	20%	19%	21%	14%	18%	23%	19%
No role	7%	4%	6%	10%	4%	10%	9%	5%	5%	5%	8%	7%	5%
Not sure	9%	6%	12%	7%	5%	6%	9%	8%	4%	8%	8%	12%	5%
Totals	101%	100%	100%	100%	100%	99%	99%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,136)	(348)	(492)	(296)	(454)	(392)	(417)	(326)	(260)	(197)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



9H. Causes of Obesity — Government policies

How much of a role do you think the following plays in causing obesity?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A very important role	15%	14%	15%	21%	18%	11%	10%	11%	22%	27%	14%	16%
A somewhat important role	27%	26%	28%	25%	28%	31%	22%	27%	24%	27%	23%	35%
A not very important role	27%	29%	25%	22%	17%	32%	37%	31%	18%	18%	28%	25%
No role	19%	20%	18%	20%	22%	17%	17%	19%	23%	20%	21%	15%
Not sure	12%	11%	13%	12%	14%	9%	14%	12%	13%	9%	14%	9%
Totals	100%	100%	99%	100%	99%	100%	100%	100%	100%	101%	100%	100%
Unweighted N	(1,137)	(547)	(590)	(237)	(277)	(343)	(280)	(759)	(128)	(165)	(730)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A very important role	15%	18%	15%	11%	22%	11%	15%	16%	14%	21%	14%	13%	16%
A somewhat important role	27%	39%	22%	22%	36%	25%	26%	27%	30%	36%	25%	22%	33%
A not very important role	27%	23%	28%	31%	21%	31%	28%	30%	25%	19%	29%	30%	26%
No role	19%	12%	21%	23%	12%	24%	17%	16%	24%	12%	21%	20%	19%
Not sure	12%	8%	14%	13%	9%	9%	14%	11%	7%	12%	11%	16%	7%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	101%	101%
Unweighted N	(1,137)	(349)	(491)	(297)	(455)	(393)	(418)	(326)	(260)	(198)	(233)	(418)	(288)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



10. Obesity Epidemic

Do you think there is an epidemic of obesity in the U.S.?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Yes	76%	72%	79%	66%	67%	85%	81%	78%	63%	79%	73%	82%
No	11%	13%	9%	15%	17%	6%	7%	10%	18%	8%	12%	8%
Not sure	13%	14%	12%	20%	15%	9%	11%	13%	19%	13%	15%	10%
Totals	100%	99%	100%	101%	99%	100%	99%	101%	100%	100%	100%	100%
Unweighted N	(1,139)	(549)	(590)	(238)	(278)	(343)	(280)	(760)	(128)	(165)	(732)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	76%	80%	70%	79%	80%	79%	70%	81%	82%	78%	73%	73%	82%
No	11%	6%	16%	9%	7%	8%	16%	5%	9%	10%	13%	11%	8%
Not sure	13%	14%	14%	12%	13%	13%	14%	14%	9%	12%	14%	15%	10%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%
Unweighted N	(1,139)	(349)	(493)	(297)	(455)	(394)	(419)	(326)	(261)	(199)	(233)	(418)	(289)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



11. BMI Link to Health Outcomes

BMI, or Body Mass Index, is a measurement of a person's body fat that is based on their weight and height. How good or bad of a predictor of health outcomes do you think BMI is?

	Gender		Age				Race			Education		
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very good	13%	17%	10%	14%	11%	10%	19%	13%	19%	13%	14%	11%
Somewhat good	44%	46%	43%	34%	46%	45%	52%	46%	40%	39%	43%	47%
Somewhat bad	16%	14%	19%	20%	14%	19%	11%	17%	12%	18%	16%	18%
Very bad	6%	6%	6%	9%	9%	4%	2%	6%	4%	9%	5%	7%
Not sure	20%	18%	23%	23%	21%	22%	16%	19%	26%	21%	22%	18%
Totals	99%	101%	101%	100%	101%	100%	100%	101%	101%	100%	100%	101%
Unweighted N	(1,138)	(549)	(589)	(238)	(278)	(342)	(280)	(760)	(128)	(164)	(731)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very good	13%	14%	10%	17%	12%	15%	12%	16%	11%	14%	9%	15%	12%
Somewhat good	44%	46%	40%	49%	45%	47%	45%	43%	49%	45%	44%	43%	47%
Somewhat bad	16%	18%	17%	14%	17%	14%	17%	15%	18%	12%	20%	16%	16%
Very bad	6%	6%	8%	3%	8%	4%	7%	6%	4%	7%	6%	5%	6%
Not sure	20%	16%	26%	17%	18%	20%	19%	20%	18%	23%	21%	20%	19%
Totals	99%	100%	101%	100%	100%	100%	100%	100%	100%	101%	100%	99%	100%
Unweighted N	(1,138)	(349)	(492)	(297)	(455)	(394)	(418)	(326)	(261)	(199)	(233)	(418)	(288)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



12. Link Between Weight and Health

How closely linked do you think obesity is with health outcomes?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very closely linked	46%	45%	46%	40%	37%	50%	55%	46%	46%	42%	43%	50%
Somewhat closely linked	40%	41%	40%	38%	42%	41%	41%	41%	34%	40%	40%	40%
Not very closely linked	4%	4%	4%	7%	6%	2%	2%	5%	5%	4%	4%	4%
Not at all linked	1%	1%	1%	1%	3%	1%	0%	1%	1%	0%	1%	1%
Not sure	9%	8%	9%	14%	13%	6%	2%	7%	13%	15%	11%	4%
Totals	100%	99%	100%	100%	101%	100%	100%	100%	99%	101%	99%	99%
Unweighted N	(1,136)	(549)	(587)	(237)	(278)	(342)	(279)	(759)	(127)	(164)	(730)	(406)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very closely linked	46%	46%	38%	55%	47%	53%	37%	52%	56%	46%	40%	46%	51%
Somewhat closely linked	40%	42%	44%	34%	43%	37%	45%	37%	33%	40%	41%	43%	36%
Not very closely linked	4%	3%	5%	4%	5%	5%	4%	3%	6%	3%	4%	4%	5%
Not at all linked	1%	0%	1%	1%	0%	0%	2%	1%	0%	2%	1%	1%	0%
Not sure	9%	9%	11%	5%	5%	5%	12%	7%	4%	9%	13%	6%	8%
Totals	100%	100%	99%	99%	100%	100%	100%	100%	99%	100%	99%	100%	100%
Unweighted N	(1,136)	(348)	(492)	(296)	(455)	(392)	(418)	(325)	(261)	(199)	(232)	(418)	(287)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



13. Possibility of Being Both Obese and Healthy

Which of these statements comes closer to your view?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Some obese people are perfectly healthy	32%	30%	35%	31%	35%	30%	35%	34%	34%	25%	30%	37%
It's impossible to be both obese and perfectly healthy	49%	54%	45%	50%	47%	52%	47%	48%	40%	63%	49%	49%
Not sure	18%	16%	20%	19%	19%	18%	18%	18%	25%	12%	21%	13%
Totals	99%	100%	100%	100%	101%	100%	100%	100%	99%	100%	100%	99%
Unweighted N	(1,138)	(548)	(590)	(238)	(278)	(342)	(280)	(759)	(128)	(165)	(731)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Some obese people are perfectly healthy	32%	37%	35%	25%	44%	29%	34%	30%	34%	36%	33%	30%	33%
It's impossible to be both obese and perfectly healthy	49%	43%	44%	63%	39%	58%	48%	55%	49%	46%	47%	51%	52%
Not sure	18%	21%	21%	12%	17%	13%	18%	15%	17%	18%	20%	19%	15%
Totals	99%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,138)	(349)	(493)	(296)	(455)	(393)	(418)	(326)	(261)	(199)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



14. Link Between Weight and Attractiveness

How closely linked do you think a person's weight is with how physically attractive they are perceived to be?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very closely linked	36%	38%	35%	35%	32%	40%	38%	39%	32%	29%	32%	44%
Somewhat closely linked	40%	40%	39%	34%	34%	41%	49%	41%	32%	39%	39%	41%
Not very closely linked	9%	9%	9%	11%	14%	5%	6%	8%	13%	5%	10%	6%
Not at all linked	4%	3%	4%	7%	4%	3%	1%	3%	6%	9%	5%	3%
Not sure	12%	10%	13%	12%	16%	11%	6%	9%	17%	18%	15%	6%
Totals	101%	100%	100%	99%	100%	100%	100%	100%	100%	100%	101%	100%
Unweighted N	(1,137)	(549)	(588)	(238)	(278)	(342)	(279)	(759)	(127)	(165)	(732)	(405)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very closely linked	36%	38%	35%	37%	40%	37%	34%	41%	41%	35%	41%	35%	34%
Somewhat closely linked	40%	40%	39%	40%	42%	43%	40%	37%	37%	39%	37%	37%	46%
Not very closely linked	9%	9%	7%	10%	7%	8%	9%	8%	10%	6%	9%	10%	7%
Not at all linked	4%	5%	4%	4%	3%	4%	4%	2%	7%	8%	3%	4%	2%
Not sure	12%	8%	16%	9%	8%	8%	13%	13%	5%	11%	10%	14%	10%
Totals	101%	100%	101%	100%	100%	100%	100%	101%	100%	99%	100%	100%	99%
Unweighted N	(1,137)	(347)	(493)	(297)	(454)	(393)	(419)	(324)	(261)	(198)	(233)	(418)	(288)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



15. Society Accepting of Obese People

How accepting do you think society is of people who are obese?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very accepting	4%	6%	3%	3%	7%	4%	2%	5%	2%	4%	4%	4%
Somewhat accepting	26%	32%	21%	33%	23%	27%	23%	27%	19%	30%	29%	21%
Somewhat unaccepting	37%	36%	39%	35%	30%	41%	42%	39%	32%	36%	36%	40%
Very unaccepting	23%	17%	28%	16%	24%	22%	29%	22%	31%	17%	19%	29%
Not sure	10%	10%	9%	14%	15%	6%	5%	8%	16%	12%	12%	5%
Totals	100%	101%	100%	101%	99%	100%	101%	101%	100%	99%	100%	99%
Unweighted N	(1,138)	(549)	(589)	(238)	(277)	(343)	(280)	(759)	(128)	(165)	(731)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very accepting	4%	1%	5%	6%	3%	7%	4%	5%	6%	4%	2%	5%	5%
Somewhat accepting	26%	19%	28%	30%	17%	35%	30%	23%	25%	27%	26%	28%	23%
Somewhat unaccepting	37%	43%	32%	39%	43%	38%	35%	34%	45%	40%	35%	36%	41%
Very unaccepting	23%	30%	22%	17%	33%	13%	21%	30%	19%	23%	27%	19%	25%
Not sure	10%	7%	14%	7%	4%	7%	10%	8%	6%	5%	9%	13%	6%
Totals	100%	100%	101%	99%	100%	100%	100%	100%	101%	99%	99%	101%	100%
Unweighted N	(1,138)	(349)	(493)	(296)	(455)	(393)	(419)	(326)	(260)	(199)	(232)	(418)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



16. Societal Support for Weight Change

How supportive do you think society is when people who are obese attempt to lose weight?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very supportive	19%	20%	18%	23%	21%	19%	11%	17%	24%	20%	18%	19%
Somewhat supportive	43%	46%	40%	37%	32%	47%	55%	45%	36%	33%	41%	47%
Somewhat unsupportive	18%	15%	21%	18%	20%	19%	16%	19%	14%	18%	17%	20%
Very unsupportive	7%	6%	8%	7%	8%	6%	9%	7%	7%	11%	9%	5%
Not sure	13%	13%	13%	15%	20%	9%	10%	12%	19%	18%	15%	10%
Totals	100%	100%	100%	100%	101%	100%	101%	100%	100%	100%	100%	101%
Unweighted N	(1,138)	(548)	(590)	(238)	(277)	(343)	(280)	(760)	(128)	(164)	(732)	(406)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very supportive	19%	14%	20%	20%	16%	23%	19%	16%	23%	15%	19%	20%	18%
Somewhat supportive	43%	44%	40%	46%	47%	46%	42%	43%	48%	45%	42%	40%	46%
Somewhat unsupportive	18%	22%	17%	16%	21%	17%	18%	22%	15%	17%	23%	17%	17%
Very unsupportive	7%	8%	8%	7%	8%	3%	8%	9%	4%	6%	4%	9%	9%
Not sure	13%	12%	15%	11%	8%	11%	13%	10%	10%	15%	12%	14%	11%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	98%	100%	100%	101%
Unweighted N	(1,138)	(348)	(493)	(297)	(454)	(394)	(419)	(326)	(260)	(199)	(233)	(418)	(288)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



17. Effectiveness of Weight Reduction Diets

Do you think that for people who go on weight-reduction diets, those diets are . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Are usually successful	13%	15%	12%	26%	16%	9%	5%	10%	28%	20%	17%	7%
Result in only temporary weight loss	52%	47%	57%	42%	44%	52%	71%	54%	47%	45%	48%	59%
Are usually not successful	17%	19%	14%	12%	15%	23%	14%	19%	7%	15%	16%	18%
Not sure	18%	19%	18%	20%	26%	17%	10%	17%	17%	20%	19%	16%
Totals	100%	100%	101%	100%	101%	101%	100%	100%	99%	100%	100%	100%
Unweighted N	(1,135)	(548)	(587)	(237)	(278)	(341)	(279)	(758)	(128)	(163)	(729)	(406)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Are usually successful	13%	15%	12%	13%	12%	10%	18%	9%	11%	14%	10%	16%	10%
Result in only temporary weight loss	52%	51%	49%	57%	57%	57%	45%	58%	59%	57%	50%	50%	53%
Are usually not successful	17%	19%	15%	16%	17%	17%	17%	17%	18%	10%	19%	18%	17%
Not sure	18%	15%	23%	14%	14%	16%	20%	15%	12%	19%	20%	16%	20%
Totals	100%	100%	99%	100%	100%	100%	100%	99%	100%	100%	99%	100%	100%
Unweighted N	(1,135)	(349)	(489)	(297)	(455)	(392)	(417)	(326)	(261)	(197)	(233)	(418)	(287)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



18. Societal Acceptance of Obesity

In your opinion, has our society... ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Gone too far in accepting people who are obese	20%	23%	17%	21%	19%	23%	17%	22%	11%	21%	19%	23%
Been about right when it comes to accepting people who are obese	26%	31%	22%	34%	33%	16%	26%	26%	27%	30%	29%	21%
Not gone far enough in accepting people who are obese	27%	22%	32%	23%	23%	31%	28%	27%	32%	27%	25%	31%
Not sure	26%	24%	28%	22%	24%	29%	29%	25%	29%	21%	27%	25%
Totals	99%	100%	99%	100%	99%	99%	100%	100%	99%	99%	100%	100%
Unweighted N	(1,134)	(547)	(587)	(237)	(277)	(341)	(279)	(758)	(127)	(164)	(729)	(405)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Gone too far in accepting people who are obese	20%	8%	22%	30%	9%	30%	16%	25%	28%	17%	20%	22%	21%
Been about right when it comes to accepting people who are obese	26%	25%	24%	32%	21%	32%	26%	26%	28%	30%	26%	26%	26%
Not gone far enough in accepting people who are obese	27%	39%	26%	18%	42%	19%	31%	23%	26%	31%	32%	24%	25%
Not sure	26%	28%	29%	21%	28%	19%	28%	27%	18%	23%	23%	28%	28%
Totals	99%	100%	101%	101%	100%	100%	101%	101%	100%	101%	101%	100%	100%
Unweighted N	(1,134)	(348)	(491)	(295)	(455)	(392)	(416)	(324)	(261)	(199)	(231)	(416)	(288)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



19. Heard About a New Weight-Loss Drug

How much have you heard about or read in the news recently about an antidiabetic and weight loss drug called semaglutide?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
A lot	25%	19%	30%	15%	21%	31%	29%	27%	17%	23%	20%	33%
A little	28%	28%	28%	28%	31%	30%	20%	27%	26%	29%	27%	29%
Nothing at all	47%	53%	42%	58%	48%	38%	51%	45%	57%	48%	53%	38%
Totals	100%	100%	100%	101%	100%	99%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,136)	(549)	(587)	(237)	(277)	(343)	(279)	(759)	(127)	(164)	(729)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A lot	25%	25%	23%	27%	32%	26%	16%	36%	31%	27%	25%	21%	30%
A little	28%	31%	26%	27%	29%	28%	33%	24%	28%	26%	28%	27%	29%
Nothing at all	47%	44%	51%	46%	39%	46%	51%	41%	41%	47%	47%	52%	41%
Totals	100%	100%	100%	100%	100%	100%	100%	101%	100%	100%	100%	100%	100%
Unweighted N	(1,136)	(349)	(491)	(296)	(455)	(393)	(418)	(325)	(261)	(199)	(232)	(417)	(288)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



20. Know Someone Who Has Taken New-Weight Loss Drug

Do you personally know anyone who has taken semaglutide for weight-loss purposes? Select all that apply.

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Yes, me	8%	5%	10%	4%	6%	11%	8%	8%	5%	11%	7%	9%
Yes, a family member	12%	10%	14%	13%	12%	11%	12%	14%	11%	7%	10%	15%
Yes, a friend	13%	8%	17%	10%	13%	12%	16%	14%	8%	9%	9%	19%
Yes, an acquaintance	8%	6%	10%	9%	10%	9%	3%	9%	6%	8%	6%	12%
None of the above	69%	75%	63%	68%	68%	67%	72%	68%	76%	62%	73%	62%
Prefer not to say	3%	2%	4%	5%	5%	1%	0%	2%	1%	8%	3%	2%
Unweighted N	(1,139)	(549)	(590)	(238)	(278)	(343)	(280)	(760)	(128)	(165)	(732)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, me	8%	7%	6%	11%	9%	9%	5%	10%	9%	12%	6%	5%	11%
Yes, a family member	12%	12%	12%	12%	14%	12%	8%	17%	16%	11%	17%	9%	13%
Yes, a friend	13%	14%	11%	14%	18%	13%	10%	15%	19%	16%	12%	11%	15%
Yes, an acquaintance	8%	8%	8%	9%	10%	10%	5%	9%	12%	11%	11%	5%	9%
None of the above	69%	71%	66%	70%	63%	70%	75%	64%	63%	62%	70%	73%	65%
Prefer not to say	3%	1%	5%	2%	1%	1%	1%	3%	1%	5%	2%	3%	2%
Unweighted N	(1,139)	(349)	(493)	(297)	(455)	(394)	(419)	(326)	(261)	(199)	(233)	(418)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



21. Interest in New Weight-Loss Drug Semaglutide

Semaglutide causes people to lose weight by suppressing their appetite and by slowing the rate at which food empties out of the stomach. Possible side effects include nausea, diarrhea, vomiting, and constipation. If semaglutide were available to you, how interested would you be in taking it to lose weight?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very interested	7%	6%	8%	6%	7%	7%	7%	7%	5%	7%	7%	7%
Somewhat interested	13%	12%	13%	12%	16%	12%	10%	13%	18%	10%	13%	12%
Not very interested	17%	16%	18%	18%	13%	15%	25%	19%	15%	13%	15%	20%
Not at all interested	47%	53%	42%	45%	43%	50%	49%	46%	43%	45%	46%	48%
Not sure	9%	9%	9%	14%	15%	5%	2%	7%	15%	14%	11%	5%
Not asked - has already taken it	8%	5%	10%	4%	6%	11%	8%	8%	5%	11%	7%	9%
Totals	101%	101%	100%	99%	100%	100%	101%	100%	101%	100%	99%	101%
Unweighted N	(1,137)	(548)	(589)	(238)	(277)	(343)	(279)	(760)	(127)	(164)	(731)	(406)

	Party ID				2024 Vote		Family income			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very interested	7%	11%	6%	5%	6%	5%	7%	8%	6%	6%	8%	6%	7%
Somewhat interested	13%	15%	10%	14%	16%	13%	14%	11%	12%	12%	13%	13%	12%
Not very interested	17%	17%	17%	18%	19%	20%	17%	16%	19%	14%	22%	15%	17%
Not at all interested	47%	45%	49%	46%	45%	46%	46%	48%	49%	45%	43%	51%	45%
Not sure	9%	7%	13%	6%	5%	7%	11%	6%	5%	11%	8%	10%	8%
Not asked - has already taken it	8%	7%	6%	11%	9%	9%	5%	10%	9%	12%	6%	5%	11%
Totals	101%	102%	101%	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%
Unweighted N	(1,137)	(347)	(493)	(297)	(453)	(394)	(419)	(325)	(261)	(198)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



22. Safety of Weight-Loss Drug Semaglutide

How safe or unsafe do you think the weight-loss drug semaglutide is?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very safe	6%	6%	6%	5%	5%	7%	7%	7%	6%	4%	5%	7%
Somewhat safe	16%	15%	16%	15%	13%	18%	16%	17%	13%	13%	15%	17%
Somewhat unsafe	13%	11%	15%	9%	16%	14%	13%	14%	8%	16%	11%	16%
Very unsafe	6%	7%	6%	5%	7%	9%	4%	6%	3%	6%	7%	6%
Not sure	11%	9%	14%	9%	11%	14%	10%	11%	13%	12%	9%	16%
Not asked - has not heard of it	48%	53%	42%	58%	48%	38%	51%	46%	57%	48%	53%	38%
Totals	100%	101%	99%	101%	100%	100%	101%	101%	100%	99%	100%	100%
Unweighted N	(1,135)	(549)	(586)	(237)	(276)	(343)	(279)	(758)	(127)	(164)	(728)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very safe	6%	9%	4%	5%	9%	3%	6%	6%	7%	5%	6%	6%	6%
Somewhat safe	16%	16%	14%	19%	20%	18%	12%	21%	19%	22%	12%	14%	18%
Somewhat unsafe	13%	13%	14%	12%	14%	16%	12%	12%	14%	12%	18%	10%	15%
Very unsafe	6%	6%	5%	8%	5%	6%	8%	6%	7%	5%	4%	7%	8%
Not sure	11%	12%	11%	11%	13%	11%	10%	15%	12%	9%	13%	11%	11%
Not asked - has not heard of it	48%	44%	51%	46%	39%	46%	52%	41%	41%	47%	47%	52%	41%
Totals	100%	100%	99%	101%	100%	100%	100%	101%	100%	100%	100%	100%	99%
Unweighted N	(1,135)	(349)	(490)	(296)	(455)	(392)	(417)	(325)	(261)	(198)	(232)	(417)	(288)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



23. Effectiveness of Weight-Loss Drug Semaglutide

How effective at helping people lose weight do you think the weight-loss drug semaglutide is?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Very effective	16%	12%	20%	9%	17%	20%	15%	18%	12%	9%	12%	23%
Somewhat effective	22%	23%	21%	18%	18%	26%	22%	21%	23%	24%	19%	26%
Not very effective	5%	5%	5%	4%	8%	3%	3%	5%	3%	5%	6%	3%
Not at all effective	1%	2%	1%	3%	3%	0%	1%	2%	0%	3%	2%	1%
Not sure	9%	5%	12%	8%	7%	12%	8%	9%	5%	10%	8%	9%
Not asked - has not heard of it	47%	53%	42%	58%	48%	38%	51%	45%	57%	48%	53%	38%
Totals	100%	100%	101%	100%	101%	99%	100%	100%	100%	99%	100%	100%
Unweighted N	(1,136)	(549)	(587)	(237)	(277)	(343)	(279)	(759)	(127)	(164)	(729)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very effective	16%	20%	12%	17%	20%	16%	14%	16%	23%	15%	17%	16%	15%
Somewhat effective	22%	26%	19%	21%	28%	23%	19%	28%	22%	27%	20%	19%	25%
Not very effective	5%	3%	5%	6%	3%	5%	6%	3%	4%	3%	4%	5%	5%
Not at all effective	1%	1%	3%	0%	1%	0%	3%	1%	0%	1%	1%	2%	2%
Not sure	9%	7%	9%	9%	9%	9%	7%	11%	11%	8%	11%	6%	12%
Not asked - has not heard of it	47%	44%	51%	46%	39%	46%	51%	41%	41%	47%	47%	52%	41%
Totals	100%	101%	99%	99%	100%	99%	100%	100%	101%	101%	100%	100%	100%
Unweighted N	(1,136)	(349)	(491)	(296)	(455)	(393)	(418)	(325)	(261)	(199)	(232)	(417)	(288)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



24. Weight-Loss Drugs Good or Bad for Society

Do you think that the development of weight-loss drugs such as semaglutide is overall a good or a bad thing for society?

	Gender			Age				Race			Education	
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Good thing	28%	26%	29%	18%	24%	32%	35%	31%	23%	21%	26%	32%
Neither good nor bad	27%	31%	22%	32%	29%	19%	30%	25%	36%	29%	27%	26%
Bad thing	21%	19%	23%	19%	22%	23%	19%	21%	14%	21%	22%	20%
Not sure	25%	24%	26%	31%	24%	27%	16%	23%	27%	29%	26%	23%
Totals	101%	100%	100%	100%	99%	101%	100%	100%	100%	100%	101%	101%
Unweighted N	(1,139)	(549)	(590)	(238)	(278)	(343)	(280)	(760)	(128)	(165)	(732)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Good thing	28%	35%	20%	31%	39%	30%	25%	28%	36%	30%	31%	25%	27%
Neither good nor bad	27%	29%	26%	25%	26%	29%	27%	29%	23%	27%	26%	23%	34%
Bad thing	21%	14%	23%	26%	13%	22%	22%	21%	18%	18%	16%	26%	20%
Not sure	25%	22%	32%	18%	22%	19%	26%	21%	23%	25%	27%	26%	19%
Totals	101%	100%	101%	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%
Unweighted N	(1,139)	(349)	(493)	(297)	(455)	(394)	(419)	(326)	(261)	(199)	(233)	(418)	(289)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



25. Risks and Benefits of Semaglutide

For people who are obese and are using drugs such as semaglutide to lose weight, do you think that . . . ?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
The benefits significantly outweigh the risks	10%	10%	11%	8%	8%	12%	13%	11%	10%	9%	9%	13%
The benefits somewhat outweigh the risks	19%	20%	19%	15%	18%	22%	23%	21%	12%	21%	17%	23%
The benefits and risks are balanced	17%	17%	16%	13%	21%	14%	18%	15%	27%	18%	16%	17%
The risks somewhat outweigh the benefits	18%	19%	17%	18%	12%	19%	24%	18%	13%	21%	19%	17%
The risks significantly outweigh the benefits	10%	10%	10%	15%	12%	9%	5%	12%	6%	7%	12%	6%
Not sure	25%	24%	27%	32%	29%	24%	16%	23%	31%	23%	26%	23%
Totals	99%	100%	100%	101%	100%	100%	99%	100%	99%	99%	99%	99%
Unweighted N	(1,136)	(548)	(588)	(238)	(277)	(342)	(279)	(759)	(127)	(165)	(729)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
The benefits significantly outweigh the risks	10%	15%	5%	13%	17%	9%	8%	13%	14%	13%	11%	9%	11%
The benefits somewhat outweigh the risks	19%	18%	19%	21%	23%	23%	17%	22%	22%	21%	17%	19%	23%
The benefits and risks are balanced	17%	18%	15%	17%	20%	16%	18%	16%	13%	17%	16%	16%	17%
The risks somewhat outweigh the benefits	18%	16%	19%	18%	14%	21%	19%	17%	16%	18%	17%	18%	18%

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YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



continued from previous page

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
The risks significantly outweigh the benefits	10%	6%	12%	12%	6%	11%	10%	11%	11%	10%	10%	11%	8%
Not sure	25%	26%	30%	18%	21%	20%	27%	20%	25%	21%	29%	26%	23%
Totals	99%	99%	100%	99%	101%	100%	99%	99%	101%	100%	100%	99%	100%
Unweighted N	(1,136)	(346)	(493)	(297)	(454)	(394)	(417)	(325)	(261)	(199)	(232)	(416)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



26. Regulation of Weight-Loss Drug Semaglutide

Do you think that access to weight-loss drugs such as semaglutide should...?

	Gender		Age				Race			Education		
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Be much more regulated	20%	19%	21%	26%	19%	20%	18%	20%	19%	19%	21%	19%
Be somewhat more regulated	23%	21%	25%	18%	25%	19%	32%	23%	22%	29%	21%	26%
Have no change in regulation	19%	24%	15%	14%	16%	21%	27%	21%	18%	15%	18%	23%
Be somewhat less regulated	8%	6%	10%	8%	7%	9%	9%	7%	10%	11%	8%	9%
Be much less regulated	5%	6%	5%	5%	6%	7%	2%	5%	5%	5%	6%	4%
Not sure	24%	24%	23%	29%	27%	25%	12%	23%	26%	20%	26%	19%
Totals	99%	100%	99%	100%	100%	101%	100%	99%	100%	99%	100%	100%
Unweighted N	(1,139)	(549)	(590)	(238)	(278)	(343)	(280)	(760)	(128)	(165)	(732)	(407)

	Party ID			2024 Vote		Family income			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Be much more regulated	20%	17%	20%	24%	15%	20%	20%	20%	18%	27%	18%	23%	15%
Be somewhat more regulated	23%	26%	20%	24%	28%	23%	25%	19%	29%	22%	20%	21%	30%
Have no change in regulation	19%	17%	18%	22%	22%	25%	14%	26%	22%	16%	20%	18%	23%
Be somewhat less regulated	8%	9%	7%	9%	10%	10%	7%	10%	9%	8%	7%	9%	8%
Be much less regulated	5%	5%	5%	6%	4%	5%	8%	5%	4%	7%	4%	6%	4%
Not sure	24%	25%	29%	14%	20%	17%	26%	20%	19%	21%	30%	23%	20%
Totals	99%	99%	99%	99%	99%	100%	100%	100%	101%	101%	99%	100%	100%

continued on the next page ...

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



continued from previous page

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Unweighted N	(1,139)	(349)	(493)	(297)	(455)	(394)	(419)	(326)	(261)	(199)	(233)	(418)	(289)

YouGov Survey: Health and Weight
 February 23 - March 1, 2026 - 1,139 U.S. adult citizens



27. Insurance Coverage of Weight-Loss Drugs

Should prescription weight-loss drugs be covered by private insurance?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Yes	65%	61%	68%	54%	57%	70%	77%	66%	67%	60%	62%	70%
No	12%	12%	11%	12%	16%	10%	7%	12%	13%	11%	13%	9%
Not sure	24%	27%	20%	34%	27%	19%	16%	22%	21%	29%	25%	22%
Totals	101%	100%	99%	100%	100%	99%	100%	100%	101%	100%	100%	101%
Unweighted N	(1,137)	(547)	(590)	(236)	(278)	(343)	(280)	(758)	(128)	(165)	(730)	(407)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	65%	76%	60%	60%	83%	59%	61%	71%	70%	55%	66%	66%	68%
No	12%	4%	14%	15%	5%	13%	13%	12%	7%	17%	9%	13%	7%
Not sure	24%	19%	26%	25%	12%	28%	27%	18%	23%	28%	25%	20%	25%
Totals	101%	99%	100%	100%	100%	100%	101%	101%	100%	100%	100%	99%	100%
Unweighted N	(1,137)	(349)	(491)	(297)	(455)	(394)	(418)	(326)	(261)	(198)	(233)	(417)	(289)

YouGov Survey: Health and Weight
February 23 - March 1, 2026 - 1,139 U.S. adult citizens



28. Medicaid Coverage of Weight-Loss Drugs

Should prescription weight-loss drugs be covered by Medicaid?

	Total	Gender		Age				Race			Education	
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	No degree	College degree
Yes	60%	58%	61%	54%	56%	62%	67%	58%	68%	63%	58%	63%
No	19%	18%	19%	20%	18%	20%	16%	19%	13%	17%	20%	15%
Not sure	22%	24%	20%	26%	26%	19%	18%	23%	19%	19%	22%	22%
Totals	101%	100%	100%	100%	100%	101%	101%	100%	100%	99%	100%	100%
Unweighted N	(1,132)	(547)	(585)	(235)	(278)	(341)	(278)	(756)	(127)	(165)	(728)	(404)

	Total	Party ID			2024 Vote		Family income			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	60%	76%	55%	49%	81%	48%	57%	63%	64%	57%	58%	58%	65%
No	19%	9%	20%	26%	7%	25%	19%	19%	15%	18%	18%	21%	14%
Not sure	22%	15%	24%	25%	13%	26%	24%	18%	21%	25%	23%	21%	21%
Totals	101%	100%	99%	100%	101%	99%	100%	100%	100%	100%	99%	100%	100%
Unweighted N	(1,132)	(349)	(488)	(295)	(453)	(390)	(417)	(324)	(258)	(199)	(232)	(414)	(287)

YouGov Survey: Health and Weight

February 23 - March 1, 2026 - 1,139 U.S. adult citizens



Interviewing Dates	February 23 - March 1, 2026
Target population	U.S. citizens, aged 18 and over
Sampling method	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
Weighting	The sample was weighted according to gender, age, race, education, U.S. region, 2024 presidential vote, 2020 election turnout and presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. 2024 presidential vote, at time of weighting was estimated to be 48% Harris and 50% Trump. Baseline party identification is the respondent's most recent answer given around November 8, 2024, and is weighted to the estimated distribution at that time (31% Democratic, 33% Republican). The weights range from 0.052 to 6.152, with a mean of one and a standard deviation of 0.931.
Number of respondents	1,139
Margin of error	± 4 points (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	71 questions not reported.