

# YouGov Survey: Health and Weight



Sample 1109 U.S. adult citizens  
 Conducted May 22 - 25, 2025  
 Margin of Error  $\pm 3.8\%$

## 1. When it comes to physical health, do you think that doing the following... ?

	Is essential	Is helpful, but not essential	Doesn't make much of a difference	Is detrimental	Not sure
Drinking water regularly	83%	10%	2%	2%	2%
Having good mental health	79%	14%	3%	2%	2%
Listening to your body's needs	76%	15%	4%	2%	2%
Avoiding smoking	75%	13%	4%	5%	3%
Managing stress	74%	18%	3%	2%	3%
Eating fruits and vegetables regularly	72%	21%	3%	2%	2%
Getting regular exercise	64%	29%	3%	2%	2%
Going to regular dental checkups	61%	29%	7%	2%	2%
Going to regular medical checkups	61%	29%	6%	2%	2%
Getting 7-9 hours of sleep per night	59%	33%	4%	2%	2%
Taking prescribed medicine	58%	26%	6%	3%	7%
Having surgery when recommended	52%	28%	5%	4%	11%
Getting vaccinated	46%	28%	14%	7%	6%
Avoiding alcohol consumption	36%	46%	11%	4%	3%
Having strong social connections	36%	41%	17%	2%	3%
Having low body fat	34%	51%	8%	2%	5%
Avoiding processed foods	34%	51%	9%	2%	4%
Taking vitamins or supplements	31%	49%	15%	1%	3%
Avoiding sugar	28%	54%	13%	2%	3%
Having visible muscle tone	15%	49%	29%	2%	5%

## 2. How often do you feel pressure to conform to societal standards of body size or weight?

Almost always	9%
Usually	13%
Sometimes	29%
Rarely	21%
Never	24%
Not sure	4%

## 3. How often do you compare your body size or weight to others?

Almost always	11%
Usually	11%
Sometimes	26%
Rarely	28%
Never	21%
Not sure	3%

## 4. Have you personally ever faced prejudice in the following settings as a result of your weight? Select all that apply.

Dating	18%
Your family	15%
The health care system	13%
The job market	9%
Restaurants and stores	6%
Public transportation	5%
The education system	5%
None of the above	63%
Prefer not to say	5%

## 5. Which comes closer to your view about obesity?

It is a complex chronic disease	39%
It is the result of a lack of self-control	38%
Neither	23%

## 6. BMI, or Body Mass Index, is a measurement tool that calculates a person's body fat based on their weight and height. How good or bad of a predictor of health outcomes do you think BMI is?

Very good	13%
Somewhat good	44%
Somewhat bad	16%
Very bad	6%
Not sure	21%

## 7. How strongly linked do you think obesity is with health outcomes?

Very strongly linked	45%
Somewhat strongly linked	42%
Not very strongly linked	4%
Not at all linked	1%
Not sure	8%

## 8. How strongly linked do you think a person's weight is with how physically attractive they are perceived to be?

Very strongly linked	32%
Somewhat strongly linked	43%
Not very strongly linked	11%
Not at all linked	4%
Not sure	10%

## 9. How accepting do you think society is of people who are obese?

Very accepting	4%
Somewhat accepting	24%
Somewhat unaccepting	42%
Very unaccepting	20%
Not sure	10%

## 10. How supportive do you think society is of people who are obese attempting to lose weight?

Very supportive	19%
Somewhat supportive	45%
Somewhat unsupportive	20%
Very unsupportive	7%
Not sure	9%

## 11. In your opinion, has our society...

Gone too far in accepting people who are obese	20%
Been about right when it comes to accepting people who are obese	28%
Not gone far enough in accepting people who are obese	29%
Not sure	24%

## 12. How much have you heard about or read in the news recently about an antidiabetic and weight loss drug called semaglutide (sold under the brand names Ozempic, Wegovy, and Rybelsus)?

A lot	41%
A little	39%
Nothing at all	20%

## 13. Do you personally know anyone who has taken semaglutide (sold under the brand names Ozempic, Wegovy, and Rybelsus) for weight loss purposes? Select all that apply.

Yes, me	7%
Yes, a family member	14%
Yes, a friend	16%
Yes, an acquaintance	11%
None of the above	61%
Prefer not to say	2%

14. Semaglutide causes people to lose weight by suppressing their appetite and by slowing the rate at which food empties out of the stomach. Possible side effects include nausea, diarrhea, vomiting, and constipation. If semaglutide were available to you, how interested would you be in taking it to lose weight?

Very interested	8%
Somewhat interested	17%
Not very interested	17%
Not at all interested	45%
Not sure	7%
Not asked - has already taken it	7%

15. How safe or unsafe do you think the weight loss drug semaglutide is?

Very safe	6%
Somewhat safe	21%
Somewhat unsafe	21%
Very unsafe	11%
Not sure	21%
Not asked - has not heard of it	20%

16. How effective at helping people lose weight do you think the weight loss drug semaglutide is?

Very effective	20%
Somewhat effective	37%
Not very effective	3%
Not at all effective	2%
Not sure	18%
Not asked - has not heard of it	20%

17. Do you think that the development of weight loss drugs such as semaglutide is overall a good or bad thing for society?

Good thing	28%
Neither good nor bad	31%
Bad thing	21%
Not sure	20%

18. Thinking about people who are obese using drugs such as semaglutide to lose weight, would you say that...?

The benefits significantly outweigh the risks	11%
The benefits somewhat outweigh the risks	23%
The benefits and risks are balanced	17%
The risks somewhat outweigh the benefits	17%
The risks significantly outweigh the benefits	10%
Not sure	23%

## 19. Do you think that access to weight loss drugs such as semaglutide should...?

Be much more regulated .....	20%
Be somewhat more regulated .....	25%
Have no change in regulation .....	19%
Be somewhat less regulated .....	9%
Be much less regulated .....	5%
Not sure .....	23%

## 20. Should prescription weight loss drugs be covered by private insurance?

Yes .....	59%
No .....	15%
Not sure .....	26%

## 21. Should prescription weight loss drugs be covered by Medicaid?

Yes .....	54%
No .....	21%
Not sure .....	25%

## 22. How likely do you think it is that the use of antidiabetic drugs like semaglutide for weight loss will make it harder for people with diabetes to access them?

Very likely .....	17%
Somewhat likely .....	26%
Not very likely .....	17%
Not at all likely .....	6%
Not sure .....	33%

## 23. How would you describe your current overall health?

Excellent .....	11%
Very good .....	22%
Good .....	39%
Fair .....	21%
Poor .....	5%
Prefer not to say .....	2%

## 24. How would you describe your current body weight?

Obese .....	11%
Overweight .....	33%
Healthy weight .....	47%
Underweight .....	4%
Not sure .....	3%
Prefer not to say .....	3%

# YouGov Survey: Health and Weight



<b>Interviewing Dates</b>	May 22 - 25, 2025
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2024 presidential vote, 2020 election turnout and presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. 2024 presidential vote, at time of weighting was estimated to be 48% Harris and 50% Trump. Baseline party identification is the respondent's most recent answer given around November 8, 2024, and is weighted to the estimated distribution at that time (31% Democratic, 32% Republican). The weights range from 0.052 to 5.573, with a mean of one and a standard deviation of 0.811.
<b>Number of respondents</b>	1109
<b>Margin of error</b>	± 3.8% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	60 questions not reported.

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1A. Health Behaviors — Drinking water regularly

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	83%	83%	84%	80%	83%	83%	88%	85%	85%	81%	*
Is helpful, but not essential	10%	12%	9%	10%	10%	10%	11%	10%	4%	11%	*
Doesn't make much of a difference	2%	3%	2%	4%	3%	2%	1%	3%	2%	2%	*
Is detrimental	2%	0%	3%	3%	1%	3%	0%	1%	4%	2%	*
Not sure	2%	2%	2%	4%	3%	1%	0%	1%	5%	4%	*
Totals	99%	100%	100%	101%	100%	99%	100%	100%	100%	100%	*
Unweighted N	(1,103)	(498)	(605)	(273)	(290)	(321)	(219)	(720)	(142)	(158)	(83)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	83%	88%	82%	81%	90%	83%	80%	83%	91%	81%	80%	83%	89%
Is helpful, but not essential	10%	8%	10%	13%	8%	10%	11%	13%	6%	11%	14%	9%	9%
Doesn't make much of a difference	2%	2%	2%	3%	1%	3%	4%	2%	1%	3%	4%	2%	0%
Is detrimental	2%	1%	3%	1%	1%	1%	3%	1%	1%	5%	1%	2%	1%
Not sure	2%	0%	3%	2%	0%	2%	2%	1%	0%	0%	2%	3%	1%
Totals	99%	99%	100%	100%	100%	99%	100%	100%	99%	100%	101%	99%	100%
Unweighted N	(1,103)	(390)	(403)	(310)	(437)	(410)	(442)	(297)	(251)	(195)	(204)	(438)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1B. Health Behaviors — Having good mental health

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	79%	77%	81%	74%	76%	79%	87%	79%	81%	79%	*
Is helpful, but not essential	14%	17%	11%	17%	14%	16%	9%	16%	8%	11%	*
Doesn't make much of a difference	3%	3%	3%	6%	4%	0%	2%	3%	2%	4%	*
Is detrimental	2%	0%	4%	1%	3%	3%	1%	1%	2%	2%	*
Not sure	2%	3%	1%	2%	2%	2%	2%	1%	7%	3%	*
Totals	100%	100%	100%	100%	99%	100%	101%	100%	100%	99%	*
Unweighted N	(1,100)	(496)	(604)	(272)	(286)	(323)	(219)	(719)	(139)	(158)	(84)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	79%	82%	76%	80%	83%	79%	78%	77%	83%	86%	76%	77%	82%
Is helpful, but not essential	14%	10%	16%	14%	13%	14%	13%	14%	14%	8%	17%	15%	13%
Doesn't make much of a difference	3%	3%	3%	3%	1%	3%	4%	5%	0%	0%	4%	3%	2%
Is detrimental	2%	3%	3%	1%	1%	2%	2%	2%	2%	6%	1%	2%	1%
Not sure	2%	2%	2%	2%	2%	2%	3%	1%	0%	0%	2%	3%	2%
Totals	100%	100%	100%	100%	100%	100%	100%	99%	99%	100%	100%	100%	100%
Unweighted N	(1,100)	(388)	(404)	(308)	(434)	(408)	(443)	(294)	(249)	(197)	(204)	(434)	(265)



# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1C. Health Behaviors — Listening to your body's needs

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	76%	73%	79%	66%	70%	79%	87%	76%	81%	69%	*
Is helpful, but not essential	15%	17%	13%	21%	19%	12%	9%	16%	9%	18%	*
Doesn't make much of a difference	4%	7%	2%	7%	6%	3%	2%	5%	1%	6%	*
Is detrimental	2%	1%	4%	2%	2%	4%	1%	2%	2%	2%	*
Not sure	2%	3%	2%	4%	3%	2%	1%	1%	7%	5%	*
Totals	99%	101%	100%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,099)	(497)	(602)	(272)	(289)	(318)	(220)	(715)	(141)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	76%	81%	74%	72%	82%	74%	76%	74%	80%	81%	76%	75%	75%
Is helpful, but not essential	15%	12%	14%	20%	14%	18%	14%	17%	15%	8%	17%	15%	17%
Doesn't make much of a difference	4%	4%	4%	4%	2%	3%	4%	7%	1%	5%	3%	4%	5%
Is detrimental	2%	1%	4%	2%	1%	2%	3%	1%	2%	6%	1%	2%	1%
Not sure	2%	1%	4%	2%	1%	3%	3%	1%	2%	1%	2%	4%	2%
Totals	99%	99%	100%	100%	100%	100%	100%	100%	100%	101%	99%	100%	100%
Unweighted N	(1,099)	(389)	(402)	(308)	(435)	(405)	(439)	(296)	(251)	(195)	(203)	(439)	(262)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1D. Health Behaviors — Avoiding smoking

When it comes to physical health, do you think that doing the following... ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	75%	76%	74%	68%	71%	75%	88%	79%	70%	63%	*
Is helpful, but not essential	13%	14%	13%	22%	14%	13%	4%	12%	14%	18%	*
Doesn't make much of a difference	4%	4%	4%	4%	7%	2%	3%	4%	4%	4%	*
Is detrimental	5%	3%	7%	3%	4%	7%	4%	3%	7%	8%	*
Not sure	3%	3%	2%	3%	3%	3%	1%	2%	5%	7%	*
Totals	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%	*
Unweighted N	(1,107)	(501)	(606)	(273)	(290)	(324)	(220)	(723)	(141)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	75%	77%	73%	77%	81%	75%	70%	80%	80%	80%	74%	75%	74%
Is helpful, but not essential	13%	13%	16%	10%	12%	11%	15%	13%	11%	10%	16%	12%	15%
Doesn't make much of a difference	4%	4%	3%	6%	3%	5%	5%	4%	4%	2%	5%	4%	4%
Is detrimental	5%	4%	5%	5%	2%	6%	6%	3%	5%	8%	4%	4%	5%
Not sure	3%	2%	4%	2%	1%	3%	4%	1%	1%	1%	1%	4%	3%
Totals	100%	100%	101%	100%	99%	100%	100%	101%	101%	101%	100%	99%	101%
Unweighted N	(1,107)	(389)	(407)	(311)	(437)	(412)	(443)	(298)	(252)	(197)	(204)	(440)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1E. Health Behaviors — Managing stress

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	74%	70%	77%	65%	73%	78%	75%	74%	78%	69%	*
Is helpful, but not essential	18%	24%	13%	23%	18%	15%	19%	20%	7%	21%	*
Doesn't make much of a difference	3%	2%	4%	4%	4%	1%	3%	3%	1%	2%	*
Is detrimental	2%	1%	4%	4%	2%	3%	1%	1%	6%	2%	*
Not sure	3%	3%	3%	4%	4%	3%	2%	2%	8%	5%	*
Totals	100%	100%	101%	100%	101%	100%	100%	100%	100%	99%	*
Unweighted N	(1,102)	(500)	(602)	(272)	(290)	(322)	(218)	(719)	(142)	(158)	(83)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	74%	81%	69%	72%	83%	73%	70%	71%	81%	69%	68%	75%	79%
Is helpful, but not essential	18%	13%	20%	21%	13%	21%	18%	21%	17%	20%	26%	15%	15%
Doesn't make much of a difference	3%	1%	4%	3%	1%	2%	3%	5%	0%	2%	3%	3%	3%
Is detrimental	2%	2%	3%	2%	1%	1%	4%	1%	2%	6%	1%	3%	1%
Not sure	3%	2%	4%	3%	2%	3%	5%	1%	0%	2%	3%	3%	3%
Totals	100%	99%	100%	101%	100%	100%	100%	99%	100%	99%	101%	99%	101%
Unweighted N	(1,102)	(389)	(404)	(309)	(436)	(408)	(442)	(295)	(253)	(197)	(202)	(440)	(263)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1F. Health Behaviors — Eating fruits and vegetables regularly

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	72%	71%	73%	63%	74%	75%	74%	70%	81%	71%	*
Is helpful, but not essential	21%	23%	20%	31%	18%	17%	22%	24%	11%	20%	*
Doesn't make much of a difference	3%	3%	3%	1%	4%	3%	2%	3%	0%	3%	*
Is detrimental	2%	1%	3%	1%	2%	3%	1%	1%	2%	3%	*
Not sure	2%	2%	1%	3%	2%	2%	1%	1%	5%	4%	*
Totals	100%	100%	100%	99%	100%	100%	100%	99%	99%	101%	*
Unweighted N	(1,098)	(498)	(600)	(274)	(289)	(316)	(219)	(718)	(142)	(156)	(82)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	72%	81%	65%	71%	80%	69%	70%	73%	76%	71%	68%	73%	75%
Is helpful, but not essential	21%	16%	26%	21%	17%	23%	23%	21%	19%	22%	26%	19%	19%
Doesn't make much of a difference	3%	2%	4%	3%	1%	3%	3%	4%	1%	2%	3%	4%	2%
Is detrimental	2%	1%	2%	2%	1%	2%	2%	1%	2%	5%	1%	1%	2%
Not sure	2%	1%	3%	2%	1%	3%	2%	1%	1%	0%	1%	3%	2%
Totals	100%	101%	100%	99%	100%	100%	100%	100%	99%	100%	99%	100%	100%
Unweighted N	(1,098)	(390)	(400)	(308)	(438)	(406)	(439)	(296)	(250)	(193)	(204)	(436)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1G. Health Behaviors — Getting regular exercise

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	64%	64%	65%	60%	67%	68%	60%	63%	77%	58%	*
Is helpful, but not essential	29%	29%	29%	33%	24%	24%	37%	32%	15%	31%	*
Doesn't make much of a difference	3%	4%	2%	2%	5%	3%	2%	3%	3%	3%	*
Is detrimental	2%	1%	2%	2%	2%	2%	1%	1%	2%	2%	*
Not sure	2%	2%	2%	3%	2%	3%	0%	1%	4%	5%	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	101%	99%	*
Unweighted N	(1,103)	(500)	(603)	(273)	(289)	(321)	(220)	(722)	(140)	(157)	(84)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	64%	65%	65%	63%	70%	67%	59%	65%	72%	72%	57%	65%	67%
Is helpful, but not essential	29%	29%	29%	29%	27%	27%	33%	28%	26%	21%	38%	28%	27%
Doesn't make much of a difference	3%	4%	1%	4%	2%	3%	3%	5%	0%	2%	3%	3%	3%
Is detrimental	2%	1%	2%	1%	1%	1%	2%	0%	1%	5%	1%	1%	1%
Not sure	2%	1%	3%	2%	0%	3%	3%	1%	1%	1%	2%	3%	2%
Totals	100%	100%	100%	99%	100%	101%	100%	99%	100%	101%	101%	100%	100%
Unweighted N	(1,103)	(390)	(405)	(308)	(437)	(409)	(442)	(296)	(252)	(198)	(204)	(437)	(264)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1H. Health Behaviors — Going to regular dental checkups

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	61%	57%	64%	43%	57%	65%	75%	62%	66%	58%	*
Is helpful, but not essential	29%	33%	25%	42%	30%	28%	17%	29%	20%	30%	*
Doesn't make much of a difference	7%	8%	6%	9%	8%	5%	7%	7%	5%	8%	*
Is detrimental	2%	1%	2%	3%	2%	2%	0%	1%	5%	0%	*
Not sure	2%	2%	3%	3%	3%	2%	1%	1%	5%	4%	*
Totals	101%	101%	100%	100%	100%	102%	100%	100%	101%	100%	*
Unweighted N	(1,103)	(497)	(606)	(274)	(288)	(321)	(220)	(719)	(142)	(158)	(84)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	61%	63%	57%	63%	67%	64%	57%	57%	70%	64%	53%	63%	64%
Is helpful, but not essential	29%	28%	30%	28%	26%	27%	27%	37%	22%	28%	37%	25%	28%
Doesn't make much of a difference	7%	6%	7%	7%	6%	6%	11%	3%	4%	4%	7%	9%	6%
Is detrimental	2%	1%	2%	1%	1%	1%	2%	2%	2%	3%	2%	1%	0%
Not sure	2%	2%	3%	2%	1%	2%	3%	0%	1%	1%	2%	3%	2%
Totals	101%	100%	99%	101%	101%	100%	100%	99%	99%	100%	101%	101%	100%
Unweighted N	(1,103)	(389)	(405)	(309)	(437)	(407)	(443)	(295)	(252)	(198)	(203)	(437)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 11. Health Behaviors — Going to regular medical checkups

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	61%	59%	62%	46%	55%	64%	75%	62%	71%	57%	*
Is helpful, but not essential	29%	32%	26%	40%	33%	27%	17%	29%	14%	29%	*
Doesn't make much of a difference	6%	6%	7%	7%	7%	5%	7%	6%	8%	5%	*
Is detrimental	2%	2%	2%	1%	3%	2%	2%	2%	2%	3%	*
Not sure	2%	2%	3%	6%	3%	2%	0%	1%	5%	6%	*
Totals	100%	101%	100%	100%	101%	100%	101%	100%	100%	100%	*
Unweighted N	(1,099)	(498)	(601)	(271)	(288)	(323)	(217)	(719)	(139)	(158)	(83)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	61%	67%	57%	59%	70%	62%	60%	58%	66%	71%	56%	63%	54%
Is helpful, but not essential	29%	25%	32%	30%	22%	27%	26%	33%	30%	23%	32%	24%	37%
Doesn't make much of a difference	6%	6%	6%	6%	6%	5%	9%	6%	2%	3%	8%	7%	5%
Is detrimental	2%	1%	2%	2%	1%	2%	2%	2%	2%	2%	2%	2%	2%
Not sure	2%	1%	3%	3%	1%	3%	3%	2%	1%	1%	2%	3%	3%
Totals	100%	100%	100%	100%	100%	99%	100%	101%	101%	100%	100%	99%	101%
Unweighted N	(1,099)	(386)	(404)	(309)	(434)	(409)	(440)	(296)	(250)	(195)	(203)	(437)	(264)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1J. Health Behaviors — Getting 7-9 hours of sleep per night

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	59%	59%	59%	65%	64%	56%	52%	58%	59%	69%	*
Is helpful, but not essential	33%	32%	34%	29%	26%	36%	39%	36%	27%	21%	*
Doesn't make much of a difference	4%	5%	2%	1%	5%	3%	5%	4%	3%	4%	*
Is detrimental	2%	1%	3%	1%	3%	2%	3%	1%	2%	2%	*
Not sure	2%	3%	2%	4%	2%	2%	1%	1%	9%	4%	*
Totals	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%	*
Unweighted N	(1,101)	(498)	(603)	(272)	(289)	(322)	(218)	(720)	(140)	(158)	(83)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	59%	64%	53%	60%	62%	61%	55%	62%	60%	61%	53%	58%	66%
Is helpful, but not essential	33%	28%	37%	33%	33%	33%	34%	30%	37%	30%	38%	33%	29%
Doesn't make much of a difference	4%	5%	3%	3%	3%	3%	5%	4%	2%	4%	5%	3%	3%
Is detrimental	2%	3%	2%	1%	1%	1%	2%	3%	2%	5%	1%	2%	1%
Not sure	2%	1%	4%	2%	1%	2%	4%	1%	0%	0%	3%	4%	1%
Totals	100%	101%	99%	99%	100%	100%	100%	100%	101%	100%	100%	100%	100%
Unweighted N	(1,101)	(389)	(402)	(310)	(436)	(408)	(442)	(295)	(252)	(195)	(204)	(440)	(262)



# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1K. Health Behaviors — Taking prescribed medicine

When it comes to physical health, do you think that doing the following... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	58%	55%	60%	44%	51%	57%	79%	62%	55%	49%	*
Is helpful, but not essential	26%	31%	22%	34%	31%	30%	10%	25%	21%	30%	*
Doesn't make much of a difference	6%	5%	6%	11%	7%	3%	3%	5%	11%	6%	*
Is detrimental	3%	2%	5%	3%	3%	4%	2%	3%	2%	5%	*
Not sure	7%	6%	7%	7%	8%	6%	6%	5%	12%	10%	*
Totals	100%	99%	100%	99%	100%	100%	100%	100%	101%	100%	*
Unweighted N	(1,101)	(498)	(603)	(273)	(289)	(321)	(218)	(720)	(141)	(157)	(83)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	58%	66%	51%	58%	71%	57%	55%	56%	67%	64%	58%	58%	54%
Is helpful, but not essential	26%	22%	29%	28%	19%	27%	27%	29%	22%	18%	25%	29%	30%
Doesn't make much of a difference	6%	5%	7%	5%	4%	5%	6%	9%	3%	6%	10%	4%	4%
Is detrimental	3%	2%	4%	4%	2%	5%	4%	1%	4%	7%	1%	3%	3%
Not sure	7%	5%	9%	6%	4%	6%	9%	5%	4%	5%	5%	7%	9%
Totals	100%	100%	100%	101%	100%	100%	101%	100%	100%	100%	99%	101%	100%
Unweighted N	(1,101)	(389)	(402)	(310)	(436)	(408)	(440)	(297)	(250)	(194)	(204)	(438)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1L. Health Behaviors — Having surgery when recommended

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	52%	54%	50%	46%	54%	51%	58%	54%	45%	55%	*
Is helpful, but not essential	28%	26%	29%	28%	28%	29%	24%	29%	22%	29%	*
Doesn't make much of a difference	5%	5%	5%	11%	6%	3%	1%	5%	10%	2%	*
Is detrimental	4%	4%	4%	5%	4%	4%	2%	4%	3%	2%	*
Not sure	11%	12%	11%	10%	8%	12%	15%	9%	21%	12%	*
Totals	100%	101%	99%	100%	100%	99%	100%	101%	101%	100%	*
Unweighted N	(1,102)	(501)	(601)	(274)	(289)	(322)	(217)	(721)	(138)	(158)	(85)

	Party ID				2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	52%	57%	45%	56%	54%	52%	48%	53%	60%	58%	48%	52%	54%
Is helpful, but not essential	28%	25%	29%	29%	32%	31%	28%	30%	25%	23%	31%	26%	30%
Doesn't make much of a difference	5%	6%	5%	4%	3%	4%	7%	6%	2%	3%	6%	5%	6%
Is detrimental	4%	3%	5%	3%	2%	4%	4%	2%	5%	8%	3%	4%	1%
Not sure	11%	10%	16%	8%	9%	9%	13%	9%	8%	8%	12%	13%	10%
Totals	100%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	101%
Unweighted N	(1,102)	(386)	(405)	(311)	(434)	(411)	(440)	(296)	(252)	(196)	(204)	(437)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1M. Health Behaviors — Getting vaccinated

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	46%	42%	49%	39%	43%	45%	56%	48%	38%	45%	*
Is helpful, but not essential	28%	31%	26%	29%	32%	29%	23%	28%	35%	25%	*
Doesn't make much of a difference	14%	15%	12%	22%	14%	12%	10%	13%	13%	18%	*
Is detrimental	7%	7%	7%	4%	3%	10%	8%	8%	3%	5%	*
Not sure	6%	5%	6%	7%	8%	5%	3%	4%	12%	8%	*
Totals	101%	100%	100%	101%	100%	101%	100%	101%	101%	101%	*
Unweighted N	(1,100)	(496)	(604)	(270)	(288)	(324)	(218)	(717)	(140)	(158)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	46%	66%	35%	37%	71%	33%	44%	42%	53%	45%	45%	45%	47%
Is helpful, but not essential	28%	22%	33%	29%	21%	32%	28%	33%	26%	29%	29%	30%	25%
Doesn't make much of a difference	14%	8%	16%	18%	6%	15%	16%	14%	11%	12%	16%	14%	13%
Is detrimental	7%	2%	7%	11%	2%	13%	5%	7%	5%	10%	6%	5%	8%
Not sure	6%	1%	9%	6%	1%	7%	6%	4%	5%	4%	5%	6%	6%
Totals	101%	99%	100%	101%	101%	100%	99%	100%	100%	100%	101%	100%	99%
Unweighted N	(1,100)	(387)	(405)	(308)	(435)	(407)	(442)	(293)	(252)	(197)	(203)	(438)	(262)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1N. Health Behaviors — Avoiding alcohol consumption

When it comes to physical health, do you think that doing the following... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	36%	36%	36%	37%	40%	30%	41%	33%	43%	41%	*
Is helpful, but not essential	46%	47%	46%	48%	43%	50%	42%	50%	35%	42%	*
Doesn't make much of a difference	11%	12%	11%	11%	12%	10%	13%	13%	8%	11%	*
Is detrimental	4%	3%	5%	1%	2%	8%	3%	3%	5%	4%	*
Not sure	3%	2%	3%	3%	4%	3%	1%	1%	9%	2%	*
Totals	100%	100%	101%	100%	101%	101%	100%	100%	100%	100%	*
Unweighted N	(1,100)	(498)	(602)	(274)	(289)	(319)	(218)	(719)	(140)	(157)	(84)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	36%	41%	34%	34%	31%	32%	41%	36%	28%	35%	33%	38%	36%
Is helpful, but not essential	46%	42%	49%	47%	52%	48%	40%	46%	56%	44%	46%	47%	45%
Doesn't make much of a difference	11%	13%	9%	13%	13%	13%	10%	13%	14%	12%	17%	8%	11%
Is detrimental	4%	3%	3%	5%	3%	5%	6%	3%	2%	7%	4%	3%	3%
Not sure	3%	1%	5%	2%	1%	2%	4%	1%	1%	1%	1%	4%	4%
Totals	100%	100%	100%	101%	100%	100%	101%	99%	101%	99%	101%	100%	99%
Unweighted N	(1,100)	(387)	(404)	(309)	(435)	(407)	(439)	(297)	(251)	(197)	(202)	(437)	(264)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 10. Health Behaviors — Having strong social connections

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	36%	35%	37%	44%	36%	30%	36%	37%	39%	32%	*
Is helpful, but not essential	41%	42%	41%	36%	40%	44%	44%	42%	36%	41%	*
Doesn't make much of a difference	17%	18%	17%	11%	19%	19%	18%	18%	13%	19%	*
Is detrimental	2%	2%	3%	4%	2%	3%	0%	2%	3%	3%	*
Not sure	3%	3%	3%	5%	3%	3%	2%	2%	9%	5%	*
Totals	99%	100%	101%	100%	100%	99%	100%	101%	100%	100%	*
Unweighted N	(1,103)	(502)	(601)	(274)	(289)	(322)	(218)	(720)	(140)	(158)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	36%	40%	30%	38%	43%	34%	33%	35%	42%	40%	37%	33%	37%
Is helpful, but not essential	41%	41%	46%	37%	42%	43%	38%	42%	43%	39%	45%	41%	40%
Doesn't make much of a difference	17%	14%	17%	21%	12%	18%	22%	19%	10%	17%	11%	20%	20%
Is detrimental	2%	2%	3%	2%	0%	2%	2%	4%	2%	1%	4%	3%	1%
Not sure	3%	3%	4%	2%	3%	3%	4%	1%	2%	3%	4%	3%	2%
Totals	99%	100%	100%	100%	100%	100%	99%	101%	99%	100%	101%	100%	100%
Unweighted N	(1,103)	(388)	(404)	(311)	(436)	(411)	(441)	(297)	(252)	(195)	(203)	(439)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1P. Health Behaviors — Having low body fat

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	34%	33%	35%	33%	36%	35%	32%	32%	41%	43%	*
Is helpful, but not essential	51%	55%	48%	47%	44%	54%	58%	56%	36%	37%	*
Doesn't make much of a difference	8%	6%	9%	9%	12%	5%	5%	8%	4%	11%	*
Is detrimental	2%	2%	3%	2%	3%	2%	2%	2%	5%	2%	*
Not sure	5%	5%	4%	9%	4%	3%	3%	2%	15%	7%	*
Totals	100%	101%	99%	100%	99%	99%	100%	100%	101%	100%	*
Unweighted N	(1,100)	(499)	(601)	(273)	(287)	(321)	(219)	(719)	(139)	(157)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	34%	38%	29%	36%	32%	37%	31%	34%	38%	41%	25%	36%	38%
Is helpful, but not essential	51%	46%	55%	52%	55%	52%	50%	53%	54%	51%	54%	51%	49%
Doesn't make much of a difference	8%	9%	7%	7%	8%	7%	9%	8%	5%	3%	13%	7%	7%
Is detrimental	2%	3%	2%	3%	2%	1%	4%	2%	1%	4%	5%	1%	1%
Not sure	5%	4%	7%	2%	3%	2%	6%	3%	2%	1%	4%	6%	5%
Totals	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%	101%	101%	100%
Unweighted N	(1,100)	(388)	(402)	(310)	(435)	(409)	(440)	(296)	(252)	(197)	(203)	(436)	(264)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1Q. Health Behaviors — Avoiding processed foods

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	34%	34%	34%	30%	33%	38%	33%	31%	45%	36%	*
Is helpful, but not essential	51%	50%	51%	50%	48%	52%	53%	55%	34%	45%	*
Doesn't make much of a difference	9%	10%	8%	9%	12%	5%	11%	10%	5%	11%	*
Is detrimental	2%	1%	4%	4%	3%	2%	0%	2%	3%	3%	*
Not sure	4%	5%	3%	7%	4%	3%	3%	2%	13%	4%	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	99%	*
Unweighted N	(1,101)	(499)	(602)	(272)	(289)	(323)	(217)	(721)	(140)	(157)	(83)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	34%	36%	33%	33%	35%	36%	35%	30%	34%	34%	25%	37%	37%
Is helpful, but not essential	51%	49%	49%	54%	54%	51%	44%	58%	57%	52%	60%	44%	52%
Doesn't make much of a difference	9%	10%	9%	8%	7%	9%	12%	7%	6%	9%	8%	11%	6%
Is detrimental	2%	2%	4%	1%	1%	1%	3%	3%	0%	5%	4%	1%	1%
Not sure	4%	3%	6%	3%	2%	3%	6%	2%	2%	0%	3%	6%	4%
Totals	100%	100%	101%	99%	99%	100%	100%	100%	99%	100%	100%	99%	100%
Unweighted N	(1,101)	(389)	(404)	(308)	(435)	(407)	(442)	(294)	(251)	(198)	(204)	(435)	(264)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1R. Health Behaviors — Taking vitamins or supplements

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	31%	31%	31%	28%	30%	32%	33%	28%	47%	35%	*
Is helpful, but not essential	49%	48%	51%	51%	48%	49%	51%	52%	35%	45%	*
Doesn't make much of a difference	15%	15%	14%	13%	18%	14%	13%	16%	8%	14%	*
Is detrimental	1%	1%	1%	2%	1%	1%	2%	2%	0%	1%	*
Not sure	3%	4%	3%	5%	2%	4%	2%	2%	9%	5%	*
Totals	99%	99%	100%	99%	99%	100%	101%	100%	99%	100%	*
Unweighted N	(1,099)	(497)	(602)	(271)	(288)	(321)	(219)	(716)	(141)	(157)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	31%	36%	26%	33%	31%	32%	34%	27%	32%	27%	28%	34%	32%
Is helpful, but not essential	49%	48%	50%	51%	51%	53%	46%	57%	46%	50%	53%	47%	50%
Doesn't make much of a difference	15%	12%	18%	14%	16%	11%	15%	12%	18%	17%	16%	13%	15%
Is detrimental	1%	1%	2%	0%	0%	0%	1%	2%	3%	3%	1%	1%	1%
Not sure	3%	3%	5%	3%	2%	4%	5%	2%	1%	3%	2%	5%	2%
Totals	99%	100%	101%	101%	100%	100%	101%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,099)	(387)	(403)	(309)	(433)	(408)	(439)	(295)	(251)	(195)	(204)	(437)	(263)



# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1S. Health Behaviors — Avoiding sugar

When it comes to physical health, do you think that doing the following. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	28%	30%	27%	28%	27%	27%	31%	25%	41%	34%	*
Is helpful, but not essential	54%	52%	55%	51%	52%	57%	52%	58%	39%	47%	*
Doesn't make much of a difference	13%	13%	13%	15%	15%	10%	13%	14%	9%	9%	*
Is detrimental	2%	2%	3%	2%	3%	2%	2%	1%	3%	6%	*
Not sure	3%	3%	3%	4%	3%	3%	1%	2%	8%	4%	*
Totals	100%	100%	101%	100%	100%	99%	99%	100%	100%	100%	*
Unweighted N	(1,105)	(499)	(606)	(273)	(290)	(322)	(220)	(721)	(141)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	28%	32%	27%	27%	30%	27%	25%	28%	32%	32%	18%	30%	35%
Is helpful, but not essential	54%	50%	51%	60%	57%	60%	47%	61%	58%	55%	59%	50%	53%
Doesn't make much of a difference	13%	12%	16%	10%	9%	9%	20%	8%	6%	8%	17%	15%	7%
Is detrimental	2%	4%	2%	1%	2%	1%	4%	1%	2%	4%	3%	1%	2%
Not sure	3%	1%	4%	3%	1%	3%	4%	1%	1%	1%	3%	4%	2%
Totals	100%	99%	100%	101%	99%	100%	100%	99%	99%	100%	100%	100%	99%
Unweighted N	(1,105)	(390)	(405)	(310)	(437)	(409)	(443)	(297)	(252)	(196)	(204)	(440)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 1T. Health Behaviors — Having visible muscle tone

When it comes to physical health, do you think that doing the following. . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Is essential	15%	16%	14%	10%	19%	15%	16%	15%	20%	15%	*
Is helpful, but not essential	49%	51%	47%	47%	41%	56%	51%	50%	40%	51%	*
Doesn't make much of a difference	29%	26%	31%	32%	33%	26%	27%	31%	24%	19%	*
Is detrimental	2%	1%	2%	2%	4%	1%	0%	1%	4%	5%	*
Not sure	5%	5%	5%	9%	3%	3%	6%	3%	12%	10%	*
Totals	100%	99%	99%	100%	100%	101%	100%	100%	100%	100%	*
Unweighted N	(1,103)	(498)	(605)	(274)	(288)	(321)	(220)	(720)	(141)	(158)	(84)

	Party ID				2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Is essential	15%	16%	13%	17%	15%	18%	17%	17%	12%	22%	11%	16%	14%
Is helpful, but not essential	49%	46%	52%	50%	53%	50%	45%	47%	55%	42%	48%	47%	59%
Doesn't make much of a difference	29%	31%	27%	29%	26%	27%	29%	31%	29%	31%	34%	30%	20%
Is detrimental	2%	2%	1%	1%	1%	1%	3%	1%	0%	3%	0%	2%	2%
Not sure	5%	5%	7%	3%	5%	4%	6%	4%	3%	2%	7%	5%	5%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,103)	(389)	(405)	(309)	(436)	(410)	(441)	(297)	(252)	(193)	(204)	(440)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 2. Pressure to Conform

How often do you feel pressure to conform to societal standards of body size or weight?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Almost always	9%	7%	12%	7%	8%	15%	4%	11%	4%	8%	*
Usually	13%	10%	16%	24%	12%	11%	9%	14%	8%	14%	*
Sometimes	29%	26%	32%	24%	38%	24%	31%	28%	37%	26%	*
Rarely	21%	26%	17%	17%	20%	20%	27%	23%	12%	24%	*
Never	24%	28%	20%	23%	17%	28%	27%	22%	32%	24%	*
Not sure	4%	4%	3%	5%	6%	3%	2%	3%	7%	4%	*
Totals	100%	101%	100%	100%	101%	101%	100%	101%	100%	100%	*
Unweighted N	(1,108)	(502)	(606)	(274)	(290)	(324)	(220)	(723)	(142)	(158)	(85)

	Party ID				2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Almost always	9%	10%	8%	10%	10%	10%	8%	9%	11%	6%	10%	11%	7%
Usually	13%	15%	12%	13%	15%	9%	10%	14%	18%	17%	13%	11%	15%
Sometimes	29%	33%	29%	25%	34%	28%	29%	33%	25%	35%	29%	27%	29%
Rarely	21%	20%	20%	23%	20%	26%	18%	21%	24%	21%	19%	21%	24%
Never	24%	21%	24%	26%	19%	24%	30%	20%	20%	19%	26%	27%	20%
Not sure	4%	1%	7%	3%	2%	4%	5%	2%	2%	2%	3%	4%	5%
Totals	100%	100%	100%	100%	100%	101%	100%	99%	100%	100%	100%	101%	100%
Unweighted N	(1,108)	(390)	(407)	(311)	(438)	(411)	(443)	(298)	(253)	(198)	(204)	(441)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 3. Comparing Body Size

How often do you compare your body size or weight to others?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Almost always	11%	6%	16%	14%	9%	14%	6%	13%	6%	10%	*
Usually	11%	10%	12%	15%	12%	11%	9%	12%	8%	12%	*
Sometimes	26%	21%	30%	25%	27%	23%	28%	26%	27%	23%	*
Rarely	28%	35%	22%	22%	31%	28%	32%	27%	21%	33%	*
Never	21%	24%	18%	21%	14%	23%	25%	19%	31%	19%	*
Not sure	3%	4%	2%	4%	6%	2%	0%	2%	7%	2%	*
Totals	100%	100%	100%	101%	99%	101%	100%	99%	100%	99%	*
Unweighted N	(1,107)	(501)	(606)	(274)	(289)	(324)	(220)	(723)	(142)	(158)	(84)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Almost always	11%	10%	10%	13%	11%	11%	9%	12%	12%	9%	13%	12%	9%
Usually	11%	15%	10%	9%	14%	10%	6%	13%	19%	14%	10%	10%	14%
Sometimes	26%	27%	25%	26%	31%	30%	28%	24%	24%	30%	31%	23%	22%
Rarely	28%	26%	30%	29%	26%	29%	27%	31%	30%	29%	23%	28%	34%
Never	21%	21%	20%	21%	16%	19%	25%	19%	14%	18%	21%	23%	17%
Not sure	3%	1%	5%	1%	1%	1%	4%	1%	1%	0%	2%	4%	4%
Totals	100%	100%	100%	99%	99%	100%	99%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,107)	(389)	(407)	(311)	(437)	(411)	(443)	(297)	(253)	(198)	(203)	(441)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 4. Personally Experienced Weight-Based Prejudice

Have you personally ever faced prejudice in the following settings as a result of your weight? Select all that apply.

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Dating	18%	14%	22%	23%	17%	19%	14%	19%	17%	14%	*
Your family	15%	9%	20%	19%	19%	13%	8%	14%	12%	17%	*
The health care system	13%	8%	18%	10%	15%	16%	10%	14%	14%	12%	*
The job market	9%	8%	10%	6%	8%	13%	8%	9%	11%	9%	*
Restaurants and stores	6%	4%	8%	5%	10%	6%	3%	5%	10%	7%	*
Public transportation	5%	4%	6%	5%	6%	4%	4%	5%	7%	4%	*
The education system	5%	4%	5%	6%	5%	5%	2%	5%	4%	3%	*
None of the above	63%	67%	58%	51%	57%	63%	78%	64%	61%	60%	*
Prefer not to say	5%	5%	5%	10%	7%	4%	1%	5%	5%	9%	*
Unweighted N	(1,109)	(502)	(607)	(274)	(290)	(324)	(221)	(724)	(142)	(158)	(85)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Dating	18%	19%	19%	17%	21%	15%	18%	21%	19%	11%	22%	17%	20%
Your family	15%	18%	15%	11%	16%	10%	16%	15%	14%	14%	15%	14%	16%
The health care system	13%	16%	12%	12%	20%	9%	18%	11%	10%	9%	15%	13%	16%
The job market	9%	10%	9%	8%	14%	9%	10%	10%	8%	8%	10%	8%	12%
Restaurants and stores	6%	7%	6%	6%	9%	4%	7%	7%	5%	5%	5%	5%	10%
Public transportation	5%	8%	4%	2%	9%	3%	5%	5%	4%	3%	4%	6%	5%
The education system	5%	5%	6%	4%	5%	3%	6%	5%	4%	4%	4%	5%	6%
None of the above	63%	61%	61%	66%	61%	69%	61%	60%	67%	64%	60%	67%	58%
Prefer not to say	5%	4%	8%	4%	3%	5%	6%	7%	2%	6%	4%	5%	7%
Unweighted N	(1,109)	(390)	(407)	(312)	(438)	(412)	(444)	(298)	(253)	(198)	(204)	(441)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 5. View on Obesity

Which comes closer to your view about obesity?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
It is a complex chronic disease	39%	33%	44%	31%	31%	42%	50%	42%	36%	25%	*
It is the result of a lack of self-control	38%	44%	32%	41%	46%	33%	33%	36%	36%	46%	*
Neither	23%	23%	23%	27%	23%	25%	17%	22%	28%	28%	*
Totals	100%	100%	99%	99%	100%	100%	100%	100%	100%	99%	*
Unweighted N	(1,108)	(502)	(606)	(273)	(290)	(324)	(221)	(723)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
It is a complex chronic disease	39%	46%	35%	36%	58%	34%	42%	33%	40%	42%	38%	38%	40%
It is the result of a lack of self-control	38%	33%	37%	43%	27%	46%	31%	43%	45%	36%	33%	41%	40%
Neither	23%	21%	28%	21%	15%	20%	27%	24%	15%	22%	29%	22%	20%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	101%	100%
Unweighted N	(1,108)	(390)	(407)	(311)	(438)	(411)	(443)	(298)	(253)	(198)	(204)	(440)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 6. BMI Link to Health Outcomes

BMI, or Body Mass Index, is a measurement tool that calculates a person's body fat based on their weight and height. How good or bad of a predictor of health outcomes do you think BMI is?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very good	13%	15%	11%	13%	12%	14%	13%	12%	15%	19%	*
Somewhat good	44%	45%	43%	39%	38%	46%	53%	47%	28%	45%	*
Somewhat bad	16%	15%	17%	19%	21%	13%	11%	16%	20%	17%	*
Very bad	6%	3%	8%	3%	10%	6%	2%	6%	8%	1%	*
Not sure	21%	21%	21%	25%	19%	21%	20%	19%	30%	18%	*
Totals	100%	99%	100%	99%	100%	100%	99%	100%	101%	100%	*
Unweighted N	(1,109)	(502)	(607)	(274)	(290)	(324)	(221)	(724)	(142)	(158)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very good	13%	17%	10%	13%	14%	15%	13%	12%	15%	13%	7%	16%	15%
Somewhat good	44%	41%	38%	55%	49%	51%	39%	49%	52%	37%	44%	45%	48%
Somewhat bad	16%	14%	20%	13%	17%	13%	16%	16%	14%	25%	20%	13%	10%
Very bad	6%	7%	6%	4%	5%	6%	7%	5%	3%	4%	8%	6%	4%
Not sure	21%	21%	27%	15%	15%	15%	24%	19%	16%	21%	20%	20%	23%
Totals	100%	100%	101%	100%	100%	100%	99%	101%	100%	100%	99%	100%	100%
Unweighted N	(1,109)	(390)	(407)	(312)	(438)	(412)	(444)	(298)	(253)	(198)	(204)	(441)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 7. Link Between Weight and Health

How strongly linked do you think obesity is with health outcomes?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very strongly linked	45%	46%	44%	42%	40%	49%	48%	45%	41%	44%	*
Somewhat strongly linked	42%	42%	41%	41%	42%	38%	46%	44%	37%	41%	*
Not very strongly linked	4%	4%	4%	4%	5%	4%	2%	4%	5%	1%	*
Not at all linked	1%	1%	1%	0%	2%	2%	0%	1%	1%	4%	*
Not sure	8%	7%	9%	13%	10%	7%	3%	6%	15%	9%	*
Totals	100%	100%	99%	100%	99%	100%	99%	100%	99%	99%	*
Unweighted N	(1,108)	(502)	(606)	(274)	(289)	(324)	(221)	(724)	(142)	(157)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very strongly linked	45%	48%	42%	46%	48%	45%	40%	51%	49%	53%	41%	44%	47%
Somewhat strongly linked	42%	40%	39%	46%	42%	46%	45%	38%	42%	34%	47%	41%	43%
Not very strongly linked	4%	4%	5%	3%	4%	2%	4%	4%	5%	5%	2%	6%	3%
Not at all linked	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%	1%
Not sure	8%	6%	13%	4%	5%	6%	10%	7%	4%	8%	9%	9%	7%
Totals	100%	99%	100%	100%	100%	100%	100%	101%	101%	101%	100%	101%	101%
Unweighted N	(1,108)	(389)	(407)	(312)	(437)	(412)	(444)	(297)	(253)	(198)	(204)	(441)	(265)



# 8. Link Between Weight and Attractiveness

How strongly linked do you think a person's weight is with how physically attractive they are perceived to be?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very strongly linked	32%	31%	32%	31%	29%	30%	37%	32%	28%	37%	*
Somewhat strongly linked	43%	43%	42%	38%	45%	41%	47%	46%	33%	37%	*
Not very strongly linked	11%	11%	11%	15%	11%	11%	7%	10%	16%	11%	*
Not at all linked	4%	4%	4%	3%	4%	7%	3%	4%	5%	5%	*
Not sure	10%	11%	10%	13%	11%	12%	6%	9%	17%	10%	*
Totals	100%	100%	99%	100%	100%	101%	100%	101%	99%	100%	*
Unweighted N	(1,106)	(501)	(605)	(273)	(288)	(324)	(221)	(721)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very strongly linked	32%	35%	31%	29%	33%	33%	26%	32%	38%	37%	20%	36%	32%
Somewhat strongly linked	43%	38%	41%	49%	44%	48%	41%	48%	44%	45%	46%	38%	46%
Not very strongly linked	11%	10%	12%	11%	10%	9%	13%	9%	10%	11%	11%	12%	9%
Not at all linked	4%	8%	3%	3%	6%	2%	6%	2%	4%	3%	8%	4%	2%
Not sure	10%	10%	13%	8%	7%	8%	14%	9%	4%	4%	15%	10%	11%
Totals	100%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,106)	(388)	(407)	(311)	(436)	(411)	(443)	(298)	(251)	(198)	(204)	(440)	(264)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 9. Society Accepting of Obese People

How accepting do you think society is of people who are obese?

		Gender		Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very accepting	4%	5%	2%	4%	6%	3%	0%	4%	2%	6%	*
Somewhat accepting	24%	29%	19%	33%	25%	17%	23%	25%	19%	24%	*
Somewhat unaccepting	42%	42%	43%	37%	40%	43%	48%	43%	35%	39%	*
Very unaccepting	20%	13%	28%	13%	16%	25%	25%	20%	26%	18%	*
Not sure	10%	12%	9%	12%	14%	11%	4%	8%	18%	13%	*
Totals	100%	101%	101%	99%	101%	99%	100%	100%	100%	100%	*
Unweighted N	(1,108)	(502)	(606)	(274)	(290)	(323)	(221)	(723)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very accepting	4%	2%	3%	6%	2%	6%	3%	6%	3%	3%	2%	4%	4%
Somewhat accepting	24%	23%	22%	27%	20%	25%	22%	23%	28%	25%	25%	22%	23%
Somewhat unaccepting	42%	42%	44%	40%	44%	43%	41%	40%	49%	43%	45%	40%	42%
Very unaccepting	20%	25%	18%	18%	30%	16%	22%	20%	16%	21%	15%	23%	20%
Not sure	10%	8%	14%	9%	5%	10%	12%	11%	5%	8%	12%	10%	11%
Totals	100%	100%	101%	100%	101%	100%	100%	100%	101%	100%	99%	99%	100%
Unweighted N	(1,108)	(390)	(406)	(312)	(438)	(411)	(444)	(298)	(253)	(197)	(204)	(441)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 10. Societal Support for Weight Change

How supportive do you think society is of people who are obese attempting to lose weight?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very supportive	19%	22%	16%	18%	22%	17%	18%	18%	19%	27%	*
Somewhat supportive	45%	45%	46%	46%	40%	47%	48%	47%	37%	38%	*
Somewhat unsupportive	20%	19%	21%	20%	22%	17%	21%	19%	20%	18%	*
Very unsupportive	7%	5%	8%	8%	5%	8%	6%	7%	6%	7%	*
Not sure	9%	10%	9%	8%	11%	11%	7%	8%	18%	11%	*
Totals	100%	101%	100%	100%	100%	100%	100%	99%	100%	101%	*
Unweighted N	(1,106)	(502)	(604)	(273)	(290)	(323)	(220)	(722)	(142)	(158)	(84)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very supportive	19%	21%	14%	22%	16%	23%	17%	20%	21%	25%	15%	20%	18%
Somewhat supportive	45%	46%	44%	46%	47%	49%	41%	44%	49%	44%	48%	43%	48%
Somewhat unsupportive	20%	19%	21%	19%	22%	15%	23%	22%	16%	18%	17%	20%	22%
Very unsupportive	7%	8%	8%	4%	9%	5%	6%	6%	8%	5%	9%	8%	4%
Not sure	9%	6%	13%	9%	6%	8%	13%	8%	5%	8%	12%	10%	8%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%	101%	101%	100%
Unweighted N	(1,106)	(389)	(406)	(311)	(438)	(410)	(443)	(297)	(253)	(197)	(203)	(440)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 11. Societal Acceptance of Obesity

In your opinion, has our society...

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Gone too far in accepting people who are obese	20%	25%	14%	23%	21%	19%	15%	20%	13%	21%	*
Been about right when it comes to accepting people who are obese	28%	33%	23%	33%	31%	23%	27%	28%	24%	33%	*
Not gone far enough in accepting people who are obese	29%	20%	37%	22%	26%	33%	32%	30%	34%	20%	*
Not sure	24%	22%	25%	22%	22%	25%	26%	22%	30%	26%	*
Totals	101%	100%	99%	100%	100%	100%	100%	100%	101%	100%	*
Unweighted N	(1,109)	(502)	(607)	(274)	(290)	(324)	(221)	(724)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Gone too far in accepting people who are obese	20%	11%	21%	27%	13%	24%	15%	24%	22%	24%	23%	17%	18%
Been about right when it comes to accepting people who are obese	28%	29%	24%	31%	26%	32%	24%	35%	27%	23%	31%	29%	26%
Not gone far enough in accepting people who are obese	29%	42%	21%	24%	43%	22%	33%	22%	32%	29%	24%	31%	30%
Not sure	24%	17%	34%	19%	18%	22%	28%	19%	20%	24%	22%	23%	27%
Totals	101%	99%	100%	101%	100%	100%	100%	100%	101%	100%	100%	100%	101%
Unweighted N	(1,109)	(390)	(407)	(312)	(438)	(412)	(444)	(298)	(253)	(198)	(204)	(441)	(266)

**12. Heard About a New Weight Loss Drug**

How much have you heard about or read in the news recently about an antidiabetic and weight loss drug called semaglutide (sold under the brand names Ozempic, Wegovy, and Rybelsus)?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
A lot	41%	36%	46%	26%	35%	49%	50%	43%	41%	33%	*
A little	39%	41%	37%	45%	44%	34%	36%	39%	33%	34%	*
Nothing at all	20%	23%	18%	29%	22%	17%	15%	18%	26%	33%	*
Totals	100%	100%	101%	100%	101%	100%	101%	100%	100%	100%	*
Unweighted N	(1,107)	(502)	(605)	(274)	(289)	(323)	(221)	(723)	(142)	(157)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
A lot	41%	40%	39%	44%	51%	45%	43%	38%	46%	47%	38%	43%	37%
A little	39%	39%	39%	38%	36%	40%	34%	45%	37%	37%	42%	37%	40%
Nothing at all	20%	20%	22%	17%	13%	15%	23%	17%	17%	16%	20%	20%	23%
Totals	100%	99%	100%	99%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,107)	(389)	(407)	(311)	(437)	(411)	(444)	(296)	(253)	(198)	(204)	(440)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 13. Know Someone Who Has Taken New Weight Loss Drug

Do you personally know anyone who has taken semaglutide (sold under the brand names Ozempic, Wegovy, and Rybelsus) for weight loss purposes? Select all that apply.

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, me	7%	6%	8%	3%	5%	8%	11%	7%	4%	6%	*
Yes, a family member	14%	10%	17%	11%	12%	15%	16%	14%	16%	7%	*
Yes, a friend	16%	14%	18%	8%	13%	22%	18%	17%	13%	13%	*
Yes, an acquaintance	11%	9%	14%	11%	12%	15%	6%	13%	8%	8%	*
None of the above	61%	68%	55%	70%	61%	57%	60%	60%	63%	67%	*
Prefer not to say	2%	3%	2%	3%	5%	1%	0%	2%	0%	6%	*
Unweighted N	(1,109)	(502)	(607)	(274)	(290)	(324)	(221)	(724)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, me	7%	5%	6%	9%	8%	8%	6%	6%	7%	10%	5%	7%	6%
Yes, a family member	14%	13%	12%	16%	14%	19%	12%	14%	16%	14%	12%	17%	10%
Yes, a friend	16%	16%	14%	17%	21%	20%	13%	14%	27%	17%	10%	18%	18%
Yes, an acquaintance	11%	11%	12%	11%	11%	13%	9%	15%	11%	11%	9%	13%	12%
None of the above	61%	62%	64%	57%	55%	53%	64%	62%	53%	56%	72%	56%	62%
Prefer not to say	2%	1%	2%	4%	1%	4%	4%	0%	2%	3%	1%	2%	3%
Unweighted N	(1,109)	(390)	(407)	(312)	(438)	(412)	(444)	(298)	(253)	(198)	(204)	(441)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 14. Interest in New Weight Loss Drug Semaglutide

Semaglutide causes people to lose weight by suppressing their appetite and by slowing the rate at which food empties out of the stomach. Possible side effects include nausea, diarrhea, vomiting, and constipation. If semaglutide were available to you, how interested would you be in taking it to lose weight?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very interested	8%	7%	9%	4%	9%	12%	6%	9%	9%	5%	*
Somewhat interested	17%	13%	20%	18%	19%	15%	15%	16%	16%	22%	*
Not very interested	17%	17%	16%	19%	19%	13%	16%	17%	15%	13%	*
Not at all interested	45%	50%	40%	45%	38%	49%	47%	46%	43%	40%	*
Not sure	7%	8%	7%	12%	11%	4%	5%	5%	13%	13%	*
Not asked - has already taken it	7%	6%	8%	3%	5%	8%	11%	7%	4%	6%	*
Totals	101%	101%	100%	101%	101%	101%	100%	100%	100%	99%	*
Unweighted N	(1,106)	(501)	(605)	(274)	(288)	(323)	(221)	(722)	(141)	(158)	(85)

	Party ID				2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very interested	8%	9%	7%	8%	9%	9%	8%	8%	9%	8%	7%	10%	5%
Somewhat interested	17%	24%	13%	14%	22%	17%	14%	22%	21%	16%	14%	18%	17%
Not very interested	17%	17%	19%	13%	21%	13%	15%	19%	18%	12%	19%	14%	21%
Not at all interested	45%	38%	46%	51%	35%	47%	48%	39%	40%	48%	48%	44%	41%
Not sure	7%	7%	10%	5%	5%	5%	9%	6%	6%	6%	7%	6%	10%
Not asked - has already taken it	7%	5%	6%	9%	8%	8%	6%	6%	7%	10%	5%	7%	6%
Totals	101%	100%	101%	100%	100%	99%	100%	100%	101%	100%	100%	99%	100%
Unweighted N	(1,106)	(390)	(407)	(309)	(438)	(409)	(443)	(297)	(252)	(197)	(204)	(439)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 15. Safety of Weight Loss Drug Semaglutide

How safe or unsafe do you think the weight loss drug semaglutide is?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very safe	6%	7%	5%	3%	7%	7%	6%	7%	5%	6%	*
Somewhat safe	21%	18%	24%	19%	19%	24%	21%	22%	16%	20%	*
Somewhat unsafe	21%	20%	22%	22%	22%	21%	17%	22%	12%	16%	*
Very unsafe	11%	10%	13%	8%	13%	13%	11%	11%	12%	8%	*
Not sure	21%	23%	19%	18%	18%	19%	30%	20%	30%	18%	*
Not asked - has not heard of it	20%	23%	18%	29%	22%	17%	15%	18%	26%	33%	*
Totals	100%	101%	101%	99%	101%	101%	100%	100%	101%	101%	*
Unweighted N	(1,106)	(502)	(604)	(274)	(288)	(323)	(221)	(723)	(142)	(156)	(85)

	Party ID				2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very safe	6%	8%	5%	6%	10%	5%	5%	6%	8%	5%	4%	9%	4%
Somewhat safe	21%	23%	18%	22%	28%	23%	17%	21%	30%	25%	23%	17%	22%
Somewhat unsafe	21%	17%	19%	26%	17%	25%	22%	21%	18%	21%	21%	20%	22%
Very unsafe	11%	9%	12%	12%	8%	12%	15%	8%	8%	18%	7%	13%	8%
Not sure	21%	23%	23%	16%	24%	19%	18%	28%	21%	15%	25%	20%	21%
Not asked - has not heard of it	20%	20%	22%	17%	13%	15%	23%	17%	17%	16%	20%	20%	23%
Totals	100%	100%	99%	99%	100%	99%	100%	101%	102%	100%	100%	99%	100%
Unweighted N	(1,106)	(388)	(407)	(311)	(436)	(411)	(443)	(296)	(253)	(197)	(204)	(440)	(265)



# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 16. Effectiveness of Weight Loss Drug Semaglutide

How effective at helping people lose weight do you think the weight loss drug semaglutide is?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very effective	20%	17%	22%	11%	19%	27%	17%	20%	23%	17%	*
Somewhat effective	37%	36%	37%	40%	33%	36%	39%	39%	30%	29%	*
Not very effective	3%	4%	3%	3%	5%	4%	2%	3%	2%	2%	*
Not at all effective	2%	1%	2%	1%	3%	1%	2%	2%	0%	1%	*
Not sure	18%	19%	17%	15%	18%	16%	26%	18%	19%	18%	*
Not asked - has not heard of it	20%	23%	18%	29%	22%	17%	15%	18%	26%	33%	*
Totals	100%	100%	99%	99%	100%	101%	101%	100%	100%	100%	*
Unweighted N	(1,107)	(502)	(605)	(274)	(289)	(323)	(221)	(723)	(142)	(157)	(85)

	Party ID				2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very effective	20%	25%	14%	21%	24%	21%	18%	21%	24%	21%	15%	25%	16%
Somewhat effective	37%	34%	38%	38%	43%	39%	34%	37%	41%	41%	38%	33%	39%
Not very effective	3%	2%	3%	4%	3%	5%	4%	2%	4%	5%	2%	4%	3%
Not at all effective	2%	2%	1%	2%	1%	2%	2%	2%	1%	0%	2%	3%	1%
Not sure	18%	16%	21%	18%	16%	18%	19%	21%	14%	15%	24%	16%	19%
Not asked - has not heard of it	20%	20%	22%	17%	13%	15%	23%	17%	17%	16%	20%	20%	23%
Totals	100%	99%	99%	100%	100%	100%	100%	100%	101%	98%	101%	101%	101%
Unweighted N	(1,107)	(389)	(407)	(311)	(437)	(411)	(444)	(296)	(253)	(198)	(204)	(440)	(265)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 17. Weight Loss Drugs Good or Bad for Society

Do you think that the development of weight loss drugs such as semaglutide is overall a good or bad thing for society?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Good thing	28%	28%	28%	18%	33%	29%	30%	30%	24%	26%	*
Neither good nor bad	31%	31%	32%	33%	30%	33%	29%	31%	28%	31%	*
Bad thing	21%	22%	20%	28%	20%	18%	20%	21%	15%	21%	*
Not sure	20%	19%	20%	21%	17%	19%	21%	17%	33%	21%	*
Totals	100%	100%	100%	100%	100%	99%	100%	99%	100%	99%	*
Unweighted N	(1,109)	(502)	(607)	(274)	(290)	(324)	(221)	(724)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Good thing	28%	33%	23%	29%	40%	30%	25%	30%	38%	28%	25%	31%	26%
Neither good nor bad	31%	30%	31%	33%	33%	32%	30%	32%	31%	33%	34%	29%	33%
Bad thing	21%	16%	25%	22%	11%	21%	24%	19%	17%	26%	19%	21%	19%
Not sure	20%	21%	22%	16%	15%	18%	21%	19%	13%	12%	22%	19%	22%
Totals	100%	100%	101%	100%	99%	101%	100%	100%	99%	99%	100%	100%	100%
Unweighted N	(1,109)	(390)	(407)	(312)	(438)	(412)	(444)	(298)	(253)	(198)	(204)	(441)	(266)

**18. Risks and Benefits of Semaglutide**

Thinking about people who are obese using drugs such as semaglutide to lose weight, would you say that. . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
The benefits significantly outweigh the risks	11%	10%	12%	5%	10%	14%	14%	12%	8%	13%	*
The benefits somewhat outweigh the risks	23%	23%	23%	19%	19%	23%	29%	25%	16%	19%	*
The benefits and risks are balanced	17%	18%	16%	17%	19%	19%	14%	17%	19%	18%	*
The risks somewhat outweigh the benefits	17%	17%	17%	18%	18%	16%	16%	19%	15%	10%	*
The risks significantly outweigh the benefits	10%	10%	10%	16%	7%	8%	9%	9%	7%	12%	*
Not sure	23%	22%	23%	25%	27%	20%	19%	19%	36%	28%	*
Totals	101%	100%	101%	100%	100%	100%	101%	101%	101%	100%	*
Unweighted N	(1,109)	(502)	(607)	(274)	(290)	(324)	(221)	(724)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
The benefits significantly outweigh the risks	11%	15%	8%	11%	15%	13%	11%	11%	13%	9%	9%	13%	12%
The benefits somewhat outweigh the risks	23%	23%	22%	23%	30%	21%	17%	26%	29%	20%	24%	22%	24%
The benefits and risks are balanced	17%	21%	13%	18%	20%	18%	15%	19%	22%	21%	17%	16%	16%
The risks somewhat outweigh the benefits	17%	15%	14%	23%	13%	20%	19%	17%	16%	18%	20%	18%	11%

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	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
The risks significantly outweigh the benefits	10%	7%	12%	9%	5%	10%	12%	6%	9%	17%	7%	9%	8%
Not sure	23%	20%	30%	16%	16%	19%	27%	20%	12%	15%	24%	21%	29%
Totals	101%	101%	99%	100%	99%	101%	101%	99%	101%	100%	101%	99%	100%
Unweighted N	(1,109)	(390)	(407)	(312)	(438)	(412)	(444)	(298)	(253)	(198)	(204)	(441)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 19. Regulation of Weight Loss Drug Semaglutide

Do you think that access to weight loss drugs such as semaglutide should...?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Be much more regulated	20%	19%	20%	26%	19%	20%	16%	20%	23%	15%	*
Be somewhat more regulated	25%	23%	27%	28%	25%	24%	23%	24%	23%	23%	*
Have no change in regulation	19%	21%	18%	19%	18%	18%	22%	21%	12%	22%	*
Be somewhat less regulated	9%	10%	8%	3%	9%	11%	11%	9%	3%	10%	*
Be much less regulated	5%	4%	5%	3%	5%	5%	5%	4%	6%	9%	*
Not sure	23%	23%	22%	21%	25%	21%	24%	22%	33%	20%	*
Totals	101%	100%	100%	100%	101%	99%	101%	100%	100%	99%	*
Unweighted N	(1,107)	(502)	(605)	(274)	(289)	(324)	(220)	(722)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Be much more regulated	20%	20%	18%	21%	14%	20%	21%	17%	18%	27%	19%	21%	14%
Be somewhat more regulated	25%	26%	21%	28%	29%	27%	23%	27%	26%	30%	28%	18%	30%
Have no change in regulation	19%	17%	20%	20%	24%	24%	15%	20%	27%	15%	17%	18%	27%
Be somewhat less regulated	9%	8%	10%	8%	10%	7%	7%	10%	13%	10%	5%	11%	9%
Be much less regulated	5%	6%	3%	5%	6%	4%	5%	4%	4%	2%	3%	7%	4%
Not sure	23%	22%	28%	17%	17%	18%	28%	22%	12%	15%	29%	25%	16%
Totals	101%	99%	100%	99%	100%	100%	99%	100%	100%	99%	101%	100%	100%

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		Party ID			2024 Vote		Family Income (3 category)				Region		
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Unweighted N	(1,107)	(388)	(407)	(312)	(437)	(412)	(443)	(298)	(253)	(198)	(203)	(441)	(265)

**20. Insurance Coverage of Weight Loss Drugs**

Should prescription weight loss drugs be covered by private insurance?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	59%	54%	64%	42%	53%	65%	72%	64%	55%	53%	*
No	15%	17%	13%	25%	18%	10%	9%	12%	18%	15%	*
Not sure	26%	29%	23%	33%	28%	25%	19%	24%	27%	32%	*
Totals	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%	*
Unweighted N	(1,105)	(498)	(607)	(274)	(288)	(323)	(220)	(722)	(142)	(156)	(85)

		Party ID			2024 Vote		Family Income (3 category)			Region			
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	59%	64%	52%	63%	75%	61%	59%	61%	62%	57%	67%	60%	51%
No	15%	14%	16%	14%	9%	12%	15%	15%	16%	13%	11%	15%	19%
Not sure	26%	22%	32%	24%	17%	27%	26%	24%	22%	30%	21%	25%	29%
Totals	100%	100%	100%	101%	101%	100%	100%	100%	100%	100%	99%	100%	99%
Unweighted N	(1,105)	(388)	(406)	(311)	(436)	(410)	(443)	(296)	(252)	(198)	(203)	(439)	(265)

**21. Medicaid Coverage of Weight Loss Drugs**

Should prescription weight loss drugs be covered by Medicaid?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	54%	50%	58%	42%	54%	59%	58%	55%	61%	54%	*
No	21%	24%	17%	30%	22%	16%	17%	21%	16%	19%	*
Not sure	25%	26%	25%	28%	24%	25%	25%	25%	23%	28%	*
Totals	100%	100%	100%	100%	100%	100%	100%	101%	100%	101%	*
Unweighted N	(1,108)	(501)	(607)	(274)	(290)	(323)	(221)	(724)	(142)	(158)	(84)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes	54%	65%	50%	48%	74%	46%	56%	54%	55%	50%	56%	56%	51%
No	21%	15%	22%	26%	10%	26%	19%	21%	24%	22%	18%	22%	22%
Not sure	25%	20%	29%	26%	16%	28%	25%	25%	21%	28%	26%	22%	27%
Totals	100%	100%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,108)	(390)	(406)	(312)	(438)	(411)	(444)	(297)	(253)	(198)	(204)	(441)	(265)



# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 22. Weight Loss Drugs Access for Diabetes Patients

How likely do you think it is that the use of antidiabetic drugs like semaglutide for weight loss will make it harder for people with diabetes to access them?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very likely	17%	14%	20%	14%	24%	15%	15%	17%	18%	15%	*
Somewhat likely	26%	24%	28%	28%	29%	25%	22%	26%	26%	23%	*
Not very likely	17%	16%	17%	14%	14%	20%	18%	18%	16%	13%	*
Not at all likely	6%	8%	5%	1%	8%	8%	8%	6%	5%	9%	*
Not sure	33%	38%	29%	42%	26%	32%	36%	33%	35%	40%	*
Totals	99%	100%	99%	99%	101%	100%	99%	100%	100%	100%	*
Unweighted N	(1,105)	(501)	(604)	(274)	(287)	(323)	(221)	(723)	(142)	(155)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very likely	17%	21%	15%	16%	19%	17%	19%	16%	15%	18%	19%	16%	16%
Somewhat likely	26%	30%	22%	28%	35%	25%	24%	23%	33%	30%	28%	23%	27%
Not very likely	17%	15%	18%	17%	18%	19%	14%	20%	21%	16%	11%	19%	20%
Not at all likely	6%	7%	5%	7%	5%	9%	5%	7%	8%	9%	3%	8%	6%
Not sure	33%	27%	40%	32%	23%	31%	38%	34%	23%	27%	39%	34%	31%
Totals	99%	100%	100%	100%	100%	101%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,105)	(387)	(407)	(311)	(436)	(411)	(442)	(297)	(252)	(197)	(204)	(441)	(263)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 23. Rating of Overall Health

How would you describe your current overall health?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Excellent	11%	12%	10%	19%	17%	7%	4%	10%	15%	19%	*
Very good	22%	21%	22%	25%	23%	21%	20%	23%	20%	18%	*
Good	39%	40%	39%	34%	34%	40%	48%	40%	32%	37%	*
Fair	21%	20%	22%	14%	18%	25%	25%	21%	19%	21%	*
Poor	5%	5%	5%	4%	5%	7%	3%	4%	14%	2%	*
Prefer not to say	2%	2%	1%	2%	3%	1%	0%	2%	0%	3%	*
Totals	100%	100%	99%	98%	100%	101%	100%	100%	100%	100%	*
Unweighted N	(1,106)	(501)	(605)	(274)	(290)	(321)	(221)	(721)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Excellent	11%	13%	8%	12%	10%	14%	8%	8%	22%	9%	10%	11%	14%
Very good	22%	27%	18%	21%	25%	25%	14%	26%	33%	29%	21%	17%	27%
Good	39%	35%	42%	40%	41%	38%	40%	43%	33%	34%	39%	45%	33%
Fair	21%	20%	21%	22%	18%	19%	27%	19%	12%	21%	23%	20%	20%
Poor	5%	4%	8%	2%	6%	2%	9%	2%	0%	5%	5%	6%	4%
Prefer not to say	2%	0%	3%	2%	0%	2%	2%	2%	0%	2%	3%	1%	2%
Totals	100%	99%	100%	99%	100%	100%	100%	100%	100%	100%	101%	100%	100%
Unweighted N	(1,106)	(389)	(407)	(310)	(438)	(412)	(442)	(298)	(252)	(198)	(203)	(439)	(266)

# YouGov Survey: Health and Weight

May 22 - 25, 2025 - 1109 U.S. adult citizens



## 24. Perception of Current Body

How would you describe your current body weight?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Obese	11%	7%	15%	4%	9%	17%	12%	12%	8%	9%	*
Overweight	33%	31%	34%	21%	27%	36%	44%	35%	25%	26%	*
Healthy weight	47%	51%	43%	60%	51%	40%	41%	45%	50%	53%	*
Underweight	4%	5%	3%	7%	4%	3%	1%	3%	11%	4%	*
Not sure	3%	3%	2%	4%	4%	2%	0%	1%	7%	6%	*
Prefer not to say	3%	3%	3%	4%	6%	1%	0%	3%	0%	2%	*
Totals	101%	100%	100%	100%	101%	99%	98%	99%	101%	100%	*
Unweighted N	(1,106)	(500)	(606)	(273)	(289)	(323)	(221)	(721)	(142)	(158)	(85)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Obese	11%	11%	12%	11%	12%	10%	15%	6%	12%	11%	9%	13%	10%
Overweight	33%	31%	35%	32%	36%	35%	35%	36%	28%	41%	34%	30%	30%
Healthy weight	47%	51%	40%	51%	47%	48%	40%	48%	57%	40%	46%	47%	52%
Underweight	4%	2%	7%	1%	2%	3%	5%	3%	2%	6%	3%	4%	4%
Not sure	3%	2%	4%	2%	2%	2%	3%	3%	1%	0%	3%	5%	1%
Prefer not to say	3%	4%	2%	2%	1%	3%	3%	3%	1%	1%	6%	1%	4%
Totals	101%	101%	100%	99%	100%	101%	101%	99%	101%	99%	101%	100%	101%
Unweighted N	(1,106)	(390)	(405)	(311)	(438)	(409)	(443)	(297)	(252)	(197)	(204)	(440)	(265)

**YouGov Survey: Health and Weight**  
**May 22 - 25, 2025 - 1109 U.S. adult citizens**



<b>Interviewing Dates</b>	May 22 - 25, 2025
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2024 presidential vote, 2020 election turnout and presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. 2024 presidential vote, at time of weighting was estimated to be 48% Harris and 50% Trump. Baseline party identification is the respondent's most recent answer given around November 8, 2024, and is weighted to the estimated distribution at that time (31% Democratic, 32% Republican). The weights range from 0.052 to 5.573, with a mean of one and a standard deviation of 0.811.
<b>Number of respondents</b>	1109
<b>Margin of error</b>	± 3.8% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	60 questions not reported.