

YouGov-Cambridge Survey Results

Sample Size: 64303 GB Adults
Fieldwork: 13th April - 20th May 2011

Total	Gender		Age and Gender			Social Grade		Region						
	Male	Female	18-34	35-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland
64301	31251	33050	20217	21478	22604	36651	27650	15819	10545	6173	8231	14725	3215	5594
Unweighted Sample	33112	31189	18118	22528	23653	40918	23383	14285	9413	6396	7880	17012	3386	5929
%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Split A

Generally speaking, how much physical activity do you typically do in a normal day? By physical activity we mean any activity where your heart rate rises and you are at least slightly out of breath. It could include a brisk walk, going for a run, going to

0 minutes (None)	15	14	16	10	17	18	14	16	16	15	16	13	15	16	13
1 to 10 minutes	19	17	20	17	19	20	20	17	19	19	20	18	19	20	17
11 to 20 minutes	17	16	18	18	16	17	18	16	17	17	17	17	17	17	17
21 to 30 minutes	18	18	18	19	17	17	18	17	17	18	17	19	18	16	18
31 to 40 minutes	10	11	9	12	10	9	10	10	10	9	10	10	11	9	11
41 to 50 minutes	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
51 to 60 minutes	6	7	5	6	6	6	6	6	5	6	6	7	6	6	7
More than 60 minutes	7	9	5	8	7	7	6	9	7	7	7	6	7	8	8
Don't know	4	4	4	5	4	4	3	6	4	5	4	5	4	5	4

Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months?
(Include problems related to old age)

Yes, limited a lot	12	12	13	5	11	20	11	14	14	13	12	9	12	15	12
Yes, limited a little	20	19	21	11	17	31	20	20	21	21	21	17	21	21	19
No	68	69	66	85	71	49	69	66	66	67	67	74	68	64	69

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Unweighted Sample	64301	33112	31189	18118	22528	23653	40918	23383	14285	9413	6396	7880	17012	3386	5929
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Which of the following are affected by your disability? Please tick all that apply
 [Only asked to those who answered yes to the previous question=20762]

Movement	73	69	76	46	69	81	74	71	73	73	74	66	73	76	73
Looking after yourself	14	15	14	18	18	11	12	16	15	15	14	13	12	16	15
Memory	12	13	10	13	15	9	10	13	12	11	11	10	11	14	12
Hearing	11	13	9	6	8	14	10	11	11	12	12	8	10	11	10
Vision	9	10	7	8	8	10	8	9	9	9	9	8	9	9	7
Speech	3	3	2	5	3	1	2	3	2	2	2	4	2	3	2
Learning	2	3	2	6	3	1	2	3	2	2	2	3	2	3	2
Other	18	19	18	28	23	14	18	20	18	19	17	20	19	19	18
Don't know	5	6	4	11	5	3	5	5	4	5	4	8	5	5	5

Split B	10779	5239	5540	3402	3544	3833	6144	4635	2652	1768	1035	1380	2468	539	938
Unweighted Sample	10780	5486	5294	3018	3736	4026	6863	3917	2399	1618	1097	1289	2864	552	961
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Generally speaking, how would you describe your own physical health?

I am very healthy	12	11	12	14	10	11	12	10	10	9	11	13	14	10	12
I am quite healthy	64	64	64	61	63	67	66	62	62	65	66	63	65	65	63
TOTAL HEALTHY	76	75	76	75	73	78	78	72	72	74	77	76	79	75	75
I am quite unhealthy	19	19	19	19	20	17	17	21	21	20	17	18	16	18	19
I am very unhealthy	4	4	4	3	5	4	4	4	5	5	3	3	3	5	3
TOTAL UNHEALTHY	23	23	23	22	25	21	21	25	26	25	20	21	19	23	22
Don't know	2	2	2	3	2	1	1	3	2	1	2	3	2	2	3

And generally speaking, how would you describe your own physical fitness?

I am very fit	4	5	3	6	3	3	4	4	4	3	3	4	5	4	3
I am quite fit	48	49	47	47	44	52	49	47	45	50	49	46	51	47	47
TOTAL FIT	52	54	50	53	47	55	53	51	49	53	52	50	56	51	50
I am quite unfit	36	35	37	37	39	33	36	36	38	36	35	38	33	36	38
I am very unfit	10	8	11	6	12	10	9	10	11	8	11	9	9	11	10
TOTAL UNFIT	46	43	48	43	51	43	45	46	49	44	46	47	42	47	48
Don't know	2	2	2	3	2	2	2	3	2	2	1	3	2	3	3

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

How would you say your health generally compares with most people in this country?

I think I am healthier than most people	23	25	21	29	21	21	24	22	20	23	24	25	27	19	24
I am about the same as most people	55	52	58	57	56	54	56	55	56	56	54	55	55	55	55
I think I am less healthy than most people	18	19	17	12	19	21	17	19	20	18	18	15	15	22	19
Don't know	4	4	4	3	4	4	3	4	4	3	4	4	4	5	3

And how would you say your fitness generally compares with most people in this country?

I think I am fitter than most people	19	22	15	25	16	16	19	18	17	19	17	19	21	15	20
I think I am about the same as most people	54	52	56	57	55	51	55	53	53	55	58	54	55	53	52
I think am less fit than most people	23	22	24	16	24	27	22	23	25	22	22	23	20	27	24
Don't know	4	4	5	3	4	5	4	5	5	4	4	4	4	5	4

Taking everything into account, which of the following statements comes closest to your view on exercise?

I think I do too much exercise	1	1	1	2	1	0	1	1	1	1	1	1	1	1	1
I think I do about the right amount of exercise	29	31	27	32	24	29	28	29	27	29	25	28	33	25	26
I think I do too little exercise	68	65	71	64	73	68	70	66	69	68	71	68	65	71	72
Don't know	2	3	2	3	2	2	1	3	3	2	3	3	2	3	1

And taking everything into account, which of the following statements comes closest to the amount of exercise you would like to do?

I would like to do more exercise	68	66	70	73	71	61	70	65	67	70	68	70	66	66	71
I am happy with the amount of exercise I do	28	30	27	23	25	35	27	29	28	27	28	27	31	27	26
I would like to do less exercise	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Don't know	3	3	3	3	3	3	2	4	4	2	3	3	2	6	2

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Total	Male	Female	18-34	35-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland	
Split C Unweighted Sample	7327	3473	3854	2493	2503	2330	4308	3019	1784	1235	703	962	1622	357	664
	7360	3586	3774	2295	2646	2419	4760	2600	1616	1130	735	917	1916	370	676
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

There are lots of reasons why people are not able to exercise as much as they would like. Which, if any, of the following are reasons why you do not do more exercise? Please tick all that apply

I am too busy	44	45	43	57	49	25	48	39	41	46	44	44	47	44	42
I just cannot be bothered	27	27	27	35	26	20	26	28	28	27	26	29	26	25	28
I do not enjoy it	22	19	25	22	24	20	23	21	21	21	25	25	23	22	17
I have health problems	22	22	22	8	20	38	21	22	25	21	22	17	21	25	18
I cannot afford it	20	17	24	28	21	11	19	23	18	20	24	21	20	20	23
Exercise is not a priority for me	16	18	15	16	15	17	16	17	14	17	18	15	18	19	13
I am not good at sport	15	14	16	19	14	12	14	16	13	17	16	16	15	17	14
I am embarrassed	14	11	17	20	15	6	13	15	14	14	14	12	14	16	15
I would rather watch what I eat than exercise	9	8	11	9	8	10	10	9	8	10	10	10	10	10	8
There is nowhere nearby where I can exercise	6	6	7	9	5	5	6	7	6	7	5	8	6	7	7
Other	6	5	7	6	6	7	6	6	6	5	6	7	6	3	8
None of the above	4	4	3	3	3	4	3	4	4	3	4	2	4	2	4
Don't know	2	2	1	2	1	2	1	2	1	1	2	3	2	2	1

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Which ONE, if any, of the following would you say is the greatest risk to your own health?

Not doing enough exercise	23	21	25	17	22	30	26	20	23	22	25	21	23	23	25
Smoking	13	14	12	12	15	11	12	14	14	12	12	11	13	14	14
Eating a poor diet	12	12	11	18	13	5	11	12	12	12	11	12	10	13	12
Living a high-stress life	12	11	12	15	13	7	13	10	11	14	13	14	11	9	8
None of the above	12	11	13	6	9	19	12	12	11	12	11	9	14	12	12
Drinking too much alcohol	11	13	8	13	10	10	11	11	11	10	10	12	10	9	11
Not getting enough sleep	10	9	11	9	10	11	9	11	10	10	10	12	9	10	9
Engaging in dangerous behaviour	2	2	1	3	1	1	1	2	1	2	1	1	2	2	3
Not eating enough	1	1	1	1	1	1	1	1	1	2	1	1	1	1	1
Other	2	2	2	1	2	2	1	2	2	1	2	2	2	3	1
Don't know	4	5	4	5	4	4	3	5	4	3	4	5	5	5	4

Roughly how many portions of fruit and/or vegetables do you usually eat in a normal day? One portion generally means the amount of that fruit or vegetable that comfortably fills the palm of your hand.

None	5	6	4	6	6	2	3	7	5	5	4	6	4	4	5
1 or 2	34	35	32	40	36	27	31	37	38	35	34	30	29	32	39
3 or 4	37	37	38	36	37	38	39	36	35	38	36	38	40	38	37
5 or 6	18	17	20	12	16	26	21	15	18	17	20	18	22	18	15
7 or 8	2	2	3	2	2	4	3	2	2	3	2	3	3	4	2
More than 8	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Don't know	2	3	1	3	2	1	1	3	2	2	2	4	2	3	2

Roughly how many glasses of water do you drink in a normal day?

None	12	13	12	7	15	15	12	14	14	15	13	9	11	11	11
1 or 2	33	32	34	26	34	39	35	32	35	33	38	30	32	34	31
3 or 4	28	28	28	29	27	28	28	28	27	29	22	30	31	27	28
5 or 6	14	15	14	19	13	11	14	14	14	13	14	15	14	16	16
7 or 8	6	6	6	9	5	4	6	6	5	5	7	7	6	6	6
More than 8	4	4	4	7	4	2	4	4	4	3	4	5	4	5	5
Don't know	2	3	1	3	2	1	1	3	2	2	2	3	2	2	2

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Please say if you agree or disagree with the following statements.

I think I am too fat

Strongly agree	16	11	21	14	19	15	17	14	18	15	18	13	15	16	17
Agree	35	34	36	29	39	37	38	32	36	37	34	35	35	34	34
TOTAL AGREE	51	45	57	43	58	52	55	46	54	52	52	48	50	50	51
Neither agree nor disagree	16	18	15	16	15	18	15	18	15	18	15	15	17	15	18
Disagree	18	20	17	20	17	18	19	18	17	19	21	17	20	20	17
Strongly disagree	12	15	10	17	9	11	11	14	12	11	11	16	12	11	13
TOTAL DISAGREE	30	35	27	37	26	29	30	32	29	30	32	33	32	31	30
Don't know	2	2	1	3	1	1	1	3	2	1	1	3	2	3	2

Natural remedies are usually the best way to treat an illness

Strongly agree	2	2	3	2	2	2	2	3	2	2	4	3	2	3	2
Agree	13	11	14	11	11	15	13	12	12	14	10	15	12	15	12
TOTAL AGREE	15	13	17	13	13	17	15	15	14	16	14	18	14	18	14
Neither agree nor disagree	42	39	45	34	46	46	41	44	43	45	42	40	41	40	42
Disagree	26	26	25	29	25	24	27	24	26	24	26	25	27	23	27
Strongly disagree	12	15	9	15	12	9	13	11	12	11	12	11	12	12	13
TOTAL DISAGREE	38	41	34	44	37	33	40	35	38	35	38	36	39	35	40
Don't know	5	6	4	8	4	4	4	7	5	4	6	6	6	7	5

Other people think I'm too fat

Strongly agree	8	6	9	7	10	7	8	7	9	7	9	7	7	8	8
Agree	20	20	20	15	23	21	21	18	20	20	18	19	19	23	22
TOTAL AGREE	28	26	29	22	33	28	29	25	29	27	27	26	26	31	30
Neither agree nor disagree	23	24	22	18	25	25	23	23	25	24	20	22	22	22	22
Disagree	27	26	29	28	26	28	28	26	26	26	30	28	29	25	26
Strongly disagree	18	19	16	26	13	15	16	20	16	17	18	19	19	17	19
TOTAL DISAGREE	45	45	45	54	39	43	44	46	42	43	48	47	48	42	45
Don't know	4	5	4	6	4	3	3	6	4	5	4	5	4	5	3

I think I am too thin

Strongly agree	1	2	1	3	1	0	1	2	1	1	2	2	1	1	2
Agree	4	5	2	6	2	2	2	5	4	4	2	4	3	3	4
TOTAL AGREE	5	7	3	9	3	2	3	7	5	5	4	6	4	4	6
Neither agree nor disagree	10	12	7	11	9	9	9	10	10	11	9	9	8	11	10
Disagree	39	40	38	35	39	41	38	39	38	39	40	39	40	36	39
Strongly disagree	45	38	51	41	47	46	48	40	45	44	46	43	46	47	43
TOTAL DISAGREE	84	78	89	76	86	87	86	79	83	83	86	82	86	83	82
Don't know	2	3	1	3	2	1	1	3	2	1	1	3	2	3	2

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	
Other people think I'm too thin																
Strongly agree	2	2	1	3	1	1	1	2	2	1	3	2	1	1	1	
Agree	6	7	5	11	4	3	5	8	5	6	6	7	5	5	9	
TOTAL AGREE	8	9	6	14	5	4	6	10	7	7	9	9	6	6	10	
Neither agree nor disagree	12	15	10	14	12	11	12	13	13	13	8	13	11	13	14	
Disagree	37	37	38	31	38	42	38	36	36	39	40	36	39	32	33	
Strongly disagree	40	35	45	36	42	41	43	36	41	38	41	39	39	44	39	
TOTAL DISAGREE	77	72	83	67	80	83	81	72	77	77	81	75	78	76	72	
Don't know	3	4	2	4	3	2	2	4	3	3	2	4	3	4	3	
I usually want to know the number of calories in something before I eat it																
Strongly agree	4	3	5	7	3	3	4	4	4	5	4	4	4	4	3	
Agree	17	12	22	21	16	15	18	16	16	16	18	19	18	16	21	
TOTAL AGREE	21	15	27	28	19	18	22	20	20	21	22	23	22	20	24	
Neither agree nor disagree	23	23	22	19	24	25	22	24	24	24	23	24	20	23	21	
Disagree	34	35	33	29	34	38	35	33	34	34	35	31	36	37	33	
Strongly disagree	20	24	17	20	21	19	19	21	21	21	19	20	20	17	19	
TOTAL DISAGREE	54	59	50	49	55	57	54	54	55	55	54	51	56	54	52	
Don't know	2	3	1	3	1	1	1	3	2	1	1	3	2	3	2	
I often snack on junk food between meals																
Strongly agree	5	4	5	8	4	2	4	6	5	4	5	4	4	5	6	
Agree	25	25	25	36	27	14	23	28	26	26	25	26	23	26	30	
TOTAL AGREE	30	29	30	44	31	16	27	34	31	30	30	30	27	31	36	
Neither agree nor disagree	22	23	22	22	26	20	22	23	23	24	21	23	22	22	22	
Disagree	31	30	32	23	30	38	34	27	30	31	33	31	33	30	26	
Strongly disagree	15	15	15	7	11	26	17	13	15	15	16	13	17	14	14	
TOTAL DISAGREE	46	45	47	30	41	64	51	40	45	46	49	44	50	44	40	
Don't know	2	3	1	3	1	1	1	3	2	1	1	3	2	3	2	
Fatty food can cause cancer																
Strongly agree	6	6	7	7	6	6	6	6	6	7	7	5	7	5	5	
Agree	29	29	30	29	31	29	31	28	30	28	28	30	28	32	31	
TOTAL AGREE	35	35	37	36	37	35	37	34	36	35	35	35	35	37	36	
Neither agree nor disagree	35	35	35	31	35	38	36	33	36	39	31	35	34	32	33	
Disagree	13	13	13	15	12	11	13	13	11	11	17	14	13	12	13	
Strongly disagree	4	4	3	5	3	3	3	5	4	4	3	4	4	4	4	
TOTAL DISAGREE	17	17	16	20	15	14	16	18	15	15	20	18	17	16	17	
Don't know	13	14	12	14	13	12	11	15	12	12	13	13	14	14	13	

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Vitamin pills are bad for you															
Strongly agree	1	2	1	1	1	1	1	1	1	1	2	2	1	1	2
Agree	5	6	3	6	4	4	5	4	4	4	4	5	5	4	5
TOTAL AGREE	6	8	4	7	5	5	6	5	5	5	6	7	6	5	7
Neither agree nor disagree	39	41	37	32	39	44	38	40	39	44	35	37	37	36	41
Disagree	37	32	41	38	38	34	39	34	35	36	40	38	38	38	34
Strongly disagree	12	11	13	15	11	12	13	12	13	10	13	12	13	14	11
TOTAL DISAGREE	49	43	54	53	49	46	52	46	48	46	53	50	51	52	45
Don't know	6	8	5	8	6	5	5	8	7	5	6	6	6	6	7
Red meat is bad for you															
Strongly agree	3	3	4	4	3	3	3	3	3	4	3	5	4	4	3
Agree	11	10	12	9	10	13	11	11	10	11	11	13	11	12	10
TOTAL AGREE	14	13	16	13	13	16	14	14	13	15	14	18	15	16	13
Neither agree nor disagree	32	31	33	25	33	37	31	33	34	34	30	28	32	30	30
Disagree	38	37	39	41	39	35	40	35	38	37	41	39	38	37	38
Strongly disagree	13	16	11	16	12	11	12	14	13	13	14	11	13	13	15
TOTAL DISAGREE	51	53	50	57	51	46	52	49	51	50	55	50	51	50	53
Don't know	3	4	2	5	3	1	2	5	3	2	2	4	3	4	4
Healthy eating is a priority for me															
Strongly agree	8	7	9	8	6	10	8	8	7	8	10	8	9	8	6
Agree	35	30	39	33	31	39	39	29	33	33	34	37	38	35	31
TOTAL AGREE	43	37	48	41	37	49	47	37	40	41	44	45	47	43	37
Neither agree nor disagree	37	39	35	35	39	37	36	38	39	40	35	35	33	35	39
Disagree	16	18	14	18	19	11	14	18	16	15	17	14	15	16	17
Strongly disagree	3	4	2	3	4	2	3	4	3	3	3	3	2	3	4
TOTAL DISAGREE	19	22	16	21	23	13	17	22	19	18	20	17	17	19	21
Don't know	2	3	1	3	1	1	1	3	2	1	1	3	2	2	2
I watch what I eat															
Strongly agree	8	7	9	8	6	10	8	8	8	8	9	10	8	10	5
Agree	42	38	45	37	39	49	46	36	40	43	44	38	47	36	39
TOTAL AGREE	50	45	54	45	45	59	54	44	48	51	53	48	55	46	44
Neither agree nor disagree	29	30	28	28	31	28	28	30	29	30	28	31	26	30	30
Disagree	15	18	13	19	17	11	14	18	17	15	14	14	14	17	19
Strongly disagree	4	5	3	5	5	2	3	5	4	3	5	4	3	4	4
TOTAL DISAGREE	19	23	16	24	22	13	17	23	21	18	19	18	17	21	23
Don't know	2	2	1	3	2	1	1	3	2	1	1	3	2	3	2

	Gender		Age and Gender			Social Grade		Region							
	Total	Male	Female	18-34	35-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland
Split E	10780	5239	5541	3403	3544	3833	6145	4635	2652	1768	1035	1380	2469	539	938
Unweighted Sample	10781	5486	5295	3019	3736	4026	6864	3917	2399	1618	1097	1289	2865	552	961

% % % % % % % % % % % % % % % %

I am generally afraid of doctors

Strongly agree	3	2	4	4	3	3	3	3	3	3	3	2	4	2
Agree	10	10	10	13	9	8	9	11	10	10	10	10	8	9
TOTAL AGREE	13	12	14	17	12	11	12	14	13	13	13	13	12	11
Neither agree nor disagree	20	22	18	19	22	18	19	21	19	23	20	19	14	20
Disagree	36	33	38	36	37	35	37	35	36	34	38	34	37	40
Strongly disagree	30	30	30	26	28	35	32	27	30	29	28	30	30	31
TOTAL DISAGREE	66	63	68	62	65	70	69	62	66	63	66	64	67	67
Don't know	2	3	1	3	2	1	1	3	2	1	1	3	2	3

I eat more junk food when I'm feeling down or sad

Strongly agree	8	5	11	13	8	3	8	8	7	8	8	8	9	9
Agree	31	24	36	39	34	20	31	30	29	30	32	32	29	31
TOTAL AGREE	39	29	47	52	42	23	39	38	36	38	40	40	38	43
Neither agree nor disagree	21	24	18	19	22	21	20	22	23	22	17	22	20	16
Disagree	24	27	21	17	23	31	25	23	25	26	26	22	24	26
Strongly disagree	14	17	12	8	11	24	15	13	15	13	15	12	16	15
TOTAL DISAGREE	38	44	33	25	34	55	40	36	40	39	41	34	40	41
Don't know	2	3	1	4	2	1	1	3	2	1	1	4	2	3

Health and physical fitness is an important part of my life

Strongly agree	8	9	7	11	7	7	8	8	7	8	9	9	9	7
Agree	30	31	30	33	27	31	33	27	29	29	27	31	33	30
TOTAL AGREE	38	40	37	44	34	38	41	35	36	37	36	40	42	37
Neither agree nor disagree	36	35	38	30	38	40	36	36	38	39	38	35	34	35
Disagree	19	18	20	19	20	18	18	20	19	18	20	18	18	20
Strongly disagree	5	5	5	4	6	4	4	6	6	5	4	5	4	5
TOTAL DISAGREE	24	23	25	23	26	22	22	26	25	23	24	23	22	25
Don't know	2	3	1	3	2	1	1	3	2	1	1	3	2	3

You have to eat some meat in order to have a balanced diet

Strongly agree	13	17	10	20	11	10	13	14	12	14	14	14	14	16
Agree	47	49	46	45	46	50	48	46	49	49	49	43	45	46
TOTAL AGREE	60	66	56	65	57	60	61	60	61	63	63	57	59	62
Neither agree nor disagree	20	20	20	16	21	23	20	22	22	21	17	20	19	20
Disagree	11	8	14	9	13	11	12	10	10	10	12	13	13	10
Strongly disagree	6	3	8	5	6	5	6	5	5	5	6	6	7	5
TOTAL DISAGREE	17	11	22	14	19	16	18	15	15	15	18	19	20	15
Don't know	2	3	2	4	2	1	1	4	2	1	2	4	2	3

	Gender		Age and Gender			Social Grade		Region							
	Total	Male	Female	18-34	35-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland
Split E	10780	5239	5541	3403	3544	3833	6145	4635	2652	1768	1035	1380	2469	539	938
Unweighted Sample	10781	5486	5295	3019	3736	4026	6864	3917	2399	1618	1097	1289	2865	552	961
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

I am worried I will have a serious illness at some point in the next five years

Strongly agree	6	6	6	5	7	6	6	6	7	7	6	4	5	8	6
Agree	21	19	22	15	22	25	22	20	21	20	23	19	20	21	22
TOTAL AGREE	27	25	28	20	29	31	28	26	28	27	29	23	25	29	28
Neither agree nor disagree	32	33	31	25	35	36	32	32	33	33	30	35	32	28	31
Disagree	27	26	27	33	24	23	28	25	25	27	29	26	27	29	25
Strongly disagree	11	12	11	16	10	9	11	12	11	11	10	11	12	12	13
TOTAL DISAGREE	38	38	38	49	34	32	39	37	36	38	39	37	39	41	38
Don't know	3	4	3	5	3	2	2	4	3	3	2	4	4	3	4

Which of the following comes closest to your own view?

Children should be banned from buying and consuming unhealthy snack foods, just as with cigarettes and alcohol	36	37	34	27	32	46	37	34	33	36	35	36	37	36	38
There should not be restrictions on the snack foods children are allowed buy	45	45	45	54	47	35	44	46	47	44	45	46	43	47	44
Don't know	19	17	21	19	21	18	19	20	20	20	20	17	20	17	18

Which of the following comes closest to your own view?

The NHS should provide free treatment to all people who are clinically obese	20	21	20	14	23	23	21	20	22	19	21	20	18	18	24
The NHS should only provide free treatment to people who are clinically obese if they promise to change their lifestyle	19	20	17	12	21	23	20	17	20	18	17	20	18	21	18
The NHS should only provide free treatment to people who are clinically obese if they can prove that they have changed t	40	37	43	49	37	36	40	40	38	43	41	38	42	36	42
The NHS should not provide free treatment to people who are clinically obese	13	15	11	15	11	13	13	13	13	14	14	12	14	15	9
Don't know	8	7	8	9	8	6	6	9	7	7	7	10	8	8	8