

## YouGov-Cambridge Survey Results

Sample Size: 64303

Fieldwork: 13th April - 20th May 2011

|                          | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>64294</b> | 31246 | 33048  | 20214 | 21475 | 22604    | 36647 | 27648                 | 15816 | 10545    | 6171 | 8231   | 14723 | 3215  | 5594     |
| <b>Unweighted Sample</b> | <b>64295</b> | 33108 | 31187  | 18115 | 22525 | 23653    | 40915 | 23380                 | 14282 | 9413     | 6395 | 7880   | 17010 | 3386  | 5929     |
|                          | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |

### How many adults, other than you, live in your household?

|                            |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| None – I am the only adult | 18 | 15 | 20 | 12 | 19 | 21 | 19 | 15 | 17 | 16 | 17 | 20 | 17 | 15 | 19 |
| One                        | 51 | 51 | 51 | 44 | 50 | 57 | 54 | 46 | 52 | 52 | 52 | 43 | 52 | 52 | 50 |
| Two                        | 20 | 20 | 19 | 23 | 20 | 17 | 18 | 22 | 20 | 20 | 19 | 20 | 19 | 20 | 20 |
| Three                      | 8  | 9  | 7  | 12 | 8  | 4  | 6  | 10 | 7  | 8  | 8  | 10 | 7  | 8  | 8  |
| Four                       | 3  | 3  | 2  | 5  | 2  | 1  | 2  | 4  | 2  | 2  | 2  | 4  | 2  | 3  | 2  |
| Five                       | 1  | 1  | 1  | 2  | 0  | 0  | 1  | 1  | 1  | 1  | 1  | 2  | 1  | 1  | 1  |
| More than five             | 1  | 1  | 1  | 2  | 0  | 0  | 0  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 0  |

### How many children under 18 live in your household at the moment?

#### Boy(s)

|                |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| None           | 83 | 83 | 83 | 79 | 71 | 97 | 84 | 82 | 83 | 82 | 83 | 83 | 84 | 83 | 84 |
| One            | 13 | 12 | 13 | 15 | 21 | 2  | 12 | 13 | 13 | 13 | 13 | 13 | 12 | 12 | 13 |
| Two            | 4  | 4  | 4  | 4  | 7  | 0  | 3  | 4  | 3  | 4  | 4  | 3  | 4  | 4  | 4  |
| Three          | 1  | 1  | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  |
| Four           | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Five           | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| More than five | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |

#### Girl (s)

|                |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| None           | 84 | 84 | 85 | 81 | 73 | 98 | 85 | 83 | 84 | 84 | 84 | 83 | 85 | 85 | 86 |
| One            | 12 | 12 | 12 | 14 | 20 | 2  | 11 | 12 | 12 | 12 | 13 | 13 | 11 | 11 | 10 |
| Two            | 3  | 3  | 3  | 4  | 6  | 0  | 3  | 4  | 3  | 3  | 3  | 3  | 3  | 3  | 3  |
| Three          | 1  | 1  | 0  | 1  | 1  | 0  | 0  | 1  | 0  | 1  | 0  | 1  | 0  | 1  | 0  |
| Four           | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Five           | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| More than five | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

What time do you normally start to get up on a workday?

|          |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 am  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 1  | 0  | 0  | 1  | 1  | 0  | 0  | 0  |
| 3.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 am  | 1  | 1  | 0  | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  |
| 4.30 am  | 1  | 2  | 0  | 1  | 2  | 1  | 1  | 2  | 1  | 1  | 2  | 1  | 1  | 1  | 1  |
| 5.00 am  | 3  | 5  | 2  | 2  | 4  | 5  | 2  | 5  | 3  | 2  | 4  | 5  | 4  | 3  | 3  |
| 5.30 am  | 7  | 8  | 7  | 4  | 9  | 9  | 7  | 8  | 7  | 7  | 5  | 7  | 8  | 9  | 7  |
| 6.00 am  | 17 | 17 | 16 | 14 | 19 | 15 | 18 | 14 | 17 | 16 | 20 | 14 | 18 | 10 | 17 |
| 6.30 am  | 20 | 19 | 22 | 19 | 22 | 20 | 23 | 16 | 21 | 20 | 19 | 20 | 21 | 18 | 20 |
| 7.00 am  | 23 | 20 | 26 | 25 | 21 | 22 | 24 | 21 | 24 | 22 | 25 | 22 | 22 | 24 | 21 |
| 7.30 am  | 11 | 10 | 11 | 14 | 9  | 10 | 11 | 10 | 10 | 15 | 11 | 9  | 10 | 11 | 11 |
| 8.00 am  | 6  | 6  | 7  | 8  | 5  | 6  | 6  | 6  | 6  | 6  | 5  | 7  | 5  | 7  | 8  |
| 8.30 am  | 3  | 3  | 2  | 3  | 3  | 3  | 3  | 2  | 2  | 2  | 2  | 3  | 4  | 3  | 4  |
| 9.00 am  | 1  | 2  | 1  | 2  | 1  | 2  | 1  | 2  | 1  | 1  | 1  | 3  | 1  | 5  | 0  |
| 9.30 am  | 1  | 1  | 1  | 1  | 0  | 0  | 1  | 1  | 0  | 1  | 1  | 1  | 0  | 0  | 0  |
| 10.00 am | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 0  | 0  | 1  | 1  | 1  |
| 10.30 am | 0  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 2  | 0  | 0  | 0  |
| 11.00 am | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  |
| 11.30 am | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 12.00 am | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 1  | 0  |
| 12.30 pm | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  |
| 2.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 pm  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 2  | 1  |
| 3.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  |
| 4.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  |
| 5.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |
| 5.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 6.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 6.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 7.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 1                     | 1           | 0           | 0          | 1          | 0           | 0          | 1          |
| 7.30 pm                  | 0           | 0           | 0           | 0           | 0           | 1           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 1          |
| 8.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 1          | 0          |
| 9.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 9.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 10.00 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 10.30 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 11.00 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 11.30 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 12.00 am                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 12.30 am                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| Don't know               | 1           | 1           | 1           | 1           | 0           | 0           | 0           | 2                     | 1           | 0           | 1          | 1          | 1           | 2          | 1          |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
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|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

What time do you normally start to get up on a non-working day?

|          |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 5.00 am  | 0  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 0  | 0  | 1  | 0  | 1  | 1  | 1  |
| 5.30 am  | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 0  | 2  | 1  | 1  |
| 6.00 am  | 4  | 4  | 3  | 2  | 4  | 5  | 4  | 4  | 3  | 3  | 4  | 3  | 4  | 4  | 4  |
| 6.30 am  | 4  | 4  | 4  | 2  | 5  | 6  | 4  | 4  | 5  | 5  | 3  | 3  | 5  | 4  | 2  |
| 7.00 am  | 11 | 12 | 11 | 7  | 13 | 15 | 11 | 11 | 13 | 14 | 11 | 8  | 12 | 11 | 9  |
| 7.30 am  | 11 | 11 | 11 | 6  | 13 | 17 | 11 | 11 | 11 | 13 | 15 | 9  | 13 | 5  | 8  |
| 8.00 am  | 19 | 19 | 19 | 17 | 20 | 21 | 21 | 16 | 17 | 18 | 22 | 17 | 20 | 20 | 23 |
| 8.30 am  | 13 | 11 | 15 | 12 | 13 | 13 | 13 | 11 | 14 | 14 | 11 | 12 | 13 | 12 | 10 |
| 9.00 am  | 15 | 14 | 15 | 17 | 14 | 12 | 15 | 15 | 13 | 14 | 13 | 18 | 13 | 18 | 18 |
| 9.30 am  | 6  | 6  | 6  | 8  | 6  | 3  | 6  | 6  | 7  | 7  | 7  | 5  | 6  | 5  | 6  |
| 10.00 am | 8  | 9  | 8  | 14 | 6  | 4  | 8  | 9  | 8  | 7  | 8  | 13 | 7  | 9  | 8  |
| 10.30 am | 2  | 3  | 2  | 4  | 1  | 1  | 2  | 3  | 1  | 2  | 1  | 4  | 2  | 1  | 5  |
| 11.00 am | 2  | 1  | 2  | 3  | 1  | 1  | 1  | 2  | 2  | 1  | 2  | 2  | 2  | 3  | 3  |
| 11.30 am | 1  | 1  | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 1  | 0  | 1  | 0  | 1  | 1  |
| 12.00 am | 0  | 0  | 1  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 0  | 1  | 0  | 1  | 0  |
| 12.30 pm | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 1  | 0  |
| 1.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 5.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 5.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 6.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 6.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 7.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 7.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |
| 8.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 1           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 1          | 1          | 0           | 0          | 0          |
| 9.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 9.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 10.00 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 1          | 0           | 0          | 0          |
| 10.30 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 11.00 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 11.30 pm                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 12.00 am                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 12.30 am                 | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| Don't know               | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 1                     | 0           | 0           | 0          | 0          | 0           | 2          | 0          |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

What time do you normally start to go to bed on a workday?

|          |   |   |    |   |   |    |   |   |   |    |    |   |   |    |   |
|----------|---|---|----|---|---|----|---|---|---|----|----|---|---|----|---|
| 1.00 am  | 2 | 3 | 1  | 3 | 2 | 2  | 2 | 2 | 2 | 3  | 1  | 2 | 1 | 6  | 2 |
| 1.30 am  | 1 | 1 | 0  | 1 | 1 | 0  | 0 | 1 | 1 | 0  | 0  | 1 | 0 | 1  | 1 |
| 2.00 am  | 1 | 1 | 1  | 1 | 1 | 1  | 1 | 1 | 1 | 0  | 0  | 1 | 1 | 1  | 1 |
| 2.30 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 1 | 0 | 1  | 0 |
| 3.00 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 3.30 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 4.00 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 4.30 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 5.00 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 5.30 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 6.00 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 6.30 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 7.00 am  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 7.30 am  | 0 | 0 | 0  | 0 | 0 | 1  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 8.00 am  | 0 | 1 | 0  | 1 | 0 | 0  | 0 | 1 | 0 | 1  | 0  | 1 | 0 | 1  | 0 |
| 8.30 am  | 0 | 1 | 0  | 1 | 0 | 0  | 0 | 1 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 9.00 am  | 1 | 1 | 1  | 1 | 2 | 1  | 1 | 2 | 1 | 1  | 2  | 1 | 1 | 1  | 2 |
| 9.30 am  | 2 | 2 | 2  | 2 | 3 | 2  | 2 | 2 | 2 | 3  | 2  | 1 | 3 | 2  | 3 |
| 10.00 am | 6 | 5 | 7  | 5 | 6 | 6  | 6 | 6 | 5 | 8  | 7  | 4 | 7 | 3  | 5 |
| 10.30 am | 9 | 7 | 10 | 8 | 8 | 11 | 9 | 8 | 8 | 10 | 12 | 8 | 9 | 10 | 5 |
| 11.00 am | 7 | 7 | 7  | 6 | 8 | 7  | 7 | 8 | 7 | 8  | 5  | 8 | 6 | 5  | 9 |
| 11.30 am | 4 | 5 | 3  | 4 | 4 | 5  | 4 | 5 | 4 | 4  | 6  | 5 | 4 | 6  | 2 |
| 12.00 am | 3 | 3 | 3  | 3 | 3 | 2  | 3 | 3 | 3 | 3  | 1  | 3 | 4 | 3  | 3 |
| 12.30 pm | 1 | 2 | 1  | 2 | 1 | 1  | 2 | 1 | 1 | 1  | 2  | 2 | 2 | 2  | 1 |
| 1.00 pm  | 0 | 1 | 0  | 0 | 1 | 0  | 0 | 1 | 1 | 0  | 0  | 1 | 0 | 2  | 0 |
| 1.30 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 2.00 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 1  | 0 |
| 2.30 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 3.00 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 3.30 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 4.00 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 4.30 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 5.00 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 5.30 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 6.00 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 6.30 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |
| 7.00 pm  | 0 | 0 | 0  | 0 | 0 | 0  | 0 | 0 | 0 | 0  | 0  | 0 | 0 | 0  | 0 |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |
| 7.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 1           | 0          | 0          |
| 8.30 pm                  | 0           | 0           | 1           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 2          | 0          | 0           | 0          | 0          |
| 9.00 pm                  | 3           | 2           | 3           | 2           | 3           | 3           | 2           | 4                     | 3           | 2           | 2          | 2          | 3           | 1          | 1          |
| 9.30 pm                  | 2           | 1           | 3           | 3           | 2           | 2           | 2           | 2                     | 2           | 3           | 3          | 1          | 3           | 2          | 2          |
| 10.00 pm                 | 15          | 12          | 18          | 15          | 16          | 13          | 16          | 14                    | 15          | 15          | 15         | 15         | 14          | 14         | 16         |
| 10.30 pm                 | 11          | 10          | 12          | 12          | 10          | 11          | 12          | 10                    | 11          | 8           | 13         | 10         | 13          | 12         | 13         |
| 11.00 pm                 | 14          | 15          | 14          | 15          | 14          | 15          | 16          | 12                    | 14          | 16          | 14         | 17         | 14          | 10         | 13         |
| 11.30 pm                 | 7           | 8           | 6           | 6           | 7           | 7           | 6           | 7                     | 7           | 5           | 6          | 6          | 7           | 9          | 8          |
| 12.00 am                 | 5           | 6           | 4           | 6           | 4           | 5           | 5           | 4                     | 6           | 4           | 4          | 7          | 4           | 4          | 6          |
| 12.30 am                 | 2           | 3           | 1           | 2           | 2           | 2           | 2           | 2                     | 1           | 2           | 2          | 3          | 2           | 2          | 2          |
| Don't know               | 1           | 1           | 1           | 1           | 1           | 0           | 0           | 2                     | 1           | 0           | 0          | 1          | 1           | 2          | 1          |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

What time do you normally start to go to bed on a non-working day?

|          |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1.00 am  | 5 | 7 | 3 | 6 | 5 | 3 | 5 | 5 | 5 | 5 | 3 | 5 | 5 | 5 | 7 |
| 1.30 am  | 1 | 2 | 1 | 2 | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 2 |
| 2.00 am  | 3 | 4 | 2 | 5 | 2 | 2 | 3 | 4 | 4 | 2 | 4 | 3 | 2 | 4 | 4 |
| 2.30 am  | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1 |
| 3.00 am  | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 2 | 0 | 0 | 2 |
| 3.30 am  | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 1 |
| 4.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 4.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 9.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 9.30 am  | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 |
| 10.00 am | 2 | 2 | 2 | 1 | 2 | 3 | 2 | 2 | 2 | 3 | 1 | 1 | 3 | 2 | 2 |
| 10.30 am | 3 | 3 | 4 | 2 | 4 | 5 | 4 | 3 | 3 | 5 | 4 | 2 | 4 | 2 | 2 |
| 11.00 am | 6 | 5 | 7 | 5 | 6 | 8 | 6 | 6 | 7 | 6 | 6 | 5 | 7 | 3 | 5 |
| 11.30 am | 5 | 4 | 6 | 4 | 5 | 7 | 5 | 5 | 5 | 6 | 5 | 4 | 6 | 5 | 4 |
| 12.00 am | 7 | 7 | 7 | 8 | 8 | 4 | 7 | 7 | 7 | 7 | 6 | 9 | 7 | 7 | 7 |
| 12.30 pm | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 5 | 3 |
| 1.00 pm  | 2 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 1 | 2 | 4 | 1 | 1 | 1 |
| 1.30 pm  | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 2 | 1 | 2 | 1 | 2 | 0 |
| 2.00 pm  | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 |
| 2.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 3.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 3.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |
| 7.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 1          | 0          | 0           | 0          | 0          |
| 9.00 pm                  | 1           | 1           | 1           | 0           | 1           | 1           | 1           | 1                     | 1           | 0           | 1          | 2          | 1           | 0          | 0          |
| 9.30 pm                  | 1           | 1           | 1           | 1           | 1           | 1           | 1           | 1                     | 1           | 1           | 1          | 0          | 1           | 1          | 1          |
| 10.00 pm                 | 6           | 5           | 7           | 4           | 6           | 8           | 6           | 5                     | 5           | 7           | 6          | 4          | 7           | 6          | 5          |
| 10.30 pm                 | 6           | 5           | 7           | 4           | 7           | 9           | 6           | 6                     | 6           | 4           | 9          | 6          | 8           | 4          | 5          |
| 11.00 pm                 | 16          | 14          | 17          | 15          | 15          | 17          | 16          | 15                    | 15          | 18          | 18         | 15         | 14          | 19         | 14         |
| 11.30 pm                 | 11          | 11          | 11          | 10          | 11          | 11          | 12          | 9                     | 10          | 12          | 12         | 9          | 11          | 12         | 12         |
| 12.00 am                 | 10          | 12          | 9           | 12          | 10          | 8           | 10          | 11                    | 11          | 10          | 8          | 11         | 9           | 10         | 14         |
| 12.30 am                 | 5           | 4           | 5           | 6           | 4           | 4           | 4           | 5                     | 5           | 3           | 5          | 6          | 5           | 3          | 4          |
| Don't know               | 2           | 2           | 1           | 2           | 2           | 1           | 1           | 3                     | 2           | 1           | 1          | 2          | 2           | 2          | 1          |

|                          | Gender      |             | bpcage      |             |            | socgrade    |             | New GOR for Weighting |             |            |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|------------|-------------|-------------|-----------------------|-------------|------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54      | 55+         | ABC1        | C2DE                  | North       | Midlands   | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>4517</b> | <b>2002</b> | <b>2515</b> | <b>1092</b> | <b>752</b> | <b>2673</b> | <b>2246</b> | <b>2271</b>           | <b>1179</b> | <b>768</b> | <b>437</b> | <b>481</b> | <b>1032</b> | <b>209</b> | <b>410</b> |
| <b>Unweighted Sample</b> | <b>4299</b> | <b>2234</b> | <b>2065</b> | <b>883</b>  | <b>730</b> | <b>2686</b> | <b>2463</b> | <b>1836</b>           | <b>1021</b> | <b>630</b> | <b>456</b> | <b>411</b> | <b>1150</b> | <b>242</b> | <b>389</b> |
|                          | %           | %           | %           | %           | %          | %           | %           | %                     | %           | %          | %          | %          | %           | %          | %          |

What time do you normally start to get up on a weekday?

|          |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  |
| 2.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 am  | 0  | 1  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  |
| 4.30 am  | 0  | 1  | 0  | 0  | 1  | 0  | 0  | 1  | 1  | 1  | 0  | 0  | 0  | 1  | 0  |
| 5.00 am  | 1  | 1  | 1  | 0  | 1  | 2  | 1  | 2  | 1  | 2  | 1  | 1  | 1  | 1  | 0  |
| 5.30 am  | 2  | 1  | 2  | 1  | 2  | 2  | 1  | 2  | 2  | 1  | 1  | 2  | 2  | 3  | 1  |
| 6.00 am  | 5  | 5  | 5  | 5  | 6  | 5  | 5  | 5  | 5  | 5  | 6  | 4  | 7  | 3  | 3  |
| 6.30 am  | 10 | 9  | 10 | 8  | 13 | 9  | 10 | 9  | 8  | 10 | 11 | 13 | 10 | 10 | 9  |
| 7.00 am  | 18 | 18 | 18 | 15 | 24 | 18 | 18 | 18 | 17 | 18 | 22 | 16 | 19 | 20 | 18 |
| 7.30 am  | 17 | 17 | 18 | 15 | 14 | 19 | 19 | 16 | 18 | 15 | 18 | 16 | 18 | 20 | 18 |
| 8.00 am  | 18 | 17 | 19 | 14 | 14 | 21 | 20 | 17 | 16 | 20 | 22 | 14 | 17 | 19 | 24 |
| 8.30 am  | 10 | 10 | 10 | 9  | 8  | 11 | 11 | 9  | 13 | 10 | 6  | 10 | 9  | 6  | 9  |
| 9.00 am  | 7  | 7  | 7  | 9  | 6  | 6  | 7  | 6  | 8  | 7  | 4  | 6  | 7  | 5  | 7  |
| 9.30 am  | 3  | 3  | 2  | 3  | 3  | 2  | 2  | 3  | 2  | 1  | 2  | 6  | 3  | 2  | 2  |
| 10.00 am | 3  | 4  | 2  | 7  | 3  | 1  | 2  | 4  | 4  | 3  | 1  | 3  | 3  | 3  | 4  |
| 10.30 am | 1  | 1  | 0  | 1  | 1  | 0  | 0  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 0  |
| 11.00 am | 1  | 1  | 1  | 4  | 0  | 0  | 0  | 2  | 1  | 1  | 1  | 2  | 1  | 1  | 2  |
| 11.30 am | 1  | 1  | 1  | 2  | 0  | 0  | 0  | 1  | 0  | 1  | 0  | 3  | 0  | 1  | 0  |
| 12.00 am | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 12.30 pm | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 2  | 0  |
| 1.00 pm  | 0  | 1  | 0  | 2  | 0  | 0  | 0  | 1  | 0  | 0  | 2  | 0  | 1  | 0  | 0  |
| 1.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 5.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |

|                          | Gender      |             | bpcage      |             |            | socgrade    |             | New GOR for Weighting |             |            |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|------------|-------------|-------------|-----------------------|-------------|------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54      | 55+         | ABC1        | C2DE                  | North       | Midlands   | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>4517</b> | <b>2002</b> | <b>2515</b> | <b>1092</b> | <b>752</b> | <b>2673</b> | <b>2246</b> | <b>2271</b>           | <b>1179</b> | <b>768</b> | <b>437</b> | <b>481</b> | <b>1032</b> | <b>209</b> | <b>410</b> |
| <b>Unweighted Sample</b> | <b>4299</b> | <b>2234</b> | <b>2065</b> | <b>883</b>  | <b>730</b> | <b>2686</b> | <b>2463</b> | <b>1836</b>           | <b>1021</b> | <b>630</b> | <b>456</b> | <b>411</b> | <b>1150</b> | <b>242</b> | <b>389</b> |
|                          | %           | %           | %           | %           | %          | %           | %           | %                     | %           | %          | %          | %          | %           | %          | %          |
| 5.30 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 6.00 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 6.30 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 7.00 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 7.30 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 1           | 0                     | 0           | 0          | 0          | 0          | 0           | 1          | 0          |
| 8.00 pm                  | 0           | 0           | 0           | 1           | 0          | 0           | 0           | 0                     | 0           | 1          | 0          | 0          | 0           | 0          | 0          |
| 8.30 pm                  | 0           | 0           | 0           | 0           | 1          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 9.00 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 9.30 pm                  | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 10.00 pm                 | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 1          | 0          |
| 10.30 pm                 | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 11.00 pm                 | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 11.30 pm                 | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 12.00 am                 | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| 12.30 am                 | 0           | 0           | 0           | 0           | 0          | 0           | 0           | 0                     | 0           | 0          | 0          | 0          | 0           | 0          | 0          |
| Don't know               | 1           | 1           | 0           | 1           | 1          | 0           | 0           | 1                     | 1           | 2          | 0          | 0          | 1           | 1          | 0          |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

What time do you normally start to go to bed on a weekday?

|          |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1.00 am  | 2 | 3 | 1 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 1 | 2 | 1 | 8 | 2 |
| 1.30 am  | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 2.00 am  | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 1 |
| 2.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 1 |
| 3.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 3.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 5.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 7.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 8.30 am  | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 9.00 am  | 1 | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 0 | 2 | 1 | 1 |
| 9.30 am  | 1 | 1 | 2 | 1 | 2 | 1 | 1 | 2 | 2 | 3 | 1 | 1 | 1 | 1 | 1 |
| 10.00 am | 4 | 3 | 5 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 3 | 4 | 4 | 2 | 4 |
| 10.30 am | 5 | 4 | 6 | 4 | 5 | 7 | 5 | 5 | 5 | 5 | 7 | 4 | 5 | 5 | 3 |
| 11.00 am | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 3 | 4 | 4 | 4 | 4 | 3 | 5 |
| 11.30 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 3 | 2 |
| 12.00 am | 2 | 3 | 2 | 3 | 2 | 1 | 3 | 2 | 2 | 2 | 1 | 2 | 4 | 1 | 1 |
| 12.30 pm | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 2 | 1 |
| 1.00 pm  | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 0 |
| 1.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 2.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 2.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 3.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 3.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3261</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3929</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6529</b> | <b>3346</b> | <b>3183</b> | <b>2155</b> | <b>3046</b> | <b>1328</b> | <b>4469</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>636</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |
| 6.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 6.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 7.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 7.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.30 pm                  | 1           | 0           | 1           | 1           | 1           | 1           | 1           | 1                     | 0           | 1           | 2          | 1          | 1           | 1          | 0          |
| 9.00 pm                  | 3           | 2           | 3           | 2           | 3           | 3           | 3           | 3                     | 3           | 2           | 4          | 3          | 3           | 1          | 2          |
| 9.30 pm                  | 4           | 3           | 5           | 4           | 3           | 3           | 4           | 3                     | 3           | 4           | 4          | 3          | 5           | 4          | 3          |
| 10.00 pm                 | 19          | 16          | 22          | 19          | 20          | 16          | 19          | 18                    | 18          | 18          | 21         | 18         | 19          | 16         | 20         |
| 10.30 pm                 | 15          | 14          | 16          | 15          | 14          | 15          | 16          | 12                    | 14          | 13          | 19         | 13         | 15          | 16         | 15         |
| 11.00 pm                 | 16          | 17          | 14          | 15          | 16          | 15          | 16          | 14                    | 17          | 17          | 13         | 20         | 13          | 12         | 14         |
| 11.30 pm                 | 8           | 9           | 7           | 7           | 8           | 10          | 8           | 7                     | 7           | 7           | 7          | 9          | 8           | 12         | 9          |
| 12.00 am                 | 5           | 6           | 4           | 5           | 5           | 4           | 5           | 5                     | 6           | 5           | 3          | 4          | 4           | 5          | 8          |
| 12.30 am                 | 2           | 3           | 1           | 3           | 1           | 2           | 2           | 2                     | 2           | 2           | 1          | 3          | 2           | 1          | 2          |
| Don't know               | 2           | 2           | 1           | 2           | 1           | 1           | 1           | 3                     | 1           | 1           | 1          | 2          | 2           | 3          | 2          |

|                   | Gender |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|-------------------|--------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                   | Total  | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| Weighted Sample   | 4517   | 2002 | 2515   | 1092  | 752   | 2673     | 2246 | 2271                  | 1179  | 768      | 437  | 481    | 1032  | 209   | 410      |
| Unweighted Sample | 4299   | 2234 | 2065   | 883   | 730   | 2686     | 2463 | 1836                  | 1021  | 630      | 456  | 411    | 1150  | 242   | 389      |
|                   | %      | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |

What time do you normally start to get up at the weekend?

|          |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 1.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.00 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.30 am  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  |
| 4.00 am  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  |
| 4.30 am  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 1  | 0  | 0  | 0  | 1  | 0  |
| 5.00 am  | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 0  | 0  |
| 5.30 am  | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 2  | 1  | 2  | 0  |
| 6.00 am  | 3  | 3  | 3  | 1  | 3  | 4  | 3  | 3  | 4  | 2  | 4  | 1  | 4  | 2  | 2  |
| 6.30 am  | 5  | 5  | 4  | 2  | 3  | 6  | 5  | 4  | 3  | 6  | 4  | 4  | 7  | 3  | 3  |
| 7.00 am  | 10 | 11 | 10 | 4  | 11 | 13 | 12 | 9  | 10 | 10 | 14 | 8  | 11 | 17 | 9  |
| 7.30 am  | 12 | 11 | 12 | 6  | 9  | 15 | 14 | 10 | 10 | 12 | 16 | 11 | 14 | 10 | 6  |
| 8.00 am  | 20 | 19 | 22 | 9  | 22 | 25 | 23 | 18 | 21 | 22 | 20 | 19 | 18 | 20 | 24 |
| 8.30 am  | 13 | 12 | 13 | 9  | 12 | 14 | 16 | 9  | 14 | 13 | 9  | 15 | 10 | 18 | 13 |
| 9.00 am  | 12 | 10 | 14 | 14 | 13 | 11 | 12 | 12 | 14 | 11 | 11 | 8  | 12 | 7  | 14 |
| 9.30 am  | 5  | 4  | 6  | 6  | 7  | 4  | 5  | 6  | 6  | 4  | 6  | 6  | 5  | 4  | 5  |
| 10.00 am | 7  | 8  | 7  | 18 | 8  | 3  | 5  | 9  | 9  | 5  | 6  | 10 | 6  | 7  | 9  |
| 10.30 am | 2  | 3  | 1  | 6  | 3  | 1  | 1  | 3  | 2  | 2  | 1  | 4  | 2  | 1  | 3  |
| 11.00 am | 3  | 3  | 2  | 8  | 2  | 1  | 1  | 4  | 1  | 3  | 3  | 4  | 2  | 4  | 5  |
| 11.30 am | 1  | 2  | 1  | 4  | 0  | 0  | 0  | 2  | 1  | 2  | 2  | 2  | 1  | 1  | 1  |
| 12.00 am | 1  | 1  | 0  | 2  | 1  | 0  | 0  | 1  | 0  | 1  | 0  | 0  | 1  | 0  | 1  |
| 12.30 pm | 1  | 1  | 1  | 3  | 0  | 0  | 0  | 1  | 0  | 1  | 1  | 2  | 1  | 0  | 0  |
| 1.00 pm  | 1  | 1  | 0  | 2  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 2  |
| 1.30 pm  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.00 pm  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 2.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  |
| 3.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 3.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 4.30 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| 5.00 pm  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |

|                   | Gender |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|-------------------|--------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                   | Total  | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| Weighted Sample   | 4517   | 2002 | 2515   | 1092  | 752   | 2673     | 2246 | 2271                  | 1179  | 768      | 437  | 481    | 1032  | 209   | 410      |
| Unweighted Sample | 4299   | 2234 | 2065   | 883   | 730   | 2686     | 2463 | 1836                  | 1021  | 630      | 456  | 411    | 1150  | 242   | 389      |
|                   | %      | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |
| 5.30 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 6.00 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 6.30 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 7.00 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 7.30 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 1        |
| 8.00 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 8.30 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 9.00 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 9.30 pm           | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 10.00 pm          | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 10.30 pm          | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 11.00 pm          | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 11.30 pm          | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 12.00 am          | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| 12.30 am          | 0      | 0    | 0      | 0     | 0     | 0        | 0    | 0                     | 0     | 0        | 0    | 0      | 0     | 0     | 0        |
| Don't know        | 1      | 1    | 0      | 2     | 1     | 0        | 0    | 1                     | 0     | 0        | 0    | 2      | 1     | 1     | 0        |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3260</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3928</b> | <b>2385</b>           | <b>1489</b> | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6528</b> | <b>3345</b> | <b>3183</b> | <b>2154</b> | <b>3046</b> | <b>1328</b> | <b>4468</b> | <b>2060</b>           | <b>1441</b> | <b>887</b>  | <b>635</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

What time do you normally start to go to bed on at the weekend?

|          |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1.00 am  | 5 | 6 | 3 | 6 | 5 | 4 | 4 | 6 | 5 | 5 | 3 | 7 | 4 | 6 | 6 |
| 1.30 am  | 1 | 2 | 1 | 2 | 1 | 1 | 2 | 1 | 1 | 2 | 1 | 2 | 1 | 1 | 2 |
| 2.00 am  | 3 | 4 | 2 | 5 | 2 | 2 | 3 | 4 | 5 | 2 | 3 | 3 | 2 | 4 | 4 |
| 2.30 am  | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 | 1 | 1 |
| 3.00 am  | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 1 |
| 3.30 am  | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 1 |
| 4.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 |
| 4.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 5.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8.30 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 9.00 am  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 9.30 am  | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 10.00 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 2 | 1 | 1 |
| 10.30 am | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 2 |
| 11.00 am | 3 | 3 | 4 | 3 | 3 | 5 | 4 | 3 | 3 | 3 | 4 | 2 | 5 | 3 | 2 |
| 11.30 am | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 2 | 3 | 4 | 3 |
| 12.00 am | 4 | 4 | 4 | 5 | 4 | 3 | 4 | 4 | 3 | 2 | 4 | 4 | 5 | 6 | 3 |
| 12.30 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 1 | 3 | 2 | 2 | 3 | 1 |
| 1.00 pm  | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 1 |
| 1.30 pm  | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 2 | 0 | 1 | 0 | 1 |
| 2.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 |
| 2.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 |
| 3.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 |
| 3.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 4.00 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| 4.30 pm  | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

|                          | Gender      |             |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE        | North                 | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>6314</b> | <b>3260</b> | <b>3053</b> | <b>2366</b> | <b>2830</b> | <b>1118</b> | <b>3928</b> | <b>2385</b> | <b>1489</b>           | <b>1007</b> | <b>601</b> | <b>905</b> | <b>1447</b> | <b>332</b> | <b>532</b> |
| <b>Unweighted Sample</b> | <b>6528</b> | <b>3345</b> | <b>3183</b> | <b>2154</b> | <b>3046</b> | <b>1328</b> | <b>4468</b> | <b>2060</b> | <b>1441</b>           | <b>887</b>  | <b>635</b> | <b>890</b> | <b>1745</b> | <b>340</b> | <b>590</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %          | %          | %           | %          | %          |
| 5.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 5.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 6.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 6.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 7.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 7.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.00 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 8.30 pm                  | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0           | 0                     | 0           | 0          | 0          | 0           | 0          | 0          |
| 9.00 pm                  | 1           | 1           | 1           | 1           | 1           | 1           | 1           | 1           | 1                     | 1           | 1          | 1          | 2           | 0          | 1          |
| 9.30 pm                  | 1           | 1           | 2           | 1           | 1           | 2           | 1           | 2           | 1                     | 1           | 2          | 1          | 2           | 1          | 0          |
| 10.00 pm                 | 6           | 6           | 7           | 4           | 8           | 7           | 7           | 5           | 7                     | 8           | 7          | 5          | 6           | 7          | 6          |
| 10.30 pm                 | 8           | 7           | 10          | 6           | 9           | 10          | 9           | 8           | 8                     | 8           | 11         | 5          | 11          | 6          | 7          |
| 11.00 pm                 | 18          | 17          | 18          | 16          | 19          | 19          | 18          | 18          | 18                    | 20          | 19         | 19         | 16          | 18         | 15         |
| 11.30 pm                 | 13          | 11          | 14          | 12          | 13          | 15          | 14          | 10          | 11                    | 13          | 13         | 13         | 13          | 15         | 13         |
| 12.00 am                 | 11          | 13          | 10          | 12          | 12          | 10          | 12          | 11          | 12                    | 13          | 9          | 13         | 9           | 8          | 14         |
| 12.30 am                 | 6           | 6           | 6           | 8           | 5           | 5           | 6           | 6           | 7                     | 4           | 5          | 8          | 5           | 6          | 7          |
| Don't know               | 3           | 3           | 2           | 4           | 2           | 1           | 2           | 4           | 2                     | 2           | 3          | 3          | 2           | 4          | 4          |

|                          |              |             |             |             |             |             |             |             |             |             |             |             |             |            |            |
|--------------------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|------------|------------|
| <b>Weighted Sample</b>   | <b>10830</b> | <b>5262</b> | <b>5568</b> | <b>3458</b> | <b>3582</b> | <b>3791</b> | <b>6174</b> | <b>4656</b> | <b>2668</b> | <b>1775</b> | <b>1038</b> | <b>1386</b> | <b>2479</b> | <b>542</b> | <b>942</b> |
| <b>Unweighted Sample</b> | <b>10827</b> | <b>5579</b> | <b>5248</b> | <b>3037</b> | <b>3776</b> | <b>4014</b> | <b>6931</b> | <b>3896</b> | <b>2462</b> | <b>1517</b> | <b>1091</b> | <b>1301</b> | <b>2895</b> | <b>582</b> | <b>979</b> |
|                          | %            | %           | %           | %           | %           | %           | %           | %           | %           | %           | %           | %           | %           | %          | %          |

Generally speaking, would you say you get enough sleep?

|            |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Yes        | 56 | 58 | 53 | 51 | 50 | 65 | 58 | 53 | 55 | 54 | 55 | 53 | 60 | 54 | 55 |
| No         | 41 | 38 | 44 | 45 | 47 | 33 | 39 | 44 | 42 | 42 | 41 | 44 | 38 | 40 | 44 |
| Don't know | 3  | 3  | 3  | 4  | 3  | 3  | 3  | 4  | 3  | 5  | 4  | 3  | 3  | 6  | 2  |

|                          |              |              |              |              |              |              |              |              |              |              |             |             |              |             |             |
|--------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|--------------|-------------|-------------|
| <b>Weighted Sample</b>   | <b>64301</b> | <b>31251</b> | <b>33050</b> | <b>20218</b> | <b>21478</b> | <b>22604</b> | <b>36652</b> | <b>27649</b> | <b>15817</b> | <b>10546</b> | <b>6173</b> | <b>8231</b> | <b>14725</b> | <b>3215</b> | <b>5594</b> |
| <b>Unweighted Sample</b> | <b>64299</b> | <b>33110</b> | <b>31189</b> | <b>18118</b> | <b>22527</b> | <b>23652</b> | <b>40919</b> | <b>23380</b> | <b>14282</b> | <b>9414</b>  | <b>6396</b> | <b>7880</b> | <b>17012</b> | <b>3386</b> | <b>5929</b> |
|                          | %            | %            | %            | %            | %            | %            | %            | %            | %            | %            | %           | %           | %            | %           | %           |

Approximately how often do you tend to see close familv members e.a. parents. brothers. sisters.

|             |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Daily       | 22 | 21 | 24 | 29 | 21 | 18 | 19 | 27 | 26 | 21 | 20 | 20 | 20 | 28 | 25 |
| Weekly      | 31 | 29 | 34 | 25 | 31 | 37 | 32 | 30 | 34 | 34 | 32 | 24 | 30 | 33 | 33 |
| Fortnightly | 9  | 10 | 9  | 10 | 9  | 9  | 10 | 9  | 9  | 10 | 11 | 10 | 10 | 7  | 9  |
| Monthly     | 17 | 17 | 16 | 18 | 16 | 16 | 18 | 15 | 14 | 17 | 18 | 20 | 18 | 15 | 15 |
| 6 monthly   | 11 | 12 | 10 | 10 | 12 | 10 | 12 | 9  | 9  | 9  | 10 | 13 | 13 | 10 | 10 |
| Yearly      | 3  | 3  | 2  | 2  | 3  | 3  | 3  | 3  | 2  | 3  | 3  | 4  | 3  | 2  | 3  |
| Less often  | 5  | 5  | 4  | 2  | 6  | 6  | 4  | 5  | 4  | 4  | 4  | 6  | 5  | 4  | 4  |
| Don't know  | 2  | 2  | 2  | 3  | 2  | 2  | 2  | 3  | 2  | 2  | 2  | 3  | 2  | 2  | 1  |

|                          | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>64301</b> | 31251 | 33050  | 20218 | 21478 | 22604    | 36652 | 27649                 | 15817 | 10546    | 6173 | 8231   | 14725 | 3215  | 5594     |
| <b>Unweighted Sample</b> | <b>64300</b> | 33111 | 31189  | 18118 | 22527 | 23653    | 40919 | 23381                 | 14283 | 9414     | 6396 | 7880   | 17012 | 3386  | 5929     |
|                          | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |

Approximately how often do you tend to see  
EXTENDED family members e.g. grandparents,  
cousins, aunts, uncles etc?

|             |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Daily       | 1  | 1  | 1  | 2  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 2  | 2  |
| Weekly      | 8  | 8  | 8  | 11 | 8  | 6  | 7  | 10 | 10 | 8  | 7  | 6  | 6  | 12 | 10 |
| Fortnightly | 5  | 5  | 5  | 8  | 4  | 4  | 5  | 6  | 6  | 5  | 5  | 5  | 4  | 6  | 6  |
| Monthly     | 16 | 16 | 17 | 20 | 15 | 14 | 16 | 17 | 17 | 17 | 15 | 16 | 15 | 18 | 17 |
| 6 monthly   | 24 | 24 | 24 | 28 | 22 | 22 | 25 | 21 | 22 | 23 | 25 | 25 | 26 | 21 | 22 |
| Yearly      | 13 | 13 | 13 | 13 | 14 | 13 | 14 | 12 | 12 | 13 | 14 | 14 | 15 | 11 | 14 |
| Less often  | 28 | 28 | 28 | 15 | 33 | 35 | 28 | 27 | 27 | 28 | 29 | 27 | 29 | 26 | 26 |
| Don't know  | 4  | 4  | 4  | 4  | 4  | 5  | 4  | 5  | 4  | 5  | 4  | 5  | 4  | 4  | 4  |

|                          |              |      |      |      |      |      |      |      |      |      |     |      |      |     |     |
|--------------------------|--------------|------|------|------|------|------|------|------|------|------|-----|------|------|-----|-----|
| <b>Weighted Sample</b>   | <b>10402</b> | 5054 | 5347 | 3251 | 3512 | 3638 | 5930 | 4472 | 2558 | 1706 | 998 | 1331 | 2383 | 520 | 905 |
| <b>Unweighted Sample</b> | <b>10401</b> | 5325 | 5076 | 2931 | 3660 | 3809 | 6555 | 3846 | 2220 | 1528 | 995 | 1334 | 2770 | 576 | 978 |
|                          | %            | %    | %    | %    | %    | %    | %    | %    | %    | %    | %   | %    | %    | %   | %   |

During the week (Monday to Friday) how often do  
you socialise with each of the following groups  
(when you are outside work)?

**Work colleagues**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 4  | 5  | 3  | 8  | 3  | 1  | 3  | 5  | 4  | 4  | 4  | 7  | 2  | 4  | 3  |
| Quite often (1-2 times per week)                 | 4  | 5  | 3  | 8  | 3  | 2  | 4  | 5  | 4  | 4  | 2  | 6  | 4  | 5  | 4  |
| Relatively often (at least once every two weeks) | 6  | 7  | 5  | 11 | 5  | 3  | 6  | 7  | 5  | 5  | 6  | 10 | 6  | 6  | 7  |
| Relatively infrequently (once per month)         | 15 | 15 | 15 | 20 | 15 | 11 | 17 | 12 | 13 | 15 | 14 | 19 | 16 | 13 | 16 |
| Rarely (once every 6 months)                     | 24 | 24 | 24 | 21 | 31 | 20 | 27 | 20 | 27 | 24 | 22 | 21 | 23 | 22 | 25 |
| Never  | 43 | 40 | 46 | 25 | 41 | 60 | 40 | 47 | 44 | 45 | 46 | 35 | 44 | 44 | 41 |
| Don't know                                       | 4  | 4  | 4  | 7  | 2  | 4  | 3  | 5  | 3  | 4  | 5  | 4  | 4  | 6  | 4  |

**Friends**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 14 | 16 | 13 | 22 | 7  | 14 | 11 | 18 | 13 | 15 | 16 | 17 | 13 | 13 | 14 |
| Quite often (1-2 times per week)                 | 21 | 21 | 20 | 24 | 16 | 21 | 21 | 20 | 20 | 21 | 17 | 22 | 21 | 24 | 21 |
| Relatively often (at least once every two weeks) | 22 | 21 | 24 | 24 | 21 | 23 | 25 | 20 | 22 | 19 | 22 | 23 | 23 | 25 | 25 |
| Relatively infrequently (once per month)         | 23 | 22 | 25 | 18 | 30 | 22 | 25 | 21 | 25 | 24 | 26 | 21 | 23 | 20 | 22 |
| Rarely (once every 6 months)                     | 12 | 12 | 11 | 6  | 17 | 12 | 12 | 11 | 11 | 12 | 13 | 13 | 12 | 9  | 10 |
| Never  | 6  | 6  | 6  | 3  | 8  | 7  | 5  | 8  | 7  | 7  | 5  | 4  | 6  | 6  | 6  |
| Don't know                                       | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 1  | 2  | 1  | 1  | 2  | 3  | 1  |

|                          | Gender       |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>10402</b> | 5054 | 5347   | 3251  | 3512  | 3638     | 5930 | 4472                  | 2558  | 1706     | 998  | 1331   | 2383  | 520   | 905      |
| <b>Unweighted Sample</b> | <b>10401</b> | 5325 | 5076   | 2931  | 3660  | 3809     | 6555 | 3846                  | 2220  | 1528     | 995  | 1334   | 2770  | 576   | 978      |
|                          | %            | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |

**Family**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 19 | 19 | 20 | 22 | 15 | 22 | 16 | 24 | 21 | 19 | 20 | 18 | 17 | 23 | 20 |
| Quite often (1-2 times per week)                 | 21 | 18 | 23 | 19 | 20 | 23 | 20 | 22 | 23 | 20 | 18 | 17 | 20 | 20 | 25 |
| Relatively often (at least once every two weeks) | 21 | 21 | 20 | 22 | 20 | 21 | 22 | 19 | 21 | 21 | 25 | 21 | 21 | 17 | 18 |
| Relatively infrequently (once per month)         | 19 | 19 | 19 | 18 | 21 | 17 | 21 | 16 | 18 | 18 | 19 | 22 | 19 | 20 | 16 |
| Rarely (once every 6 months)                     | 13 | 15 | 12 | 12 | 17 | 11 | 15 | 11 | 11 | 12 | 12 | 15 | 15 | 12 | 15 |
| Never  | 5  | 6  | 5  | 4  | 7  | 5  | 5  | 6  | 5  | 6  | 5  | 5  | 6  | 5  | 5  |
| Don't know                                       | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 1  | 2  | 1  | 1  | 2  | 3  | 2  |

**People you do not know**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 2  | 3  | 2  | 3  | 2  | 2  | 2  | 3  | 3  | 2  | 2  | 2  | 2  | 3  | 2  |
| Quite often (1-2 times per week)                 | 4  | 5  | 4  | 4  | 3  | 6  | 4  | 5  | 5  | 5  | 3  | 4  | 4  | 5  | 4  |
| Relatively often (at least once every two weeks) | 6  | 7  | 5  | 8  | 4  | 6  | 6  | 6  | 5  | 6  | 7  | 7  | 6  | 5  | 5  |
| Relatively infrequently (once per month)         | 13 | 14 | 11 | 15 | 11 | 12 | 13 | 13 | 10 | 14 | 14 | 15 | 13 | 15 | 13 |
| Rarely (once every 6 months)                     | 24 | 25 | 22 | 25 | 24 | 22 | 27 | 19 | 22 | 22 | 26 | 24 | 25 | 18 | 27 |
| Never  | 41 | 38 | 45 | 34 | 48 | 42 | 41 | 42 | 45 | 42 | 39 | 39 | 40 | 43 | 39 |
| Don't know                                       | 10 | 9  | 11 | 11 | 8  | 11 | 9  | 12 | 10 | 10 | 10 | 10 | 10 | 11 | 10 |

**At weekends (Saturday and Sunday) how often do you socialise with each of the following groups (when you are outside work)?**

**Work colleagues**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 1  | 2  | 1  | 4  | 1  | 0  | 1  | 2  | 2  | 1  | 2  | 1  | 1  | 3  | 1  |
| Quite often (1-2 times per week)                 | 3  | 4  | 2  | 6  | 2  | 1  | 2  | 4  | 3  | 3  | 1  | 4  | 3  | 4  | 4  |
| Relatively often (at least once every two weeks) | 4  | 5  | 3  | 8  | 2  | 2  | 3  | 5  | 4  | 4  | 3  | 5  | 4  | 4  | 4  |
| Relatively infrequently (once per month)         | 8  | 8  | 8  | 13 | 7  | 4  | 8  | 8  | 8  | 6  | 8  | 10 | 8  | 6  | 8  |
| Rarely (once every 6 months)                     | 20 | 20 | 19 | 22 | 24 | 13 | 21 | 17 | 20 | 21 | 17 | 18 | 19 | 20 | 21 |
| Never  | 60 | 57 | 63 | 40 | 62 | 77 | 63 | 57 | 61 | 61 | 64 | 58 | 61 | 56 | 57 |
| Don't know                                       | 4  | 4  | 4  | 7  | 3  | 3  | 3  | 6  | 3  | 4  | 5  | 4  | 4  | 8  | 5  |

**Friends**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 10 | 12 | 8  | 17 | 6  | 8  | 8  | 13 | 10 | 9  | 14 | 13 | 9  | 11 | 10 |
| Quite often (1-2 times per week)                 | 19 | 21 | 17 | 24 | 16 | 17 | 18 | 19 | 19 | 18 | 14 | 22 | 19 | 18 | 18 |
| Relatively often (at least once every two weeks) | 21 | 20 | 21 | 23 | 20 | 19 | 23 | 18 | 20 | 21 | 19 | 21 | 21 | 22 | 23 |
| Relatively infrequently (once per month)         | 24 | 22 | 26 | 19 | 28 | 24 | 26 | 21 | 24 | 24 | 25 | 23 | 25 | 19 | 24 |
| Rarely (once every 6 months)                     | 15 | 14 | 16 | 8  | 19 | 18 | 16 | 14 | 15 | 15 | 18 | 13 | 15 | 15 | 14 |
| Never  | 9  | 8  | 10 | 4  | 10 | 13 | 7  | 12 | 11 | 11 | 9  | 5  | 9  | 10 | 9  |
| Don't know                                       | 2  | 3  | 2  | 4  | 2  | 2  | 2  | 3  | 2  | 3  | 1  | 3  | 3  | 4  | 2  |

|                          | Gender       |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>10402</b> | 5054 | 5347   | 3251  | 3512  | 3638     | 5930 | 4472                  | 2558  | 1706     | 998  | 1331   | 2383  | 520   | 905      |
| <b>Unweighted Sample</b> | <b>10401</b> | 5325 | 5076   | 2931  | 3660  | 3809     | 6555 | 3846                  | 2220  | 1528     | 995  | 1334   | 2770  | 576   | 978      |
|                          | %            | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |

**Family**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 17 | 17 | 17 | 18 | 14 | 20 | 14 | 20 | 18 | 17 | 20 | 18 | 14 | 19 | 19 |
| Quite often (1-2 times per week)                 | 22 | 21 | 22 | 23 | 20 | 22 | 21 | 22 | 25 | 23 | 19 | 18 | 22 | 21 | 23 |
| Relatively often (at least once every two weeks) | 20 | 19 | 20 | 21 | 19 | 20 | 21 | 18 | 21 | 17 | 22 | 20 | 21 | 17 | 18 |
| Relatively infrequently (once per month)         | 20 | 19 | 20 | 19 | 22 | 19 | 22 | 17 | 17 | 21 | 20 | 21 | 21 | 20 | 18 |
| Rarely (once every 6 months)                     | 14 | 15 | 13 | 12 | 17 | 12 | 15 | 12 | 12 | 13 | 13 | 15 | 15 | 13 | 14 |
| Never  | 6  | 6  | 5  | 4  | 7  | 6  | 5  | 6  | 5  | 7  | 4  | 5  | 6  | 6  | 5  |
| Don't know                                       | 2  | 3  | 2  | 4  | 2  | 2  | 2  | 4  | 2  | 3  | 1  | 3  | 2  | 5  | 2  |

**People you do not know**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 2  | 2  | 1  | 3  | 1  | 2  | 1  |
| Quite often (1-2 times per week)                 | 4  | 4  | 3  | 5  | 2  | 4  | 3  | 5  | 4  | 4  | 3  | 3  | 3  | 6  | 3  |
| Relatively often (at least once every two weeks) | 5  | 6  | 4  | 7  | 4  | 4  | 4  | 5  | 4  | 4  | 4  | 6  | 5  | 5  | 6  |
| Relatively infrequently (once per month)         | 10 | 11 | 9  | 12 | 9  | 9  | 10 | 10 | 9  | 10 | 10 | 10 | 10 | 11 | 10 |
| Rarely (once every 6 months)                     | 21 | 23 | 20 | 23 | 21 | 20 | 24 | 19 | 19 | 23 | 24 | 22 | 22 | 18 | 23 |
| Never  | 48 | 44 | 53 | 39 | 54 | 51 | 50 | 47 | 53 | 47 | 47 | 45 | 49 | 45 | 46 |

**Weighted Sample**

**Unweighted Sample**

|             |      |      |      |      |      |      |      |      |      |     |     |      |     |     |
|-------------|------|------|------|------|------|------|------|------|------|-----|-----|------|-----|-----|
| <b>6314</b> | 3260 | 3053 | 2366 | 2830 | 1118 | 3928 | 2385 | 1489 | 1007 | 601 | 905 | 1447 | 332 | 532 |
| <b>6528</b> | 3345 | 3183 | 2154 | 3046 | 1328 | 4468 | 2060 | 1441 | 887  | 635 | 890 | 1745 | 340 | 590 |
| %           | %    | %    | %    | %    | %    | %    | %    | %    | %    | %   | %   | %    | %   | %   |

**With whom do you tend to spend your main food break when at work?**

|   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| I do not stop working                           | 19 | 17 | 21 | 15 | 23 | 18 | 21 | 16 | 18 | 20 | 21 | 16 | 23 | 19 | 14 |
| I eat by myself                                 | 37 | 42 | 32 | 35 | 38 | 39 | 39 | 35 | 37 | 38 | 39 | 42 | 34 | 38 | 36 |
| I eat with my work colleagues                   | 34 | 32 | 36 | 41 | 31 | 29 | 31 | 39 | 37 | 34 | 31 | 33 | 30 | 37 | 42 |
| I eat with other friends who I do not work with | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 2  | 1  | 1  | 0  |
| I eat with members of my family                 | 4  | 3  | 5  | 3  | 4  | 7  | 4  | 4  | 4  | 4  | 4  | 2  | 5  | 3  | 5  |
| Other   | 3  | 3  | 4  | 3  | 3  | 5  | 3  | 4  | 2  | 4  | 3  | 4  | 5  | 2  | 3  |
| Don't know                                      | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  | 1  | 1  | 1  | 0  | 1  |

Weighted Sample  
Unweighted Sample

| Total | Gender |        | bpcage |       |      | socgrade |      | New GOR for Weighting |          |      |        |       |       |          |
|-------|--------|--------|--------|-------|------|----------|------|-----------------------|----------|------|--------|-------|-------|----------|
|       | Male   | Female | 18-34  | 35-54 | 55+  | ABC1     | C2DE | North                 | Midlands | East | London | South | Wales | Scotland |
| 10833 | 5264   | 5569   | 3460   | 3582  | 3791 | 6176     | 4657 | 2668                  | 1776     | 1038 | 1386   | 2480  | 542   | 942      |
| 10829 | 5580   | 5249   | 3039   | 3776  | 4014 | 6932     | 3897 | 2462                  | 1518     | 1091 | 1301   | 2896  | 582   | 979      |
| %     | %      | %      | %      | %     | %    | %        | %    | %                     | %        | %    | %      | %     | %     | %        |

How often, if at all, do you normally do each of the following?

**Buy breakfast as takeaway**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 1  | 2  | 1  | 2  | 2  | 0  | 1  | 1  | 2  | 2  | 2  | 3  | 0  | 2  | 1  |
| Quite often (1-2 times per week)                 | 2  | 2  | 2  | 4  | 2  | 1  | 2  | 2  | 1  | 2  | 2  | 4  | 2  | 1  | 4  |
| Relatively often (at least once every two weeks) | 4  | 5  | 3  | 6  | 5  | 1  | 3  | 4  | 4  | 4  | 4  | 5  | 2  | 3  | 3  |
| Relatively infrequently (once per month)         | 8  | 10 | 6  | 13 | 10 | 3  | 8  | 9  | 8  | 8  | 7  | 10 | 7  | 10 | 10 |
| Rarely (once every 6 months)                     | 17 | 18 | 17 | 26 | 18 | 9  | 18 | 17 | 16 | 18 | 17 | 21 | 18 | 20 | 14 |
| Never  | 66 | 60 | 70 | 47 | 62 | 86 | 67 | 64 | 67 | 65 | 66 | 55 | 70 | 63 | 66 |
| Don't know                                       | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 1  | 2  | 2  | 2  | 1  | 2  | 1  |

**Buy and eat breakfast at a café/ restaurant**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 1  | 2  | 1  | 2  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 2  | 1  | 1  | 1  |
| Quite often (1-2 times per week)                 | 2  | 3  | 2  | 4  | 2  | 1  | 2  | 3  | 2  | 1  | 2  | 4  | 2  | 2  | 3  |
| Relatively often (at least once every two weeks) | 5  | 6  | 4  | 7  | 5  | 3  | 5  | 5  | 5  | 5  | 5  | 7  | 4  | 6  | 2  |
| Relatively infrequently (once per month)         | 12 | 14 | 9  | 17 | 12 | 7  | 11 | 13 | 13 | 10 | 10 | 13 | 12 | 14 | 12 |
| Rarely (once every 6 months)                     | 27 | 28 | 27 | 32 | 29 | 21 | 28 | 27 | 26 | 28 | 30 | 28 | 28 | 25 | 30 |
| Never  | 51 | 46 | 56 | 37 | 49 | 66 | 52 | 49 | 53 | 52 | 50 | 45 | 53 | 49 | 52 |
| Don't know                                       | 1  | 2  | 1  | 2  | 1  | 1  | 1  | 2  | 1  | 2  | 2  | 2  | 1  | 2  | 1  |

**Not eat breakfast**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 22 | 23 | 20 | 28 | 24 | 15 | 20 | 24 | 22 | 20 | 21 | 21 | 23 | 21 | 22 |
| Quite often (1-2 times per week)                 | 8  | 8  | 8  | 10 | 9  | 5  | 7  | 9  | 9  | 6  | 6  | 9  | 7  | 10 | 13 |
| Relatively often (at least once every two weeks) | 7  | 7  | 7  | 11 | 7  | 4  | 7  | 8  | 7  | 7  | 8  | 9  | 7  | 5  | 7  |
| Relatively infrequently (once per month)         | 8  | 9  | 8  | 11 | 9  | 6  | 8  | 9  | 9  | 9  | 7  | 10 | 8  | 9  | 9  |
| Rarely (once every 6 months)                     | 12 | 12 | 12 | 12 | 12 | 12 | 12 | 12 | 11 | 14 | 12 | 16 | 11 | 10 | 9  |
| Never  | 41 | 39 | 44 | 26 | 38 | 58 | 44 | 37 | 42 | 43 | 44 | 34 | 43 | 43 | 38 |
| Don't know                                       | 1  | 2  | 1  | 2  | 1  | 0  | 1  | 2  | 1  | 2  | 1  | 2  | 1  | 2  | 1  |

**Buy lunch as a takeaway**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 5  | 6  | 4  | 8  | 5  | 1  | 5  | 4  | 4  | 4  | 4  | 9  | 3  | 2  | 6  |
| Quite often (1-2 times per week)                 | 7  | 7  | 6  | 11 | 7  | 3  | 7  | 6  | 6  | 5  | 6  | 11 | 5  | 5  | 9  |
| Relatively often (at least once every two weeks) | 11 | 13 | 10 | 18 | 12 | 4  | 11 | 11 | 10 | 10 | 10 | 14 | 11 | 11 | 14 |
| Relatively infrequently (once per month)         | 19 | 17 | 20 | 22 | 20 | 14 | 18 | 19 | 19 | 19 | 19 | 17 | 19 | 22 | 18 |
| Rarely (once every 6 months)                     | 22 | 20 | 24 | 17 | 23 | 26 | 23 | 21 | 21 | 22 | 24 | 19 | 25 | 24 | 21 |
| Never  | 35 | 36 | 35 | 22 | 32 | 51 | 35 | 37 | 39 | 37 | 36 | 29 | 36 | 36 | 31 |
| Don't know                                       | 1  | 2  | 1  | 2  | 1  | 0  | 1  | 2  | 1  | 2  | 2  | 1  | 1  | 1  | 1  |

Weighted Sample  
Unweighted Sample

| Total | Gender |        | bpcage |       |      | socgrade |      | New GOR for Weighting |          |      |        |       |       |          |
|-------|--------|--------|--------|-------|------|----------|------|-----------------------|----------|------|--------|-------|-------|----------|
|       | Male   | Female | 18-34  | 35-54 | 55+  | ABC1     | C2DE | North                 | Midlands | East | London | South | Wales | Scotland |
| 10833 | 5264   | 5569   | 3460   | 3582  | 3791 | 6176     | 4657 | 2668                  | 1776     | 1038 | 1386   | 2480  | 542   | 942      |
| 10829 | 5580   | 5249   | 3039   | 3776  | 4014 | 6932     | 3897 | 2462                  | 1518     | 1091 | 1301   | 2896  | 582   | 979      |

% % % % % % % % % % % % % % %

**Buy and eat lunch in a café/ restaurant**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 2  | 3  | 2  | 4  | 2  | 2  | 3  | 2  | 3  | 3  | 2  | 3  | 2  | 1  | 1  |
| Quite often (1-2 times per week)                 | 6  | 6  | 5  | 8  | 5  | 4  | 6  | 5  | 5  | 4  | 4  | 10 | 4  | 9  | 8  |
| Relatively often (at least once every two weeks) | 13 | 13 | 13 | 18 | 10 | 11 | 14 | 12 | 13 | 12 | 13 | 16 | 12 | 12 | 13 |
| Relatively infrequently (once per month)         | 27 | 25 | 29 | 31 | 25 | 26 | 28 | 26 | 27 | 26 | 27 | 25 | 28 | 25 | 28 |
| Rarely (once every 6 months)                     | 27 | 26 | 29 | 21 | 31 | 29 | 28 | 27 | 25 | 28 | 27 | 26 | 30 | 27 | 28 |
| Never  | 24 | 26 | 21 | 17 | 27 | 27 | 21 | 27 | 26 | 25 | 25 | 19 | 23 | 25 | 21 |
| Don't know                                       | 1  | 1  | 1  | 2  | 1  | 0  | 1  | 2  | 1  | 2  | 2  | 2  | 1  | 2  | 1  |

**Prepare a packed lunch at home to eat elsewhere**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 27 | 27 | 27 | 34 | 36 | 13 | 30 | 23 | 27 | 28 | 28 | 25 | 27 | 28 | 25 |
| Quite often (1-2 times per week)                 | 9  | 9  | 10 | 14 | 10 | 5  | 9  | 11 | 9  | 11 | 11 | 10 | 8  | 8  | 10 |
| Relatively often (at least once every two weeks) | 8  | 8  | 9  | 11 | 8  | 6  | 8  | 8  | 9  | 7  | 7  | 8  | 8  | 9  | 8  |
| Relatively infrequently (once per month)         | 12 | 11 | 13 | 12 | 11 | 13 | 12 | 12 | 11 | 11 | 10 | 12 | 14 | 12 | 14 |
| Rarely (once every 6 months)                     | 18 | 17 | 19 | 13 | 14 | 27 | 19 | 17 | 17 | 18 | 20 | 19 | 18 | 19 | 19 |
| Never  | 24 | 27 | 21 | 14 | 20 | 36 | 21 | 27 | 25 | 24 | 23 | 24 | 24 | 20 | 24 |
| Don't know                                       | 1  | 2  | 1  | 2  | 1  | 1  | 1  | 2  | 1  | 1  | 2  | 2  | 1  | 2  | 1  |

**Not eat lunch**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 9  | 10 | 8  | 8  | 11 | 8  | 7  | 11 | 9  | 8  | 10 | 10 | 8  | 11 | 9  |
| Quite often (1-2 times per week)                 | 9  | 8  | 10 | 10 | 10 | 8  | 8  | 11 | 10 | 9  | 7  | 8  | 11 | 9  | 9  |
| Relatively often (at least once every two weeks) | 10 | 10 | 9  | 12 | 11 | 6  | 9  | 10 | 9  | 10 | 8  | 10 | 9  | 8  | 12 |
| Relatively infrequently (once per month)         | 14 | 14 | 13 | 17 | 13 | 11 | 13 | 14 | 13 | 14 | 13 | 17 | 12 | 14 | 15 |
| Rarely (once every 6 months)                     | 18 | 18 | 17 | 18 | 18 | 16 | 19 | 16 | 15 | 19 | 19 | 18 | 19 | 19 | 18 |
| Never  | 40 | 38 | 41 | 33 | 35 | 50 | 42 | 36 | 43 | 38 | 42 | 35 | 40 | 37 | 36 |
| Don't know                                       | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 1  | 2  | 2  | 2  | 1  | 2  | 1  |

**Buy dinner as a takeaway**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 2  | 2  | 1  | 3  | 2  | 0  | 2  | 2  | 2  | 3  | 2  | 2  | 1  | 1  | 1  |
| Quite often (1-2 times per week)                 | 6  | 7  | 5  | 10 | 7  | 2  | 6  | 6  | 5  | 6  | 6  | 8  | 5  | 8  | 8  |
| Relatively often (at least once every two weeks) | 18 | 19 | 16 | 27 | 18 | 8  | 17 | 18 | 17 | 17 | 15 | 21 | 16 | 16 | 22 |
| Relatively infrequently (once per month)         | 28 | 27 | 29 | 33 | 30 | 22 | 29 | 27 | 27 | 27 | 29 | 28 | 30 | 26 | 28 |
| Rarely (once every 6 months)                     | 22 | 19 | 25 | 15 | 21 | 30 | 23 | 21 | 21 | 22 | 23 | 22 | 24 | 18 | 22 |
| Never  | 23 | 24 | 23 | 10 | 21 | 38 | 23 | 25 | 27 | 24 | 24 | 18 | 23 | 29 | 19 |
| Don't know                                       | 1  | 2  | 1  | 3  | 1  | 0  | 1  | 2  | 1  | 2  | 2  | 2  | 1  | 2  | 1  |

Weighted Sample  
Unweighted Sample

| Total | Gender |        | bpcage |       |      | socgrade |      | New GOR for Weighting |          |      |        |       |       |          |
|-------|--------|--------|--------|-------|------|----------|------|-----------------------|----------|------|--------|-------|-------|----------|
|       | Male   | Female | 18-34  | 35-54 | 55+  | ABC1     | C2DE | North                 | Midlands | East | London | South | Wales | Scotland |
| 10833 | 5264   | 5569   | 3460   | 3582  | 3791 | 6176     | 4657 | 2668                  | 1776     | 1038 | 1386   | 2480  | 542   | 942      |
| 10829 | 5580   | 5249   | 3039   | 3776  | 4014 | 6932     | 3897 | 2462                  | 1518     | 1091 | 1301   | 2896  | 582   | 979      |
| %     | %      | %      | %      | %     | %    | %        | %    | %                     | %        | %    | %      | %     | %     | %        |

**Buy and eat dinner in a café/ restaurant**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 1  | 2  | 1  | 2  | 1  | 1  | 2  | 1  | 1  | 1  | 2  | 1  | 1  | 1  |
| Quite often (1-2 times per week)                 | 5  | 5  | 4  | 7  | 4  | 4  | 5  | 4  | 4  | 5  | 3  | 7  | 5  | 4  |
| Relatively often (at least once every two weeks) | 15 | 16 | 14 | 21 | 12 | 12 | 16 | 14 | 15 | 12 | 15 | 20 | 14 | 16 |
| Relatively infrequently (once per month)         | 29 | 28 | 30 | 33 | 28 | 27 | 32 | 26 | 28 | 32 | 30 | 26 | 30 | 26 |
| Rarely (once every 6 months)                     | 27 | 24 | 29 | 21 | 30 | 29 | 26 | 28 | 27 | 27 | 29 | 23 | 28 | 26 |
| Never  | 22 | 24 | 20 | 14 | 24 | 26 | 19 | 25 | 23 | 21 | 22 | 21 | 22 | 24 |
| Don't know                                       | 1  | 2  | 1  | 3  | 1  | 0  | 1  | 2  | 1  | 2  | 2  | 1  | 1  | 2  |

**Not eat dinner**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 4  | 4  | 4  | 4  | 4  | 4  | 3  | 5  | 5  | 4  | 4  | 4  | 3  | 5  |
| Quite often (1-2 times per week)                 | 5  | 5  | 4  | 5  | 6  | 3  | 4  | 6  | 5  | 4  | 4  | 5  | 5  | 5  |
| Relatively often (at least once every two weeks) | 6  | 6  | 7  | 8  | 7  | 4  | 6  | 6  | 6  | 6  | 6  | 8  | 6  | 8  |
| Relatively infrequently (once per month)         | 12 | 12 | 11 | 16 | 11 | 9  | 10 | 13 | 11 | 13 | 11 | 14 | 11 | 11 |
| Rarely (once every 6 months)                     | 19 | 20 | 19 | 22 | 21 | 16 | 20 | 19 | 18 | 19 | 19 | 23 | 20 | 18 |
| Never  | 52 | 51 | 53 | 43 | 49 | 64 | 55 | 48 | 54 | 53 | 54 | 44 | 55 | 52 |
| Don't know                                       | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 2  | 2  | 2  | 2  | 1  | 2  |

**How often, if at all, do you normally do each of the following?**

**Eat breakfast with your close family e.g. wife/ husband, mother/ father, children**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 28 | 25 | 30 | 17 | 24 | 41 | 29 | 26 | 29 | 28 | 30 | 21 | 29 | 25 |
| Quite often (1-2 times per week)                 | 16 | 16 | 15 | 16 | 20 | 12 | 17 | 14 | 14 | 16 | 12 | 19 | 15 | 20 |
| Relatively often (at least once every two weeks) | 11 | 12 | 10 | 16 | 11 | 7  | 11 | 11 | 12 | 13 | 11 | 13 | 10 | 8  |
| Relatively infrequently (once per month)         | 10 | 11 | 9  | 13 | 10 | 7  | 10 | 11 | 10 | 9  | 9  | 10 | 10 | 10 |
| Rarely (once every 6 months)                     | 12 | 11 | 12 | 13 | 12 | 11 | 12 | 11 | 10 | 9  | 13 | 13 | 12 | 15 |
| Never  | 22 | 23 | 22 | 22 | 22 | 23 | 21 | 24 | 22 | 22 | 24 | 22 | 22 | 21 |
| Don't know                                       | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 3  | 1  | 2  | 1  | 3  | 1  | 1  |

**Eat dinner with your close family e.g. wife/ husband, mother/ father, children**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | 60 | 56 | 63 | 52 | 60 | 66 | 62 | 56 | 59 | 61 | 61 | 52 | 64 | 60 |
| Quite often (1-2 times per week)                 | 13 | 15 | 12 | 17 | 15 | 8  | 12 | 15 | 15 | 12 | 12 | 16 | 12 | 13 |
| Relatively often (at least once every two weeks) | 7  | 8  | 7  | 10 | 7  | 6  | 7  | 8  | 7  | 8  | 8  | 7  | 6  | 8  |
| Relatively infrequently (once per month)         | 7  | 7  | 6  | 9  | 6  | 6  | 6  | 7  | 6  | 6  | 6  | 10 | 6  | 7  |
| Rarely (once every 6 months)                     | 5  | 5  | 5  | 5  | 4  | 6  | 5  | 5  | 5  | 5  | 4  | 6  | 5  | 6  |
| Never  | 7  | 8  | 5  | 4  | 7  | 9  | 7  | 7  | 6  | 6  | 7  | 7  | 7  | 6  |
| Don't know                                       | 1  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 1  | 2  | 1  | 3  | 1  | 1  |

Weighted Sample  
Unweighted Sample

|              | Gender |        | bpcage |       |      | socgrade |      | New GOR for Weighting |          |      |        |       |       |          |
|--------------|--------|--------|--------|-------|------|----------|------|-----------------------|----------|------|--------|-------|-------|----------|
| Total        | Male   | Female | 18-34  | 35-54 | 55+  | ABC1     | C2DE | North                 | Midlands | East | London | South | Wales | Scotland |
| <b>10833</b> | 5264   | 5569   | 3460   | 3582  | 3791 | 6176     | 4657 | 2668                  | 1776     | 1038 | 1386   | 2480  | 542   | 942      |
| <b>10829</b> | 5580   | 5249   | 3039   | 3776  | 4014 | 6932     | 3897 | 2462                  | 1518     | 1091 | 1301   | 2896  | 582   | 979      |
| %            | %      | %      | %      | %     | %    | %        | %    | %                     | %        | %    | %      | %     | %     | %        |

**Eat dinner in front of the television**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | <b>46</b> | 44 | 49 | 47 | 49 | 43 | 47 | 46 | 48 | 46 | 47 | 43 | 47 | 42 | 48 |
| Quite often (1-2 times per week)                 | <b>19</b> | 21 | 18 | 23 | 19 | 17 | 19 | 20 | 20 | 20 | 18 | 23 | 17 | 20 | 18 |
| Relatively often (at least once every two weeks) | <b>10</b> | 11 | 9  | 11 | 10 | 9  | 10 | 10 | 9  | 9  | 11 | 9  | 11 | 13 | 11 |
| Relatively infrequently (once per month)         | <b>7</b>  | 7  | 7  | 7  | 7  | 7  | 7  | 7  | 7  | 8  | 6  | 7  | 8  | 8  | 6  |
| Rarely (once every 6 months)                     | <b>6</b>  | 6  | 6  | 4  | 6  | 8  | 7  | 5  | 5  | 6  | 5  | 7  | 7  | 6  | 6  |
| Never  | <b>10</b> | 10 | 10 | 4  | 9  | 16 | 10 | 10 | 10 | 9  | 11 | 8  | 11 | 10 | 9  |
| Don't know                                       | <b>1</b>  | 2  | 1  | 3  | 1  | 0  | 1  | 2  | 1  | 2  | 1  | 3  | 1  | 1  | 1  |

**Eat dinner alone**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | <b>22</b> | 22 | 22 | 21 | 20 | 24 | 22 | 21 | 23 | 20 | 23 | 24 | 20 | 16 | 25 |
| Quite often (1-2 times per week)                 | <b>11</b> | 12 | 10 | 17 | 11 | 6  | 10 | 14 | 13 | 10 | 9  | 13 | 10 | 13 | 12 |
| Relatively often (at least once every two weeks) | <b>10</b> | 12 | 9  | 15 | 11 | 6  | 10 | 11 | 10 | 13 | 9  | 12 | 10 | 10 | 9  |
| Relatively infrequently (once per month)         | <b>16</b> | 16 | 16 | 19 | 17 | 12 | 16 | 15 | 14 | 16 | 16 | 19 | 17 | 16 | 15 |
| Rarely (once every 6 months)                     | <b>21</b> | 20 | 23 | 15 | 23 | 25 | 24 | 18 | 20 | 21 | 21 | 19 | 24 | 25 | 22 |
| Never  | <b>18</b> | 16 | 19 | 10 | 15 | 27 | 17 | 18 | 19 | 18 | 21 | 11 | 19 | 19 | 16 |
| Don't know                                       | <b>1</b>  | 2  | 1  | 3  | 1  | 0  | 1  | 3  | 1  | 2  | 2  | 3  | 1  | 1  | 2  |

**Drink alcohol with your meal**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | <b>11</b> | 13 | 9  | 6  | 11 | 15 | 13 | 8  | 8  | 11 | 11 | 12 | 14 | 8  | 8  |
| Quite often (1-2 times per week)                 | <b>16</b> | 17 | 14 | 15 | 16 | 16 | 18 | 12 | 16 | 16 | 16 | 18 | 15 | 15 | 12 |
| Relatively often (at least once every two weeks) | <b>15</b> | 15 | 15 | 19 | 15 | 12 | 16 | 13 | 16 | 16 | 17 | 14 | 13 | 11 | 16 |
| Relatively infrequently (once per month)         | <b>18</b> | 18 | 17 | 21 | 16 | 15 | 17 | 18 | 17 | 16 | 17 | 18 | 19 | 19 | 17 |
| Rarely (once every 6 months)                     | <b>16</b> | 15 | 17 | 16 | 17 | 15 | 14 | 18 | 16 | 14 | 16 | 14 | 16 | 19 | 17 |
| Never  | <b>24</b> | 21 | 27 | 20 | 24 | 27 | 20 | 29 | 26 | 25 | 21 | 21 | 21 | 27 | 28 |
| Don't know                                       | <b>1</b>  | 2  | 1  | 3  | 1  | 0  | 1  | 2  | 1  | 2  | 1  | 3  | 1  | 1  | 1  |

**Cook/ bake**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Very often (2 or more times per week)            | <b>42</b> | 32 | 51 | 34 | 41 | 49 | 45 | 38 | 39 | 40 | 45 | 42 | 45 | 40 | 38 |
| Quite often (1-2 times per week)                 | <b>15</b> | 16 | 15 | 18 | 16 | 13 | 15 | 16 | 17 | 17 | 14 | 16 | 14 | 13 | 15 |
| Relatively often (at least once every two weeks) | <b>13</b> | 14 | 13 | 18 | 13 | 10 | 13 | 15 | 13 | 13 | 13 | 13 | 13 | 17 | 15 |
| Relatively infrequently (once per month)         | <b>10</b> | 11 | 10 | 14 | 11 | 7  | 10 | 10 | 11 | 10 | 8  | 10 | 11 | 10 | 11 |
| Rarely (once every 6 months)                     | <b>8</b>  | 9  | 6  | 7  | 8  | 7  | 7  | 8  | 7  | 9  | 8  | 7  | 7  | 6  | 7  |
| Never  | <b>10</b> | 17 | 4  | 6  | 10 | 14 | 9  | 11 | 11 | 9  | 11 | 10 | 8  | 12 | 12 |
| Don't know                                       | <b>1</b>  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 1  | 2  | 1  | 3  | 1  | 1  | 1  |

|                          | Gender       |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>10833</b> | 5264 | 5569   | 3461  | 3582  | 3791     | 6176 | 4657                  | 2668  | 1776     | 1039 | 1386   | 2480  | 542   | 942      |
| <b>Unweighted Sample</b> | <b>10830</b> | 5581 | 5249   | 3040  | 3776  | 4014     | 6933 | 3897                  | 2462  | 1518     | 1092 | 1301   | 2896  | 582   | 979      |
|                          | %            | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |

Do you consider yourself a cautious or adventurous eater?

|             |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Cautious    | <b>41</b> | 38 | 44 | 36 | 39 | 47 | 39 | 43 | 42 | 40 | 40 | 39 | 41 | 41 | 43 |
| Adventurous | <b>52</b> | 55 | 49 | 57 | 54 | 47 | 54 | 49 | 51 | 54 | 54 | 55 | 52 | 48 | 51 |
| Don't know  | <b>7</b>  | 7  | 7  | 8  | 7  | 6  | 6  | 8  | 7  | 6  | 6  | 6  | 8  | 10 | 5  |

|                          |              |      |      |      |      |      |      |      |      |      |      |      |      |     |     |
|--------------------------|--------------|------|------|------|------|------|------|------|------|------|------|------|------|-----|-----|
| <b>Weighted Sample</b>   | <b>10830</b> | 5264 | 5566 | 3461 | 3578 | 3791 | 6172 | 4657 | 2664 | 1776 | 1039 | 1386 | 2480 | 542 | 942 |
| <b>Unweighted Sample</b> | <b>10829</b> | 5581 | 5248 | 3040 | 3775 | 4014 | 6932 | 3897 | 2461 | 1518 | 1092 | 1301 | 2896 | 582 | 979 |
|                          | %            | %    | %    | %    | %    | %    | %    | %    | %    | %    | %    | %    | %    | %   | %   |

Which type of food is your favourite? Please select up to 2.

|                                |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--------------------------------|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| English                        | <b>45</b> | 45 | 45 | 29 | 41 | 62 | 43 | 47 | 49 | 47 | 48 | 35 | 48 | 47 | 31 |
| Indian                         | <b>27</b> | 30 | 24 | 30 | 30 | 22 | 28 | 26 | 26 | 30 | 26 | 29 | 26 | 27 | 28 |
| French                         | <b>6</b>  | 6  | 6  | 4  | 6  | 7  | 7  | 4  | 4  | 5  | 6  | 8  | 7  | 6  | 6  |
| Italian                        | <b>33</b> | 28 | 38 | 41 | 31 | 28 | 36 | 29 | 31 | 31 | 33 | 38 | 34 | 28 | 38 |
| Chinese                        | <b>27</b> | 27 | 26 | 28 | 27 | 25 | 24 | 30 | 28 | 29 | 26 | 22 | 26 | 28 | 25 |
| South East Asian               | <b>5</b>  | 6  | 5  | 7  | 6  | 4  | 7  | 4  | 4  | 5  | 5  | 9  | 7  | 4  | 3  |
| Mexican                        | <b>7</b>  | 7  | 8  | 12 | 8  | 2  | 7  | 7  | 7  | 8  | 9  | 7  | 6  | 6  | 12 |
| American (steaks, burgers etc) | <b>8</b>  | 11 | 6  | 14 | 7  | 3  | 7  | 10 | 8  | 7  | 8  | 9  | 8  | 10 | 9  |
| Other                          | <b>4</b>  | 4  | 5  | 5  | 5  | 3  | 4  | 5  | 3  | 3  | 5  | 7  | 4  | 3  | 7  |

|                          | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>64297</b> | 31248 | 33049  | 20217 | 21475 | 22604    | 36648 | 27649                 | 15816 | 10546    | 6171 | 8231   | 14724 | 3215  | 5594     |
| <b>Unweighted Sample</b> | 64297        | 33109 | 31188  | 18117 | 22525 | 23653    | 40916 | 23381                 | 14282 | 9414     | 6395 | 7880   | 17011 | 3386  | 5929     |
|                          | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |

**Which of these applies best to your household?**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Our income is normally greater than our spending, so we are able to save   | <b>31</b> | 34 | 29 | 29 | 28 | 37 | 37 | 25 | 31 | 31 | 32 | 31 | 33 | 28 | 32 |
| Our income and spending are normally about the same  | <b>44</b> | 44 | 44 | 43 | 46 | 43 | 43 | 46 | 44 | 45 | 44 | 41 | 43 | 44 | 45 |
| Our income is normally less than our spending, but we are able to borrow and/or draw on our savings without much problem | <b>8</b>  | 8  | 9  | 7  | 8  | 10 | 8  | 8  | 8  | 8  | 9  | 9  | 8  | 8  | 8  |
| Our income is normally less than our spending, and I am concerned that our debt is increasing                            | <b>10</b> | 9  | 12 | 10 | 15 | 7  | 9  | 12 | 12 | 10 | 10 | 11 | 10 | 13 | 10 |
| Don't know   | <b>6</b>  | 6  | 6  | 11 | 4  | 3  | 3  | 9  | 6  | 6  | 5  | 8  | 5  | 6  | 5  |

**Which of the following best describes your home?**

|                                     |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------------------|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Detached house                      | <b>23</b> | 24 | 23 | 14 | 22 | 33 | 28 | 18 | 20 | 30 | 31 | 6  | 28 | 26 | 24 |
| Semi-detached house                 | <b>33</b> | 32 | 33 | 30 | 35 | 33 | 31 | 34 | 39 | 37 | 32 | 26 | 29 | 33 | 26 |
| Terraced house                      | <b>24</b> | 23 | 25 | 26 | 26 | 20 | 22 | 26 | 28 | 20 | 22 | 26 | 23 | 27 | 19 |
| Flat in a house                     | <b>4</b>  | 4  | 4  | 7  | 3  | 2  | 4  | 4  | 2  | 2  | 2  | 10 | 4  | 3  | 4  |
| Flat in a block of flats            | <b>11</b> | 11 | 10 | 16 | 9  | 7  | 11 | 11 | 7  | 7  | 8  | 22 | 9  | 6  | 23 |
| Maisonette                          | <b>2</b>  | 2  | 2  | 3  | 2  | 1  | 2  | 2  | 1  | 1  | 1  | 6  | 2  | 1  | 2  |
| Room in a flat-share or house-share | <b>1</b>  | 1  | 1  | 2  | 0  | 0  | 0  | 1  | 0  | 1  | 1  | 2  | 1  | 1  | 1  |
| Other                               | <b>3</b>  | 3  | 3  | 2  | 2  | 5  | 2  | 4  | 3  | 3  | 4  | 2  | 4  | 3  | 1  |

|                          |              |       |       |       |       |       |       |       |       |       |      |      |       |      |      |
|--------------------------|--------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|------|-------|------|------|
| <b>Weighted Sample</b>   | <b>64298</b> | 31249 | 33049 | 20217 | 21476 | 22604 | 36649 | 27649 | 15816 | 10544 | 6173 | 8231 | 14724 | 3215 | 5594 |
| <b>Unweighted Sample</b> | 64297        | 33109 | 31188 | 18117 | 22525 | 23653 | 40916 | 23381 | 14282 | 9413  | 6396 | 7880 | 17011 | 3386 | 5929 |
|                          | %            | %     | %     | %     | %     | %     | %     | %     | %     | %     | %    | %    | %     | %    | %    |

**For each of the following, who is mainly responsible in your household?**

**Cooking**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | <b>51</b> | 34 | 67 | 40 | 55 | 58 | 54 | 47 | 51 | 51 | 53 | 51 | 52 | 49 | 49 |
| Another member of our family/household – male              | <b>7</b>  | 6  | 9  | 9  | 7  | 7  | 7  | 7  | 8  | 8  | 7  | 8  | 7  | 8  | 8  |
| Another member of our family/household - female            | <b>20</b> | 35 | 6  | 22 | 18 | 20 | 18 | 22 | 19 | 21 | 20 | 18 | 20 | 20 | 20 |
| Shared equally with another member of our family/household | <b>20</b> | 23 | 17 | 26 | 20 | 15 | 20 | 21 | 21 | 19 | 19 | 21 | 20 | 21 | 21 |
| We pay someone else to do it                               | <b>0</b>  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | <b>1</b>  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 1  | 1  | 0  | 1  | 1  |
| Nobody / Not applicable                                    | <b>1</b>  | 1  | 1  | 2  | 0  | 0  | 1  | 1  | 1  | 1  | 1  | 2  | 1  | 1  | 1  |

|  | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|  | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>                                     | <b>64298</b> | 31249 | 33049  | 20217 | 21476 | 22604    | 36649 | 27649                 | 15816 | 10544    | 6173 | 8231   | 14724 | 3215  | 5594     |
| <b>Unweighted Sample</b>                                   | 64297        | 33109 | 31188  | 18117 | 22525 | 23653    | 40916 | 23381                 | 14282 | 9413     | 6396 | 7880   | 17011 | 3386  | 5929     |
|  | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |
| <b>Gardening</b>   |              |       |        |       |       |          |       |                       |       |          |      |        |       |       |          |
| Me   | 38           | 40    | 36     | 24    | 44    | 44       | 40    | 35                    | 39    | 39       | 38   | 32     | 38    | 40    | 37       |
| Another member of our family/household – male              | 16           | 7     | 25     | 19    | 15    | 15       | 16    | 16                    | 18    | 18       | 16   | 14     | 15    | 18    | 15       |
| Another member of our family/household - female            | 9            | 14    | 4      | 11    | 8     | 7        | 8     | 10                    | 8     | 9        | 8    | 9      | 10    | 9     | 8        |
| Shared equally with another member of our family/household | 20           | 21    | 19     | 19    | 20    | 22       | 20    | 20                    | 19    | 22       | 23   | 15     | 22    | 21    | 18       |
| We pay someone else to do it                               | 3            | 3     | 3      | 2     | 3     | 4        | 4     | 2                     | 3     | 2        | 4    | 3      | 3     | 2     | 4        |
| Someone else   | 2            | 2     | 2      | 3     | 2     | 1        | 2     | 2                     | 2     | 2        | 2    | 3      | 2     | 2     | 2        |
| Nobody / Not applicable                                    | 12           | 13    | 11     | 22    | 10    | 6        | 11    | 14                    | 11    | 8        | 8    | 24     | 11    | 9     | 17       |
| <b>Washing clothes</b>                                     |              |       |        |       |       |          |       |                       |       |          |      |        |       |       |          |
| Me   | 52           | 26    | 76     | 40    | 56    | 58       | 55    | 47                    | 52    | 51       | 54   | 52     | 53    | 51    | 49       |
| Another member of our family/household – male              | 5            | 7     | 3      | 5     | 5     | 5        | 5     | 5                     | 5     | 5        | 4    | 5      | 4     | 5     | 4        |
| Another member of our family/household - female            | 25           | 44    | 6      | 26    | 22    | 26       | 22    | 28                    | 25    | 26       | 25   | 20     | 25    | 24    | 26       |
| Shared equally with another member of our family/household | 17           | 21    | 14     | 25    | 16    | 10       | 17    | 18                    | 17    | 16       | 15   | 20     | 17    | 19    | 19       |
| We pay someone else to do it                               | 0            | 0     | 0      | 0     | 0     | 0        | 0     | 0                     | 0     | 0        | 0    | 1      | 0     | 0     | 0        |
| Someone else   | 1            | 1     | 0      | 1     | 1     | 0        | 1     | 1                     | 1     | 0        | 1    | 1      | 1     | 1     | 1        |
| Nobody / Not applicable                                    | 1            | 1     | 1      | 2     | 0     | 0        | 0     | 1                     | 1     | 1        | 1    | 1      | 1     | 1     | 1        |
| <b>Ironing</b>   |              |       |        |       |       |          |       |                       |       |          |      |        |       |       |          |
| Me   | 47           | 26    | 67     | 35    | 52    | 54       | 51    | 43                    | 48    | 47       | 49   | 46     | 48    | 47    | 46       |
| Another member of our family/household – male              | 6            | 7     | 6      | 7     | 6     | 6        | 6     | 6                     | 6     | 6        | 7    | 7      | 6     | 6     | 6        |
| Another member of our family/household - female            | 22           | 40    | 6      | 23    | 20    | 24       | 20    | 26                    | 23    | 24       | 23   | 17     | 22    | 25    | 24       |
| Shared equally with another member of our family/household | 15           | 18    | 12     | 21    | 15    | 10       | 15    | 15                    | 16    | 15       | 13   | 19     | 14    | 14    | 17       |
| We pay someone else to do it                               | 2            | 2     | 1      | 1     | 2     | 2        | 2     | 1                     | 1     | 2        | 2    | 4      | 1     | 1     | 2        |
| Someone else   | 1            | 1     | 1      | 1     | 1     | 1        | 1     | 1                     | 1     | 1        | 1    | 1      | 1     | 1     | 1        |
| Nobody / Not applicable                                    | 6            | 6     | 6      | 11    | 5     | 3        | 5     | 7                     | 5     | 6        | 7    | 7      | 7     | 6     | 5        |
| <b>Keeping the home clean – vacuum cleaning etc</b>        |              |       |        |       |       |          |       |                       |       |          |      |        |       |       |          |
| Me   | 45           | 26    | 62     | 35    | 49    | 49       | 47    | 42                    | 45    | 44       | 45   | 43     | 45    | 44    | 44       |
| Another member of our family/household – male              | 5            | 5     | 5      | 5     | 5     | 6        | 5     | 5                     | 5     | 5        | 6    | 5      | 5     | 6     | 5        |
| Another member of our family/household - female            | 16           | 28    | 5      | 18    | 14    | 15       | 14    | 18                    | 16    | 17       | 16   | 13     | 16    | 16    | 17       |
| Shared equally with another member of our family/household | 29           | 35    | 24     | 36    | 27    | 25       | 28    | 30                    | 30    | 29       | 28   | 29     | 29    | 31    | 30       |
| We pay someone else to do it                               | 3            | 4     | 3      | 3     | 3     | 4        | 5     | 2                     | 2     | 3        | 4    | 7      | 4     | 2     | 2        |
| Someone else   | 1            | 1     | 1      | 1     | 1     | 1        | 1     | 1                     | 1     | 1        | 1    | 1      | 1     | 1     | 1        |
| Nobody / Not applicable                                    | 1            | 1     | 1      | 2     | 0     | 0        | 0     | 1                     | 1     | 1        | 1    | 1      | 1     | 1     | 1        |

|                          | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>64298</b> | 31249 | 33049  | 20217 | 21476 | 22604    | 36649 | 27649                 | 15816 | 10544    | 6173 | 8231   | 14724 | 3215  | 5594     |
| <b>Unweighted Sample</b> | 64297        | 33109 | 31188  | 18117 | 22525 | 23653    | 40916 | 23381                 | 14282 | 9413     | 6396 | 7880   | 17011 | 3386  | 5929     |
|                          | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |

**Choosing furniture / curtains / carpets etc for your home**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | <b>35</b> | 20 | 49 | 25 | 40 | 40 | 38 | 32 | 36 | 34 | 35 | 37 | 34 | 35 | 35 |
| Another member of our family/household – male              | <b>4</b>  | 5  | 2  | 5  | 3  | 3  | 3  | 5  | 4  | 3  | 3  | 4  | 3  | 4  | 3  |
| Another member of our family/household - female            | <b>15</b> | 25 | 5  | 20 | 13 | 12 | 12 | 18 | 15 | 15 | 13 | 13 | 14 | 15 | 17 |
| Shared equally with another member of our family/household | <b>43</b> | 45 | 40 | 41 | 42 | 44 | 45 | 40 | 42 | 44 | 46 | 39 | 45 | 42 | 40 |
| We pay someone else to do it                               | <b>0</b>  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | <b>1</b>  | 2  | 1  | 4  | 1  | 0  | 1  | 2  | 1  | 1  | 1  | 3  | 1  | 1  | 1  |
| Nobody / Not applicable                                    | <b>2</b>  | 3  | 2  | 6  | 1  | 1  | 2  | 4  | 2  | 2  | 2  | 4  | 2  | 3  | 3  |

**DIY; assembling furniture from flat packs etc**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | <b>45</b> | 66 | 26 | 35 | 53 | 48 | 46 | 44 | 46 | 46 | 44 | 43 | 45 | 46 | 49 |
| Another member of our family/household – male              | <b>25</b> | 8  | 41 | 28 | 22 | 25 | 25 | 25 | 26 | 25 | 27 | 22 | 26 | 24 | 24 |
| Another member of our family/household - female            | <b>3</b>  | 3  | 2  | 4  | 2  | 2  | 2  | 3  | 3  | 3  | 2  | 3  | 2  | 3  | 3  |
| Shared equally with another member of our family/household | <b>19</b> | 16 | 21 | 24 | 19 | 14 | 19 | 19 | 18 | 19 | 19 | 20 | 19 | 19 | 17 |
| We pay someone else to do it                               | <b>1</b>  | 1  | 2  | 1  | 1  | 2  | 2  | 1  | 1  | 1  | 2  | 2  | 1  | 2  | 1  |
| Someone else   | <b>3</b>  | 2  | 3  | 3  | 2  | 3  | 2  | 3  | 3  | 2  | 3  | 4  | 2  | 3  | 3  |
| Nobody / Not applicable                                    | <b>4</b>  | 4  | 4  | 5  | 2  | 5  | 4  | 5  | 4  | 4  | 4  | 6  | 4  | 4  | 3  |

**Changing fuses, light bulbs etc**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | <b>52</b> | 74 | 31 | 37 | 59 | 58 | 53 | 50 | 52 | 52 | 50 | 51 | 51 | 51 | 56 |
| Another member of our family/household – male              | <b>26</b> | 8  | 43 | 31 | 22 | 26 | 26 | 26 | 27 | 27 | 29 | 23 | 27 | 25 | 23 |
| Another member of our family/household - female            | <b>2</b>  | 2  | 2  | 4  | 2  | 2  | 2  | 3  | 2  | 2  | 2  | 3  | 2  | 3  | 3  |
| Shared equally with another member of our family/household | <b>16</b> | 13 | 20 | 22 | 16 | 12 | 16 | 17 | 16 | 16 | 16 | 19 | 17 | 18 | 15 |
| We pay someone else to do it                               | <b>0</b>  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | <b>2</b>  | 1  | 2  | 3  | 1  | 2  | 1  | 2  | 2  | 2  | 2  | 3  | 2  | 2  | 2  |
| Nobody / Not applicable                                    | <b>1</b>  | 1  | 1  | 2  | 0  | 0  | 1  | 2  | 1  | 1  | 1  | 2  | 1  | 1  | 1  |

**Shopping for food / groceries**

|  |           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | <b>47</b> | 31 | 61 | 36 | 52 | 51 | 50 | 42 | 46 | 46 | 48 | 49 | 47 | 44 | 44 |
| Another member of our family/household – male              | <b>4</b>  | 4  | 4  | 5  | 3  | 3  | 4  | 4  | 4  | 4  | 4  | 5  | 3  | 4  | 4  |
| Another member of our family/household - female            | <b>13</b> | 21 | 5  | 17 | 11 | 10 | 10 | 15 | 12 | 13 | 13 | 11 | 13 | 13 | 13 |
| Shared equally with another member of our family/household | <b>36</b> | 43 | 29 | 39 | 33 | 35 | 35 | 37 | 37 | 36 | 34 | 34 | 36 | 38 | 37 |
| We pay someone else to do it                               | <b>0</b>  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | <b>0</b>  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 0  | 1  | 0  | 0  | 1  |
| Nobody / Not applicable                                    | <b>1</b>  | 1  | 1  | 2  | 0  | 0  | 0  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  |

|                          | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>64298</b> | 31249 | 33049  | 20217 | 21476 | 22604    | 36649 | 27649                 | 15816 | 10544    | 6173 | 8231   | 14724 | 3215  | 5594     |
| <b>Unweighted Sample</b> | 64297        | 33109 | 31188  | 18117 | 22525 | 23653    | 40916 | 23381                 | 14282 | 9413     | 6396 | 7880   | 17011 | 3386  | 5929     |
|                          | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |

**Dealing with household finances – e.g. insurance / mortgage / rent / council tax / income tax / bank etc**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | 55 | 56 | 55 | 38 | 62 | 65 | 61 | 47 | 56 | 55 | 56 | 55 | 55 | 55 | 54 |
| Another member of our family/household – male              | 12 | 7  | 16 | 17 | 8  | 10 | 10 | 14 | 11 | 11 | 13 | 12 | 12 | 12 | 10 |
| Another member of our family/household - female            | 8  | 11 | 4  | 14 | 6  | 4  | 5  | 11 | 8  | 8  | 7  | 7  | 8  | 8  | 10 |
| Shared equally with another member of our family/household | 24 | 24 | 23 | 27 | 23 | 21 | 22 | 25 | 23 | 25 | 23 | 23 | 23 | 24 | 25 |
| We pay someone else to do it                               | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | 1  | 1  | 0  | 2  | 0  | 0  | 0  | 1  | 1  | 0  | 1  | 1  | 1  | 1  | 1  |
| Nobody / Not applicable                                    | 1  | 1  | 1  | 3  | 0  | 0  | 0  | 2  | 1  | 1  | 1  | 1  | 1  | 1  | 1  |

**Putting petrol/diesel in the car**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | 43 | 51 | 35 | 30 | 46 | 50 | 45 | 39 | 43 | 43 | 43 | 36 | 44 | 46 | 42 |
| Another member of our family/household – male              | 15 | 6  | 24 | 16 | 12 | 17 | 14 | 17 | 16 | 16 | 16 | 15 | 14 | 15 | 14 |
| Another member of our family/household - female            | 4  | 5  | 2  | 6  | 3  | 2  | 3  | 5  | 4  | 4  | 3  | 4  | 3  | 3  | 4  |
| Shared equally with another member of our family/household | 25 | 25 | 24 | 28 | 27 | 20 | 27 | 22 | 23 | 27 | 28 | 17 | 28 | 26 | 23 |
| We pay someone else to do it                               | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | 0  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 1  | 0  | 0  | 1  | 0  | 0  | 1  |
| Nobody / Not applicable                                    | 13 | 12 | 14 | 19 | 11 | 10 | 11 | 16 | 12 | 10 | 9  | 27 | 9  | 10 | 16 |

**Putting out the bins**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | 47 | 58 | 36 | 35 | 52 | 52 | 49 | 44 | 47 | 47 | 46 | 46 | 46 | 47 | 49 |
| Another member of our family/household – male              | 21 | 7  | 35 | 22 | 19 | 23 | 22 | 21 | 23 | 22 | 21 | 17 | 21 | 23 | 20 |
| Another member of our family/household - female            | 5  | 7  | 3  | 7  | 4  | 4  | 4  | 6  | 5  | 5  | 5  | 5  | 5  | 5  | 4  |
| Shared equally with another member of our family/household | 24 | 24 | 23 | 31 | 23 | 18 | 23 | 25 | 22 | 23 | 24 | 27 | 24 | 23 | 23 |
| We pay someone else to do it                               | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  |
| Someone else   | 1  | 1  | 1  | 2  | 1  | 1  | 1  | 1  | 2  | 1  | 1  | 1  | 1  | 1  | 2  |
| Nobody / Not applicable                                    | 2  | 2  | 1  | 3  | 1  | 1  | 1  | 2  | 2  | 2  | 1  | 3  | 1  | 1  | 2  |

**Operating the remote control for the television**

|  |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Me   | 36 | 37 | 35 | 29 | 38 | 40 | 37 | 34 | 36 | 35 | 35 | 37 | 35 | 35 | 36 |
| Another member of our family/household – male              | 12 | 4  | 19 | 11 | 12 | 12 | 12 | 11 | 13 | 12 | 12 | 10 | 11 | 13 | 11 |
| Another member of our family/household - female            | 5  | 8  | 2  | 5  | 4  | 5  | 4  | 5  | 5  | 5  | 5  | 4  | 5  | 5  | 5  |
| Shared equally with another member of our family/household | 44 | 47 | 42 | 49 | 44 | 41 | 44 | 45 | 43 | 44 | 45 | 44 | 46 | 44 | 44 |
| We pay someone else to do it                               | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Someone else   | 0  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 0  | 1  |
| Nobody / Not applicable                                    | 3  | 3  | 2  | 6  | 2  | 1  | 2  | 4  | 2  | 3  | 2  | 5  | 3  | 2  | 3  |

|                          | Gender       |       | bpcage |       |       | socgrade |       | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|-------|--------|-------|-------|----------|-------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male  | Female | 18-34 | 35-54 | 55+      | ABC1  | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>64299</b> | 31250 | 33049  | 20217 | 21476 | 22604    | 36650 | 27649                 | 15816 | 10544    | 6173 | 8231   | 14725 | 3215  | 5594     |
| <b>Unweighted Sample</b> | <b>64298</b> | 33110 | 31188  | 18117 | 22526 | 23653    | 40917 | 23381                 | 14282 | 9413     | 6396 | 7880   | 17012 | 3386  | 5929     |
|                          | %            | %     | %      | %     | %     | %        | %     | %                     | %     | %        | %    | %      | %     | %     | %        |

Which of the following, if any, do you currently pay for? Please tick all that apply.

|                                      |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|--------------------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Live-in nanny                        | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Live-out nanny / nanny-share         | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  |
| Au Pair                              | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  |
| Cleaner                              | 5  | 6  | 5  | 5  | 5  | 6  | 7  | 3  | 4  | 4  | 6  | 10 | 6  | 3  | 4  |
| Ironing service                      | 2  | 2  | 1  | 1  | 2  | 2  | 2  | 1  | 1  | 1  | 2  | 3  | 1  | 1  | 1  |
| Housekeeper                          | 0  | 0  | 0  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 1  | 0  | 0  | 0  |
| Gardener who comes regularly         | 5  | 5  | 5  | 3  | 4  | 7  | 6  | 3  | 5  | 4  | 6  | 5  | 5  | 4  | 5  |
| Some other regular household service | 3  | 3  | 3  | 2  | 3  | 3  | 3  | 2  | 3  | 3  | 3  | 2  | 3  | 3  | 4  |
| None                                 | 88 | 88 | 88 | 90 | 89 | 85 | 85 | 92 | 89 | 89 | 87 | 83 | 88 | 91 | 88 |

|                          |              |       |       |       |       |       |       |       |       |       |      |      |       |      |      |
|--------------------------|--------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|------|-------|------|------|
| <b>Weighted Sample</b>   | <b>64298</b> | 31249 | 33049 | 20217 | 21476 | 22604 | 36649 | 27649 | 15816 | 10544 | 6173 | 8231 | 14724 | 3215 | 5594 |
| <b>Unweighted Sample</b> | <b>64297</b> | 33109 | 31188 | 18117 | 22525 | 23653 | 40916 | 23381 | 14282 | 9413  | 6396 | 7880 | 17011 | 3386 | 5929 |
|                          | %            | %     | %     | %     | %     | %     | %     | %     | %     | %     | %    | %    | %     | %    | %    |

What do you generally spend your free time doing? Please tick all that apply

|                                     |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Meet up for coffee or tea           | 25 | 15 | 35 | 30 | 22 | 25 | 27 | 23 | 24 | 23 | 25 | 28 | 27 | 23 | 28 |
| Meet up for drinks at pubs          | 29 | 34 | 25 | 46 | 25 | 17 | 28 | 30 | 30 | 29 | 27 | 35 | 27 | 27 | 29 |
| Meet up for drinks at bars          | 18 | 20 | 16 | 35 | 14 | 7  | 17 | 19 | 18 | 16 | 15 | 25 | 15 | 17 | 22 |
| Go out for dinner                   | 33 | 31 | 36 | 42 | 29 | 30 | 37 | 28 | 31 | 33 | 34 | 42 | 33 | 29 | 31 |
| Going for a walk                    | 49 | 46 | 51 | 45 | 48 | 53 | 52 | 45 | 48 | 49 | 46 | 44 | 52 | 49 | 50 |
| Communicating with friends / family | 53 | 43 | 63 | 61 | 46 | 54 | 55 | 51 | 51 | 52 | 54 | 58 | 55 | 52 | 53 |
| Visit ing nightclubs                | 7  | 8  | 6  | 20 | 2  | 0  | 5  | 10 | 7  | 6  | 6  | 10 | 6  | 7  | 9  |
| Sightseeing                         | 19 | 20 | 19 | 17 | 17 | 23 | 22 | 16 | 19 | 19 | 19 | 20 | 21 | 18 | 16 |
| Volunteering                        | 12 | 11 | 13 | 10 | 9  | 17 | 14 | 10 | 11 | 12 | 13 | 12 | 13 | 11 | 13 |
| Drawing / painting                  | 6  | 4  | 7  | 7  | 4  | 6  | 5  | 6  | 5  | 6  | 5  | 6  | 7  | 5  | 5  |
| Knitting / needlework / embroidery  | 10 | 1  | 18 | 6  | 8  | 15 | 11 | 8  | 9  | 10 | 11 | 7  | 11 | 10 | 10 |
| Physical exercise                   | 28 | 29 | 27 | 39 | 26 | 20 | 30 | 25 | 27 | 27 | 27 | 31 | 28 | 25 | 29 |
| Sports training or matches          | 8  | 13 | 4  | 13 | 8  | 4  | 8  | 8  | 8  | 8  | 8  | 9  | 8  | 8  | 9  |
| Watching sport live                 | 15 | 24 | 7  | 19 | 16 | 11 | 15 | 16 | 17 | 16 | 14 | 16 | 12 | 15 | 18 |
| Watching sport on television        | 31 | 46 | 17 | 30 | 32 | 30 | 30 | 32 | 33 | 31 | 30 | 30 | 28 | 32 | 33 |
| Watching television / DVDs          | 78 | 75 | 80 | 79 | 77 | 77 | 79 | 76 | 78 | 77 | 79 | 77 | 78 | 79 | 76 |
| Playing computer games              | 27 | 32 | 22 | 38 | 25 | 19 | 24 | 31 | 27 | 28 | 26 | 26 | 26 | 27 | 28 |
| Cooking / baking                    | 33 | 23 | 43 | 36 | 31 | 33 | 34 | 31 | 32 | 32 | 34 | 35 | 35 | 31 | 30 |
| Gardening                           | 38 | 36 | 40 | 17 | 38 | 58 | 41 | 34 | 38 | 41 | 42 | 28 | 42 | 38 | 33 |
| Using the internet                  | 81 | 82 | 80 | 82 | 80 | 82 | 81 | 81 | 81 | 81 | 81 | 79 | 81 | 82 | 82 |
| Don't know                          | 2  | 2  | 1  | 3  | 2  | 1  | 1  | 3  | 2  | 2  | 2  | 2  | 2  | 2  | 1  |

|                          | Gender       |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|--------------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total        | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>10830</b> | 5264 | 5566   | 3461  | 3578  | 3791     | 6172 | 4657                  | 2664  | 1776     | 1039 | 1386   | 2480  | 542   | 942      |
| <b>Unweighted Sample</b> | <b>10829</b> | 5581 | 5248   | 3040  | 3775  | 4014     | 6932 | 3897                  | 2461  | 1518     | 1092 | 1301   | 2896  | 582   | 979      |
|                          | %            | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |

In a typical WEEK, how long do you spend doing each the following for pleasure?

**Watching the television**

|                         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| None at all             | 2  | 3  | 1  | 4  | 2  | 1  | 2  | 3  | 2  | 2  | 1  | 3  | 2  | 1  | 4  |
| Less than 10 hours      | 27 | 26 | 27 | 35 | 28 | 19 | 27 | 27 | 27 | 25 | 27 | 32 | 25 | 28 | 26 |
| Between 11 and 20 hours | 35 | 36 | 34 | 31 | 35 | 38 | 37 | 32 | 34 | 35 | 36 | 33 | 37 | 38 | 33 |
| Between 21 and 30 hours | 21 | 21 | 21 | 16 | 21 | 25 | 21 | 20 | 20 | 22 | 21 | 16 | 21 | 23 | 22 |
| Between 31 and 40 hours | 9  | 8  | 9  | 7  | 7  | 12 | 8  | 9  | 9  | 9  | 9  | 8  | 8  | 6  | 9  |
| More than 40 hours      | 5  | 4  | 5  | 3  | 6  | 5  | 4  | 6  | 6  | 4  | 4  | 4  | 5  | 2  | 4  |
| Don't know              | 2  | 2  | 2  | 4  | 2  | 1  | 2  | 3  | 2  | 2  | 1  | 3  | 2  | 1  | 2  |

**Using the internet**

|                         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| None at all             | 1  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 0  | 0  | 1  | 1  | 0  | 0  | 1  |
| Less than 10 hours      | 31 | 25 | 36 | 23 | 33 | 35 | 33 | 28 | 31 | 30 | 32 | 30 | 32 | 32 | 28 |
| Between 11 and 20 hours | 35 | 36 | 33 | 32 | 34 | 38 | 37 | 32 | 35 | 33 | 36 | 34 | 35 | 37 | 35 |
| Between 21 and 30 hours | 19 | 20 | 17 | 21 | 18 | 17 | 17 | 21 | 18 | 20 | 17 | 19 | 17 | 22 | 19 |
| Between 31 and 40 hours | 8  | 8  | 7  | 11 | 7  | 6  | 7  | 9  | 7  | 8  | 8  | 9  | 8  | 4  | 9  |
| More than 40 hours      | 6  | 7  | 5  | 8  | 6  | 4  | 5  | 7  | 7  | 7  | 6  | 5  | 6  | 4  | 6  |
| Don't know              | 2  | 2  | 2  | 3  | 2  | 1  | 1  | 3  | 2  | 2  | 1  | 3  | 2  | 1  | 2  |

**Listening to the radio**

|                         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| None at all             | 14 | 13 | 15 | 16 | 11 | 15 | 12 | 16 | 15 | 15 | 12 | 15 | 12 | 13 | 14 |
| Less than 10 hours      | 57 | 57 | 56 | 58 | 58 | 55 | 57 | 56 | 56 | 54 | 57 | 56 | 57 | 61 | 61 |
| Between 11 and 20 hours | 16 | 17 | 15 | 14 | 17 | 16 | 18 | 13 | 16 | 17 | 18 | 15 | 16 | 14 | 13 |
| Between 21 and 30 hours | 6  | 6  | 7  | 6  | 7  | 7  | 6  | 7  | 7  | 7  | 6  | 6  | 7  | 6  | 5  |
| Between 31 and 40 hours | 3  | 3  | 3  | 2  | 3  | 4  | 3  | 3  | 2  | 3  | 4  | 3  | 3  | 2  | 4  |
| More than 40 hours      | 2  | 2  | 2  | 1  | 2  | 2  | 2  | 2  | 2  | 2  | 1  | 2  | 2  | 2  | 1  |
| Don't know              | 2  | 2  | 2  | 3  | 2  | 1  | 1  | 3  | 2  | 2  | 2  | 3  | 2  | 2  | 2  |

How often do you read a daily newspaper either online or on paper?

|                       |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-----------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Every day             | 37 | 40 | 35 | 26 | 33 | 52 | 38 | 37 | 37 | 34 | 39 | 39 | 35 | 39 | 46 |
| Several times a week  | 20 | 20 | 20 | 25 | 19 | 15 | 20 | 19 | 18 | 18 | 21 | 23 | 18 | 24 | 25 |
| Once a week           | 10 | 10 | 10 | 11 | 10 | 8  | 10 | 10 | 10 | 10 | 8  | 10 | 12 | 8  | 7  |
| Several times a month | 6  | 5  | 6  | 8  | 6  | 4  | 6  | 6  | 7  | 6  | 6  | 6  | 5  | 4  | 5  |
| Once a month or less  | 10 | 9  | 11 | 12 | 12 | 7  | 10 | 10 | 11 | 13 | 11 | 9  | 10 | 9  | 6  |
| Never                 | 16 | 15 | 16 | 15 | 19 | 13 | 15 | 16 | 16 | 18 | 15 | 11 | 19 | 16 | 8  |
| Don't know            | 1  | 2  | 1  | 3  | 1  | 0  | 1  | 2  | 1  | 2  | 1  | 2  | 1  | 1  | 2  |

|                          | Gender      |      | bpcage |       |       | socgrade |      | New GOR for Weighting |       |          |      |        |       |       |          |
|--------------------------|-------------|------|--------|-------|-------|----------|------|-----------------------|-------|----------|------|--------|-------|-------|----------|
|                          | Total       | Male | Female | 18-34 | 35-54 | 55+      | ABC1 | C2DE                  | North | Midlands | East | London | South | Wales | Scotland |
| <b>Weighted Sample</b>   | <b>9140</b> | 4471 | 4669   | 2956  | 2904  | 3279     | 5221 | 3919                  | 2230  | 1463     | 886  | 1238   | 2003  | 455   | 865      |
| <b>Unweighted Sample</b> | <b>9223</b> | 4834 | 4389   | 2606  | 3076  | 3541     | 6016 | 3207                  | 2071  | 1255     | 937  | 1177   | 2415  | 489   | 879      |
|                          | %           | %    | %      | %     | %     | %        | %    | %                     | %     | %        | %    | %      | %     | %     | %        |

Which newspaper do you read most often?

|                           |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|---------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Guardian                  | 5  | 6  | 4  | 8  | 5  | 3  | 6  | 4  | 5  | 5  | 4  | 7  | 5  | 4  | 4  |
| Independent               | 1  | 2  | 1  | 2  | 1  | 1  | 2  | 1  | 1  | 1  | 2  | 2  | 2  | 1  | 1  |
| I                         | 2  | 2  | 2  | 2  | 2  | 1  | 2  | 2  | 2  | 2  | 2  | 1  | 3  | 2  | 1  |
| Times                     | 5  | 6  | 5  | 5  | 5  | 6  | 7  | 3  | 5  | 5  | 6  | 5  | 7  | 6  | 2  |
| Telegraph                 | 6  | 7  | 5  | 3  | 5  | 9  | 8  | 3  | 5  | 6  | 7  | 5  | 9  | 5  | 2  |
| Financial Times           | 1  | 1  | 0  | 1  | 1  | 0  | 1  | 0  | 0  | 0  | 1  | 1  | 1  | 0  | 1  |
| Daily Mail                | 17 | 14 | 20 | 8  | 16 | 25 | 19 | 14 | 15 | 21 | 17 | 13 | 20 | 14 | 11 |
| Daily Express             | 3  | 3  | 3  | 1  | 3  | 6  | 4  | 3  | 4  | 4  | 4  | 1  | 4  | 2  | 3  |
| The Sun                   | 20 | 20 | 19 | 24 | 21 | 15 | 13 | 28 | 17 | 24 | 25 | 17 | 21 | 23 | 14 |
| Daily Star                | 1  | 2  | 1  | 1  | 1  | 1  | 1  | 2  | 2  | 1  | 0  | 1  | 1  | 1  | 1  |
| The Mirror                | 12 | 11 | 14 | 8  | 11 | 17 | 11 | 14 | 21 | 9  | 11 | 9  | 9  | 26 | 3  |
| Metro                     | 7  | 8  | 7  | 13 | 7  | 2  | 8  | 7  | 8  | 6  | 4  | 18 | 3  | 3  | 8  |
| Evening Standard          | 2  | 2  | 2  | 3  | 3  | 1  | 3  | 1  | 0  | 0  | 2  | 12 | 1  | 0  | 0  |
| Scotsman                  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 8  |
| Herald                    | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 0  | 1  | 0  | 8  |
| Record                    | 2  | 2  | 1  | 1  | 2  | 1  | 1  | 2  | 0  | 0  | 0  | 0  | 0  | 0  | 17 |
| Other                     | 8  | 7  | 9  | 7  | 8  | 8  | 8  | 7  | 9  | 8  | 9  | 2  | 7  | 8  | 12 |
| I do not read a newspaper | 3  | 3  | 3  | 4  | 3  | 2  | 3  | 3  | 3  | 3  | 2  | 2  | 4  | 2  | 2  |
| Don't know                | 4  | 4  | 3  | 6  | 3  | 1  | 3  | 4  | 3  | 4  | 3  | 4  | 3  | 3  | 3  |

|                          |              |      |      |      |      |      |      |      |      |      |      |      |      |     |     |
|--------------------------|--------------|------|------|------|------|------|------|------|------|------|------|------|------|-----|-----|
| <b>Weighted Sample</b>   | <b>10830</b> | 5264 | 5566 | 3461 | 3578 | 3791 | 6172 | 4657 | 2664 | 1776 | 1039 | 1386 | 2480 | 542 | 942 |
| <b>Unweighted Sample</b> | <b>10829</b> | 5581 | 5248 | 3040 | 3775 | 4014 | 6932 | 3897 | 2461 | 1518 | 1092 | 1301 | 2896 | 582 | 979 |
|                          | %            | %    | %    | %    | %    | %    | %    | %    | %    | %    | %    | %    | %    | %   | %   |

And how often do you read a Sunday newspaper either online or on paper?

|                        |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Every week             | 32 | 33 | 30 | 17 | 28 | 48 | 33 | 29 | 33 | 31 | 33 | 28 | 28 | 36 | 41 |
| Several times a month  | 10 | 10 | 10 | 14 | 10 | 7  | 10 | 10 | 9  | 9  | 10 | 12 | 10 | 10 | 13 |
| Once a month           | 8  | 8  | 8  | 11 | 8  | 4  | 8  | 7  | 8  | 6  | 8  | 8  | 8  | 9  | 9  |
| Less than once a month | 16 | 14 | 18 | 18 | 19 | 13 | 17 | 15 | 16 | 17 | 15 | 20 | 16 | 15 | 13 |
| Never                  | 33 | 33 | 33 | 37 | 34 | 29 | 31 | 36 | 33 | 37 | 33 | 29 | 38 | 29 | 23 |
| Don't know             | 1  | 2  | 1  | 3  | 1  | 0  | 1  | 2  | 1  | 1  | 1  | 3  | 1  | 1  | 1  |

|                          | Gender      |             | bpcage      |             |             | socgrade    |             | New GOR for Weighting |             |             |            |            |             |            |            |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-----------------------|-------------|-------------|------------|------------|-------------|------------|------------|
|                          | Total       | Male        | Female      | 18-34       | 35-54       | 55+         | ABC1        | C2DE                  | North       | Midlands    | East       | London     | South       | Wales      | Scotland   |
| <b>Weighted Sample</b>   | <b>7250</b> | <b>3537</b> | <b>3714</b> | <b>2181</b> | <b>2365</b> | <b>2704</b> | <b>4247</b> | <b>3003</b>           | <b>1790</b> | <b>1123</b> | <b>697</b> | <b>983</b> | <b>1548</b> | <b>387</b> | <b>723</b> |
| <b>Unweighted Sample</b> | <b>7410</b> | <b>3940</b> | <b>3470</b> | <b>1926</b> | <b>2506</b> | <b>2978</b> | <b>4970</b> | <b>2440</b>           | <b>1673</b> | <b>973</b>  | <b>745</b> | <b>947</b> | <b>1951</b> | <b>398</b> | <b>723</b> |
|                          | %           | %           | %           | %           | %           | %           | %           | %                     | %           | %           | %          | %          | %           | %          | %          |

Which newspaper do you read most often?

|                       |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-----------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Observer              | 5  | 6  | 4  | 6  | 6  | 4  | 6  | 3  | 6  | 4  | 3  | 7  | 5  | 4  | 4  |
| Independent on Sunday | 2  | 3  | 2  | 3  | 3  | 2  | 3  | 2  | 2  | 3  | 2  | 4  | 2  | 1  | 2  |
| Sunday Times          | 13 | 14 | 13 | 14 | 13 | 13 | 18 | 7  | 10 | 11 | 15 | 19 | 16 | 13 | 9  |
| Sunday Telegraph      | 6  | 7  | 5  | 5  | 5  | 8  | 8  | 4  | 5  | 7  | 6  | 5  | 9  | 7  | 2  |
| Mail on Sunday        | 20 | 17 | 24 | 11 | 18 | 29 | 23 | 17 | 19 | 23 | 21 | 18 | 25 | 15 | 14 |
| Sunday Express        | 4  | 3  | 4  | 1  | 3  | 6  | 4  | 3  | 5  | 5  | 4  | 1  | 4  | 3  | 2  |
| News of the World     | 20 | 21 | 19 | 29 | 23 | 11 | 14 | 28 | 19 | 24 | 27 | 19 | 20 | 18 | 12 |
| Daily Star Sunday     | 0  | 1  | 0  | 1  | 1  | 0  | 0  | 1  | 1  | 1  | 0  | 1  | 0  | 1  | 0  |
| Sunday Mirror         | 13 | 10 | 15 | 9  | 12 | 16 | 10 | 16 | 20 | 11 | 14 | 8  | 9  | 23 | 3  |
| The People            | 2  | 2  | 2  | 2  | 2  | 3  | 2  | 3  | 4  | 2  | 1  | 2  | 1  | 3  | 1  |
| Scotsman on Sunday    | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 9  |
| Sunday Herald         | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 0  | 0  | 0  | 0  | 0  | 0  | 7  |
| Other                 | 7  | 7  | 6  | 8  | 7  | 5  | 5  | 8  | 5  | 4  | 3  | 4  | 3  | 6  | 29 |
| Don't know            | 5  | 6  | 5  | 10 | 5  | 2  | 5  | 6  | 5  | 5  | 3  | 11 | 4  | 5  | 5  |

|                          |              |              |              |              |              |              |              |              |              |              |             |             |              |             |             |
|--------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|--------------|-------------|-------------|
| <b>Weighted Sample</b>   | <b>64294</b> | <b>31246</b> | <b>33048</b> | <b>20214</b> | <b>21475</b> | <b>22604</b> | <b>36647</b> | <b>27648</b> | <b>15816</b> | <b>10545</b> | <b>6171</b> | <b>8231</b> | <b>14723</b> | <b>3215</b> | <b>5594</b> |
| <b>Unweighted Sample</b> | <b>64295</b> | <b>33108</b> | <b>31187</b> | <b>18115</b> | <b>22525</b> | <b>23653</b> | <b>40915</b> | <b>23380</b> | <b>14282</b> | <b>9413</b>  | <b>6395</b> | <b>7880</b> | <b>17010</b> | <b>3386</b> | <b>5929</b> |
|                          | %            | %            | %            | %            | %            | %            | %            | %            | %            | %            | %           | %           | %            | %           | %           |

Which, if any, of the following government benefits are you currently claiming?

|                        |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Council tax reductions | 12 | 10 | 14 | 8  | 12 | 16 | 11 | 14 | 13 | 12 | 13 | 10 | 12 | 13 | 12 |
| Disability benefit     | 7  | 6  | 7  | 2  | 8  | 10 | 5  | 9  | 8  | 7  | 6  | 4  | 6  | 10 | 7  |
| Carers allowance       | 2  | 2  | 2  | 1  | 3  | 2  | 1  | 3  | 2  | 2  | 2  | 1  | 2  | 3  | 2  |
| Housing benefits       | 7  | 6  | 8  | 4  | 8  | 8  | 4  | 10 | 7  | 6  | 7  | 7  | 7  | 7  | 6  |
| Means-tested benefits  | 1  | 1  | 1  | 1  | 2  | 1  | 1  | 2  | 2  | 1  | 1  | 1  | 1  | 2  | 1  |
| Health benefits        | 1  | 1  | 2  | 1  | 2  | 2  | 1  | 2  | 2  | 2  | 1  | 1  | 1  | 2  | 2  |
| Heating benefits       | 1  | 1  | 1  | 0  | 0  | 3  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  | 1  |
| Child benefit          | 15 | 12 | 17 | 15 | 27 | 2  | 15 | 14 | 15 | 15 | 15 | 13 | 15 | 15 | 14 |
| Child tax credit       | 10 | 9  | 12 | 12 | 19 | 1  | 9  | 12 | 11 | 12 | 10 | 7  | 10 | 13 | 10 |
| Income support         | 3  | 2  | 3  | 2  | 4  | 1  | 1  | 4  | 3  | 2  | 3  | 2  | 2  | 3  | 3  |
| Pension credit         | 3  | 2  | 4  | 0  | 0  | 8  | 2  | 4  | 3  | 3  | 3  | 2  | 3  | 4  | 3  |
| The Social Fund        | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  | 0  |
| Prefer not to say      | 2  | 2  | 3  | 2  | 3  | 3  | 2  | 3  | 3  | 3  | 2  | 2  | 2  | 3  | 2  |
| None of these          | 62 | 65 | 60 | 66 | 52 | 69 | 66 | 58 | 61 | 61 | 63 | 67 | 63 | 57 | 64 |
| Don't know             | 2  | 3  | 2  | 5  | 1  | 1  | 1  | 4  | 2  | 3  | 2  | 3  | 2  | 2  | 2  |