

# YouGov Survey: Daylight Saving Time



Sample 1124 U.S. adult citizens  
Conducted March 4 - 6, 2025  
Margin of Error ±4%

## 1. What time do you generally wake up on weekdays?

Before 4 a.m.	3%
Between 4 a.m. to 5 a.m.	10%
Between 5 a.m. to 6 a.m.	15%
Between 6 a.m. to 7 a.m.	22%
Between 7 a.m. to 8 a.m.	20%
Between 8 a.m. to 9 a.m.	12%
Between 9 a.m. to 10 a.m.	7%
Between 10 a.m. to 11 a.m.	4%
After 11 a.m.	5%
Not sure	2%

## 2. Would you like to see the changing of the clocks eliminated, so people no longer change their clocks twice per year?

Yes, I would	60%
No, I would not	22%
Not sure	18%

## 3. To the best of your knowledge, is your state currently in Daylight Saving Time or Standard Time?

Daylight Saving Time	43%
Standard Time	39%
My state does not change its clocks	2%
Not sure	15%

## 4. You indicated that you would like to eliminate the changing of the clocks. Which time would you like to make permanent?

Daylight Saving Time (later sunrises and sunsets)	29%
Standard Time (earlier sunrises and sunsets)	18%
No preference	9%
Not sure	22%
Not asked - would not eliminate daylight savings	22%

## 5. Would you support or oppose adopting Permanent Standard Time (earlier sunrises and sunsets year-round)?

Strongly support	20%
Somewhat support	15%
Neither support nor oppose	25%
Somewhat oppose	12%
Strongly oppose	14%
Not sure	14%

6. Would you support or oppose adopting Permanent Daylight Saving Time (later sunrises and sunsets year-round)?

Strongly support	28%
Somewhat support	18%
Neither support nor oppose	25%
Somewhat oppose	8%
Strongly oppose	8%
Not sure	13%

7. Which of these best fits your view?

States should be allowed to choose whether they change clocks for Daylight Saving Time, use Standard Time, or use Daylight Saving Time	26%
States should be allowed to choose whether to change their clocks for Daylight Saving Time or use Standard Time, but should not be allowed to use Daily Saving Time	8%
The federal government should decide for the whole country whether to change clocks or use Standard or Daylight Saving Time	44%
Not sure	22%

8. Would you prefer to start your day when it is dark outside or when it is light outside?

When it is dark outside	19%
When it is light outside	50%
No preference	27%
Not sure	3%

9. In the evening, would you prefer for it to get dark earlier or later?

Get dark earlier	13%
Get dark later	63%
No preference	20%
Not sure	4%

10. How do you feel about the start of Daylight Saving Time coming up?

I'm looking forward to it	34%
I'm not looking forward to it	21%
I don't really care	36%
Not sure	9%

# YouGov Survey: Daylight Saving Time



<b>Interviewing Dates</b>	March 4 - 6, 2025
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2024 presidential vote, 2020 election turnout and presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. 2024 presidential vote, at time of weighting was estimated to be 48% Harris and 50% Trump. Baseline party identification is the respondent's most recent answer given around November 8, 2024, and is weighted to the estimated distribution at that time (31% Democratic, 32% Republican). The weights range from 0.051 to 5.541, with a mean of one and a standard deviation of 0.931.
<b>Number of respondents</b>	1124
<b>Margin of error</b>	± 4% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	99 questions not reported.

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 1. What Time Up

What time do you generally wake up on weekdays?

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Before 4 a.m.	3%	2%	3%	0%	2%	4%	3%	2%	6%	2%	2%
Between 4 a.m. to 5 a.m.	10%	11%	10%	11%	10%	13%	6%	10%	16%	5%	14%
Between 5 a.m. to 6 a.m.	15%	18%	12%	16%	11%	20%	12%	16%	13%	12%	15%
Between 6 a.m. to 7 a.m.	22%	21%	22%	30%	20%	18%	20%	21%	23%	25%	20%
Between 7 a.m. to 8 a.m.	20%	18%	21%	19%	25%	14%	24%	20%	21%	18%	14%
Between 8 a.m. to 9 a.m.	12%	13%	12%	8%	14%	12%	15%	11%	10%	17%	20%
Between 9 a.m. to 10 a.m.	7%	7%	7%	3%	5%	8%	10%	7%	4%	5%	9%
Between 10 a.m. to 11 a.m.	4%	3%	6%	5%	5%	5%	3%	4%	3%	7%	4%
After 11 a.m.	5%	5%	6%	5%	4%	6%	6%	6%	3%	6%	1%
Not sure	2%	3%	1%	3%	5%	1%	1%	2%	1%	3%	1%
Totals	100%	101%	100%	100%	101%	101%	100%	99%	100%	100%	100%
Unweighted N	(1,124)	(550)	(574)	(286)	(189)	(380)	(269)	(675)	(144)	(192)	(113)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Before 4 a.m.	3%	3%	2%	3%	3%	3%	2%	4%	2%	2%	3%	2%	3%
Between 4 a.m. to 5 a.m.	10%	5%	11%	15%	6%	8%	10%	10%	12%	8%	13%	10%	10%
Between 5 a.m. to 6 a.m.	15%	11%	14%	20%	13%	18%	18%	12%	18%	19%	14%	15%	13%
Between 6 a.m. to 7 a.m.	22%	27%	21%	18%	26%	20%	16%	28%	25%	19%	19%	20%	29%
Between 7 a.m. to 8 a.m.	20%	22%	18%	19%	22%	20%	17%	20%	19%	17%	15%	23%	20%
Between 8 a.m. to 9 a.m.	12%	13%	12%	12%	12%	15%	13%	12%	12%	9%	14%	13%	11%

continued on the next page . . .

**YouGov Survey: Daylight Saving Time**  
 March 4 - 6, 2025 - 1124 U.S. adult citizens



continued from previous page

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Between 9 a.m. to 10 a.m.	7%	6%	9%	5%	8%	5%	7%	5%	6%	11%	5%	7%	5%
Between 10 a.m. to 11 a.m.	4%	4%	6%	3%	4%	2%	6%	5%	2%	4%	5%	3%	6%
After 11 a.m.	5%	5%	7%	4%	5%	6%	9%	3%	2%	6%	9%	5%	2%
Not sure	2%	3%	2%	2%	2%	2%	3%	1%	1%	4%	3%	1%	1%
Totals	100%	99%	102%	101%	101%	99%	101%	100%	99%	99%	100%	99%	100%
Unweighted N	(1,124)	(388)	(414)	(322)	(456)	(424)	(445)	(327)	(232)	(196)	(239)	(414)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 2. Eliminate Daylight Saving Time

Would you like to see the changing of the clocks eliminated, so people no longer change their clocks twice per year?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Yes, I would	60%	56%	63%	43%	57%	64%	72%	66%	39%	52%	53%
No, I would not	22%	26%	19%	32%	21%	22%	15%	19%	31%	29%	24%
Not sure	18%	18%	18%	26%	23%	14%	12%	15%	31%	19%	24%
Totals	100%	100%	100%	101%	101%	100%	99%	100%	101%	100%	101%
Unweighted N	(1,123)	(549)	(574)	(286)	(189)	(379)	(269)	(675)	(144)	(192)	(112)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Yes, I would	60%	59%	59%	62%	63%	66%	55%	62%	71%	58%	59%	59%	62%
No, I would not	22%	23%	19%	25%	17%	19%	28%	21%	15%	29%	24%	21%	18%
Not sure	18%	18%	23%	13%	19%	15%	17%	17%	14%	13%	17%	20%	20%
Totals	100%	100%	101%	100%	99%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,123)	(388)	(413)	(322)	(455)	(424)	(444)	(327)	(232)	(196)	(239)	(413)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



### 3. Which Time Setting Now

To the best of your knowledge, is your state currently in Daylight Saving Time or Standard Time?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Daylight Saving Time	43%	42%	44%	26%	43%	49%	51%	42%	47%	50%	38%
Standard Time	39%	40%	39%	38%	38%	39%	42%	43%	34%	26%	39%
My state does not change its clocks	2%	2%	2%	2%	1%	2%	3%	2%	2%	1%	2%
Not sure	15%	16%	15%	33%	18%	9%	4%	13%	17%	24%	21%
Totals	99%	100%	100%	99%	100%	99%	100%	100%	100%	101%	100%
Unweighted N	(1,124)	(550)	(574)	(286)	(189)	(380)	(269)	(675)	(144)	(192)	(113)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Daylight Saving Time	43%	43%	43%	43%	44%	41%	44%	43%	42%	39%	51%	44%	37%
Standard Time	39%	41%	36%	42%	44%	44%	35%	41%	48%	45%	36%	38%	41%
My state does not change its clocks	2%	2%	2%	2%	2%	2%	2%	3%	1%	0%	0%	2%	6%
Not sure	15%	14%	18%	13%	10%	13%	19%	13%	8%	16%	13%	16%	16%
Totals	99%	100%	99%	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,124)	(388)	(414)	(322)	(456)	(424)	(445)	(327)	(232)	(196)	(239)	(414)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 4. Preferred Time Setting

You indicated that you would like to eliminate the changing of the clocks. Which time would you like to make permanent?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Daylight Saving Time (later sunrises and sunsets)	29%	25%	33%	20%	28%	29%	38%	34%	16%	18%	24%
Standard Time (earlier sunrises and sunsets)	18%	21%	15%	14%	15%	21%	21%	19%	15%	20%	12%
No preference	9%	7%	11%	5%	11%	8%	12%	10%	5%	7%	15%
Not sure	22%	21%	23%	29%	26%	19%	15%	19%	33%	26%	25%
Not asked - would not eliminate daylight savings	22%	26%	19%	32%	21%	22%	15%	19%	31%	29%	24%
Totals	100%	100%	101%	100%	101%	99%	101%	101%	100%	100%	100%
Unweighted N	(1,123)	(549)	(574)	(286)	(189)	(379)	(269)	(675)	(144)	(192)	(112)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Daylight Saving Time (later sunrises and sunsets)	29%	33%	26%	27%	35%	29%	24%	32%	35%	33%	25%	28%	30%
Standard Time (earlier sunrises and sunsets)	18%	14%	17%	23%	17%	24%	19%	18%	22%	19%	18%	18%	18%
No preference	9%	10%	10%	7%	8%	11%	7%	12%	10%	5%	10%	8%	11%
Not sure	22%	19%	28%	18%	23%	18%	21%	18%	18%	14%	23%	24%	22%
Not asked - would not eliminate daylight savings	22%	23%	19%	25%	17%	19%	28%	21%	15%	29%	24%	21%	18%

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**YouGov Survey: Daylight Saving Time**  
 March 4 - 6, 2025 - 1124 U.S. adult citizens



continued from previous page

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Totals	100%	99%	100%	100%	100%	101%	99%	101%	100%	100%	100%	99%	99%
Unweighted N	(1,123)	(388)	(413)	(322)	(455)	(424)	(444)	(327)	(232)	(196)	(239)	(413)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 5. Support for Permanent Standard Time

Would you support or oppose adopting Permanent Standard Time (earlier sunrises and sunsets year-round)?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly support	20%	21%	19%	9%	14%	25%	28%	21%	14%	16%	21%
Somewhat support	15%	17%	14%	21%	17%	10%	15%	15%	13%	18%	12%
Neither support nor oppose	25%	27%	24%	37%	26%	20%	23%	22%	39%	31%	24%
Somewhat oppose	12%	13%	12%	12%	15%	12%	10%	13%	3%	10%	19%
Strongly oppose	14%	13%	15%	5%	12%	18%	18%	15%	15%	8%	13%
Not sure	14%	11%	16%	16%	17%	15%	6%	13%	16%	17%	11%
Totals	100%	102%	100%	100%	101%	100%	100%	99%	100%	100%	100%
Unweighted N	(1,123)	(549)	(574)	(286)	(188)	(380)	(269)	(674)	(144)	(192)	(113)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly support	20%	19%	17%	24%	19%	25%	18%	23%	23%	17%	26%	20%	15%
Somewhat support	15%	17%	14%	14%	19%	13%	14%	19%	15%	17%	12%	14%	18%
Neither support nor oppose	25%	25%	28%	23%	21%	23%	28%	20%	24%	26%	21%	30%	21%
Somewhat oppose	12%	14%	11%	11%	15%	12%	12%	12%	11%	17%	11%	9%	16%
Strongly oppose	14%	14%	13%	15%	16%	16%	14%	11%	22%	12%	16%	14%	13%
Not sure	14%	11%	16%	14%	10%	11%	14%	14%	6%	11%	14%	13%	17%
Totals	100%	100%	99%	101%	100%	100%	100%	99%	101%	100%	100%	100%	100%
Unweighted N	(1,123)	(388)	(414)	(321)	(456)	(424)	(444)	(327)	(232)	(196)	(238)	(414)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 6. Support for Permanent Daylight Saving Time

Would you support or oppose adopting Permanent Daylight Saving Time (later sunrises and sunsets year-round)?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Strongly support	28%	24%	31%	13%	24%	32%	40%	32%	12%	18%	36%
Somewhat support	18%	19%	16%	18%	20%	17%	17%	19%	15%	18%	13%
Neither support nor oppose	25%	28%	23%	41%	27%	17%	21%	21%	37%	33%	28%
Somewhat oppose	8%	9%	7%	8%	4%	8%	11%	9%	7%	6%	2%
Strongly oppose	8%	9%	7%	2%	8%	12%	7%	8%	9%	6%	12%
Not sure	13%	11%	15%	19%	16%	13%	5%	12%	20%	18%	9%
Totals	100%	100%	99%	101%	99%	99%	101%	101%	100%	99%	100%
Unweighted N	(1,122)	(549)	(573)	(285)	(189)	(380)	(268)	(674)	(143)	(192)	(113)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Strongly support	28%	31%	24%	28%	32%	33%	26%	28%	37%	31%	29%	26%	28%
Somewhat support	18%	20%	17%	17%	22%	18%	14%	18%	24%	22%	13%	19%	18%
Neither support nor oppose	25%	25%	29%	21%	19%	22%	29%	22%	20%	23%	23%	27%	25%
Somewhat oppose	8%	8%	5%	10%	8%	8%	7%	12%	6%	10%	9%	8%	5%
Strongly oppose	8%	5%	8%	11%	9%	10%	9%	7%	8%	6%	13%	7%	7%
Not sure	13%	11%	16%	12%	10%	9%	16%	12%	6%	8%	13%	14%	17%
Totals	100%	100%	99%	99%	100%	100%	101%	99%	101%	100%	100%	101%	100%
Unweighted N	(1,122)	(388)	(413)	(321)	(456)	(423)	(444)	(326)	(232)	(196)	(239)	(412)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 7. State Control

Which of these best fits your view?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
States should be allowed to choose whether they change clocks for Daylight Saving Time, use Standard Time, or use Daylight Saving Time	26%	28%	24%	28%	25%	26%	25%	26%	28%	27%	20%
States should be allowed to choose whether to change their clocks for Daylight Saving Time or use Standard Time, but should not be allowed to use Daily Saving Time	8%	7%	8%	10%	9%	6%	5%	8%	11%	6%	2%
The federal government should decide for the whole country whether to change clocks or use Standard or Daylight Saving Time	44%	47%	41%	35%	42%	48%	49%	46%	32%	40%	56%
Not sure	22%	17%	27%	26%	24%	19%	21%	20%	29%	28%	22%
Totals	100%	99%	100%	99%	100%	99%	100%	100%	100%	101%	100%
Unweighted N	(1,122)	(549)	(573)	(285)	(189)	(379)	(269)	(673)	(144)	(192)	(113)

**YouGov Survey: Daylight Saving Time**  
 March 4 - 6, 2025 - 1124 U.S. adult citizens



	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
States should be allowed to choose whether they change clocks for Daylight Saving Time, use Standard Time, or use Daylight Saving Time	26%	30%	23%	26%	28%	24%	25%	29%	27%	26%	26%	22%	33%
States should be allowed to choose whether to change their clocks for Daylight Saving Time or use Standard Time, but should not be allowed to use Daily Saving Time	8%	8%	7%	7%	7%	8%	10%	5%	7%	5%	6%	10%	6%
The federal government should decide for the whole country whether to change clocks or use Standard or Daylight Saving Time	44%	38%	44%	50%	41%	52%	42%	44%	50%	50%	48%	44%	36%
Not sure	22%	23%	26%	17%	24%	16%	23%	22%	15%	19%	20%	23%	24%
<b>Totals</b>	<b>100%</b>	<b>99%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>100%</b>	<b>99%</b>	<b>100%</b>	<b>100%</b>	<b>99%</b>	<b>99%</b>
Unweighted N	(1,122)	(387)	(414)	(321)	(455)	(423)	(445)	(325)	(232)	(195)	(238)	(414)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 8. Prefer Light or Dark Mornings

Would you prefer to start your day when it is dark outside or when it is light outside?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
When it is dark outside	19%	22%	17%	15%	22%	23%	14%	20%	11%	21%	20%
When it is light outside	50%	46%	54%	59%	47%	45%	52%	46%	64%	54%	53%
No preference	27%	29%	26%	20%	28%	28%	33%	31%	21%	20%	22%
Not sure	3%	4%	3%	6%	3%	4%	1%	3%	4%	5%	5%
Totals	99%	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,124)	(550)	(574)	(286)	(189)	(380)	(269)	(675)	(144)	(192)	(113)

	Total	Party ID			2024 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
When it is dark outside	19%	14%	21%	21%	14%	20%	21%	17%	22%	16%	22%	19%	20%
When it is light outside	50%	56%	45%	50%	57%	47%	53%	51%	43%	60%	45%	46%	55%
No preference	27%	26%	29%	26%	27%	30%	22%	30%	32%	21%	30%	32%	22%
Not sure	3%	3%	5%	3%	2%	3%	4%	2%	3%	4%	3%	3%	3%
Totals	99%	99%	100%	100%	100%	100%	100%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,124)	(388)	(414)	(322)	(456)	(424)	(445)	(327)	(232)	(196)	(239)	(414)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 9. Prefer Light or Dark Evenings

In the evening, would you prefer for it to get dark earlier or later?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Get dark earlier	13%	15%	11%	17%	13%	11%	10%	13%	12%	13%	7%
Get dark later	63%	60%	67%	60%	54%	67%	71%	65%	61%	56%	68%
No preference	20%	23%	17%	16%	24%	21%	17%	20%	16%	24%	20%
Not sure	4%	3%	6%	7%	9%	1%	1%	2%	11%	7%	5%
Totals	100%	101%	101%	100%	100%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,120)	(548)	(572)	(285)	(189)	(377)	(269)	(673)	(144)	(191)	(112)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Get dark earlier	13%	10%	12%	15%	11%	17%	14%	8%	16%	10%	10%	12%	17%
Get dark later	63%	70%	58%	63%	68%	60%	66%	64%	58%	69%	66%	60%	63%
No preference	20%	16%	23%	20%	19%	20%	16%	23%	22%	17%	20%	22%	16%
Not sure	4%	4%	7%	2%	3%	3%	4%	5%	4%	3%	4%	5%	4%
Totals	100%	100%	100%	100%	101%	100%	100%	100%	100%	99%	100%	99%	100%
Unweighted N	(1,120)	(387)	(412)	(321)	(456)	(423)	(442)	(327)	(232)	(193)	(239)	(413)	(275)

# YouGov Survey: Daylight Saving Time

March 4 - 6, 2025 - 1124 U.S. adult citizens



## 10. Feelings about Daylight Saving Time

How do you feel about the start of Daylight Saving Time coming up?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
I'm looking forward to it	34%	30%	37%	34%	29%	33%	39%	36%	24%	27%	41%
I'm not looking forward to it	21%	20%	21%	16%	17%	21%	29%	21%	20%	18%	21%
I don't really care	36%	41%	32%	32%	40%	40%	30%	36%	41%	40%	25%
Not sure	9%	9%	10%	18%	14%	6%	1%	7%	15%	15%	13%
Totals	100%	100%	100%	100%	100%	100%	99%	100%	100%	100%	100%
Unweighted N	(1,121)	(549)	(572)	(283)	(189)	(380)	(269)	(673)	(143)	(192)	(113)

	Party ID			2024 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Harris	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
I'm looking forward to it	34%	39%	31%	32%	36%	31%	32%	33%	41%	36%	36%	34%	30%
I'm not looking forward to it	21%	23%	16%	24%	25%	25%	20%	26%	19%	22%	20%	17%	27%
I don't really care	36%	29%	40%	38%	34%	36%	37%	34%	35%	32%	36%	41%	31%
Not sure	9%	9%	13%	7%	5%	7%	11%	7%	5%	10%	8%	9%	12%
Totals	100%	100%	100%	101%	100%	99%	100%	100%	100%	100%	100%	101%	100%
Unweighted N	(1,121)	(387)	(412)	(322)	(455)	(424)	(443)	(326)	(232)	(195)	(239)	(414)	(273)

# YouGov Survey: Daylight Saving Time

## March 4 - 6, 2025 - 1124 U.S. adult citizens



<b>Interviewing Dates</b>	March 4 - 6, 2025
<b>Target population</b>	U.S. Citizens, aged 18 and over.
<b>Sampling method</b>	Respondents were selected from YouGov's opt-in panel to be representative of adult U.S. citizens.
<b>Weighting</b>	The sample was weighted according to gender, age, race, education, 2024 presidential vote, 2020 election turnout and presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. 2024 presidential vote, at time of weighting was estimated to be 48% Harris and 50% Trump. Baseline party identification is the respondent's most recent answer given around November 8, 2024, and is weighted to the estimated distribution at that time (31% Democratic, 32% Republican). The weights range from 0.051 to 5.541, with a mean of one and a standard deviation of 0.931.
<b>Number of respondents</b>	1124
<b>Margin of error</b>	± 4% (adjusted for weighting)
<b>Survey mode</b>	Web-based interviews
<b>Questions not reported</b>	99 questions not reported.