

YouGov Survey: Common Health Beliefs



Sample 2187 U.S. adult citizens
 Conducted June 17 - 29, 2024
 Margin of Error ±2.9%

1. How would you describe your current overall health?

Excellent	9%
Very good	25%
Good	39%
Fair	21%
Poor	5%
Prefer not to say	1%

2. As sources of health information, would you say the following are... ?

	Very trustworthy	Somewhat trustworthy	Not very trustworthy	Not at all trustworthy	Not sure
Doctors and other medical providers	41%	47%	6%	3%	3%
Common sense	36%	48%	7%	3%	6%
Scientific research institutions	32%	42%	11%	7%	7%
Nutritionists and dietitians	24%	56%	10%	4%	6%
Friends and family	19%	54%	17%	4%	7%
Government health agencies	18%	40%	19%	17%	6%
Religious organizations	7%	25%	26%	30%	12%
Alternative medicine practitioners	7%	40%	28%	13%	12%
Pharmaceutical companies	7%	34%	29%	24%	6%
Online health forums	5%	41%	32%	10%	13%
Folklore	4%	19%	31%	28%	18%
Social media influencers	3%	10%	32%	47%	8%

3. Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Definitely true	Probably true	Probably not true	Definitely not true	Not sure
You need to drink eight glasses of water a day	36%	40%	16%	6%	3%
Eating late at night leads to weight gain	32%	43%	12%	4%	8%
Sugar makes children hyperactive	30%	45%	12%	8%	6%
Stress causes gray hair	22%	41%	16%	11%	9%
Sitting too close to the TV damages your vision	21%	43%	18%	11%	8%

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Women living together synchronize their menstrual cycles	21%	30%	15%	16%	19%
Reading in dim light damages your vision	18%	41%	23%	7%	12%
Vitamin C prevents colds	19%	49%	15%	6%	11%
Honey helps with seasonal allergies	18%	42%	15%	5%	20%
Drinking milk causes mucus production	16%	30%	17%	11%	26%
Eating before swimming causes cramps	15%	33%	24%	15%	13%
Cranberry juice cures urinary tract infections	15%	39%	22%	10%	13%
Cold weather causes colds	14%	19%	25%	36%	6%
Drinking alcohol warms you up	13%	28%	19%	27%	12%
Red wine daily is good for your heart	13%	42%	21%	6%	18%
Urine helps with jellyfish stings	13%	25%	19%	17%	27%
Spicy foods cause ulcers	12%	33%	25%	14%	16%
Oysters are an aphrodisiac	11%	23%	22%	12%	31%
Microwave ovens cause radiation exposure	11%	34%	25%	18%	12%
Drinking warm water improves digestion	12%	36%	17%	6%	30%
Chocolate is an aphrodisiac	11%	27%	22%	12%	28%
Eating celery burns more calories than it contains	11%	30%	18%	9%	31%
Shaving makes your hair grow back thicker	10%	27%	21%	26%	15%
Eating carrots turns your skin orange	9%	15%	20%	47%	8%
Drinking milk before bed helps with sleep	8%	34%	25%	9%	24%
Carrots improve night vision	8%	35%	24%	15%	18%
An apple a day keeps the doctor away	8%	31%	28%	25%	8%
Feed a cold, starve a fever	7%	29%	22%	15%	28%
Chicken soup cures colds	7%	32%	30%	23%	8%
Eating chocolate causes acne	6%	25%	33%	21%	15%
Toothpaste helps with acne	6%	17%	26%	23%	28%
Vaccines cause autism	6%	14%	24%	39%	18%
Applying butter to a burn helps it heal	6%	18%	26%	32%	19%
Cracking your knuckles causes arthritis	6%	21%	32%	28%	14%
Sleeping with wet hair causes sickness	5%	15%	28%	42%	10%
A teaspoon of sugar helps cure hiccups	5%	11%	30%	19%	34%
Microwaving food removes its nutrients	5%	25%	30%	23%	17%
Wearing a hat causes baldness	5%	17%	26%	39%	13%

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Eating fish makes you smarter	5%	19%	34%	27%	15%
Sleeping with a fan on causes sickness	4%	12%	27%	49%	10%
Sleeping with onions in your socks removes toxins	4%	14%	25%	37%	21%
Swallowed gum stays in your stomach for seven years	4%	9%	23%	50%	15%
Touching frogs causes warts	4%	11%	24%	47%	14%
Wearing copper jewelry relieves arthritis	3%	16%	32%	24%	25%
Hair of the dog cures hangovers	3%	10%	21%	45%	21%
Placing raw steak on a black eye helps it heal	3%	18%	26%	30%	23%
Drinking coffee stunts your growth	3%	9%	32%	42%	15%
Masturbation can cause blindness	2%	2%	12%	76%	8%
Swallowed seeds grow in your stomach	2%	3%	12%	77%	6%
Crossing your eyes will make them stay that way	2%	6%	24%	59%	9%

4. People who say each is . . .

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Definitely or probably true, in part due to personal experiences	Definitely or probably true, but not as a result of personal experiences	Definitely or probably not true, but not as a result of personal experiences	Definitely or probably not true, in part due to personal experiences	Not sure
Eating late at night leads to weight gain	49%	26%	10%	7%	8%
You need to drink eight glasses of water a day	50%	25%	13%	9%	3%
Sugar makes children hyperactive	47%	28%	13%	6%	6%
Vitamin C prevents colds	44%	24%	13%	8%	11%
Stress causes gray hair	32%	31%	15%	13%	9%
Reading in dim light damages your vision	29%	29%	19%	11%	12%
Honey helps with seasonal allergies	30%	29%	15%	5%	20%
Women living together synchronize their menstrual cycles	29%	21%	20%	11%	19%

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Drinking milk causes mucus production	30%	16%	19%	10%	26%
Sitting too close to the TV damages your vision	28%	35%	16%	13%	8%
Cranberry juice cures urinary tract infections	29%	26%	20%	12%	13%
Drinking alcohol warms you up	25%	17%	27%	19%	12%
Shaving makes your hair grow back thicker	24%	13%	20%	27%	15%
Chicken soup cures colds	24%	15%	29%	24%	8%
Drinking warm water improves digestion	24%	24%	16%	6%	30%
Eating before swimming causes cramps	22%	26%	19%	20%	13%
Drinking milk before bed helps with sleep	21%	21%	21%	13%	24%
Cold weather causes colds	19%	14%	26%	35%	6%
Feed a cold, starve a fever	18%	18%	24%	12%	28%
Red wine daily is good for your heart	18%	37%	23%	4%	18%
Spicy foods cause ulcers	15%	30%	23%	17%	16%
An apple a day keeps the doctor away	15%	24%	33%	19%	8%
Toothpaste helps with acne	12%	10%	34%	15%	28%
Microwave ovens cause radiation exposure	12%	32%	27%	16%	12%
Chocolate is an aphrodisiac	13%	25%	20%	14%	28%
Eating chocolate causes acne	13%	18%	27%	27%	15%
Eating celery burns more calories than it contains	12%	29%	21%	6%	31%
Carrots improve night vision	11%	32%	24%	15%	18%
Urine helps with jellyfish stings	11%	26%	28%	8%	27%
Cracking your knuckles causes arthritis	11%	16%	30%	30%	14%
Applying butter to a burn helps it heal	9%	14%	39%	19%	19%
Sleeping with a fan on causes sickness	9%	6%	31%	44%	10%
Oysters are an aphrodisiac	9%	26%	26%	8%	31%
Microwaving food removes its nutrients	9%	21%	33%	20%	17%
A teaspoon of sugar helps cure hiccups	8%	9%	35%	14%	34%
Sleeping with wet hair causes sickness	8%	12%	32%	38%	10%
Eating carrots turns your skin orange	8%	17%	31%	36%	8%
Eating fish makes you smarter	7%	17%	39%	23%	15%
Hair of the dog cures hangovers	7%	6%	42%	24%	21%
Wearing a hat causes baldness	6%	16%	35%	30%	13%
Vaccines cause autism	6%	14%	31%	31%	18%

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Placing raw steak on a black eye helps it heal	5%	15%	42%	14%	23%
Wearing copper jewelry relieves arthritis	5%	14%	42%	14%	25%
Sleeping with onions in your socks removes toxins	3%	14%	50%	12%	21%
Swallowed gum stays in your stomach for seven years	3%	9%	35%	38%	15%
Touching frogs causes warts	3%	11%	39%	32%	14%
Drinking coffee stunts your growth	2%	9%	37%	37%	15%
Crossing your eyes will make them stay that way	1%	6%	39%	44%	9%
Swallowed seeds grow in your stomach	1%	4%	40%	49%	6%
Masturbation can cause blindness	1%	4%	41%	48%	8%

Interviewing Dates

June 17 - 20, 2024 | June 26 - 29, 2024

Target population

U.S. citizens, aged 18 and over.

Sampling method

Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.

Weighting

The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.051 to 6.618, with a mean of 1 and a standard deviation of 0.927.

Number of respondents

2187

Margin of error

± 2.9% (adjusted for weighting)

Survey mode

Web-based interviews

Questions not reported

44 questions not reported.

YouGov Survey: Common Health Beliefs

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1. Rating of Overall Health

How would you describe your current overall health?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Excellent	9%	10%	7%	14%	10%	8%	4%	9%	6%	12%	8%
Very good	25%	27%	24%	32%	22%	26%	22%	26%	26%	21%	27%
Good	39%	37%	41%	33%	40%	38%	45%	40%	44%	35%	30%
Fair	21%	20%	23%	15%	23%	21%	26%	21%	19%	20%	29%
Poor	5%	5%	5%	6%	5%	7%	3%	4%	3%	12%	5%
Prefer not to say	1%	1%	0%	1%	0%	0%	1%	0%	2%	0%	1%
Totals	100%	100%	100%	101%	100%	100%	101%	100%	100%	100%	100%
Unweighted N	(2,183)	(1,010)	(1,173)	(434)	(443)	(746)	(560)	(1,496)	(247)	(273)	(167)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Excellent	9%	9%	8%	10%	8%	10%	5%	9%	16%	11%	5%	9%	10%
Very good	25%	27%	23%	26%	26%	26%	20%	27%	34%	30%	23%	24%	26%
Good	39%	40%	38%	39%	41%	38%	38%	43%	37%	38%	40%	38%	40%
Fair	21%	20%	24%	20%	21%	22%	27%	18%	12%	18%	27%	22%	18%
Poor	5%	4%	6%	5%	3%	3%	9%	2%	2%	2%	4%	7%	7%
Prefer not to say	1%	0%	1%	0%	0%	1%	1%	0%	0%	1%	0%	1%	0%
Totals	100%	100%	100%	100%	99%	100%	100%	99%	101%	100%	99%	101%	101%
Unweighted N	(2,183)	(808)	(804)	(571)	(807)	(678)	(919)	(607)	(485)	(370)	(461)	(834)	(518)

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2A. Trust Sources for Health Information — Doctors and other medical providers

As sources of health information, would you say the following are . . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	41%	45%	38%	52%	40%	35%	42%	44%	33%	37%	41%
Somewhat trustworthy	47%	42%	51%	38%	46%	50%	52%	47%	47%	47%	45%
Not very trustworthy	6%	6%	6%	5%	8%	7%	3%	5%	12%	6%	5%
Not at all trustworthy	3%	3%	2%	2%	3%	4%	1%	2%	4%	4%	4%
Not sure	3%	3%	3%	3%	3%	4%	2%	2%	5%	5%	5%
Totals	100%	99%	100%	100%	100%	100%	100%	100%	101%	99%	100%
Unweighted N	(2,169)	(1,006)	(1,163)	(432)	(439)	(739)	(559)	(1,489)	(243)	(270)	(167)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	41%	56%	35%	33%	57%	32%	36%	42%	50%	42%	42%	38%	46%
Somewhat trustworthy	47%	38%	47%	56%	36%	57%	48%	48%	43%	43%	50%	49%	44%
Not very trustworthy	6%	4%	8%	6%	4%	7%	7%	6%	4%	9%	4%	6%	6%
Not at all trustworthy	3%	1%	3%	4%	1%	3%	3%	3%	1%	2%	3%	3%	2%
Not sure	3%	2%	6%	2%	2%	1%	5%	2%	1%	4%	1%	4%	2%
Totals	100%	101%	99%	101%	100%	100%	99%	101%	99%	100%	100%	100%	100%
Unweighted N	(2,169)	(800)	(802)	(567)	(801)	(678)	(911)	(602)	(485)	(366)	(459)	(829)	(515)

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2B. Trust Sources for Health Information — Common sense

As sources of health information, would you say the following are... ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	36%	34%	38%	25%	36%	42%	38%	38%	36%	31%	31%
Somewhat trustworthy	48%	48%	48%	53%	46%	43%	52%	48%	49%	49%	43%
Not very trustworthy	7%	9%	6%	12%	10%	4%	5%	7%	7%	7%	15%
Not at all trustworthy	3%	3%	2%	4%	2%	4%	0%	2%	1%	6%	3%
Not sure	6%	5%	6%	6%	6%	7%	4%	5%	8%	6%	9%
Totals	100%	99%	100%	100%	100%	100%	99%	100%	101%	99%	101%
Unweighted N	(2,160)	(1,006)	(1,154)	(431)	(439)	(735)	(555)	(1,484)	(241)	(269)	(166)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	36%	32%	33%	45%	30%	47%	37%	40%	31%	40%	39%	38%	28%
Somewhat trustworthy	48%	51%	48%	45%	53%	44%	46%	47%	54%	47%	50%	44%	54%
Not very trustworthy	7%	11%	7%	4%	11%	3%	7%	7%	9%	6%	6%	7%	10%
Not at all trustworthy	3%	2%	3%	3%	2%	2%	3%	2%	2%	1%	2%	3%	3%
Not sure	6%	5%	9%	4%	4%	4%	7%	5%	3%	6%	4%	8%	5%
Totals	100%	101%	100%	101%	100%	100%	100%	101%	99%	100%	101%	100%	100%
Unweighted N	(2,160)	(791)	(802)	(567)	(796)	(677)	(906)	(602)	(481)	(366)	(456)	(821)	(517)

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2C. Trust Sources for Health Information — Scientific research institutions

As sources of health information, would you say the following are . . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	32%	32%	31%	41%	39%	24%	26%	30%	33%	31%	42%
Somewhat trustworthy	42%	43%	42%	40%	38%	45%	45%	44%	42%	36%	35%
Not very trustworthy	11%	11%	12%	11%	10%	12%	12%	12%	10%	12%	7%
Not at all trustworthy	7%	9%	6%	3%	6%	9%	11%	7%	7%	10%	8%
Not sure	7%	5%	9%	6%	7%	9%	6%	6%	8%	11%	8%
Totals	99%	100%	100%	101%	100%	99%	100%	99%	100%	100%	100%
Unweighted N	(2,167)	(1,009)	(1,158)	(431)	(442)	(737)	(557)	(1,487)	(243)	(270)	(167)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	32%	54%	26%	14%	57%	12%	26%	35%	41%	32%	31%	29%	35%
Somewhat trustworthy	42%	32%	47%	48%	32%	48%	44%	42%	41%	42%	48%	40%	41%
Not very trustworthy	11%	6%	10%	19%	4%	21%	12%	11%	11%	11%	9%	13%	11%
Not at all trustworthy	7%	3%	7%	12%	1%	14%	8%	8%	5%	9%	10%	7%	5%
Not sure	7%	5%	9%	7%	5%	5%	10%	5%	3%	6%	3%	11%	7%
Totals	99%	100%	99%	100%	99%	100%	100%	101%	101%	100%	101%	100%	99%
Unweighted N	(2,167)	(798)	(803)	(566)	(800)	(672)	(911)	(602)	(483)	(367)	(463)	(822)	(515)

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2D. Trust Sources for Health Information — Nutritionists and dietitians

As sources of health information, would you say the following are . . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	24%	23%	24%	25%	26%	23%	21%	23%	33%	26%	16%
Somewhat trustworthy	56%	56%	57%	51%	55%	57%	62%	58%	43%	52%	67%
Not very trustworthy	10%	11%	9%	14%	10%	9%	7%	9%	12%	10%	8%
Not at all trustworthy	4%	5%	3%	3%	4%	4%	4%	3%	4%	6%	2%
Not sure	6%	5%	7%	6%	5%	8%	6%	6%	7%	6%	8%
Totals	100%	100%	100%	99%	100%	101%	100%	99%	99%	100%	101%
Unweighted N	(2,170)	(1,007)	(1,163)	(434)	(441)	(738)	(557)	(1,489)	(243)	(271)	(167)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	24%	32%	21%	18%	34%	19%	24%	26%	23%	28%	19%	24%	25%
Somewhat trustworthy	56%	55%	53%	61%	54%	59%	53%	57%	62%	57%	65%	51%	57%
Not very trustworthy	10%	9%	11%	9%	8%	12%	10%	10%	9%	9%	9%	11%	10%
Not at all trustworthy	4%	2%	5%	5%	1%	4%	4%	4%	2%	4%	3%	5%	4%
Not sure	6%	3%	10%	7%	3%	6%	9%	4%	4%	3%	4%	10%	5%
Totals	100%	101%	100%	100%	100%	100%	100%	101%	100%	101%	100%	101%	101%
Unweighted N	(2,170)	(801)	(803)	(566)	(800)	(675)	(912)	(602)	(485)	(368)	(458)	(828)	(516)

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2E. Trust Sources for Health Information — Friends and family

As sources of health information, would you say the following are . . . ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	19%	18%	20%	19%	17%	18%	22%	19%	22%	15%	14%
Somewhat trustworthy	54%	54%	55%	47%	56%	56%	57%	56%	41%	58%	51%
Not very trustworthy	17%	17%	16%	22%	15%	16%	14%	16%	18%	14%	24%
Not at all trustworthy	4%	5%	3%	5%	3%	4%	3%	3%	5%	5%	3%
Not sure	7%	7%	6%	7%	8%	6%	5%	5%	13%	7%	8%
Totals	101%	101%	100%	100%	99%	100%	101%	99%	99%	99%	100%
Unweighted N	(2,165)	(1,005)	(1,160)	(430)	(437)	(740)	(558)	(1,487)	(244)	(267)	(167)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	19%	18%	15%	24%	16%	22%	20%	20%	14%	20%	22%	20%	14%
Somewhat trustworthy	54%	54%	56%	53%	54%	56%	53%	54%	56%	55%	58%	50%	56%
Not very trustworthy	17%	19%	17%	13%	20%	14%	13%	18%	22%	17%	13%	16%	20%
Not at all trustworthy	4%	5%	2%	5%	4%	3%	5%	3%	3%	3%	3%	4%	4%
Not sure	7%	5%	10%	5%	6%	4%	9%	5%	5%	5%	4%	9%	6%
Totals	101%	101%	100%	100%	100%	99%	100%	100%	100%	100%	100%	99%	100%
Unweighted N	(2,165)	(800)	(803)	(562)	(802)	(672)	(908)	(601)	(484)	(369)	(461)	(822)	(513)

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2F. Trust Sources for Health Information — Government health agencies

As sources of health information, would you say the following are...?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	18%	19%	17%	23%	18%	18%	14%	17%	17%	19%	24%
Somewhat trustworthy	40%	38%	41%	45%	44%	35%	38%	39%	43%	42%	39%
Not very trustworthy	19%	19%	19%	16%	19%	18%	23%	19%	21%	15%	21%
Not at all trustworthy	17%	20%	15%	10%	16%	22%	20%	20%	11%	13%	10%
Not sure	6%	4%	8%	7%	4%	7%	6%	5%	8%	11%	6%
Totals	100%	100%	100%	101%	101%	100%	101%	100%	100%	100%	100%
Unweighted N	(2,167)	(1,007)	(1,160)	(431)	(440)	(739)	(557)	(1,489)	(242)	(271)	(165)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	18%	33%	14%	6%	36%	4%	15%	17%	27%	19%	17%	16%	21%
Somewhat trustworthy	40%	50%	37%	32%	49%	27%	42%	38%	40%	40%	41%	39%	40%
Not very trustworthy	19%	8%	22%	28%	9%	29%	20%	21%	15%	15%	22%	21%	17%
Not at all trustworthy	17%	3%	19%	30%	3%	34%	16%	20%	16%	21%	17%	16%	16%
Not sure	6%	5%	8%	5%	3%	5%	8%	4%	2%	5%	4%	8%	5%
Totals	100%	99%	100%	101%	100%	99%	101%	100%	100%	100%	101%	100%	99%
Unweighted N	(2,167)	(801)	(801)	(565)	(802)	(675)	(911)	(602)	(483)	(370)	(458)	(822)	(517)

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2G. Trust Sources for Health Information — Religious organizations

As sources of health information, would you say the following are . . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	7%	7%	8%	8%	6%	7%	9%	7%	12%	8%	3%
Somewhat trustworthy	25%	25%	24%	19%	23%	28%	26%	26%	26%	21%	19%
Not very trustworthy	26%	26%	25%	33%	21%	23%	29%	25%	25%	28%	25%
Not at all trustworthy	30%	30%	30%	29%	38%	28%	25%	30%	23%	28%	41%
Not sure	12%	11%	13%	12%	12%	14%	11%	11%	14%	15%	12%
Totals	100%	99%	100%	101%	100%	100%	100%	99%	100%	100%	100%
Unweighted N	(2,168)	(1,011)	(1,157)	(433)	(439)	(739)	(557)	(1,489)	(243)	(270)	(166)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	7%	7%	5%	11%	6%	10%	8%	7%	8%	6%	7%	8%	7%
Somewhat trustworthy	25%	19%	19%	36%	15%	35%	23%	28%	22%	26%	28%	25%	21%
Not very trustworthy	26%	25%	29%	23%	27%	26%	24%	25%	29%	25%	25%	25%	28%
Not at all trustworthy	30%	39%	33%	16%	44%	15%	29%	32%	31%	33%	30%	27%	33%
Not sure	12%	10%	14%	13%	8%	14%	16%	8%	11%	10%	10%	15%	11%
Totals	100%	100%	100%	99%	100%	100%	100%	100%	101%	100%	100%	100%	100%
Unweighted N	(2,168)	(800)	(802)	(566)	(800)	(676)	(907)	(604)	(486)	(369)	(458)	(824)	(517)

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2H. Trust Sources for Health Information — Alternative medicine practitioners

As sources of health information, would you say the following are...?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	7%	5%	8%	8%	6%	7%	5%	6%	9%	7%	5%
Somewhat trustworthy	40%	35%	44%	34%	39%	45%	38%	39%	35%	42%	46%
Not very trustworthy	28%	32%	25%	34%	32%	21%	31%	30%	27%	25%	23%
Not at all trustworthy	13%	18%	8%	14%	12%	14%	11%	14%	10%	12%	12%
Not sure	12%	11%	14%	11%	11%	13%	15%	11%	18%	14%	14%
Totals	100%	101%	99%	101%	100%	100%	100%	100%	99%	100%	100%
Unweighted N	(2,163)	(1,005)	(1,158)	(431)	(438)	(737)	(557)	(1,486)	(242)	(268)	(167)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	7%	7%	5%	7%	7%	7%	6%	8%	6%	10%	5%	6%	7%
Somewhat trustworthy	40%	36%	40%	44%	36%	43%	42%	39%	39%	40%	42%	37%	42%
Not very trustworthy	28%	32%	26%	27%	33%	29%	23%	32%	34%	26%	29%	30%	28%
Not at all trustworthy	13%	13%	13%	12%	13%	12%	12%	11%	15%	12%	13%	14%	11%
Not sure	12%	11%	16%	10%	11%	9%	17%	10%	5%	12%	12%	13%	13%
Totals	100%	99%	100%	100%	100%	100%	100%	100%	99%	100%	101%	100%	101%
Unweighted N	(2,163)	(798)	(801)	(564)	(800)	(673)	(905)	(602)	(484)	(367)	(458)	(825)	(513)

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2I. Trust Sources for Health Information — Pharmaceutical companies

As sources of health information, would you say the following are . . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	7%	7%	6%	13%	5%	5%	5%	6%	12%	8%	4%
Somewhat trustworthy	34%	34%	34%	37%	31%	32%	38%	35%	29%	35%	35%
Not very trustworthy	29%	29%	29%	24%	32%	29%	33%	32%	26%	22%	29%
Not at all trustworthy	24%	25%	22%	17%	25%	30%	19%	24%	24%	24%	23%
Not sure	6%	5%	7%	8%	7%	4%	5%	4%	9%	11%	10%
Totals	100%	100%	98%	99%	100%	100%	100%	101%	100%	100%	101%
Unweighted N	(2,167)	(1,009)	(1,158)	(431)	(439)	(739)	(558)	(1,487)	(245)	(268)	(167)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	7%	10%	5%	5%	8%	4%	7%	6%	7%	8%	7%	6%	5%
Somewhat trustworthy	34%	42%	29%	31%	40%	27%	33%	32%	41%	34%	37%	30%	38%
Not very trustworthy	29%	27%	29%	33%	30%	35%	27%	32%	31%	28%	32%	31%	26%
Not at all trustworthy	24%	16%	27%	28%	18%	31%	25%	26%	20%	25%	20%	25%	24%
Not sure	6%	5%	10%	3%	5%	3%	8%	5%	1%	4%	4%	7%	7%
Totals	100%	100%	100%	100%	101%	100%	100%	101%	100%	99%	100%	99%	100%
Unweighted N	(2,167)	(801)	(801)	(565)	(802)	(674)	(908)	(603)	(485)	(367)	(461)	(823)	(516)

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2J. Trust Sources for Health Information — Online health forums

As sources of health information, would you say the following are . . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	5%	5%	4%	7%	6%	4%	2%	4%	10%	3%	5%
Somewhat trustworthy	41%	40%	42%	38%	38%	43%	43%	42%	39%	40%	36%
Not very trustworthy	32%	33%	31%	35%	35%	28%	30%	34%	25%	25%	36%
Not at all trustworthy	10%	13%	8%	8%	11%	10%	11%	9%	10%	14%	8%
Not sure	13%	9%	16%	11%	10%	15%	14%	11%	15%	18%	14%
Totals	101%	100%	101%	99%	100%	100%	100%	100%	99%	100%	99%
Unweighted N	(2,162)	(1,006)	(1,156)	(432)	(440)	(736)	(554)	(1,483)	(246)	(267)	(166)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	5%	8%	3%	3%	8%	3%	5%	5%	6%	6%	4%	5%	4%
Somewhat trustworthy	41%	44%	37%	41%	42%	43%	38%	44%	43%	43%	43%	40%	39%
Not very trustworthy	32%	30%	33%	32%	32%	32%	31%	33%	31%	33%	32%	30%	34%
Not at all trustworthy	10%	6%	12%	12%	8%	11%	11%	7%	10%	7%	10%	10%	13%
Not sure	13%	12%	14%	12%	11%	11%	15%	11%	10%	11%	11%	16%	11%
Totals	101%	100%	99%	100%	101%	100%	100%	100%	100%	100%	100%	101%	101%
Unweighted N	(2,162)	(800)	(798)	(564)	(801)	(672)	(906)	(602)	(483)	(367)	(457)	(823)	(515)

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2K. Trust Sources for Health Information — Folklore

As sources of health information, would you say the following are . . . ?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	4%	4%	4%	6%	4%	4%	3%	4%	6%	6%	3%
Somewhat trustworthy	19%	19%	19%	17%	21%	18%	20%	20%	16%	17%	22%
Not very trustworthy	31%	32%	30%	28%	27%	31%	36%	35%	20%	25%	21%
Not at all trustworthy	28%	31%	26%	31%	34%	25%	24%	27%	30%	27%	37%
Not sure	18%	14%	21%	19%	14%	21%	16%	14%	29%	24%	18%
Totals	100%	100%	100%	101%	100%	99%	99%	100%	101%	99%	101%
Unweighted N	(2,168)	(1,011)	(1,157)	(432)	(440)	(736)	(560)	(1,488)	(245)	(269)	(166)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	4%	5%	2%	6%	5%	4%	5%	5%	3%	7%	3%	5%	2%
Somewhat trustworthy	19%	16%	20%	21%	16%	22%	21%	17%	19%	18%	23%	18%	18%
Not very trustworthy	31%	30%	30%	33%	32%	36%	26%	32%	39%	30%	33%	27%	35%
Not at all trustworthy	28%	33%	29%	22%	34%	21%	26%	31%	27%	32%	26%	27%	29%
Not sure	18%	16%	19%	18%	13%	17%	23%	15%	11%	14%	16%	22%	16%
Totals	100%	100%	100%	100%	100%	100%	101%	100%	99%	101%	101%	99%	100%
Unweighted N	(2,168)	(798)	(802)	(568)	(802)	(673)	(907)	(605)	(485)	(366)	(460)	(826)	(516)

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2L. Trust Sources for Health Information — Social media influencers

As sources of health information, would you say the following are... ?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Very trustworthy	3%	3%	3%	5%	4%	1%	2%	3%	6%	2%	1%
Somewhat trustworthy	10%	10%	10%	13%	12%	10%	4%	8%	16%	15%	6%
Not very trustworthy	32%	30%	35%	38%	35%	28%	31%	33%	33%	26%	32%
Not at all trustworthy	47%	50%	43%	37%	41%	51%	55%	49%	35%	41%	52%
Not sure	8%	8%	9%	8%	8%	9%	8%	7%	10%	15%	8%
Totals	100%	101%	100%	101%	100%	99%	100%	100%	100%	99%	99%
Unweighted N	(2,162)	(1,007)	(1,155)	(429)	(441)	(736)	(556)	(1,486)	(242)	(269)	(165)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Very trustworthy	3%	4%	1%	4%	4%	2%	4%	2%	4%	5%	1%	3%	2%
Somewhat trustworthy	10%	11%	8%	10%	10%	8%	11%	10%	8%	9%	10%	10%	9%
Not very trustworthy	32%	32%	34%	31%	31%	30%	31%	36%	30%	27%	34%	33%	34%
Not at all trustworthy	47%	46%	45%	49%	49%	56%	41%	47%	55%	48%	50%	44%	47%
Not sure	8%	7%	11%	6%	7%	5%	13%	5%	4%	11%	5%	9%	8%
Totals	100%	100%	99%	100%	101%	101%	100%	100%	101%	100%	100%	99%	100%
Unweighted N	(2,162)	(793)	(801)	(568)	(796)	(675)	(909)	(601)	(481)	(369)	(459)	(821)	(513)

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3A. Health Beliefs — You need to drink eight glasses of water a day

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	36%	34%	38%	33%	38%	40%	30%	36%	32%	39%	*
Probably true	40%	41%	38%	42%	42%	35%	42%	40%	57%	27%	*
Probably not true	16%	17%	16%	16%	13%	16%	20%	14%	9%	25%	*
Definitely not true	6%	6%	5%	6%	4%	6%	6%	6%	1%	8%	*
Not sure	3%	2%	3%	2%	3%	3%	2%	4%	1%	0%	*
Totals	101%	100%	100%	99%	100%	100%	100%	100%	100%	99%	*
Unweighted N	(1,065)	(481)	(584)	(194)	(207)	(389)	(275)	(732)	(124)	(123)	(86)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	36%	35%	36%	37%	37%	39%	33%	45%	25%	36%	34%	39%	32%
Probably true	40%	40%	39%	40%	36%	39%	45%	30%	45%	42%	41%	37%	41%
Probably not true	16%	17%	18%	13%	17%	13%	16%	15%	20%	11%	17%	16%	20%
Definitely not true	6%	6%	4%	6%	8%	5%	4%	6%	7%	8%	7%	4%	5%
Not sure	3%	2%	3%	3%	3%	3%	1%	4%	4%	3%	2%	3%	2%
Totals	101%	100%	100%	99%	101%	99%	99%	100%	101%	100%	101%	99%	100%
Unweighted N	(1,065)	(400)	(375)	(290)	(397)	(347)	(443)	(314)	(235)	(176)	(216)	(425)	(248)

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3B. Health Beliefs — Eating late at night leads to weight gain

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	32%	29%	36%	28%	38%	39%	22%	29%	47%	33%	*
Probably true	43%	44%	42%	40%	39%	40%	55%	47%	34%	37%	*
Probably not true	12%	13%	11%	14%	9%	12%	14%	12%	7%	15%	*
Definitely not true	4%	5%	4%	6%	4%	3%	4%	5%	3%	2%	*
Not sure	8%	9%	8%	13%	10%	6%	5%	7%	9%	13%	*
Totals	99%	100%	101%	101%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,099)	(496)	(603)	(213)	(233)	(361)	(292)	(741)	(133)	(145)	(80)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	32%	37%	28%	32%	35%	30%	33%	35%	27%	29%	29%	39%	27%
Probably true	43%	39%	41%	51%	40%	50%	43%	41%	46%	45%	47%	39%	45%
Probably not true	12%	14%	14%	7%	14%	11%	10%	12%	14%	13%	11%	10%	15%
Definitely not true	4%	5%	5%	3%	5%	3%	5%	5%	2%	6%	4%	4%	3%
Not sure	8%	5%	13%	7%	6%	7%	10%	6%	10%	8%	8%	8%	9%
Totals	99%	100%	101%	100%	100%	101%	101%	99%	99%	101%	99%	100%	99%
Unweighted N	(1,099)	(422)	(406)	(271)	(405)	(338)	(458)	(314)	(235)	(190)	(234)	(412)	(263)

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3C. Health Beliefs — Sugar makes children hyperactive

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	30%	27%	33%	24%	37%	32%	25%	25%	45%	43%	*
Probably true	45%	46%	44%	52%	37%	43%	51%	49%	33%	36%	*
Probably not true	12%	15%	9%	15%	12%	12%	9%	13%	6%	11%	*
Definitely not true	8%	7%	8%	5%	10%	6%	10%	8%	6%	6%	*
Not sure	6%	5%	6%	6%	4%	7%	6%	5%	10%	3%	*
Totals	101%	100%	100%	102%	100%	100%	101%	100%	100%	99%	*
Unweighted N	(1,059)	(484)	(575)	(198)	(230)	(349)	(282)	(716)	(124)	(134)	(85)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	30%	32%	28%	29%	33%	29%	30%	39%	21%	38%	23%	36%	22%
Probably true	45%	40%	45%	51%	39%	47%	44%	40%	46%	40%	52%	42%	47%
Probably not true	12%	12%	14%	10%	12%	11%	12%	9%	15%	8%	13%	11%	15%
Definitely not true	8%	9%	9%	6%	11%	9%	5%	8%	14%	8%	6%	7%	9%
Not sure	6%	8%	5%	5%	5%	5%	8%	4%	4%	5%	7%	4%	8%
Totals	101%	101%	101%	101%	100%	101%	99%	100%	100%	99%	101%	100%	101%
Unweighted N	(1,059)	(419)	(371)	(269)	(405)	(309)	(443)	(271)	(257)	(169)	(202)	(432)	(256)

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3D. Health Beliefs — Stress causes gray hair

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	22%	19%	24%	32%	24%	22%	8%	18%	29%	28%	*
Probably true	41%	44%	39%	47%	37%	43%	40%	42%	46%	41%	*
Probably not true	16%	16%	17%	8%	14%	18%	26%	18%	10%	15%	*
Definitely not true	11%	11%	11%	4%	11%	12%	17%	11%	9%	10%	*
Not sure	9%	10%	9%	9%	14%	6%	10%	11%	7%	7%	*
Totals	99%	100%	100%	100%	100%	101%	101%	100%	101%	101%	*
Unweighted N	(1,105)	(521)	(584)	(226)	(223)	(376)	(280)	(761)	(117)	(141)	(86)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	22%	23%	24%	19%	20%	16%	25%	20%	17%	24%	19%	23%	20%
Probably true	41%	36%	42%	47%	40%	43%	42%	40%	39%	41%	45%	41%	40%
Probably not true	16%	18%	14%	17%	16%	20%	15%	17%	19%	15%	17%	15%	20%
Definitely not true	11%	14%	8%	12%	14%	13%	8%	14%	15%	13%	8%	9%	15%
Not sure	9%	9%	13%	6%	10%	8%	9%	9%	10%	7%	11%	12%	6%
Totals	99%	100%	101%	101%	100%	100%	99%	100%	100%	100%	100%	100%	101%
Unweighted N	(1,105)	(407)	(417)	(281)	(409)	(344)	(450)	(305)	(261)	(192)	(228)	(429)	(256)

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3E. Health Beliefs — Sitting too close to the TV damages your vision

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	21%	19%	22%	26%	27%	20%	8%	13%	39%	37%	*
Probably true	43%	43%	42%	44%	39%	45%	41%	45%	42%	31%	*
Probably not true	18%	19%	17%	11%	19%	16%	28%	19%	15%	17%	*
Definitely not true	11%	11%	11%	10%	5%	12%	15%	13%	3%	4%	*
Not sure	8%	9%	8%	9%	10%	6%	8%	9%	1%	12%	*
Totals	101%	101%	100%	100%	100%	99%	100%	99%	100%	101%	*
Unweighted N	(1,118)	(501)	(617)	(213)	(237)	(389)	(279)	(769)	(123)	(141)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	21%	26%	19%	16%	23%	16%	25%	20%	14%	24%	14%	23%	21%
Probably true	43%	34%	46%	49%	34%	46%	47%	35%	44%	37%	47%	43%	42%
Probably not true	18%	22%	15%	17%	24%	21%	12%	23%	23%	19%	20%	15%	19%
Definitely not true	11%	11%	11%	9%	13%	10%	9%	10%	13%	6%	11%	13%	10%
Not sure	8%	7%	10%	8%	7%	7%	7%	11%	7%	13%	8%	7%	7%
Totals	101%	100%	101%	99%	101%	100%	100%	99%	101%	99%	100%	101%	99%
Unweighted N	(1,118)	(406)	(431)	(281)	(411)	(357)	(463)	(307)	(246)	(189)	(242)	(415)	(272)

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3F. Health Beliefs — Women living together synchronize their menstrual cycles

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	21%	15%	26%	18%	24%	23%	14%	21%	17%	25%	*
Probably true	30%	26%	33%	23%	30%	32%	31%	33%	22%	27%	*
Probably not true	15%	17%	13%	19%	13%	15%	13%	16%	9%	12%	*
Definitely not true	16%	18%	14%	17%	18%	13%	20%	13%	29%	19%	*
Not sure	19%	25%	14%	24%	15%	17%	22%	18%	22%	17%	*
Totals	101%	101%	100%	101%	100%	100%	100%	101%	99%	100%	*
Unweighted N	(1,087)	(510)	(577)	(217)	(228)	(382)	(260)	(730)	(126)	(136)	(95)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	21%	22%	16%	24%	21%	21%	18%	31%	16%	18%	23%	22%	18%
Probably true	30%	26%	29%	34%	32%	32%	27%	30%	38%	32%	28%	28%	32%
Probably not true	15%	16%	15%	13%	12%	15%	15%	15%	15%	15%	17%	14%	14%
Definitely not true	16%	21%	16%	11%	23%	12%	17%	12%	18%	18%	14%	16%	17%
Not sure	19%	15%	24%	18%	12%	19%	23%	12%	13%	17%	18%	20%	20%
Totals	101%	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%	100%	101%
Unweighted N	(1,087)	(388)	(401)	(298)	(386)	(355)	(472)	(298)	(249)	(178)	(235)	(405)	(269)

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3G. Health Beliefs — Reading in dim light damages your vision

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	18%	18%	18%	17%	21%	19%	13%	14%	26%	25%	*
Probably true	41%	33%	48%	42%	42%	35%	46%	45%	38%	25%	*
Probably not true	23%	27%	20%	20%	19%	25%	27%	26%	14%	22%	*
Definitely not true	7%	10%	4%	9%	3%	7%	9%	7%	6%	10%	*
Not sure	12%	12%	11%	12%	16%	13%	5%	8%	16%	17%	*
Totals	101%	100%	101%	100%	101%	99%	100%	100%	100%	99%	*
Unweighted N	(1,117)	(503)	(614)	(212)	(234)	(378)	(293)	(761)	(131)	(136)	(89)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	18%	22%	15%	17%	19%	17%	21%	17%	16%	18%	17%	18%	17%
Probably true	41%	38%	40%	45%	40%	46%	37%	42%	49%	48%	36%	43%	36%
Probably not true	23%	24%	22%	22%	23%	21%	24%	25%	17%	18%	27%	21%	27%
Definitely not true	7%	5%	7%	9%	8%	8%	8%	5%	8%	9%	6%	5%	9%
Not sure	12%	11%	15%	8%	10%	7%	10%	11%	10%	8%	13%	12%	11%
Totals	101%	100%	99%	101%	100%	99%	100%	100%	100%	101%	99%	99%	100%
Unweighted N	(1,117)	(412)	(424)	(281)	(418)	(335)	(463)	(315)	(245)	(200)	(236)	(432)	(249)

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3H. Health Beliefs — Vitamin C prevents colds

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	19%	18%	20%	23%	22%	21%	9%	16%	27%	22%	*
Probably true	49%	46%	51%	43%	50%	47%	56%	51%	44%	46%	*
Probably not true	15%	17%	13%	13%	8%	16%	22%	17%	13%	8%	*
Definitely not true	6%	7%	6%	5%	12%	6%	3%	5%	4%	13%	*
Not sure	11%	11%	11%	16%	8%	10%	10%	11%	12%	11%	*
Totals	100%	99%	101%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,069)	(499)	(570)	(198)	(221)	(361)	(289)	(726)	(123)	(134)	(86)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	19%	18%	17%	23%	20%	19%	17%	24%	16%	15%	16%	22%	20%
Probably true	49%	45%	48%	54%	45%	55%	50%	49%	46%	54%	52%	46%	48%
Probably not true	15%	18%	15%	12%	18%	13%	16%	11%	17%	16%	19%	14%	11%
Definitely not true	6%	9%	6%	3%	9%	4%	6%	6%	11%	4%	5%	6%	9%
Not sure	11%	11%	14%	8%	8%	9%	11%	10%	11%	12%	7%	12%	12%
Totals	100%	101%	100%	100%	100%	100%	100%	100%	101%	101%	99%	100%	100%
Unweighted N	(1,069)	(382)	(386)	(301)	(384)	(364)	(433)	(316)	(226)	(172)	(232)	(431)	(234)

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3I. Health Beliefs — Honey helps with seasonal allergies

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	18%	15%	20%	17%	22%	21%	9%	17%	23%	14%	*
Probably true	42%	42%	41%	45%	40%	43%	39%	41%	40%	53%	*
Probably not true	15%	17%	14%	17%	10%	17%	18%	16%	11%	13%	*
Definitely not true	5%	6%	4%	6%	10%	2%	5%	6%	4%	5%	*
Not sure	20%	19%	21%	15%	19%	18%	29%	21%	21%	15%	*
Totals	100%	99%	100%	100%	101%	101%	100%	101%	99%	100%	*
Unweighted N	(1,080)	(514)	(566)	(212)	(219)	(361)	(288)	(741)	(129)	(125)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	18%	18%	17%	18%	17%	20%	18%	19%	19%	16%	11%	22%	18%
Probably true	42%	37%	43%	45%	42%	43%	40%	45%	37%	48%	37%	41%	42%
Probably not true	15%	18%	12%	18%	17%	14%	16%	11%	22%	15%	18%	14%	17%
Definitely not true	5%	8%	7%	1%	7%	2%	6%	6%	4%	3%	5%	5%	7%
Not sure	20%	20%	22%	18%	17%	21%	20%	20%	19%	18%	28%	19%	16%
Totals	100%	101%	101%	100%	100%	100%	100%	101%	101%	100%	99%	101%	100%
Unweighted N	(1,080)	(399)	(397)	(284)	(389)	(340)	(452)	(284)	(249)	(168)	(235)	(425)	(252)

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3J. Health Beliefs — Drinking milk causes mucus production

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	16%	12%	19%	19%	16%	17%	11%	14%	28%	13%	*
Probably true	30%	27%	32%	21%	31%	31%	34%	31%	26%	30%	*
Probably not true	17%	23%	13%	18%	17%	16%	19%	18%	9%	18%	*
Definitely not true	11%	11%	11%	10%	12%	12%	11%	11%	10%	13%	*
Not sure	26%	27%	25%	33%	23%	23%	26%	25%	28%	25%	*
Totals	100%	100%	100%	101%	99%	99%	101%	99%	101%	99%	*
Unweighted N	(1,088)	(489)	(599)	(209)	(216)	(380)	(283)	(740)	(108)	(153)	(87)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	16%	20%	14%	14%	19%	14%	19%	15%	13%	18%	15%	13%	20%
Probably true	30%	28%	26%	36%	27%	34%	27%	31%	33%	29%	28%	32%	27%
Probably not true	17%	20%	18%	14%	21%	15%	17%	17%	21%	16%	22%	13%	23%
Definitely not true	11%	12%	9%	12%	12%	12%	9%	12%	15%	14%	9%	11%	10%
Not sure	26%	21%	33%	24%	21%	24%	28%	24%	19%	22%	26%	31%	20%
Totals	100%	101%	100%	100%	100%	99%	100%	99%	101%	99%	100%	100%	100%
Unweighted N	(1,088)	(404)	(402)	(282)	(401)	(346)	(453)	(302)	(250)	(198)	(224)	(417)	(249)

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3K. Health Beliefs — Eating before swimming causes cramps

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	15%	16%	15%	19%	17%	15%	11%	12%	30%	22%	*
Probably true	33%	30%	36%	40%	31%	31%	31%	32%	27%	40%	*
Probably not true	24%	25%	22%	18%	25%	24%	26%	27%	18%	17%	*
Definitely not true	15%	17%	13%	8%	11%	20%	22%	18%	10%	8%	*
Not sure	13%	11%	14%	15%	15%	10%	10%	11%	15%	14%	*
Totals	100%	99%	100%	100%	99%	100%	100%	100%	100%	101%	*
Unweighted N	(1,063)	(502)	(561)	(208)	(220)	(367)	(268)	(717)	(126)	(132)	(88)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	15%	16%	15%	15%	13%	13%	21%	13%	11%	18%	12%	19%	10%
Probably true	33%	30%	36%	34%	33%	34%	33%	32%	29%	30%	37%	32%	34%
Probably not true	24%	23%	21%	27%	26%	28%	19%	29%	30%	21%	19%	23%	30%
Definitely not true	15%	15%	17%	14%	16%	16%	14%	13%	22%	19%	20%	13%	12%
Not sure	13%	15%	12%	10%	12%	9%	14%	13%	9%	12%	12%	12%	14%
Totals	100%	99%	101%	100%	100%	100%	101%	100%	101%	100%	100%	99%	100%
Unweighted N	(1,063)	(399)	(374)	(290)	(395)	(327)	(442)	(314)	(229)	(170)	(229)	(401)	(263)

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3L. Health Beliefs — Cranberry juice cures urinary tract infections

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	15%	13%	17%	17%	15%	19%	10%	14%	22%	17%	*
Probably true	39%	38%	41%	27%	41%	43%	41%	41%	37%	35%	*
Probably not true	22%	23%	21%	24%	20%	19%	25%	23%	11%	19%	*
Definitely not true	10%	10%	11%	10%	12%	9%	11%	8%	14%	15%	*
Not sure	13%	16%	10%	22%	13%	9%	13%	13%	17%	14%	*
Totals	99%	100%	100%	100%	101%	99%	100%	99%	101%	100%	*
Unweighted N	(1,071)	(486)	(585)	(190)	(232)	(365)	(284)	(744)	(127)	(125)	(75)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	15%	16%	15%	15%	14%	17%	19%	15%	12%	15%	15%	19%	10%
Probably true	39%	35%	39%	44%	39%	42%	39%	37%	41%	49%	35%	38%	38%
Probably not true	22%	22%	22%	21%	20%	20%	20%	25%	21%	17%	25%	19%	26%
Definitely not true	10%	13%	9%	9%	15%	10%	9%	13%	12%	11%	7%	11%	12%
Not sure	13%	13%	16%	10%	12%	11%	13%	10%	15%	9%	17%	12%	14%
Totals	99%	99%	101%	99%	100%	100%	100%	100%	101%	101%	99%	99%	100%
Unweighted N	(1,071)	(401)	(399)	(271)	(402)	(329)	(455)	(300)	(246)	(177)	(242)	(410)	(242)

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3M. Health Beliefs — Cold weather causes colds

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	14%	14%	14%	26%	19%	8%	3%	11%	24%	18%	*
Probably true	19%	21%	18%	33%	15%	19%	12%	16%	31%	28%	*
Probably not true	25%	21%	28%	15%	32%	22%	31%	29%	13%	15%	*
Definitely not true	36%	38%	34%	19%	29%	44%	48%	40%	19%	34%	*
Not sure	6%	6%	7%	7%	6%	6%	6%	5%	14%	5%	*
Totals	100%	100%	101%	100%	101%	99%	100%	101%	101%	100%	*
Unweighted N	(1,140)	(543)	(597)	(223)	(235)	(389)	(293)	(777)	(124)	(154)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	14%	14%	16%	11%	12%	10%	21%	11%	4%	17%	5%	18%	11%
Probably true	19%	22%	21%	16%	19%	14%	18%	21%	19%	13%	17%	22%	22%
Probably not true	25%	26%	22%	26%	24%	27%	24%	24%	27%	25%	31%	20%	26%
Definitely not true	36%	34%	33%	42%	37%	43%	30%	38%	45%	41%	42%	33%	32%
Not sure	6%	5%	8%	5%	7%	7%	7%	6%	5%	4%	4%	6%	9%
Totals	100%	101%	100%	100%	99%	101%	100%	100%	100%	100%	99%	99%	100%
Unweighted N	(1,140)	(389)	(431)	(320)	(401)	(378)	(474)	(328)	(254)	(192)	(243)	(425)	(280)

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3N. Health Beliefs — Drinking alcohol warms you up

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	13%	11%	15%	20%	17%	12%	5%	9%	25%	26%	*
Probably true	28%	24%	32%	31%	28%	30%	24%	29%	28%	35%	*
Probably not true	19%	21%	17%	15%	16%	19%	25%	22%	11%	8%	*
Definitely not true	27%	35%	20%	21%	24%	29%	33%	30%	11%	20%	*
Not sure	12%	8%	16%	13%	15%	11%	12%	10%	25%	10%	*
Totals	99%	99%	100%	100%	100%	101%	99%	100%	100%	99%	*
Unweighted N	(1,123)	(510)	(613)	(214)	(209)	(402)	(298)	(800)	(118)	(127)	(78)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	13%	17%	14%	8%	15%	8%	14%	15%	11%	14%	16%	13%	9%
Probably true	28%	26%	28%	31%	22%	30%	30%	27%	24%	26%	19%	32%	33%
Probably not true	19%	17%	18%	22%	20%	22%	16%	22%	18%	25%	21%	16%	17%
Definitely not true	27%	29%	27%	26%	30%	30%	24%	25%	38%	28%	36%	25%	23%
Not sure	12%	11%	13%	12%	13%	10%	15%	11%	10%	7%	8%	15%	17%
Totals	99%	100%	100%	99%	100%	100%	99%	100%	101%	100%	100%	101%	99%
Unweighted N	(1,123)	(409)	(413)	(301)	(415)	(361)	(479)	(300)	(258)	(192)	(253)	(414)	(264)

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30. Health Beliefs — Red wine daily is good for your heart

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	13%	14%	12%	8%	14%	17%	11%	14%	17%	10%	*
Probably true	42%	42%	42%	21%	44%	43%	56%	42%	43%	43%	*
Probably not true	21%	21%	21%	29%	21%	19%	15%	25%	12%	10%	*
Definitely not true	6%	7%	5%	15%	5%	4%	2%	5%	6%	9%	*
Not sure	18%	16%	19%	26%	15%	17%	15%	14%	21%	28%	*
Totals	100%	100%	99%	99%	99%	100%	99%	100%	99%	100%	*
Unweighted N	(1,047)	(468)	(579)	(210)	(222)	(364)	(251)	(701)	(120)	(134)	(92)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	13%	13%	9%	17%	12%	14%	13%	15%	14%	13%	13%	15%	9%
Probably true	42%	42%	39%	45%	43%	45%	45%	44%	37%	40%	40%	42%	45%
Probably not true	21%	21%	26%	15%	25%	17%	17%	23%	27%	24%	26%	18%	18%
Definitely not true	6%	7%	5%	6%	6%	5%	6%	6%	9%	8%	4%	6%	6%
Not sure	18%	18%	20%	17%	13%	18%	19%	13%	14%	15%	16%	19%	21%
Totals	100%	101%	99%	100%	99%	99%	100%	101%	101%	100%	99%	100%	99%
Unweighted N	(1,047)	(372)	(388)	(287)	(366)	(337)	(457)	(273)	(233)	(193)	(207)	(412)	(235)

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3P. Health Beliefs — Urine helps with jellyfish stings

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	13%	11%	14%	10%	14%	16%	8%	12%	9%	23%	*
Probably true	25%	25%	24%	18%	29%	26%	25%	26%	24%	18%	*
Probably not true	19%	19%	19%	18%	17%	16%	26%	21%	19%	14%	*
Definitely not true	17%	20%	14%	27%	20%	14%	10%	16%	12%	23%	*
Not sure	27%	25%	29%	27%	20%	28%	31%	25%	36%	21%	*
Totals	101%	100%	100%	100%	100%	100%	100%	100%	100%	99%	*
Unweighted N	(1,098)	(502)	(596)	(217)	(206)	(385)	(290)	(734)	(134)	(147)	(83)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	13%	15%	11%	12%	14%	10%	16%	11%	10%	15%	10%	13%	13%
Probably true	25%	24%	22%	28%	26%	30%	23%	22%	27%	24%	21%	26%	26%
Probably not true	19%	16%	18%	23%	15%	20%	17%	23%	21%	21%	24%	15%	20%
Definitely not true	17%	20%	19%	12%	18%	13%	16%	18%	16%	19%	16%	17%	16%
Not sure	27%	25%	30%	25%	28%	27%	29%	26%	26%	21%	29%	29%	25%
Totals	101%	100%	100%	100%	101%	100%	101%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,098)	(411)	(401)	(286)	(420)	(328)	(472)	(287)	(255)	(182)	(232)	(421)	(263)

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3Q. Health Beliefs — Spicy foods cause ulcers

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	12%	10%	13%	19%	15%	10%	4%	8%	16%	21%	*
Probably true	33%	30%	36%	34%	40%	32%	27%	32%	39%	39%	*
Probably not true	25%	28%	23%	23%	19%	30%	27%	28%	15%	22%	*
Definitely not true	14%	16%	12%	8%	11%	14%	22%	16%	9%	4%	*
Not sure	16%	16%	16%	16%	14%	14%	20%	16%	21%	13%	*
Totals	100%	100%	100%	100%	99%	100%	100%	100%	100%	99%	*
Unweighted N	(1,107)	(493)	(614)	(229)	(219)	(386)	(273)	(774)	(126)	(127)	(80)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	12%	19%	7%	10%	13%	9%	12%	14%	11%	15%	8%	13%	10%
Probably true	33%	30%	35%	35%	33%	31%	36%	34%	24%	35%	38%	34%	26%
Probably not true	25%	28%	24%	23%	28%	23%	24%	23%	31%	25%	24%	23%	30%
Definitely not true	14%	11%	14%	17%	11%	20%	10%	16%	18%	14%	11%	15%	15%
Not sure	16%	13%	20%	15%	14%	16%	17%	13%	16%	11%	19%	15%	19%
Totals	100%	101%	100%	100%	99%	99%	99%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,107)	(405)	(407)	(295)	(407)	(342)	(476)	(288)	(249)	(201)	(232)	(419)	(255)

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3R. Health Beliefs — Oysters are an aphrodisiac

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	11%	10%	11%	12%	16%	11%	3%	7%	25%	17%	*
Probably true	23%	22%	25%	20%	28%	24%	21%	24%	16%	24%	*
Probably not true	22%	24%	21%	14%	16%	24%	34%	25%	18%	15%	*
Definitely not true	12%	15%	9%	9%	11%	15%	13%	13%	7%	13%	*
Not sure	31%	29%	34%	45%	29%	26%	29%	31%	33%	32%	*
Totals	99%	100%	100%	100%	100%	100%	100%	100%	99%	101%	*
Unweighted N	(1,110)	(501)	(609)	(214)	(231)	(382)	(283)	(760)	(119)	(147)	(84)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	11%	12%	12%	8%	13%	5%	13%	13%	4%	10%	5%	16%	9%
Probably true	23%	23%	22%	25%	19%	27%	23%	25%	25%	26%	24%	22%	23%
Probably not true	22%	21%	23%	22%	27%	24%	17%	24%	31%	22%	18%	21%	28%
Definitely not true	12%	14%	11%	11%	15%	14%	11%	12%	17%	14%	16%	9%	13%
Not sure	31%	29%	33%	33%	25%	30%	36%	26%	22%	27%	38%	33%	27%
Totals	99%	99%	101%	99%	99%	100%	100%	100%	99%	99%	101%	101%	100%
Unweighted N	(1,110)	(424)	(398)	(288)	(425)	(340)	(465)	(303)	(254)	(202)	(246)	(401)	(261)

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3S. Health Beliefs — Microwave ovens cause radiation exposure

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	11%	11%	11%	13%	15%	11%	6%	7%	21%	25%	*
Probably true	34%	32%	36%	32%	43%	34%	27%	32%	52%	29%	*
Probably not true	25%	24%	26%	24%	19%	24%	33%	28%	7%	23%	*
Definitely not true	18%	22%	14%	16%	14%	20%	22%	20%	7%	14%	*
Not sure	12%	12%	13%	16%	10%	11%	13%	12%	13%	9%	*
Totals	100%	101%	100%	101%	101%	100%	101%	99%	100%	100%	*
Unweighted N	(1,124)	(540)	(584)	(239)	(227)	(366)	(292)	(763)	(120)	(145)	(96)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	11%	10%	13%	9%	9%	7%	14%	10%	7%	9%	7%	13%	12%
Probably true	34%	31%	32%	38%	31%	33%	36%	31%	33%	30%	42%	33%	31%
Probably not true	25%	23%	26%	26%	25%	28%	21%	26%	31%	22%	29%	24%	25%
Definitely not true	18%	20%	17%	17%	21%	20%	16%	22%	18%	23%	13%	17%	19%
Not sure	12%	15%	13%	9%	14%	11%	12%	11%	11%	16%	10%	12%	13%
Totals	100%	99%	101%	99%	100%	99%	99%	100%	100%	100%	101%	99%	100%
Unweighted N	(1,124)	(398)	(423)	(303)	(394)	(354)	(486)	(315)	(243)	(191)	(223)	(424)	(286)

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3T. Health Beliefs — Drinking warm water improves digestion

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	12%	9%	14%	12%	17%	12%	5%	9%	20%	20%	*
Probably true	36%	37%	36%	43%	33%	34%	37%	32%	53%	34%	*
Probably not true	17%	19%	14%	16%	16%	16%	18%	19%	8%	14%	*
Definitely not true	6%	6%	6%	5%	4%	4%	11%	6%	1%	9%	*
Not sure	30%	30%	30%	24%	30%	34%	28%	34%	18%	23%	*
Totals	101%	101%	100%	100%	100%	100%	99%	100%	100%	100%	*
Unweighted N	(1,057)	(492)	(565)	(214)	(204)	(370)	(269)	(743)	(120)	(122)	(72)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	12%	14%	11%	10%	13%	9%	11%	12%	14%	10%	7%	15%	11%
Probably true	36%	38%	34%	37%	37%	36%	35%	34%	40%	37%	36%	35%	37%
Probably not true	17%	17%	18%	14%	19%	15%	17%	18%	13%	16%	16%	15%	20%
Definitely not true	6%	5%	5%	7%	7%	8%	6%	7%	4%	7%	6%	5%	6%
Not sure	30%	25%	32%	32%	25%	33%	30%	29%	29%	30%	34%	30%	25%
Totals	101%	99%	100%	100%	101%	101%	99%	100%	100%	100%	99%	100%	99%
Unweighted N	(1,057)	(399)	(384)	(274)	(388)	(322)	(454)	(283)	(230)	(193)	(226)	(396)	(242)

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3U. Health Beliefs — Chocolate is an aphrodisiac

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	11%	12%	10%	13%	14%	10%	6%	8%	27%	6%	*
Probably true	27%	28%	27%	23%	29%	27%	30%	28%	23%	26%	*
Probably not true	22%	25%	20%	20%	17%	24%	28%	27%	10%	21%	*
Definitely not true	12%	11%	12%	10%	10%	12%	15%	12%	7%	13%	*
Not sure	28%	24%	31%	35%	29%	27%	21%	25%	32%	33%	*
Totals	100%	100%	100%	101%	99%	100%	100%	100%	99%	99%	*
Unweighted N	(1,104)	(484)	(620)	(224)	(211)	(377)	(292)	(776)	(118)	(130)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	11%	17%	10%	5%	14%	8%	12%	15%	4%	8%	12%	13%	8%
Probably true	27%	26%	22%	34%	27%	33%	26%	26%	27%	26%	28%	27%	28%
Probably not true	22%	19%	26%	22%	20%	24%	20%	25%	25%	25%	23%	20%	24%
Definitely not true	12%	12%	12%	12%	13%	13%	12%	11%	16%	15%	11%	10%	12%
Not sure	28%	26%	30%	27%	25%	22%	30%	24%	28%	26%	26%	29%	28%
Totals	100%	100%	100%	100%	99%	100%	100%	101%	100%	100%	100%	99%	100%
Unweighted N	(1,104)	(409)	(401)	(294)	(405)	(338)	(468)	(295)	(253)	(183)	(226)	(434)	(261)

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3V. Health Beliefs — Eating celery burns more calories than it contains

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	11%	9%	12%	11%	15%	10%	8%	11%	17%	5%	*
Probably true	30%	31%	29%	26%	27%	34%	32%	35%	23%	18%	*
Probably not true	18%	19%	17%	20%	21%	11%	23%	20%	16%	15%	*
Definitely not true	9%	10%	9%	11%	11%	10%	6%	8%	4%	18%	*
Not sure	31%	31%	32%	31%	26%	35%	32%	26%	41%	44%	*
Totals	99%	100%	99%	99%	100%	100%	101%	100%	101%	100%	*
Unweighted N	(1,074)	(491)	(583)	(227)	(214)	(348)	(285)	(735)	(127)	(130)	(82)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	11%	13%	9%	11%	13%	13%	9%	15%	9%	10%	11%	14%	6%
Probably true	30%	31%	31%	29%	30%	33%	30%	30%	32%	39%	33%	24%	30%
Probably not true	18%	18%	15%	21%	18%	16%	17%	20%	20%	16%	15%	19%	20%
Definitely not true	9%	11%	9%	8%	12%	6%	9%	8%	15%	10%	8%	9%	12%
Not sure	31%	27%	36%	31%	26%	32%	35%	28%	24%	25%	33%	34%	31%
Totals	99%	100%	100%	100%	99%	100%	100%	101%	100%	100%	100%	100%	99%
Unweighted N	(1,074)	(413)	(376)	(285)	(420)	(323)	(457)	(291)	(239)	(180)	(233)	(397)	(264)

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3W. Health Beliefs — Shaving makes your hair grow back thicker

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	10%	9%	11%	9%	12%	14%	5%	9%	16%	10%	*
Probably true	27%	24%	29%	27%	26%	26%	28%	25%	35%	26%	*
Probably not true	21%	23%	20%	22%	17%	22%	25%	24%	20%	16%	*
Definitely not true	26%	29%	24%	23%	30%	25%	28%	30%	5%	36%	*
Not sure	15%	15%	16%	18%	15%	14%	14%	13%	25%	12%	*
Totals	99%	100%	100%	99%	100%	101%	100%	101%	101%	100%	*
Unweighted N	(1,080)	(508)	(572)	(212)	(211)	(363)	(294)	(745)	(116)	(129)	(90)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	10%	11%	8%	13%	7%	9%	14%	9%	7%	11%	9%	15%	4%
Probably true	27%	25%	28%	28%	26%	25%	31%	25%	22%	29%	28%	27%	24%
Probably not true	21%	25%	19%	20%	26%	22%	16%	26%	24%	25%	20%	19%	25%
Definitely not true	26%	27%	28%	23%	28%	30%	22%	29%	34%	23%	30%	24%	28%
Not sure	15%	13%	17%	15%	14%	14%	17%	11%	13%	11%	14%	16%	18%
Totals	99%	101%	100%	99%	101%	100%	100%	100%	100%	99%	101%	101%	99%
Unweighted N	(1,080)	(429)	(389)	(262)	(429)	(314)	(470)	(289)	(242)	(173)	(230)	(418)	(259)

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3X. Health Beliefs — Eating carrots turns your skin orange

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	9%	8%	11%	11%	12%	9%	6%	10%	3%	8%	*
Probably true	15%	13%	17%	15%	15%	14%	17%	17%	13%	9%	*
Probably not true	20%	23%	18%	17%	15%	22%	26%	21%	15%	19%	*
Definitely not true	47%	48%	47%	50%	45%	48%	45%	44%	57%	55%	*
Not sure	8%	9%	8%	6%	14%	7%	6%	8%	12%	9%	*
Totals	99%	101%	101%	99%	101%	100%	100%	100%	100%	100%	*
Unweighted N	(1,079)	(477)	(602)	(228)	(211)	(378)	(262)	(743)	(116)	(133)	(87)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	9%	8%	9%	12%	8%	11%	9%	7%	13%	8%	10%	10%	8%
Probably true	15%	12%	16%	18%	15%	17%	13%	16%	15%	13%	13%	14%	20%
Probably not true	20%	18%	21%	21%	15%	23%	19%	22%	20%	17%	24%	20%	20%
Definitely not true	47%	53%	45%	42%	53%	43%	50%	49%	40%	56%	45%	46%	44%
Not sure	8%	9%	9%	7%	9%	6%	8%	6%	12%	6%	9%	10%	8%
Totals	99%	100%	100%	100%	100%	100%	99%	100%	100%	100%	101%	100%	100%
Unweighted N	(1,079)	(410)	(385)	(284)	(393)	(342)	(467)	(285)	(245)	(188)	(237)	(416)	(238)

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3Y. Health Beliefs — Drinking milk before bed helps with sleep

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	8%	8%	9%	9%	11%	7%	6%	6%	16%	10%	*
Probably true	34%	34%	34%	37%	28%	35%	37%	33%	34%	42%	*
Probably not true	25%	26%	23%	22%	28%	20%	29%	29%	10%	17%	*
Definitely not true	9%	9%	9%	11%	12%	8%	5%	9%	10%	7%	*
Not sure	24%	23%	25%	21%	21%	30%	23%	22%	31%	23%	*
Totals	100%	100%	100%	100%	100%	100%	100%	99%	101%	99%	*
Unweighted N	(1,115)	(520)	(595)	(227)	(225)	(368)	(295)	(765)	(133)	(137)	(80)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	8%	12%	6%	7%	9%	7%	9%	8%	9%	9%	7%	8%	9%
Probably true	34%	29%	36%	37%	27%	40%	37%	31%	31%	36%	30%	32%	39%
Probably not true	25%	24%	24%	26%	29%	21%	23%	30%	27%	29%	31%	21%	21%
Definitely not true	9%	10%	8%	9%	10%	8%	7%	10%	9%	8%	13%	8%	7%
Not sure	24%	24%	26%	21%	25%	24%	23%	21%	25%	18%	19%	30%	23%
Totals	100%	99%	100%	100%	100%	100%	99%	100%	101%	100%	100%	99%	99%
Unweighted N	(1,115)	(404)	(420)	(291)	(397)	(359)	(468)	(300)	(251)	(197)	(241)	(416)	(261)

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3Z. Health Beliefs — Carrots improve night vision

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	8%	6%	10%	10%	9%	9%	5%	6%	19%	11%	*
Probably true	35%	35%	35%	27%	31%	38%	41%	36%	33%	33%	*
Probably not true	24%	26%	22%	28%	20%	21%	27%	26%	16%	25%	*
Definitely not true	15%	16%	14%	16%	23%	12%	12%	15%	11%	17%	*
Not sure	18%	16%	19%	19%	17%	20%	15%	16%	21%	14%	*
Totals	100%	99%	100%	100%	100%	100%	100%	99%	100%	100%	*
Unweighted N	(1,113)	(498)	(615)	(226)	(204)	(386)	(297)	(776)	(127)	(130)	(80)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	8%	12%	6%	6%	10%	5%	8%	10%	6%	9%	8%	9%	6%
Probably true	35%	32%	29%	43%	29%	45%	38%	32%	33%	30%	33%	37%	38%
Probably not true	24%	23%	26%	24%	28%	22%	22%	28%	25%	24%	25%	23%	25%
Definitely not true	15%	18%	16%	11%	18%	13%	12%	19%	17%	17%	18%	13%	13%
Not sure	18%	15%	22%	17%	15%	14%	20%	11%	19%	19%	16%	18%	18%
Totals	100%	100%	99%	101%	100%	99%	100%	100%	100%	99%	100%	100%	100%
Unweighted N	(1,113)	(394)	(401)	(318)	(397)	(353)	(465)	(314)	(244)	(173)	(246)	(426)	(268)

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3AA. Health Beliefs — An apple a day keeps the doctor away

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	8%	8%	8%	11%	9%	9%	3%	6%	13%	12%	*
Probably true	31%	29%	33%	26%	34%	31%	34%	32%	30%	36%	*
Probably not true	28%	31%	25%	27%	25%	27%	33%	31%	24%	23%	*
Definitely not true	25%	25%	24%	28%	20%	26%	24%	27%	17%	20%	*
Not sure	8%	6%	10%	8%	12%	7%	5%	5%	16%	10%	*
Totals	100%	99%	100%	100%	100%	100%	99%	101%	100%	101%	*
Unweighted N	(1,091)	(516)	(575)	(225)	(231)	(371)	(264)	(740)	(126)	(134)	(91)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	8%	9%	6%	9%	8%	8%	8%	7%	6%	7%	11%	8%	7%
Probably true	31%	32%	30%	32%	34%	32%	32%	33%	31%	22%	32%	29%	41%
Probably not true	28%	24%	29%	31%	21%	32%	23%	31%	31%	32%	21%	30%	27%
Definitely not true	25%	26%	27%	21%	30%	20%	28%	21%	25%	28%	27%	24%	21%
Not sure	8%	9%	8%	7%	7%	8%	9%	8%	6%	11%	8%	8%	5%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%	99%	99%	101%
Unweighted N	(1,091)	(399)	(410)	(282)	(396)	(325)	(458)	(303)	(237)	(187)	(226)	(415)	(263)

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3AB. Health Beliefs — Feed a cold, starve a fever

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	7%	6%	9%	3%	7%	10%	8%	7%	10%	7%	*
Probably true	29%	29%	28%	18%	26%	36%	32%	31%	37%	17%	*
Probably not true	22%	24%	19%	25%	21%	18%	24%	23%	17%	20%	*
Definitely not true	15%	15%	14%	16%	15%	12%	15%	15%	8%	17%	*
Not sure	28%	27%	29%	37%	31%	24%	22%	25%	29%	39%	*
Totals	101%	101%	99%	99%	100%	100%	101%	101%	101%	100%	*
Unweighted N	(1,143)	(543)	(600)	(239)	(228)	(375)	(301)	(803)	(130)	(130)	(80)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	7%	9%	4%	8%	7%	7%	9%	6%	5%	7%	8%	8%	6%
Probably true	29%	26%	26%	34%	27%	35%	26%	31%	32%	26%	28%	33%	23%
Probably not true	22%	22%	23%	20%	23%	18%	19%	24%	24%	24%	24%	17%	25%
Definitely not true	15%	17%	15%	12%	19%	13%	13%	17%	17%	19%	11%	13%	18%
Not sure	28%	26%	33%	25%	24%	26%	33%	22%	21%	23%	28%	29%	29%
Totals	101%	100%	101%	99%	100%	99%	100%	100%	99%	99%	99%	100%	101%
Unweighted N	(1,143)	(434)	(392)	(317)	(423)	(363)	(468)	(320)	(270)	(182)	(255)	(449)	(257)

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3AC. Health Beliefs — Chicken soup cures colds

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	7%	6%	9%	9%	10%	7%	3%	6%	12%	10%	*
Probably true	32%	30%	34%	38%	26%	33%	32%	31%	33%	32%	*
Probably not true	30%	33%	27%	28%	27%	29%	35%	33%	16%	30%	*
Definitely not true	23%	25%	22%	19%	30%	22%	21%	24%	22%	24%	*
Not sure	8%	7%	8%	6%	7%	8%	9%	6%	16%	5%	*
Totals	100%	101%	100%	100%	100%	99%	100%	100%	99%	101%	*
Unweighted N	(1,097)	(527)	(570)	(213)	(232)	(355)	(297)	(755)	(118)	(136)	(88)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	7%	10%	8%	4%	6%	5%	7%	8%	3%	8%	9%	7%	6%
Probably true	32%	29%	35%	33%	30%	32%	39%	28%	24%	38%	18%	36%	35%
Probably not true	30%	32%	26%	32%	32%	31%	25%	33%	31%	27%	32%	28%	33%
Definitely not true	23%	26%	22%	21%	28%	23%	21%	24%	32%	21%	32%	20%	21%
Not sure	8%	3%	9%	10%	5%	9%	8%	6%	9%	6%	8%	9%	5%
Totals	100%	100%	100%	100%	101%	100%	100%	99%	99%	100%	99%	100%	100%
Unweighted N	(1,097)	(384)	(411)	(302)	(402)	(354)	(437)	(330)	(232)	(184)	(242)	(412)	(259)

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3AD. Health Beliefs — Eating chocolate causes acne

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	6%	8%	5%	9%	9%	6%	2%	5%	7%	11%	*
Probably true	25%	21%	28%	23%	28%	25%	23%	24%	24%	30%	*
Probably not true	33%	35%	32%	34%	29%	34%	35%	33%	26%	38%	*
Definitely not true	21%	22%	19%	19%	17%	21%	25%	23%	16%	16%	*
Not sure	15%	14%	16%	15%	17%	14%	15%	14%	28%	5%	*
Totals	100%	100%	100%	100%	100%	100%	100%	99%	101%	100%	*
Unweighted N	(1,110)	(501)	(609)	(212)	(216)	(381)	(301)	(757)	(123)	(148)	(82)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	6%	9%	4%	5%	5%	5%	7%	7%	4%	10%	6%	6%	5%
Probably true	25%	23%	25%	26%	22%	26%	26%	30%	21%	23%	22%	24%	30%
Probably not true	33%	34%	37%	29%	36%	32%	30%	35%	36%	31%	30%	35%	35%
Definitely not true	21%	20%	18%	24%	23%	24%	21%	20%	20%	25%	22%	18%	19%
Not sure	15%	13%	16%	17%	13%	14%	16%	8%	19%	11%	21%	17%	11%
Totals	100%	99%	100%	101%	99%	101%	100%	100%	100%	100%	101%	100%	100%
Unweighted N	(1,110)	(421)	(407)	(282)	(434)	(343)	(460)	(311)	(246)	(178)	(247)	(411)	(274)

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3AE. Health Beliefs — Toothpaste helps with acne

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	6%	3%	9%	6%	9%	7%	0%	5%	8%	10%	*
Probably true	17%	14%	20%	17%	16%	20%	13%	16%	25%	15%	*
Probably not true	26%	29%	23%	28%	25%	24%	28%	27%	20%	24%	*
Definitely not true	23%	26%	19%	24%	25%	18%	26%	23%	24%	20%	*
Not sure	28%	27%	30%	25%	25%	31%	33%	29%	23%	32%	*
Totals	100%	99%	101%	100%	100%	100%	100%	100%	100%	101%	*
Unweighted N	(1,093)	(529)	(564)	(222)	(231)	(370)	(270)	(753)	(114)	(147)	(79)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	6%	6%	6%	6%	5%	6%	6%	7%	5%	6%	6%	6%	5%
Probably true	17%	19%	13%	18%	17%	18%	21%	14%	14%	18%	13%	19%	15%
Probably not true	26%	29%	27%	23%	28%	24%	21%	34%	24%	23%	25%	25%	32%
Definitely not true	23%	26%	23%	19%	28%	21%	21%	22%	29%	28%	26%	20%	20%
Not sure	28%	21%	31%	33%	21%	31%	31%	22%	28%	26%	29%	30%	27%
Totals	100%	101%	100%	99%	99%	100%	100%	99%	100%	101%	99%	100%	99%
Unweighted N	(1,093)	(389)	(410)	(294)	(403)	(341)	(442)	(309)	(259)	(188)	(217)	(424)	(264)

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3AF. Health Beliefs — Vaccines cause autism

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	6%	6%	6%	7%	5%	7%	5%	5%	11%	6%	*
Probably true	14%	13%	14%	9%	16%	14%	15%	14%	17%	9%	*
Probably not true	24%	25%	23%	17%	27%	22%	29%	24%	22%	29%	*
Definitely not true	39%	39%	38%	50%	35%	37%	36%	39%	22%	45%	*
Not sure	18%	17%	19%	18%	18%	20%	16%	17%	28%	11%	*
Totals	101%	100%	100%	101%	101%	100%	101%	99%	100%	100%	*
Unweighted N	(1,087)	(514)	(573)	(211)	(223)	(375)	(278)	(752)	(115)	(132)	(88)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	6%	5%	5%	8%	4%	9%	5%	9%	5%	8%	2%	8%	5%
Probably true	14%	6%	17%	17%	5%	22%	16%	15%	10%	14%	15%	12%	14%
Probably not true	24%	20%	20%	32%	20%	29%	23%	24%	23%	25%	22%	24%	24%
Definitely not true	39%	55%	40%	19%	61%	19%	33%	42%	46%	41%	42%	36%	38%
Not sure	18%	13%	18%	23%	9%	22%	24%	11%	16%	12%	19%	20%	18%
Totals	101%	99%	100%	99%	99%	101%	101%	101%	100%	100%	100%	100%	99%
Unweighted N	(1,087)	(400)	(413)	(274)	(390)	(342)	(457)	(318)	(233)	(181)	(238)	(413)	(255)

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3AG. Health Beliefs — Applying butter to a burn helps it heal

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	6%	5%	6%	3%	8%	9%	2%	4%	8%	11%	*
Probably true	18%	20%	16%	18%	16%	21%	16%	17%	28%	17%	*
Probably not true	26%	29%	23%	25%	28%	20%	31%	28%	20%	18%	*
Definitely not true	32%	28%	36%	31%	24%	36%	37%	35%	20%	27%	*
Not sure	19%	18%	19%	22%	25%	14%	15%	15%	25%	27%	*
Totals	101%	100%	100%	99%	101%	100%	101%	99%	101%	100%	*
Unweighted N	(1,125)	(518)	(607)	(232)	(217)	(367)	(309)	(770)	(126)	(145)	(84)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	6%	5%	6%	5%	6%	3%	5%	9%	3%	5%	6%	8%	2%
Probably true	18%	22%	14%	18%	19%	18%	19%	15%	20%	21%	20%	17%	15%
Probably not true	26%	22%	28%	26%	27%	26%	23%	25%	31%	30%	28%	22%	27%
Definitely not true	32%	35%	31%	31%	32%	35%	34%	32%	28%	32%	28%	31%	37%
Not sure	19%	16%	21%	19%	16%	19%	18%	19%	17%	12%	18%	22%	18%
Totals	101%	100%	100%	99%	100%	101%	99%	100%	99%	100%	100%	100%	99%
Unweighted N	(1,125)	(408)	(431)	(286)	(397)	(362)	(486)	(304)	(247)	(198)	(219)	(429)	(279)

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3AH. Health Beliefs — Cracking your knuckles causes arthritis

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	6%	5%	6%	5%	7%	7%	3%	4%	10%	11%	*
Probably true	21%	18%	23%	18%	20%	22%	22%	22%	25%	13%	*
Probably not true	32%	34%	31%	32%	32%	30%	37%	34%	27%	26%	*
Definitely not true	28%	33%	24%	28%	29%	28%	25%	30%	16%	29%	*
Not sure	14%	11%	17%	17%	12%	13%	14%	11%	22%	21%	*
Totals	101%	101%	101%	100%	100%	100%	101%	101%	100%	100%	*
Unweighted N	(1,065)	(489)	(576)	(223)	(209)	(374)	(259)	(737)	(121)	(132)	(75)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	6%	5%	6%	6%	2%	5%	9%	3%	3%	7%	4%	6%	5%
Probably true	21%	20%	21%	22%	21%	23%	23%	21%	18%	17%	20%	22%	21%
Probably not true	32%	31%	32%	34%	30%	33%	26%	34%	39%	31%	36%	30%	33%
Definitely not true	28%	31%	27%	25%	35%	26%	26%	29%	30%	31%	29%	25%	29%
Not sure	14%	13%	15%	14%	13%	13%	16%	13%	11%	14%	10%	17%	12%
Totals	101%	100%	101%	101%	101%	100%	100%	100%	101%	100%	99%	100%	100%
Unweighted N	(1,065)	(385)	(397)	(283)	(390)	(319)	(449)	(299)	(238)	(185)	(204)	(410)	(266)

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3AI. Health Beliefs — Sleeping with wet hair causes sickness

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	5%	7%	4%	9%	6%	5%	1%	2%	19%	11%	*
Probably true	15%	15%	15%	20%	21%	7%	12%	10%	28%	20%	*
Probably not true	28%	30%	26%	25%	26%	33%	28%	30%	19%	24%	*
Definitely not true	42%	38%	46%	34%	37%	45%	51%	50%	18%	35%	*
Not sure	10%	10%	10%	12%	10%	10%	7%	8%	15%	11%	*
Totals	100%	100%	101%	100%	100%	100%	99%	100%	99%	101%	*
Unweighted N	(1,098)	(530)	(568)	(222)	(224)	(377)	(275)	(761)	(120)	(131)	(86)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	5%	6%	4%	6%	5%	3%	6%	6%	4%	8%	2%	8%	2%
Probably true	15%	16%	17%	11%	15%	10%	17%	12%	12%	15%	13%	14%	16%
Probably not true	28%	28%	26%	31%	28%	31%	29%	27%	33%	24%	36%	22%	36%
Definitely not true	42%	44%	40%	41%	45%	47%	38%	46%	42%	45%	45%	41%	38%
Not sure	10%	6%	12%	11%	7%	8%	10%	9%	8%	8%	5%	15%	8%
Totals	100%	100%	99%	100%	100%	99%	100%	100%	99%	100%	101%	100%	100%
Unweighted N	(1,098)	(409)	(407)	(282)	(405)	(350)	(452)	(318)	(239)	(186)	(233)	(419)	(260)

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3AJ. Health Beliefs — A teaspoon of sugar helps cure hiccups

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	5%	4%	6%	10%	3%	6%	2%	7%	4%	3%	*
Probably true	11%	11%	12%	11%	11%	12%	11%	11%	15%	9%	*
Probably not true	30%	33%	27%	30%	32%	27%	33%	33%	16%	28%	*
Definitely not true	19%	18%	21%	17%	19%	19%	22%	19%	19%	22%	*
Not sure	34%	34%	34%	31%	35%	36%	31%	30%	46%	38%	*
Totals	99%	100%	100%	99%	100%	100%	99%	100%	100%	100%	*
Unweighted N	(1,059)	(495)	(564)	(216)	(223)	(356)	(264)	(721)	(120)	(139)	(79)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	5%	5%	6%	5%	5%	6%	5%	6%	4%	6%	4%	7%	3%
Probably true	11%	12%	7%	15%	12%	12%	12%	9%	15%	12%	13%	9%	14%
Probably not true	30%	27%	28%	35%	32%	32%	25%	33%	36%	30%	28%	29%	34%
Definitely not true	19%	25%	18%	15%	27%	18%	19%	23%	19%	15%	23%	19%	21%
Not sure	34%	30%	41%	30%	24%	33%	40%	30%	26%	37%	31%	37%	29%
Totals	99%	99%	100%	100%	100%	101%	101%	101%	100%	100%	99%	101%	101%
Unweighted N	(1,059)	(388)	(399)	(272)	(384)	(335)	(445)	(308)	(228)	(184)	(224)	(405)	(246)

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3AK. Health Beliefs — Microwaving food removes its nutrients

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	5%	4%	6%	6%	7%	6%	2%	3%	10%	5%	*
Probably true	25%	21%	29%	20%	22%	29%	27%	25%	34%	25%	*
Probably not true	30%	31%	28%	26%	32%	29%	32%	33%	23%	25%	*
Definitely not true	23%	27%	19%	31%	20%	18%	26%	24%	14%	25%	*
Not sure	17%	17%	17%	17%	19%	18%	13%	15%	19%	20%	*
Totals	100%	100%	99%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,076)	(490)	(586)	(212)	(227)	(368)	(269)	(717)	(129)	(139)	(91)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	5%	6%	5%	4%	6%	4%	5%	6%	5%	1%	4%	6%	8%
Probably true	25%	23%	21%	32%	22%	27%	29%	23%	18%	20%	24%	30%	21%
Probably not true	30%	29%	31%	29%	31%	34%	28%	35%	28%	40%	30%	25%	31%
Definitely not true	23%	26%	24%	18%	27%	21%	19%	24%	32%	21%	26%	20%	27%
Not sure	17%	16%	18%	17%	14%	14%	19%	12%	17%	18%	15%	19%	14%
Totals	100%	100%	99%	100%	100%	100%	100%	100%	100%	100%	99%	100%	101%
Unweighted N	(1,076)	(382)	(414)	(280)	(385)	(343)	(485)	(286)	(213)	(165)	(236)	(423)	(252)

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3AL. Health Beliefs — Wearing a hat causes baldness

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	5%	5%	5%	7%	5%	4%	5%	4%	8%	6%	*
Probably true	17%	15%	19%	19%	19%	20%	10%	17%	22%	18%	*
Probably not true	26%	28%	24%	26%	25%	28%	24%	28%	19%	23%	*
Definitely not true	39%	43%	35%	35%	40%	33%	51%	41%	34%	41%	*
Not sure	13%	9%	17%	13%	11%	16%	10%	10%	17%	13%	*
Totals	100%	100%	100%	100%	100%	101%	100%	100%	100%	101%	*
Unweighted N	(1,089)	(498)	(591)	(223)	(215)	(373)	(278)	(753)	(125)	(132)	(79)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	5%	5%	4%	7%	4%	5%	6%	6%	3%	5%	7%	6%	2%
Probably true	17%	19%	15%	18%	15%	16%	20%	18%	15%	17%	16%	21%	12%
Probably not true	26%	20%	30%	27%	22%	28%	25%	28%	26%	30%	24%	22%	31%
Definitely not true	39%	44%	37%	36%	49%	41%	32%	43%	46%	41%	42%	35%	41%
Not sure	13%	11%	15%	12%	10%	11%	18%	5%	10%	8%	11%	16%	14%
Totals	100%	99%	101%	100%	100%	101%	101%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,089)	(414)	(422)	(253)	(410)	(312)	(468)	(290)	(242)	(196)	(222)	(400)	(271)

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3AM. Health Beliefs — Eating fish makes you smarter

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	5%	4%	6%	10%	6%	3%	1%	5%	5%	5%	*
Probably true	19%	19%	19%	22%	21%	15%	19%	17%	31%	18%	*
Probably not true	34%	37%	32%	30%	33%	36%	36%	37%	20%	34%	*
Definitely not true	27%	27%	28%	26%	25%	26%	34%	28%	23%	30%	*
Not sure	15%	13%	16%	11%	14%	20%	10%	14%	21%	13%	*
Totals	100%	100%	101%	99%	99%	100%	100%	101%	100%	100%	*
Unweighted N	(1,124)	(530)	(594)	(226)	(235)	(382)	(281)	(768)	(127)	(137)	(92)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	5%	7%	5%	3%	5%	3%	4%	4%	7%	5%	3%	4%	7%
Probably true	19%	17%	19%	21%	18%	19%	21%	21%	14%	20%	20%	18%	19%
Probably not true	34%	29%	38%	36%	34%	35%	31%	37%	35%	35%	37%	31%	36%
Definitely not true	27%	33%	23%	25%	31%	27%	26%	29%	30%	29%	30%	27%	25%
Not sure	15%	14%	15%	15%	11%	16%	18%	9%	14%	11%	11%	19%	13%
Totals	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%	101%	99%	100%
Unweighted N	(1,124)	(416)	(426)	(282)	(423)	(338)	(459)	(308)	(268)	(195)	(225)	(426)	(278)

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3AN. Health Beliefs — Sleeping with a fan on causes sickness

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	4%	5%	3%	8%	5%	3%	0%	3%	9%	5%	*
Probably true	12%	12%	11%	19%	12%	12%	3%	9%	15%	24%	*
Probably not true	27%	26%	27%	29%	31%	21%	28%	28%	22%	22%	*
Definitely not true	49%	47%	50%	32%	46%	54%	63%	54%	26%	44%	*
Not sure	10%	10%	9%	13%	7%	11%	7%	7%	27%	5%	*
Totals	102%	100%	100%	101%	101%	101%	101%	101%	99%	100%	*
Unweighted N	(1,111)	(518)	(593)	(238)	(223)	(374)	(276)	(747)	(128)	(149)	(87)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	4%	5%	3%	3%	5%	2%	4%	3%	5%	5%	1%	6%	2%
Probably true	12%	15%	10%	11%	8%	8%	13%	10%	9%	10%	6%	15%	13%
Probably not true	27%	23%	29%	26%	24%	29%	26%	25%	32%	22%	29%	24%	31%
Definitely not true	49%	51%	44%	51%	52%	52%	46%	53%	46%	54%	59%	43%	44%
Not sure	10%	7%	14%	8%	11%	9%	11%	9%	8%	10%	5%	12%	10%
Totals	102%	101%	100%	99%	100%	100%	100%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,111)	(394)	(414)	(303)	(385)	(359)	(477)	(319)	(236)	(186)	(239)	(419)	(267)

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3AO. Health Beliefs — Sleeping with onions in your socks removes toxins

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	4%	3%	4%	5%	6%	4%	1%	3%	7%	4%	*
Probably true	14%	12%	16%	19%	17%	13%	7%	12%	26%	12%	*
Probably not true	25%	23%	26%	24%	16%	27%	33%	27%	21%	19%	*
Definitely not true	37%	42%	32%	34%	39%	35%	39%	40%	17%	38%	*
Not sure	21%	19%	22%	18%	22%	22%	21%	17%	28%	27%	*
Totals	101%	99%	100%	100%	100%	101%	101%	99%	99%	100%	*
Unweighted N	(1,121)	(531)	(590)	(221)	(231)	(382)	(287)	(769)	(129)	(138)	(85)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	4%	6%	2%	4%	3%	3%	4%	4%	3%	4%	3%	5%	3%
Probably true	14%	12%	14%	17%	10%	14%	17%	9%	13%	8%	11%	17%	16%
Probably not true	25%	23%	24%	28%	24%	28%	24%	28%	24%	27%	29%	24%	21%
Definitely not true	37%	45%	35%	30%	47%	33%	31%	39%	47%	44%	41%	30%	39%
Not sure	21%	15%	26%	21%	17%	22%	24%	19%	13%	17%	17%	24%	21%
Totals	101%	101%	101%	100%	101%	100%	100%	99%	100%	100%	101%	100%	100%
Unweighted N	(1,121)	(405)	(423)	(293)	(422)	(349)	(464)	(326)	(250)	(184)	(253)	(413)	(271)

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3AP. Health Beliefs — Swallowed gum stays in your stomach for seven years

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	4%	3%	4%	5%	6%	2%	2%	3%	0%	8%	*
Probably true	9%	6%	11%	10%	14%	7%	4%	8%	12%	9%	*
Probably not true	23%	23%	22%	22%	18%	24%	25%	22%	24%	18%	*
Definitely not true	50%	54%	46%	53%	50%	47%	51%	53%	42%	48%	*
Not sure	15%	13%	17%	10%	12%	20%	17%	14%	21%	16%	*
Totals	101%	99%	100%	100%	100%	100%	99%	100%	99%	99%	*
Unweighted N	(1,110)	(519)	(591)	(227)	(222)	(401)	(260)	(763)	(119)	(147)	(81)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	4%	3%	2%	6%	3%	3%	5%	5%	1%	4%	2%	4%	3%
Probably true	9%	9%	9%	9%	10%	5%	10%	10%	6%	14%	7%	9%	6%
Probably not true	23%	21%	26%	21%	22%	27%	23%	21%	23%	15%	25%	21%	28%
Definitely not true	50%	56%	45%	49%	53%	48%	44%	52%	61%	55%	53%	48%	46%
Not sure	15%	11%	18%	15%	13%	17%	19%	12%	9%	10%	13%	17%	16%
Totals	101%	100%	100%	100%	101%	100%	101%	100%	100%	98%	100%	99%	99%
Unweighted N	(1,110)	(409)	(407)	(294)	(400)	(340)	(458)	(318)	(238)	(189)	(236)	(425)	(260)

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3AQ. Health Beliefs — Touching frogs causes warts

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	4%	4%	3%	5%	7%	2%	0%	3%	8%	4%	*
Probably true	11%	14%	9%	14%	16%	11%	4%	8%	17%	21%	*
Probably not true	24%	23%	25%	28%	20%	23%	27%	24%	27%	27%	*
Definitely not true	47%	47%	47%	35%	39%	51%	63%	53%	24%	34%	*
Not sure	14%	12%	16%	19%	17%	14%	6%	12%	24%	13%	*
Totals	100%	100%	100%	101%	99%	101%	100%	100%	100%	99%	*
Unweighted N	(1,072)	(489)	(583)	(202)	(220)	(378)	(272)	(729)	(132)	(130)	(81)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	4%	5%	3%	3%	5%	1%	4%	2%	4%	2%	3%	6%	1%
Probably true	11%	12%	15%	6%	14%	5%	11%	11%	11%	9%	6%	15%	12%
Probably not true	24%	19%	27%	26%	17%	25%	24%	27%	19%	25%	25%	23%	22%
Definitely not true	47%	50%	38%	53%	53%	59%	42%	47%	62%	52%	57%	39%	49%
Not sure	14%	14%	17%	12%	10%	10%	19%	13%	6%	12%	10%	17%	15%
Totals	100%	100%	100%	100%	99%	100%	100%	100%	102%	100%	101%	100%	99%
Unweighted N	(1,072)	(420)	(375)	(277)	(427)	(312)	(453)	(320)	(221)	(184)	(231)	(416)	(241)

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3AR. Health Beliefs — Wearing copper jewelry relieves arthritis

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	3%	3%	4%	4%	4%	4%	1%	2%	7%	5%	*
Probably true	16%	12%	19%	12%	12%	18%	19%	14%	26%	16%	*
Probably not true	32%	34%	30%	27%	34%	30%	37%	34%	25%	24%	*
Definitely not true	24%	30%	19%	27%	28%	22%	22%	26%	15%	26%	*
Not sure	25%	21%	28%	30%	22%	26%	21%	24%	26%	29%	*
Totals	100%	100%	100%	100%	100%	100%	100%	100%	99%	100%	*
Unweighted N	(1,069)	(500)	(569)	(218)	(221)	(349)	(281)	(744)	(111)	(137)	(77)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	3%	5%	2%	2%	4%	2%	3%	4%	4%	3%	4%	5%	2%
Probably true	16%	14%	17%	16%	16%	17%	18%	17%	11%	20%	11%	18%	12%
Probably not true	32%	29%	33%	34%	33%	32%	29%	32%	39%	33%	35%	30%	31%
Definitely not true	24%	29%	19%	23%	30%	21%	22%	22%	30%	24%	25%	23%	27%
Not sure	25%	22%	28%	25%	17%	28%	28%	25%	15%	21%	25%	25%	28%
Totals	100%	99%	99%	100%	100%	100%	100%	100%	99%	101%	100%	101%	100%
Unweighted N	(1,069)	(415)	(379)	(275)	(401)	(329)	(435)	(315)	(235)	(188)	(224)	(412)	(245)

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3AS. Health Beliefs — Hair of the dog cures hangovers

Do you think the following is...?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	3%	4%	3%	4%	6%	2%	2%	4%	4%	2%	*
Probably true	10%	9%	10%	7%	7%	13%	9%	12%	5%	4%	*
Probably not true	21%	19%	23%	18%	18%	24%	23%	23%	18%	21%	*
Definitely not true	45%	53%	37%	50%	43%	37%	53%	44%	38%	51%	*
Not sure	21%	15%	27%	21%	26%	23%	13%	17%	35%	23%	*
Totals	100%	100%	100%	100%	100%	99%	100%	100%	100%	101%	*
Unweighted N	(1,084)	(517)	(567)	(220)	(203)	(369)	(292)	(759)	(125)	(132)	(68)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	3%	4%	3%	3%	3%	4%	3%	4%	4%	5%	3%	3%	2%
Probably true	10%	8%	9%	11%	9%	10%	11%	9%	7%	10%	6%	12%	7%
Probably not true	21%	19%	22%	22%	21%	23%	19%	24%	21%	17%	25%	24%	16%
Definitely not true	45%	51%	43%	40%	52%	41%	43%	43%	52%	52%	42%	40%	51%
Not sure	21%	17%	22%	24%	14%	21%	24%	20%	16%	16%	23%	21%	23%
Totals	100%	99%	99%	100%	99%	99%	100%	100%	100%	100%	99%	100%	99%
Unweighted N	(1,084)	(425)	(394)	(265)	(424)	(323)	(433)	(314)	(241)	(187)	(249)	(405)	(243)

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3AT. Health Beliefs — Placing raw steak on a black eye helps it heal

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	3%	3%	3%	3%	5%	3%	2%	3%	6%	2%	*
Probably true	18%	18%	17%	11%	19%	22%	16%	16%	20%	20%	*
Probably not true	26%	27%	25%	20%	21%	27%	33%	28%	19%	25%	*
Definitely not true	30%	34%	27%	45%	32%	26%	21%	28%	31%	30%	*
Not sure	23%	18%	28%	21%	23%	22%	28%	24%	24%	22%	*
Totals	100%	100%	100%	100%	100%	100%	100%	99%	100%	99%	*
Unweighted N	(1,070)	(501)	(569)	(203)	(214)	(366)	(287)	(732)	(133)	(129)	(76)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	3%	3%	4%	2%	4%	3%	4%	2%	4%	5%	3%	3%	1%
Probably true	18%	17%	19%	17%	16%	17%	21%	17%	14%	17%	17%	21%	14%
Probably not true	26%	26%	23%	28%	26%	29%	26%	26%	27%	23%	25%	25%	29%
Definitely not true	30%	33%	34%	24%	36%	25%	26%	35%	30%	33%	33%	28%	29%
Not sure	23%	21%	21%	28%	18%	27%	24%	19%	24%	21%	22%	23%	27%
Totals	100%	100%	101%	99%	100%	101%	101%	99%	99%	99%	100%	100%	100%
Unweighted N	(1,070)	(406)	(382)	(282)	(408)	(319)	(448)	(288)	(249)	(180)	(213)	(404)	(273)

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3AU. Health Beliefs — Drinking coffee stunts your growth

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	3%	3%	3%	5%	6%	1%	0%	2%	6%	6%	*
Probably true	9%	8%	9%	21%	11%	3%	2%	8%	7%	8%	*
Probably not true	32%	32%	32%	27%	34%	32%	33%	34%	39%	20%	*
Definitely not true	42%	42%	42%	27%	30%	50%	57%	45%	28%	42%	*
Not sure	15%	15%	14%	19%	18%	13%	8%	12%	21%	24%	*
Totals	101%	100%	100%	99%	99%	99%	100%	101%	101%	100%	*
Unweighted N	(1,077)	(494)	(583)	(197)	(233)	(365)	(282)	(752)	(120)	(123)	(82)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	3%	5%	2%	2%	5%	1%	3%	3%	3%	5%	1%	2%	3%
Probably true	9%	7%	12%	7%	5%	6%	9%	5%	9%	7%	9%	9%	9%
Probably not true	32%	35%	28%	33%	29%	30%	26%	39%	40%	30%	37%	32%	29%
Definitely not true	42%	43%	38%	45%	50%	51%	42%	41%	42%	44%	43%	40%	43%
Not sure	15%	10%	20%	13%	10%	11%	20%	11%	5%	15%	9%	17%	16%
Totals	101%	100%	100%	100%	99%	99%	100%	99%	99%	101%	99%	100%	100%
Unweighted N	(1,077)	(376)	(401)	(300)	(381)	(357)	(460)	(303)	(235)	(172)	(239)	(412)	(254)

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3AV. Health Beliefs — Masturbation can cause blindness

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	2%	3%	1%	2%	4%	2%	1%	2%	6%	1%	*
Probably true	2%	3%	2%	5%	1%	2%	0%	2%	4%	3%	*
Probably not true	12%	10%	13%	18%	11%	10%	8%	12%	14%	12%	*
Definitely not true	76%	77%	75%	66%	76%	78%	84%	79%	55%	73%	*
Not sure	8%	6%	9%	9%	8%	7%	6%	5%	21%	11%	*
Totals	100%	99%	100%	100%	100%	99%	99%	100%	100%	100%	*
Unweighted N	(1,121)	(517)	(604)	(230)	(221)	(380)	(290)	(762)	(119)	(159)	(81)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	2%	3%	1%	2%	1%	2%	3%	0%	3%	2%	1%	4%	0%
Probably true	2%	3%	1%	3%	2%	1%	2%	3%	3%	4%	1%	3%	2%
Probably not true	12%	7%	13%	17%	6%	11%	14%	7%	7%	3%	16%	12%	14%
Definitely not true	76%	81%	76%	72%	85%	80%	71%	84%	83%	84%	77%	72%	79%
Not sure	8%	7%	9%	7%	5%	6%	10%	6%	4%	7%	6%	10%	5%
Totals	100%	101%	100%	101%	99%	100%	100%	100%	100%	100%	101%	101%	100%
Unweighted N	(1,121)	(436)	(408)	(277)	(426)	(341)	(493)	(308)	(235)	(187)	(230)	(433)	(271)

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3AW. Health Beliefs — Swallowed seeds grow in your stomach

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	2%	2%	2%	3%	2%	2%	0%	1%	4%	3%	*
Probably true	3%	4%	2%	6%	4%	1%	1%	2%	5%	4%	*
Probably not true	12%	11%	13%	8%	10%	14%	14%	12%	10%	16%	*
Definitely not true	77%	78%	77%	76%	76%	79%	77%	81%	64%	66%	*
Not sure	6%	6%	7%	6%	9%	4%	7%	3%	17%	12%	*
Totals	100%	101%	101%	99%	101%	100%	99%	99%	100%	101%	*
Unweighted N	(1,074)	(485)	(589)	(207)	(223)	(366)	(278)	(724)	(125)	(145)	(80)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	2%	4%	0%	1%	1%	1%	2%	1%	2%	1%	1%	2%	1%
Probably true	3%	5%	1%	2%	4%	2%	2%	4%	4%	5%	1%	3%	3%
Probably not true	12%	9%	13%	14%	10%	12%	16%	9%	8%	7%	11%	12%	17%
Definitely not true	77%	75%	77%	79%	78%	82%	72%	80%	83%	84%	84%	74%	70%
Not sure	6%	7%	8%	4%	7%	3%	8%	6%	3%	2%	2%	9%	10%
Totals	100%	100%	99%	100%	100%	100%	100%	100%	100%	99%	99%	100%	101%
Unweighted N	(1,074)	(385)	(413)	(276)	(398)	(338)	(470)	(299)	(225)	(193)	(228)	(414)	(239)

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3AX. Health Beliefs — Crossing your eyes will make them stay that way

Do you think the following is... ?

Respondents were asked about a random sample of 25 of the 50 beliefs

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely true	2%	1%	2%	2%	2%	1%	1%	2%	2%	1%	*
Probably true	6%	6%	6%	11%	9%	3%	4%	6%	12%	5%	*
Probably not true	24%	24%	25%	21%	26%	20%	32%	24%	28%	23%	*
Definitely not true	59%	59%	58%	51%	56%	65%	60%	62%	39%	57%	*
Not sure	9%	10%	9%	15%	8%	10%	4%	7%	18%	12%	*
Totals	100%	100%	100%	100%	101%	99%	101%	101%	99%	98%	*
Unweighted N	(1,057)	(513)	(544)	(215)	(231)	(357)	(254)	(719)	(123)	(132)	(83)

	Party ID			2020 Vote		Family Income (3 category)			Region				
	Total	Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely true	2%	2%	1%	2%	1%	2%	2%	2%	0%	2%	1%	2%	1%
Probably true	6%	8%	5%	7%	7%	6%	6%	5%	9%	9%	4%	6%	6%
Probably not true	24%	23%	23%	27%	22%	26%	25%	23%	23%	23%	28%	23%	24%
Definitely not true	59%	58%	59%	59%	64%	61%	53%	68%	61%	58%	59%	60%	56%
Not sure	9%	9%	13%	5%	6%	6%	13%	2%	8%	8%	8%	9%	12%
Totals	100%	100%	101%	100%	100%	101%	99%	100%	101%	100%	100%	100%	99%
Unweighted N	(1,057)	(369)	(405)	(283)	(377)	(331)	(453)	(277)	(246)	(190)	(232)	(377)	(258)

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4A. Health Beliefs - Personal Experiences — Eating late at night leads to weight gain

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	49%	45%	53%	41%	52%	47%	57%	49%	55%	48%	*
Definitely or probably true, but not as a result of personal experiences	26%	27%	25%	26%	25%	31%	20%	27%	25%	22%	*
Definitely or probably not true, but not as a result of personal experiences	10%	10%	9%	11%	6%	10%	11%	9%	5%	15%	*
Definitely or probably not true, in part due to personal experiences	7%	8%	5%	9%	7%	5%	6%	8%	5%	2%	*
Not sure	8%	9%	8%	13%	10%	6%	5%	7%	9%	13%	*
Totals	100%	99%	100%	100%	100%	99%	99%	100%	99%	100%	*
Unweighted N	(1,099)	(496)	(603)	(213)	(233)	(361)	(292)	(741)	(133)	(145)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	49%	45%	48%	56%	50%	55%	46%	55%	46%	43%	44%	55%	49%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	26%	31%	20%	26%	25%	24%	29%	21%	27%	31%	32%	23%	23%
Definitely or probably not true, but not as a result of personal experiences	10%	10%	12%	6%	10%	9%	9%	9%	9%	12%	9%	7%	11%
Definitely or probably not true, in part due to personal experiences	7%	9%	7%	4%	9%	5%	6%	8%	7%	7%	6%	7%	8%
Not sure	8%	5%	13%	7%	6%	7%	10%	6%	10%	8%	8%	8%	9%
Totals	100%	100%	100%	99%	100%	100%	100%	99%	99%	101%	99%	100%	100%
Unweighted N	(1,099)	(422)	(406)	(271)	(405)	(338)	(458)	(314)	(235)	(190)	(234)	(412)	(263)

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4B. Health Beliefs - Personal Experiences — You need to drink eight glasses of water a day

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	50%	49%	51%	48%	53%	49%	50%	51%	54%	48%	*
Definitely or probably true, but not as a result of personal experiences	25%	25%	25%	28%	26%	26%	22%	25%	36%	17%	*
Definitely or probably not true, but not as a result of personal experiences	13%	12%	14%	15%	9%	15%	13%	12%	8%	20%	*
Definitely or probably not true, in part due to personal experiences	9%	11%	7%	7%	9%	7%	12%	9%	3%	13%	*
Not sure	3%	2%	3%	2%	3%	3%	2%	4%	1%	0%	*
Totals	100%	99%	100%	100%	100%	100%	99%	101%	102%	98%	*
Unweighted N	(1,065)	(481)	(584)	(194)	(207)	(389)	(275)	(732)	(124)	(123)	(86)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	50%	50%	51%	50%	47%	53%	51%	52%	48%	54%	46%	50%	52%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	25%	25%	24%	28%	26%	25%	28%	23%	22%	24%	28%	27%	21%
Definitely or probably not true, but not as a result of personal experiences	13%	16%	12%	12%	15%	10%	13%	13%	14%	14%	13%	13%	13%
Definitely or probably not true, in part due to personal experiences	9%	7%	11%	8%	9%	9%	7%	8%	12%	5%	10%	7%	12%
Not sure	3%	2%	3%	3%	3%	3%	1%	4%	4%	3%	2%	3%	2%
Totals	100%	100%	101%	101%	100%	100%	100%	100%	100%	100%	99%	100%	100%
Unweighted N	(1,065)	(400)	(375)	(290)	(397)	(347)	(443)	(314)	(235)	(176)	(216)	(425)	(248)

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4C. Health Beliefs - Personal Experiences — Sugar makes children hyperactive

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	47%	46%	48%	43%	48%	46%	51%	48%	51%	49%	*
Definitely or probably true, but not as a result of personal experiences	28%	27%	29%	32%	25%	29%	25%	26%	27%	31%	*
Definitely or probably not true, but not as a result of personal experiences	13%	15%	12%	14%	16%	11%	12%	14%	9%	12%	*
Definitely or probably not true, in part due to personal experiences	6%	7%	5%	5%	5%	7%	7%	7%	3%	6%	*
Not sure	6%	5%	6%	6%	4%	7%	6%	5%	10%	3%	*
Totals	100%	100%	100%	100%	98%	100%	101%	100%	100%	101%	*
Unweighted N	(1,059)	(484)	(575)	(198)	(230)	(349)	(282)	(716)	(124)	(134)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	47%	43%	50%	49%	42%	53%	43%	55%	42%	49%	49%	48%	44%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	28%	29%	23%	31%	29%	23%	31%	25%	25%	29%	26%	30%	24%
Definitely or probably not true, but not as a result of personal experiences	13%	13%	16%	11%	14%	13%	13%	9%	21%	13%	12%	12%	17%
Definitely or probably not true, in part due to personal experiences	6%	7%	6%	4%	9%	7%	4%	8%	7%	4%	7%	6%	7%
Not sure	6%	8%	5%	5%	5%	5%	8%	4%	4%	5%	7%	4%	8%
Totals	100%	100%	100%	100%	99%	101%	99%	101%	99%	100%	101%	100%	100%
Unweighted N	(1,059)	(419)	(371)	(269)	(405)	(309)	(443)	(271)	(257)	(169)	(202)	(432)	(256)

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4D. Health Beliefs - Personal Experiences — Vitamin C prevents colds

People who say each is...

Recoded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	44%	40%	47%	38%	43%	48%	41%	42%	48%	44%	*
Definitely or probably true, but not as a result of personal experiences	24%	24%	25%	28%	29%	19%	24%	25%	23%	24%	*
Definitely or probably not true, but not as a result of personal experiences	13%	16%	10%	13%	11%	13%	14%	13%	16%	10%	*
Definitely or probably not true, in part due to personal experiences	8%	9%	8%	4%	9%	9%	11%	9%	1%	11%	*
Not sure	11%	11%	11%	16%	8%	10%	10%	11%	12%	11%	*
Totals	100%	100%	101%	99%	100%	99%	100%	100%	100%	100%	*
Unweighted N	(1,069)	(499)	(570)	(198)	(221)	(361)	(289)	(726)	(123)	(134)	(86)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	44%	41%	38%	52%	44%	49%	41%	50%	41%	46%	38%	46%	44%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	24%	22%	27%	25%	20%	25%	26%	23%	21%	22%	31%	22%	25%
Definitely or probably not true, but not as a result of personal experiences	13%	15%	12%	11%	15%	10%	12%	9%	18%	12%	13%	14%	11%
Definitely or probably not true, in part due to personal experiences	8%	12%	10%	4%	12%	6%	10%	7%	9%	8%	11%	7%	8%
Not sure	11%	11%	14%	8%	8%	9%	11%	10%	11%	12%	7%	12%	12%
Totals	100%	101%	101%	100%	99%	99%	100%	99%	100%	100%	100%	101%	100%
Unweighted N	(1,069)	(382)	(386)	(301)	(384)	(364)	(433)	(316)	(226)	(172)	(232)	(431)	(234)

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4E. Health Beliefs - Personal Experiences — Stress causes gray hair

People who say each is...

Recoded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	32%	33%	31%	34%	33%	35%	24%	28%	44%	38%	*
Definitely or probably true, but not as a result of personal experiences	31%	30%	32%	45%	28%	30%	23%	32%	30%	30%	*
Definitely or probably not true, but not as a result of personal experiences	15%	16%	13%	7%	15%	16%	20%	15%	11%	16%	*
Definitely or probably not true, in part due to personal experiences	13%	11%	14%	6%	9%	14%	23%	14%	7%	9%	*
Not sure	9%	10%	9%	9%	14%	6%	10%	11%	7%	7%	*
Totals	100%	100%	99%	101%	99%	101%	100%	100%	99%	100%	*
Unweighted N	(1,105)	(521)	(584)	(226)	(223)	(376)	(280)	(761)	(117)	(141)	(86)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	32%	27%	34%	35%	29%	32%	34%	31%	27%	23%	35%	36%	30%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	31%	32%	31%	31%	31%	27%	34%	28%	29%	42%	29%	28%	30%
Definitely or probably not true, but not as a result of personal experiences	15%	17%	12%	14%	17%	18%	11%	17%	22%	15%	13%	15%	15%
Definitely or probably not true, in part due to personal experiences	13%	15%	10%	14%	13%	15%	13%	14%	12%	14%	12%	10%	19%
Not sure	9%	9%	13%	6%	10%	8%	9%	9%	10%	7%	11%	12%	6%
Totals	100%	100%	100%	100%	100%	100%	101%	99%	100%	101%	100%	101%	100%
Unweighted N	(1,105)	(407)	(417)	(281)	(409)	(344)	(450)	(305)	(261)	(192)	(228)	(429)	(256)

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4F. Health Beliefs - Personal Experiences — Reading in dim light damages your vision

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	29%	25%	33%	28%	30%	26%	35%	29%	27%	32%	*
Definitely or probably true, but not as a result of personal experiences	29%	26%	32%	31%	33%	29%	24%	30%	38%	18%	*
Definitely or probably not true, but not as a result of personal experiences	19%	24%	15%	20%	13%	20%	24%	22%	12%	19%	*
Definitely or probably not true, in part due to personal experiences	11%	14%	8%	9%	9%	12%	12%	11%	8%	14%	*
Not sure	12%	12%	11%	12%	16%	13%	5%	8%	16%	17%	*
Totals	100%	101%	99%	100%	101%	100%	100%	100%	101%	100%	*
Unweighted N	(1,117)	(503)	(614)	(212)	(234)	(378)	(293)	(761)	(131)	(136)	(89)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	29%	26%	28%	35%	27%	36%	29%	29%	33%	24%	26%	34%	29%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	29%	34%	27%	26%	32%	28%	29%	30%	32%	41%	28%	28%	24%
Definitely or probably not true, but not as a result of personal experiences	19%	19%	16%	23%	19%	20%	21%	19%	14%	16%	26%	18%	18%
Definitely or probably not true, in part due to personal experiences	11%	10%	14%	8%	12%	9%	11%	12%	11%	11%	8%	8%	17%
Not sure	12%	11%	15%	8%	10%	7%	10%	11%	10%	8%	13%	12%	11%
Totals	100%	100%	100%	100%	100%	100%	100%	101%	100%	100%	101%	100%	99%
Unweighted N	(1,117)	(412)	(424)	(281)	(418)	(335)	(463)	(315)	(245)	(200)	(236)	(432)	(249)

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4G. Health Beliefs - Personal Experiences — Honey helps with seasonal allergies

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	30%	30%	31%	24%	35%	35%	25%	29%	38%	34%	*
Definitely or probably true, but not as a result of personal experiences	29%	27%	30%	37%	27%	29%	24%	29%	25%	33%	*
Definitely or probably not true, but not as a result of personal experiences	15%	18%	13%	18%	14%	15%	15%	17%	14%	10%	*
Definitely or probably not true, in part due to personal experiences	5%	6%	5%	5%	5%	3%	8%	5%	1%	8%	*
Not sure	20%	19%	21%	15%	19%	18%	29%	21%	21%	15%	*
Totals	99%	100%	100%	99%	100%	100%	101%	101%	99%	100%	*
Unweighted N	(1,080)	(514)	(566)	(212)	(219)	(361)	(288)	(741)	(129)	(125)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	30%	23%	33%	36%	26%	40%	30%	30%	32%	30%	19%	34%	35%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	29%	32%	27%	27%	33%	23%	28%	33%	24%	35%	30%	28%	26%
Definitely or probably not true, but not as a result of personal experiences	15%	18%	14%	14%	18%	12%	17%	12%	19%	14%	16%	15%	16%
Definitely or probably not true, in part due to personal experiences	5%	7%	4%	4%	6%	3%	6%	5%	7%	4%	6%	4%	7%
Not sure	20%	20%	22%	18%	17%	21%	20%	20%	19%	18%	28%	19%	16%
Totals	99%	100%	100%	99%	100%	99%	101%	100%	101%	101%	99%	100%	100%
Unweighted N	(1,080)	(399)	(397)	(284)	(389)	(340)	(452)	(284)	(249)	(168)	(235)	(425)	(252)

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4H. Health Beliefs - Personal Experiences — Women living together synchronize their menstrual cycles

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	29%	17%	41%	26%	33%	32%	23%	31%	25%	32%	*
Definitely or probably true, but not as a result of personal experiences	21%	24%	18%	15%	21%	24%	22%	23%	15%	19%	*
Definitely or probably not true, but not as a result of personal experiences	20%	24%	16%	21%	22%	17%	21%	20%	18%	19%	*
Definitely or probably not true, in part due to personal experiences	11%	10%	12%	15%	9%	10%	12%	9%	20%	13%	*
Not sure	19%	25%	14%	24%	15%	17%	22%	18%	22%	17%	*
Totals	100%	100%	101%	101%	100%	100%	100%	101%	100%	100%	*
Unweighted N	(1,087)	(510)	(577)	(217)	(228)	(382)	(260)	(730)	(126)	(136)	(95)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	29%	29%	28%	32%	32%	31%	28%	39%	27%	27%	32%	30%	28%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	21%	20%	17%	27%	21%	23%	18%	22%	28%	23%	20%	20%	22%
Definitely or probably not true, but not as a result of personal experiences	20%	23%	22%	15%	21%	19%	18%	19%	20%	25%	22%	17%	18%
Definitely or probably not true, in part due to personal experiences	11%	14%	9%	10%	14%	8%	13%	8%	12%	8%	8%	13%	12%
Not sure	19%	15%	24%	18%	12%	19%	23%	12%	13%	17%	18%	20%	20%
Totals	100%	101%	100%	102%	100%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,087)	(388)	(401)	(298)	(386)	(355)	(472)	(298)	(249)	(178)	(235)	(405)	(269)

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4I. Health Beliefs - Personal Experiences — Drinking milk causes mucus production

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	30%	22%	36%	25%	29%	34%	30%	32%	28%	30%	*
Definitely or probably true, but not as a result of personal experiences	16%	17%	15%	15%	18%	15%	15%	14%	26%	13%	*
Definitely or probably not true, but not as a result of personal experiences	19%	22%	17%	19%	21%	18%	18%	20%	9%	22%	*
Definitely or probably not true, in part due to personal experiences	10%	12%	7%	8%	9%	10%	12%	10%	10%	9%	*
Not sure	26%	27%	25%	33%	23%	23%	26%	25%	28%	25%	*
Totals	101%	100%	100%	100%	100%	100%	101%	101%	101%	99%	*
Unweighted N	(1,088)	(489)	(599)	(209)	(216)	(380)	(283)	(740)	(108)	(153)	(87)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	30%	30%	26%	34%	29%	34%	32%	29%	28%	31%	26%	31%	31%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	16%	17%	14%	16%	16%	15%	14%	17%	17%	17%	16%	14%	16%
Definitely or probably not true, but not as a result of personal experiences	19%	20%	19%	18%	21%	19%	17%	18%	24%	23%	23%	13%	22%
Definitely or probably not true, in part due to personal experiences	10%	12%	9%	9%	12%	9%	8%	12%	12%	8%	8%	10%	11%
Not sure	26%	21%	33%	24%	21%	24%	28%	24%	19%	22%	26%	31%	20%
Totals	101%	100%	101%	101%	99%	101%	99%	100%	100%	101%	99%	99%	100%
Unweighted N	(1,088)	(404)	(402)	(282)	(401)	(346)	(453)	(302)	(250)	(198)	(224)	(417)	(249)

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4J. Health Beliefs - Personal Experiences — Sitting too close to the TV damages your vision

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	28%	29%	27%	36%	27%	28%	23%	24%	42%	38%	*
Definitely or probably true, but not as a result of personal experiences	35%	33%	37%	35%	40%	38%	26%	35%	39%	30%	*
Definitely or probably not true, but not as a result of personal experiences	16%	14%	17%	11%	9%	16%	26%	17%	16%	11%	*
Definitely or probably not true, in part due to personal experiences	13%	15%	10%	9%	14%	12%	16%	15%	2%	9%	*
Not sure	8%	9%	8%	9%	10%	6%	8%	9%	1%	12%	*
Totals	100%	100%	99%	100%	100%	100%	99%	100%	100%	100%	*
Unweighted N	(1,118)	(501)	(617)	(213)	(237)	(389)	(279)	(769)	(123)	(141)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	28%	27%	30%	28%	24%	24%	35%	24%	19%	28%	20%	31%	32%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	35%	33%	35%	38%	33%	37%	36%	31%	38%	33%	41%	35%	32%
Definitely or probably not true, but not as a result of personal experiences	16%	17%	14%	16%	18%	20%	13%	18%	17%	14%	17%	16%	14%
Definitely or probably not true, in part due to personal experiences	13%	16%	12%	11%	19%	11%	8%	15%	18%	11%	15%	11%	15%
Not sure	8%	7%	10%	8%	7%	7%	7%	11%	7%	13%	8%	7%	7%
Totals	100%	100%	101%	101%	101%	99%	99%	99%	99%	99%	101%	100%	100%
Unweighted N	(1,118)	(406)	(431)	(281)	(411)	(357)	(463)	(307)	(246)	(189)	(242)	(415)	(272)

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4K. Health Beliefs - Personal Experiences — Cranberry juice cures urinary tract infections

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	29%	20%	37%	20%	27%	34%	31%	30%	29%	25%	*
Definitely or probably true, but not as a result of personal experiences	26%	31%	21%	24%	29%	29%	20%	25%	30%	26%	*
Definitely or probably not true, but not as a result of personal experiences	20%	22%	18%	24%	18%	18%	21%	20%	8%	26%	*
Definitely or probably not true, in part due to personal experiences	12%	11%	13%	9%	14%	10%	15%	11%	16%	9%	*
Not sure	13%	16%	10%	22%	13%	9%	13%	13%	17%	14%	*
Totals	100%	100%	99%	99%	101%	100%	100%	99%	100%	100%	*
Unweighted N	(1,071)	(486)	(585)	(190)	(232)	(365)	(284)	(744)	(127)	(125)	(75)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	29%	25%	29%	33%	27%	37%	30%	30%	26%	30%	29%	32%	25%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	26%	27%	24%	27%	26%	22%	27%	22%	26%	33%	22%	26%	23%
Definitely or probably not true, but not as a result of personal experiences	20%	20%	18%	22%	19%	21%	16%	23%	22%	14%	21%	18%	26%
Definitely or probably not true, in part due to personal experiences	12%	15%	13%	8%	16%	9%	13%	14%	10%	14%	11%	12%	12%
Not sure	13%	13%	16%	10%	12%	11%	13%	10%	15%	9%	17%	12%	14%
Totals	100%	100%	100%	100%	100%	100%	99%	99%	99%	100%	100%	100%	100%
Unweighted N	(1,071)	(401)	(399)	(271)	(402)	(329)	(455)	(300)	(246)	(177)	(242)	(410)	(242)

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4L. Health Beliefs - Personal Experiences — Drinking alcohol warms you up

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	25%	21%	27%	27%	26%	27%	18%	23%	24%	35%	*
Definitely or probably true, but not as a result of personal experiences	17%	14%	20%	24%	19%	14%	12%	14%	29%	26%	*
Definitely or probably not true, but not as a result of personal experiences	27%	31%	24%	24%	28%	24%	34%	30%	15%	16%	*
Definitely or probably not true, in part due to personal experiences	19%	26%	13%	12%	12%	24%	25%	22%	7%	13%	*
Not sure	12%	8%	16%	13%	15%	11%	12%	10%	25%	10%	*
Totals	100%	100%	100%	100%	100%	100%	101%	99%	100%	100%	*
Unweighted N	(1,123)	(510)	(613)	(214)	(209)	(402)	(298)	(800)	(118)	(127)	(78)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	25%	25%	26%	23%	21%	24%	26%	25%	22%	22%	23%	24%	29%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	17%	19%	16%	16%	16%	15%	19%	17%	13%	18%	13%	21%	14%
Definitely or probably not true, but not as a result of personal experiences	27%	29%	25%	27%	30%	29%	22%	32%	29%	25%	34%	23%	29%
Definitely or probably not true, in part due to personal experiences	19%	17%	19%	21%	20%	23%	18%	16%	26%	29%	22%	17%	11%
Not sure	12%	11%	13%	12%	13%	10%	15%	11%	10%	7%	8%	15%	17%
Totals	100%	101%	99%	99%	100%	101%	100%	101%	100%	101%	100%	100%	100%
Unweighted N	(1,123)	(409)	(413)	(301)	(415)	(361)	(479)	(300)	(258)	(192)	(253)	(414)	(264)

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4M. Health Beliefs - Personal Experiences — Shaving makes your hair grow back thicker

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	24%	20%	28%	23%	26%	29%	18%	22%	34%	24%	*
Definitely or probably true, but not as a result of personal experiences	13%	13%	12%	13%	12%	11%	15%	11%	17%	12%	*
Definitely or probably not true, but not as a result of personal experiences	20%	22%	18%	17%	21%	20%	24%	22%	12%	28%	*
Definitely or probably not true, in part due to personal experiences	27%	29%	25%	28%	26%	27%	29%	32%	13%	24%	*
Not sure	15%	15%	16%	18%	15%	14%	14%	13%	25%	12%	*
Totals	99%	99%	99%	99%	100%	101%	100%	100%	101%	100%	*
Unweighted N	(1,080)	(508)	(572)	(212)	(211)	(363)	(294)	(745)	(116)	(129)	(90)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	24%	24%	22%	28%	19%	22%	31%	20%	20%	28%	21%	27%	20%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	13%	12%	14%	13%	14%	11%	13%	14%	9%	12%	16%	14%	8%
Definitely or probably not true, but not as a result of personal experiences	20%	22%	18%	21%	24%	21%	16%	23%	24%	16%	22%	18%	26%
Definitely or probably not true, in part due to personal experiences	27%	29%	29%	22%	29%	32%	22%	32%	34%	32%	28%	25%	28%
Not sure	15%	13%	17%	15%	14%	14%	17%	11%	13%	11%	14%	16%	18%
Totals	99%	100%	100%	99%	100%	100%	99%	100%	100%	99%	101%	100%	100%
Unweighted N	(1,080)	(429)	(389)	(262)	(429)	(314)	(470)	(289)	(242)	(173)	(230)	(418)	(259)

YouGov Survey: Common Health Beliefs

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4N. Health Beliefs - Personal Experiences — Chicken soup cures colds

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	24%	22%	26%	27%	18%	27%	25%	24%	24%	20%	*
Definitely or probably true, but not as a result of personal experiences	15%	13%	18%	20%	19%	13%	10%	13%	21%	21%	*
Definitely or probably not true, but not as a result of personal experiences	29%	30%	28%	26%	31%	28%	31%	31%	18%	30%	*
Definitely or probably not true, in part due to personal experiences	24%	27%	21%	21%	26%	24%	25%	25%	20%	24%	*
Not sure	8%	7%	8%	6%	7%	8%	9%	6%	16%	5%	*
Totals	100%	99%	101%	100%	101%	100%	100%	99%	99%	100%	*
Unweighted N	(1,097)	(527)	(570)	(213)	(232)	(355)	(297)	(755)	(118)	(136)	(88)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	24%	23%	29%	20%	24%	22%	28%	22%	16%	31%	19%	22%	26%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	15%	16%	13%	17%	12%	15%	18%	15%	11%	15%	9%	20%	14%
Definitely or probably not true, but not as a result of personal experiences	29%	31%	23%	33%	31%	30%	23%	33%	35%	25%	30%	27%	33%
Definitely or probably not true, in part due to personal experiences	24%	27%	25%	20%	28%	24%	23%	24%	28%	22%	34%	21%	21%
Not sure	8%	3%	9%	10%	5%	9%	8%	6%	9%	6%	8%	9%	5%
Totals	100%	100%	99%	100%	100%	100%	100%	100%	99%	99%	100%	99%	99%
Unweighted N	(1,097)	(384)	(411)	(302)	(402)	(354)	(437)	(330)	(232)	(184)	(242)	(412)	(259)

YouGov Survey: Common Health Beliefs

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40. Health Beliefs - Personal Experiences — Drinking warm water improves digestion

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	24%	24%	25%	25%	30%	21%	22%	19%	41%	32%	*
Definitely or probably true, but not as a result of personal experiences	24%	22%	25%	30%	20%	25%	21%	22%	32%	21%	*
Definitely or probably not true, but not as a result of personal experiences	16%	17%	16%	16%	14%	18%	17%	19%	8%	9%	*
Definitely or probably not true, in part due to personal experiences	6%	8%	4%	5%	6%	3%	12%	6%	1%	14%	*
Not sure	30%	30%	30%	24%	30%	34%	28%	34%	18%	23%	*
Totals	100%	101%	100%	100%	100%	101%	100%	100%	100%	99%	*
Unweighted N	(1,057)	(492)	(565)	(214)	(204)	(370)	(269)	(743)	(120)	(122)	(72)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	24%	23%	23%	27%	23%	22%	23%	23%	27%	23%	24%	26%	22%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	24%	29%	22%	20%	26%	22%	24%	22%	27%	25%	19%	24%	26%
Definitely or probably not true, but not as a result of personal experiences	16%	16%	18%	15%	20%	15%	18%	17%	13%	17%	16%	16%	15%
Definitely or probably not true, in part due to personal experiences	6%	6%	5%	6%	6%	8%	6%	8%	4%	6%	6%	3%	11%
Not sure	30%	25%	32%	32%	25%	33%	30%	29%	29%	30%	34%	30%	25%
Totals	100%	99%	100%	100%	100%	100%	101%	99%	100%	101%	99%	99%	99%
Unweighted N	(1,057)	(399)	(384)	(274)	(388)	(322)	(454)	(283)	(230)	(193)	(226)	(396)	(242)

YouGov Survey: Common Health Beliefs

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4P. Health Beliefs - Personal Experiences — Eating before swimming causes cramps

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	22%	23%	22%	31%	19%	23%	17%	20%	28%	33%	*
Definitely or probably true, but not as a result of personal experiences	26%	23%	29%	28%	30%	23%	24%	24%	29%	29%	*
Definitely or probably not true, but not as a result of personal experiences	19%	19%	19%	12%	19%	20%	22%	20%	20%	12%	*
Definitely or probably not true, in part due to personal experiences	20%	24%	17%	14%	17%	24%	26%	25%	8%	13%	*
Not sure	13%	11%	14%	15%	15%	10%	10%	11%	15%	14%	*
Totals	100%	100%	101%	100%	100%	100%	99%	100%	100%	101%	*
Unweighted N	(1,063)	(502)	(561)	(208)	(220)	(367)	(268)	(717)	(126)	(132)	(88)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	22%	18%	24%	25%	18%	24%	24%	23%	18%	23%	17%	25%	23%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	26%	28%	26%	23%	27%	23%	30%	22%	22%	25%	32%	26%	21%
Definitely or probably not true, but not as a result of personal experiences	19%	19%	16%	21%	21%	24%	15%	19%	25%	20%	14%	17%	24%
Definitely or probably not true, in part due to personal experiences	20%	19%	21%	21%	21%	19%	17%	22%	27%	20%	26%	19%	18%
Not sure	13%	15%	12%	10%	12%	9%	14%	13%	9%	12%	12%	12%	14%
Totals	100%	99%	99%	100%	99%	99%	100%	99%	101%	100%	101%	99%	100%
Unweighted N	(1,063)	(399)	(374)	(290)	(395)	(327)	(442)	(314)	(229)	(170)	(229)	(401)	(263)

YouGov Survey: Common Health Beliefs

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4Q. Health Beliefs - Personal Experiences — Drinking milk before bed helps with sleep

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	21%	21%	21%	25%	20%	17%	24%	20%	29%	20%	*
Definitely or probably true, but not as a result of personal experiences	21%	21%	22%	22%	19%	25%	19%	20%	20%	33%	*
Definitely or probably not true, but not as a result of personal experiences	21%	22%	20%	17%	23%	18%	26%	25%	12%	13%	*
Definitely or probably not true, in part due to personal experiences	13%	14%	12%	16%	17%	10%	9%	14%	7%	11%	*
Not sure	24%	23%	25%	21%	21%	30%	23%	22%	31%	23%	*
Totals	100%	101%	100%	101%	100%	100%	101%	101%	99%	100%	*
Unweighted N	(1,115)	(520)	(595)	(227)	(225)	(368)	(295)	(765)	(133)	(137)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	21%	18%	21%	25%	16%	26%	23%	18%	21%	21%	21%	19%	25%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	21%	23%	21%	19%	21%	21%	24%	21%	19%	24%	16%	22%	24%
Definitely or probably not true, but not as a result of personal experiences	21%	20%	20%	22%	26%	18%	18%	27%	23%	26%	28%	17%	17%
Definitely or probably not true, in part due to personal experiences	13%	14%	11%	12%	12%	11%	12%	13%	13%	11%	17%	12%	11%
Not sure	24%	24%	26%	21%	25%	24%	23%	21%	25%	18%	19%	30%	23%
Totals	100%	99%	99%	99%	100%	100%	100%	100%	101%	100%	101%	100%	100%
Unweighted N	(1,115)	(404)	(420)	(291)	(397)	(359)	(468)	(300)	(251)	(197)	(241)	(416)	(261)

YouGov Survey: Common Health Beliefs

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4R. Health Beliefs - Personal Experiences — Cold weather causes colds

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	19%	19%	19%	42%	20%	13%	8%	15%	30%	31%	*
Definitely or probably true, but not as a result of personal experiences	14%	16%	12%	18%	14%	15%	8%	11%	24%	15%	*
Definitely or probably not true, but not as a result of personal experiences	26%	23%	28%	14%	28%	26%	35%	29%	17%	21%	*
Definitely or probably not true, in part due to personal experiences	35%	36%	34%	20%	32%	41%	44%	40%	15%	28%	*
Not sure	6%	6%	7%	7%	6%	6%	6%	5%	14%	5%	*
Totals	100%	100%	100%	101%	100%	101%	101%	100%	100%	100%	*
Unweighted N	(1,140)	(543)	(597)	(223)	(235)	(389)	(293)	(777)	(124)	(154)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	19%	18%	24%	15%	18%	13%	26%	15%	13%	20%	13%	19%	24%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	14%	17%	12%	12%	14%	10%	13%	17%	10%	10%	9%	20%	10%
Definitely or probably not true, but not as a result of personal experiences	26%	25%	21%	32%	25%	32%	24%	27%	29%	25%	29%	23%	28%
Definitely or probably not true, in part due to personal experiences	35%	34%	35%	36%	37%	38%	31%	35%	43%	41%	44%	31%	30%
Not sure	6%	5%	8%	5%	7%	7%	7%	6%	5%	4%	4%	6%	9%
Totals	100%	99%	100%	100%	101%	100%	101%	100%	100%	100%	99%	99%	101%
Unweighted N	(1,140)	(389)	(431)	(320)	(401)	(378)	(474)	(328)	(254)	(192)	(243)	(425)	(280)

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4S. Health Beliefs - Personal Experiences — Feed a cold, starve a fever

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	18%	16%	20%	7%	12%	26%	24%	20%	17%	12%	*
Definitely or probably true, but not as a result of personal experiences	18%	18%	17%	14%	22%	19%	15%	18%	29%	12%	*
Definitely or probably not true, but not as a result of personal experiences	24%	26%	22%	31%	25%	16%	25%	25%	17%	25%	*
Definitely or probably not true, in part due to personal experiences	12%	13%	12%	11%	11%	14%	13%	13%	8%	12%	*
Not sure	28%	27%	29%	37%	31%	24%	22%	25%	29%	39%	*
Totals	100%	100%	100%	100%	101%	99%	99%	101%	100%	100%	*
Unweighted N	(1,143)	(543)	(600)	(239)	(228)	(375)	(301)	(803)	(130)	(130)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	18%	17%	13%	24%	16%	25%	19%	19%	18%	21%	15%	22%	13%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	18%	18%	17%	19%	18%	18%	16%	18%	20%	13%	22%	19%	16%
Definitely or probably not true, but not as a result of personal experiences	24%	26%	23%	23%	25%	21%	20%	27%	29%	23%	25%	22%	26%
Definitely or probably not true, in part due to personal experiences	12%	13%	15%	9%	16%	10%	12%	14%	12%	20%	10%	8%	16%
Not sure	28%	26%	33%	25%	24%	26%	33%	22%	21%	23%	28%	29%	29%
Totals	100%	100%	101%	100%	99%	100%	100%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,143)	(434)	(392)	(317)	(423)	(363)	(468)	(320)	(270)	(182)	(255)	(449)	(257)

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4T. Health Beliefs - Personal Experiences — Red wine daily is good for your heart

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	18%	20%	17%	4%	22%	18%	28%	17%	26%	21%	*
Definitely or probably true, but not as a result of personal experiences	37%	37%	37%	25%	37%	43%	39%	39%	35%	32%	*
Definitely or probably not true, but not as a result of personal experiences	23%	24%	22%	39%	23%	20%	13%	25%	16%	17%	*
Definitely or probably not true, in part due to personal experiences	4%	4%	4%	6%	3%	2%	5%	5%	2%	3%	*
Not sure	18%	16%	19%	26%	15%	17%	15%	14%	21%	28%	*
Totals	100%	101%	99%	100%	100%	100%	100%	100%	100%	101%	*
Unweighted N	(1,047)	(468)	(579)	(210)	(222)	(364)	(251)	(701)	(120)	(134)	(92)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	18%	16%	15%	24%	20%	21%	19%	22%	16%	18%	18%	19%	18%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	37%	39%	33%	39%	36%	39%	39%	37%	34%	35%	36%	38%	37%
Definitely or probably not true, but not as a result of personal experiences	23%	22%	29%	18%	26%	18%	19%	24%	31%	29%	25%	21%	21%
Definitely or probably not true, in part due to personal experiences	4%	5%	3%	3%	5%	4%	4%	5%	4%	3%	6%	3%	4%
Not sure	18%	18%	20%	17%	13%	18%	19%	13%	14%	15%	16%	19%	21%
Totals	100%	100%	100%	101%	100%	100%	100%	101%	99%	100%	101%	100%	101%
Unweighted N	(1,047)	(372)	(388)	(287)	(366)	(337)	(457)	(273)	(233)	(193)	(207)	(412)	(235)

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4U. Health Beliefs - Personal Experiences — Spicy foods cause ulcers

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	15%	15%	16%	16%	20%	14%	12%	13%	22%	23%	*
Definitely or probably true, but not as a result of personal experiences	30%	26%	33%	36%	36%	28%	18%	27%	33%	37%	*
Definitely or probably not true, but not as a result of personal experiences	23%	28%	18%	18%	20%	26%	25%	24%	19%	14%	*
Definitely or probably not true, in part due to personal experiences	17%	17%	16%	14%	10%	18%	24%	20%	6%	12%	*
Not sure	16%	16%	16%	16%	14%	14%	20%	16%	21%	13%	*
Totals	101%	102%	99%	100%	100%	100%	99%	100%	101%	99%	*
Unweighted N	(1,107)	(493)	(614)	(229)	(219)	(386)	(273)	(774)	(126)	(127)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	15%	16%	13%	16%	13%	15%	18%	13%	16%	15%	13%	19%	11%

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YouGov Survey: Common Health Beliefs
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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	30%	33%	28%	28%	33%	25%	30%	34%	19%	34%	33%	28%	25%
Definitely or probably not true, but not as a result of personal experiences	23%	25%	20%	23%	24%	22%	20%	24%	29%	25%	21%	20%	27%
Definitely or probably not true, in part due to personal experiences	17%	14%	18%	18%	15%	22%	15%	15%	20%	14%	14%	18%	18%
Not sure	16%	13%	20%	15%	14%	16%	17%	13%	16%	11%	19%	15%	19%
Totals	101%	101%	99%	100%	99%	100%	100%	99%	100%	99%	100%	100%	100%
Unweighted N	(1,107)	(405)	(407)	(295)	(407)	(342)	(476)	(288)	(249)	(201)	(232)	(419)	(255)

YouGov Survey: Common Health Beliefs

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4V. Health Beliefs - Personal Experiences — An apple a day keeps the doctor away

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	15%	16%	14%	11%	13%	15%	21%	14%	21%	21%	*
Definitely or probably true, but not as a result of personal experiences	24%	21%	27%	26%	30%	24%	16%	24%	22%	26%	*
Definitely or probably not true, but not as a result of personal experiences	33%	37%	30%	35%	27%	35%	36%	38%	22%	23%	*
Definitely or probably not true, in part due to personal experiences	19%	20%	19%	20%	19%	18%	22%	19%	20%	20%	*
Not sure	8%	6%	10%	8%	12%	7%	5%	5%	16%	10%	*
Totals	99%	100%	100%	100%	101%	99%	100%	100%	101%	100%	*
Unweighted N	(1,091)	(516)	(575)	(225)	(231)	(371)	(264)	(740)	(126)	(134)	(91)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	15%	15%	11%	19%	14%	19%	13%	15%	20%	11%	14%	15%	20%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	24%	26%	25%	22%	27%	20%	27%	25%	17%	18%	29%	23%	28%
Definitely or probably not true, but not as a result of personal experiences	33%	28%	38%	34%	32%	36%	31%	29%	39%	42%	32%	33%	28%
Definitely or probably not true, in part due to personal experiences	19%	21%	18%	18%	19%	16%	20%	23%	17%	18%	16%	22%	20%
Not sure	8%	9%	8%	7%	7%	8%	9%	8%	6%	11%	8%	8%	5%
Totals	99%	99%	100%	100%	99%	99%	100%	100%	99%	100%	99%	101%	101%
Unweighted N	(1,091)	(399)	(410)	(282)	(396)	(325)	(458)	(303)	(237)	(187)	(226)	(415)	(263)

YouGov Survey: Common Health Beliefs

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4W. Health Beliefs - Personal Experiences — Toothpaste helps with acne

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	12%	8%	17%	12%	15%	14%	7%	11%	18%	17%	*
Definitely or probably true, but not as a result of personal experiences	10%	9%	11%	11%	10%	12%	6%	10%	15%	8%	*
Definitely or probably not true, but not as a result of personal experiences	34%	37%	31%	37%	32%	31%	38%	36%	26%	28%	*
Definitely or probably not true, in part due to personal experiences	15%	19%	10%	15%	18%	11%	16%	13%	18%	15%	*
Not sure	28%	27%	30%	25%	25%	31%	33%	29%	23%	32%	*
Totals	99%	100%	99%	100%	100%	99%	100%	99%	100%	100%	*
Unweighted N	(1,093)	(529)	(564)	(222)	(231)	(370)	(270)	(753)	(114)	(147)	(79)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	12%	13%	12%	12%	13%	12%	15%	12%	9%	12%	10%	15%	11%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	10%	11%	7%	13%	9%	11%	12%	10%	9%	12%	10%	10%	9%
Definitely or probably not true, but not as a result of personal experiences	34%	40%	34%	29%	43%	32%	25%	42%	40%	39%	38%	30%	34%
Definitely or probably not true, in part due to personal experiences	15%	14%	16%	14%	14%	13%	16%	14%	14%	11%	14%	15%	18%
Not sure	28%	21%	31%	33%	21%	31%	31%	22%	28%	26%	29%	30%	27%
Totals	99%	99%	100%	101%	100%	99%	99%	100%	100%	100%	101%	100%	99%
Unweighted N	(1,093)	(389)	(410)	(294)	(403)	(341)	(442)	(309)	(259)	(188)	(217)	(424)	(264)

YouGov Survey: Common Health Beliefs

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4X. Health Beliefs - Personal Experiences — Microwave ovens cause radiation exposure

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	12%	13%	12%	11%	18%	10%	12%	9%	25%	19%	*
Definitely or probably true, but not as a result of personal experiences	32%	29%	36%	34%	40%	35%	20%	30%	48%	35%	*
Definitely or probably not true, but not as a result of personal experiences	27%	27%	27%	22%	23%	28%	33%	30%	9%	26%	*
Definitely or probably not true, in part due to personal experiences	16%	19%	13%	17%	10%	16%	22%	18%	5%	11%	*
Not sure	12%	12%	13%	16%	10%	11%	13%	12%	13%	9%	*
Totals	99%	100%	101%	100%	101%	100%	100%	99%	100%	100%	*
Unweighted N	(1,124)	(540)	(584)	(239)	(227)	(366)	(292)	(763)	(120)	(145)	(96)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	12%	12%	15%	11%	11%	9%	14%	13%	9%	6%	14%	13%	15%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	32%	30%	30%	37%	30%	31%	37%	29%	31%	34%	34%	33%	28%
Definitely or probably not true, but not as a result of personal experiences	27%	28%	26%	26%	29%	30%	22%	29%	35%	32%	26%	24%	29%
Definitely or probably not true, in part due to personal experiences	16%	15%	16%	16%	17%	18%	15%	19%	14%	13%	16%	18%	15%
Not sure	12%	15%	13%	9%	14%	11%	12%	11%	11%	16%	10%	12%	13%
Totals	99%	100%	100%	99%	101%	99%	100%	101%	100%	101%	100%	100%	100%
Unweighted N	(1,124)	(398)	(423)	(303)	(394)	(354)	(486)	(315)	(243)	(191)	(223)	(424)	(286)

YouGov Survey: Common Health Beliefs

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4Y. Health Beliefs - Personal Experiences — Chocolate is an aphrodisiac

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	13%	15%	11%	10%	14%	12%	14%	12%	22%	8%	*
Definitely or probably true, but not as a result of personal experiences	25%	25%	26%	26%	29%	25%	22%	24%	28%	24%	*
Definitely or probably not true, but not as a result of personal experiences	20%	20%	21%	19%	16%	19%	27%	23%	13%	16%	*
Definitely or probably not true, in part due to personal experiences	14%	17%	12%	10%	11%	17%	17%	15%	4%	19%	*
Not sure	28%	24%	31%	35%	29%	27%	21%	25%	32%	33%	*
Totals	100%	101%	101%	100%	99%	100%	101%	99%	99%	100%	*
Unweighted N	(1,104)	(484)	(620)	(224)	(211)	(377)	(292)	(776)	(118)	(130)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	13%	14%	11%	13%	15%	14%	13%	16%	10%	10%	16%	15%	8%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	25%	29%	21%	26%	27%	26%	25%	25%	22%	24%	24%	25%	28%
Definitely or probably not true, but not as a result of personal experiences	20%	15%	25%	20%	18%	23%	16%	23%	25%	22%	25%	18%	19%
Definitely or probably not true, in part due to personal experiences	14%	15%	13%	14%	15%	15%	16%	13%	15%	18%	9%	13%	17%
Not sure	28%	26%	30%	27%	25%	22%	30%	24%	28%	26%	26%	29%	28%
Totals	100%	99%	100%	100%	100%	100%	100%	101%	100%	100%	100%	100%	100%
Unweighted N	(1,104)	(409)	(401)	(294)	(405)	(338)	(468)	(295)	(253)	(183)	(226)	(434)	(261)

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4Z. Health Beliefs - Personal Experiences — Eating chocolate causes acne

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	13%	12%	13%	16%	13%	12%	10%	12%	11%	14%	*
Definitely or probably true, but not as a result of personal experiences	18%	17%	20%	16%	24%	19%	14%	18%	20%	27%	*
Definitely or probably not true, but not as a result of personal experiences	27%	31%	24%	32%	21%	23%	34%	27%	27%	33%	*
Definitely or probably not true, in part due to personal experiences	27%	26%	27%	21%	25%	32%	26%	29%	15%	21%	*
Not sure	15%	14%	16%	15%	17%	14%	15%	14%	28%	5%	*
Totals	100%	100%	100%	100%	100%	100%	99%	100%	101%	100%	*
Unweighted N	(1,110)	(501)	(609)	(212)	(216)	(381)	(301)	(757)	(123)	(148)	(82)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	13%	11%	14%	13%	11%	11%	14%	13%	13%	11%	10%	13%	15%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	18%	21%	16%	18%	17%	20%	19%	25%	13%	22%	17%	17%	20%
Definitely or probably not true, but not as a result of personal experiences	27%	24%	27%	31%	28%	33%	23%	27%	29%	25%	26%	28%	29%
Definitely or probably not true, in part due to personal experiences	27%	30%	28%	21%	31%	23%	28%	28%	27%	32%	26%	25%	26%
Not sure	15%	13%	16%	17%	13%	14%	16%	8%	19%	11%	21%	17%	11%
Totals	100%	99%	101%	100%	100%	101%	100%	101%	101%	101%	100%	100%	101%
Unweighted N	(1,110)	(421)	(407)	(282)	(434)	(343)	(460)	(311)	(246)	(178)	(247)	(411)	(274)

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4AA. Health Beliefs - Personal Experiences — Eating celery burns more calories than it contains

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	12%	12%	12%	6%	13%	12%	17%	13%	7%	11%	*
Definitely or probably true, but not as a result of personal experiences	29%	28%	30%	31%	30%	32%	23%	33%	32%	12%	*
Definitely or probably not true, but not as a result of personal experiences	21%	22%	20%	25%	22%	16%	23%	21%	14%	28%	*
Definitely or probably not true, in part due to personal experiences	6%	7%	6%	6%	10%	5%	6%	7%	6%	5%	*
Not sure	31%	31%	32%	31%	26%	35%	32%	26%	41%	44%	*
Totals	99%	100%	100%	99%	101%	100%	101%	100%	100%	100%	*
Unweighted N	(1,074)	(491)	(583)	(227)	(214)	(348)	(285)	(735)	(127)	(130)	(82)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	12%	10%	11%	14%	11%	19%	11%	13%	11%	13%	14%	11%	11%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	29%	33%	29%	25%	32%	27%	28%	31%	30%	36%	31%	28%	25%
Definitely or probably not true, but not as a result of personal experiences	21%	22%	18%	23%	24%	19%	21%	21%	28%	20%	16%	22%	25%
Definitely or probably not true, in part due to personal experiences	6%	7%	6%	6%	7%	3%	6%	6%	8%	6%	6%	6%	7%
Not sure	31%	27%	36%	31%	26%	32%	35%	28%	24%	25%	33%	34%	31%
Totals	99%	99%	100%	99%	100%	100%	101%	99%	101%	100%	100%	101%	99%
Unweighted N	(1,074)	(413)	(376)	(285)	(420)	(323)	(457)	(291)	(239)	(180)	(233)	(397)	(264)

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4AB. Health Beliefs - Personal Experiences — Carrots improve night vision

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	11%	9%	12%	11%	9%	13%	10%	9%	25%	11%	*
Definitely or probably true, but not as a result of personal experiences	32%	32%	33%	26%	31%	35%	36%	34%	27%	33%	*
Definitely or probably not true, but not as a result of personal experiences	24%	23%	25%	31%	25%	21%	21%	26%	14%	23%	*
Definitely or probably not true, in part due to personal experiences	15%	19%	11%	13%	18%	12%	18%	15%	13%	19%	*
Not sure	18%	16%	19%	19%	17%	20%	15%	16%	21%	14%	*
Totals	100%	99%	100%	100%	100%	101%	100%	100%	100%	100%	*
Unweighted N	(1,113)	(498)	(615)	(226)	(204)	(386)	(297)	(776)	(127)	(130)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	11%	14%	9%	10%	10%	10%	14%	7%	8%	11%	10%	10%	13%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	32%	30%	27%	39%	28%	40%	32%	35%	31%	28%	32%	35%	31%
Definitely or probably not true, but not as a result of personal experiences	24%	24%	27%	20%	30%	21%	20%	30%	26%	26%	25%	21%	26%
Definitely or probably not true, in part due to personal experiences	15%	16%	15%	14%	16%	15%	15%	17%	16%	16%	17%	16%	12%
Not sure	18%	15%	22%	17%	15%	14%	20%	11%	19%	19%	16%	18%	18%
Totals	100%	99%	100%	100%	99%	100%	101%	100%	100%	100%	100%	100%	100%
Unweighted N	(1,113)	(394)	(401)	(318)	(397)	(353)	(465)	(314)	(244)	(173)	(246)	(426)	(268)

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4AC. Health Beliefs - Personal Experiences — Urine helps with jellyfish stings

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	11%	10%	11%	5%	17%	13%	9%	9%	12%	19%	*
Definitely or probably true, but not as a result of personal experiences	26%	26%	27%	23%	26%	30%	25%	29%	21%	22%	*
Definitely or probably not true, but not as a result of personal experiences	28%	30%	27%	37%	27%	24%	26%	29%	24%	28%	*
Definitely or probably not true, in part due to personal experiences	8%	9%	6%	8%	9%	5%	10%	8%	7%	9%	*
Not sure	27%	25%	29%	27%	20%	28%	31%	25%	36%	21%	*
Totals	100%	100%	100%	100%	99%	100%	101%	100%	100%	99%	*
Unweighted N	(1,098)	(502)	(596)	(217)	(206)	(385)	(290)	(734)	(134)	(147)	(83)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	11%	8%	9%	16%	10%	16%	12%	9%	11%	15%	9%	11%	10%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	26%	32%	24%	24%	30%	25%	27%	24%	26%	25%	23%	28%	29%
Definitely or probably not true, but not as a result of personal experiences	28%	27%	32%	26%	26%	24%	25%	30%	31%	35%	32%	24%	27%
Definitely or probably not true, in part due to personal experiences	8%	9%	6%	9%	7%	9%	7%	11%	5%	5%	8%	8%	9%
Not sure	27%	25%	30%	25%	28%	27%	29%	26%	26%	21%	29%	29%	25%
Totals	100%	101%	101%	100%	101%	101%	100%	100%	99%	101%	101%	100%	100%
Unweighted N	(1,098)	(411)	(401)	(286)	(420)	(328)	(472)	(287)	(255)	(182)	(232)	(421)	(263)

YouGov Survey: Common Health Beliefs

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4AD. Health Beliefs - Personal Experiences — Cracking your knuckles causes arthritis

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	11%	10%	11%	8%	8%	14%	10%	10%	13%	11%	*
Definitely or probably true, but not as a result of personal experiences	16%	13%	18%	15%	19%	15%	14%	16%	22%	13%	*
Definitely or probably not true, but not as a result of personal experiences	30%	35%	25%	25%	30%	30%	34%	29%	23%	33%	*
Definitely or probably not true, in part due to personal experiences	30%	31%	29%	35%	31%	28%	28%	34%	20%	22%	*
Not sure	14%	11%	17%	17%	12%	13%	14%	11%	22%	21%	*
Totals	101%	100%	100%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,065)	(489)	(576)	(223)	(209)	(374)	(259)	(737)	(121)	(132)	(75)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	11%	8%	10%	14%	7%	11%	13%	9%	8%	12%	9%	11%	10%

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YouGov Survey: Common Health Beliefs
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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	16%	17%	16%	13%	16%	17%	18%	15%	12%	12%	15%	17%	16%
Definitely or probably not true, but not as a result of personal experiences	30%	29%	29%	32%	35%	30%	24%	32%	40%	32%	32%	27%	32%
Definitely or probably not true, in part due to personal experiences	30%	33%	30%	27%	29%	29%	28%	31%	29%	30%	33%	28%	31%
Not sure	14%	13%	15%	14%	13%	13%	16%	13%	11%	14%	10%	17%	12%
Totals	101%	100%	100%	100%	100%	100%	99%	100%	100%	100%	99%	100%	101%
Unweighted N	(1,065)	(385)	(397)	(283)	(390)	(319)	(449)	(299)	(238)	(185)	(204)	(410)	(266)

YouGov Survey: Common Health Beliefs

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4AE. Health Beliefs - Personal Experiences — Applying butter to a burn helps it heal

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	9%	9%	10%	7%	8%	11%	11%	8%	14%	15%	*
Definitely or probably true, but not as a result of personal experiences	14%	16%	12%	15%	15%	18%	7%	13%	22%	13%	*
Definitely or probably not true, but not as a result of personal experiences	39%	39%	39%	44%	41%	33%	38%	42%	26%	31%	*
Definitely or probably not true, in part due to personal experiences	19%	18%	21%	12%	10%	23%	29%	22%	13%	14%	*
Not sure	19%	18%	19%	22%	25%	14%	15%	15%	25%	27%	*
Totals	100%	100%	101%	100%	99%	99%	100%	100%	100%	100%	*
Unweighted N	(1,125)	(518)	(607)	(232)	(217)	(367)	(309)	(770)	(126)	(145)	(84)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	9%	12%	9%	7%	11%	7%	10%	8%	9%	7%	10%	12%	7%

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YouGov Survey: Common Health Beliefs
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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	14%	15%	11%	16%	14%	14%	14%	15%	14%	19%	15%	13%	11%
Definitely or probably not true, but not as a result of personal experiences	39%	38%	42%	35%	42%	39%	36%	39%	45%	42%	45%	34%	39%
Definitely or probably not true, in part due to personal experiences	19%	19%	17%	22%	17%	22%	22%	18%	15%	19%	12%	19%	25%
Not sure	19%	16%	21%	19%	16%	19%	18%	19%	17%	12%	18%	22%	18%
Totals	100%	100%	100%	99%	100%	101%	100%	99%	100%	99%	100%	100%	100%
Unweighted N	(1,125)	(408)	(431)	(286)	(397)	(362)	(486)	(304)	(247)	(198)	(219)	(429)	(279)

YouGov Survey: Common Health Beliefs

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4AF. Health Beliefs - Personal Experiences — Sleeping with a fan on causes sickness

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	9%	10%	8%	15%	9%	9%	2%	7%	15%	16%	*
Definitely or probably true, but not as a result of personal experiences	6%	7%	6%	11%	8%	5%	1%	5%	10%	12%	*
Definitely or probably not true, but not as a result of personal experiences	31%	30%	32%	29%	34%	30%	32%	32%	28%	27%	*
Definitely or probably not true, in part due to personal experiences	44%	42%	46%	32%	42%	45%	59%	50%	20%	39%	*
Not sure	10%	10%	9%	13%	7%	11%	7%	7%	27%	5%	*
Totals	100%	99%	101%	100%	100%	100%	101%	101%	100%	99%	*
Unweighted N	(1,111)	(518)	(593)	(238)	(223)	(374)	(276)	(747)	(128)	(149)	(87)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	9%	12%	8%	8%	8%	6%	10%	10%	6%	6%	4%	13%	10%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	6%	8%	5%	6%	5%	5%	7%	4%	7%	8%	3%	7%	5%
Definitely or probably not true, but not as a result of personal experiences	31%	34%	30%	30%	33%	32%	31%	30%	34%	34%	36%	24%	35%
Definitely or probably not true, in part due to personal experiences	44%	40%	44%	48%	43%	49%	41%	48%	44%	42%	52%	43%	40%
Not sure	10%	7%	14%	8%	11%	9%	11%	9%	8%	10%	5%	12%	10%
Totals	100%	101%	101%	100%	100%	101%	100%	101%	99%	100%	100%	99%	100%
Unweighted N	(1,111)	(394)	(414)	(303)	(385)	(359)	(477)	(319)	(236)	(186)	(239)	(419)	(267)

YouGov Survey: Common Health Beliefs

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4AG. Health Beliefs - Personal Experiences — Oysters are an aphrodisiac

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	9%	8%	9%	7%	12%	8%	8%	7%	18%	11%	*
Definitely or probably true, but not as a result of personal experiences	26%	24%	27%	25%	32%	27%	17%	24%	23%	30%	*
Definitely or probably not true, but not as a result of personal experiences	26%	29%	23%	17%	22%	30%	33%	30%	19%	17%	*
Definitely or probably not true, in part due to personal experiences	8%	10%	7%	5%	5%	9%	14%	8%	6%	11%	*
Not sure	31%	29%	34%	45%	29%	26%	29%	31%	33%	32%	*
Totals	100%	100%	100%	99%	100%	100%	101%	100%	99%	101%	*
Unweighted N	(1,110)	(501)	(609)	(214)	(231)	(382)	(283)	(760)	(119)	(147)	(84)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	9%	8%	12%	6%	11%	5%	11%	8%	7%	9%	5%	10%	8%

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YouGov Survey: Common Health Beliefs
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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	26%	28%	22%	27%	22%	27%	25%	30%	22%	27%	23%	27%	24%
Definitely or probably not true, but not as a result of personal experiences	26%	26%	25%	26%	35%	28%	22%	23%	39%	29%	24%	21%	32%
Definitely or probably not true, in part due to personal experiences	8%	9%	8%	8%	8%	10%	7%	13%	10%	7%	9%	9%	9%
Not sure	31%	29%	33%	33%	25%	30%	36%	26%	22%	27%	38%	33%	27%
Totals	100%	100%	100%	100%	101%	100%	101%	100%	100%	99%	99%	100%	100%
Unweighted N	(1,110)	(424)	(398)	(288)	(425)	(340)	(465)	(303)	(254)	(202)	(246)	(401)	(261)

YouGov Survey: Common Health Beliefs

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4AH. Health Beliefs - Personal Experiences — Microwaving food removes its nutrients

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	9%	8%	10%	6%	10%	10%	9%	9%	12%	9%	*
Definitely or probably true, but not as a result of personal experiences	21%	17%	25%	19%	19%	26%	20%	20%	32%	21%	*
Definitely or probably not true, but not as a result of personal experiences	33%	35%	32%	28%	35%	34%	36%	38%	20%	30%	*
Definitely or probably not true, in part due to personal experiences	20%	23%	16%	29%	17%	13%	22%	19%	17%	21%	*
Not sure	17%	17%	17%	17%	19%	18%	13%	15%	19%	20%	*
Totals	100%	100%	100%	99%	100%	101%	100%	101%	100%	101%	*
Unweighted N	(1,076)	(490)	(586)	(212)	(227)	(368)	(269)	(717)	(129)	(139)	(91)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	9%	9%	8%	11%	9%	11%	8%	9%	11%	4%	6%	10%	13%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	21%	21%	18%	26%	20%	19%	26%	20%	12%	17%	23%	25%	15%
Definitely or probably not true, but not as a result of personal experiences	33%	34%	34%	32%	36%	36%	31%	33%	40%	48%	35%	27%	32%
Definitely or probably not true, in part due to personal experiences	20%	21%	21%	15%	21%	19%	15%	27%	20%	13%	21%	18%	25%
Not sure	17%	16%	18%	17%	14%	14%	19%	12%	17%	18%	15%	19%	14%
Totals	100%	101%	99%	101%	100%	99%	99%	101%	100%	100%	100%	99%	99%
Unweighted N	(1,076)	(382)	(414)	(280)	(385)	(343)	(485)	(286)	(213)	(165)	(236)	(423)	(252)

YouGov Survey: Common Health Beliefs

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4A1. Health Beliefs - Personal Experiences — A teaspoon of sugar helps cure hiccups

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	8%	6%	10%	9%	6%	11%	6%	9%	5%	7%	*
Definitely or probably true, but not as a result of personal experiences	9%	9%	8%	13%	8%	7%	7%	8%	14%	6%	*
Definitely or probably not true, but not as a result of personal experiences	35%	38%	33%	38%	35%	34%	33%	37%	24%	34%	*
Definitely or probably not true, in part due to personal experiences	14%	12%	16%	9%	16%	12%	22%	15%	11%	15%	*
Not sure	34%	34%	34%	31%	35%	36%	31%	30%	46%	38%	*
Totals	100%	99%	101%	100%	100%	100%	99%	99%	100%	100%	*
Unweighted N	(1,059)	(495)	(564)	(216)	(223)	(356)	(264)	(721)	(120)	(139)	(79)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	8%	6%	6%	13%	6%	12%	8%	8%	8%	8%	10%	7%	8%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	9%	12%	7%	7%	11%	6%	9%	7%	11%	9%	8%	8%	9%
Definitely or probably not true, but not as a result of personal experiences	35%	38%	30%	38%	44%	34%	31%	36%	42%	34%	40%	33%	36%
Definitely or probably not true, in part due to personal experiences	14%	13%	17%	12%	15%	16%	12%	19%	13%	11%	11%	15%	19%
Not sure	34%	30%	41%	30%	24%	33%	40%	30%	26%	37%	31%	37%	29%
Totals	100%	99%	101%	100%	100%	101%	100%	100%	100%	99%	100%	100%	101%
Unweighted N	(1,059)	(388)	(399)	(272)	(384)	(335)	(445)	(308)	(228)	(184)	(224)	(405)	(246)

YouGov Survey: Common Health Beliefs

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4AJ. Health Beliefs - Personal Experiences — Sleeping with wet hair causes sickness

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	8%	7%	8%	14%	9%	5%	5%	5%	20%	14%	*
Definitely or probably true, but not as a result of personal experiences	12%	14%	10%	15%	19%	7%	8%	8%	28%	16%	*
Definitely or probably not true, but not as a result of personal experiences	32%	36%	28%	28%	33%	38%	28%	36%	21%	25%	*
Definitely or probably not true, in part due to personal experiences	38%	32%	44%	30%	30%	40%	51%	43%	17%	34%	*
Not sure	10%	10%	10%	12%	10%	10%	7%	8%	15%	11%	*
Totals	100%	99%	100%	99%	101%	100%	99%	100%	101%	100%	*
Unweighted N	(1,098)	(530)	(568)	(222)	(224)	(377)	(275)	(761)	(120)	(131)	(86)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	8%	7%	7%	9%	8%	6%	8%	11%	3%	9%	5%	10%	7%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	12%	14%	14%	8%	12%	8%	15%	7%	13%	14%	10%	12%	11%
Definitely or probably not true, but not as a result of personal experiences	32%	35%	32%	30%	34%	35%	29%	37%	35%	37%	39%	23%	38%
Definitely or probably not true, in part due to personal experiences	38%	37%	35%	42%	39%	43%	38%	35%	41%	32%	42%	40%	36%
Not sure	10%	6%	12%	11%	7%	8%	10%	9%	8%	8%	5%	15%	8%
Totals	100%	99%	100%	100%	100%	100%	100%	99%	100%	100%	101%	100%	100%
Unweighted N	(1,098)	(409)	(407)	(282)	(405)	(350)	(452)	(318)	(239)	(186)	(233)	(419)	(260)

YouGov Survey: Common Health Beliefs

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4AK. Health Beliefs - Personal Experiences — Eating carrots turns your skin orange

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	8%	6%	9%	5%	6%	8%	11%	9%	3%	9%	*
Definitely or probably true, but not as a result of personal experiences	17%	15%	19%	21%	21%	15%	12%	19%	14%	9%	*
Definitely or probably not true, but not as a result of personal experiences	31%	32%	31%	31%	31%	30%	34%	29%	37%	37%	*
Definitely or probably not true, in part due to personal experiences	36%	38%	34%	36%	29%	40%	38%	35%	35%	37%	*
Not sure	8%	9%	8%	6%	14%	7%	6%	8%	12%	9%	*
Totals	100%	100%	101%	99%	101%	100%	101%	100%	101%	101%	*
Unweighted N	(1,079)	(477)	(602)	(228)	(211)	(378)	(262)	(743)	(116)	(133)	(87)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	8%	5%	6%	12%	6%	11%	6%	8%	11%	6%	7%	8%	8%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	17%	14%	18%	18%	18%	17%	16%	14%	17%	15%	16%	16%	20%
Definitely or probably not true, but not as a result of personal experiences	31%	32%	30%	32%	33%	30%	33%	33%	30%	35%	33%	27%	34%
Definitely or probably not true, in part due to personal experiences	36%	39%	37%	31%	34%	35%	37%	38%	30%	38%	36%	39%	30%
Not sure	8%	9%	9%	7%	9%	6%	8%	6%	12%	6%	9%	10%	8%
Totals	100%	99%	100%	100%	100%	99%	100%	99%	100%	100%	101%	100%	100%
Unweighted N	(1,079)	(410)	(385)	(284)	(393)	(342)	(467)	(285)	(245)	(188)	(237)	(416)	(238)

YouGov Survey: Common Health Beliefs

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4AL. Health Beliefs - Personal Experiences — Eating fish makes you smarter

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	7%	7%	7%	10%	8%	5%	5%	6%	10%	6%	*
Definitely or probably true, but not as a result of personal experiences	17%	16%	18%	23%	20%	13%	15%	15%	26%	17%	*
Definitely or probably not true, but not as a result of personal experiences	39%	40%	38%	38%	40%	39%	37%	43%	24%	35%	*
Definitely or probably not true, in part due to personal experiences	23%	24%	22%	18%	18%	23%	33%	22%	19%	29%	*
Not sure	15%	13%	16%	11%	14%	20%	10%	14%	21%	13%	*
Totals	101%	100%	101%	100%	100%	100%	100%	100%	100%	100%	*
Unweighted N	(1,124)	(530)	(594)	(226)	(235)	(382)	(281)	(768)	(127)	(137)	(92)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	7%	8%	6%	7%	7%	8%	5%	7%	9%	8%	5%	6%	9%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	17%	16%	18%	16%	16%	14%	19%	18%	12%	17%	18%	16%	17%
Definitely or probably not true, but not as a result of personal experiences	39%	37%	42%	37%	41%	39%	32%	43%	43%	40%	42%	36%	40%
Definitely or probably not true, in part due to personal experiences	23%	25%	19%	24%	24%	23%	25%	23%	22%	23%	25%	22%	21%
Not sure	15%	14%	15%	15%	11%	16%	18%	9%	14%	11%	11%	19%	13%
Totals	101%	100%	100%	99%	99%	100%	99%	100%	100%	99%	101%	99%	100%
Unweighted N	(1,124)	(416)	(426)	(282)	(423)	(338)	(459)	(308)	(268)	(195)	(225)	(426)	(278)

YouGov Survey: Common Health Beliefs

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4AM. Health Beliefs - Personal Experiences — Hair of the dog cures hangovers

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	7%	7%	6%	2%	5%	11%	6%	8%	2%	3%	*
Definitely or probably true, but not as a result of personal experiences	6%	7%	6%	9%	8%	4%	5%	7%	7%	2%	*
Definitely or probably not true, but not as a result of personal experiences	42%	43%	41%	46%	43%	36%	45%	45%	30%	37%	*
Definitely or probably not true, in part due to personal experiences	24%	29%	20%	22%	18%	26%	31%	22%	26%	35%	*
Not sure	21%	15%	27%	21%	26%	23%	13%	17%	35%	23%	*
Totals	100%	101%	100%	100%	100%	100%	100%	99%	100%	100%	*
Unweighted N	(1,084)	(517)	(567)	(220)	(203)	(369)	(292)	(759)	(125)	(132)	(68)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	7%	4%	9%	7%	5%	8%	8%	6%	7%	8%	5%	7%	6%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	6%	9%	3%	7%	7%	7%	7%	7%	5%	7%	5%	8%	3%
Definitely or probably not true, but not as a result of personal experiences	42%	42%	43%	40%	43%	42%	38%	39%	51%	49%	45%	38%	40%
Definitely or probably not true, in part due to personal experiences	24%	28%	23%	22%	30%	22%	24%	28%	22%	20%	23%	26%	27%
Not sure	21%	17%	22%	24%	14%	21%	24%	20%	16%	16%	23%	21%	23%
Totals	100%	100%	100%	100%	99%	100%	101%	100%	101%	100%	101%	100%	99%
Unweighted N	(1,084)	(425)	(394)	(265)	(424)	(323)	(433)	(314)	(241)	(187)	(249)	(405)	(243)

YouGov Survey: Common Health Beliefs

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4AN. Health Beliefs - Personal Experiences — Wearing a hat causes baldness

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	6%	7%	5%	7%	8%	6%	4%	6%	6%	7%	*
Definitely or probably true, but not as a result of personal experiences	16%	12%	19%	19%	16%	18%	10%	16%	23%	16%	*
Definitely or probably not true, but not as a result of personal experiences	35%	34%	36%	35%	38%	30%	38%	36%	29%	30%	*
Definitely or probably not true, in part due to personal experiences	30%	38%	23%	27%	27%	30%	37%	32%	24%	34%	*
Not sure	13%	9%	17%	13%	11%	16%	10%	10%	17%	13%	*
Totals	100%	100%	100%	101%	100%	100%	99%	100%	99%	100%	*
Unweighted N	(1,089)	(498)	(591)	(223)	(215)	(373)	(278)	(753)	(125)	(132)	(79)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	6%	6%	5%	8%	5%	6%	7%	7%	4%	5%	10%	7%	4%

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YouGov Survey: Common Health Beliefs
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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	16%	18%	13%	17%	15%	15%	19%	17%	14%	17%	13%	21%	11%
Definitely or probably not true, but not as a result of personal experiences	35%	36%	32%	36%	41%	37%	30%	35%	44%	35%	32%	33%	40%
Definitely or probably not true, in part due to personal experiences	30%	29%	35%	26%	30%	31%	26%	36%	28%	35%	34%	25%	32%
Not sure	13%	11%	15%	12%	10%	11%	18%	5%	10%	8%	11%	16%	14%
Totals	100%	100%	100%	99%	101%	100%	100%	100%	100%	100%	100%	102%	101%
Unweighted N	(1,089)	(414)	(422)	(253)	(410)	(312)	(468)	(290)	(242)	(196)	(222)	(400)	(271)

YouGov Survey: Common Health Beliefs

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4AO. Health Beliefs - Personal Experiences — Vaccines cause autism

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	6%	5%	6%	4%	2%	8%	7%	5%	9%	6%	*
Definitely or probably true, but not as a result of personal experiences	14%	14%	14%	11%	18%	14%	12%	14%	19%	9%	*
Definitely or probably not true, but not as a result of personal experiences	31%	33%	30%	39%	32%	28%	28%	33%	26%	28%	*
Definitely or probably not true, in part due to personal experiences	31%	31%	31%	28%	29%	31%	36%	30%	17%	46%	*
Not sure	18%	17%	19%	18%	18%	20%	16%	17%	28%	11%	*
Totals	100%	100%	100%	100%	99%	101%	99%	99%	99%	100%	*
Unweighted N	(1,087)	(514)	(573)	(211)	(223)	(375)	(278)	(752)	(115)	(132)	(88)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	6%	3%	6%	8%	4%	9%	6%	7%	5%	6%	3%	6%	7%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	14%	8%	16%	17%	6%	22%	15%	17%	9%	15%	13%	15%	12%
Definitely or probably not true, but not as a result of personal experiences	31%	33%	29%	32%	34%	27%	27%	30%	38%	35%	28%	32%	30%
Definitely or probably not true, in part due to personal experiences	31%	42%	31%	20%	47%	20%	29%	36%	31%	31%	36%	28%	32%
Not sure	18%	13%	18%	23%	9%	22%	24%	11%	16%	12%	19%	20%	18%
Totals	100%	99%	100%	100%	100%	100%	101%	101%	99%	99%	99%	101%	99%
Unweighted N	(1,087)	(400)	(413)	(274)	(390)	(342)	(457)	(318)	(233)	(181)	(238)	(413)	(255)

YouGov Survey: Common Health Beliefs

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4AP. Health Beliefs - Personal Experiences — Placing raw steak on a black eye helps it heal

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	5%	6%	5%	1%	6%	8%	5%	4%	11%	4%	*
Definitely or probably true, but not as a result of personal experiences	15%	15%	16%	13%	17%	17%	13%	15%	16%	19%	*
Definitely or probably not true, but not as a result of personal experiences	42%	41%	44%	46%	41%	41%	43%	46%	34%	29%	*
Definitely or probably not true, in part due to personal experiences	14%	20%	8%	19%	12%	13%	12%	11%	16%	26%	*
Not sure	23%	18%	28%	21%	23%	22%	28%	24%	24%	22%	*
Totals	99%	100%	101%	100%	99%	101%	101%	100%	101%	100%	*
Unweighted N	(1,070)	(501)	(569)	(203)	(214)	(366)	(287)	(732)	(133)	(129)	(76)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	5%	4%	8%	4%	5%	5%	8%	5%	3%	3%	7%	7%	3%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	15%	16%	15%	16%	15%	15%	17%	14%	16%	19%	14%	17%	12%
Definitely or probably not true, but not as a result of personal experiences	42%	42%	45%	40%	46%	44%	41%	47%	40%	47%	46%	41%	38%
Definitely or probably not true, in part due to personal experiences	14%	17%	12%	12%	17%	10%	11%	15%	17%	10%	12%	12%	20%
Not sure	23%	21%	21%	28%	18%	27%	24%	19%	24%	21%	22%	23%	27%
Totals	99%	100%	101%	100%	101%	101%	101%	100%	100%	100%	101%	100%	100%
Unweighted N	(1,070)	(406)	(382)	(282)	(408)	(319)	(448)	(288)	(249)	(180)	(213)	(404)	(273)

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4AQ. Health Beliefs - Personal Experiences — Wearing copper jewelry relieves arthritis

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	5%	3%	7%	1%	4%	6%	9%	5%	7%	4%	*
Definitely or probably true, but not as a result of personal experiences	14%	12%	16%	15%	12%	16%	11%	11%	26%	17%	*
Definitely or probably not true, but not as a result of personal experiences	42%	48%	36%	38%	51%	39%	39%	46%	27%	35%	*
Definitely or probably not true, in part due to personal experiences	14%	16%	13%	16%	10%	13%	20%	14%	14%	15%	*
Not sure	25%	21%	28%	30%	22%	26%	21%	24%	26%	29%	*
Totals	100%	100%	100%	100%	99%	100%	100%	100%	100%	100%	*
Unweighted N	(1,069)	(500)	(569)	(218)	(221)	(349)	(281)	(744)	(111)	(137)	(77)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	5%	3%	5%	8%	4%	10%	4%	6%	4%	4%	7%	7%	2%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	14%	17%	15%	10%	15%	9%	17%	14%	11%	19%	8%	16%	12%
Definitely or probably not true, but not as a result of personal experiences	42%	45%	42%	38%	48%	39%	37%	41%	52%	43%	47%	38%	42%
Definitely or probably not true, in part due to personal experiences	14%	14%	11%	19%	16%	14%	14%	13%	17%	14%	13%	14%	17%
Not sure	25%	22%	28%	25%	17%	28%	28%	25%	15%	21%	25%	25%	28%
Totals	100%	101%	101%	100%	100%	100%	100%	99%	99%	101%	100%	100%	101%
Unweighted N	(1,069)	(415)	(379)	(275)	(401)	(329)	(435)	(315)	(235)	(188)	(224)	(412)	(245)

YouGov Survey: Common Health Beliefs

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4AR. Health Beliefs - Personal Experiences — Sleeping with onions in your socks removes toxins

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	3%	3%	4%	4%	5%	3%	2%	3%	2%	7%	*
Definitely or probably true, but not as a result of personal experiences	14%	13%	16%	21%	18%	13%	5%	12%	32%	9%	*
Definitely or probably not true, but not as a result of personal experiences	50%	51%	49%	44%	45%	55%	54%	58%	25%	38%	*
Definitely or probably not true, in part due to personal experiences	12%	14%	9%	14%	10%	7%	18%	10%	14%	19%	*
Not sure	21%	19%	22%	18%	22%	22%	21%	17%	28%	27%	*
Totals	100%	100%	100%	101%	100%	100%	100%	100%	101%	100%	*
Unweighted N	(1,121)	(531)	(590)	(221)	(231)	(382)	(287)	(769)	(129)	(138)	(85)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	3%	3%	3%	4%	2%	3%	4%	4%	1%	4%	3%	5%	1%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	14%	14%	13%	17%	10%	14%	17%	9%	15%	7%	11%	17%	18%
Definitely or probably not true, but not as a result of personal experiences	50%	53%	48%	48%	57%	50%	44%	52%	61%	64%	57%	42%	46%
Definitely or probably not true, in part due to personal experiences	12%	15%	10%	10%	14%	11%	11%	15%	10%	7%	13%	11%	14%
Not sure	21%	15%	26%	21%	17%	22%	24%	19%	13%	17%	17%	24%	21%
Totals	100%	100%	100%	100%	100%	100%	100%	99%	100%	99%	101%	99%	100%
Unweighted N	(1,121)	(405)	(423)	(293)	(422)	(349)	(464)	(326)	(250)	(184)	(253)	(413)	(271)

YouGov Survey: Common Health Beliefs

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4AS. Health Beliefs - Personal Experiences — Swallowed gum stays in your stomach for seven years

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	3%	3%	4%	5%	5%	3%	2%	4%	2%	4%	*
Definitely or probably true, but not as a result of personal experiences	9%	6%	12%	11%	15%	7%	5%	8%	11%	14%	*
Definitely or probably not true, but not as a result of personal experiences	35%	35%	34%	31%	31%	38%	37%	36%	31%	28%	*
Definitely or probably not true, in part due to personal experiences	38%	42%	33%	44%	37%	33%	40%	38%	36%	38%	*
Not sure	15%	13%	17%	10%	12%	20%	17%	14%	21%	16%	*
Totals	100%	99%	100%	101%	100%	101%	101%	100%	101%	100%	*
Unweighted N	(1,110)	(519)	(591)	(227)	(222)	(401)	(260)	(763)	(119)	(147)	(81)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	3%	3%	4%	3%	4%	3%	4%	4%	2%	4%	1%	5%	2%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	9%	9%	7%	12%	8%	5%	10%	10%	5%	15%	8%	8%	8%
Definitely or probably not true, but not as a result of personal experiences	35%	38%	34%	32%	40%	38%	27%	36%	53%	32%	43%	30%	38%
Definitely or probably not true, in part due to personal experiences	38%	38%	36%	39%	36%	37%	39%	37%	32%	39%	35%	40%	36%
Not sure	15%	11%	18%	15%	13%	17%	19%	12%	9%	10%	13%	17%	16%
Totals	100%	99%	99%	101%	101%	100%	99%	99%	101%	100%	100%	100%	100%
Unweighted N	(1,110)	(409)	(407)	(294)	(400)	(340)	(458)	(318)	(238)	(189)	(236)	(425)	(260)

YouGov Survey: Common Health Beliefs

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4AT. Health Beliefs - Personal Experiences — Touching frogs causes warts

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	3%	5%	2%	4%	5%	4%	1%	3%	8%	4%	*
Definitely or probably true, but not as a result of personal experiences	11%	13%	10%	15%	18%	9%	3%	8%	17%	21%	*
Definitely or probably not true, but not as a result of personal experiences	39%	38%	40%	38%	33%	37%	49%	39%	35%	36%	*
Definitely or probably not true, in part due to personal experiences	32%	33%	32%	24%	26%	36%	42%	38%	16%	25%	*
Not sure	14%	12%	16%	19%	17%	14%	6%	12%	24%	13%	*
Totals	99%	101%	100%	100%	99%	100%	101%	100%	100%	99%	*
Unweighted N	(1,072)	(489)	(583)	(202)	(220)	(378)	(272)	(729)	(132)	(130)	(81)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	3%	3%	4%	3%	4%	0%	5%	1%	4%	2%	1%	7%	1%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	11%	14%	13%	6%	16%	6%	10%	12%	10%	9%	8%	14%	12%
Definitely or probably not true, but not as a result of personal experiences	39%	39%	38%	39%	41%	43%	35%	39%	47%	50%	36%	34%	40%
Definitely or probably not true, in part due to personal experiences	32%	30%	28%	40%	30%	41%	31%	35%	33%	28%	45%	28%	32%
Not sure	14%	14%	17%	12%	10%	10%	19%	13%	6%	12%	10%	17%	15%
Totals	99%	100%	100%	100%	101%	100%	100%	100%	100%	101%	100%	100%	100%
Unweighted N	(1,072)	(420)	(375)	(277)	(427)	(312)	(453)	(320)	(221)	(184)	(231)	(416)	(241)

YouGov Survey: Common Health Beliefs

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4AU. Health Beliefs - Personal Experiences — Drinking coffee stunts your growth

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	2%	3%	2%	6%	4%	1%	0%	1%	3%	2%	*
Definitely or probably true, but not as a result of personal experiences	9%	8%	10%	20%	13%	4%	2%	9%	9%	12%	*
Definitely or probably not true, but not as a result of personal experiences	37%	35%	38%	33%	29%	42%	41%	39%	38%	27%	*
Definitely or probably not true, in part due to personal experiences	37%	38%	36%	21%	36%	40%	49%	40%	29%	34%	*
Not sure	15%	15%	14%	19%	18%	13%	8%	12%	21%	24%	*
Totals	100%	99%	100%	99%	100%	100%	100%	101%	100%	99%	*
Unweighted N	(1,077)	(494)	(583)	(197)	(233)	(365)	(282)	(752)	(120)	(123)	(82)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	2%	2%	3%	2%	2%	1%	1%	2%	2%	4%	2%	2%	3%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	9%	10%	11%	7%	8%	7%	10%	6%	10%	8%	9%	10%	10%
Definitely or probably not true, but not as a result of personal experiences	37%	37%	33%	39%	36%	40%	32%	43%	43%	38%	47%	33%	31%
Definitely or probably not true, in part due to personal experiences	37%	40%	32%	39%	43%	41%	37%	38%	39%	36%	32%	39%	40%
Not sure	15%	10%	20%	13%	10%	11%	20%	11%	5%	15%	9%	17%	16%
Totals	100%	99%	99%	100%	99%	100%	100%	100%	99%	101%	99%	101%	100%
Unweighted N	(1,077)	(376)	(401)	(300)	(381)	(357)	(460)	(303)	(235)	(172)	(239)	(412)	(254)

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4AV. Health Beliefs - Personal Experiences — Crossing your eyes will make them stay that way

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	1%	2%	1%	1%	2%	2%	1%	1%	2%	2%	*
Definitely or probably true, but not as a result of personal experiences	6%	6%	7%	12%	10%	3%	3%	6%	12%	5%	*
Definitely or probably not true, but not as a result of personal experiences	39%	40%	38%	35%	32%	41%	49%	39%	35%	33%	*
Definitely or probably not true, in part due to personal experiences	44%	43%	45%	36%	50%	44%	43%	46%	33%	48%	*
Not sure	9%	10%	9%	15%	8%	10%	4%	7%	18%	12%	*
Totals	99%	101%	100%	99%	102%	100%	100%	99%	100%	100%	*
Unweighted N	(1,057)	(513)	(544)	(215)	(231)	(357)	(254)	(719)	(123)	(132)	(83)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	1%	1%	1%	2%	1%	2%	1%	2%	1%	3%	2%	1%	1%

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YouGov Survey: Common Health Beliefs
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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	6%	9%	4%	7%	7%	6%	7%	4%	9%	8%	3%	7%	7%
Definitely or probably not true, but not as a result of personal experiences	39%	38%	36%	44%	38%	45%	39%	36%	42%	45%	39%	37%	38%
Definitely or probably not true, in part due to personal experiences	44%	43%	45%	43%	47%	42%	40%	55%	42%	36%	48%	46%	42%
Not sure	9%	9%	13%	5%	6%	6%	13%	2%	8%	8%	8%	9%	12%
Totals	99%	100%	99%	101%	99%	101%	100%	99%	102%	100%	100%	100%	100%
Unweighted N	(1,057)	(369)	(405)	(283)	(377)	(331)	(453)	(277)	(246)	(190)	(232)	(377)	(258)

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4AW. Health Beliefs - Personal Experiences — Swallowed seeds grow in your stomach

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	1%	1%	0%	3%	0%	0%	0%	1%	1%	1%	*
Definitely or probably true, but not as a result of personal experiences	4%	4%	3%	6%	6%	2%	1%	3%	7%	6%	*
Definitely or probably not true, but not as a result of personal experiences	40%	38%	41%	37%	39%	41%	43%	43%	35%	26%	*
Definitely or probably not true, in part due to personal experiences	49%	50%	49%	48%	47%	52%	49%	50%	39%	56%	*
Not sure	6%	6%	7%	6%	9%	4%	7%	3%	17%	12%	*
Totals	100%	99%	100%	100%	101%	99%	100%	100%	99%	101%	*
Unweighted N	(1,074)	(485)	(589)	(207)	(223)	(366)	(278)	(724)	(125)	(145)	(80)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	1%	2%	0%	1%	1%	1%	0%	2%	1%	1%	0%	1%	0%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	4%	7%	2%	2%	5%	2%	3%	4%	5%	6%	1%	4%	3%
Definitely or probably not true, but not as a result of personal experiences	40%	38%	40%	41%	40%	40%	40%	37%	43%	42%	53%	30%	43%
Definitely or probably not true, in part due to personal experiences	49%	46%	50%	52%	47%	53%	48%	52%	48%	49%	43%	56%	44%
Not sure	6%	7%	8%	4%	7%	3%	8%	6%	3%	2%	2%	9%	10%
Totals	100%	100%	100%	100%	100%	99%	99%	101%	100%	100%	99%	100%	100%
Unweighted N	(1,074)	(385)	(413)	(276)	(398)	(338)	(470)	(299)	(225)	(193)	(228)	(414)	(239)

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4AX. Health Beliefs - Personal Experiences — Masturbation can cause blindness

People who say each is...

Recorded based on responses to multiple questions. Respondents were asked about a random sample of 25 of the 50 beliefs

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	18-29	30-44	45-64	65+	White	Black	Hispanic	Other
Definitely or probably true, in part due to personal experiences	1%	1%	0%	2%	1%	1%	0%	0%	2%	0%	*
Definitely or probably true, but not as a result of personal experiences	4%	5%	3%	6%	4%	3%	1%	3%	7%	4%	*
Definitely or probably not true, but not as a result of personal experiences	41%	30%	50%	34%	36%	42%	50%	43%	27%	36%	*
Definitely or probably not true, in part due to personal experiences	48%	57%	39%	50%	51%	47%	42%	49%	43%	49%	*
Not sure	8%	6%	9%	9%	8%	7%	6%	5%	21%	11%	*
Totals	102%	99%	101%	101%	100%	100%	99%	100%	100%	100%	*
Unweighted N	(1,121)	(517)	(604)	(230)	(221)	(380)	(290)	(762)	(119)	(159)	(81)

	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, in part due to personal experiences	1%	1%	1%	0%	1%	0%	1%	1%	1%	0%	0%	1%	1%

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	Total	Party ID			2020 Vote		Family Income (3 category)			Region			
		Dem	Ind	Rep	Biden	Trump	< \$50K	\$50-100K	\$100K+	Northeast	Midwest	South	West
Definitely or probably true, but not as a result of personal experiences	4%	5%	2%	5%	2%	2%	4%	2%	6%	6%	1%	5%	1%
Definitely or probably not true, but not as a result of personal experiences	41%	37%	36%	49%	43%	48%	36%	41%	47%	44%	48%	35%	42%
Definitely or probably not true, in part due to personal experiences	48%	50%	52%	39%	49%	43%	49%	50%	43%	43%	45%	49%	51%
Not sure	8%	7%	9%	7%	5%	6%	10%	6%	4%	7%	6%	10%	5%
Totals	102%	100%	100%	100%	100%	99%	100%	100%	101%	100%	100%	100%	100%
Unweighted N	(1,121)	(436)	(408)	(277)	(426)	(341)	(493)	(308)	(235)	(187)	(230)	(433)	(271)

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Interviewing Dates	June 17 - 20, 2024 June 26 - 29, 2024
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey.
Weighting	The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to March 15, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 28% Republican). The weights range from 0.051 to 6.618, with a mean of 1 and a standard deviation of 0.927.
Number of respondents	2187
Margin of error	± 2.9% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	44 questions not reported.