

YouGov / Chartered Society of Physio Therapists Survey Results

Sample Size: 504 Adults from Essex
Fieldwork: 8th - 14th December 2015

	Gender		Age			
	Male	Female	18-24	25-39	40-59	60+
Weighted Sample	246	258	50	111	176	166
Unweighted Sample	255	249	55	106	175	168
	%	%	%	%	%	%

The NHS in Essex are proposing to change physiotherapy services available to adults who have musculoskeletal problems such as back and neck pain and who are being treated by their GP. They believe this will help them to meet savings targets.

The changes would not affect people who are having physio after an operation, those who are housebound or those being treated by a consultant.

Would you support or oppose the following changes?

Cut the service of physiotherapy entirely and leave patients to use private physiotherapists

Strongly support	1	1	1	0	1	1	1
Support	2	2	2	2	3	2	2
TOTAL SUPPORT	3	3	3	2	4	3	3
Neither support or oppose	10	11	8	19	12	7	8
Oppose	26	27	24	28	24	22	29
Strongly oppose	57	55	59	37	52	65	57
TOTAL OPPOSE	83	82	83	65	76	87	86
Don't know	5	4	6	14	8	2	2

Offer a telephone-only service offering advice and guidance for self-management

Strongly support	3	3	4	7	4	3	2
Support	12	13	10	15	13	12	10
TOTAL SUPPORT	15	16	14	22	17	15	12
Neither support or oppose	16	15	16	15	17	14	16
Oppose	25	22	28	23	26	23	27
Strongly oppose	39	42	36	23	29	46	42
TOTAL OPPOSE	64	64	64	46	55	69	69
Don't know	5	5	6	17	10	2	2

Limit service to one assessment and one follow-up appointment with a physiotherapist

Strongly support	3	5	2	2	4	3	4
Support	19	22	16	19	15	15	26
TOTAL SUPPORT	22	27	18	21	19	18	30
Neither support or oppose	17	15	19	19	20	16	15
Oppose	28	23	32	28	32	24	28
Strongly oppose	27	29	24	11	19	39	24
TOTAL OPPOSE	55	52	56	39	51	63	52
Don't know	6	5	7	21	10	2	3

Do you think physiotherapy should or should not be available for free on the NHS?

Should be	85	82	87	71	87	88	84
Should not be	5	7	4	8	5	4	6
Don't know	10	12	9	21	9	8	10

Do you think physiotherapy should or should not be available for free on the NHS to adults who have musculoskeletal problems such as back and neck pain and are being treated by their GP?

Should be	85	83	87	79	85	90	83
Should not be	7	10	5	10	5	6	10
Don't know	7	7	7	11	10	4	8

Imagine you had persistent musculoskeletal pain such as back or neck pain but could not access physiotherapy on the NHS, which of the following, if any, would you do? (Please tick all that apply)

Contact/revisit my GP	61	60	61	52	60	62	63
Take over-the-counter painkillers	50	42	58	51	53	53	45
Use private physiotherapy	37	42	33	37	48	36	31
Attend exercise classes e.g. Yoga	20	17	23	25	29	18	15
Go to A&E	15	19	13	14	14	14	19
Other [See full results on Tab 1]	7	7	7	0	4	8	10
Nothing	2	2	1	3	2	1	1
Don't know	7	7	7	14	10	5	5