## YouGov Survey: Aphantasia

Sample 2397 U.S. adult citizens
Conducted April 9-23, 2024
Margin of Error $\pm 2.5 \%$

1. Would you say that your long-term memory is. . . ?
Above average ..... 29\%
Average ..... 56\%
Below average ..... 11\%
Not sure ..... 3\%
2. How often do you have an internal monologue in your mind throughout the day?
Always ..... 28\%
Usually ..... 24\%
Sometimes ..... 29\%
Rarely ..... 7\%
Never ..... 3\%
Not sure ..... 10\%
3. Would you say that your ability to generate images in your mind is. . . ?
Above average ..... 34\%
Average ..... 54\%
Below average ..... 6\%
Not sure ..... 7\%
4. If you were asked to visualize an image of something in your mind, would you say that the image you see istypically...?
Perfectly clear image, as vivid as normal vision ..... 15\%
Clear and relatively vivid ..... 33\%
Moderately clear and vivid ..... 32\%
Dim and vague ..... 9\%
No image at all; you only know that you are thinking of the object ..... 5\%
Not sure ..... 6\%
5. If you were asked to visualize an image of something in your mind, would you say that you can typically ..... ?
Hold the image in your mind as long as you like ..... 37\%
Hold the image in your mind for a short time ..... 40\%
Hold the image in your mind for only a brief instant ..... 8\%
Not sure ..... 9\%
Not asked - cannot visualize any image at all ..... 5\%

## YouGov Survey: Aphantasia

6. If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

A simplified image, like a cartoon or drawing ..................................................... 15\%
A very simplified image, like a basic color or geometric shape .............................. $9 \%$
Not sure ............................................................................................................................
Not asked - cannot visualize any image at all ...................................................... . . $5 \%$
7. If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

In focus .......................................................................................................... 68\%

Not sure ......................................................................................................... $15 \%$
Not asked - cannot visualize any image at all .................................................... $5 \%$
8. For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

|  | Perfectly clear image, as vivid as normal vision | Clear and relatively vivid image | Moderately clear and vivid image | Dim and vague image | No image at all; you only know that you are thinking of the object | Not sure |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Think of a relative or friend you frequently see (but who is not with you at present), and consider the contour of their face, head, shoulders, and body. | 32\% | 30\% | 23\% | 8\% | 4\% | 5\% |
| Recall the last time you saw the sunrise. Consider the colors, the shape of the sun, and the context of the sunrise. | 24\% | 33\% | 23\% | 8\% | 5\% | 8\% |
| Imagine walking along a street and stopping at a particular shop which you often go to. Visualize the entrance and different items in the window display. | 24\% | 30\% | 27\% | 9\% | 5\% | 5\% |

## YouGov Survey: Aphantasia

9. Which of the images above best describes what you envisioned in your mind while thinking of an apple?Respondents were shown an image, from Wikimedia, of a popular, informal aphantasia test involving an apple
1 ..... 49\%
2 ..... 36\%
3 ..... 6\%
4 ..... 3\%
5 ..... 5\%
Not sure ..... 2\%
10. Have you ever heard of aphantasia, or a condition that prevents people from creating mental images?
Yes ..... 15\%
No ..... 78\%
Not sure ..... 7\%

| Interviewing Dates | April $9-14,2024 \mid$ April 19-23, |
| :--- | :--- |
| Target population | U.S. citizens, aged 18 and over. |
| Sampling method | Respondents were selected from <br> ing sample matching. A random <br> race, education, geographic regio <br> lected from the 2019 American C |
| Weighting | The sample was weighted accord <br> 2020 election turnout and Presid <br> cation, and current voter registration <br> targets come from the 2019 Ame <br> party identification is the responde <br> to November 1, 2022, and is we <br> at that time (33\% Democratic, 31 <br> from 0.06 to 6.559, with a mean <br> 0.785. |
| Number of respondents | 2397 <br> Margin of error <br> Survey mode$\quad$$\pm 2.5 \%$ (adjusted for weighting) |
| Questions not reported | Web-based interviews |

1. Long-Term Memory

Would you say that your long-term memory is. . . ?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Above average | 29\% | 33\% | 26\% | 28\% | 28\% | 30\% | 30\% | 29\% | 31\% | 23\% | 35\% |
| Average | 56\% | 54\% | 58\% | 51\% | 51\% | 59\% | 62\% | 57\% | 53\% | 55\% | 55\% |
| Below average | 11\% | 11\% | 12\% | 15\% | 16\% | 9\% | 6\% | 11\% | 12\% | 16\% | 4\% |
| Not sure | 3\% | 2\% | 4\% | 6\% | 5\% | 2\% | 1\% | 2\% | 4\% | 7\% | 7\% |
| Totals | 99\% | 100\% | 100\% | 100\% | 100\% | 100\% | 99\% | 99\% | 100\% | 101\% | 101\% |
| Unweighted N | $(2,394)$ | $(1,052)$ | $(1,342)$ | (389) | (486) | (869) | (650) | $(1,537)$ | (281) | (340) | (236) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Above average | 29\% | 32\% | 27\% | 29\% | 32\% | 31\% | 25\% | 29\% | 38\% | 32\% | 30\% | 25\% | 33\% |
| Average | 56\% | 57\% | 54\% | 57\% | 57\% | 58\% | 57\% | 60\% | 51\% | 54\% | 54\% | 61\% | 52\% |
| Below average | 11\% | 9\% | 14\% | 11\% | 9\% | 10\% | 14\% | 9\% | 9\% | 13\% | 13\% | 11\% | 10\% |
| Not sure | 3\% | 2\% | 5\% | 2\% | 2\% | 2\% | 4\% | 2\% | 2\% | 1\% | 3\% | 3\% | 4\% |
| Totals | 99\% | 100\% | 100\% | 99\% | 100\% | 101\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 99\% |
| Unweighted N | $(2,394)$ | (820) | (904) | (670) | (868) | (785) | $(1,019)$ | (688) | (464) | (424) | (522) | (904) | (544) |

## 2. Internal Monologue

How often do you have an internal monologue in your mind throughout the day?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Always | 28\% | 28\% | 28\% | 38\% | 34\% | 24\% | 16\% | 28\% | 24\% | 26\% | 34\% |
| Usually | 24\% | 24\% | 23\% | 23\% | 21\% | 24\% | 27\% | 26\% | 15\% | 22\% | 21\% |
| Sometimes | 29\% | 28\% | 29\% | 22\% | 29\% | 30\% | 34\% | 29\% | 35\% | 27\% | 24\% |
| Rarely | 7\% | 8\% | 6\% | 5\% | 5\% | 7\% | 11\% | 7\% | 6\% | 7\% | 6\% |
| Never | 3\% | 3\% | 3\% | 3\% | 2\% | 4\% | 3\% | 3\% | 2\% | 5\% | 1\% |
| Not sure | 10\% | 9\% | 11\% | 8\% | 9\% | 12\% | 9\% | 7\% | 18\% | 13\% | 14\% |
| Totals | 101\% | 100\% | 100\% | 99\% | 100\% | 101\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| Unweighted N | $(2,394)$ | $(1,052)$ | $(1,342)$ | (389) | (487) | (867) | (651) | $(1,539)$ | (281) | (339) | (235) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Always | 28\% | 29\% | 31\% | 22\% | 33\% | 22\% | 26\% | 28\% | 29\% | 24\% | 33\% | 26\% | 28\% |
| Usually | 24\% | 26\% | 21\% | 25\% | 26\% | 25\% | 20\% | 25\% | 30\% | 26\% | 24\% | 24\% | 21\% |
| Sometimes | 29\% | 27\% | 25\% | 34\% | 28\% | 35\% | 28\% | 31\% | 31\% | 33\% | 25\% | 30\% | 28\% |
| Rarely | 7\% | 6\% | 7\% | 8\% | 6\% | 7\% | 9\% | 5\% | 5\% | 8\% | 6\% | 7\% | 6\% |
| Never | 3\% | 3\% | 3\% | 3\% | 2\% | 3\% | 4\% | 2\% | 2\% | 3\% | 2\% | 3\% | 4\% |
| Not sure | 10\% | 9\% | 13\% | 8\% | 5\% | 8\% | 13\% | 7\% | 3\% | 6\% | 9\% | 11\% | 12\% |
| Totals | 101\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 98\% | 100\% | 100\% | 99\% | 101\% | 99\% |
| Unweighted N | $(2,394)$ | (820) | (902) | (672) | (868) | (785) | $(1,020)$ | (689) | (463) | (425) | (523) | (905) | (541) |

## 3. Mental Image Comparison

Would you say that your ability to generate images in your mind is. . . ?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Above average | 34\% | 38\% | 29\% | 37\% | 33\% | 33\% | 32\% | 34\% | 33\% | 32\% | 37\% |
| Average | 54\% | 50\% | 57\% | 47\% | 54\% | 55\% | 59\% | 56\% | 47\% | 54\% | 47\% |
| Below average | 6\% | 6\% | 6\% | 8\% | 8\% | 6\% | 3\% | 6\% | 10\% | 6\% | 4\% |
| Not sure | 7\% | 6\% | 7\% | 9\% | 6\% | 6\% | 6\% | 5\% | 9\% | 9\% | 11\% |
| Totals | 101\% | 100\% | 99\% | 101\% | 101\% | 100\% | 100\% | 101\% | 99\% | 101\% | 99\% |
| Unweighted N | $(2,394)$ | $(1,052)$ | $(1,342)$ | (388) | (486) | (868) | (652) | $(1,539)$ | (281) | (338) | (236) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Above average | 34\% | 34\% | 34\% | 33\% | 36\% | 33\% | 32\% | 33\% | 42\% | 33\% | 31\% | 35\% | 35\% |
| Average | 54\% | 54\% | 50\% | 57\% | 52\% | 59\% | 55\% | 55\% | 49\% | 55\% | 57\% | 53\% | 51\% |
| Below average | 6\% | 6\% | 7\% | 5\% | 7\% | 5\% | 6\% | 8\% | 5\% | 6\% | 7\% | 6\% | 6\% |
| Not sure | 7\% | 6\% | 9\% | 4\% | 5\% | 4\% | 8\% | 3\% | 4\% | 6\% | 6\% | 6\% | 8\% |
| Totals | 101\% | 100\% | 100\% | 99\% | 100\% | 101\% | 101\% | 99\% | 100\% | 100\% | 101\% | 100\% | 100\% |
| Unweighted N | $(2,394)$ | (820) | (902) | (672) | (868) | (786) | $(1,020)$ | (688) | (463) | (425) | (523) | (903) | (543) |

## 4. Mental Images

If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Perfectly clear image, as vivid as normal vision | 15\% | 15\% | 15\% | 18\% | 16\% | 14\% | 12\% | 14\% | 21\% | 13\% | 15\% |
| Clear and relatively vivid | 33\% | 34\% | 32\% | 31\% | 33\% | 32\% | 35\% | 34\% | 26\% | 34\% | 33\% |
| Moderately clear and vivid | 32\% | 33\% | 31\% | 26\% | 29\% | 34\% | 39\% | 34\% | 31\% | 27\% | 28\% |
| Dim and vague | 9\% | 9\% | 9\% | 11\% | 11\% | 7\% | 8\% | 9\% | 6\% | 13\% | 7\% |
| No image at all; you only know that you are thinking of the object | 5\% | 4\% | 6\% | 4\% | 5\% | 7\% | 3\% | 5\% | 6\% | 6\% | 5\% |
| Not sure | 6\% | 5\% | 7\% | 9\% | 6\% | 6\% | 4\% | 4\% | 9\% | 7\% | 13\% |
| Totals | 100\% | 100\% | 100\% | 99\% | 100\% | 100\% | 101\% | 100\% | 99\% | 100\% | 101\% |
| Unweighted N | $(2,395)$ | $(1,053)$ | $(1,342)$ | (389) | (487) | (867) | (652) | $(1,538)$ | (281) | (340) | (236) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Perfectly clear image, as vivid as normal vision | 15\% | 15\% | 16\% | 13\% | 15\% | 14\% | 15\% | 15\% | 14\% | 16\% | 14\% | 16\% | 14\% |
| Clear and relatively vivid | 33\% | 33\% | 30\% | 36\% | 36\% | 34\% | 30\% | 37\% | 38\% | 34\% | 29\% | 33\% | 34\% |
| Moderately clear and vivid | 32\% | 34\% | 30\% | 34\% | 32\% | 35\% | 31\% | 33\% | 34\% | 32\% | 35\% | 32\% | 30\% |
| Dim and vague | 9\% | 7\% | 11\% | 9\% | 9\% | 8\% | 10\% | 7\% | 10\% | 8\% | 11\% | 8\% | 9\% |
| No image at all; you only know that you are thinking of the object | 5\% | 6\% | 6\% | 3\% | 5\% | 4\% | 6\% | 5\% | 2\% | 5\% | 5\% | 5\% | 5\% |
| Not sure | 6\% | 5\% | 8\% | 5\% | 3\% | 5\% | 7\% | 3\% | 2\% | 5\% | 5\% | 5\% | 9\% |

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|  | Total |  |  |  | continued from previous page |  |  |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  |  |  |  |  |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Totals | 100\% | 100\% | 101\% | 100\% | 100\% | 100\% | 99\% | 100\% | 100\% | 100\% | 99\% | 99\% | 101\% |
| Unweighted N | $(2,395)$ | (820) | (903) | (672) | (868) | (785) | $(1,020)$ | (689) | (464) | (425) | (523) | (903) | (544) |

## 5. Holding mental Images

If you were asked to visualize an image of something in your mind, would you say that you can typically...?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Hold the image in your mind as long as you |  |  |  |  |  |  |  |  |  |  |  |
| Hold the image in your mind for a short time | 40\% | 41\% | 39\% | 38\% | 41\% | 39\% | 42\% | 43\% | 29\% | 36\% | 41\% |
| Hold the image in your mind for only a brief instant | 8\% | 9\% | 8\% | 10\% | 10\% | 8\% | 6\% | 7\% | 12\% | 11\% | 9\% |
| Not sure | 9\% | 9\% | 10\% | 11\% | 9\% | 9\% | 8\% | 8\% | 15\% | 9\% | 13\% |
| Not asked - cannot visualize any image at all | 5\% | 4\% | 6\% | 4\% | 5\% | 7\% | 3\% | 5\% | 6\% | 6\% | 5\% |
| Totals | 99\% | 100\% | 100\% | 99\% | 100\% | 101\% | 99\% | 100\% | 101\% | 101\% | 101\% |
| Unweighted N | $(2,393)$ | $(1,052)$ | $(1,341)$ | (389) | (486) | (868) | (650) | $(1,537)$ | (280) | (340) | (236) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Hold the image in your mind as long as you like | 37\% | 37\% | 35\% | 39\% | 38\% | 40\% | 36\% | 39\% | 42\% | 39\% | 38\% | 38\% | 34\% |
| Hold the image in your mind for a short time | 40\% | 38\% | 41\% | 41\% | 41\% | 42\% | 38\% | 41\% | 41\% | 39\% | 38\% | 41\% | 41\% |
| Hold the image in your mind for only a brief instant | 8\% | 9\% | 7\% | 8\% | 9\% | 7\% | 9\% | 8\% | 10\% | 9\% | 10\% | 8\% | 8\% |
| Not sure | 9\% | 9\% | 12\% | 7\% | 7\% | 7\% | 11\% | 7\% | 5\% | 8\% | 9\% | 8\% | 12\% |

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Not asked - cannot visualize any image at all | 5\% | 6\% | 6\% | 3\% | 5\% | 4\% | 6\% | 5\% | 2\% | 5\% | 5\% | 5\% | 5\% |
| Totals | 99\% | 99\% | 101\% | 98\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| Unweighted N | $(2,393)$ | (819) | (902) | (672) | (867) | (785) | $(1,019)$ | (689) | (462) | (423) | (523) | (904) | (543) |

## 6. Mental Image Visualized

If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?


|  | Total | continued from previous page |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Not asked - cannot visualize any image at all | 5\% | 6\% | 6\% | 3\% | 5\% | 4\% | 6\% | 5\% | 2\% | 5\% | 6\% | 5\% | 5\% |
| Totals | 100\% | 100\% | 101\% | 99\% | 100\% | 100\% | 100\% | 100\% | 99\% | 100\% | 99\% | 100\% | 100\% |
| Unweighted N | $(2,386)$ | (813) | (902) | (671) | (864) | (785) | $(1,012)$ | (689) | (463) | (423) | (518) | (901) | (544) |

## 7. Mental Image Focus

If you were asked to visualize an image of something in your mind, would you say that the image you see is typically... ?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| In focus | 68\% | 68\% | 67\% | 53\% | 66\% | 71\% | 78\% | 70\% | 65\% | 60\% | 63\% |
| Out of focus | 13\% | 14\% | 12\% | 24\% | 13\% | 9\% | 8\% | 12\% | 15\% | 18\% | 13\% |
| Not sure | 15\% | 14\% | 15\% | 19\% | 16\% | 13\% | 11\% | 14\% | 13\% | 17\% | 19\% |
| Not asked - cannot visualize any image at all | 5\% | 4\% | 6\% | 4\% | 5\% | 7\% | 3\% | 5\% | 6\% | 6\% | 5\% |
| Totals | 101\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 101\% | 99\% | 101\% | 100\% |
| Unweighted N | $(2,393)$ | $(1,050)$ | $(1,343)$ | (388) | (485) | (868) | (652) | $(1,537)$ | (281) | (339) | (236) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| In focus | 68\% | 69\% | 62\% | 71\% | 71\% | 72\% | 66\% | 70\% | 75\% | 66\% | 67\% | 71\% | 64\% |
| Out of focus | 13\% | 12\% | 15\% | 11\% | 12\% | 10\% | 12\% | 15\% | 13\% | 17\% | 14\% | 11\% | 11\% |
| Not sure | 15\% | 12\% | 17\% | 14\% | 12\% | 14\% | 16\% | 11\% | 10\% | 12\% | 14\% | 13\% | 19\% |
| Not asked - cannot visualize any image at all | 5\% | 6\% | 6\% | 3\% | 5\% | 4\% | 6\% | 5\% | 2\% | 5\% | 5\% | 5\% | 5\% |
| Totals | 101\% | 99\% | 100\% | 99\% | 100\% | 100\% | 100\% | 101\% | 100\% | 100\% | 100\% | 100\% | 99\% |
| Unweighted N | $(2,393)$ | (819) | (902) | (672) | (866) | (786) | $(1,020)$ | (686) | (464) | (424) | (523) | (905) | (541) |

8A. Vividness of Visual Imagery Questionnaire by Marks (1973) - Think of a relative or friend you frequently see (but who is not with you at present), and consider the contour of their face, head, shoulders, and body.
For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

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|  | Total | continued from previous page |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| No image at all; you only know that you are thinking of the object | 4\% | 3\% | 5\% | 3\% | 3\% | 4\% | 4\% | 4\% | 4\% | 3\% | 3\% | 4\% | 4\% |
| Not sure | 5\% | 4\% | 7\% | 3\% | 2\% | 3\% | 6\% | 3\% | 2\% | 3\% | 4\% | 5\% | 6\% |
| Totals | 102\% | 99\% | 100\% | 98\% | 100\% | 100\% | 100\% | 101\% | 101\% | 99\% | 99\% | 101\% | 99\% |
| Unweighted N | $(2,371)$ | (807) | (896) | (668) | (857) | (780) | $(1,012)$ | (679) | (460) | (423) | (518) | (892) | (538) |

8B. Vividness of Visual Imagery Questionnaire by Marks (1973) - Recall the last time you saw the sunrise. Consider the colors, the shape of the sun, and the context of the sunrise.
For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

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|  | Total | continued from previous page |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| No image at all; you only know that you are thinking of the object | 5\% | 5\% | 6\% | 4\% | 5\% | 5\% | 5\% | 5\% | 4\% | 5\% | 5\% | 5\% | 6\% |
| Not sure | 8\% | 6\% | 10\% | 7\% | 4\% | 6\% | 8\% | 7\% | 3\% | 7\% | 6\% | 7\% | 11\% |
| Totals | 101\% | 100\% | 100\% | 100\% | 101\% | 101\% | 100\% | 100\% | 99\% | 101\% | 99\% | 101\% | 101\% |
| Unweighted N | $(2,376)$ | (811) | (899) | (666) | (861) | (780) | $(1,010)$ | (685) | (461) | (418) | (519) | (900) | (539) |

8C. Vividness of Visual Imagery Questionnaire by Marks (1973) - Imagine walking along a street and stopping at a particular shop which you often go to. Visualize the entrance and different items in the window display.
For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Perfectly clear image, as vivid as normal vision | 24\% | 22\% | 26\% | 25\% | 27\% | 24\% | 20\% | 24\% | 24\% | 28\% | 24\% |
| Clear and relatively vivid image | 30\% | 31\% | 28\% | 28\% | 29\% | 31\% | 30\% | 31\% | 20\% | 30\% | 30\% |
| Moderately clear and vivid image | 27\% | 29\% | 26\% | 24\% | 26\% | 26\% | 33\% | 27\% | 33\% | 21\% | 26\% |
| Dim and vague image | 9\% | 9\% | 9\% | 10\% | 10\% | 10\% | 7\% | 9\% | 9\% | 13\% | 7\% |
| No image at all; you only know that you are thinking of the object | 5\% | 4\% | 5\% | 4\% | 3\% | 5\% | 6\% | 5\% | 5\% | 4\% | 4\% |
| Not sure | 5\% | 5\% | 6\% | 9\% | 5\% | 4\% | 4\% | 5\% | 9\% | 3\% | 10\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 101\% | 100\% | 99\% | 101\% |
| Unweighted N | $(2,376)$ | $(1,043)$ | $(1,333)$ | (388) | (482) | (861) | (645) | $(1,524)$ | (280) | (339) | (233) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Perfectly clear image, as vivid as normal vision | 24\% | 24\% | 23\% | 26\% | 24\% | 24\% | 24\% | 23\% | 28\% | 27\% | 26\% | 25\% | 20\% |
| Clear and relatively vivid image | 30\% | 31\% | 29\% | 28\% | 34\% | 29\% | 26\% | 33\% | 32\% | 28\% | 28\% | 30\% | 31\% |
| Moderately clear and vivid image | 27\% | 29\% | 25\% | 27\% | 26\% | 29\% | 29\% | 26\% | 25\% | 26\% | 26\% | 28\% | 27\% |
| Dim and vague image | 9\% | 8\% | 10\% | 10\% | 10\% | 7\% | 10\% | 8\% | 10\% | 10\% | 11\% | 8\% | 9\% |

continued on the next page ...

|  | Total | continued from previous page |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| No image at all; you only know that you are thinking of the object | 5\% | 4\% | 5\% | 5\% | 4\% | 7\% | 5\% | 5\% | 3\% | 4\% | 5\% | 4\% | 6\% |
| Not sure | 5\% | 4\% | 8\% | 4\% | 3\% | 4\% | 6\% | 4\% | 2\% | 5\% | 5\% | 5\% | 7\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 101\% | 100\% | 100\% | 99\% | 100\% | 100\% | 101\% | 100\% | 100\% |
| Unweighted N | $(2,376)$ | (810) | (897) | (669) | (858) | (781) | $(1,012)$ | (684) | (459) | (423) | (519) | (900) | (534) |

## 9. Apple Imagery

Which of the images above best describes what you envisioned in your mind while thinking of an apple?
Respondents were shown an image, from Wikimedia, of a popular, informal aphantasia test involving an apple

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| 1 | 49\% | 49\% | 48\% | 52\% | 50\% | 48\% | 44\% | 48\% | 46\% | 47\% | 59\% |
| 2 | 36\% | 35\% | 36\% | 34\% | 37\% | 34\% | 38\% | 36\% | 35\% | 37\% | 30\% |
| 3 | 6\% | 7\% | 6\% | 3\% | 7\% | 7\% | 7\% | 7\% | 5\% | 7\% | 4\% |
| 4 | 3\% | 3\% | 3\% | 4\% | 2\% | 3\% | 4\% | 3\% | 5\% | 6\% | 2\% |
| 5 | 5\% | 4\% | 5\% | 3\% | 2\% | 7\% | 6\% | 5\% | 6\% | 4\% | 4\% |
| Not sure | 2\% | 1\% | 2\% | 3\% | 1\% | 2\% | 0\% | 1\% | 3\% | 1\% | 2\% |
| Totals | 101\% | 99\% | 100\% | 99\% | 99\% | 101\% | 99\% | 100\% | 100\% | 102\% | 101\% |
| Unweighted N | $(2,393)$ | $(1,051)$ | $(1,342)$ | (388) | (486) | (869) | (650) | $(1,538)$ | (280) | (340) | (235) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| 1 | 49\% | 51\% | 49\% | 46\% | 52\% | 47\% | 45\% | 51\% | 52\% | 55\% | 50\% | 44\% | 50\% |
| 2 | 36\% | 34\% | 35\% | 37\% | 35\% | 36\% | 37\% | 32\% | 38\% | 29\% | 38\% | 38\% | 33\% |
| 3 | 6\% | 5\% | 5\% | 8\% | 4\% | 7\% | 7\% | 7\% | 5\% | 5\% | 6\% | 8\% | 4\% |
| 4 | 3\% | 4\% | 2\% | 4\% | 3\% | 4\% | 4\% | 3\% | 2\% | 4\% | 2\% | 3\% | 4\% |
| 5 | 5\% | 5\% | 6\% | 3\% | 4\% | 6\% | 5\% | 5\% | 3\% | 4\% | 3\% | 5\% | 6\% |
| Not sure | 2\% | 1\% | 2\% | 1\% | 1\% | 1\% | 2\% | 1\% | 0\% | 2\% | 1\% | 1\% | 2\% |
| Totals | 101\% | 100\% | 99\% | 99\% | 99\% | 101\% | 100\% | 99\% | 100\% | 99\% | 100\% | 99\% | 99\% |
| Unweighted N | $(2,393)$ | (820) | (901) | (672) | (868) | (787) | $(1,017)$ | (689) | (464) | (425) | (522) | (904) | (542) |

## 10. Heard of Aphantasia

Have you ever heard of aphantasia, or a condition that prevents people from creating mental images?

|  | Total | Gender |  | Age (4 category) |  |  |  | Race (4 category) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Yes | 15\% | 17\% | 13\% | 25\% | 24\% | 8\% | 6\% | 14\% | 14\% | 18\% | 19\% |
| No | 78\% | 74\% | 81\% | 62\% | 70\% | 87\% | 88\% | 79\% | 80\% | 73\% | 73\% |
| Not sure | 7\% | 9\% | 6\% | 13\% | 6\% | 6\% | 6\% | 7\% | 6\% | 9\% | 8\% |
| Totals | 100\% | 100\% | 100\% | 100\% | 100\% | 101\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| Unweighted N | $(2,396)$ | $(1,052)$ | $(1,344)$ | (389) | (486) | (869) | (652) | $(1,540)$ | (280) | (340) | (236) |


|  | Total | Party ID |  |  | 2020 Vote |  | Family Income (3 category) |  |  | Region |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Yes | 15\% | 20\% | 15\% | 9\% | 21\% | 9\% | 12\% | 14\% | 21\% | 18\% | 14\% | 12\% | 18\% |
| No | 78\% | 73\% | 77\% | 83\% | 72\% | 84\% | 79\% | 80\% | 75\% | 75\% | 81\% | 80\% | 72\% |
| Not sure | 7\% | 6\% | 8\% | 8\% | 6\% | 7\% | 9\% | 6\% | 4\% | 7\% | 5\% | 8\% | 10\% |
| Totals | 100\% | 99\% | 100\% | 100\% | 99\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% | 100\% |
| Unweighted N | $(2,396)$ | (820) | (903) | (673) | (868) | (787) | $(1,021)$ | (688) | (464) | (425) | (523) | (904) | (544) |

## YouGov Survey: Aphantasia

April 9-23, 2024-2397 U.S. adult citizens

| Interviewing Dates | April 9-14,2024 \| April 19-23, 2024 |
| :---: | :---: |
| Target population | U.S. citizens, aged 18 and over. |
| Sampling method | Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was selected from the 2019 American Community Survey. |
| Weighting | The sample was weighted according to gender, age, race, education, 2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to November 1, 2022, and is weighted to the estimated distribution at that time ( $33 \%$ Democratic, $31 \%$ Republican). The weights range from 0.06 to 6.559 , with a mean of one and a standard deviation of 0.785 . |
| Number of respondents | 2397 |
| Margin of error | $\pm 2.5 \%$ (adjusted for weighting) |
| Survey mode | Web-based interviews |
| Questions not reported | 39 questions not reported. |

