YouGov Survey: Aphantasia

2397 U.S. adult citizens

Sample



Conducted April 9 - 23, 2024 Margin of Error $\pm 2.5\%$ 1. Would you say that your long-term memory is...? 2. How often do you have an internal monologue in your mind throughout the day? 3. Would you say that your ability to generate images in your mind is...? 4. If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...? Dim and vague9% 5. If you were asked to visualize an image of something in your mind, would you say that you can typically...?

YouGov Survey: Aphantasia



6. If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

| A realistic image, like a photo5 | 59% |
|--|-----|
| A simplified image, like a cartoon or drawing1 | 5% |
| A very simplified image, like a basic color or geometric shape | 9% |
| Not sure1 | 12% |
| Not asked - cannot visualize any image at all | .5% |

7. If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

| In focus | 68% |
|---|-----|
| Out of focus | 13% |
| Not sure | 15% |
| Not asked - cannot visualize any image at all | 5% |

8. For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

| | Perfectly clear image, as vivid as normal vision | Clear and relatively vivid image | Moder- ately clear and vivid image | Dim and vague image | No image at all; you only know that you are thinking of the object | Not sure |
|---|---|---|---|---------------------------|--|----------|
| Think of a relative or friend you frequently see (but who is not with you at present), and consider the contour of their face, head, shoulders, and body. | 32% | 30% | 23% | 8% | 4% | 5% |
| Recall the last time you saw the sunrise. Consider the colors, the shape of the sun, and the context of the sunrise. | 24% | 33% | 23% | 8% | 5% | 8% |
| Imagine walking along a street and stopping at a particular shop which you often go to. Visualize the entrance and different | 27/0 | 33 /6 | 2076 | 076 | 376 | J /6 |
| items in the window display. | 24% | 30% | 27% | 9% | 5% | 5% |

YouGov Survey: Aphantasia



9. Which of the images above best describes what you envisioned in your mind while thinking of an apple? Respondents were shown an image, from Wikimedia, of a popular, informal aphantasia test involving an apple

| 1 | 4 | .9% |
|---|---------|-----|
| 2 | 3 | 6% |
| 3 | | 6% |
| 4 | | 3% |
| | | |
| Ν | ot sure | 2% |

10. Have you ever heard of aphantasia, or a condition that prevents people from creating mental images?

| Yes | 18 | 5% |
|-------|------|----|
| No | 78 | 3% |
| Not s | sure | 7% |

Interviewing Dates April 9 - 14, 2024 | April 19 - 23, 2024

Target population U.S. citizens, aged 18 and over.

Sampling method Respondents were selected from YouGov's opt-in Internet panel us-

ing sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was se-

lected from the 2019 American Community Survey.

Weighting The sample was weighted according to gender, age, race, education,

2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to November 1, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 31% Republican). The weights range from 0.06 to 6.559, with a mean of one and a standard deviation of

0.785.

Number of respondents 2397

Margin of error \pm 2.5% (adjusted for weighting)

Survey mode Web-based interviews

Questions not reported 39 questions not reported.



1. Long-Term Memory

Would you say that your long-term memory is...?

| | | Ge | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|---------------|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Above average | 29% | 33% | 26% | 28% | 28% | 30% | 30% | 29% | 31% | 23% | 35% |
| Average | 56% | 54% | 58% | 51% | 51% | 59% | 62% | 57% | 53% | 55% | 55% |
| Below average | 11% | 11% | 12% | 15% | 16% | 9% | 6% | 11% | 12% | 16% | 4% |
| Not sure | 3% | 2% | 4% | 6% | 5% | 2% | 1% | 2% | 4% | 7% | 7% |
| Totals | 99% | 100% | 100% | 100% | 100% | 100% | 99% | 99% | 100% | 101% | 101% |
| Unweighted N | (2,394) | (1,052) | (1,342) | (389) | (486) | (869) | (650) | (1,537) | (281) | (340) | (236) |

| | | | | | 2020 |) Vote | Family Income (3 category) | | | Region | | | |
|---------------|---------|-------|-------|-------|-------|--------|----------------------------|-----------|---------|-----------|---------|-------|-------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Above average | 29% | 32% | 27% | 29% | 32% | 31% | 25% | 29% | 38% | 32% | 30% | 25% | 33% |
| Average | 56% | 57% | 54% | 57% | 57% | 58% | 57% | 60% | 51% | 54% | 54% | 61% | 52% |
| Below average | 11% | 9% | 14% | 11% | 9% | 10% | 14% | 9% | 9% | 13% | 13% | 11% | 10% |
| Not sure | 3% | 2% | 5% | 2% | 2% | 2% | 4% | 2% | 2% | 1% | 3% | 3% | 4% |
| Totals | 99% | 100% | 100% | 99% | 100% | 101% | 100% | 100% | 100% | 100% | 100% | 100% | 99% |
| Unweighted N | (2,394) | (820) | (904) | (670) | (868) | (785) | (1,019) | (688) | (464) | (424) | (522) | (904) | (544) |



2. Internal Monologue

How often do you have an internal monologue in your mind throughout the day?

| | | Ge | nder | Age (4 category) | | | | Race (4 category) | | | | | |
|--------------|---------|---------|---------|------------------|-------|-------|-------|-------------------|-------|----------|-------|--|--|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other | | |
| Always | 28% | 28% | 28% | 38% | 34% | 24% | 16% | 28% | 24% | 26% | 34% | | |
| Usually | 24% | 24% | 23% | 23% | 21% | 24% | 27% | 26% | 15% | 22% | 21% | | |
| Sometimes | 29% | 28% | 29% | 22% | 29% | 30% | 34% | 29% | 35% | 27% | 24% | | |
| Rarely | 7% | 8% | 6% | 5% | 5% | 7% | 11% | 7% | 6% | 7% | 6% | | |
| Never | 3% | 3% | 3% | 3% | 2% | 4% | 3% | 3% | 2% | 5% | 1% | | |
| Not sure | 10% | 9% | 11% | 8% | 9% | 12% | 9% | 7% | 18% | 13% | 14% | | |
| Totals | 101% | 100% | 100% | 99% | 100% | 101% | 100% | 100% | 100% | 100% | 100% | | |
| Unweighted N | (2,394) | (1,052) | (1,342) | (389) | (487) | (867) | (651) | (1,539) | (281) | (339) | (235) | | |

| | | | Party ID | | 2020 | 2020 Vote Family Income (3 category) | | | | Region | | | |
|--------------|---------|-------|----------|-------|-------|--------------------------------------|---------|-----------|---------|-----------|---------|-------|-------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Always | 28% | 29% | 31% | 22% | 33% | 22% | 26% | 28% | 29% | 24% | 33% | 26% | 28% |
| Usually | 24% | 26% | 21% | 25% | 26% | 25% | 20% | 25% | 30% | 26% | 24% | 24% | 21% |
| Sometimes | 29% | 27% | 25% | 34% | 28% | 35% | 28% | 31% | 31% | 33% | 25% | 30% | 28% |
| Rarely | 7% | 6% | 7% | 8% | 6% | 7% | 9% | 5% | 5% | 8% | 6% | 7% | 6% |
| Never | 3% | 3% | 3% | 3% | 2% | 3% | 4% | 2% | 2% | 3% | 2% | 3% | 4% |
| Not sure | 10% | 9% | 13% | 8% | 5% | 8% | 13% | 7% | 3% | 6% | 9% | 11% | 12% |
| Totals | 101% | 100% | 100% | 100% | 100% | 100% | 100% | 98% | 100% | 100% | 99% | 101% | 99% |
| Unweighted N | (2,394) | (820) | (902) | (672) | (868) | (785) | (1,020) | (689) | (463) | (425) | (523) | (905) | (541) |



3. Mental Image Comparison

Would you say that your ability to generate images in your mind is...?

| | | Ge | nder | Age (4 category) | | | | Race (4 category) | | | | |
|---------------|---------|---------|---------|------------------|-------|-------|-------|-------------------|-------|----------|-------|--|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other | |
| Above average | 34% | 38% | 29% | 37% | 33% | 33% | 32% | 34% | 33% | 32% | 37% | |
| Average | 54% | 50% | 57% | 47% | 54% | 55% | 59% | 56% | 47% | 54% | 47% | |
| Below average | 6% | 6% | 6% | 8% | 8% | 6% | 3% | 6% | 10% | 6% | 4% | |
| Not sure | 7% | 6% | 7% | 9% | 6% | 6% | 6% | 5% | 9% | 9% | 11% | |
| Totals | 101% | 100% | 99% | 101% | 101% | 100% | 100% | 101% | 99% | 101% | 99% | |
| Unweighted N | (2,394) | (1,052) | (1,342) | (388) | (486) | (868) | (652) | (1,539) | (281) | (338) | (236) | |

| | | | Party ID | | 2020 | 2020 Vote Family Incom | | | come (3 category) | | | Region | | |
|---------------|---------|-------|----------|-------|-------|------------------------|---------|-----------|-------------------|-----------|---------|--------|-------|--|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West | |
| Above average | 34% | 34% | 34% | 33% | 36% | 33% | 32% | 33% | 42% | 33% | 31% | 35% | 35% | |
| Average | 54% | 54% | 50% | 57% | 52% | 59% | 55% | 55% | 49% | 55% | 57% | 53% | 51% | |
| Below average | 6% | 6% | 7% | 5% | 7% | 5% | 6% | 8% | 5% | 6% | 7% | 6% | 6% | |
| Not sure | 7% | 6% | 9% | 4% | 5% | 4% | 8% | 3% | 4% | 6% | 6% | 6% | 8% | |
| Totals | 101% | 100% | 100% | 99% | 100% | 101% | 101% | 99% | 100% | 100% | 101% | 100% | 100% | |
| Unweighted N | (2,394) | (820) | (902) | (672) | (868) | (786) | (1,020) | (688) | (463) | (425) | (523) | (903) | (543) | |



4. Mental Images

If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

| | | Ge | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|---|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|---------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Perfectly clear image, as | 150/ | 150/ | 150/ | 100/ | 1.50/ | 1.10/ | 100/ | 1.0/ | 0.1.0/ | 100/ | 1 = 0 / |
| vivid as normal vision | 15% | 15% | 15% | 18% | 16% | 14% | 12% | 14% | 21% | 13% | 15% |
| Clear and relatively vivid | 33% | 34% | 32% | 31% | 33% | 32% | 35% | 34% | 26% | 34% | 33% |
| Moderately clear and vivid | 32% | 33% | 31% | 26% | 29% | 34% | 39% | 34% | 31% | 27% | 28% |
| Dim and vague | 9% | 9% | 9% | 11% | 11% | 7% | 8% | 9% | 6% | 13% | 7% |
| No image at all; you only know that you are | | | | | | | | | | | |
| thinking of the object | 5% | 4% | 6% | 4% | 5% | 7% | 3% | 5% | 6% | 6% | 5% |
| Not sure | 6% | 5% | 7% | 9% | 6% | 6% | 4% | 4% | 9% | 7% | 13% |
| Totals | 100% | 100% | 100% | 99% | 100% | 100% | 101% | 100% | 99% | 100% | 101% |
| Unweighted N | (2,395) | (1,053) | (1,342) | (389) | (487) | (867) | (652) | (1,538) | (281) | (340) | (236) |

| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regior | า | |
|---|-------|-----|----------|-----|-------|--------|---------|--------------|----------|-----------|---------|-------|------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Perfectly clear image, as | | | | | | | | | | | | | |
| vivid as normal vision | 15% | 15% | 16% | 13% | 15% | 14% | 15% | 15% | 14% | 16% | 14% | 16% | 14% |
| Clear and relatively vivid | 33% | 33% | 30% | 36% | 36% | 34% | 30% | 37% | 38% | 34% | 29% | 33% | 34% |
| Moderately clear and | | | | | | | | | | | | | |
| vivid | 32% | 34% | 30% | 34% | 32% | 35% | 31% | 33% | 34% | 32% | 35% | 32% | 30% |
| Dim and vague | 9% | 7% | 11% | 9% | 9% | 8% | 10% | 7% | 10% | 8% | 11% | 8% | 9% |
| No image at all; you only know that you are | | | | | | | | | | | | | |
| thinking of the object | 5% | 6% | 6% | 3% | 5% | 4% | 6% | 5% | 2% | 5% | 5% | 5% | 5% |
| Not sure | 6% | 5% | 8% | 5% | 3% | 5% | 7% | 3% | 2% | 5% | 5% | 5% | 9% |

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|--------------|---------|-------|----------|-------|-------|-------|-------------|----------------|---------|-----------|---------|-------|-------|
| | | | Party ID | | 2020 | Vote | Family | Income (3 ca | tegory) | | Region | 1 | |
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Totals | 100% | 100% | 101% | 100% | 100% | 100% | 99% | 100% | 100% | 100% | 99% | 99% | 101% |
| Unweighted N | (2,395) | (820) | (903) | (672) | (868) | (785) | (1,020) | (689) | (464) | (425) | (523) | (903) | (544) |



5. Holding mental Images

If you were asked to visualize an image of something in your mind, would you say that you can typically. . . ?

| | | Gei | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|--|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Hold the image in your mind as long as you | | | | | | | | | | | |
| like | 37% | 37% | 37% | 36% | 35% | 38% | 40% | 37% | 39% | 39% | 33% |
| Hold the image in your mind for a short time | 40% | 41% | 39% | 38% | 41% | 39% | 42% | 43% | 29% | 36% | 41% |
| Hold the image in your mind for only a brief | | | | | | | | | | | |
| instant | 8% | 9% | 8% | 10% | 10% | 8% | 6% | 7% | 12% | 11% | 9% |
| Not sure | 9% | 9% | 10% | 11% | 9% | 9% | 8% | 8% | 15% | 9% | 13% |
| Not asked - cannot visualize any image at | | | | | | | | | | | |
| all | 5% | 4% | 6% | 4% | 5% | 7% | 3% | 5% | 6% | 6% | 5% |
| Totals | 99% | 100% | 100% | 99% | 100% | 101% | 99% | 100% | 101% | 101% | 101% |
| Unweighted N | (2,393) | (1,052) | (1,341) | (389) | (486) | (868) | (650) | (1,537) | (280) | (340) | (236) |

| | | | Party ID | | 2020 | Vote | Family | Income (3 ca | ategory) | | Regior | า | |
|--|-------|-----|----------|-----|-------|-------|---------|--------------|----------|-----------|---------|-------|------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Hold the image in your mind as long as you | | | | | | | | | | | | | |
| like | 37% | 37% | 35% | 39% | 38% | 40% | 36% | 39% | 42% | 39% | 38% | 38% | 34% |
| Hold the image in your mind for a short time | 40% | 38% | 41% | 41% | 41% | 42% | 38% | 41% | 41% | 39% | 38% | 41% | 41% |
| Hold the image in your mind for only a brief | | | | | | | | | | | | | |
| instant | 8% | 9% | 7% | 8% | 9% | 7% | 9% | 8% | 10% | 9% | 10% | 8% | 8% |
| Not sure | 9% | 9% | 12% | 7% | 7% | 7% | 11% | 7% | 5% | 8% | 9% | 8% | 12% |



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|---|---------|-------|----------|-------|-------|--------|--------------|----------------|----------|-----------|---------|-------|-------|
| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regio | า | |
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Not asked - cannot visualize any image at | -0/ | -0/ | 70/ | 20/ | -0/ | -0/ | -0/ | -0/ | -0/ | -0/ | -0/ | -0/ | -0/ |
| all | 5% | 6% | 6% | 3% | 5% | 4% | 6% | 5% | 2% | 5% | 5% | 5% | 5% |
| Totals | 99% | 99% | 101% | 98% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| Unweighted N | (2,393) | (819) | (902) | (672) | (867) | (785) | (1,019) | (689) | (462) | (423) | (523) | (904) | (543) |



6. Mental Image Visualized

If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

| | | Gei | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|--|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| A realistic image, like a photo | 59% | 58% | 60% | 51% | 57% | 61% | 68% | 62% | 55% | 53% | 56% |
| A simplified image, like a cartoon or drawing | 15% | 18% | 11% | 21% | 19% | 10% | 11% | 15% | 9% | 20% | 16% |
| A very simplified image, like a basic color or | | | | | | | | | | | |
| geometric shape | 9% | 8% | 10% | 11% | 10% | 9% | 7% | 7% | 15% | 12% | 7% |
| Not sure | 12% | 12% | 12% | 12% | 10% | 14% | 11% | 12% | 15% | 9% | 16% |
| Not asked - cannot visualize any image at | | | | | | | | | | | |
| all | 5% | 4% | 6% | 4% | 5% | 7% | 3% | 5% | 6% | 6% | 5% |
| Totals | 100% | 100% | 99% | 99% | 101% | 101% | 100% | 101% | 100% | 100% | 100% |
| Unweighted N | (2,386) | (1,048) | (1,338) | (388) | (485) | (867) | (646) | (1,533) | (278) | (339) | (236) |

| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Region | า | |
|--|------------|-----|----------|-----|----------|--------|--------------|--------------|----------|-----------|---------|-------|------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| A realistic image, like a photo | 59% | 59% | 57% | 62% | 62% | 67% | 55% | 63% | 67% | 59% | 58% | 61% | 57% |
| A simplified image, like a cartoon or drawing | 15% | 15% | 15% | 14% | 15% | 13% | 14% | 16% | 16% | 14% | 15% | 15% | 15% |
| A very simplified image, like a basic color or geometric shape | 9% | 10% | 8% | 10% | 9% | 6% | 10% | 8% | 9% | 10% | 9% | 8% | 8% |
| Not sure | 9 % 12% | 10% | 15% | 10% | 9% 9% | 10% | 15% | 8% | 5% | 10% | 11% | 11% | 15% |
| | | | | | | con | tinued on th | ne next page | | | | | |



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|---|---------|-------|-------------|-------|-------------|--------|-------------|----------------|----------|-------------|---------|-------------|-------|
| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regio | า | |
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Not asked - cannot visualize any image at | F0/ | 60/ | C 0/ | 20/ | 50 / | 40/ | C0 / | 50 / | 20/ | 50 / | 60/ | F0 / | |
| all | 5% | 6% | 6% | 3% | 5% | 4% | 6% | 5% | 2% | 5% | 6% | 5% | 5% |
| Totals | 100% | 100% | 101% | 99% | 100% | 100% | 100% | 100% | 99% | 100% | 99% | 100% | 100% |
| Unweighted N | (2,386) | (813) | (902) | (671) | (864) | (785) | (1,012) | (689) | (463) | (423) | (518) | (901) | (544) |



7. Mental Image Focus

If you were asked to visualize an image of something in your mind, would you say that the image you see is typically...?

| | | Gei | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|---|-----------------|-----------------|-----------------|---------------|---------------|---------------|---------------|-----------------|--------------|---------------|---------------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| In focus | 68% | 68% | 67% | 53% | 66% | 71% | 78% | 70% | 65% | 60% | 63% |
| Out of focus | 13% | 14% | 12% | 24% | 13% | 9% | 8% | 12% | 15% | 18% | 13% |
| Not sure | 15% | 14% | 15% | 19% | 16% | 13% | 11% | 14% | 13% | 17% | 19% |
| Not asked - cannot visualize any image at all | 5% | 4% | 6% | 4% | 5% | 7% | 3% | 5% | 6% | 6% | 5% |
| Totals Unweighted N | 101% (2,393) | 100% (1,050) | 100% (1,343) | 100% (388) | 100% (485) | 100% (868) | 100% (652) | 101% (1,537) | 99% (281) | 101% (339) | 100% (236) |

| | | | Party ID | | 2020 | Vote | Family | Income (3 ca | ategory) | | Regio | า | |
|---|---------|-------|----------|-------|-------|-------|---------|--------------|----------|-----------|---------|-------|-------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| In focus | 68% | 69% | 62% | 71% | 71% | 72% | 66% | 70% | 75% | 66% | 67% | 71% | 64% |
| Out of focus | 13% | 12% | 15% | 11% | 12% | 10% | 12% | 15% | 13% | 17% | 14% | 11% | 11% |
| Not sure | 15% | 12% | 17% | 14% | 12% | 14% | 16% | 11% | 10% | 12% | 14% | 13% | 19% |
| Not asked - cannot visualize any image at | E0/ | 60/ | 60/ | 20/ | F0/ | 40/ | 60/ | F0/ | 20/ | F9/ | F0/ | F0/ | E0/ |
| all | 5% | 6% | 6% | 3% | 5% | 4% | 6% | 5% | 2% | 5% | 5% | 5% | 5% |
| Totals | 101% | 99% | 100% | 99% | 100% | 100% | 100% | 101% | 100% | 100% | 100% | 100% | 99% |
| Unweighted N | (2,393) | (819) | (902) | (672) | (866) | (786) | (1,020) | (686) | (464) | (424) | (523) | (905) | (541) |



8A. Vividness of Visual Imagery Questionnaire by Marks (1973) — Think of a relative or friend you frequently see (but who is not with you at present), and consider the contour of their face, head, shoulders, and body.

For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

| | | Gei | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|--|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Perfectly clear image, as vivid as normal vision | 32% | 30% | 33% | 31% | 32% | 32% | 31% | 32% | 32% | 32% | 28% |
| Clear and relatively vivid image | 30% | 31% | 29% | 24% | 26% | 32% | 35% | 32% | 25% | 25% | 28% |
| Moderately clear and vivid image | 23% | 23% | 23% | 23% | 22% | 22% | 24% | 22% | 23% | 25% | 26% |
| Dim and vague image | 8% | 9% | 7% | 9% | 10% | 6% | 5% | 8% | 8% | 8% | 5% |
| No image at all; you only know that you are | 4% | 3% | 4% | 60/ | 3% | 4% | 20/ | 3% | 5% | 5% | 20/ |
| thinking of the object | | | | 6% | | | 2% | | | | 2% |
| Not sure | 5% | 5% | 4% | 7% | 6% | 3% | 2% | 3% | 8% | 5% | 11% |
| Totals | 102% | 101% | 100% | 100% | 99% | 99% | 99% | 100% | 101% | 100% | 100% |
| Unweighted N | (2,371) | (1,043) | (1,328) | (388) | (483) | (859) | (641) | (1,527) | (275) | (338) | (231) |

| | | Party ID | | 2020 | Vote | Family | Income (3 ca | itegory) | | Region | 1 | |
|-------|-------------------|--------------------------------------|---|---|---|---|--|---|---|---|---|---|
| Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| 32% | 34% | 29% | 31% | 34% | 32% | 29% | 33% | 36% | 26% | 34% | 33% | 31% |
| 30% | 31% | 26% | 32% | 31% | 32% | 31% | 30% | 30% | 32% | 29% | 30% | 29% |
| 23% | 21% | 25% | 21% | 23% | 22% | 21% | 25% | 22% | 27% | 19% | 22% | 23% |
| 8% | 6% | 8% | 8% | 7% | 7% | 9% | 6% | 7% | 8% | 10% | 7% | 6% |
| | 32% 30% 23% | Total Dem 32% 34% 30% 31% 23% 21% | 32% 34% 29% 30% 31% 26% 23% 21% 25% | Total Dem Ind Rep 32% 34% 29% 31% 30% 31% 26% 32% 23% 21% 25% 21% | Total Dem Ind Rep Biden 32% 34% 29% 31% 34% 30% 31% 26% 32% 31% 23% 21% 25% 21% 23% | Total Dem Ind Rep Biden Trump 32% 34% 29% 31% 34% 32% 30% 31% 26% 32% 31% 32% 23% 21% 25% 21% 23% 22% | Total Dem Ind Rep Biden Trump <\$50K 32% 34% 29% 31% 34% 32% 29% 30% 31% 26% 32% 31% 32% 31% 23% 21% 25% 21% 23% 22% 21% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K 32% 34% 29% 31% 34% 32% 29% 33% 30% 31% 26% 32% 31% 32% 31% 30% 23% 21% 25% 21% 23% 22% 21% 25% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ 32% 34% 29% 31% 34% 32% 29% 33% 36% 30% 31% 26% 32% 31% 32% 31% 30% 30% 23% 21% 25% 21% 23% 22% 21% 25% 22% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ Northeast 32% 34% 29% 31% 34% 32% 29% 33% 36% 26% 30% 31% 26% 32% 31% 32% 31% 30% 30% 30% 32% 23% 21% 25% 21% 23% 22% 21% 25% 22% 27% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ Northeast Midwest 32% 34% 29% 31% 34% 32% 29% 33% 36% 26% 34% 30% 31% 26% 32% 31% 32% 31% 30% 30% 30% 32% 29% 23% 21% 25% 21% 23% 22% 21% 25% 22% 27% 19% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ Northeast Midwest South 32% 34% 29% 31% 34% 32% 29% 33% 36% 26% 34% 33% 30% 31% 26% 32% 31% 32% 31% 30% 30% 32% 29% 30% 23% 21% 25% 21% 23% 22% 21% 25% 22% 27% 19% 22% |

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|---|---------|------------------------------|----------|-------|-------|--------|---------|--------------|----------|-----------|---------|-------|-------|--|--|
| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regio | า | | | |
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West | | |
| No image at all; you only know that you are | | | | | | | | | | | | | | | |
| thinking of the object | 4% | 3% | 5% | 3% | 3% | 4% | 4% | 4% | 4% | 3% | 3% | 4% | 4% | | |
| Not sure | 5% | 4% | 7% | 3% | 2% | 3% | 6% | 3% | 2% | 3% | 4% | 5% | 6% | | |
| Totals | 102% | 99% | 100% | 98% | 100% | 100% | 100% | 101% | 101% | 99% | 99% | 101% | 99% | | |
| Unweighted N | (2,371) | (807) | (896) | (668) | (857) | (780) | (1,012) | (679) | (460) | (423) | (518) | (892) | (538) | | |



8B. Vividness of Visual Imagery Questionnaire by Marks (1973) — Recall the last time you saw the sunrise. Consider the colors, the shape of the sun, and the context of the sunrise.

For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

| | | Gei | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|--|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Perfectly clear image, as vivid as normal vision | 24% | 23% | 24% | 22% | 22% | 26% | 23% | 23% | 26% | 23% | 24% |
| Clear and relatively vivid image | 33% | 33% | 32% | 31% | 27% | 33% | 39% | 35% | 24% | 32% | 28% |
| Moderately clear and vivid image | 23% | 23% | 22% | 22% | 23% | 22% | 23% | 23% | 20% | 24% | 22% |
| Dim and vague image | 8% | 9% | 8% | 9% | 11% | 8% | 6% | 8% | 11% | 11% | 7% |
| No image at all; you only know that you are | | | | | | | | | | | |
| thinking of the object | 5% | 5% | 5% | 4% | 7% | 5% | 4% | 5% | 8% | 3% | 6% |
| Not sure | 8% | 7% | 8% | 12% | 10% | 5% | 5% | 7% | 11% | 7% | 13% |
| Totals | 101% | 100% | 99% | 100% | 100% | 99% | 100% | 101% | 100% | 100% | 100% |
| Unweighted N | (2,376) | (1,046) | (1,330) | (388) | (484) | (861) | (643) | (1,526) | (277) | (339) | (234) |

| | Party ID | | 2020 | Vote | Family | Income (3 ca | ategory) | | Regio | า | | |
|-------|-------------------|--------------------------------------|--|---|---|---|--|---|---|---|---|---|
| Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| 24% | 25% | 23% | 24% | 25% | 25% | 23% | 23% | 25% | 23% | 25% | 25% | 21% |
| 33% | 31% | 31% | 35% | 34% | 37% | 32% | 35% | 36% | 34% | 34% | 33% | 30% |
| 23% | 23% | 21% | 24% | 24% | 21% | 24% | 22% | 20% | 22% | 20% | 23% | 25% |
| 8% | 10% | 9% | 6% | 9% | 7% | 8% | 8% | 11% | 10% | 9% | 8% | 8% |
| | 24% 33% 23% | Total Dem 24% 25% 33% 31% 23% 23% | Total Dem Ind 24% 25% 23% 33% 31% 31% 23% 23% 21% | Total Dem Ind Rep 24% 25% 23% 24% 33% 31% 31% 35% 23% 23% 21% 24% | Total Dem Ind Rep Biden 24% 25% 23% 24% 25% 33% 31% 31% 35% 34% 23% 23% 21% 24% 24% | Total Dem Ind Rep Biden Trump 24% 25% 23% 24% 25% 25% 33% 31% 31% 35% 34% 37% 23% 23% 21% 24% 24% 24% 21% | Total Dem Ind Rep Biden Trump <\$50K 24% 25% 23% 24% 25% 25% 23% 33% 31% 31% 35% 34% 37% 32% 23% 23% 21% 24% 24% 21% 24% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K 24% 25% 23% 24% 25% 25% 23% 23% 33% 31% 31% 35% 34% 37% 32% 35% 23% 23% 21% 24% 24% 21% 24% 22% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ 24% 25% 23% 24% 25% 25% 23% 23% 25% 33% 31% 31% 35% 34% 37% 32% 35% 36% 23% 23% 21% 24% 24% 21% 24% 22% 20% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ Northeast 24% 25% 23% 24% 25% 25% 23% 23% 25% 23% 33% 31% 31% 35% 34% 37% 32% 35% 36% 34% 23% 23% 21% 24% 21% 24% 22% 20% 22% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ Northeast Midwest 24% 25% 23% 24% 25% 25% 23% 25% 23% 25% 33% 31% 31% 35% 34% 37% 32% 35% 36% 34% 34% 23% 23% 21% 24% 21% 24% 22% 20% 22% 20% | Total Dem Ind Rep Biden Trump < \$50K \$50-100K \$100K+ Northeast Midwest South 24% 25% 23% 24% 25% 25% 23% 25% 23% 25% 25% 25% 33% 31% 31% 35% 34% 37% 32% 35% 36% 34% 34% 33% 23% 23% 21% 24% 21% 24% 22% 20% 22% 20% 23% |

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|---|---------|------------------------------|----------|-------|-------|--------|---------|--------------|----------|-----------|---------|-------|-------|--|--|
| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regio | a | | | |
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West | | |
| No image at all; you only know that you are | | | | | | | | | | | | | | | |
| thinking of the object | 5% | 5% | 6% | 4% | 5% | 5% | 5% | 5% | 4% | 5% | 5% | 5% | 6% | | |
| Not sure | 8% | 6% | 10% | 7% | 4% | 6% | 8% | 7% | 3% | 7% | 6% | 7% | 11% | | |
| Totals | 101% | 100% | 100% | 100% | 101% | 101% | 100% | 100% | 99% | 101% | 99% | 101% | 101% | | |
| Unweighted N | (2,376) | (811) | (899) | (666) | (861) | (780) | (1,010) | (685) | (461) | (418) | (519) | (900) | (539) | | |



8C. Vividness of Visual Imagery Questionnaire by Marks (1973) — Imagine walking along a street and stopping at a particular shop which you often go to. Visualize the entrance and different items in the window display.

For the items below, please visualize the scenario as vividly as possible and rate the vividness of the image in your mind.

| | | Ge | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|--|---------|---------|-------------|-------|----------|-------------|-------|-------------|-------------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Perfectly clear image, as vivid as normal vision | 24% | 22% | 26% | 25% | 27% | 24% | 20% | 24% | 24% | 28% | 24% |
| Clear and relatively vivid image | 30% | 31% | 28% | 28% | 29% | 31% | 30% | 31% | 20% | 30% | 30% |
| Moderately clear and vivid image | 27% | 29% | 26% | 24% | 26% | 26% | 33% | 27% | 33% | 21% | 26% |
| Dim and vague image | 9% | 9% | 9% | 10% | 10% | 10% | 7% | 9% | 9% | 13% | 7% |
| No image at all; you only know that you are | -0/ | *0/ | -0 / | *0/ | 00/ | -0 / | 50/ | - 0/ | - 0/ | •0/ | •0/ |
| thinking of the object | 5% | 4% | 5% | 4% | 3% | 5% | 6% | 5% | 5% | 4% | 4% |
| Not sure | 5% | 5% | 6% | 9% | 5% | 4% | 4% | 5% | 9% | 3% | 10% |
| Totals | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 101% | 100% | 99% | 101% |
| Unweighted N | (2,376) | (1,043) | (1,333) | (388) | (482) | (861) | (645) | (1,524) | (280) | (339) | (233) |

| | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regio | า | | |
|----------------------------|-------|----------|------|-------|--------|--------|--------------|--------------|---------|-----------|---------|-------|------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Perfectly clear image, as | 0.40/ | 0.40/ | 000/ | 0.60/ | 0.40/ | 0.40/ | 0.40/ | 020/ | 220/ | 070/ | 0.50/ | 250/ | 200/ |
| vivid as normal vision | 24% | 24% | 23% | 26% | 24% | 24% | 24% | 23% | 28% | 27% | 26% | 25% | 20% |
| Clear and relatively vivid | | | | | | | | | | | | | |
| image | 30% | 31% | 29% | 28% | 34% | 29% | 26% | 33% | 32% | 28% | 28% | 30% | 31% |
| Moderately clear and | | | | | | | | | | | | | |
| vivid image | 27% | 29% | 25% | 27% | 26% | 29% | 29% | 26% | 25% | 26% | 26% | 28% | 27% |
| Dim and vague image | 9% | 8% | 10% | 10% | 10% | 7% | 10% | 8% | 10% | 10% | 11% | 8% | 9% |
| | | | | | | 200 | tinuad on th | no novt page | | | | | |

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|---|---------|-------|----------|-------|-------|--------|--------------|----------------|----------|-----------|---------|-------|-------|
| | | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Regio | า | |
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| No image at all; you only know that you are | | | | | | | | | | | | | |
| thinking of the object | 5% | 4% | 5% | 5% | 4% | 7% | 5% | 5% | 3% | 4% | 5% | 4% | 6% |
| Not sure | 5% | 4% | 8% | 4% | 3% | 4% | 6% | 4% | 2% | 5% | 5% | 5% | 7% |
| Totals | 100% | 100% | 100% | 100% | 101% | 100% | 100% | 99% | 100% | 100% | 101% | 100% | 100% |
| Unweighted N | (2,376) | (810) | (897) | (669) | (858) | (781) | (1,012) | (684) | (459) | (423) | (519) | (900) | (534) |



9. Apple Imagery

Which of the images above best describes what you envisioned in your mind while thinking of an apple? Respondents were shown an image, from Wikimedia, of a popular, informal aphantasia test involving an apple

| | | Ge | nder | | Age (4 c | ategory) | | | Race (4 | category) | |
|--------------|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| 1 | 49% | 49% | 48% | 52% | 50% | 48% | 44% | 48% | 46% | 47% | 59% |
| 2 | 36% | 35% | 36% | 34% | 37% | 34% | 38% | 36% | 35% | 37% | 30% |
| 3 | 6% | 7% | 6% | 3% | 7% | 7% | 7% | 7% | 5% | 7% | 4% |
| 4 | 3% | 3% | 3% | 4% | 2% | 3% | 4% | 3% | 5% | 6% | 2% |
| 5 | 5% | 4% | 5% | 3% | 2% | 7% | 6% | 5% | 6% | 4% | 4% |
| Not sure | 2% | 1% | 2% | 3% | 1% | 2% | 0% | 1% | 3% | 1% | 2% |
| Totals | 101% | 99% | 100% | 99% | 99% | 101% | 99% | 100% | 100% | 102% | 101% |
| Unweighted N | (2,393) | (1,051) | (1,342) | (388) | (486) | (869) | (650) | (1,538) | (280) | (340) | (235) |

| | | | Party ID | | 2020 | Vote | Family | Income (3 ca | tegory) | | Region | 1 | |
|--------------|---------|-------|----------|-------|-------|-------|---------|--------------|---------|-----------|---------|-------|-------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| 1 | 49% | 51% | 49% | 46% | 52% | 47% | 45% | 51% | 52% | 55% | 50% | 44% | 50% |
| 2 | 36% | 34% | 35% | 37% | 35% | 36% | 37% | 32% | 38% | 29% | 38% | 38% | 33% |
| 3 | 6% | 5% | 5% | 8% | 4% | 7% | 7% | 7% | 5% | 5% | 6% | 8% | 4% |
| 4 | 3% | 4% | 2% | 4% | 3% | 4% | 4% | 3% | 2% | 4% | 2% | 3% | 4% |
| 5 | 5% | 5% | 6% | 3% | 4% | 6% | 5% | 5% | 3% | 4% | 3% | 5% | 6% |
| Not sure | 2% | 1% | 2% | 1% | 1% | 1% | 2% | 1% | 0% | 2% | 1% | 1% | 2% |
| Totals | 101% | 100% | 99% | 99% | 99% | 101% | 100% | 99% | 100% | 99% | 100% | 99% | 99% |
| Unweighted N | (2,393) | (820) | (901) | (672) | (868) | (787) | (1,017) | (689) | (464) | (425) | (522) | (904) | (542) |



10. Heard of Aphantasia

Have you ever heard of aphantasia, or a condition that prevents people from creating mental images?

| | | Gender | | | Age (4 c | ategory) | | | Race (4 | category) | |
|--------------|---------|---------|---------|-------|----------|----------|-------|---------|---------|-----------|-------|
| | Total | Male | Female | 18-29 | 30-44 | 45-64 | 65+ | White | Black | Hispanic | Other |
| Yes | 15% | 17% | 13% | 25% | 24% | 8% | 6% | 14% | 14% | 18% | 19% |
| No | 78% | 74% | 81% | 62% | 70% | 87% | 88% | 79% | 80% | 73% | 73% |
| Not sure | 7% | 9% | 6% | 13% | 6% | 6% | 6% | 7% | 6% | 9% | 8% |
| Totals | 100% | 100% | 100% | 100% | 100% | 101% | 100% | 100% | 100% | 100% | 100% |
| Unweighted N | (2,396) | (1,052) | (1,344) | (389) | (486) | (869) | (652) | (1,540) | (280) | (340) | (236) |

| | | Party ID | | 2020 |) Vote | Family | Income (3 ca | ategory) | | Region | า | | |
|--------------|---------|----------|-------|-------|--------|--------|--------------|-----------|---------|-----------|---------|-------|-------|
| | Total | Dem | Ind | Rep | Biden | Trump | < \$50K | \$50-100K | \$100K+ | Northeast | Midwest | South | West |
| Yes | 15% | 20% | 15% | 9% | 21% | 9% | 12% | 14% | 21% | 18% | 14% | 12% | 18% |
| No | 78% | 73% | 77% | 83% | 72% | 84% | 79% | 80% | 75% | 75% | 81% | 80% | 72% |
| Not sure | 7% | 6% | 8% | 8% | 6% | 7% | 9% | 6% | 4% | 7% | 5% | 8% | 10% |
| Totals | 100% | 99% | 100% | 100% | 99% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| Unweighted N | (2,396) | (820) | (903) | (673) | (868) | (787) | (1,021) | (688) | (464) | (425) | (523) | (904) | (544) |



Interviewing Dates April 9 - 14, 2024 | April 19 - 23, 2024

Target population U.S. citizens, aged 18 and over.

Sampling method Respondents were selected from YouGov's opt-in Internet panel us-

ing sample matching. A random sample (stratified by gender, age, race, education, geographic region, and voter registration) was se-

lected from the 2019 American Community Survey.

Weighting The sample was weighted according to gender, age, race, education,

2020 election turnout and Presidential vote, baseline party identification, and current voter registration status. Demographic weighting targets come from the 2019 American Community Survey. Baseline party identification is the respondent's most recent answer given prior to November 1, 2022, and is weighted to the estimated distribution at that time (33% Democratic, 31% Republican). The weights range from 0.06 to 6.559, with a mean of one and a standard deviation of

0.785.

Number of respondents 2397

Margin of error \pm 2.5% (adjusted for weighting)

Survey mode Web-based interviews

Questions not reported 39 questions not reported.